

**In press**

Gander, F., **Hofmann, J.**, Proyer, R., & Ruch, W. (in press). Character strengths – stability, change, and relationships with well-being changes. *Applied Research in Quality of Life, Special Issue “Character strengths, well-being, and health in educational and vocational settings”*.

**Hofmann, J.**, Heintz, S., Pang, D., & Ruch, W. (in press). Differential relationships of light and darker forms of humor with mindfulness. *Applied Research in Quality of Life, Special Issue “Character strengths, well-being, and health in educational and vocational settings”*.

**Hofmann, J.**, & Rodden, F. (accepted). Representing, detecting, and translating humor in the monolingual and multilingual brain. In: J. W. Schwieter (Ed.), *The Handbook of the Neuroscience of Multilingualism*. Wiley-Blackwell.

**Hofmann, J.**, & Stahlmann, A. (accepted). Humor und Umgebungsgestaltung - Wo kann Erheiterung gelingen? In C. Müller (Ed.), *Das Humorbuch für die Pflege*. Bern, Hogrefe.

**Hofmann, J.**, & Guiliani, F. (accepted). Humor ist trainierbar: Ein Überblick über den Forschungsstand und Einblick in das Praxis-Projekt „Beziehungspflege mit Humor“ In C. Müller (Ed.), *Das Humorbuch für die Pflege*. Bern, Hogrefe.

**2018**

Aranda, A. P., **Hofmann, J.**, Soler, A. F., Ramirez Maestre, C., Rodriguez, L. A., Ruch, W., & Luciano, J. V. Laughing away the pain: A narrative review of humor, sense of humor, and pain. *European Journal of Pain*, 1-14. <https://doi.org/10.1002/ejp.1309>.

Gander, F., Ruch, W., Platt, T., **Hofmann, J.**, & Elmer, T. (2018). Current and ideal team roles: Relationships to job satisfaction and calling. *Translational Issues in Psychological Science, Special Issue on “Positive Psychology”*, 4, 277-289. <http://dx.doi.org/10.1037/tps0000165>

**Hofmann, J.** (2018). Putting “Laughing at yourself” to the test. *Humor: International Journal of Humor Research*, Special Issue Festschrift for Paul McGhee: Humor across the lifespan, theory, measurement, and applications, 273-286. doi: 10.1515/humor-2016-0075

**Hofmann, J.**, Gander, F., & Ruch, W. (2018). Exploring differences in well-being across occupation type and skill. *Translational Issues in Psychological Science, Special Issue on “Positive Psychology”*, 4, 290-303. <http://dx.doi.org/10.1037/tps0000167>

**Hofmann, J.** & Ruch, W. (2018). Humorous TV ads and the 3WD: Evidence for generalizability of humour appreciation across media? *European Journal of Humor Research*, 5, 194 – 215. <http://dx.doi.org/10.7592/EJHR2017.5.4.hofmann>

Ruch, W., **Hofmann, J.**, Rusch, S., & Stolz, H. (2018). The impact of the 7 Humor Habits Program on the sense of humor and satisfaction with life. *Humor: International Journal of Humor Research*, Festschrift for Paul McGhee: Humor across the lifespan, theory, measurement, and applications <https://doi.org/10.1515/humor-2017-0099>

Ruch, W., Gander, F., Platt, T., & **Hofmann, J.** (2018). Team roles: Their relationships to character strengths and job satisfaction. *The Journal of Positive Psychology*, 13, 190–199. <https://doi.org/10.1080/17439760.2016.1257051>

## 2017

**Hofmann, J.**, Platt, T., & Ruch, W. (2017). Laughter and smiling in 16 positive emotions. *IEEE Transactions in Affective Computing, Special Issue on Laughter*, 8, 495-507. doi: 10.1109/TAFFC.2017.2737000

**Hofmann, J.**, Ruch, W., Proyer, R. T., Platt, T., & Gander, F. (2017). Assessing dispositions towards ridicule and laughter in the workplace: Adapting and validating the PhoPhiKat-9 questionnaire. *Frontiers in Psychology*. doi:10.3389/fpsyg.2017.00714

**Hofmann, J.**, & Ruch, W. (2017). Laughter. In Dana S. Dunn (Ed.), *Oxford Bibliographies Online*. New York: Oxford University Press. Article accepted for publication 23.12.2016. [www.oxfordbibliographies.com](http://www.oxfordbibliographies.com)

Ruch, W., & **Hofmann, J.** (2017). Fostering humor. In C. Proctor (Ed.), *Positive psychology interventions in practice* (pp. 65–80). New York: Springer. doi: 10.1007/978-3-319-51787-2\_5

Ruch, W., & **Hofmann, J.** (2017). Psychologie, Medizin, Hirnforschung. [Humor in Psychology, Medicine, and Brain Research] In U. Wirth (Ed.), *Handbuch der Komik [Handbook of the comic]* (pp. 89–101). Stuttgart, Germany: J. B. Metzler. doi: 10.1007/978-3-476-05391-6\_16

## 2016

Bruntsch, R., **Hofmann, J.**, & Ruch, W. (2016). Virgin soil in irony research. *Translational Issues in Psychological Science. Special Issue on "The Psychology of Humor"*, 2, 25 – 34. <http://dx.doi.org/10.1037/tps0000054>

Dupont, S. Cakmak, H., Curran, W., Dutoit, Th., **Hofmann, J.**, McKeown, G., Pietiquin, O., Platt, T., Ruch, W., & Urbain, J. (2016). Laughter Research: a Review of the ILHAIRE Project. In A. Esposito and L. C. Chain (Eds.) *Toward Robotic Socially Believable Behaving Systems - Volume I – Modelling Emotions* (pp.147-181). New York, USA: Springer. doi: 10.1007/978-3-319-31056-5\_9

**Hofmann, J.** (2016). Book Review: Kai Rugenstein "Humor: Die Verflüssigung des Subjektes bei Hippokrates, Jean Paul, Kierkegaard und Freud". *Humor: International Journal of Humor Research*, 2, 329 – 323. doi: 10.1515/humor-2016-0025

Platt, T., Proyer, R. T., **Hofmann, J.**, Ventis, L. (2016). Gelotophobia in practice and the implications of ignoring it. *European Journal of Humor Research*, 4, 46 – 56. doi: <http://dx.doi.org/10.7592/EJHR2016.4.2.platt>

Ruch, W., Gander, F., Platt, T., & **Hofmann, J.** (2016). Team roles: Their relationships to character Strengths and job satisfaction. *Journal of Positive Psychology*. doi: <http://dx.doi.org/10.1080/17439760.2016.1257051>

## 2015

**Hofmann, J.**, & Ruch, W. (2015). Gibt es ein Lachen der Schadenfreude? [Is there a laughter of schadenfreude?] *Zeitschrift für Semiotik (Sonderheft Lachen)* [Semiotics, Special Issue on Laughter], 37, 55 – 80.

**Hofmann, J.** (2015). Smiling and laughter in positive emotions: Personality influences and expressive features. Unpublished doctoral thesis, University of Zurich, Switzerland.

**Hofmann, J.** (2015). Schadenfreude. In M. A. Wirtz (Ed.), *Dorsch – Lexikon der Psychologie*. Abgerufen am 26.06.2015, von <https://portal.hogrefe.com/dorsch/schadenfreude/>

**Hofmann, J.** & Platt, T. (2015). Duchenne Lächeln In M. A. Wirtz (Ed.), *Dorsch – Lexikon der Psychologie*. Abgerufen am 26.06.2015, von <https://portal.hogrefe.com/dorsch/duchenne-laecheln/>

**Hofmann, J.**, Platt, T., Ruch, W. & Proyer, R. (2015). Individual differences in gelotophobia predict responses to joy and contempt. *Sage Open*, 5(2), 1 – 12. doi: 10.1177/2158244015581191

**Hofmann, J.**, Platt, T., Ruch, W., & Niewiadomski, R., Urbain, J. (2015). The influence of a virtual companion on amusement when watching funny films. *Motivation and Emotion*, 39, 434-447. doi: 10.1007/s11031-014-9461-y

**Hofmann, J.** & Ruch, W. (2015). Lachen. In M. A. Wirtz (Ed.), *Dorsch – Lexikon der Psychologie*. Abgerufen am 26.06.2015, von <https://portal.hogrefe.com/dorsch/lachen/>

Ruch, W., **Hofmann, J.**, & Platt, T. (2015). Individual differences in gelotophobia and responses to laughter-eliciting emotions. *Personality and Individual Differences*, 72, 117 – 121. doi: 10.1016/j.paid.2014.08.034

## 2014

Auerbach, S., **Hofmann, J.**, Platt, T., & Ruch, W. (2014). An investigation of the emotions elicited by hospital clowns in comparison to circus clowns and nursing staff. *European Journal of Humor Research*, 3(1), 26-45.

**Hofmann, J.** (2014). Intense or malicious? The decoding of eyebrow-lowering frowning in laughter animations depends on the presentation mode. *Frontiers in Psychology*, 5:1306. doi:10.3389/fpsyg.2014.01306

**Hofmann, J.**, & Ruch, W. (2014). Cheerfulness, Seriousness, and Humor. In S. Attardo (ed.), *Encyclopedia of Humor Studies* (pp. 118-120). Thousand Oaks, CA: Sage. doi:10.4135/9781483346175.n54

Ruch, W., & **Hofmann, J.** (2014). Factor analysis of humor items. In S. Attardo (ed.), *Encyclopedia of Humor Studies* (pp. 226-228). Thousand Oaks, CA: Sage. doi:10.4135/9781483346175.n107

Ruch, W., **Hofmann, J.**, Platt, T., & Proyer, R. T. (2014). The state-of-the art in gelotophobia research: A review and some theoretical extensions. *Humor: International Journal of Humor Research*, 27, 23-45. doi: 10.1515/humor-2013-0046.

Ruch, W., Platt, T., & **Hofmann, J.** (2014). The character strengths of class clowns. *Frontiers in Personality and Social Psychology*, 5. doi: 10.3389/fpsyg.2014.01075

Ruch, W., Platt, T., **Hofmann, J.**, Niewiadomski, R., Urbain, J., Mancini, M., & Dupont, S. (2014). Gelotophobia and the challenges of implementing laughter into Virtual Agents interactions. *Frontiers in Human Neuroscience*. 8:928. doi: 10.3389/fnhum.2014.00928

## **2013**

Hofmann, J., & Ruch, W. (2013). Humor. In Dana S. Dunn (Ed.), Oxford Bibliographies Online. New York: Oxford University Press. Article accepted for publication December 17, 2012. www.oxfordbibliographies.com. doi:10.1093/obo/9780199828340-0127

Mancini, M., **Hofmann, J.**, Volpe, G., Varni, G., Platt, T., Glowinski, D., Ruch, W., & Camurri, A. (2013). Towards automated full body detection of laughter driven by human expert annotation. *5th International Workshop on Affective Interaction in Natural Environments (AFFINE)*, 757-762. doi:10.1109/acii.2013.140

Niewiadomski, R., **Hofmann, J.**, Urbain, J., Platt, T., Wagner, J., Piot, B., Cakmak, H., Pammi, S., Baur, T., Dupont, S., Geist, M., Lingenfelter, F., McKeown, G., Pietquin, O., & Ruch, W. (2013). Laugh-aware virtual agent and its impact on user amusement. In T. Ito, C. Jonker, M. Gini, and O. Shehory (Eds.), *Proceedings of the 12th International Conference on Autonomous Agents and Multiagent Systems (AAMAS 2013)* (pp. 619-626). Minnesota, USA. doi:10.13140/2.1.1984.0960

Platt, T., **Hofmann, J.**, Ruch, W., & Proyer, R. T. (2013). Duchenne Display responses towards sixteen enjoyable emotions: Individual differences between no and fear of being laughed at. *Motivation and Emotion*, 37, 776-786. doi:10.1007/s11031-013-9342-9.

Ruch, W., **Hofmann, J.**, & Platt, T. (2013). Investigating facial features of four types of laughter in historic illustrations. *European Journal of Humor Research*, 1(1), 98-118.

Ruch, W., **Hofmann, J.**, Platt, T., & Vuori, A. (2013). Die Stärken der Pfadi: Positives Erleben und positive Eigenschaften bei Kindern und Jugendlichen in Jugendverbänden [The strengths of the scouts: Positive experience and positive traits in children and adolescents participating in youth organizations]. *Psychologie und Erziehung (P&E 1.13)*, 39, 22-31.

Urbain, J., Niewiadomski, R., **Hofmann, J.**, Bantegnie, E., Baur, T., Berthouze, N., Cakmak, H., Cruz, R. T., Dupont, S., Geist, M., Griffin, H., Lingenfelter, F., Mancini, M., Miranda, M., McKeown, G., Pammi, S., Pietquin, O., Piot, B., Platt, T., Ruch, W., Sharma, A., Volpe, G., & Wagner, J. (2013). Laugh Machine. *Proceedings eNTERFACE'12. The 8th International Summer Workshop on Multimodal Interfaces, 2nd – 27th of July 2012* (pp. 13-34). Metz, France: Supélec.

## **2012**

**Hofmann, J.**, Ruch, W., & Platt, T. (2012). The en- and decoding of schadenfreude laughter. Sheer joy expressed by a Duchenne laugh or emotional blend with a distinct morphological expression? *Interdisciplinary Workshop on Laughter and other Non-Verbal Vocalizations in Speech Proceedings*, Dublin, Ireland, 26-27 of October (pp. 8-10).

Niewiadomski, R., Pammi, S., Sharma, A., **Hofmann, J.**, Platt, T., Cruz, R.T., Qu, B. (2012). Visual laughter synthesis: Initial approaches. *Interdisciplinary Workshop on Laughter and other Non-Verbal Vocalisations in Speech Proceedings*, Dublin, Ireland, 26-27 of October (pp. 10-12).

Platt, T., **Hofmann, J.**, Ruch, W., Niewiadomski, R., & Urbain, J. (2012). Experimental standards in research on AI and humor when considering psychology. *Fall Symposium on Artificial Intelligence of Humor Proceedings*, Washington, USA, 2-4 of November, 54-61.

Platt, T., Ruch, W., **Hofmann, J.**, & Proyer, R. T. (2012). Extreme fear of being laughed at: components of gelotophobia. *Israeli Journal of Humor Research: An international Journal*, 1, 86-106.

Ruch, W., & **Hofmann, J.** (2012). A temperament approach to humor. In P. Gremigni (Ed.), *Humor and Health Promotion* (pp. 79-113). Hauppauge, NY USA: Nova Science Publishers.

## 2010

**Hofmann, J.** (2010). *Laughing at oneself – A FACS study*. Unpublished master thesis. University of Zurich, Switzerland.

## Non-Peer Reviewed Articles

**Hofmann, J.,** & Ruch, W. (2015). Humor stärkt mich [Humor strengthens me]. *Polyarthritis Info Magazin*, 138, 5–11.

**Hofmann, J.** (2015). Humor- wo er nährt und wo er stört [Humor: Where it nurtures and where it is inappropriate]. *Schulblatt Thurgau*, 6, 7 – 11.

**Hofmann, J.** (2015). Humor in der sozialen Arbeit. *Sozial Aktuell*, 2, 10-14.

Ruch, W., **Hofmann, J.,** & Proyer, R. T. (2014). Lach' mal wieder [Laugh again!]. *Well*, 4, 10 – 11.

**Hofmann, J.,** Ruch, W., Platt, T., & Auerbach, S. (2014). Humor als Ressource im Alter: Zur Fähigkeit, über sich selber lachen zu können. [Humor as a resource in old age: About the ability to laugh at oneself] *ProAlter*, 4(1), 49-51.

**Hofmann J.,** & Ruch, W. (2014). Lachforschung? Ist das ein Witz? Neue Entwicklungen in der ernsthaften Forschung zum Lachen. [Laughter research? Is this a joke? New developments in the serious research on laughter]. *Die Furche*, 29(1), 4-5.

Ruch, W., **Hofmann, J.,** & Proyer, R. (2014). Ein Überblick über Forschung zu Humor und deren Anwendung: Ein Forschungsthema ohne Altersbeschränkung. *Seniorenreport der Landesseniorenvertretung Thüringen*, 19(3), 8–10.

## Technical Reports

Curran, W., McKeown, G., Cowie, R., Storey, L., Ruch, W., Platt, T., **Hofmann, J.,** Pammi, S., Chollet, G., Wagner, J., & Andre, E. (2012). *ILHAIRE D1.1: Laying the groundwork for database collection*. The ILHAIRE Project, Tech. Rep. Available: [www.ilhaire.eu](http://www.ilhaire.eu)

**Hofmann, J.,** Ruch, W., & Platt, T. (2014). *ILHAIRE D5.4: Identification of the features making laughers being perceived as friendly or hostile and beyond*. The ILHAIRE Project, Tech. Rep. Available: [www.ilhaire.eu](http://www.ilhaire.eu)

**Hofmann, J.,** Ruch, W., Vuori, A., & Platt, T. (2012). *Stärken der Pfadi. Der Beitrag von Schweizer Jugendverbänden zum guten Leben und guten Charakter bei Kindern und Jugendlichen. Ergebnisbericht der ersten online Erhebung*. Internal Report, University of Zurich, Switzerland.

**Hofmann, J.,** Ruch, W., Platt, T., Curran, W., McKeown, G., Cowie, R., Storey, L., Berthouze, N., & Griffin, H. (2013). *ILHAIRE D5.3: Quantitative and qualitative classification of and responses to laughter stimuli*. The ILHAIRE Project, Tech. Rep. Available: [www.ilhaire.eu](http://www.ilhaire.eu)

Platt, T., **Hofmann, J.,** & Ruch, W. (2014). *ILHAIRE D5.5: Factors of avatar laughter that may disturb gelotophobes*. The ILHAIRE Project, Tech. Rep. Available: [www.ilhaire.eu](http://www.ilhaire.eu)

Volpe, G., Cammurri, A., Mancini, M., Niewiadomski, R., Urbain, J., Dupont, S., Cakmak, H., Pelachaud, C., **Hofmann, J.**, Baur, T., Lingenfelser, F., Wagner, J., Berthouze, N., Griffin, H., Hofmann, J., Platt, T., Ruch, W., Geist, M., Pietquin, O., & Piot, B. (2013). *ILHAIRE D2.2: Improved multimodal analysis and recognition: Improved devices for laughter analysis and recognition, including tuning to gender*. The ILHAIRE Project, Tech. Rep. Available: [www.ilhaire.eu](http://www.ilhaire.eu)

### Organized Symposia

- Humor (7<sup>th</sup> European Conference on Positive Psychology, 1<sup>st</sup> – 4<sup>th</sup> of July, 2014, University of Twente, Amsterdam, The Netherlands)
- Gelotophobia: Food for thoughts (*International Society of Humor Studies (ISHS) Congress*, 8-11th of July 2014, Utrecht, The Netherlands)

### Talks in Conference Symposia

Hofmann, J. & Rettich K. (2016, November). Von krankenhausha-kahl zu ermunternd-bunt? Der Effekt von Wandbemalungen in Kinderspitälern auf die Kommunikation, Wohlbefinden, Charakterstärken und Wahrnehmung des Spitäles bei Angestellten, Patienten und Angehörigen. Symposium presentation at the *Annual Conference of the Swiss Association of Positive Psychology*, University of Zurich, Zurich.

Auerbach, S., Hofmann, J., Platt, T., Fehling, A., & Ruch, W. (2015, July). The assessment of emotional states induced by clowns and nurses. *13th European Conference on Psychological Assessment*, 22nd – 25th of July, 2015, University of Zurich, Switzerland.

Hofmann, J., & Ruch, W. (2015, July). Adapting and validating the PhoPhiKat-9 for the workplace. *13<sup>th</sup> European Conference on Psychological Assessment*, 22nd – 25th of July, 2015, University of Zurich, Switzerland.

Hofmann, J., Platt, T., & Ruch, W. (2014, July). Smiling and laughter in 16 enjoyable emotions and the curious case of schadenfreude. *7<sup>th</sup> European Conference on Positive Psychology*, 1<sup>st</sup> – 4<sup>th</sup> of July, 2014, University of Twente, Amsterdam, The Netherlands.

Hofmann, J., (2014, July). The use of benevolent and corrective humor and the relation to the quality of produced humor in comedians and comedy beginners. *7<sup>th</sup> European Conference on Positive Psychology*, 1<sup>st</sup> – 4<sup>th</sup> of July, 2014, University of Twente, Amsterdam, The Netherlands.

Hofmann, J., (2014, July). Beyond amusement: smiling and laughter in positive emotions. *International Society of Humor Studies (ISHS) Congress*, 8-11th of July 2014, Utrecht, The Netherlands.

Hofmann, J., (2014, July). Why bother about gelotophobia. *International Society of Humor Studies (ISHS) Congress*, 8-11th of July 2014, Utrecht, The Netherlands.

Hofmann, J., Platt, T., & Ruch, W. (2014, July). State-Trait cheerfulness and the induction of amusement when watching funny films with a laughing virtual agent. *17<sup>th</sup> European Conference on Personality ECP'17*, 15<sup>th</sup>-18<sup>th</sup> of July, 2014, University of Lausanne, Switzerland.

Platt, T., Hildebrand, D., Hofmann, J., & Ruch, W. (2013, July). Lacking an ability to perceive pro-social teasing from ridicule situations. *Crossing Borders: Bi-annual conference of the Swiss Psychological Society*, 11-12<sup>th</sup> of September, 2013. University of Basel, Basel.

Hofmann, J., Platt, T. Ruch, W., & Niewiadomski, R., Urbain, J. (2013, September). Infected with amusement- by the laughter of a virtual agent. *Crossing Borders: Bi-annual conference of the Swiss Psychological Society*, 11-12<sup>th</sup> of September, 2013. University of Basel, Basel.

Hofmann, J., Kuster, L., Platt, T. & Ruch, W. (2013, July). Comedians: Their Sense of Humor and their Humor Production Abilities. *International Society of Humor Studies (ISHS) Congress*, 2-6th of July 2013, Williamsburg, Virginia.

Hofmann, J., Platt, T. Ruch, W., & Niewiadomski, R., Urbain, J. (2013, July). Having Fun with Greta! The Influence of a Laughing Virtual Agent on the Humor Experience. *International Society of Humor Studies (ISHS) Congress*, 2-6th of July 2013, Williamsburg, Virginia.

Platt, T., Hildebrand, D., Hofmann, J., & Ruch, W. (2013, July). Perception of Laughter. *International Society of Humor Studies (ISHS) Congress*, 2-6th of July 2013, Williamsburg, Virginia.

Niewiadomski, R., Pammi, S., Sharma, A., Hofmann, J., Platt, T., Cruz, R.T., Qu, B. (2012, October). Visual laughter synthesis: Initial approaches. *Interdisciplinary workshop on laughter and other non-verbal vocalizations in speech*, Dublin, Ireland, 26-27 of October.

Hofmann, J., Ruch, W., & Platt, T. (2012). The en- and decoding of schadenfreude laughter. Sheer joy expressed by a Duchenne laugh or emotional blend with a distinct morphological expression? *Interdisciplinary workshop on laughter and other non-verbal vocalizations in speech*, Dublin, Ireland, 26-27 of October.

Hofmann, J. (2012). Laughter-related emotions and gelotophobia. "*International Summer School and Symposium for Humour Research*", 2-10 of July 2012 in Savonlinna, University of Savonlinna, Finland. *This talk was awarded with the ISS award for best symposium contribution.*

Hofmann, J. (2012). Laughter-related emotions and the mimicry of gelotophobes: Hunting the agelotic face. *International Society of Humor Studies (ISHS) Congress*, 25-29 of June 2012, Krakow, Poland.

Hofmann, J. (2011). Interview with a gelotophobe: Does gelotophobia influence facial responses to 16 pleasurable emotions? A FACS study. "*Building Bridges*" *Biannual Conference of the Swiss Psychological Association*, 12-13 of September, 2011, Fribourg.

Hofmann, J. (2011). You've been framed! Gelotophobia, Gelotophilia, Katagelasticism and laughing at oneself and others. A FACS study. *International Society of Humor Studies (ISHS) Congress*, 5-9 of July 2011, Boston MA.

Hofmann, J. (2010). Über sich selber lachen- Nur ein schlechter Witz? *Kongress und Symposium „Ein Glücksfall Humor“*, 17-18 of September, 2010, Bad Zurzach.

### **Invited Talks**

Hofmann, J. (2016, November). Vom Kinderlachen zu Lachfalten: Heiterkeit im Lebensverlauf. *Ökumenische Bildungsreihe für die zweite Lebenshälfte, Thema "Zeit"*, Zürich.

Hofmann, J. (2016, August). Zwischen Lachen und Ausgelacht werden. Erkenntnisse der Humorforschung. *Flying Science*, Rheinfelden.

Hofmann, J. (2015, November). Humor als Ressource. *Jährliche Fachtagung für Spitalpädagogik*, Kantonsspital Aarau, Aarau.

Hofmann, J. (2015, October). Grundlagen der Humorforschung. *Punkto Fachtagung "Saulustig-Humor als Ressource"*, Zug, Switzerland.

Hofmann, J. (2015, October). Heiterkeit schafft Zuversicht. *Seniorenforum Werdenberg*, Technische Hochschule Gossau.

Charakterstärken und ihr Zusammenhang zu Lebenszufriedenheit und Job Outcomes. *Schweizerische Hoffnungskonferenz, 7<sup>th</sup> of September 2015*, University of Bern, Switzerland.

Hofmann, J. (2015, May). Humor stärkt mich. *Polyarthritis SPV Generalversammlung*, Bern, Switzerland.

Hofmann, J. (2015, January). Klinikclown Interventionen bei Menschen mit Demenz. *Referatsreihe „Leben im Jetzt“, eine Zusammenarbeit der Stiftungen Forum für Angewandte Gerontologie und Humor und Gesundheit*. Pflegezentrum Stampfenbach, Zürich.

Hofmann, J. (2014, October). Zwischen Lachen und ausgelacht werden. *Herbstreferatsreihe „Das Leben im Blick“*, Regionales Pflegezentrum Baden, Baden.

Hofmann, J. (2013, January). Humor- eine Ressource aus Sicht der Positiven Psychologie. *Ärztliche Fortbildung für Ärztinnen und Ärzte der Luisenlinik Bad Dürkheim- Psychosomatische Medizin und Psychotherapie*. Bad Dürkheim, Deutschland.

Ruch, W. & Hofmann, J. (2012, November). Charakterstärken bei Kindern und Jugendlichen in der Pfadi- Eine Perspektive der Positiven Psychologie. *Fokus Jugend Tagung "Durch Mitwirken- stark ins Leben"*, 10th of November 2012, Bättwil, Switzerland.

Hofmann, J., & Platt, T. (2011, June). Facial Expressions of Emotions: Application to Smiling and laughter; FACS. University of Bern, Bern.

Hofmann, J., & Platt, T. (2011, October). What the face reveals: Smiling and laughter. Using the Facial Action Coding System in research on human emotions. Steirian Psychological Association, University of Graz, Graz.

## **Poster**

Hofmann, J. (2015, November). Walls of joy: Effects of murals on positive outcomes in children's hospital wards. Poster presented at the *Annual Conference of the Swiss Association of Positive Psychology*, University of Zurich, Zurich.

Kirchen, J., Platt, T., Hofmann, J., & Ruch, W. (2015, May). *The impact of wall paintings in a hospital setting on the subjective feeling in patients, patient relatives and hospital staff*. Poster session presented at the 12th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Ucak, M., Hofmann, J., Platt, T., Ruch, W. (2015). *Eine Studie über die Humorproduktionsfähigkeit bei Lehrpersonen: über sich selbst und über andere lachen und die Einschätzung des Klassenklimas von SchülernInnen und Lehrpersonen*. Poster session presented at the 12th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.



Schafroth, L., Hofmann, J., Platt, T., & Ruch, W. (2015, May). *The Effect of a Humor Intervention on Cheerful Mood and Job and Life Satisfaction in Nursing Staff*. Poster session presented at the 12th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Martensen, J. S., Hofmann, J., Platt, T., & Ruch, W. (2015, May). *A Humor Intervention for Geriatric Nurses - The Effect on Work Experiences and Mindfulness Considering the Impact of Humor-Related Personality Traits*. Poster presented at the 12th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Fronebner, R., Platt, T., Hofmann, J., & Ruch, W. (2015, May). *The up-regulation of laughter and its relationship to personality, self-esteem and social support*. Poster presented at the 12<sup>th</sup> LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Williams, R.A., Hofmann, J., Platt, T., & Ruch, W. (2014, May). *Does State-Trait Cheerfulness Facilitate Learning Within a Humorous Online Environment?* Poster session presented at the 11th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Elmer, T., Ruch, W., Hofmann, J., & Platt, T. (2014, May). *Positive psychology in teams: An investigation of team role fit, job satisfaction and calling*. Poster session presented at the 11th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Kaden, R., Hofmann, J., Platt, T., Ruch, W., & Pleithner, M. (2014, May). *Spontane und gestellte mimische Reaktionen in 6 positiven Emotionen - Eine FACS Studie*. Poster session presented at the 11th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Luterbacher, V., Platt, T., & Hofmann, J. (2014, May). *Smiles in avatars. Potential triggers of fear in people with gelotophobia?* Poster session presented at the 11th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Pleithner, M., Kaden, R., Hofmann, J., Platt, T., & Ruch, W. (2014, May). *Spontane und gestellte mimische Reaktionen in 6 positiven Emotionen – eine FACS Studie*. Poster session presented at the 11th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Hiltebrand, D., Platt, T., Hofmann, J., & Ruch, W. (2013, May). *The fear of being laughed at and the interpretation of aggressive humor*. Poster session presented at the 10th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Elmer, T., Ruch, W., Hofmann, J., & Platt, T. (2013, May). *Evaluating character strengths in teams: The link between informal team roles and character strengths in relation to productivity and cohesion*. Poster session presented at the 10th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Gisler, P., Hofmann, J., Platt, T., & Ruch, W. (2013, May). *Hochbegabt, aus der Perspektive der Positiven Psychologie. Eine Studie zu Charakterstärken, Lebenszufriedenheit, Orientierung zum Glück und Hochbegabung bei Kindern und Jugendlichen*. Poster session presented at the 10th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Hofmann, J., Platt, T., & Ruch, W. (2013, May). *„Prepared. For Life“. The scouts in the perspective of positive psychology*. Poster session presented at the 10th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Kuster, L., Hofmann, J., Platt, T., & Ruch, W. (2013, May). *Humorproduktion bei Comedians: über sich selbst und über andere lachen*. Poster session presented at the 10th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Niessen, S., Hofmann, J., Platt, T., & Ruch, W. (2013, May). *Evaluating a periodic clown intervention for elderly people with dementia living in nursing homes: Are residents' affect, behaviour, and interaction after a clown-session different than on days without clown-visits?* Poster session presented at the 10th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Williams, R., Hofmann, J., Platt, T., & Ruch, W. (2013, May). *How does state-trait cheerfulness affect learning when taught with humour? Background literature.* Poster session presented at the 10th LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Niessen, S., Hofmann, J., Platt, T., Ruch, W., & Auerbach, S. (2013, April). *Clown therapy in dementia - embarrassment or happiness? AATH's 26th Annual Conference The Home for Humor & Laughter Professionals!*, April 4-7, San Diego.

Hofmann, J., Platt, T., Ruch, W. & Proyer, R. (2012, May). *Testing Darwin: what can we learn from historic authors on laughter.* Poster session presented at the 8<sup>th</sup> LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Hofmann, J., Platt, T., Ruch, W. & Proyer, R. (2012, May). *The joyful face may hide an evil mind: When joy signals contempt.* Poster session presented at the 8<sup>th</sup> LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Stoffel, F., Weber, A., Hofmann, J., Platt, T., & Ruch, W. (2012, May). *Facial responses to 16 enjoyable emotions.* Poster session presented at the 8<sup>th</sup> LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Niessen, S., Hofmann, J., Platt, T., Ruch, W., & Auerbach, S. (2012, May). *Clown therapy in dementia - embarrassment or happiness?* Poster session presented at the 8<sup>th</sup> LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Hiltebrand, D., Platt, T., Hofmann, J., & Ruch, W. (2012, May). *Do gelotophobes rationally interpret teasing differently?* Poster presented at the LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich) 31<sup>th</sup> of May, 2012, University of Zurich, Switzerland.

Kuster, L., Hofmann, J., Platt, T., & Ruch, W. (2012, May). *Humorproduktion bei Comedians: über sich selbst und über andere lachen.* Poster presented at the LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich) 31<sup>th</sup> of May, 2012, University of Zurich, Switzerland.

Auerbach, S., Hofmann, J., Platt, T., & Ruch, W. (2012, May). *Assessment of emotional states induced by hospital clowns: Positive affect, cheerfulness, and beyond?* Poster session presented at the 8<sup>th</sup> LiMaDoKo of the Department of Psychology at the University of Zurich, Zurich, Switzerland.

Hofmann, J., Platt, T., Auerbach, S., & Ruch, W. (2012, April). *Send in the clowns! BUT HOW? Current issues and research questions in therapeutic clown intervention and evaluation studies.* Poster presented at the *AATH's 25th Annual Conference Beat the Blues with Humor*, April 19-22, 2012, Chicago, IL.

Platt, T., Hofmann, J., Auerbach, S., & Ruch, W. (2012, April). *Can observed responses to clown interventions be a first step in understanding the clown/patient dynamic?* Poster presented at the *AATH's 25th Annual Conference Beat the Blues with Humor*, April 19-22, 2012, Chicago, IL.

Auerbach, S., Hofmann, J., Platt, T., & Ruch, W. (2012, April). *Clown equals clown equals nurse? The uniqueness of hospital clown interventions compared to circus clowns and nursing staff* Poster

presented at the *AATH's 25th Annual Conference Beat the Blues with Humor*, April 19-22, 2012, Chicago, IL.

Auerbach, S., Platt, T., Hofmann, J., & Ruch, W. (2012, April). *Humor and love? An investigation of the core aspects of clowning in health settings*. Poster session presented at the 25th Annual Conference of the Association for Applied and Therapeutic Humor (AATH), Chicago, Illinois, USA.

Auerbach, S., Hofmann, J., Platt, T., & Ruch, W. (2011, May). Do hospital clowns elicit different emotions than circus clowns and nursing staff? A pilot study. Poster presented at the *LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich)*, 5th of May, 2011, University of Zurich.

Auerbach, S., Platt, T., Hofmann, J., & Ruch, W. (2011, May). How many dimensions are needed to explain the emotional responses elicited by clown videos? Poster presented at the *LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich)* 5th of May, 2011, University of Zurich.

Hiltebrand, D., Platt, T., Hofmann, J., & Ruch, W. (2011, May). The Effect of Empathy and Ability to Decode Emotion Displays of Smiling and Laughter on Gelotophobia – an Outlook on a Study Conducted Later This Year. Poster presented at the *LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich)* 5th of May, 2011, University of Zurich.

Hofmann, J., Platt, T., & Ruch, W. (2011, May). Experience of joy in gelotophobia: Does the fear of being laughed at influence facial responses to pleasurable emotions? – FACS study. Poster presented at the *LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich)* 5th of May, 2011, University of Zurich.

Hofmann, J., Platt, T., & Ruch, W. (2011, July). Is the fear of being laughed at influencing facial responses to pleasurable emotions? Poster presented at the *2nd World Congress of Positive Psychology (IPPA)*, 2011, Philadelphia, USA.

Platt, T., Hofmann, J., & Ruch, W. (2011, July). Investigating the facets of positive affect for those with a fear of being laughed at? Poster presented at the *2nd World Congress of Positive Psychology (IPPA)*, 2011, Philadelphia, USA.

Klohe, K., Hain, F., Platt, T., Hofmann, J., & Ruch, W. (2011, May). Do dispositions towards laughter affect boys' and girls' perceptions of bullying? Poster presented at the *LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich)* 5th of May, 2011, University of Zurich.

Platt, T., Hofmann, J., & Ruch, W. (2011, May). Are gelotophobes anhedonic? Or is no joy experienced only in the enjoyable emotions that elicit laughter? Poster presented at the *LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich)* 5th of May, 2011, University of Zurich.

Stoffel, F., Weber, A., Platt, T., Hofmann, J., & Ruch, W. (2011, May). Gelotophobie und soziale Angst: Unterschiedliche mimische Reaktionen auf freudvolle Emotionen anderer- ein Konzept. Poster presented at the *LiMaDoKo (Lizentianden, Master und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich)* 5th of May, 2011, University of Zurich.

Hofmann, J., Beermann, U., & Ruch, W. (2010, July). Laughing at oneself- Postulates and Correlates. "*International Summer School and Symposium for Humour Research*", 5-9 of July 2010 in Boldern-Männedorf, University of Zurich.

Wellenzohn, S., Hofmann, J., Weber, M., & Ruch, W. (2009, September). Birds of a feather flock together – or opposites attract? The role of similarity in character strengths of adolescents in romantic relationships. 11. *Kongress der Schweizerischen Psychologischen Gesellschaft „Interactions: Real and Virtual“*, 19- 20 of August 2009, University of Neuchâtel.

Hofmann, J., Wellenzohn, S., Lischer, H., Ture, M., Weber, M., & Ruch, W. (2008, May). Macht Ähnlichkeit Jugendliche glücklich? Eine Studie zu Charakterstärken in Liebesbeziehungen bei Jugendlichen. *LiDoKo (Lizentianden und Doktoranden Kongress des Psychologischen Institutes der Universität Zürich)*, 2008, University of Zurich.

## Media Coverage

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- 2016: Lachen ist gesund [Laughter is healthy] (Schweizer Familie, 50, 42 – 44)
- 2016: Hoffnung [Hope]. KiFe Radio Broadcast (19.01.2016)
- 2015: *Mimik- Falsches Lachen und echte Lügen*. SRF Radio Broadcast (21.10.2015)
- 2015: *Le rire* (Spécimen TV broadcast, 14.10.2015)
- 2015: Humorforschung: Kein Witz [Humor research- no joke] (Einstein Wissensmagazin, SRF, TV broadcast, 12.03.2015)
- 2014: *Folge 11: Gesichter der Freude* [Faces of Joy] (Sendereihe Gefühlswelten, TV broadcast ARD 19<sup>th</sup> of September, 2014, 21.45)
- Kowitz, D. (2014). „Denken Sie sich das T-Shirt weg“ Dürfen Karrierefrauen wirklich nicht lustig sein? Ein Beitrag zur Geschlechterforschung. *Brandeins*, 16(8), 58–64.
- 2014: *Humor ist wichtig in der Beziehung* [Humor is important in relationships] (Volksstimme, 18<sup>th</sup> of February 2014)
- 2014: *Worüber wir lachen und was unser Sinn für Humor über uns verrät* [What we laugh about and what our sense of humor tells others about us] (Sternstunde Philosophie Online, SRF, 15th of March 2014)
- 2014: *Humor im Altersheim* [Humor in homes for the elderly] (NZZ am Sonntag, January 2014)
- 2013: *Fahnden nach dem Duchenne Lachen* [Searching for the Duchenne laughter] (Curaviva, 2013, 13, 7-8)
- 2012: *Kulturenunterschiede im Sinn für Humor* [cultural differences in the sense of humor] (Radio broadcast DRS, 2012)
- 2011: “*Die lachen schon wieder über mich*” – *Reportage zur Gelotophobie* [The’yre laughing about me again – report on gelotophobia] (Blick am Abend, 17. Juni, 2011)
- 2010: *Geschlechtsunterschiede im über sich selber lachen* [gender differences in laughing about oneself] (Einstein Wissensmagazin, SRF, TV broadcast, 26.08.2010)