

**Andreas Maercker, Ph.D. M.D.**  
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## **Curriculum Vitae**

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### **PERSONAL DETAILS**

Born: 1960 in Halle (Saale), current home address: Hinterbergstr 88, 8044 Zürich, Switzerland  
Married to Franz-Carl Diegelmann, art historian

### **RESEARCH NETWORK ID's**

Orcid: <https://orcid.org/0000-0001-6925-3266>

Researchgate: [https://www.researchgate.net/profile/Andreas\\_Maercker](https://www.researchgate.net/profile/Andreas_Maercker)

### **EDUCATION**

Humboldt-University, Berlin	Dr. med. (M.D.)	1986
Humboldt-University, Berlin	Diplom-Psych.	1987
Free University, Berlin	Dr. phil. (Ph.D.) (psychology)	1994
Dresden University of Technology	Dr. rer. nat. habil. (Ph.D. habilitation degree)	1998
Health Service Board, Dresden	Licensed Psychological Psychotherapist	1999
Medical Doctors Association, Saxony	Specialist Title in Medical Psychotherapy	2004

### **PROFESSIONAL AND ACADEMIC POSITIONS**

1986 - 1989	Internship in Psychiatry/Psychotherapy: Zentralklinik für Psychiatrie, Berlin-Biesdorf
1989 - 1992	Postdoc at Max-Planck-Institute for Human Development, work with Paul B. Baltes PhD
1992 - 1998	Senior Research Assistant, Clinical Psychology and Psychotherapy at Dresden University of Technology, Department of Psychology (Chair: Prof. Dr. J. Margraf)
1994	One year: Visiting scientist stipend of Deutsche Forschungsgemeinschaft at University of California, San Francisco, Department of Psychiatry, work with M. J. Horowitz M.D.
1998 – 2001	Director, Graduate Training in Clinical Psychology and Director, Outpatient clinic, Dept. of Psychology Dresden University of Psychology
1999 - 2001	Consultant to University of Geneva, Dept. of Psychiatry and WHO Collaborative Center, Geneva
2001 - 2004	Director, Psychotraumatology Research Unit; Psychotherapy of the Elderly Unit, University of Zurich: Department of Psychology, Clinical Psychology & Psychotherapy
2004 - 2005	Professor of Psychology, Clinical Psychology & Psychotherapy, University of Trier.
2005 -	Professor of Psychopathology & Clinical Intervention & Chair, Division of Psychopathology and Clinical Intervention, University of Zurich
2008 -	Faculty, International Max Planck Research School on the Life Course (Berlin; U Virginia; U Michigan Ann Arbor; Zurich)
2017 -	Faculty, Graduate School Dynamic and Clinical Psychology, Sapienza Univ of Rome

### **MEMBERSHIPS AND SERVICES**

- Chair, Working group on stress-related disorders in preparation of ICD-11 at WHO, Geneva (2011-2019)
- Chair, Historical Commission of the German Psychological Society on “Instrumentalization of psychology in the GDR”

- Co-Chair, Advisory Board, Federal Multisite Project on Long-Term Health Consequences of Political Persecution in the GDR
- Member, Advisory Board, Foundation Survival (formerly: Treatment Centre for Trauma Victims), Berlin
- Member, Scientific Advisory Board, Psychotrauma Center, German Armed Forces
- Member, Board of Center of Competence for Gerontology, University of Zurich (2006-2012)
- Member, Steering Committee, M.A.S. Applied History, University of Zurich (2016-2021)
- Member, Editorial Board, journal *International Perspectives in Psychology*
- Member, Editorial Board, journal *Clinical Psychology in Europe*
- Patronage, C. G. Jung Institute Zurich

### **PRIZES, AWARDS, FELLOWSHIPS**

1984	Robert Koch Student Award, School of Medicine, Humboldt-University Berlin
1986	Humboldt Award (for students), Humboldt-University Berlin
2004	Margit Egnér Prize for Anthropological and Humanistic Psychology, Zurich, Switzerland
2017	Cross of Merit of the Federal Republic of Germany
2017	Distinguished Contributions to Psychotraumatology in Europe Award of the ESTSS
2018/2019	Fellowship, Institute of Advanced Study, Berlin
2020	Highly Cited Researcher 2020 (Web of Science/Clarivate)
2022	Senior Fellowship, Istituto Svizzero di Roma, Italy
2022	Senior Fellowship, A-Krupp Institute of Advanced Study, Greifswald, Germany

### **SUPERVISION OF JUNIOR RESEARCHERS**

PhD theses: 33 since 2005; Three previous post-docs/senior research and teaching assistants holding now tenured professorships

### **TEACHING ACTIVITIES**

From 1992 on regular teaching at the Diploma/Bachelor/Master/PhD level: Introduction to psychopathology and clinical psychology, seminars in clinical or lifespan psychology, excursions, and internship supervisions

### **SELECTED APPROVED RESEARCH PROJECTS & GRANTS**

1. Principal investigator (PI), Research project on Posttraumatic Stress Disorder from Federal Ministry of Education and Science (1993-98)
2. PI, Interpersonal and socio-cognitive factors of recovery from PTSD, Research grant: Deutsche Forschungsgemeinschaft (DFG) for two years (2000-2002)
3. PI, Interpersonal and socio-cognitive factors of recovery from PTSD, Follow-up research grant: Swiss National Science Foundation (2002-2004)
4. Co-PI with A. Karl Ph.D., Electroencephalographic and peripheral physiological correlates of PTSD as effectiveness indicators of a CBT treatment program, Research Grant: Deutsche Forschungsgemeinschaft (DFG) for two years (2001-04)
5. PI, Internet-based treatment of PTSD. Grants by The Foundation of German Trade and Industry, SDW, and Victim Aid Organization „Weisser Ring“ (2002-2005)
6. PI: Longtime follow-up of former political prisoners in East Germany. Egner-Foundation (2007- 2012)
7. Co-PI with S. Forstmeier: Motivational reserve in mild Alzheimer's and MCI". Grants by Swiss National Science Foundation, (2008-2013; continuation project: 2014-2017)
8. Co-Principal investigator (with Jianping Wang): Internet-based treatment of PTSD in cross-cultural comparison in Switzerland and China (2009-2013). Swiss International Collaboration Funding
9. Research area head "Resilience": University Research Priority Program "Dynamics of Healthy Aging", University of Zurich (2013-2023)
10. PI: Swiss indentured child laborers ("Verdingkinder") in old age and their second generation; University of Zurich and additional foundation grants (2013-2017)
11. PI: SNF-Project: New adjustment disorder diagnosis as stress response in ICD-11: Investigating its validity" (2015-2018)
12. PI: Cross cultural clinical psychology: comparing metaphors across selected cultures – supported by C. G. Jung-related foundations": Pettit Foundation (Los Angeles), Psychologiefonds ETH Zurich, Stiftung der Werke von C.G. Jung (2015-2019)

13. Co-PI with M. Thoma: Differential aging trajectories in high-risk individuals with past experiences of early adversity. NFP76 of Swiss National Science Foundation (2018-ongoing)
14. Co-PI with R. Bachem: Cultural scripts of traumatic symptom development and expression in an international collaborative project; University of Zurich, Swiss State Secretariat for Education, Research and Innovation and additional foundation grants (2021-)

#### **ACTIVE MEMBERSHIPS IN SCIENTIFIC SOCIETIES**

Deutsche Gesellschaft für Psychologie (DGPs): Member, Past Member of Ethics Committee, President Historical Commission on Instrumentalization of Psychology in the former GDR

Swiss Society of Psychology (SGP/SPP): Member, Past President of Ethics Committee

Deutsche Gesellschaft für Psychiatrie, Psychotherapie u. Nervenheilkunde (DGPPN): Historical Commission

American Psychological Association (APA): Foreign Affiliate

Deutschsprachige Gesellschaft für Psychotraumatologie (DeGPT): Past President, Fellow

European Society for Traumatic Stress Studies (ESTSS): Past Member of Board of Directors

European Association for Clinical Psychology and Psychological Treatment: current Secretary of the Exc Board

#### **ORGANIZATION OF CONFERENCES**

1995 PTSD and Lifespan-Developmental Psychology (expert conference), Dresden

2003 European Conference on Traumatic Stress (of the ESTSS), Berlin

2009 Electronic Mental Health (Co-organizer), Rom

2009 Trauma, Memory, and Cultural History in Modern History, Villa Vigoni, Menaggio/Italy

2017 Cultural Clinical Psychology and Trauma, Küsnacht/Schweiz

2017 History and Psychology: Life writing, (Auto-)Biographical writing, Villa Vigoni, Menaggio/Italy

2021 Cultural psychology and history of psychology biannual conference, Ascona, Switzerland

## MAJOR SCIENTIFIC ACHIEVEMENTS

I have published over 300 papers (H index 55: Web of Science 2022) and authored or edited 14 books. I obtained over 4.5 Mill. Swiss Francs in grants.

My principal areas of interest have been: Trauma and stress-related disorders: PTSD, Prolonged Grief Disorder, Adjustment Disorder; Mental disorders of the elderly; Electronic mental health; Cultural clinical psychology

### *Trauma and stress-related disorders: PTSD, Complex PTSD, Prolonged Grief Disorder, Adjustment Disorder*

My research groups and I contributed to assessment, classification, epidemiology, etiology and treatment (psychotherapy). In assessment, we established and validated one of the global Gold Standards in the field the ‘Impact of Event Scale-Revised’ in German language and collaborated in its validation for other languages. Main contributions to the field are the ‘Socio-interpersonal framework model of PTSD’ including the development of relevant self-report questionnaires (Dysfunctional disclosure; Social acknowledgment as victim or survivor).

My research groups also researched on non-pathological outcomes of traumatic stress and its predictors. Main achievements were the ‘Janus-Face-Model of Posttraumatic Growth’ that had been substantiated by own as well as international research. Furthermore, we developed and validated a revised version of a resilience facet measure, the ‘Sense of Coherence-Revised’.

In the joined process of the development of proposals for new disorders for the International Classification of Diseases—version 11 at WHO, I co-developed the new clinical definitions and diagnostic guidelines of PTSD, Complex PTSD, Prolonged Grief Disorder, and Adjustment Disorder (remodeled diagnosis—following a new model developed in my research group over the years).

In the area of treatment for these disorders, my research groups contributed to multimodal cognitive-behavioral treatment development as well as to introducing structured life-review in treating PTSD in old age as a form of narrative exposure.

### *Mental disorders of the elderly*

My research groups contributed to epidemiology, risk factor identification, and treatment mainly of PTSD, depressive disorders, and early stages of Alzheimer’s Dementia. In epidemiology, we contributed nationally representative prevalence estimates of these disorders in the 2000’s and 2010’s in Germany and Switzerland. For Alzheimer’s Dementia we developed the risk-factor model of ‘Motivational Reserve Capacity’ and applied it successfully in various large-scale studies in Switzerland and Germany. In treatment, a large intervention study (RCT) on patients with Mild Cognitive Impairment or early stage Alzheimer’s and their caregivers was conducted that substantiated positive effects on quality of life and well-being parameters of the participants.

### *Electronic mental health*

These more recent research topics are embedded in extensive international networks of collaborating research groups and organizations (e.g., WHO). We co-developed online treatment programs for PTSD, Prolonged Grief Disorder, Adjustment Disorder, depression in general and in particular in old age. Within a network of US and Chinese research groups we took the lead to introduce and evaluate “My trauma recovery” in Mandarin language. For the new WHO e-mental health program “PM+” we are the leading house for its translation and cultural adaptation into Arab language. A new program development is an intervention for loneliness in old age.

### *Cultural clinical psychology*

Cultural clinical psychology research began with systematically investigating the associations of cultural value orientations (defined sensu S. Schwartz) and prevalences or clinical presentations of several mental disorders. It showed explanatory power for cultural differences relevant for the disorders. More recent basic research investigates cultural conditions and contexts of mainstream disorder models in indigenous populations in various parts of the world. The leading question is: how far should we incorporate cultural adaptations of existing diagnostic and treatment tools into global practice? Since 2021, I have been working on a book project on Historical Trauma and the means of its empirical investigation. The latest project, in the form of an international collaboration, explores the differences and similarities of cultural scripts of trauma sequelae expression.