

Datum: 08.12.2009

Ort: Binzmühlestrasse 14, Raum BIN 3.D.27

Titel: Interventions Fostering Successful Aging in Healthy as well as Multimorbid Populations

Referent: Dr. Jochen P. Ziegelmann

This talk will give an overview regarding the development of age sensitive interventions in healthy as well as multimorbid populations and will give an insight into the project "Healthy Aging 60+". Key concepts to be discussed include time-perspective, strategy-use as well as the interplay of cognitive resources and self-regulation.