9th World Congress of Behavioural & Cognitive Therapies

Berlin, July 17th-20th 2019
Welcome to WCBCT2019
Willkommen zum WCBCT2019

As President of the World Confederation of Cognitive and Behavioural Therapies I am delighted to welcome you to the 9th World Congress of Behavioural and Cognitive Therapies. We knew that when EABCT was chosen to host the World Congress in Berlin that the organisers would make it a great success and the programme you can now see demonstrates that this will be the case. With over 80 countries from every continent participating it will be a truly global congress that will carry on the tradition of making our triennial World Congress a show case for the success and development of Cognitive and Behavioural Therapies across the world and so many important areas of health and social care. Enjoy the Congress!

Sarah Egan, President, World Confederation of Cognitive and Behavioural Therapies

It’s an honour for EABCT to be hosting the 9th World Congress in Berlin. This is the third opportunity for us to welcome delegates to a World Congress in Europe and will add Berlin to our list of successful World Congresses that were previously held in Copenhagen in 1995 and Barcelona in 2007. This year is another opportunity to gather together the most influential researchers and therapists in CBT and provide an excellent forum for new researchers and new ideas. Moreover, Berlin is the perfect place at the crossroads of Europe and the world to meet old friends and make new friends, surrounded by the atmosphere of a cosmopolitan and exciting city. EABCT welcomes you all to Berlin.

Thomas Kalpakoglou, President, EABCT

We hope that our five years of planning in collaboration with the Deutsche Gesellschaft für Verhaltenstherapie, and the other German, European and worldwide CBT associations for cognitive and behaviour therapists, will ensure that this is a congress that you will remember for many years to come. We hope that you will take away new ideas and new friendships from across the world and that your days at the Congress with us in Berlin live up to your expectations. With over 4000 delegates from 85 different countries we have succeeded in making WCBCT2019 the largest global gathering of CBT clinician’s and researchers and we will continue to work hard to make the next three days a success.

Andreas Veith and Rod Holland, WCBCT 2019, Congress Organisers

The choice of the WCBCT2019 theme; “CBT at the Crossroads”, reflects the rapid pace of development, across both theoretical and applied aspects of the field, and in particular the role of CBT within the broader social and political context. The Call for Papers produced an exceptional rate of high quality submissions and significant competition for inclusion in a truly global scientific programme. We are particularly pleased at the good balance of empirical research and training opportunities, with nearly 100 pre- and in congress workshops plus skills classes, and the significant opportunities for early career clinicians and researchers to present on the world stage, through over 30 open paper sessions and nearly 1000 poster presentations. We wish you a memorable and inspirational time at WCBCT2019 and hope you have as much fun as we, and the Scientific Committee, had in putting together the programme alongside our 10 assistants.

Thomas Heidenreich and Philip Tata
WCBCT2019 Chairs of the Scientific Committee
Organising Committees

Andreas Veith | Congress Organiser
Rod Holland | Congress Organiser
Waltraud Deubert | DGVT
Hayley Dore | Steward Coordinator
John Kentish | Congress Web Master
Katharina Mosen | Social Media
Janice Kalaqi | Social Media
Thomas Kalpakoglu | President EABCT
Kristoffer N T Månsson | Honorary Treasurer EABCT
Dirie Naascher-Heerschop | Association Manager EABCT

German Speaking Support Group

Rainer Knappe (AVM-D), Stefanie Schmidt (AVM-CH), Jan Richter (DGPs), Ana Conrad (DGPs), Kurt Hanhvi (DGPs), Jürgen Tripp (DVT), Rudi Merod (DGVT), Monika Basque (EAGT), Ingeborg Pucher-Matzer (OAMT) and Valentina Andreuccetti (EAGT).

Scientific Committee

Thomas Heidenreich | Chair Scientific Committee
Philip Tata | Chair Scientific Committee
Simon Blackwell | Chair Scientific Committee (Open Papers and Posters)
Jeanine Narro | Administrator
Emily Nethling | Administrator
Anke Heier | Administrator
Janine Turner | Administrator
Arnoud Amst, the Netherlands
Carolyn Becker, USA
James Bennett-Ley, Australia
Simon Blackwell, Germany
Susan Bogels, the Netherlands
Jamal Chiboub, Morocco
Younghee Choi, South Korea
Peter de Jong, the Netherlands

Keith Dobson, Canada
Miguel Fullana, Spain
Gillian Haddock, UK
Kurt Hanhvi, Germany
Emily Holmes, Sweden
Sheri Johnson, USA
Julia Joormann, Sweden
David Kavanagh, Australia
Junghye Kwon, South Korea
Ken Laidlaw, UK
Kristoffer Månsson, Sweden
Michelle Moulds, Australia
Tom Ollendiek, USA
Pierre Phipps, Belgium
Patricia Resick, USA
Reza Sharifi, UK
Regina Stein, Germany
Melmet Songur, Turkey
John Taylor, UK
Ed Watkins, UK
Susan White, USA
Sabine Wilhelm, USA
Charlotte Wiltkin, Germany
Michael Witthoff, Germany
Marcella Woud, Germany

International Support Group (Scientific)

Horst Mitmansgruber (Austria AVM), Tobias Glück (Austria OEGVT), Sylvie Biary (Belgium AEMTC), Filip Raes (Belgium VWTG), Igor Kinetov (Bosnia & Herzegovina), Ivanka Zivsic Becirovic (Croatia), Jan Prasko (Czech Republic), Stephen Austin (Denmark), Reham Aly (Egypt), Kirsti Akkermann (Estonia), Jorna Fredriksen (Finland FACBT), Raimo Lappalainen (Finnish Sky), Abdel Haim Boudoukhia (France), Martine Bouvard (AFFRTC), Kate Adbushelshshli (Georgia), Ulfich Schweiger (Germany DVT), Gregoris Simos (Greece AEMTC), Loukas Althanassaidis (Greece GBA), Artemios Pehlivanidis (Greece, HSCP), Unoka Zsolt (Hungary), Stijn Evertsdtott (Iceland), Colette Kearns (Ireland), Gyu Donon (Israel), Aristotle Saggino (Italy AAMC), Rita Atudio (Italy SITCC), Selvije Izeti (Kosovo), Leva Bile (Latvia), Aimee Karam (Lebanon), Julius Neverauskas (Lithuania), Jamal Chiboub (Morocco), Olvera Markovic (Montenegro), Arnold van Emmerik (Netherlands), Jon Fausvang Bjaastad (Norway), Elena Heinz (Poland), Agnieszka Popiel (Poland), Maria do Céu Salvador (Portugal), Lucjan Ile (Romania RACBT), Daniel David (Romania AGBT), Alexandra Yaltoskaya (Russia), Olivera Zikic (Serbia), Nikola Petrovic (Serbia and Montenegro), Maja Bundalo Bo (Slovenia), Jung-Hye Kwon (South Korea), Miquel Angel Fullana (Spain), Kristoffer Månsson (Sweden SABT), Lisa Bergman Nordgren (Sweden SABT), Valentina Andreuccetti (Switzerland SGVT-SSTCC), Gabriel Thoren (Switzerland ASPCo), Stefanie Schmidt (Switzerland SVM), Mehmet Sunger (Turkey, TACBT), Hakan Turkacap (Turkey, ACBP), Valentina Paroly (Ukraine), Christopher Williams (UK)

Support Groups

AEBCT Support Group (Organisational)

Austria, ÖEGVT
Austria, AVM
Belgium, AEMTC
Belgium, VWTG
Bosnia & Herzegovina, BHACBT
Bulgaria, BACBP
Croatia, CABCT
Czech Republic, CSCTB
Danmark, SABT
Egypt, EACBT
Estonia, EACBT
Finland, FACBT
Finland, SKY
France, AFTCC
Georgia, GAACBT
Germany, DVT
Greece, GACBP
Greece, GBA
Greece, HSCP
Hungary, HABCT
Ireland, IAACBT
Iceland, IAACBT
Israel, ITA
Italy, AAAMC
Italy, SITCC
Kosovo, KACBT

Ingeborg Pucher-Matzer
Horst Mitmansgruber
André Masson
Jan Callens
Diana Redijc
Inna Lazarova
Branka Bagaric
Petar Mozny
Stephen Austin
Reham Aly
Kirsti Akkermann
Kinski Raisinen
Tero Timonen
Stacey Callahan
Kate Adbushelshshli
Jürgen Tripp
Christoforos Nestoris
Elena Heinz
Nikoletta Avergi
Unoka Zsolt
Colette Kearns
Stijn Evertsdtott
Danny S. Derby
Anna Meneghelli
Michele Procaccini
Selvije Izeti

Latvia, LACBT
Liberan, LSCTB
Lithuania, CTA
Montenegro, MNACBT
Morocco, MOCBT
Netherlands, VGCT
Norway, NFKT
Palestine, PBCBT
Portugal, APTC
Romania, RACBT
Romania, AGBT
Russia, ACBT (P)
Serbia&Montenegro, AGBT
Serbia SABT
Slovenia, SABT
Spain, SCRITC
Sweden, SABT
Switzerland, SGVT-SSTCC
Switzerland, ASPCo
Switzerland, AVM-CH
Turkey, TACBT
Turkey, ACBP
Ukraine, UAOCBT
United Kingdom, BACBP

Gints Polis
Aimee Karam
Julius Neverauskas
Jelena Cuckovic
Nadja Kadi
Mariette Lammers
Torkil Berge
Mohammed K. Mukhaimar
Serafim Carvalho
Mireia Tirir
Anca Dobrescu
Dara Maryasiwa
Nikola Petrovic
Olivera Zikic
Polonca as
Eva Baiilis
Tadeusz Jarawka
Bijan Pauling
Valentina Andreuccetti
Christine Favre
Stefanie Schmidt
Yusuf Svirogolu
Selcuk Asian
Valentina Paroly
Katy Grazebrook
Abstracts
All registered participants can download the abstracts on the congress website www.wcbct2019.org
A limited number of printed Abstract Books can be purchased at the Congress.

Accompanying Persons
Delegates registered as an accompanying person will have a congress badge that identifies them as a Guest. This will provide access to all facilities within the CityCube but will not allow entrance into lecture theatres and seminar rooms for the scientific sessions. Accompanying persons will be able to have complimentary refreshment and catering during the breaks but lunch is not included.

ATM Machine
There is an ATM Machine in the entrance hall of the CityCube next to the cloakroom.

Capacity in the Lecture Halls and Seminar Rooms
The CityCube is one of the largest congress centres in Europe with a number of large lecture and seminar rooms. While we have made every attempt to organise the programme to reflect the popularity of individual themes and sessions there may be times when rooms become full and we may have to exercise the right to slot entry particularly for invited addresses and skills classes. We apologise if this happens and would suggest that delegates arrive in good time for the sessions they are interested in attending.

Certificate of Attendance
All registered participants will receive a certificate of attendance by email immediately after the Congress has finished. Additional certificates of attendance will be sent to delegates who have attended individual pre-congress workshops and in-congress workshops by email as well.

Cloakroom
The cloakroom is located in the entrance hall and open during the Congress.

Congress Documents
Registration for participants covers: admission to scientific sessions from 18th-20th July 2019, admission to exhibition and poster area, congress documents, collection of abstracts (online), Opening ceremony.

Congress Language
The official congress language will be English. Simultaneous translation will not be provided. Approximately 15% of the programme will be in the German language only. Details are included in this final programme.

Congress Scientific Stewards
A team of volunteer English and German speaking scientific assistants will be assisting throughout the Congress to help speakers and delegates and ensure that the programme runs smoothly. They are there to help answer any questions you have and are easily identified by their WCBC2019 T-shirts.

Congress Venue
CityCube Berlin, Messedamm 26, 14055 Berlin, Germany

CityCube Security Staff
The congress centre also provides uniformed staff to ensure that the delegates are safe and the building is secure.

Exhibition
The exhibition is situated in Hall B on Level 2.

Opening Hours
| Wednesday, 17th July 2019 | 09:00-20:00 |
| Thursday, 18th July 2019 | 10:00-17:00 |
| Friday, 19th July 2019 | 10:00-17:00 |
| Saturday, 20th July 2019 | 10:00-14:00 |

In-Congress Workshops
Delegates who are fully registered for the Congress will be able to attend any of the in-congress workshops that are available. The titles of these are contained in this programme and full details of each workshop can be viewed on the Congress website. You can register for the In-congress workshops at the registration desk. There is an additional charge for these workshops. The number of participants for all of the workshops is limited so early registration is recommended.

Information and Message Boards
You will find information points in the exhibition hall in Hall B with details of programme changes and other important information. A message board for you to use to post information and connect with other delegates will be available in the registration area on the ground floor.

Internet Access
Free wireless internet access is available in the CityCube. The password is WCBC2019

Liability Disclaimer
The organisations cannot be held liable for any hindrance or disruption of congress proceedings arising from political, social or economic events or any other unforeseen incidents beyond their control. The organisations will not accept any liability for any personal injuries sustained or for loss or damage to property belonging to congress participants, either during or as a result of the Congress or during all tours and events. Registration of a participant entails acceptance of these conditions.

Lost & Found
A Lost & Found box will be placed at the registration desk.

Media Check/Preview Centre
For those who have not uploaded their presentations the media check is located in Hall B. Speakers are asked to hand in their presentations at the media check at least 2 hours before the session.

Opening Hours
| Tuesday, 16th July 2019 | 15:00-18:00 |
| Wednesday, 17th July 2019 | 07:45-19:00 |
| Thursday, 18th July 2019 | 07:45-18:15 |

Moving between Sessions
There will only be a short break of 5 minutes between each session with the following times being allocated throughout each day:

08:30-10:00 Symposium/open papers/panel debate/roundtable
10:00-11:55 Symposium/open papers/panel debate/roundtable
12:00-13:00 Invited Address
13:00-14:00 Lunch
14:00-15:00 Symposium/open papers/panel debate/roundtable
15:30-16:55 Symposium/open papers/panel debate/roundtable
17:00-18:00 Invited Address

Name Badge
You will appreciate that it is the responsibility of the organisers to ensure that only those people who have registered for the Congress are able to benefit from the programme and facilities that are provided. For this reason your congress badge must be worn visibly at all times in the Congress centre, the exhibition area and the scientific rooms. Without your badge you will be denied access. If you lose your badge then please go to the registration desk and arrangements will be made to issue you with a new badge although we will have to make a charge of €30 for a replacement. Please respect the instructions that the Congress Stewards, MCI and the CityCube security staff have for preventing access if you do not have a badge and go to the registration desk before you are assisted.

Photography, Audio, Video and Mobile Phone Policy
Audio, photo and video recording by any device (e.g. cameras, laptops, PDAs, mobile phones, watches) is strictly prohibited during all oral and poster sessions, unless prior permission is obtained from the Congress organiser. Use of mobile phones is strictly prohibited during scientific sessions. Mobile phones must be switched off while attending sessions.

Programme Changes
The Congress organiser reserves the right to make changes if necessary. No full or partial refunds are made to the attendees in the event of cancellations or other changes in the Programme. Please note that changes will be posted at the registration desk and at the entrance of the session halls. Participants will be informed about the changes.

Refreshments and Catering
Complimentary coffee or other refreshment will be served between 10:30-11:00 in the morning and 15:00-15:30 in the afternoon during the Congress. This will be served in the Exhibition Hall. Coffee cups cannot be taken into the main lecture halls. There is also an opportunity to purchase refreshments including a light snack throughout the day in the CityCube cafe. There will be a lunch break between each day in the Exhibition Hall.

Registration Desk
The Congress registration desks are located on the entrance hall of the CityCube. You will find staff from MCI who provide our professional congress, available at the registration desk to assist you with your registration and any other help you may need.

Opening Hours
| Tuesday, 16th July 2019 | 15:00-18:00 |
| Wednesday, 17th July 2019 | 07:45-19:00 |
| Thursday, 18th July 2019 | 07:45-18:15 |

Scientific Support Office
This is located in Room O7

Services for the disabled
The CityCube is an accessible building and all the rooms at the Congress centre cater for participants with disabilities. However, if you experience difficulty in accessing any of the rooms or using any of the facilities then please inform the staff at the registration desk or one of the stewards and they will assist.

Smoking
Smoking is strictly prohibited in the Congress venue by law.

Tourist Information
Berlin is full of museums, galleries, theatres, architecture and hundreds of other points of interests. Tourist information will be available in your hotel but we have also included a city map with your registration pack and there will be a tourist information desk in Hall B of the Congress centre to help you make the most of your visit to Berlin.
General Procedures:

Timing of Sessions
In order to keep the sessions (symposia etc.) running according to schedule and allow questions from the audience it is very important to keep the presentations within the allotted time. Stopping a speaker from completing a presentation can be very embarrassing for everybody concerned and hopefully will not be necessary if everyone respects this requirement.

Speakers will have received information about their allotted speaking time, but if not please contact the convenor of your session to find this out or else consult this final programme. A more detailed version of these instructions is available on the WCBCT2019 website.

Presentation Material
Please note that only digital material will be accepted for oral presentations. Speakers may have submitted their presentation material online prior to the congress, however, presenters are also able to upload their presentation on-site at the Preview Centre in Hall B. The presentations will be transferred to the session rooms electronically. The material remains the property of the speakers.

Please note that the use of own laptops/notebooks and presentation equipment is not allowed for Symposia and Open Paper presentations.

Speakers are reminded to check in at the preview centre’s welcome desk at least 90 minutes prior to their scheduled presentation, even if they have already uploaded their presentation prior to the meeting.

Technical Specifications
Detailed information regarding what is permissible with regard to media, types of formats etc. have been circulated to all convenors, open paper presenters etc. and are available on the WCBCT2019 website.

On-site presentation upload procedure
- Check in at the preview centre’s welcome desk to receive your login details
- Log on to an available computer and upload your presentation
- Presentations can be checked and edited onsite

Presentation
1. Arrive in the room with sufficient time before the session (at least 5 minutes beforehand). Introduce yourself to the chairperson and to the room assistant. Make the chairperson familiar with the pronunciation of your name and institution.
2. If time permits questions from the audience will be possible at the end of the presentation. The chairperson may ask you in advance for a specific topic that you would like to address to complement your presentation, in case there are no questions from the audience.
3. When the previous presentation is over, and before the chairperson calls you, approach the room assistant who will help you set up in rooms that provide microphones.
4. Strictly follow the instructions of the chairperson(s), especially with regards to the time allotted for your talk e.g. time signals from the chairperson i.e. 5 and 2 minutes to go cards.
5. Speak directly into the microphone in a normal voice and do not touch the microphone.
6. It is recommended to use the mouse as a pointer, and to follow the arrow on the monitor in front of you.

To reach the CityCube take the S-Bahn train towards ‘Spandau’. Leave the train at the ‘Messe Süd (Eichkamp)’ station which is approximately one minute by foot away from CityCube. To check the timetable of the public transportation in Berlin and more information please visit www.bvg.de/en. There is a free “FahrInfo Plus” app (Android or iOS (Apple)) which allows you to use your mobile phone as a ticket and find out about connections or save favourite routes and call them up at the tap of a finger.
If it is your first time attending a World Congress, you may feel a little overwhelmed by the scientific programme. To make it easier for you to navigate the different events and decide which presentations to attend, we have prepared this short guide.

The World Congress consists of a full day of pre-congress workshops, and then a three-day programme including invited addresses, symposia, panel debates and roundtables, in-congress workshops, skills classes, technical demonstrations, open paper sessions, and poster presentations.

**Streams**. The World Congress scientific programme is organised into 18 streams, which represent broad areas within CBT, such as Adult Anxiety, Children and Adolescents etc., plus a separate German Language stream. To help you better plan your use of time, all presentations are colour coded by stream within the scientific programme. Where possible, presentations within a stream have been scheduled at different times to allow delegates interested in a specific area to attend many or all of the relevant stream presentations.

... ‘But how do I decide what to attend?’...

If you are interested in the latest research in a specific stream, then posters, symposia and keynotes are likely to be of particular interest to you. However, if you wish to broaden or update your skills base then Workshops, Skills Classes and Panel Debates are likely to be more appropriate. Alternatively, if you are skilled in one specific area in CBT, you may want to go to something completely outside their area of competence. Finally, many delegates prefer to stay with what is relevant to their current practice in order to top up their skills and knowledge and get the latest ideas.

Symposia, open paper sessions, and poster presentations can be really useful for networking and meeting people working in similar fields... especially in the coffee breaks! Alternatively, you may prefer to attend events by well-known presenters who you have never had a chance to hear, in which case you will find the Invited Addresses and perhaps the Panel Debates and Clinical Roundtables most interesting.

In addition to all of this, there is a full exhibition including stalls from book publishers, relevant companies, and international CBT organisations, as well as special interest group meetings, and of course the social programme, all of which carry more opportunities for new learning and networking!

You will probably get the most out of the World Congress if you take half an hour or so at the start to sit quietly with the scientific programme in order to go through it carefully and then plan your own individual itinerary/schedule.

We hope this is helpful, please do ask any of the organisers if you have any questions during the World Congress, and above all, enjoy!

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**Beginner’s Guide to WCBCT2019**

**What exactly are the different types of presentations at the World Congress?**

**Pre-Congress Workshops**. These are whole day events focused on both skills and theory. They are scheduled on the day before the World Congress. A separate registration fee applies to these workshops and they must be booked in advance.

**Invited Addresses (IA)**. IA speakers are typically clinical researchers who are well-known nationally or internationally. These addresses usually attract large audiences, and last approximately one hour, including, if possible, time for questions. The IA typically cover current research and clinical issues of both theoretical and clinical relevance, as well as touching on the World Congress themes. The IA are scheduled after the symposia sessions, at both noon and the late afternoon, and generally there will be five or six English Language parallel IA on different topics.

**Symposia**. These are organised collections of talks, perhaps 4 or 5, focusing on a specific topic or subject area. Some papers can be very data-focused, centred on new studies and trials and their outcomes. Others are more applied, looking at service or skills-related subjects. Speakers may range from presenters at an early stage in their careers presenting their own work, to leaders in the world of CBT. Symposia often include a discussion at the end where time is allowed for audience participation. Some symposia have been put together by a convenor listed in the programme, whereas others are designated ‘Open Paper’ symposia, meaning that the individual speakers have independently submitted talks that the scientific committee have then grouped together to form a coherent symposium addressing a specific area of interest.

**Panel Discussions**. These are sessions, typically one hour in length, where speakers are encouraged to present their points of view and debate a topic with each other, and actively with the audience. These are generally 4 or 5 speakers, and often these events feature nationally or internationally recognised researchers or clinicians.

**Clinical Roundtables**. These are events where clinicians discuss how they would approach treating a specific case, for example, treatment-resistant depression, these involve well-known clinicians, and audience involvement is encouraged.

**Posters**. The content of a poster can range from research studies and service evaluations to clinical case reports. There are three poster sessions per day, each of which is themed to include contributions from one or more of the World Congress streams. The sessions last 2½ hours and you are free to walk around and interact with the presenters, who will usually be present by their poster to discuss their poster in more detail, answer any questions, and offer handouts or take contact details for further communication. You should plan your attendance carefully for the poster session(s) that interest you, as the posters are removed promptly at the end of each session.

**In-Congress Workshops (ICW)**. These are half-day (3 hour) events focused on both skills and theory. They are scheduled throughout the World Congress scientific programme. Details are listed on both the World Congress website and a separate brochure included in the delegate pack. A separate registration fee applies to ICW, and delegates can register either in advance of the World Congress, or alternatively on-site.

**Skills Classes (SC)**. These are opportunities to learn a particular applied skill. SC focus on a specific clinical or research skill or therapeutic approach. Focusing on such varied topics as using virtual reality to treat paranoid psychosis to how to develop and apply single-case design methods in clinical research. A well-known clinician typically leads them and depending on the topic involved these may be more or less didactic or interactive, but there will often be opportunity for delegates to ask questions and interact with the presenter. Please note, that as SC are free to attend to all registered delegates, they generally can get full quite quickly, and therefore for safety reasons become closed when the maximum capacity of the room is reached.

**Technical Demonstrations**. These are comparatively short demonstrations that last up to one hour and present specific technology or equipment and its application to CBT. Technical demonstrations can include the presentation of both hardware and software, as well as research and clinical data, in a flexible yet focused manner. Presenters can have a commercial interest in the technology presented, although any commercial organisation involvement of the presenter should be identified in the description of the presentation. Technical demonstrations will run during the lunch period of the main World Congress programme.

As a final point, by bringing so many people in the world of CBT together in one place, the World Congress offers a great opportunity to meet people with similar interests, some of whom you may have heard of but never met, and some of whose work you may encounter for the very first time at the conference. If you hear someone give a talk or present a poster that you find particularly interesting, you vaguely recognise their name from somewhere, or you simply find yourself standing next to someone in the queue for coffee, don't be afraid to introduce yourself and ask them about their own work and interests, or perhaps what they've found particularly interesting at the congress so far. Most people love talking about their work and interests, whether research or in clinical practice, and will be very happy to chat for a few minutes or even longer. Meeting people in this way can be one of the great pleasures of such a congress, so please do make the most of this opportunity.
We are using the Hall B in the CityCube as our Exhibition area and this will be a very important part of the Congress. It is the place where delegates can visit the exhibition stands, the WCCBT associations, enjoy the refreshment and lunch breaks and mingle. The Exhibition Hall will also be the venue for the 9 poster sessions that will run throughout the Congress.

We would like to acknowledge our thanks to all the companies and organisations who have supported the Congress with their Exhibition stands in the Hall and their sponsorship of the Congress.

| Social Programme |

Congresses organised by the European Association for Behavioural and Cognitive Therapy are well known not only for the quality of the scientific programme but also for the opportunity provided by the social programme for delegates to meet, socialise and enjoy themselves. The World Congress programme in Berlin is designed to ensure that there will be plenty of opportunity to meet people from across the world in a relaxed and informal setting. Whether this is wining and dining together, dancing and partying into the earlier hours or just in a relaxed conversation at the end of a busy day we know that Berlin will help forge new friendships and contacts between delegates from all corners of the globe.

Berlin is famous for its culture, its food and its energy so there will plenty for delegates to explore and experience in the city during, before and after the congress. However, we do hope that you will take advantage of the social programme we have put together for the congress.

17th July | Opening Reception | 19.30 – 21.00
Exhibition Hall at CityCube
Following the Opening Addresses and official Welcome in Hall 8 delegates can join the Organisers of the congress for a welcoming drink and canapés in the Exhibition Hall on Level 2 to celebrate the start of the 9th World Congress. There is no charge for this event and all delegates and their accompanying persons are welcome.

18th July | International Congress Party | 21.00 – Late
Congress Party and BBQ
Beergarden Zollpackhof
Join WCBCT2019 delegates for an evening of music and dance in the best Beergarden in Berlin. We have exclusive use of the Zollpackhof Beergarden, located in the heart of Berlin opposite the German Parliament, from 20.00 to midnight. A voucher is included in your registration pack if you have pre-booked for this event and this will be needed for admission. A few tickets will also be on sale at the registration desk but since there is a limited capacity in the Beergarden then you are advised to book soon to avoid disappointment. The admission price is €50 and includes the BBQ, drinks from the bar (beer, wine and soft drinks) and the music.

Come and experience the LOUNGE SOCIETY, an internationally experienced band from Berlin playing live with a repertoire specially chosen for WCBCT2019. Don’t forget your dancing shoes!

Enjoy the Social Programme at the Congress
Eighteen full day workshops and thirteen half day workshops have been organised and will be held on Wednesday 17th July. Delegates will have booked in advance for these workshops. Delegates attending the workshops will have received a separate badge with their name and the number of the workshop they are attending when they register for the Congress. This must be visible during the workshop in order to gain admission. All the workshops will be held in the CityCube.

The full day workshops and the morning half day workshops will start at 9.00 am. The afternoon workshops will start at 13.30. Refreshments mid-morning and afternoon, and a light lunch, are included in the cost of the workshop. Delegates will receive the materials for their workshop on arrival at the workshop room or will have been sent them in advance. Delegates can only attend the workshop that they have pre-registered for and cannot change workshops since many are already full. Certificates of attendance for the individual workshops will be sent by email to delegates at the end of the workshop.

**Half Day Workshops**

**Workshop 17** Cognitive Behaviour Therapy for Body Dysmorphic Disorder  
**Room M7**

**Workshop 18** Optimizing Treatment for Somatic Symptoms in Psychopathology  
**Room R6**

**Workshop 19** Cognitive Behaviour Therapy for Refugees  
**Room R4**

**Workshop 20** Integrating Couple-based Approaches in Behaviour Therapy for Children  
**Room R7**

**Workshop 21** CBASP: Wo KVT, Psychoanalyse und interpersonelle Ansätze sich kreuzen  
**Room M6**

**Workshop 22** Ein Gruppentraining für Mütter mit Borderline-Störung  
**Room S1**

**Workshop 24** Brief Integrated Motivational Intervention for Alcohol and Cannabis Use  
**Room S1**

**Workshop 25** Inhibitory Learning and Regulation during Exposure Therapy  
**Room M6**

**Workshop 26** Cognitive Behavior Therapy for People with Irritable Bowel Syndrome  
**Room R4**

**Workshop 27** A Cognitive Behavioural Systems Approach to Sexual and Couple Problems  
**Room R6**

**Workshop 28** Offen und Engagiert: der Beitrag von ACT  
**Room M7**

**Workshop 29** Behandlung von Trennungskummer und Phobien im Kindesalter  
**Room S2**

**Workshop 30** Therapie der PTBS: Cognitive Restructuring and Imagery Modification  
**Room R7**
Invited Addresses
Symposia
Skills Classes
Round Tables & Panels
In-Congress Workshops
Poster Sessions

“At A Glance”

Thursday 18th July (AM)

At A Glance

LEVEL 1 LECTURE THEATRES

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<tr>
<th>Room A1</th>
<th>Symposium 1 Mindfulness for Psychosis</th>
<th>Symposium 24</th>
<th>Invited Addresses 1 Paula Schuur, USA</th>
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<tbody>
<tr>
<td>Room A2</td>
<td>Symposium 2 Predicting Treatment Response for Mental Disorders</td>
<td>Symposium 25 Innovative CBT Approaches in Somatic Conditions</td>
<td>Invited Addresses 2 Omar van den Berg, Belgium</td>
</tr>
<tr>
<td>Room A3</td>
<td>Symposium 3 New Developments in ACT</td>
<td>Symposium 26 Personalizing Psychological Treatments</td>
<td>Invited Addresses 3 Carolin Weber-Strahan, USA</td>
</tr>
<tr>
<td>Room A4</td>
<td>Symposium 4 The Treatment of Disorders with Obesity and Binge Eating</td>
<td>Symposium 27 Transdiagnostic Group CBT for Anxiety Disorders</td>
<td>Invited Addresses 4 Andres Leeska, Spain</td>
</tr>
<tr>
<td>Room A5</td>
<td>Symposium 5 Transdiagnostic Approaches to Mental Health Problems in Children</td>
<td>Symposium 28 Transdiagnostic Quality of Life and Functioning</td>
<td>Invited Addresses 5 Thomas Ehring, Germany</td>
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<tr>
<td>Room A7</td>
<td>Symposium 6 Relapse Prevention in Depression</td>
<td>Symposium 29 New Directions in Wellbeing Therapy</td>
<td>Invited Addresses 7 Richard Barnett, UK</td>
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<tr>
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<th>Symposium 7 The Administration and Dissemination of CBT for OCD</th>
<th>Symposium 27 Recurrence and Chronicity of Depression and Anxiety Disorders</th>
<th>Technical Demonstration 1 CBT Augmented with Virtual Reality Exposure Therapy for Social Anxiety Disorder</th>
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<tr>
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<td>Symposium 8 The Treatment of Depression, Mania and Insomnia</td>
<td>Symposium 28 Parent Management Training for Youth with Oppositional Defiant Disorder</td>
<td>Technical Demonstration 2 Automated Virtual Reality Cognitive Intervention for Treating Fear of Heights</td>
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<td>Room M3</td>
<td>Symposium 9 Transdiagnostic CBT for Substance Use</td>
<td>Symposium 29 Parent Management Training for Youth with Oppositional Defiant Disorder</td>
<td>Technical Demonstration 3 Digital Assessments and Machine Learning for Optimal Treatment Plans</td>
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<tr>
<td>Room M4</td>
<td>Symposium 10 Attention Bias Modification in Pediatric Anxiety</td>
<td>Symposium 30 Understanding Body Dysmorphic Disorder</td>
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<tr>
<td>Room M5</td>
<td>Symposium 11 Does Attentional Bias Modification Matter?</td>
<td>Symposium 31 Perfectionism as a Transdiagnostic Process</td>
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<td>Symposium 12 Emotional Regulation in Childhood Anxiety Disorder</td>
<td>Symposium 32 The Role of Flexibility in Identifying and Treating Psychopathology</td>
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<tr>
<td>Room M7</td>
<td>Symposium 13 Inferential Cortical as a Transdiagnostic Process</td>
<td>Symposium 33 New Developments in Trauma Therapy</td>
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<tr>
<td>Room M8</td>
<td>Symposium 14 New Developments in Schema Therapy 1</td>
<td>Symposium 34 New Developments in Schema Therapy 2</td>
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LEVEL 2

| Room R1 | Symposium 15 Cognitive Control and Emotion Regulation in Psychopathology | Symposium 35 The Role of Flexibility in Improving Parental Behavior | — |
| Room R2 | Symposium 16 The Treatment of Specific Phobia in Children | Symposium 36 New Developments in Trauma Therapy | — |
| Room R3 | Symposium 17 Advances in CBT for Perfectionism | Symposium 37 Advances in CBT for Perfectionism | — |
| Room R4 | Symposium 18 Ankle Fracture as a Transdiagnostic Process | Symposium 38 Advances in CBT for Perfectionism | — |
| Room R5 | Symposium 19 Internet-delivered Interventions over the Wristwrist to the Wristwrist | Symposium 39 Advances in CBT for Perfectionism | — |

8.30 – 10.00
10.30 – 12.00
12.00 – 13.00

### Thursday 18th July (AM)

#### At A Glance

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<th>Room R11</th>
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<tr>
<td>12.00 – 13.00</td>
<td>Open Papers 7: New Developments in Online Interventions</td>
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#### Level 2

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>9.00 – 11.30</td>
<td>Poster Session 1: Anxiety</td>
</tr>
<tr>
<td>12.00 – 14.30</td>
<td>Poster Session 2: Addictions</td>
</tr>
<tr>
<td>12.00 – 14.30</td>
<td>Poster Session 2: Eating Disorders</td>
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### Thursday 18th July (PM)

#### At A Glance

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<th>Hall A6</th>
<th>Hall A7</th>
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<th>Hall A9</th>
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<td>Poster Session 2: Eating Disorders</td>
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**Legend:**
- Depression
- Anxiety
- Basic Processes/Experimental Psychopathology
- Behavioral Medicine
- Psychosis & Bipolar Disorders
- Obsessive States
- Old Age/Neurodevelopmental Disorders
- Children & Adolescents
- Cross-Cultural Issues
- Trauma
- Intellectual & Developmental Disabilities
- New Developments
- Personality Disorders
- Family, Relationship, & Sexual Issues
- Therapeutic Processes
- Training & Supervision
- German Language
- Autism Spectrum Disorders
- OCD
- Depression
- PTSD
- ADHD
Thursday 18th July (PM)

At A Glance

**14.00 – 15.00**
- Level 3
  - Room R6: Open Papers 8
  - Room R7: In-Congress Workshop 7: Efficacy and Prediction Factors of Schema Therapy
  - Room R8: In-Congress Workshop 9: Increasing Expertise as a CBT Supervisor
  - Room R9: In-Congress Workshop 11: Internet- und mobilbasierte Versorgungskonzepte in der Praxis
  - Room R10: Symposium 57: Depression
  - Room R11: In-Congress Workshop 8: A Resilience Universal Program to Prevent Psychopathology
  - Room R12: In-Congress Workshop 10: Integrative CBT for Bipolar Disorder
  - Room R13: In-Congress Workshop 11: Internet- und mobilbasierte Versorgungskonzepte in der Praxis
  - Room R14: Symposium 58: Cultural Influences in the Treatment of Anxiety Disorders
  - Room R15: Symposium 59: Emotion and Cognition in Disordered Eating
  - Room R16: Symposium 60: Developing CBT in China
  - Room R17: Symposium 72: Improving Mental Health Treatment for Older Adults

**15.00 – 17.30**
- Level 2
  - Hall B
  - Poster Session 3: Depression

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**Friday 19th July**
**Friday 19th July (PM)**

**At A Glance**

### Level 1 Lecture Theatres

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<tr>
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<tbody>
<tr>
<td>14.00 – 15.00</td>
<td>Room M1</td>
<td>In-Congress Workshop 21: A Cognitive-Behavioral Approach to Weight Loss and Maintenance by Judith S. Beck, Beck Institute for Cognitive Behavior Therapy, USA</td>
</tr>
<tr>
<td>15.30 – 17.00</td>
<td>Room M2</td>
<td>Symposium 111: Schemas and the Role of Mentalizing in Eating Disorders by Mats A. Beck, University of Gothenburg, Sweden</td>
</tr>
<tr>
<td>15.00 – 16.00</td>
<td>Room M3</td>
<td>Symposium 112: The Role of Cognitive Models in Satiety by Carla Mazefsky, University of Illinois</td>
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<td>15.00 – 16.00</td>
<td>Room M4</td>
<td>Symposium 113: Why Are Some Therapists More Effective than Others? by Richard H. Pollack, University of California, San Francisco</td>
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<td>15.30 – 17.00</td>
<td>Room M5</td>
<td>Symposium 114: Implementing Effective Interventions in Mental Health Services by Phillip C. Shanks, Chair, Board of Directors, National Alliance for Research on Schizophrenia and Depression</td>
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<td>Room M6</td>
<td>Symposium 115: Cognitive-Behavioral Supervision around the World by Andrew Beck, University of Leipzig, Germany</td>
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<td>Symposium 116: Cognitive-Behavioral Hypnosis and Therapy by Andrew Beck, University of Leipzig, Germany</td>
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<td>Symposium 117: The Role of Visceral Afferents in Eating Disorders by Andrew Beck, University of Leipzig, Germany</td>
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<td>Room B1</td>
<td>Symposium 130: Developmental Disabilities by Andrew Beck, University of Leipzig, Germany</td>
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<td>Symposium 131: Intellectual &amp; Developmental Disabilities by Andrew Beck, University of Leipzig, Germany</td>
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<td>Symposium 132: New Developments by Andrew Beck, University of Leipzig, Germany</td>
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<td>Room B4</td>
<td>Symposium 133: Personality Disorders by Andrew Beck, University of Leipzig, Germany</td>
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## Saturday 20th July

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<td>Symposium 142</td>
<td>Symposium 143</td>
<td>Symposium 144</td>
<td>Symposium 145</td>
<td>Symposia 146</td>
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<td></td>
<td>Students’ Perspectives of Change in Transdiagnostic Treatments</td>
<td>Implementing Clinical Behavioural Therapy in Routine Clinical Practice</td>
<td>New Directions in the Alliance Literature</td>
<td>Cross-cultural Issues in Applying CBT in Asian Countries</td>
<td>CBT and Childhood Anxiety</td>
<td>Positive Cognitive Behavioural Therapy</td>
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<tr>
<td>10.30 – 12.00</td>
<td>Symposium 161</td>
<td>Symposium 158</td>
<td>Symposium 159</td>
<td>Symposium 163</td>
<td>Symposium 162</td>
<td>Symposium 164</td>
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<td>What Can Be Learned from Challenging OCD Presentations</td>
<td>Pharmacological Enhancement of Psychological Treatments</td>
<td>Are Negative Effects a Feasible Part of Psychotherapy</td>
<td>The Effectiveness of Contemporary CBT and IPT for Depression</td>
<td>Exposure-based Treatments for High Psychopathology</td>
<td>Parenting and Transdiagnostic Approaches to Child Conduct Problems</td>
<td>CBET for Children with Externalising Behaviour Problems</td>
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<td>12.00 – 13.00</td>
<td>Invited Address 34</td>
<td>Invited Address 31</td>
<td>Invited Address 32</td>
<td>Invited Address 30</td>
<td>Invited Address 33</td>
<td>Symposia 158</td>
<td>Symposia 166</td>
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<td>Kelly Bernt Vihusk, USA</td>
<td>Stefan G. Hofmann, USA</td>
<td>Jennie Hudson, Australia</td>
<td>David M. Clark, UK</td>
<td>David M. Clark, UK</td>
<td>The Effects of Neuromodulation on the Extinction of Fear</td>
<td>The Benefits of Nutrition and Physical Activity for Individuals with OCD</td>
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<tr>
<td>8.30 – 10.00</td>
<td>Symposium 147</td>
<td>Symposium 148</td>
<td>Symposium 150</td>
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<td>10.30 – 12.00</td>
<td>Symposium 166</td>
<td>Symposium 167</td>
<td>Symposium 168</td>
<td>Symposium 169</td>
<td>Symposium 162</td>
<td>Symposium 161</td>
<td>Symposium 163</td>
<td>Symposium 164</td>
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<td>The Effects of Neuromodulation on the Extinction of Fear</td>
<td>Non-Suicidal Self-Injury in Eating Disorders and Obesity</td>
<td>Memory Therapeutics</td>
<td>Mental Imagery-based Interventions</td>
<td>Exposure-based Treatments for High Psychopathology</td>
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<td>Bullying and Conduct Problems</td>
<td>Annotation and the Medicine of the Mind</td>
<td>Memory Therapeutics</td>
<td>(Meta)Cognitive Mechanisms and Treatment</td>
<td>Neural and Biological Mechanisms</td>
<td>Assessment and Treatment of Cognitive Processes in Anxiety</td>
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<tr>
<td>10.30 – 12.00</td>
<td>Open Papers 26</td>
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<td>Symposium 156</td>
<td>In-Congress Workshop 27</td>
<td>In-Congress Workshop 28</td>
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<td>Positive Emotions and Interventions</td>
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<td>Memory Therapeutics</td>
<td>Compassion-Focused and Vulnerability Training for Gender and Sexual Minority Clients</td>
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<tr>
<td>12.00 – 13.00</td>
<td>Invited Address 35</td>
<td></td>
<td>Symposium 157</td>
<td>Matthew Skinta, USA</td>
<td>Laura Pass &amp; Shirley Reynolds, UK</td>
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<td>David M. Clark, UK</td>
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<td>Anxiety and CBT</td>
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### Saturday 20th July (AM)

#### At A Glance

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<tr>
<td>8.30 – 10.00</td>
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<td>Room R8</td>
<td>Open Papers 27: Understanding and Treating Anxiety in Children</td>
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<td>Skills Class 25: How to Get Up and Running with CBT Training and Supervision</td>
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<td>Room R11</td>
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<td>LEVEL 2</td>
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<td>In-Congress Workshop 31: Schema Therapy for Patients with Obsessive States</td>
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### Saturday 20th July (PM)

#### At A Glance

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<td>Symposium 173: Treatment of Intrusions and Intrusive-like Phenomena</td>
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<td>Room M4</td>
<td>Symposium 177: Developments in Parenting Interventions for Parents of Adolescents</td>
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<td>Room M5</td>
<td>Symposium 178: Developments in CBT for Children and Adolescents</td>
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<td>Room M6</td>
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<td>Symposium 180: Multiple Loss and Persistent Complex Bereavement Disorder</td>
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<td>Symposium 181: Assessment and Modification of Cognitive Processes in Trauma</td>
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<td>LEVEL 3</td>
<td>Room R2</td>
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<td>Room R3</td>
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<td>Room R5</td>
<td>Open Papers 29: Trajectories in Psychosis &amp; Bipolar Disorders</td>
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#### LEVEL 1 LECTURE THEATRES

- **Hall A1**: Treatment of Intrusions and Intrusive-like Phenomena
- **Hall A2**: Depression-Linked Disinhibitions in Emotional Memory
- **Hall A3**: Interventions Targeting Positive Mental Health in Treatment Against Depression
- **Hall A4**: Panel Discussion 15: Sustaining ‘Nurturing’ CBT in Community Settings
- **Hall A5**: Developing a Cognitive Understanding and Novel Interventions for Grief

#### LEVEL 3

- **Room M1**: Psychological Therapies on Acute Mental Health Wards
- **Room M2**: Recent Advances in CBT for Underserved Populations
- **Room M3**: Sexual Orientation, Gender Identity Experiences (QIC & PWS)
- **Room M4**: Developments in Parenting Interventions for Parents of Adolescents
- **Room M5**: Developments in CBT for Children and Adolescents
- **Room M6**: Advances in the Etiology and Treatment of Tourette Disorder
- **Room M7**: Multiple Loss and Persistent Complex Bereavement Disorder
- **Room M8**: Assessment and Modification of Cognitive Processes in Trauma

#### LEVEL 2

- **Room R2**: Neurobiological and Personality of Buying-Shopping Disorder
- **Room R3**: Cognitive Bias Training in Anxiety
- **Room R4**: How to Undo Treatment when CBT Becomes Ritualized in OCD
- **Room R5**: Training and Supervision
Saturday 20th July (PM)

At A Glance

**LEVEL 3**

**Room R6**
- Open Papers 31
  - Emotion Regulation and Psychopathology

**Room R7**
- Skills Class 32
  - Family-based Healthy Weight Coaching

**Room R8**
- Skills Class 33
  - Bindungsorientierte Verhaltenstherapie

**Room R9**
- In-Congress Workshop 35
  - Culturally Adapting CBT for Diverse Populations
    - Wei-Chin Hwang, USA

**Room R10**
- In-Congress Workshop 36
  - Emotion Regulation Skill Development
    - Kate Hall, Australia

**Room R11**
- In-Congress Workshop 37
  - Repairing Attachment-related Ruptures as a Tool to Treat Depressed and Suicidal Children and Adolescents
    - Guy Bosmans, Belgium

**Room R12**
- Symposium 184
  - Aktuelle KVT

**Room R13**
- In-Congress Workshop 38
  - Conceptualising and Treating High-Risk and Complexity
    - Michaela Swales, UK

**LEVEL 2**

**Hall B**
- Poster Session 9
  - Obsessive States

- Poster Session 9
  - Psychosis and Bipolar Disorders

**17.15 – 17.45**

CLOSING CEREMONY

Level 1 – Room A8

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Through bringing together brilliant people, processes and unique technology, Ieso is changing the future of CBT by learning what really works. Visit our stand to find out more.
ESP is a biannual, peer-reviewed, multidisciplinary Journal which aspires to serve the gradually increasing voices for more rational, effective and evidence-based practices in various mental health fields (e.g., psychotherapy, counseling, coaching) and allied sciences (e.g., psychiatry, applied psychology, education, social work).

Distinctive features of ESP:

- Various types of articles (e.g., empirical articles, meta-analyses, reviews, monographs)
- International Editorial/Advisory/Review Boards
- Ad hoc reviewers
- Trainee-reviewer function
- "Rational Reflection" section: Emphasis on research applications
- "Tech Point" section: Mental Health and New Technologies
- "Effectiveness in Practice" section: e.g., transcripts from practice, constructive debates, self-help materials, interviews

Technology Editor: Tuilio Scrima (MD, PhD, CBT)
Associate Professor, University of Catania, Italy

Managing Editor: Nikolaeta Gikas (PhD)
Administration and Public Relations, "Armos" Publications, Greece

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Rome, 18th-21st June 2020
ANGELICUM, the Pontifical University of Saint Thomas Aquinas

INVITED SPEAKERS

Arnoud Arntz (Netherlands)
Schockave Therapy for Cluster C Personality Disorders

Judith S. Beck (USA)
A Cognitive Behavioral Approach to Weight Loss and Maintenance

Janina Fisher (USA)
Working with the Neurobiological Legacy: Developing Resources for a Life After Trauma

Paul Gilbert (UK)
Exposure, Attachment and Compassion Focused Therapy

Steven C. Hayes (USA)
Phenomenological Cognitive Behavioral Therapy

Robert L. Leahy (USA)
Emotive Schema Therapy for Difficult Emotions

Lynn McFarr (USA)
Cognitive Behavioral Therapy for Chronic Depression

Melmeter Sengur (Turkey)
Cognitive Behavioral Systems Approach to Couple Problems

Adrian Wells (UK)
Meta-cognitive Therapy for Obsessive-Compulsive Disorder

Presidents
Antonella Montano — A.T. Beck Institute for Cognitive-Behavioral Therapy, Rome
Gabriele Melli — IPSICO - Institute for Behavioural and Cognitive Psychology and Psychotherapy, Florence
Chair, Scientific Committee
Paolo Moderate — IULM University, Milan

www.iccp2020.com
NEUROSCIENCE-BASED COGNITIVE THERAPY
Integrating Applied Psychophysiology and Biofeedback into Cognitive Therapy
An international Workshop, to be held by appointment in Catania (Sicily) many times every year

Leader: Prof. Tullio Scrimalli MD and PhD

Official language: English

Neuroscience constitutes one of the most important components among the contemporary scientific background. This workshop is focused on demonstrating and treating important topics concerning how some recent developments of neuroscience can be today used in order to better the intervention when carrying out cognitive therapy with patients affected by different mental disorders. During the workshop, one new method, coming from Neuroscience Laboratories, that can be easily integrated into the clinic setting of cognitive therapy, will be illustrated. This is Quantitative Electrodermal Activity (QEDA), which is applied using a MinilAB Set, an original device, developed and patented by Professor Scrimalli. Such a parameter can be easily monitored in a clinical setting thanks to the advanced hardware and software included in MinilAB Set. Basic information will be given on how to use such new methods when treating patients affected by mental disorders with cognitive therapy. In particular, some data about mood, anxiety and eating disorders, different kinds of addiction, schizophrenia and mania will be illustrated. Detailed information will be given about EDA-Biofeedback, a new method of self-regulation that Tullio Scrimalli developed and experimented for many years as a powerful adjunct to Cognitive Therapy. The new tool, called MinilAB Set, developed by Tullio Scrimalli and disseminated by Psychotech (www.psychotech.it), will be carefully explained. It is composed of hardware able to monitor electrodermal exosomatic activity and must be used together with a computer. Specific and original software, called MindsSCAN and Psychofeedback, developed by Tullio Scrimalli, will be fully illustrated. It can be used both when assessing the patient and during treatment. It allows the cognitive therapist to realize new, interesting methods of self-regulation such as Biofeedback and Biofeedback Based Mindfulness.

During the workshop, some MinilAB Sets will be used and some practical trials, both in the field of assessment and self-regulation, will be carried out with the help of some members of the audience. Some indications for buying inexpensive devices for clinical psychophysiology, when back to your country, will be given.

The workshop leader, Professor Tullio Scrimalli MD and PhD
Psychiatrist, Psychotherapist and Clinical Neurscologist (www.tullioscramili.it), he teaches at the University of Catania and at ALETEIA International, European School of Cognitive Therapy School, of which he is the founder and the director. He has been in 1990 the first Chair of “Cognitive Psychotherapy” in an Italian University (Catania).
Professor of Clinical Psychology, University of Catania, Italy
Professor of Psychotherapy, Resident School of Psychology, University of Catania
Head, ALETEIA International, European School of Cognitive Therapy, Enna, Italy (www.aleteiainternational.it)
Director, Centro Clinico ALETEIA, Enna, Catania and Palermo, Italy (www.clinicoaleteia.it)
Visiting Professor at the Boston University, School of Social Work
Chairing Professor at Asia University, Taichung, Taiwan
Founding Fellow and Cognitive Therapy Certified Trainer Consultant of the Academy of Cognitive Therapy (ACT)
Member of the International Association for Cognitive Psychotherapy (IACP)
Member of the European Association of Behavioural and Cognitive Therapy (EABCT)
Member of the Association for Applied Psychophysiology and Biofeedback (AAPB)
He has been carrying out and still carries research and didactics on cognitive and behavioural therapies in several countries of four continents. He organised and headed the first official training in cognitive psychotherapy held in Poland, and he supported the foundation of the Polish Association of CBT. He has been a Teacher in Egypt as member of the Faculty of the Egyptian Association for CBT. Tullio Scrimalli authored 182 scientific articles and several monographs. His most important books are:

Cognitive Therapy Toward a New Millennium.
New York: Springer Science + Business Media LLC, 2002

Entropy of Mind and Negative Entropy, a Cognitive and Complex Approach to Schizophrenia and its Therapy.


Textbook
Tullio Scrimalli
NEUROSCIENCE-BASED COGNITIVE THERAPY
New Methods for Assessment, Treatment and Self-regulation

Logistics and Agenda
Thursday: Arrival to Catania and meeting the ALETEIA Staff at Catania’s Belini International Airport.
Friday: One day workshop, first part - Evening: pizza dinner
Saturday: Organised visiting to Catania or Mountain Etna or Taormina or Syracuse (This program must be paid apert)
Sunday: Travel back home

Fee: Euro 400.00. This includes:

- Congress and workshop participation
- A reception service at the Catania airport at your arrival managed by the ALETEIA Staff and the transfer from Catania to the airport for departures
- A pizza dinner at ALETEIA Guest House
- Two coffee breaks and one lunch breaks during the workshop
- Some didactic materials in an electronic format. They are an E-book in PDF: Tullio Scrimalli (2011) Neuroscience and Psychotherapy – MinilAB Set, Multimodal Assessment and Self-Regulation. ALETEIA Publisher, Enna, 2011 and the PowerPoint presentation used during the workshop.

Additional opportunities
MinilAB Set - If interested, you can buy, during your stay, a MinilAB Set (www.psychotech.it) on a very attractive discount (you will pay just 400,00 Euro instead of 600,00). Therefore, when back home, you can immediately start to apply Neuroscience-Based Cognitive Therapy.

Guest House Accommodation - A simple but comfortable accommodation, for three days, can be provided at ALETEIA Guest House for just 100 Euro (breakfast not included).

Dates: The workshop can be organized and provided every month of any year, even though for a single participant. The dates can be set up according to the needs of the participants. Arrange your preferred date sending an email to: tsccrima@tin.it

Information: Dr. Nicoletta Lanza: tsccrima@tin.it or +390957127747
JEJU ISLAND:

UNESCO WORLD NATURAL HERITAGE AND ONE OF THE NEW 7 WONDERS

Jeju Island is the hub of Northeast Asia, connecting the continents and the ocean. Jeju island was recognized by UNESCO as a Biosphere Reserve, World Natural Heritage Site and Geopark. Jeju island is a volcano island, with Mt. Hallas (1950 meters) positioned at the center of the island with 358 other small volcanoes juxtapositioned with unique forest landscape. There are also gorgeous beaches, waterfalls, and 160 lava caves that you can visit spread across the island, providing a once in a lifetime travelling experience. The weather in June is usually very pleasant, and you will be able to enjoy the emerald sea, the sand shining in the sun, and the mild breeze of summer. Travelling to Jeju is very convenient, as there is a Visa Free Entry Policy for 180 countries.

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TAKE A HIKE ON THE OLLE TRAIL

Take a hike on the Olle Trail: The famous Olle Trail provides the most breathtaking views of the ocean and nature and unfolds the hidden gems of Jeju island. There are 21 hiking trails along the coast, that are all connected into a 425 kilometer trail.

WATCH THE SUN RISE ON SEOJOSAN ILCHULBONG

Seongsan Ilchulbong Peak was formed by a volcano eruption over 100,000 years ago, and is one of the most famous places in Korea to view the sun rise. At the peak, there is a crater which is shaped like a gigantic crown, and you can enjoy magnificent views of the ocean that you will not be able to see anywhere else in the world.

FIND YOUR INNER K-POP STAR AT PLAY K-POP

Do you want to meet a K-pop star? You can at the Jungmun Resort complex near ICC Jeju. At Play Kpop, you can participate in a hologram concert with famous K-pop starts that are more real than life.
Adapting CBT to culturally diverse environments

Megaron Athens International Conference Centre, Greece
2-5 September 2020

Auspices
Dept. of Medicine, School of Health Sciences
Dept. of Psychology, School of Philosophy
of the National and Kapodistrian University of Athens

Organized by the Greek Association for Behavioural Modification and Research
The CityCube Berlin | Halls 7 and 8

Opening Invited Addresses
17.30

Cognitive Behavior Therapy at the Crossroads: Where We Have Been, Where We Are and the Challenges We Need To Face

Sabine Wilhelm, Harvard Medical School, USA
Susan Bögels, University of Amsterdam, the Netherlands

Opening Ceremony
18.30

Welcome to Berlin: Sights and Sounds of the City
Sarah Egan, President, World Confederation of Cognitive and Behavior Therapies
Thomas Kalpakogloi, President, European Association of Behavior and Cognitive Therapies
Judith Schild, Board Member Deutsche Gesellschaft für Verhaltenstherapie
Thomas Heidenreich, Co-Chair Scientific Committee | Andreas Veith, Co-Congress Organiser

Opening Reception Hall B
19.30
Thursday 18th July

(8.30 – 10.00)

Symposium 1
Level 1 – Room A1
Mindfulness for Psychosis; Challenges and Developments in the Field
Convenor & Chair: Pamela Jacobsen, University of Bath, UK
08:30 Mindfulness for Psychosis: A Humanising Therapeutic Process
Paul Chadwick, University of Bath, UK
08:50 Is Mindfulness for Psychosis Harmful?
Pamela Jacobsen, University of Bath, UK
09:10 Group Mindfulness-Based Therapy for Persecutory Delusions: A Pilot Randomised Controlled Trial
Lyn Elliott, Royal Holloway, University of London, UK
09:30 Mindfulness for Psychosis; Challenges and Developments in the Field
Kerem Boige, Charité University Medicine Berlin, Germany

Symposium 2
Level 1 – Room A2
Predicting Treatment Response for Mental Disorders – Methods, Findings and Clinical Benefits
Convenor & Chair: Elisabeth Leehr, University of Münster, Germany
08:30 Predictors and Moderators of CBT Outcome in Depression
Martin Hautzinger, Eberhard-Karls-Universität Tübingen, Germany
08:45 AI Transparency - Guidelines for Building, Deploying and Managing Clinical Decision Support Systems at Scale
Ramona Leenings, University of Münster, Germany
09:00 From Mechanisms to Predictions: Theranostic Markers for CBT in Anxiety Disorders
Unke Lüken, Humboldt-Universität zu Berlin, Germany
09:15 Brain Signal Variability and Indices of Cellular Protection Predicts Social Anxiety Disorder Treatment Outcome
Kristoffer Månsson, Karolinska Institute, Sweden
09:30 Theranostic Markers for Personalized Therapy of Spider Phobia: Methods of a Bicentric External Cross-Validation Machine Learning Approach
Elisabeth Leehr, University of Münster, Germany

Symposium 3
Level 1 – Room A3
New Developments in Acceptance and Commitment Therapy: Effectiveness in Different Settings and Patient Groups
Convenor & Chair: Anne Katrin Risch, Friedrich-Schiller-University Jena, Germany
08:30 Helping Dementia Caregivers Deal with Guilt: Acceptance and Commitment Therapy in a Group Setting
María Marquez Gonzalez, Universidad Autónoma de Madrid, Spain
08:45 Telephone-Based ACT for Dementia Family Caregivers
Anne Katrin Risch, University of Jena, Germany
09:00 Transdiagnostic ACT for In- and Out-Patients
Andrew Gisler, University of Basel, Switzerland
09:15 Strengthen Towards-Moves in Hospital Treatments for Patients with Mental Disorders
Nina Romanczuk-Seiferth, Charité University Medicine Berlin, Germany
09:30 An Internet-based Acceptance and Commitment Therapy Intervention for Older Adults with Anxiety Complaints
Maartje Willcox, Leiden University, the Netherlands

Symposium 4
Level 1 – Room A4
Challenges in the Treatment of Youngsters with Obesity and Binge Eating
Convenor & Chair: Caroline Israel, Ghent University, Belgium
08:30 Training Enhancing of Children with Overweight in Parenting Skills: A Twelve-Month Evaluation
Elen Meers, Odisee University College, Belgium
08:45 Comorbidities in Severe Obese Youngsters: Towards Tailored-Made Programs?
Tanja Tanghe, Zeepventorium, Belgium
09:00 Researching the Predictors of Binge Eating with Fine Grained Ecological Momentary Assessment
Lotte Lennern, Maastricht University, the Netherlands
09:15 WELCOME: Improving Weight Control, and CO-Morbidities in Children with Obesity via Executive Function Training: The First Results of a Randomized Controlled Trial in an Inpatient Treatment Center
Tiffany Naets, Ghent University, Belgium
09:30 Discussant
Gern Minshall, Children’s Hospital at Westmead, Australia

Symposium 5
Level 1 – Room A5
Transdiagnostic Approaches to Mental Health Problems in Refugees
Convenor & Chair: Naser Morina, University of Zürich, Switzerland
08:30 Structural and Socio-Cultural Barriers to Accessing Mental Healthcare Among Syrian Refugees and Asylum Seekers in Switzerland
Naser Morina, University of Zürich, Switzerland
08:50 Acculturation, Traumatic Events and Depression in Female Refugees
Ulf Stenger, Goethe University, Germany
09:10 Problem Management Plus (PM+): Programme for Syrian Refugees in the Netherlands
Mark Sijbrandij, Vrije Universiteit Amsterdam, the Netherlands
09:30 The Impact of Refugees’ Mental Health on Parenting and Their Children’s Mental Health
Richard A., Bryant, University of New South Wales, Australia

Panel Discussion 1
Level 1 – Room A6
What Works for Whom, and Under which Relational Contexts? – Making Clinical Decisions at the Crossroads of Treatment and Relational Processes in the Cognitive Behavior Therapies
Convenor & Chair: Nikolaos Kazantzis, Monash University, Australia
Discussants:
Mehter Sungur, Istanbul Kent University, Turkey
Christine A. Padesky, Center for Cognitive Therapy, USA
Keith Dobson, University of Calgary, Canada
Lata McGinn, Yeshiva University, USA
Marcus Hubers, Vrije Universiteit, the Netherlands
Stefan Holtmann, Boston University, USA

Symposium 6
Level 1 – Room A7
Relapse Prevention in Depression with Cognitive Behavioral Interventions: At the Cross Roads Toward Sustainable Interventions
Convenor & Chair: Claudi Bockting, University of Amsterdam, the Netherlands
08:30 Tapering Antidepressants in Pregnant Women with Preventive Cognitive Therapy: An Ecological Momentary Assessment RCT
Markes Bouwer, University of Amsterdam, the Netherlands
08:45 Do Medications Interfere with CBT’s Enduring Effect?
Steve Hallon, Vanderbilt University, USA
09:00 Preventing Depressive Relapse Using Mindfulness-Based Cognitive Therapy: Do We Still Need Antidepressant Medication?
Markes Hubers, Radboud University Nijmegen, the Netherlands
09:15 Cognitive Control Training in Remitted Depressed Patients: A Randomized Controlled Trial
Ernst Koster, Ghent University, Belgium
09:30 Sustainable Effects of Psychological Interventions in Depression: The Effectiveness of Preventive Cognitive Therapy
Claudi Bockting, University of Amsterdam, the Netherlands
09:45 Discussant
Steve Hallon, Vanderbilt University, USA

Symposium 7
Level 3 – Room M1
Optimizing the Administration and Dissemination of Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder
Convenor & Chair: Noah Berman, College of the Holy Cross, USA
08:30 Enhancing Imaginal Exposure Administration for Patients with Taboo Obsessions: Role of Positive Effect
Noah Berman, College of the Holy Cross, USA
08:45 Findings from a Pilot Trial of Cognitive Therapy for Compulsive Checking
Adam Radomsky, Concordia University of Montreal, Canada
09:00 Disseminating Cognitive-Behavioral Therapy for OCD: Comparing in Person vs. Online Training Modalities
Ryan Jacoby, Massachusetts General Hospital and Harvard Medical School, USA
09:15 CBT in OCD Under Routine Care Conditions: How Many and Who Will Benefit?
Norbert Kauthmann, Humboldt University zu Berlin, Germany
09:30 Discussant
Rexexen Dar, Tel Aviv University, Israel
Symposium 8
Level 3 – Room M2
Resetting the Circadian Rhythm: Rapid Treatment of Depression, Mania and Insomnia
Convenor and Chair: David Veale, King’s College London and South London and Maudsley Trust, UK
08:30 Modifying the Impact of Eveningness Chronotype in Adolescence on Sleep, Circadian and Risk Outcomes
Allison Harvey, University of California at Berkeley, USA
08:50 Triple Chronotherapy: A Randomized Controlled Trial for the Rapid Treatment of Depression
David Veale, King’s College London and South London and Maudsley Trust, UK
09:10 Examining Predictors of Positive Response to Combined Chronotherapy Using Actigraphy and Daily Diaries: A Kinetic Model of the Relationship between Sleep and Morningness
Tone Henriksen, University of Bergen, Norway
09:30 Blocking Blue Light for Rapid Recovery from Manic Episode: Evidence and Practical Application
Stella Druven, University of Groningen, the Netherlands

Symposium 9
Level 3 – Room M3
Transcranial Magnetic Stimulation (TMS) for Substance Use
Convenor & Chair: Leanne Hides, University of Queensland, Australia
08:30 Studying Mechanisms of Behavior Change to Inform Precision Medicine for Alcohol Use Disorder
Eva Kemps, Flinders University, Australia
08:45 Rumination as a Transcranial Magnetic Stimulation Construct Across Substance Misuse, Deliberate Self-Harm and Binge/Purge Behaviours: A Qualitative Study of Vulnerable Young People
Leanne Hides, Deakin University, Australia
09:00 An Adjunctive Emotion Regulation and Impulse Control Intervention for Young People with Co-Existing Alcohol and Other Drug Use and Mental Health Problems
Kate Wirler, University of New Mexico, USA
09:15 Randomized Controlled Trial of Personality Risk-Targeted Coping Skills Training for Young People with Alcohol Related-Illnesses/Injuries
Leanne Hides, Deakin University, Australia
09:30 Cohort Analytic Trial for Strength-Based Wellbeing Recovery Program for Young People Accessing Residential Rehabilitation for Substance Use Disorders
Catherine Quinn, University of Queensland, Australia
09:45 Discussant
Amanda Baker, University of Newcastle, Australia

Symposium 10
Level 3 – Room M4
Recent Developments in Attention Biases and Attention Bias Modification in Pediatric Anxiety
Convenor & Chair: Jeremy Pettit, Florida International University, USA
08:30 Eye-Tracking of Attention to Threat in Child and Adolescent Anxiety: A Meta-Analytic Study
Jennifer Lau, King’s College London, UK
08:45 Attention Mechanisms and Socioemotional Functioning in Infancy: Taking a Person-Centered Approach
Koraly Perez-Edgar, Pennsylvania State University, USA
09:00 Gaze-Contingent Music Reward Therapy for Clinically Anxious 7-10 Year Olds: An Open Multiple Baseline Feasibility Study
Jeremy Pettit, Florida International University, USA
09:15 A Randomized Controlled Trial of Attention Bias Modification Treatment in Youth with Cognitive Behavior Therapy-Resistant Anxiety Disorders
Nader Ami, San Diego State University, USA
09:30 Discussant
Jennifer Hudson, Centre for Emotional Health, Macquarie University, Australia

Symposium 11
Level 3 – Room M5
Does Attentional Bias Modification (ABM) Matter? Evaluating the Effectiveness of ABM Interventions Across Psychopathologies
Convenor & Chair: Janika Heitmann, University of Groningen, the Netherlands
10:30 Attentional Bias Modification for Reducing Energy Drink Consumption
Eva Kemps, Flinders University, Australia
10:45 Attention Bias Modification (ABM) for Outpatients with Major Depressive Disorder (MDD): A Randomized Controlled Trial
Ben Grafton, The University of Western Australia, Australia
11:00 Beyond the Dot-Probe: Evaluating the Comparative Efficacy of Face Hero, a Novel Gamified Attentional Bias Modification (ABM) Procedure
Janika Heitmann, University of Groningen, the Netherlands
11:15 A New Attentional Bias Modification Procedure for Unsuccessful Dieters: The Bouncing Image Training Task

Thursday 18th July
16:30 The Efficacy of Attentional Bias Modification Training as Add-On to Regular Treatment in Alcohol and Cannabis Dependent Outpatients: A Randomized Controlled Trial
Janika Heitmann, University of Groningen, the Netherlands

Symposium 12
Level 3 – Room M6
Adaptive and Maladaptive Emotional Regulation in Childhood Anxiety Disorders
Convenor & Chair: Helen Dohi, University of Reading, UK
08:30 Validating the Radboud Faces Database by Children and the Relation with Social Anxiety
Gianluca Biffi, Radboud University, the Netherlands
08:45 Evaluation of the Bochum Avoidance and Emotion Regulation Questionnaire for Children (BAER-C)
Michael Lipert, Ruhr-Universität Bochum, Germany
09:00 The Effect of Cognitive Distraction on Ruminative Processes in Children with Social Anxiety Disorder
Julian Schmitz, Leipzig University, Germany
09:15 Predictors of Anxiety when Children Transition to School: The Role of Behavioural Inhibition, Inhibitory Control and Attention Shifting
Helen Dohi, University of Reading, UK
09:30 Discussant

Symposium 13
Level 3 – Room M7
Inferential Confusion as a Transdiagnostic Process
Convenor & Chair: Kieron O’Connor, University of Montreal, Canada
08:30 Inverse Reasoning in Obsessive-Compulsive Disorder
Shui Wong, University of New South Wales, Australia
08:45 The Relationship of Inferential Confusion and Obsessive Beliefs with Symptom Severity Across Different Obsessive-Compulsive Disorder Spectrum Groups
Lou-Philippe Barak, University of Montreal, Canada
09:00 An Experimental Manipulation of Inferential Confusion in Eating Disorders
Catherine Ouellet-Closiers, University of Montreal, Canada
09:15 Inferential Confusion in Bulimia Nervosa: The Role of Over-Investment in Possibility and Disturb of the Senses
Samantha Wilson, Douglas Mental Health University Institute, Canada
09:30 Discussant

Symposium 14
Level 3 – Room M8
New Developments in Schema Therapy, Part 1
Convenor & Chair: Marleen Rijkeboer, Maastricht University, the Netherlands
08:30 Theoretical Model for an Extended Taxonomy of Schema Modes that is Applicable Across Cultures
Amal Atzuri, University of Amsterdam, the Netherlands
08:45 Mechanisms of Change in Schema Therapy: Evidence for Schema Modes as Universal Mechanisms of Change in Personality Pathology and Functioning
Duygu Gonen, Istanbul Arel University, Turkey
09:00 Early Maladaptive Schemas and the Therapy of Depression
Johannes Köpf-Beck, Max Planck Institute for Psychiatry, Germany
09:15 Using Experience Sampling to Assess Prevailing Schema Modes
Gail Lazarus, Bar-Ilan University, Israel
09:30 Priovi, a Schema Therapy-Based eHealth Program for Patients with Borderline Personality Disorder to Support Individual Face-To-Face Schema Therapy: An Uncontrolled Pilot Study
Eva Faßbinder, University of Lubeck, Germany

Symposium 15
Level 3 – Room R2
Novel Developments of Investigating the Relation Among Cognitive Control and Emotion Regulation in Psychopathology
Convenor: Louise Prüßner, Heidelberg University, Germany
Chair: Sven Bannow, Heidelberg University, Germany
08:30 State of the Art and Research Gaps: Cognitive Control, Emotion Regulation, and Psychopathology
Katrin Schulze, Heidelberg University, Germany
08:50 Emotion Regulation Flexibility and Psychopathology: A Cognitive Control Perspective
Luise Prüßner, Heidelberg University, Germany
09:10 A Longitudinal Study on the Relationship between Cognitive Control, Daily Emotion Regulation, and Depressive Symptoms
Ana Maria Pictan, Heidelberg University, Germany
09:30 Shifting the View on Presumed Emotion-Regulation Deficits in Psychosis - Patients with Psychosis Apply Reappraisal, Distraction and Acceptance Successfully
Sandra Opoka, University of Hamburg, Germany
Symposium 16
Level 3 – Room R6
Recent Developments and Future Pathways in the Treatment of Specific Phobia in Children
Convenor & Chair: Rachel de Jong, University of Groningen, the Netherlands
08:30 Recent Advances and Findings in Bibliotherapy for Nighttime Fears/Phobias in Young Children
Thomas Ollendik, Virginia Polytechnic Institute and State University, USA
08:45 Optimizing Exposure in the Treatment of Specific Phobia in Children: Facing Fears In-Session or Out-Session? Rachel de Jong, University of Groningen, the Netherlands
09:00 The Role of Cognitive Biases in Childhood Specific Phobias and Future Directions for Improving Treatment Jeanine Baartmans, University of Amsterdam, the Netherlands.
09:15 Never Work with Animals AND Children! A Virtual Reality One-Session Treatment for Specific Phobia of Dogs Among Children Lara Farrell, Griffith University, Australia
09:30 Discussion
Lars-Göran Öst, Stockholm University, Sweden

Skills Class 1 (German Language)
Level 3 – Room R4
Anhaltspunkte für Kindeswohlgefährdung in der Psychotherapie - Wahrnehmen, Thematisieren, Mitteilen Tanja Göhr & Constanze Ziesemer, Universitätsklinikum Freiburg, Deutschland

Symposium 17 (German Language)
Level 3 – Room R6
Einen Schritt weitergehen: Internet-basierte Interventionen über die Wirksamkeit hinaus erforschen Convenor & Chair: Nina Rüegg, Universität Bern, Schweiz
08:30 Wirktatomen in einem angeleiteten internetbasierten Selbsthilfeprogramm für anhaltende Trauer nach Partnerverlust Jeanette Brodbbeck, Universität Bern, Schweiz
08:45 Prädiktoren von Adhärenz und Behandlungserfolg in einer internetbasierten Intervention für Menschen mit Psychose Nina Ruegg, Universität Bern, Schweiz
09:00 Machbarkeit einer gemischten Gruppertherapie zur Behandlung von Depression Rachael Schuster, Universität Salzburg, Österreich
09:15 Neustart - Eine internetbasierte Intervention für Menschen mit Glücksspielproblemen: Ergebnisse einer randomisiert-kontrollierten Studie Lara Bücker, Universitätsklinikum Hamburg-Eppendorf, Deutschland
09:30 Internetbasierte Selbsthilfe für Anpassungsstörungen Christian Thomas Mose, Universität Bern, Schweiz

Open Papers 1
Level 3 – Room R6
Addictions
Chair: Johannes Lindemeyer, Medizinische Hochschule Brandenburg & Salus Clinic Lindow, Germany
08:30 Thinking Styles about Nicotine Craving as Predictors of Smoking and Distress in Everyday Contexts: An Ecological Momentary Assessment Study Joshua Magee, Miami University, USA
08:45 Experiential Avoidance as a Driving Factor Behind Compulsive Behaviour Lauren Den Oudena, Monash University, Australia
09:00 Cognitive and Behavioural Mediators in Drug Dependency: Implications for an Integrated Cognitive- Behavioural Approach to Treating Drug Abusers Fu Keung Wong, University of Hong Kong, Hong Kong
09:15 Making Inroads: Randomized Controlled Trial of an Early Intervention to Address Co-occurring Anxiety and Alcohol Use Problems Among Young People Katrina Prior, University of New South Wales, Australia
09:30 Additive Effectiveness of Mindfulness Meditation to a School-Based Brief Cognitive-Behavioral Alcohol Intervention for Adolescents Matthew Guli, University of Queensland, Australia

Open Papers 2
Level 3 – Room R7
Older Adults and Dementia
Chair: Ian James, Northumberland, Tyne and Wear NHS Foundation Trust, UK
08:30 Risk and Resiliency Factors Related to Dementia Caregiver Mental Health Olivia Altamirano, University of Miami, USA
08:45 Cognitive Behavioural Therapy for Dementia Bunker Brain, Swinburne University of Technology, Australia
09:00 Therapist Beliefs about Working with Older People: Correlation with Clinical Outcome Ken Laidlaw, University of Exeter, UK
09:15 The Effect of Co-Morbid Depression on the Outcomes of Computerised Cognitive Rehabilitation for Older Adults Shannon Webb, University of Sydney, Australia
09:30 Are Lies Useful Communication Tools in Cognitive Behavioural Therapy? The Notion of the Therapeutic Lie Ian James, Northumberland, Tyne and Wear NHS Foundation Trust, UK

Open Papers 3
Level 3 – Room R8
Mental Imagery
Chair: Fritz Pflüger, University of Freiburg, Germany
08:30 Induction of Conditioned Avoidance via Mental Imagery of a Threatening Event Angelika Mitsikidou-Koyotzis, Katholieke Universiteit Leuven, Belgium, and Universiteit, the Netherlands
08:45 Enhancing Episodic Future Thinking in Clinical Depression David Halford, Deakin University, Australia
09:00 Imagery Rescripting as Transdiagnostic Intervention – a Case Series Antje Krüger-Gottschalk, Westfälische Wilhelms-Universität, Germany
09:15 Imagery Rescripting as an Adjunct to Cognitive Behaviour Therapy for Social Anxiety Disorder Alice Norton, The University of Sydney, Australia
09:30 The Blind Mind’s Eye and Emotion: Are Thoughts Less Distressing with Aphantasia? Marlo Wicken, University of New South Wales, Australia

Open Papers 4
Level 3 – Room R9
Cultural Adaptations
Chair: Andrew Beck, University of Manchester, UK
08:30 The Development of a Culturally Informed, Religiously-Based, Cognitive-Behavioral Mental Health Treatment Offered in Religious Institutions and Other Community Settings Amy Weissman de Marnar, University of Miami, USA
08:45 Credibility Perception and Treatment Expectations: Relationship with Cognitive Behavioural Therapy Outcome in Indian Context Susmita Halder, Amity University, India
09:00 Chinese Translation of Cognitive Distortions and Its Relationship with Depressive and Anxiety Symptoms Alvin Lai Chin Ng, Sunway University, Malaysia
09:15 Cognitive Behavioural Intervention to Promote Chinese International Students’ Mental Health and Quality of Life in Hong Kong: A Wait-list Controlled Design Qiuqian Xie, University of Hong Kong, Hong Kong

Open Papers 5
Level 3 – Room R10
Behavioural Medicine
Chair: Jo Daniels, University of Bath, UK
08:30 Further Validation of the Non-Avoidant Pacing Scale and the Role of Pacing in Mediating Chronic Pain Treatment Outcomes Renata Hastic, The University of Sydney, Australia
08:45 CFS/ME and Co-morbid Health Anxiety: A Treatment Case Series Jo Daniels, University of Bath, UK
09:00 Guided Cognitive Behavioral Therapy-based Internet Intervention (iSOMA) for Somatoform Symptoms: Participant Characteristics and Results of a Randomized Controlled Trial in University Students Kalita Böhme, University of Mainz, Germany
09:15 Therapeutic Effects of a Group Cognitive-Behavioral Intervention for Self-Management of Fibromyalgia Louise Janmert, Saint Antoine University Hospital, France
09:30 Bodily Symptoms in Children and Adolescents: Illness-Related Self-Concept and Parental Symptom Evaluations Stefanie Jungmann, University of Mann, Germany
Thursday 18th July

**Symposium 18**
Level 3 – Room R11
Contributions of Cognitive Behavioral Therapy to Sexual Health
Convenor: Renata Melo, University of North Alabama, USA, and Carinova Centro de Terapia, Brazil
Chair: Mehmet Sungur, Istanbul Kent University, Turkey
08:30 Depression, Anxiety and Sexual Dysfunction: Assessment of Distorted Cognitions
Rodrigo Ferreira, Mater Dei Hospital, Brazil
08:50 Sexual-Oriented Obsessions in OCD: Differential Diagnosis and Interventions
Renata Melo, University of North Alabama, USA, and Carinova Centro de Terapia, Brazil
09:10 Neuroscience-Based Cognitive Therapy in Clinical Sexology
Tullo Scarmalli, University of Catania and University Kore Enna, Italy
09:30 Couple Therapy and Virtual Platforms as Sexual Health Promoters
Renata Moreira Coelho, Universidade Federal de Minas Gerais, Brazil

**Symposium 19**
Level 3 – Room R12
Using Trauma-Focused Therapies to Treat Posttraumatic Symptoms in Psychosis: What Works, When, and for Whom?
Convenor: Rachel Brand, Swinburne University of Technology, Australia
Chair: Sarah Bendall, Orygen the National Centre of Excellence in Youth Mental Health and University of Melbourne, Australia
08:30 A Pilot Trial of Imaginal Exposure Therapy for People with Trauma-Related Voices: Results, Lessons Learnt, and Questions to Inform the Development of TF Therapies for Psychosis
Rachel Brand, Swinburne University of Technology, Australia
08:50 An Integrated Trauma-Focused Cognitive Therapy Protocol for Posttraumatic Stress and Psychotic Symptoms: Findings from a Case Series
Nadine Keen, Institute of Psychiatry South London and Maudsley NHS Trust, UK
09:10 Can We Improve Psychotic Symptoms Using Trauma-Focused Therapy? Rationale and Design of a Feasibility Randomised Controlled Trial of a Modified Version of Eye Movement Desensitization and Reprocessing Therapy for Clients with Early Psychosis
Filippo Vanese, University of Manchester and Greater Manchester Mental Health NHS Foundation Trust, UK
09:30 What Do the Experiences of Therapy of Young People with Early Psychosis and PTSD Symptoms Tell Us About the Risks and Benefits of Trauma Therapy?
Sarah Bendall, Orygen the National Centre of Excellence in Youth Mental Health and University of Melbourne, Australia

**Open Papers 6**
Level 3 – Room R13
New Treatment Approaches For Children and Adolescents
Chair: Maria Kangas, Macquarie University, Australia
08:30 A Transdiagnostic Intervention for the Concurrent Treatment of Somatic Symptom Disorder with Comorbid Anxiety and Depression in Children and Adolescents
Maria Kangas, Macquarie University, Australia
08:45 Feelings about Feelings: Examining the Association Between Beliefs about Emotion, Emotion Regulation and Depression in Young People
Lauryn Harvey, University of Sydney, Australia
09:00 The Effects of a Mindfulness-Based Group Intervention Program on Attention Deficit Hyperactivity Disorder Symptomatology, Emotion Regulation and Executive Functions in a Sample of Children with Attention Deficit Hyperactivity Disorder
Anna Huguet, Hospital Sant Joan de Déu Barcelona Children’s Hospital, Spain
09:15 Trans-Diagnostic Group Behavioral Activation Therapy Early Intervention for Youth Anxiety and Depression in China
Fang Zhang, Medical School of Shang Hai Jiaotong University, China
09:30 Exploring the Effectiveness of a Combined Parent-Based and Early Cognitive Behavioral Therapy Intervention for Young Children with Internalizing Symptoms
Paul Stallard, University of Bath, UK

**Symposium 20**
Level 3 – Room S1
Virtual Reality in Behavioral and Cognitive Therapies
Convenor & Chair: Paul Pauli, University of Würzburg, Germany
08:30 Virtual Reality to Improve CBT
Paul Pauli, University of Würzburg, Germany
08:50 Efficacy in Virtual Reality Therapy: An Individual Patient Data Meta-Analysis
Javier Fernandez-Adanez, Jaume I University, Spain
09:10 Virtual Social Scenarios for Research and Treatment of Specific and Social Phobia
Andreas Mühleberger, University of Regensburg, Germany
09:30 Using Virtual Reality to Study and Modify Cognitions in Cognitive-Behavior Therapy: Theoretical Rationales and Experimental Results
Daniel Silviu Matu, Babes-Bolyai University, Romania

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**Thursday 18th July**

**Poster Session 1 (9.00 -11.30)**

**Anxiety**

1. Examining the Effectiveness of Unified Group Cognitive Behaviour Therapy for Patients with Heterogeneous Anxiety Disorders in Malaysia: A Randomized Controlled Trial
Jamilah Hanum Abdul Khayom, International Islamic University, Malaysia
2. Efficacy of Technology-Based Psychological Interventions for Social Anxiety Disorder
Abbas Al-Kamel, University of Bergen, Norway
3. A Systematic Review of the Effects of Acute Stress on Extinction/Exposure-Procedures: Implications for Treatment and Relapse Prevention
Elpinnik Andrew, University of Sydney, Australia
4. False Safety Behavior Elimination Therapy for Social Anxiety Disorder and Comorbid Conditions in a Clinical Setting
Honami Ari, Chiba University, Japan
5. Gaming against Anxiety: User-Feedback in the Development of a Therapeutic Game for Adolescent Anxiety Disorders
Steven Barnes, University of Bolton, UK
6. Italian Validation of the Self-Report Liebowitz Social Anxiety Scale
Duccio Baroni, Institute for Behavioral and Cognitive Psychology and Psychotherapy, Italy
7. Effectiveness of eHealth Interventions to Reduce Perinatal Anxiety: A Systematic Review and Meta-Analysis
Hamadi Jayamour, University of British Columbia, Canada
8. Between a Rock and a Hard Place – Network Structure of some Anxiety and Depression Indicators
Pandarin Bepolovski, University of Novi Sad, Serbia
9. Neuropsychological Correlates of Successful Cognitive Behavior Therapy in Patients with Panic Disorder
Christoph Berkes, University of Greifswald, Germany
10. Online Health Information Seeking: Associations with Cognitive Styles and Psychological Symptoms
David Berne, University of Technology Sydney, Australia
11. Multi-Family Group Treatment for Anxiety Disorders in Youth: An Open Trial
Thomas Bjergaard Bertelsen, University of Bergen, Norway
12. The Efficacy of some Emotional Regulation Strategies on Anxiety Delivered by a Robot in a Primary School Children Sample
Calin Alexandru Hopstr, Private Practice, Romania
13. Shame as a Predictor of Social Anxiety Symptoms: a 1-Year Longitudinal Study
Diana Candela, Babes-Bolyai University, Romania
Aileen Chen, St Vincent’s Hospital, Australia
15. Efficacy of Cognitive Behavior in Phobic Disorders of Different Presentations and Types
Megha Choudhury, Central Institute of Psychiatry, India
16. Cognitive Biases in Social Anxiety and Perfectionism
Bruna Ospovac, Pardus University, Australia
17. Relationships between Self-Beliefs, Sylivalent Fear of Evaluation, and Social Anxiety Symptoms: A Preliminary Structural Equations Model
Sarina Cook, The University of Melbourne, Australia
Virginia Dehesa, Centro de Terapia de Conducta de Valencia, Spain
19. Examining the Effects of Anxiety Disorder-Specific Cognitive Behavioural Group Therapy on Severity of Insomnia Symptoms
Christoph Benke, University of Greifswald, Germany
20. The Role of Social Anxiety, Psychopathic Tendencies and Hormones in Approach-Avoidance Behaviour Towards Emotional Faces
Christine Fricke, University of Northumbria, the Netherlands
21. Distress Tolerance and Anxiety
Marta-France de Lattimo, Université Laval, Canada
22. Social Anxiety and Use of Social Media: A Preliminary Study
Sanna Cook, The University of Melbourne, Australia
Jie Dong, Osaka, Japan
24. Measuring Pre-Event and Post-Event Rumination in Social Anxiety Disorder: Validating the Thoughts Questionnaire
Hayley Donohue, University of Sydney, Australia
25. Do Emotion Regulation Strategies Mediate the Relationship Between Perceived Control & Fear and Avoidance in Social Anxiety?
Cassandra Fehr, University of Ottawa, Canada
26. Can a Brief Single Session Cognitive Bias Modification of Interpretation Change Spontaneous Online Interpretations in High Worriers?
Ya-Chun Feng, King’s College London, UK
Thursday 18th July

27 Feasibility, Acceptability, and Clinical Utility of a Virtual Reality Behavioral Assessment Task for Young Adults with Social Anxiety
Shuyler Fox, Columbia University Medical Center, USA

28 Physical Exercise Augmented Psychological Treatment of Anxiety Disorders: A Systematic Review
Kristian Frokiaas, Diakonhjemmet Hospital, Norway

29 The Relationship Between Social Anxiety and Posttraumatic Stress Symptoms in Response to Socially Threatening Events
Susanne Fricker, Justus Liebig University Giessen, Germany

30 Development and Evaluation of the Reading Anxiety Scale
Anne Grills, Boston University, USA

31 The Effect of Self-Efficacy of Injection on the Fear of Needles
Suzyka Hako, Hiroshima University, Japan

32 Better Save than Wealthy: Dysfunctional Risk Avoidance in Spider-Fearful Individuals
Kristina Heegen, University of Mannheim, Germany

33 Neural Correlates of Long-term Extinction Recall in Social Anxiety Disorder
Andrea Herrmann, Justus Liebig University Giessen, Germany

34 Disqualification of Positive Social Outcomes Predicts Low Positive Affect in Korean Adults with High Levels of Social Anxiety
Da Hyee Hong, Yonsei University, South Korea

35 Endogenous Testosterone Levels Predict Symptom-Reducing Effects of Public Speaking Exposure in Social Anxiety Disorder
Moniek Hutschersakers, Radboud University Nijmegen, the Netherlands

36 Examining the Relationship Between Social Anxiety and the Judgement of Dynamic Facial Expressions
Hanaa Idris, University of Western Australia, Australia

37 Exploring The Relationship between Mindfulness, Experiential Avoidance and Psychological Discomfort Among University Students
Samara Barera, Rey Juan Carlos University, Spain

38 Helping Students Overcome Fear of Public Speaking – Short Group CBT Treatment
Ines Jakovic, University of Rijeka, Croatia

39 The Effects of Social Comparison on Perceived Anxiety in Virtual Exposure
Jasminiser Carmen, Westfälische Wilhelms-Universität Münster, Germany

40 Specific Reduction in Social Avoidance After Loving-Kindness Meditation Without Attention-Based Training
Yoshihiro Karai, Tohoku Gakuen University, Japan

41 Perception of Feedback Accuracy and Relevancy in Socially Anxious Students: Examining the Impact of Feedback Modality and Valence
Leanne Kane, University of Ottawa, Canada

42 The Fear of Losing Control in Social Anxiety: An Experimental Approach
Kenneth Kelly-Turner, Concordia University, Canada

43 Brief, Intensive, Concentrated CBT for Social Anxiety Disorder in an 11 Year Old in the Context of Chronic Illness
Eleanor Kenny, Great Ormond Street Hospital for Children, UK

44 The Influences of Virtual Social Feedback on Social Anxiety Disorders
Tomoe Kishimoto, Nankai University, China

45 Predictors of Treatment Outcome in Patients with Social Phobia
Stefanie Kuras, Humboldt Universität zu Berlin, Germany

46 Perfectionism, Automatic Thoughts in Exam Situations and Test Anxiety in Relation to University Students’ Mental Health
Ana Kurtovic, Faculty of Humanities and Social Sciences Osijek, Croatia

47 Is There Any Connection Between Social Anxiety and Narcissistic Traits?
Francesco Lautetta, Institute for Behavioral and Cognitive Psychology and Psychotherapy, Italy

48 Interference Effects of Emotional Stimuli on Working Memory Updating in Social Anxiety
Chi-Wen LIang, Chung Yuen Christian University, Taiwan, R.O.C.

49 Investigating Attentional Control for Emotional Stimuli Under Low and High Cognitive Load in Social Anxiety
Chi-Wen LIan, Chung Yuen Christian University, Taiwan, R.O.C.

50 Increased Gray Matter Covariation in a Frontoparietal Network in Adolescents with Social Anxiety Disorder
Zhen Liu, Shanghai Jiao Tong University School of Medicine, China

51 Preliminary Study of Effects of Interventions Focused on Detached Mindfulness & Metacognitive Believes on Women with Non-Clinical Sample: Compared to the Effects of Two Detached Mindfulness Techniques
Minori Machida, Tokushima University, Japan

52 Validation of the Trait and State Versions of the Post-Event Processing Inventory in the Japanese Population with and without Self-reported Diagnostic Status of Social Anxiety Disorder
Shunta Maeda, Tohoku University, Japan

53 Client Motivation and Engagement in Transcultural Cognitive Behavioral Therapy for Anxiety Disorders: Predictors and Outcomes
Isabella Marier, Monash University, Australia

54 Can Intermittent Motivational Interviewing Increase the Effectiveness of CBT in Anxiety Disorders?
Isabella Marier, Monash University, Australia

55 Does Attention Bias Modification for Social Anxiety Disorder Become More Effective by Increasing State Anxiety?: A Pilot Study
Misao Matsutomo, Hachinohe Hospital, Japan

56 Measuring Repetitive Thinking in Iraq: Psychometric Properties of Persian Version of Persuasive Thinking Questionnaire
Mahdi Masi, The University of Western Australia, Australia

57 Psychological Flexibility as a Transdiagnostic Prospective Mediator
Lijiana Mihic, University of Novi Sad, Serbia

58 Effect of Functional Aspects of Fear of Evaluations on Social Anxiety Symptoms
Chihiro Morishii, Waseda University, Japan

59 Return to Work: with Wellbeing or Work-Coping? Randomized Controlled Group Intervention with Persons Suffering from Work-Anxieties
Beate Muschalla, Technische Universität Braunschweig, Germany

60 The Influence of the Sub-Factors of Rejection Hypersensitivity and Social Skills on Social Anxiety Symptoms
Misako Nakamura, Waseda University, Japan

61 The OCD Home Kit – Using Smart Technology to Enhanced Self-Guided Exposure and Response Prevention in Patients with Contamination Fears and Washing Rituals
Oliver Sündermann, National University of Singapore, Singapore

62 Psychotherapy and Other Service Use among Adolescents and Young Adults with Anxiety Disorders
Hannah Niermann, Technische Universität Dresden, Germany

63 Mindfulness and Cognitive Behavioral Therapy for Social Anxiety; a Pilot Study of University Students
Shota Nozaki, Musashino University and Tokyo Mindfulness Center, Japan

64 Comparison of Neuropsychological Function in Social Anxiety Disorder and Healthy Controls
Sho Oikawa, Chiba University, Japan

65 Investigating the Effect of Adding Anxiety-Specific Practice to a Mindfulness Intervention for Anxiety
Inga Papenfuss, University of Groningen, the Netherlands

66 Responses to Uncertainty: Potential Mediators for the Effect of a Mindfulness Intervention on Symptoms of Anxiety
Inga Papenfuss, University of Groningen, the Netherlands

67 Breaking down Barriers: Evaluating an Internet-Based CBT Program for Adults Experiencing Anxiety
Alisa Pencer, Dhatshouse, University of Sydney, Australia

68 The Role of Perceived Responsiveness in the Association Between Social Anxiety and Self-Disclosure
Sarah Petty, University of Manitoba, Canada

69 Can Working Memory Training Reduce Test Anxiety?
Maria de C. Salvador, University of Coimbra, Portugal

70 Distress Concealed Behind the Appearance of Normality in University Students: An Exploratory Study
Hidetaka Saito, Waseda University, Japan

71 Is Behavioural Avoidance in Social Anxiety Characterized by Biases in Stimulus Categorization or General Behavioural Tendencies?
Daniel Rudakiewicz, University of Western Australia, Australia

72 An Internet-Based Mindful Lovingkindness-Compassion Program for University Students with Social Anxiety
Sekinjin Riu, Youngnam University, South Korea

73 Different Paths to Social Anxiety and Depression: The Role of Early Memories of Warmth and Warmness and Fears of Compassion
María-Cristina Santacana,Csic, Madrid, Spain

74 A Pilot Study on the Development of a Behavioral Measure of Self-Compassion
Hidetaka Saito, Waseda University, Japan

75 Clinical Implications of Childhood Malnutrition in Panic Disorder
Martí Santacana, Consorci Sanitari de Terrassa, Spain

76 Can Working Memory Training Reduce Test Anxiety?
Berna San, IUSKUL University, Turkey

77 Cross-Cultural Comparison of Social Anxiety Symptoms During a Social Interaction Task
Katrin Sargawu, Meiji University, Japan

78 What Can Be Achieved in One Week? Effects of Short CBT Program on Self-Focused Attention
Katrin Schoenenberg, University of Wuppertal, Germany

79 The Effects of Changing Cost Bias in Cognitive Behavior Therapy Programs for Japanese Patients with Social Anxiety Disorder
Kentarou Shiokosugi, Musashino University, Japan

80 Intolerance of Uncertainty, Anxiety, and Autistic Symptoms in a Young Adult Non-Clinical Sample
Menopo Simou, Aristotle University of Thessaloniki, Greece

81 The Role of Mental Images in Reducing Test-Anxiety: Feasibility of a New Short Intervention
Zrinka Sosic-Vasic, University Hospital of Ulm, Germany

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**Poster Sessions**

82 Patient Preferences for Intensive Versus Spaced Delivery of Internet CBT for Panic Disorder
Sleem Steeh, University of New South Wales, Australia

83 Internet-Delivered Cognitive Behavioral Therapy for Panic Disorder with or Without Agoraphobia: A Systematic Review and Meta-Analysis
Sleem Steeh, University of New South Wales, Australia

84 Does Attentional Bias to Negative Information Causally Contribute to Diminished Anxiety Dissipation? A Systematic Review
Stephanie Stevens, University of Western Australia, Australia

85 The Relationship Between Negative Urgency and Attention Processes in People High in Generalized Anxiety Disorder Symptoms
Kathleen Stewart, Ryerson University, Canada

86 The Role of Mindfulness on Social Anxiety and Procrastination
Guizhong Tan, Toho University, Japan

87 Neural Correlates of Self-Focused Attention and External Attention Bias in Social Anxiety
Nouzomi Tomita, Waseda University, Japan

88 Psychological Profiles and the Prognosis of Patients with Non-Cardiac Chest Pain
Marie-Andrée Tremblay, Université Laval, Canada

89 Social Anxiety Disorder in Children: Investigating the Relative Contribution of Automatic Thoughts, Repetitive Negative Thinking and Metacognitions
Monika Walczak, University of Copenhagen, Denmark

90 When is a Phobia Not a Phobia? A Systematic Review of the Focus and Impact of Psychological Interventions for Emetophobia
Sasha Watkins, Berkshire Child and Adolescent Mental Health Service and University of Reading, UK

91 Classical Conditioning of Odor and Relaxation in University Students
Mizuki Watanabe, Shinsu University, Japan

92 The Relationship between the Negative and Positive Interpretation of Self Perception and Social Anxiety
Mikiko Watanabe, Musashino University, Japan

93 The Attention Bias for Emotional Stimulation in Social Anxiety Disorder Comorbid Depression: An Eye Movement Study
Xu Wei, Peking University, China

94 Testing the Metacognitive Model of Generalised Anxiety Disorder in a Clinical Sample
Julia White, University of Sydney, Australia

95 Women’s Experiences of Anxiety During Pregnancy: A Qualitative Study Using Interpretative Phenomenological Analysis
Anja Wiltens, University of Manchester, UK

96 The Impact of Cognitive Restructuring on Post-Event Rumination Among Socially Anxious Chinese Adolescents: An Innovative and One-Session Intervention
Meng Yu, Beijing Normal University, China

97 Social Anxiety and Cognitive Flexibility
Peit Zabag, Bar-Ilan University, Israel

98 Anxiety in Sport Environment: A Cognitive Representation
Yannis Zardis, Hellenic Society of Cognitive Psychotherapists, Greece

99 Neural Activation During Cognitive Emotion Regulation Predicts Treatment Response to Cognitive Behavioral Therapy for Social Anxiety Disorder
Raphaëla Isabella Zehnder, Justus Liebig University Giessen, Germany

100 Transdiagnostic, Evolutionary Processes in Social Anxiety
Matteo Zuccala, University of Sydney, Australia

101 A Comparison of the Weakest Link and Additive Model Approach: Relations Between Intolerance of Uncertainty and Anxiety Sensitivity on Depression and Anxiety Symptoms
Ann Marie Huet, Ohio University, USA

102 The Pattern of Visual Attention to Aversive Stimuli During Exposure
Minoru Takahashi, Mejiro University, Japan

**Morning In-Congress Workshops (10.15 - 13.45)**

**In-Congress Workshop 1**
Level 3 – Room R9
Self-Reflection and Self-Experience in Combined CBT and Schema Therapy Training
Mate Ocsikova & Jan Prasko, University Hospital and Palacky University Olomouc, Czech Republic

**In-Congress Workshop 2**
Level 3 – Room R10
Schema Therapy for Children and Adolescents (ST-CA)
Christof Loose, Psychotherapy Practice and Centre for Schema Therapy Düsseldorf, Germany

**In-Congress Workshop 3**
Level 3 – Room R11
Cognitive Behavioral Analysis System of Psychotherapy (CBASP) for the Treatment of Chronic Depression: A Global Perspective
Jan Philipp Klein, Lubeck University, Germany, & Favorite Todd, University of Michigan, USA

**In-Congress Workshop 4**
Level 3 – Room R3
Advances in Cognitive Behavior Therapy for Perfectionism
Roz Shafran, UCL Great Ormond Street Institute of Child Health, UK, Tracey Wade, Flinders University, Australia and Sarah Egan, Curtin University, Australia

(10.30 -12.00)

**Symposium 21**
Level 1 – Room A1
Repetitive Thoughts and Actions: The Role of Dysfunctional Thoughts, Interpretation Biases, and Reliance on External Proxys
Convenor & Chair: Karina Wahl, University of Basel, Switzerland

10:30 Obsessive-Compulsive Tendencies and Lack of Feedback Predict Seeking Proxies for the Feeling of Understanding
Reuven Dar, Tel Aviv University, Israel

10:45 Beliefs About the Importance and Control of Thoughts are Predictive but not Specific to Intrusive Unwanted Thoughts and Neutralizing Behaviors During Exam Stress in a Prospective Study
Karina Wahl, University of Basel, Switzerland

11:00 Beliefs about Losing Control, Obsessions, and Caution: An Experimental Investigation
Jean-Philippe Gagne, Concordia University, Canada

11:15 Training Implicit Associations in Contamination-OCBD: Effects on Attentional Bias and Approach Behavior
Christina Dusek, Westfälische Wilhelms-Universität Münster, Germany

11:30 Discussant
Christina Purdon, University of Waterloo, Canada

**Symposium 22**
Level 1 – Room A2
Innovative Cognitive Behavioral Therapy Approaches in Somatic Conditions
Convenor & Chair: Andrea Evers, Leiden University, the Netherlands

10:30 Using an Empirical Approach to Develop a Cognitive Behaviourally Informed Psychotherapy Treatment for Chronic Dizziness
Gina Moss-Morin, King’s College London, UK

10:45 A CBT-Based Transdiagnostic Approach for Persistent Physical Symptoms: Results of a Randomised Controlled Trial
Trude Chalder, King’s College London, UK

11:00 Pharmacological Conditioning in the Treatment of Rheumatoid Arthritis
Meriem Manal, Leiden University, the Netherlands

11:15 An E-Health Psychological Intervention to Optimize Health Outcomes in Response to Immunological and Psychophysiological Challenges: A Randomized Controlled Trial
Leemey Schakel, Leiden University, the Netherlands

11:30 Discussant
Andrea Evers, Leiden University, the Netherlands

**Symposium 23**
Level 1 – Room A3
New Research on Personalizing Psychological Treatments — Status Quo and Future Developments
Convenor & Chair: Wolfgang Lutz, University of Trier, Germany

10:30 Moving Beyond Main Effects to Promote Precision Mental Health
Rob DeRubeis, University of Pennsylvania, USA

10:45 Optimal Designs to Examine Whether Individual Affective Changes are Clinically Meaningful
Claudia Bockting, University of Amsterdam, the Netherlands
Thursday 18th July

Symposium 24
Level 1 – Room A4
Transdiagnostic Group Cognitive-Behaviour Therapy for Anxiety Disorders: Results of a Large Community-Based Pragmatic Randomized Controlled Trial
Convenor & Chair: Pasquale Robber, Universität de Sherbrooke, Canada
10:30 Transdiagnostic Group Cognitive-Behaviour Therapy for Anxiety Disorders: Study Design and Outcomes of a Pragmatic Trial
Pasquale Robber, Universität de Sherbrooke, Canada
10:45 Therapeutic Integrity and Participant Adherence: Influence on Group Cognitive-Behaviour Therapy Effectiveness
Martin O. Provencher, Université Laval, Canada
11:00 Transdiagnostic Group Cognitive-Behaviour Therapy for Anxiety Disorders: Effects on Comorbid Diagnoses
Peter J. Norton, Monash University, Australia
11:15 A Qualitative Study of Patient Acceptability of Group Transdiagnostic Cognitive-Behaviour Therapy for the Treatment of Anxiety Disorders
Pasquale Robber, Universität de Sherbrooke, Canada
11:30 Discussant
Debra Hope, University of Nebraska–Lincoln, USA

Symposium 25
Level 1 – Room A6
Understanding Mechanisms Underlying Adolescent Anxiety: A Bottom-Up Approach to Improving Interventions
Convenor & Chair: Eleanor Leigh, King’s College London, UK
10:30 Psychosocial Factors Predicting Social Anxiety in Early Adolescence
Ron Papere, Macquarie University, Australia
10:45 Early Adolescent Predictors of Later Anxiety Disorders
Jennifer Hudson, Macquarie University, Australia
11:10 Can the Clark & Wells (1995) Cognitive Model of Social Anxiety Help in Predicting Adolescent Social Anxiety and Peer Victimization? A Prospective Longitudinal Study
Eleanor Leigh, King’s College London, UK
11:40 ParentalExpressed Emotion and Its Relationship with Treatment Outcomes for Adolescents with Co-Morbid Depression and Anxiety
Monika Parkinson, University of Reading, UK
Panel Discussion 2 (German Language)
Level 1 – Room A6
Bin ich Verhaltenstherapie(n) – Verhaltenstherapeutische Identität im 21. Jahrhundert
Convenors and Chairs: Jürgen Tripp, Deutscher Fachverband für Verhaltenstherapie (DVT), Deutschland & Oliver Kunz, Deutsche Gesellschaft für Verhaltenstherapie (DGVT), Deutschland
Discussions:
Eva-Lotta Brakemeier, Philipps-Universität Marburg, Deutschland
Oliver Kunz, Deutsche Gesellschaft für Verhaltenstherapie (DGVT), Deutschland
Jürgen Tripp, Deutscher Fachverband für Verhaltenstherapie (DVT)
Ulrike Wilutzki, Universität Witten-Herdecke, Deutschland

Symposium 26 and Invited Plenary Address
Level 1 – Room A7
New Directions in Well-being Therapy
Convenor: Giovanni Fava, State University of New York at Buffalo, USA
Chair: Thomas Heidenreich, University of Applied Sciences Esslingen, Germany
10:30 The Assessment of Psychological Well-Being
Jenny Guidi, Università di Bologna, Italy
10:55 Invited Plenary Address
Well-Being Therapy
Giovanni Fava, State University of New York at Buffalo, USA
11:25 What is the Specific Role of Well-Being Therapy in the Existing Landscape
Eva-Lotta Brakemeier, Philipps-Universität Marburg, Germany
11:45 General Discussion

Symposium 27
Level 3 – Room M1
Psychological Mechanisms Involved in the Recurrence and Chronicity of Depression and Anxiety Disorders: Results from the Netherlands Study on Depression and Anxiety (NEDSA)
Convenor & Chair: Peter de Jong, University of Groningen, the Netherlands
10:30 Implicit and Explicit Self-Esteem in the Recurrence of Depression and Anxiety Disorders
Loeske van Tuijl, University Medical Center Groningen, the Netherlands
10:45 Does Repetitive Negative Thinking Mediate Prospective Relationships Among Depression and Anxiety?
Philipp Spinholn, Leiden University, the Netherlands
11:00 Predictive Value of Attentional Bias for Recurrence of Depression: A 4-Year Prospective Study
Hein Eversma, University of Groningen, the Netherlands
11:15 Temporal Stability of Symptoms of Affective Disorders, Cognitive Vulnerability and Personality Over Time
Zach Stroh, Leiden University, the Netherlands
11:30 Discussant
Ernst Koster, Ghent University, Belgium

Symposium 28
Level 3 – Room M2
Collaborative and Proactive Solutions as an Alternative to Parent Management Training for Youth with Oppositional Defiant Disorder: A Comparison of Therapeutic Models
Convenor: Anna Dedousis-Wallace, University of Technology Sydney, Australia
Chair: Thomas Ollendick, Virginia Polytechnic Institute & State University, USA
10:30 Testing Multiple Conceptualizations of Oppositional Defiant Disorder in Youth
Thomas Ollendick, Virginia Polytechnic Institute & State University, USA
10:45 Patterns in the Parent-Child Relationship and Clinical Outcomes in a Randomized Control Trial
Jordan Booker, University of Missouri, USA
11:00 Translating Efficacy Research into a “Real World” Setting: A Randomised Comparison Trial Comparing Collaborative and Proactive Solutions to Parent Management Training for Oppositional Youth
Rachel Murphy, University of Technology Sydney, Australia
11:15 Moderators and Mediators of Parent Management Training and Collaborative Proactive Solutions in the Treatment of Oppositional defiant Disorder in Youth
Anna Dedousis-Wallace, University of Technology Sydney, Australia
11:30 Discussant
Ross Greene, Virginia Polytechnic Institute and State University, USA

Symposium 29
Level 3 – Room M3
Cognitive Behavioral Therapy for Children and Adults with Intellectual Disabilities: Developments in Research and Practice
Convenor & Chair: John Taylor, Northumbria University, UK
10:30 Fearless Me! A Pilot Randomised Controlled Trial of an Innovative Treatment Program for Children with Intellectual Disability and Anxiety
Anastasia Horos, University of Technology Sydney, Australia
10:45 Transdiagnostic CBT in the Treatment of Mental Health Difficulties for Individuals with Intellectual Disabilities – A Manualised Approach
Markku Wood, Northumbria University, UK
11:00 Controlled Evaluation of an Adapted DBT Skills Intervention for Adolescents with Autism in a School Context
Stefanie Hastings, Bangor University and Betsi Cadwaladr University Health Board, UK
11:15 The Evidence for Behavioural and Cognitive Therapies for People with Intellectual Disabilities – Where Are We up to?
John Taylor, Northumbria University, UK
11:30 Discussant
Richard Hastings, University of Warwick, UK

Symposium 30
Level 3 – Room M4
A Dual Process Models Approach to Understanding and Treating Eating and Weight Disorders
Convenor: Leni Goossens, Ghent University, Belgium
Chair: Leni Goossens, Ghent University, Belgium
10:30 Attentional Engagement and Disengagement to Food Cues in Anorexia Nervosa
Eva Van Malderen, Ghent University, Belgium
10:45 Multi-Method Evidence for a Dual-Pathway Perspective on Loss of Control Over Eating Among Adolescents
Rachael Murphy, University of Technology Sydney, Australia
11:00 A Systematic Review of the Evidence for Enhancing Childhood Obesity Treatment from a Dual-Process Perspective
Naomi Kacikoski, Monash University, Australia
11:15 Smartphone-Delivered Approach-Avoidance Training Improves Food Choice in Obesity
Rachael Murphy, University of Technology Sydney, Australia
11:30 Discussant
Leni Goossens, Ghent University, Belgium
Symposium 31
Level 3 – Room M5
Recent Advances in Understanding Body Dysmorphic Disorder: A Developmental Perspective
Convenor: Georgina Krebs, King’s College London, UK
Chair: Amita Jassi, South London and Maudsley NHS Foundation Trust, UK
10:30 Body Dysmorphic Disorder in the Youth: Prevalence, Psychological Impact and Associations with Suicidality
Georgina Krebs, King’s College London, UK
10:45 Mindfulness and Self-Compassion Protect Against the Adverse Effects of Peer Appearance Teasing on Adolescents’ Body Dysmorphic Symptoms
Lara Farrell, Griffith University, Australia
11:00 Anxious and Angry Rejection Sensitivity and Body Dysmorphic Disorder Symptoms in Female Adolescents
Cynthia Turner, University of Queensland, Australia
11:15 Treatment Outcomes of a Large Sample of Adolescents with Body Dysmorphic Disorder in a Naturalistic Setting
Daniel Rautio, Karolinska Institute, Sweden
11:30 Discussant
Katharine Phillips, Cornell University, USA

Symposium 32
Level 3 – Room M6
Perfectionism as a Transdiagnostic Process – New Evidence from Experimental and Longitudinal Studies
Convenor & Chair: Barbara Cludius, Ludwig-Maximilians University, Germany
10:30 Self-Critical Perfectionism as a Moderator of the Relation Between Mindfulness and Depressive and Anxious Symptoms over Two Years
Martin M. Smith, York St. Johns University, UK
11:00 Perfectionism as a Risk Factor for Symptoms of Eating Disorders and Obsessive-Compulsive Disorder: Findings from an Experimental Study
Karina Limburg, Ludwig-Maximilians University, Germany
11:15 Moving Beyond Questionnaire Assessment of Perfectionism? Direct and Indirect Assessment in Patients with Depression and Obsessive-Compulsive Disorder
Barbara Cludius, Ludwig-Maximilians University, Germany
11:30 One Factor or Two? A Bi-Factor Analysis of the Frost Multidimensional Scale and Clinical Perfectionism Questionnaire
Joel Howell, Curtin University, Australia

Skills Class 2
Level 3 – Room M7
Using Couple-Focused Cognitive Behavioural Therapy for Long Term Conditions
Sarah Corrie & Michael Worrell, Central and North West London NHS Foundation Trust, UK

Symposium 33
Level 3 – Room M8
New Developments in Schema Therapy, Part 2
Convenor: Marleen Rijkeboer, Maastricht University, the Netherlands
Chair: Arnold Amitz, University of Amsterdam, the Netherlands
10:30 Schema Therapy for (Chronic) Depression – What Do We Know and Where Can We Go?
Marcus Hubers, Vrije Universiteit, the Netherlands
10:45 Schema Therapy in Dissociative Identity Disorder
Raiatee Huntjens, University of Groningen & Marleen Rijkeboer, Maastricht University, the Netherlands
11:00 Schema Therapy as Treatment for Adults with Autism Spectrum Disorder and Comorbid Personality Disorder
Richard Vujic, SARP Autism Expertise Centre, Farmaasia Bvso Group, the Netherlands
11:15 Comparing Group Schema Therapy Versus Group Cognitive Behavioral Therapy for Patients with Social Anxiety Disorder and Comorbid Avoidant Personality Disorder
Astrid Baßle, Leiden University and PsyQ, the Netherlands
11:30 Efficacy of Imagery with Rescripting in Treating OCD: A Single Case Experimental Design
Barbara Basile, School of Cognitive Psychotherapy, Italy

Symposium 34
Level 3 – Room R2
The Role of Flexibility in Identifying and Treating Psychopathology
Convenor: Einat Levy-Gigi, Bar-Ilan University, Israel
Chair: Eva Gilboa-Schechtman, Bar-Ilan University, Israel
10:30 Spider Fearfuls’ Flexibility During Avoidance Learning
Mike Rinck, Radboud University, the Netherlands
11:00 The Relationship Between Cognitive Flexibility, Empathy and Pain in Children withRepeated Traumatic Exposure
Monicas Pichmann, Bar-Ilan University, Israel
11:15 Cognitive Flexibility in Social Anxiety: Learning Reversals of Social Reward and Punishment
Lisan Henricks, Radboud University, the Netherlands
11:30 Discussant
Eva Gilboa-Schechtman, Bar-Ilan University, Israel

Symposium 35
Level 3 – Room R12
Innovations in Psychological Treatment of Addictive Behaviours
Convenor & Chair: David Kavanagh, Queensland University of Technology, Australia
10:30 “I Kind of Just Missed Feeling Normal” – an Exploration of Alcohol Use in Young People with Severe Mental Illness
Sroia Polhman, University of Newcastle, Australia
10:45 Web-Delivered Attentional Bias Modification for Young Adult Binge Drinkers: A Randomised Controlled Pilot Study
Melanie White, Queensland University of Technology, Australia
11:00 A Randomised Controlled Trial of Inhibitory Control Training for Smoking Cessation and Reduction
Kate Hall, Deakin University, Australia
11:15 Functional Imagery Training for Alcohol Use Disorder: Results of a Randomised Controlled Trial
David Kavanagh, Queensland University of Technology, Australia
11:30 Discussant
Reinout Wiers, University of Amsterdam, the Netherlands

Skills Class 3 (German Language)
Level 3 – Room R4
Körperkonfrontation zur Behandlung der Körperbildstörung bei Essstörungen und Körper dysmorpher Störung – Input aus dem BEAM-Net
Andrea Hammann, Universitatsklinikum Erlangen, Deutschland & Jessica Werthern, Universitet Freiburg, Deutschland

Symposium 36
Level 3 – Room R5
The Role of Spirituality and Collectivism on Development of Core Beliefs in Indian Culture - Implications for Cognitive Behavioral Therapy Practice and Research
Convenor: Nimisha Kumar, Shree Guru Gobind Singh Tricentenary University Gurugram, India
Chair: Michael Townend, University of Derby, UK
10:30 A Spiritually and Contextually Enhanced Cognitive Behavioral Therapy Model for Use in the Indian Setting
Nimisha Kumar, Shree Guru Gobind Singh Tricentenary University Gurugram, India
10:45 Cultural Adaptation of Cognitive Behavioral Therapy for Depression in Indian Setting
Mallika Sharma, National Health Service England, UK
11:00 Mapping Core Beliefs and Personal Values at Workplace–Cognitive Behaviour Approach for Corporates in India
Ritu Sharma, Parodi Deendaylal Petroleum University, India
11:15 Cognitive Behavioral Therapy to Modify Core Beliefs in Children and Adolescents in Clinical Population
Susmita Halder, Amity University, India
11:30 Discussant
Nimisha Kumar, Shree Guru Gobind Singh Tricentenary University, India

Symposium 37 (German Language)
Level 3 – Room R6
Vom Labor in den Therapieraum: Neue Erkenntnisse aus der Kinderangstforschung vonversuchsl- bis zum Jugendalter
Convenor & Chair: Michael W. Lippert, Ruhr-Universität Bochum, Deutschland
10:30 „I Kind of Just Missed Feeling Normal“ – An Exploration of Alcohol Use in Young People with Severe Mental Illness
Katharina Simon, Ruhr-Universität Bochum, Deutschland
10:45 „I Kind of Just Missed Feeling Normal“ – An Exploration of Alcohol Use in Young People with Severe Mental Illness
Bruna Tuschen-Caffier, Alberts-Ludwig Universiteit Freiburg, Deutschland
11:00 „I Kind of Just Missed Feeling Normal“ – An Exploration of Alcohol Use in Young People with Severe Mental Illness
Eva Gilboa-Schechtman, Bar-Ilan University, Israel
11:15 „I Kind of Just Missed Feeling Normal“ – An Exploration of Alcohol Use in Young People with Severe Mental Illness
Lisan Henricks, Radboud University, the Netherlands
11:30 „I Kind of Just Missed Feeling Normal“ – An Exploration of Alcohol Use in Young People with Severe Mental Illness
Eva Gilboa-Schechtman, Bar-Ilan University, Israel

Thursday 18th July
Skills Class 4
Level 3 – Room R7
Working Online with Older People
Sarah Bateup, Ieso Digital Health, UK & Ken Laidlaw, University of Exeter, UK

Skills Class 5
Level 3 – Room R8
Getting Session One Right: Working with Resistant and Non-Compliant Children and Young People
Meg Wardlaw, Private Psychologist, Australia

Skills Class 6
Level 3 – Room R13
Helping Patients with Paranoid Psychosis to Drop Their Safety Behaviours in Scary Virtual Reality Environments
Mark VanDerGaag & Roos Post-Kolster, Vrije Universiteit Amsterdam, the Netherlands

Skills Class 7
Level 3 – Room S1
Design, Implement and Publish a Single Case Experimental Design
David Waile, King’s College London and South London and Maudsley Trust, UK

Symposium 3B
Level 3 – Room S2
Cognitive Behavioral Therapy for Insomnia: At the Crossroads Between the Basic and Beyond
Convenor & Chair: Jaap Lancee, University of Amsterdam, the Netherlands
10:30: Cognitive Behavioral Therapy for Insomnia: A Meta-Analysis of Short-Term and Long-Term Effects in Controlled Studies
Annelies van Straten, University of Amsterdam, the Netherlands
10:45: Effects of Online CBT for Insomnia in General Practice in the Netherlands
Tanja van der Zee, Vrije Universiteit, Amsterdam, the Netherlands
11:00: CBT for Insomnia: Effects on Depression and Mechanisms of Change
Jaap Lancee, University of Amsterdam, the Netherlands
11:15: CBT for Insomnia Combined with Obstructive Sleep Apnea: A Randomised Controlled Trial
Megan Crawford, Swansea University, UK
11:30: A Transdiagnostic Sleep and Circadian Treatment to Improve Severe Mental Illness Outcomes in a Community Setting
Allison Harvey, University of California, USA

Open Papers 7
Level 3 – Room S3
New Developments In Online Interventions
Chair: Fjóla Dögg Helgadóttir, AI-Therapy, Iceland
10:30: Unguided Online Cognitive Behavior Therapy in University and Community Samples: Al-Therapy’s Overcome Social Anxiety Program
Fjóla Dögg Helgadóttir, AI-Therapy, Iceland
Eileen Stech, University of New South Wales, Australia
11:00: Predicting Engagement with Online Interventions for Psychosis: Findings from the Self-Management and Recovery Technology (SMART) Project
Chelsea Amoils, Swinburne University of Technology, Australia
11:15: The Sweet Spot: Randomized Controlled Trial Comparing Different Levels of Clinician Support for Internet-based Cognitive Behavioural Therapy for Anxiety and Depression
Ashlee Grierson, St Vincent’s Hospital Sydney, Australia
11:30: Let’s Get It Online! - Study Protocol of an Internet-based Intervention for Women with Hypoactive Sexual Desire Disorder
Milena Meyers, Ruhr University Bochum, Germany

Thursday 18th July

Invited Addresses 1 (12.00 -13.00)

Invited Address 1
Level 1 – Room A1
The State of the Evidence on Psychotherapy for Post Traumatic Stress Disorder
Paula P. Schnurr, National Center for Post Traumatic Stress Disorder, Vermont, USA
Chair: Regina Steil, Goethe University Frankfurt, Germany

Invited Address 2
Level 1 – Room A2
Self-Reported Symptoms and the Body: A New Perspective on Their Relationship
Omer van den Bergh, University of Leuven, Belgium
Chair: Michael Wittchen, University of Mainz, Germany

Invited Address 3
Level 1 – Room A3
40 Incredible Years! In the Innovation of IY Programs: Where Have We been? Where Do We Go Next?
Carolyn Webster-Stratton, University of Washington, USA
Chair: Tom Ollendick, Virginia Polytechnic Institute and State University, USA

Invited Address 4
Level 1 – Room A4
Taking Care of Those Who Care: Targets and Strategies in CBT for Distressed Dementia Family Caregivers
Andres Losada, King Juan Carlos University, Spain
Chair: Ken Laidlaw, University of Exeter, UK

Invited Address 5 (German Language)
Level 1 – Room A5
Transdiagnostische Ansätze zur Behandlung psychischer Störungen: Chancen und Herausforderungen
Thomas Ehring, Ludwig-Maximilians-Universität München, Deutschland
Chair: Thomas Fydrich, Humboldt-Universität zu Berlin, Deutschland

Invited Address 6
Level 1 – Room A6
Action, Dialogue & Discovery: Reflections on Socratic Questioning 25 Years Later
Christine A. Padesky, Center for Cognitive Therapy, USA
Chair: Melanie Fennell, University of Oxford, UK

Invited Address 7
Level 1 – Room A7
Delusions and Other Strong Beliefs
Richard Bentall, University of Sheffield, UK
Chair: Gillian Haddock, University of Manchester, UK

Invited Address 8 (German Language)
Level 3 – Room M1
Partnerschaft und Gesundheit: Psychobiologische Vermittler und Implikationen für die Therapie
Beate Ollendorff, Universitätsklinikum Heidelberg, Deutschland
Chair: Alexandra Martin, Universität Wuppertal, Deutschland

SKILLS CLASSES

SKILLS CLASSES
Addictions

1 Effect of a Gender Sensitive Cognitive Behavior Therapy Program on Emotion Regulation and Distress Tolerance in Women with Substance Use Disorders: A Study from India
Hargun Anilwala, Nirmans, India

2 Potions for Emotions: The Role of Impaired Response Inhibition in Emotional Drinking
Henry Austin, University of Western Australia, Australia

3 Metacognitive Therapy for Alcohol Use Disorder: A Systematic Case Series
Gabrielle Cassell, Simon Fraser University, Studi Cognitivi, Italy

4 The Relationship Between the Compulsive Buying Tendencies and Early Maladaptive Schemas
Şeyma Cetin, Istanbul, Turkey

5 Injunctive Norms Predict Alcohol Problems: The Impact of Situational Confidence and Gender as Moderators
Charlotte Cornin, Concordia University, Canada

6 Early Disassociative Schemes and Alcohol Consumption in College Students
Karen Prisca Del Rio, Sao Paulo School of Medicine, Brazil

7 The Level of Nicotine Dependence and Motivation to Stop Smoking Among Patients of the Stop Smoking Center Operating at the Lower Silesian Oncology Centre in Wroclaw (Poland) in 2015
Anna Duda, Lower Silesian Oncology Center, Poland

8 Groups Belonging – A Group Intervention for People with Addiction that Integrates Social Identity and Cognitive Behavioral Approaches
Genevieve Dingle, University of Queensland, Australia

9 The Level of Nicotine Dependence and Motivation to Stop Smoking Among Patients of the Stop Smoking Center Operating at the Lower Silesian Oncology Centre in Wroclaw (Poland) in 2015
Anna Duda, Lower Silesian Oncology Center, Poland

10 The Role of Clinicians’ Mindfulness on Treatment Outcomes for Substance-Using Adolescents
Susan Evans, New York-Presbyterian Weill Cornell, USA

11 Effectiveness of a Cognitive-Behavioural Treatment Programme for Drug-Addicted Patients with Physical and/or Sexual Lifetime Abuse
Javier Fernandez-Montalvo, Universidad Publica de Navarra, Spain

12 Do Metacognitive Beliefs Moderate the Link Between Negative Receptive Thinking and Alcohol Use Severity?
Tianan Hammer, Universite Paris Descartes, France

13 Metacognitive Beliefs in Problematic Cannabis Use: Preliminary Findings
Tianan Hammer, Universite Paris Descartes, France

14 The Pilot Study of Cognitive Behavioral and Positive Psychological Intervention for Alcohol Addiction
Suguru Iwano, Oita University, Japan

15 Differences in Perceived Social Support and Psychological Recovery Through Participation in Self-Help Groups Among Drug Addicts
Yumi Kitagawa, Waseda University, Japan

16 Efficacy of a Cognitive-Behavioral Intervention Focused on Support Networks for Addicted Patients in Treatment
Diana Mejía, Instituto Tecnológico de Sonora, Mexico

17 Gender Differences in Unidirectional and Bidirectional Intimate Partner Violence in Addictions
José L. López-Gómez, Universidad Publica de Navarra, Spain

18 Virtual Approach-Bias Retraining for Smokers Motivated to Quit Smoking
Aia Machulski, University of Siegen, Germany

19 Impulsivity and Cognitive Distortions in Different Clinical Phenotypes of Gambling Disorder: Profiles and Longitudinal Prediction of Treatment Outcomes
Nuno Malorq-Baque, Hospital de la Santa Creu i Sant Pau, Spain

20 Executive Functions and Discounting Function in Adolescents Drug Users
Dana Mëja, Instituto Tecnológico de Sonora, Mexico

21 Treatment Effect on Delay and Probability Discounting Rates in Participants with Cocaine Use Disorder
Dana Mëja, Instituto Tecnológico de Sonora, Mexico

22 Substance Use Related Beliefs and Inclination for Substance Abuse versus Preventive Efforts Among Adolescents in South India
Rajeev Joseph Michael, St. Joseph's Hospital, India

23 Comparison of Psychological Flexibility Between People on Probation for Alcohol-Related Crimes According to the Severity of Their Problematic Drinking
Euyhney Na, Inchoen Chamsarang Hospital, South Korea

24 Implementation of a Cognitive Behavioral Group Therapy Program in Rolling Form for Sexual Addiction Patients: A Pilot Study
Kazutaka Nomura, Waseda University, Japan

25 Why Are Caffeinated Alcoholic Beverages Especially Risky?
Melissa Norberg, Macquarie University, Australia

26 Challenge your Thinking: Protocol for an Online Unconscious Bias Training Program for Anxiety and Problematic Alcohol Use
Kathryn Prior, University of Sydney, Australia

27 Fluoxetine Treatment Reduces Alcohol Consumption in Females, but not in Males, Rats Exhibiting Reserpine-Induced Depression
Paul Ruiz, Universidad de la República, Uruguay

28 Association Between Psychological Discomfort and Alcohol Consumption in Youth from Uruguay
Paul Ruiz, Universidad de la Republica, Uruguay

29 Online Approach Bias Modification Training with Motivational Feedback in Problem Gambling: Preliminary Results
Lenky Srisop, University of Amsterdam, the Netherlands

30 Is Problem Drinking Maintained by Positive Strengthening?
Midon Takesawa, Waseda University, Japan

31 Gamification and Cognitive Behavioural Therapy: A Perfect Marriage that is Difficult to Start. A Preliminary Tentative in Addiction Treatment
Gabriel Thomsen, Geneva University Hospital, Switzerland

32 The Mediating Role of Cannabis Use in the Relationship Between Perceived Psychosocial Stress and Dissociative Experiences
Evelyn Trottzow, Carinsällmara Institute, Australia

33 The Impact of Alcohol on Academic Performance in University Students
Mariska van der Hof, University of Amsterdam, the Netherlands

34 Women, Addiction and Domestic Violence: Are Substance-Dependent Women More Aggressive than Non-Dependents?
Imgrid Vogt, Frankfurt University of Applied Sciences, Germany

35 Adolescents with Substance Use Disorder: Exploring Underlying Vulnerability Factors
Brenda Volkvårt, University of Ghent, Belgium

36 The Relationship Between Digital Game Addiction and Being Neglected By Parents in Adolescence
Uluku Bayazit and Ayurin Bayson, Aidenz University, Turkey

Eating Disorders

37 Risk Factors Under the Influence: A Cross-Cultural Examination of Eating Disordered Behaviours in the UK and India
Latika Ahuja, University of Exeter, UK

38 The Body Image Matrix of Thinness and Muscularity - Male Bodies (BIMTM-M): Development and Validation of a New Figure Rating Scale for Male Body Image
Rike Atenou, Osnabrueck University, Germany

39 Self-Injurious and Suicidal Behavior in Child and Adolescent Inpatients with Eating Disorders
Sabine Arnold, Charité - University Medicine Berlin, Germany

40 The Short-Term Course of Anorexia Nervosa in Adolescent Inpatients: A Follow-up Study
Gabi Arnold, Charité - University Medicine Berlin, Germany

41 A Two-Hour Emotion Regulation Workshop in Early Adolescents with Obesity: A Feasibility Study
Elsa Boelens, Ghent University, Belgium

42 Anorexia Nervosa Without Fear of Weight Gain: Do Implicit Association Tests Confirm Its Validity in a German-Speaking Sample?
Tiana Borgers, Osnabrück University, Germany

43 Presentation of a Cognitive and Nutritional Group Intervention in Obese Women
Rania Boumi, Hellenic Society of Cognitive Psychotherapies/1st Psychiatric Department, N.K.U.A., Greece

44 Investigation of Outcomes and Mechanisms of Change in CBT Interventions for Weight Loss: A Meta-Analysis of Randomized Clinical Trials
Lora Comsa, Babes Bolyai University, Romania

45 Stress and (Un)Healthy Food Behavior: The Moderating Role of Emotional Eating and Emotion Regulation; A Two-Hour Study
Takaki Debeuf, Ghent University, Belgium

46 Dunkorexia: The Role of Personality
Lucia Di Guida, Istituto Miller Genova, Italy

47 Building Resilience to Depressive Rumination: The Protective Role of Attentional Avoidance of Thin-Ideal Bodies
Laura Dondolo, University of Western Australia, Australia

48 Moderating Effect of Cognitive Fusion on the Relationship Between Perfectionism and Eating Disorder-Related Symptoms
Celine Douillez, Universite Catholique de Louvain, Belgium

49 Attention and Body Dissatisfaction
Francisco Esteves, Mid Sweden University, Sweden

50 “I’m Fat, Poor and Ugly. Can’t I even Have the Pleasure of Eating?” – A Case of CBT-E in Severe Obesity and Binge-Eating Disorder
Tammy Amaral, Hede Mater Dei, Brazil

51 Metacognitive Functioning and Insight in Eating Disorders
George Georgantopoulos, Eginition Hospital, 1st Psychiatric Dpt., Medical School, N.K.U.A., Greece

52 Cognitive Mechanisms Underlying Individual Differences in Negative Emotional Consumption of Junk Food
Brenda Gutter, University of Western Australia, Australia

53 A Comprehensive Assessment of Different Facets of Body Image in Homo-, Hetero- and Bisexual Women and the Influence of Discrimination Experience
Alina Henn, Osnabrück University, Germany
54  Issue of Gender? - Subjective Assumptions About the Causes to People’s own Obesity
      Carmen Henning, Otto-Friedrich-University Bamberg, Germany
55  Impact of Comorbid Borderline Personality Disorder on Inpatient Treatment Outcome for Bulimia Nervosa: Analysis of Routine Data and Discussion of Transdiagnostic Aspects
      Johannes Hessler, Sichem Clinic Rosenreck, Germany
56  Orthorexia Nervosa: Validation of the Eating Habits Questionnaire
      Natale Hirsch, Australian Catholic University, Australia
57  The Effect of Reducing Implicit Approach Toward Foods on Eating Behavior
      Marise Ishikawa, Waseda University, Japan
58  Longitudinal Bidirectional Associations Between Depressive and Bulimic Symptoms Among High-Risk Female College Students: A Cross-Lagged Model
      Yoon Hee Kim, Sungkyunkwan University, South Korea
59  A Food-Specific Inhibitory Training to Increase Inhibitory Control – A Randomized Controlled Pilot Study
      Kees Kolle, Otto-Friedrich-University Bamberg, Germany
60  Testing an Integrative Model of Restraint and Emotion Dysregulation for Binge Eating
      Katri Kulkki, University of Tartu, Estonia
61  Which Factors Predict the Effects of Food Response Inhibition Training on Reduced Food Intake and Weight?
      Natale Lawrence, University of Exeter, United Kingdom
62  The Underlying Motivations of Perfectionism with Eating Disorders
      Pascale Mackoy, Université du Québec à Trois-Rivières, Canada
63  The Network Structure of Obsessive-Compulsive Symptoms in Patients with Eating Disorders
      Mareke Meier, University of Muenster, Germany
64  The Role of Attentional Control in Understanding Attention Bias for Foods in Women and Men
      Kate Muigrew, University of the Sunshine Coast, Australia
65  “Living the Exposure Lifestyle”: A Binge-Eating Disorder Patient’s Application of CBT and Exposure Principles to other Life Domains
      Katrina Obeid, University of Hawaii at Manoa, USA
66  Nutrition Education after Bariatric Surgery and Comparison of Cognitive Behavioral Therapy Techniques on the Effect of Body Mass Index and Problematic Eating Behaviors
      Noreen Üz, Yeditepe Universitesi Inshas Hastanesi, Turkey
67  The Effect of Inpatient Treatment to Inhibitory Control in Eating Disorder Subtypes – Possible Moderating Effects of Trait Impulsivity and Perfectionism
      Elis Paasik, University of Tartu, Estonia
68  Interventions for Reducing Food Cravings: A Systematic Literature Review
      Sophie Schumacher, Flinders University, Australia
69  Attention Bias for Eating Disorder Related vs. Social Stimuli in Adolescents with Anorexia Nervosa – an Eye-Tracking Study
      Anca Stărlie, Ludwig Maximilians Universitaet Munich
70  Personality-based Profiles in Eating Disorders Predicting Short-Term Treatment Response: A Promising Way for Tailoring Treatment
Karlis Sculte, University of Tartu, Estonia
71  Relationships Between Body- and Appearance-Related Self-Conscious Emotions and Self-Esteem, Psychological Well-Being, as Well as the Tendency Toward Social Anxiety Among Japanese Adult Females
Tomohiro Suzuki, Tokyo University, Japan
72  Psychological Distress and Disordered Eating in Adolescents: The Moderating Role of Emotion Dysregulation
      Nora Trompeter, Macquarie University, Australia
73  Measuring Depression in College Students Using the Implicit Association Test (IAT)
      Satsuki Ueda, Kwansei Gakuin University, Japan
74  Computer Training of Attention and Inhibition for Youngsters with Obesity: A Pilot-Study
      Sandra Verbeke, University of Gent, Belgium
75  Relationships Between Body-Related Shame and Guilt and Maladaptive Eating Behaviors in Hungarian and Norwegian Non-Clinical Samples
      Gabriella Vizin, Eötvös Loránd University and Semmelweis University, Hungary
76  Attentional Processing of One’s own Body in Women with High Body Concerns Investigated by Steadystate Visual Evoked Potentials (SSVEP)
      Mona M. Voges, Otisribruck University, Germany
77  Direct Autobiographical Memory Retrieval in Women with a Repulsive Body Image
      Paula van Spreeuwen, University of Groningen, the Netherlands
78  Measuring Inhibitory Control and Attentional Bias in Individuals with Bulimia Nervosa Using Emotional Go/No-Go Task
      Shenj Wu, University of Tartu, Estonia
79  Cognitive-Behavioral Therapy for Eating Disorders: What Constitutes Meaningful Clinical Change in Eating Attitudes?
      Glenn Walter, University of Sheffield, UK
80  Brief Cognitive-Behavioral Therapy for Non-Underweight Eating Disorders (CBT-T): All the Effects in Half the Time?
      Glenn Walter, University of Sheffield, UK
81  Transtheoretical Model and Metabolic Syndrome
      Matthijs Ludvig, UNISNOS, Brazil
82  Executive Dysfunctions and Eating in the Absence of Hunger in Adolescents with Binge-Eating Disorder: An Experimental Test Meal Study
      Herikke Waniser, Integrated Research and Treatment Center (IFB) Adjicty, Germany
83  Do Veiled and Unveiled Muslim Women, Christian women, and Atheist Women Differ Regarding Body Checking, Body Dissatisfaction, and Eating Disorder Symptoms?
      Leonie Wilhelm, Osnabrück University, Germany
84  Longitudinal Analyses of Emotional States Before, During and After a Body Checking Episode in Normal Weight Females with Higher and Lower Eating, Weight and Shape Concerns
      Leonie Wilhelm, Osnabrück University, Germany
85  The Relationship Among BIS/BAS, Healthy Diet Strategies, Drive for Thinness, and Well-Being, Focusing on Intentional Dieting
      Mikako Yazawa, Musashino University, Japan
86  Combination of Pharmacotherapy and CBT in Eating Disorders - Retrospective Case Series
      Sora Yokum, Oregon Research Institute, USA
87  Randomized Trial of a Dissonance-Based Group Treatment for Eating Disorders: An Evaluation of Target Engagement
      Nathalie Legrand, Universite Paris Diderot, France
88  ProYouth OZ: An Online Peer-to-Peer Support Prevention and Early Intervention Program for Young People at Risk of Eating Disorders
      Kathina Ai, Australian National University, Australia

Lunch (13.00 - 14.00)

Technical Demonstration 1
Level 3 – Room M3
The SO REAL Project: Cognitive Behavioral Therapy Augmented with Virtual Reality Exposure Therapy for Social Anxiety Disorder
Benjamin Armfield & Peter Bang, Center for Mental Health Capital Region of Denmark, Denmark

Technical Demonstration 2
Level 3 – Room M6
Immersive Technology for Mental Health: Automated Virtual Reality Cognitive Intervention for Treating Fear of Heights
Poly Hasleton & June Dent, Oxford VR, UK

Technical Demonstration 3
Level 3 – Room M7
The Application of Standardised Digital Assessments and Machine Learning for the Recommendation of Optimal Treatment Plans
Chris May, Mayden, UK

Sponsored Academic Presentation
Level 3 – Room M6
Effectiveness and Cost-effectiveness of Internet-delivered Interventions for Depression and Anxiety Disorders in the Improving Access to Psychological Therapies: Results from a Randomised Control Trial
Derek Richards, SilverCloud Health

Symposium 39
Level 1 – Room A1
Identifying and Overcoming Challenges in Therapy for Adolescents with Depression
Convenor & Chair: Shirley Reynolds, University of Reading, UK
14:00 Engaging Young People in Psychological Therapy
      Joanna Henderson, Cundill Centre University of Toronto, Canada
14:15 Do Psychological Treatments for Adolescent Depression Reduce Sleep Problems?
      Faith Orchard, University of Reading, UK
14:30 “I Just Stopped Going”: A Mixed Methods Investigation into Types of Therapy Dropout in Adolescents with Depression
      Shirley Reynolds, University of Reading, UK
14:45 Engaging Young People in Treatment for Low Mood/ Depression: The Brief Behavioral Activation Approach, Resources to Support Therapy and Use of Embedded Routine Outcome Measures
      Laura Pass, University of East Anglia, UK
Symposium 40
Level 1 – Room A2
Prevention and Early Intervention for Eating Disorders and Transdiagnostic Outcomes: Targeting Body Image Concerns and Unhelpful perfectionism in Young People
Convenor & Chair: Melissa Atkinson, University of Bath, UK
14:00 Combating Disordered Eating and Poor Body-Image with the Use of Imagery Rescripting (IR) Among Body-Dissatisfied Young Women
Yuan Zhou, Flinders University, Australia
14:15 The Relationship Between Perfectionism and Academic Achievement: A Meta-Analytic Review
Ivana Oseni, Flinders University, Australia
14:30 A Randomized Controlled Trial Targeting Perfectionism in Young Gifted Adolescents: A Pilot Study
Tracey Wade, Flinders University, Australia
14:45 Preliminary Results from a School-Based Cluster Randomised Controlled Study Comparing Universal Eating Disorder Prevention Programmes
Melissa Atkinson, University of Bath, UK

Symposium 41
Level 1 – Room A5
Chronic Depression: a Therapeutic Challenge approached from Different Angles
Convenor: Jan Philipp Klein, University of Lübeck, Germany
Chair: Elisabeth Schramm, University of Freiburg, Germany
14:00 Schema Therapy in the Treatment of Chronic Depression: A Single Case Series Study
Fritz Renner, University of Freiburg, Germany
14:15 Mindfulness-Based Cognitive Therapy in the Treatment of Chronic Depression: A Randomized Controlled Trial
Mira Cladder-Micus, Radboud University Nijmegen, the Netherlands
14:30 Cognitive-Behavioural Analysis System of Psychotherapy in the Treatment of Chronic Depression: Long-Term Results from a Randomized Controlled Trial
Elizabeth Schramm, University of Freiburg, Germany
14:45 CBASP in the Treatment of Chronic Depression: Treatment Moderators in a Randomized Controlled Trial
Jan Philipp Klein, University of Lübeck, Germany

Symposium 42
Level 1 – Room A4
The Digital Therapy Room: mHealth Applications for Psychotherapy
Convenor: Alissa von Malachowski, Hamburg University, Germany
Chair: Tania Lincoln, Hamburg University, Germany
14:00 Actassist: A Theory-Informed App for Early Psychotherapy
Sandra Bucci, University of Manchester, UK
14:15 IMPROving Availability & Cost-Effectiveness of Mental Healthcare for Schizophrenia Through mHealth (IMPACHS) - Results from a Multi-Site Feasibility Study Integrating a Mobile Application into Face-to-Face Therapy
Alissa von Malachowski, Hamburg University, Germany & Stephen Fitzgerald Austin, Psychiatric Research (IMPACHS) - Results from a Multi-Site Feasibility Study Integrating a Mobile Application into Face-to-Face Therapy
14:30 Early Signs Monitoring to Prevent Relapse in Psychosis and Promote Wellbeing, Engagement and Recovery (EMPOWER): A Pilot Cluster Randomised Controlled Trial in Two Countries
Andrew Gumley, University of Glasgow, UK
14:45 Discussant
Tania Lincoln, Hamburg University, Germany

Symposium 43
Level 1 – Room A6
The Science of Resilience: Responding to Cognitive Behavioural Biomarkers of Vulnerability
Convenor & Chair: Jennifer Wild, University of Oxford, UK
14:00 Increasing Resilience in Young People by Targeting Repetitive Negative Thinking
Thomas Ehrg, Ludwig-Maximilians-Universität, Germany
14:15 Cognitive Processing Therapy for PTSD: What Client Characteristics Promote Successful Outcome and Long-Term Wellbeing?
Rebecca Bacon, Flinders University, Australia
14:30 Human Locus Coeruleus Conflict Response Predicts Real-World Stress Resilience
Ulrich Kien, University of Zurich, Switzerland
14:45 Targeting Modifiable Predictors of Trauma-Related Disorders to Improve Resilience in Emergency Workers: A Randomised Controlled Trial
Jennifer Wild, University of Oxford, UK

Symposium 44
Level 1 – Room A8
Personalizing Psychotherapy for Depression and Anxiety Disorders: Prediction of Treatment Outcome and Drop-Out Rates Using Novel Statistical Approaches
Convenor: Eva-Lotta Brakemeier, Philipps-University of Marburg, Germany
Chair: Eva-Lotta Brakemeier, Philipps-University of Marburg and Germany Marcus Hubers, Vrije Universiteit Amsterdam, the Netherlands, and University of Pennsylvania, USA
14:00 Who Benefits more from Short-Term Psychodynamic Therapy than from Cognitive Behavioural Therapy?
Jürgen Hoyer, Technical University of Dresden, Germany
14:15 Predicting Changes in Patients Suffering from Depression in Routine Clinical Care: A Bayesian Approach
Philipp Herzog, Philipps-University of Marburg, Germany
14:30 Predicting Optimal Acute and Long-Term Outcomes in Cognitive Therapy or Interpersonal Psychotherapy for Depressed Individuals Using the Personalized Advantage Index Approach
Marcus Hubers, Vrije Universiteit Amsterdam, the Netherlands, and University of Pennsylvania, USA
14:45 On the Way to Personalize Treatments: Using Network-Analysis to Improve Predictions of Dropout
Wolfgang Lutz, University of Trier, Germany

Symposium 45
Level 1 – Room A7
How To Learn More About Cognitive Behavioural Therapy-Training and How To Reach Beyond Basic Training?
Convenor & Chair: Andreas Verth, Zentrum für Psychotherapie Dortmund, Germany
14:00 Psychotherapy Training: Traene’s Experiences in the Early Phase of Their Training. First Results from the SPRISITAD International Study
Ulrike Willikus, University Witten-Herdecke, Germany
14:15 How Can We Clarify the Role of Personal Therapy in Training – Remarks Based Upon a Systematic Review
Bernhard Strauss, University of Jena, Germany
14:30 How to Facilitate Evidence-Based Practice and Motivate for Advanced Psychotherapy Training
Franziska Kühne, University of Potsdam, Germany
14:45 Stuck Points in Cognitive Behaviour Therapy Training
Lynn McFerr, Harbor-UCLA Medical Center, USA
Discussant
Anton Rupert Laretre, University of Vienna, Austria

Symposium 46
Level 3 – Room M1
Breaking New Ground: Expanding the Reach of Prevention of Depression in Adolescents
Convenor & Chair: Patrick Pössel, University of Louisville, USA
14:00 Incremental Cost-effectiveness of Preventing Depression in At-Risk Adolescents
Judith Garber, Vanderbilt University, USA
14:15 Migration Status, Gender, and the Effects of Depression Prevention: A Cluster-Randomized Control Group Study
Paul Stallard, University of Bath, UK
14:30 School-based Depression Prevention for Adolescents with Subclinical Symptoms of Depression
Naira Topooco, Linköping University, Sweden, and Center for M2Health, USA
14:45 An Internet-Based Approach to Preventing Adolescent Depression in Primary Care
Trace Gladstone, Wellesley College, USA

Symposium 47
Level 3 – Room M3
Toward New Technologies: Computerized Treatment for Depression and Anxiety in Children and Adolescents
Convenor & Chair: Sanne Rasing, Utrecht University and GGZ Oost Brabant, the Netherlands
14:00 The Effectiveness of Technologically Delivered Interventions for Child Anxiety and Depression: A Systematic Review
Paul Shadish, University of Bath, UK
14:15 Accessible Behavioral Intervention for Adolescent Depression: Implications from Two Randomized Controlled Trials
Lynn McFerr, Harbor-UCLA Medical Center, USA
14:30 Effectiveness of Blended Cognitive Behavioural Therapy in Clinically Depressed Adolescents: A Pragmatic Quasi-Experimental Controlled Trial
Sanne Rasing, Utrecht University and GGZ Oost Brabant, the Netherlands
14:45 The Effect of the Video Game ‘Mindlight’ with and Without Elements of Cognitive Behavioral Therapy on Anxiety Symptoms of Children with Autism Spectrum Disorder
Lieke Wijnhoven, GGZ Oost Brabant and Radboud University, the Netherlands
Symposium 48
Level 3 – Room M4
Older Adults: Schema Theory and Schema Therapy
Convenor: Ian Kneebone, University of Technology Sydney, Australia
Chair: Arjan Videler, Tilburg University, the Netherlands
14:00 Schema Theory and Older Adults: A Preliminary Study
   Ian Kneebone, University of Technology Sydney, Australia
14:15 Schemata in Older Adults: What Structures Appear?
   Marjolein Legra, Maastricht University and GGZ breug, the Netherlands
14:30 Schema Therapy in Older Adults
   Arjan Videler, Tilburg University and GGZ breug, the Netherlands
14:45 Group Schema Therapy: Modifications for Older Adults with Personality Disorders
   Sylvia Heijnen-Koht, Monnickâen Hospital, the Netherlands

Symposium 49
Level 3 – Room M6
Attention and Learning Mechanisms in Child Anxiety
Convenor & Chair: Helen Dodd, University of Reading, UK
14:00 Emerging Patterns of Mother-Infant Relations: Maternal Anxiety, Infant Temperament, and Infant Attention Bias to Emotion
   Koraly Perez-Edgar, Pennsylvania State University, USA
14:15 Learning to Attend to Threat, a Parent-Child Experimental Task
   Helen Dodd, University of Reading, UK
14:30 Does Maternal Anxiety Moderate the Effects of Cognitive and Learning Mechanisms on Anxiety Symptoms in Offspring?
   Alison Waters, Griffith University, Australia
14:45 Behavioral and Neural Differences Among Anxious and Non-anxious Youth in Fear Learning and Their Role in Predicting Treatment Outcomes
   Tamar Schechter, University of Haifa, Israel

Symposium 50
Level 3 – Room M6
Understanding Psychological Mechanisms of Paranoia
Convenor and Chair: Lyn Elliott, Royal Holloway, University of London, UK
14:00 The Role of Interpersonal Processes in Moderating Paranoia: Findings from Two Analogue Studies
   Katherine Berry, University of Manchester, UK
14:15 Attachment Theory as a Means of Enriching CBT for Psychosis
   Katherine Newman-Taylor, University of Southampton, UK
14:30 What Came First, Negative Emotions or Paranoia? On the Trail of the “Chicken and Egg” Problem
   Katina Kharics, University of Hamburg, Germany
14:45 Daily Relationship Between Social Exclusion and Paranoia
   Esdo Yaya, University of Indonesia, Indonesia

Symposium 51 (German Language)
Level 3 – Room M7
Von der Diagnostik zu Therapiemöglichkeiten bei nicht-suizidalem selbstverletzendem Verhalten bei Jugendlichen und jungen Erwachsenen im ambulanten und stationären Setting
Convenor & Chair: Tina In-Albon, Universität Koblenz-Landau, Deutschland
14:00 Der diagnostische Prozess bei nicht-suizidalem selbstverletzendem Verhalten
   Tino In-Albon, Universität Koblenz-Landau, Deutschland
14:15 Evidenzbasierte Therapie von Nicht-suizidalem Selbstverletzendem Verhalten im Jugendalter
   Paul Plener, Medizinische Universität Wien, Österreich
14:30 Entwicklung und Evaluation einer Online-Intervention für Nicht-Suizidales Selbstverletzendes Verhalten in der Adoleszenz – Eine randomisiert-kontrollierte Studie
   Alexandra Edinger, Universität Heidelberg, Deutschland
14:45 Traumatherapie bei adolescenten Posttraumatischen Belastungsstörungs-Patienten mit komorbid emotional-instabilier Persönlichkeitsstörung
   Sven Cornilse, Zentrum für seelische Gesundheit, Deutschland

Symposium 52
Level 3 – Room M8
Parenting Interventions at the Transition to Parenthood: Preliminary Findings from Feasibility Studies and Full Trials
Convenor & Chair: Anja Wittkowski, University of Manchester, UK
14:00 Parenting Interventions at the Transition to Parenthood: The Evidence for Baby Triple P
   Alina Morawska, University of Queensland, Australia
14:15 The IMAgNe Study: The Feasibility and Acceptability of Baby Triple P for Mothers with Severe Mental Health Problems
   Anja Wittkowski, University of Manchester, UK
14:30 THRIVE: Trial of Healthy Relationship Initiatives for the Very-Early years
   Marcon Henderson, University of Glasgow, UK
14:45 Discussant
   Alina Morawska, University of Queens, Australia

Symposium 53
Level 3 – Room R2
Recent Goal Regulation Processes Implicated in Mental Health
Convenor & Chair: Joanne Dickson, Edith Cowan University, Australia
14:00 Rumination Mediates the Relationship Between Actual-Ideal (but not Actual-Ought) Self-Discrepancy and Psychological Distress
   Joanne Dickson, Edith Cowan University, Australia
14:15 Goal-Related Thinking and Affective Responsiveness in Dysphoria
   Andrew MacLeod, Royal Holloway and University of London, UK
14:30 Intensity and Perceived Constructiveness of Rumination About Personal Goals: A Diary Study
   Nicholas Moberly, University of Exeter, UK
14:45 Investigating Health Beliefs, Goal Appraisals and Emotional Distress in Individuals Experiencing Severe Mental Health Difficulties
   Esme Ropi, University of Liverpool, UK

Symposium 54
Level 3 – Room R3
International Politics: A Cognitive Therapy Perspective
Convenor & Chair: Mauro Galluccio, European Association for Negotiation and Mediation Brussels, Belgium
14:00 Populism: A Cognitive Therapy Perspective
   Robert L. Leahy, American Institute for Cognitive Therapy, USA
14:15 The Lebanese International Conflict: A Cognitive Therapy Perspective
   Aimee Karam, St. George Hospital University Medical Center, Lebanon
14:30 The Dark Leadership: A Cognitive Therapy Perspective
   Mauro Galluccio, European Association for Negotiation and Mediation Brussels, Belgium
14:45 Discussant
   Peter L. Leahy, American Institute for Cognitive Therapy, USA

Symposium 55
Level 3 – Room R4
Internet and Cognitive Behavioral Therapy: Advances and Applications in Different Contexts
Convenor: Karen P. Dzioczkowska, Federal University of Grande Dourados, Brazil
14:00 Training of Cognitive Therapists in Argentina
   Ruth Wilner, Asociación Argentina de Terapia Cognitiva and Asociación Latinoamericana de Psicoterapias Cognitivas, Argentina
14:20 Effectiveness of an Internet-Based Self-Guided Program to Treat Depression in a Sample of Brazilian Users: A Study Protocol
   Rodrigo Lopez, Universidade Católica de Petrópolis, Brazil
14:40 Boomerang Effect in an Online Program to Prevent Alcohol Abuse in University Students
   Karen P. Del Rio Szczepanski, Federal University of Grande Dourados, Brazil

Symposium 56
Level 3 – Room R5
The Relationship Between Social Media and Indicators of Psychopathology
Convenor & Chair: Lien Faelens, Ghent University, Belgium
14:00 Social Media and Depression Symptoms: a Network Perspective
   Esmira Ropaj, University of Liverpool, UK
14:15 Self-Control Perspective On Maladaptive Facebook Usage
   Ruth Wilner, Asociación Argentina de Terapia Cognitiva and Asociación Latinoamericana de Psicoterapias Cognitivas, Argentina
14:30 The Impact of Social Media Use on Body Image
   Dan de Vries, Netherlands Association for Behavioural and Cognitive Therapy, the Netherlands
14:45 The Interplay Between Social Media Use, Self-Esteem and Risk for Affective Disorders
   Lien Faelens, Ghent University, Belgium
Thursday 18th July

Open Papers 8
Level 3 – Room R6
German Language Open Papers
Chair: Charlotte Wittekind, Ludwig Maximilians-Universität München, Germany
14:00
SASB-KJ, Die Strukturanalyse Sozialer Verhaltens (SASB) in der Kinder- und Jugendlichen Psychotherapie
Michał Woste, Europa-Universität Flensburg, Germany
14:15
Wirkfaktoren der Psychotherapie
Robert Mestel, Vamed Rehaklinik Bad Grönenbach, Germany
14:30
Prädiktoren für die Wirksamkeit der Gruppenselbsterfahrung in der Behandlung der Essstörungen
– Ein Forschungsprojekt der Österr. Psychiatrische Gesellschaft für Verhaltenstherapie (ÖGPV)
Susanne Ohmann, Universität zu Köln, Germany
14:45
Behandlungswege in Psychiatrie und Psychosomatik bei depressiver Symptomatik – Eine Verlaufsuntersuchung zu Patientenbezogenen Outcomes ein Jahr nach der Behandlung
carmen Uhlmann, Universität Ulm, Germany

Symposium 57
Level 3 – Room R7
Efficacy and Prediction Factors of Schema Therapy and the Influence of Comorbidity
Convenor: David Koppers, GGZ Arkin and Free University Amsterdam, the Netherlands
14:00
Time-Limited Schema Group Therapy: What Predicts Outcome?
Michał Woste, GGZ Arkin and Free University Amsterdam, the Netherlands
14:15
Schema Therapy for Borderline Personality Disorder and Alcohol Use Disorder
Michał Woste, GGZ Arkin and Free University Amsterdam, the Netherlands
14:30
The Influence of Depressive Symptoms on the Efficacy of Long Term Group Schema Therapy for Personality Disorders
David Koppers, GGZ Arkin and Free University Amsterdam, the Netherlands
14:45
Discussant
Eckhard Roediger, Schema Therapy Institute Frankfurt, Germany

Symposium 58
Level 3 – Room R12
Examining Cultural Influences in the Treatment of Anxiety Disorders: Encounters Between East and West
Convenor: Lotte Lemmens, Maastricht University, the Netherlands
14:00
False Safety Behavior Elimination Treatment: Cultural Adaptations
Norman B. Schmidt, Florida State University, USA
14:15
The Adaptation of the False Safety Behavior Elimination Treatment to Clinical Settings in Japan
Honami Arai, Doshisha University, Japan
14:30
Anxiety, Emotional Intolerance, and Treatment-Seeking Decisions: A Behavioral Economic Perspective
Kiara R. Timpano, Miami University, USA
14:45
Positive and Negative Self-Views in Social Anxiety Disorder: Does the Impact of Cognitive Behavior Therapy Differ Between East and West?
Jung-Hye Kwon, Korea University, South Korea

Symposium 59
Level 3 – Room S2
Emotion and Cognition in Disordered Eating: New Perspectives and Implications for Treatment
Convenor & Chair: Maja Nedeljkovic, Swinburne University of Technology, Australia
14:00
Emotional Arousal and Eating Behaviours
Maja Nedeljkovic, Swinburne University of Technology, Australia
14:15
The Relationship Between Attachment Experiences, Emotional Regulation and Disordered Eating
Nicole Fedrich, Swinburne University of Technology, Australia
14:30
Eating Disorders and Trauma: An Exploration of the Role of Compassion in Recovery
Inge Gnant, Swinburne University of Technology, Australia
14:45
Exploring the Relationship Between the Risk of Anorexia Nervosa and Cognitive Flexibility
Stephanie Miles, Swinburne University of Technology, Australia

Symposium 60
Level 3 – Room S3
Developing Cognitive Behavioral Therapy in China: Computerized Cognitive Behavioral Therapy (cCBT), Virtual Reality-Enhanced Cognitive Behavioral Therapy (VR-CBT) and Neuroscience-Informed Cognitive Behavioral Therapy (NeuroCBT)
Convenor: Chun Wang, Nanjing Brain Hospital and Cognitive Behavior Therapy Institute of Nanjing Medical University, China
14:00
Efficacy and cost-effectiveness of computerized cognitive behavioral therapy for obsessive-compulsive disorder
Qing Fan, Shanghai Mental Health Center and Shanghai Jiao Tong University School of Medicine, China
14:15
Efficacy and Safety of Virtual Reality Exposure Therapy for Acrophobia
Qiuyu Wang, Nanjing Normal University, China
14:30
Neural Circuit Mechanism of CBT and Neuroscience Informed CBT
Chun Wang, Nanjing Brain Hospital and Nanjing Medical University, China
14:45
Discussant
Zhen Wang, Shanghai Mental Health Center and Shanghai Jiao Tong University School of Medicine, China

Afternoon In-Congress Workshops (14.00 - 17.00)

In-Congress Workshop 5
Level 3 – Room M2
Schema Therapy
Arnoud Arntz, University of Amsterdam, the Netherlands

In-Congress Workshop 6
Level 3 – Room R8
From Skill to Specialism: Increasing Expertise as a Cognitive Behavior Therapy Supervisor
Sarah Corne, Central and North West London NHS Trust, UK & David Lane, Professional Development Foundation, UK

In-Congress Workshop 7
Level 3 – Room R9
A Resilience Universal Program to Prevent Psychopathology and its Application to the Clinic
Daniel Hornet, Cohen Harris Resilience Center Tel Aviv Israel and Interdisciplinary Center Herzlia Israel, Israel

In-Congress Workshop 8
Level 3 – Room R10
Treating the Fear of Cancer Recurrence: Conquer Fear
Louië Sharpe, University of Sydney, Australia

In-Congress Workshop 9
Level 3 – Room R11
Involving Parents in the Treatment of Young Adults with Anxiety Disorders
Anne Marie Albano & Lauren Hoffman, Columbia University, USA

In-Congress Workshop 10
Level 3 – Room R13
Integrative Cognitive Behavior Therapy for Bipolar Disorder
Cory Newman, University of Pennsylvania, USA

In-Congress Workshop 11 (German Language)
Level 3 – Room S1
Internet- und mobilbasierte Versorgungskonzepte in der Praxis: eine 360° Perspektive
Sandra Schlicker & Ingrid Titzler, Friedrich-Alexander-Universität Erlangen-Nürnberg, Germany

SYMPOSIA
Depression

1. Physical Activity and Cognitive Control Modulate Therapy Processes in Depression
   Johanna Addelberg, Free University Berlin, Germany

2. Reduction of Depression and Anxiety with the Group Format of Emotional Activation Therapy (G-EAT)
   Arane Schmidt, Lehrpraxis der AV Köln, Germany

3. Tailored Screening for Late-Life Depression — A Short Version of Teate Depression Inventory in Elderly People
   Saggio Arstid, G. d’Annunzio University of Chieti-Pescara, Italy

4. A Cognitive Behavioural Group Training Intervention to Facilitate Transitions Among Female University Students who Have Symptoms of Depression and Anxiety
   Johanna Bernhardt, University of Iceland, Iceland

5. Effectively Treating Depression: Study Design and Methodology of a Naturalistic Study of Group Cognitive Behavioural Therapy as Electroconvulsive Therapy Continuation Treatment
   Luisa Bönke, Charité University Medicine Berlin, Germany

6. Acceptance and Implementation of an Online Problem-Solving Program for Depression in a Stepped Care Project
   Oliver Bur, University of Bern, Switzerland

7. Brief Psychological Interventions for Depression: Outcomes for Mental Health Services
   Stephanie Casey, Cambridge and Peterborough NHS Foundation Trust, UK

8. Effect of Cognitive Behavioral Therapy and Enhanced Cognitive Behavioral Therapy Programs on Korean Soldiers’ Maladaptation in Military
   Ju Sung Choi, Konkuk University, South Korea

9. Effects of Socially Prescribed Perfectionism and Intolerance of Uncertainty of College Students on Their Depression: Focusing on Mediating Effects of Experimental Avoidance
   Jae-Gwang Choi, Konkuk University, South Korea

10. Development and Effectiveness of Depression Management Program based on Cognitive Behavioral Therapy: Focused on the University Students with Socially Prescribed Perfectionism
    Jae-Gwang Choi, Konkuk University, South Korea

11. The impact of Eye Movement Desensitization and Reprocessing as an Adjunct to Group Cognitive Behavioral Therapy for Individuals with Depression
    Sarah Dominguez, Murdoch University, Australia

12. Examining the Relationship Between Flexibility in Retrieving Autobiographical Memories and Social Problem Solving in Depression
    Barbara Ditschel, University of St. Andrews, UK

13. An Evaluation of a Cognitive Behavioral Therapy Group
    Rachel Elloit, Cambridge Adult Locality Team, UK

14. Brain Structural Biomarkers of Psychotherapy
    Verena Enkel, University of Münster, Germany

15. New Perspectives for Cognitive Behavioral Therapy in Primary Health Care Settings for Depression Treatment
    Heidrun Faninger-Lund, Helsinki Southern Psychiatric and Substance Abuse Centre, Finland

16. Effects of an Eight-Week Mindfulness and Metta-Based Group Meditation Program in Patients with Chronic Depression
    Arjum Frick, Goethe University Frankfurt, Germany

17. Thwarted Belongingness and Perceived Burdensomeness Mediate the Association Between Bullying and Suicide Ideation
    Sören Friedrich, Ruhr Universität Bochum, Germany

18. The Relationship Between Depression and Cognitive Performance: A Differentiation of Direct Associations and a Potential Confounding Influence of Childhood Maltreatment
    Jank Göttert, University of Münster, Germany

19. Cognitive Profiles of Executive Functions in Unipolar Affective Disorders and Adjustment Disorders with Depressed Mood: Diagnostic Markers and Prognostic Value?
    Joaquin Guarró Domenech, University of Barcelona, Spain

20. Dissemination of Cognitive Behavioral Therapy for Mood Disorder Under the National Health Insurance Scheme in Japan (FY2010–2015): A Descriptive Study Using a Nationwide Claims Database
    Yuta Hayashi, University of Miyazaki, Japan

21. Effects of Rumination on Depressed Mood — Investigating the Role of Working Memory Updating as a Moderator
    Fu-Chien Hung, Chung Yuan Christian University, Taiwan

    Morten Hvenegaard, University of Copenhagen, Denmark

23. Effect of Selective Attention on Exacerbation of Worry and Rumination
    Hyeewn Jeong, Waseda University, Japan

24. Relationships Between Trait Mindfulness and Emotion Regulation Upon Autobiographical Memory Retrieval in Individuals with Current and Past Depression
    Jae-Gwang Choi, Konkuk University, South Korea

25. Understanding Ruminaton and Worry; Using Data from an Online Qualitative Survey to Inform the Development of a Treatment Intervention
    Estérel, University of New South Wales, Australia

26. The Relationships Between Cognitive Biases, Resilience and Executive Function in Depression and Anxiety
    Heather Jarrett, University of New South Wales, Australia

27. A Nursing Intervention Using the Cognitive-Behavioral Model in Hospitalized Patients with Depression: A Preliminary Study
    Naotoshi Kamisawa, Toko Medical University, Japan

28. Time Perspective in Depressed Patients, Its Relationship with Anxiety and Depression Symptoms and Its Evolution Before and After Cognitive Behavioral Therapy
    Hélène Kaya Lettife, Université Paris Descartes, France

29. The Relationship Between Perfectionism and Rumination
    Eduardo Keggen, University of Buenos Aires, Argentina

30. Early Vascular Nursing Intervention for Management of Post-Stroke Depression
    Sanghee Kim, Kemyung University, South Korea

31. The Relationship Between Ambiguous Loss and Depression in North Korean Defector Women: Mentalization and Social Support as Potential Moderators
    Kyong-Ah Kim, Sungkyunkwan University, South Korea

32. Does the Use of Smartphone Applications to Encourage Flexible Execution of Stress Coping Enhance Effect of Cognitive Behavior Stress Management?
    Junghoon Kim, Waseda University, Japan

33. Influence of Intervention Order in School-Based Universal Cognitive-Behavioral Depression Prevention Intervention for Japanese Adolescents
    Yugo Kira, Hiroshima University, Japan

34. Effectiveness of the Self-Management Intervention Deprexis® in Routine Medical Care: Results of a Non-Intentional Intent-to-Treat Study
    Jan Philipp Klein, Ludwig, Germany

35. A Replication Study of the Relationships Between Depressive Symptoms, Behavioral Activation and Avoidance Depending on Gender
    Audrey Krings, Liège University, Belgium

36. The Dual Mediation Effects of Negative Self-Talk and Positive Self-Talk on the Relationship Between Self-Awareness and Depression
    Hyojoyea Lee, Yeungnam University, South Korea

37. Adverse Childhood Experiences in Depression and Its Relation to Attachment Styles, Interpersonal Relationships and Parenting Styles
    Maryjula Murvinkelaita, National Institute of Mental Health and Neuro Sciences, India

38. Childhood Maltreatment, Attributional Styles of Stressful Life Events, and Their Relation to Comorbidity of Major Depressive Disorder and Anxiety Symptoms
    Naotomo Matsumoto, Universidad de Los Andes, Colombia

39. Specificity and Overlap of Attention and Memory Biases in Depression and Anxiety: A Meta-Analytic Commonality Analysis
    Igor Marchetti, University of T unrestrictedly, Italy

40. Temperament, Character and Personality Disorders as Predictors of Response to Cognitive-Behavioral Group Therapy for Dyshymia
    Nieves Martín, University of Barcelona, Spain

41. The Impact of Comorbid Depressive Symptoms and Borderline Personality Disorder on Treatment Outcomes in Dialectical Behavior Therapy
    Lynn McFerrin, University of California Los Angeles, USA

42. The Effectiveness of a Mindfulness Training Programme in Schools Compared with Normal School Provision (MYRAID): Study Protocol for a Randomized Controlled Trial
    Emma Medicott, Oxford University, United Kingdom

43. Reduced White Matter Fiber Integrity in Depressed Patients Due to Childhood Maltreatment Rather than Diagnosis
    Susanne Meier, University of Münster, Germany
50 The Effect of Mindfulness on the Relationship Between Mind Wandering and Depression
Sung Min, Yonsei University, South Korea

51 Mindfulness versus Traditional Emotional Intelligence Training - Different Outcomes in Difficulties of Regulating Emotions and in Depression, Anxiety and Stress Symptoms
Cătălin Mințea, Babes-Bolyai University Cluj-Napoca, Romania

52 Construction of Screening System for Depression Used by Portable Terminal and Wearable Devices
Shigeki Nakayama, Yonago College, Japan

53 Influence of Temperament on Subjective Menstrual Symptoms
Mayu Naruse, Tokyo Medical University, Japan

54 CBASP Personalized@home: An Online Continuation-Treatment Program Following an Inpatient Treatment to Stabilize Treatment Success for Persistent Depression
Anna Lena Netz, Philipps University Marburg, Germany

55 Preliminary Tests of Mindfulness/Acceptance Self-Help Intervention: Does the Sequence of Experiences Matter?
Zuzana Martinkova, University of Novi Sad, Serbia

56 Affective Realism Hypothesis on Depression and Anxiety: An Analysis of the Perspective of Reinforcement Learning
Hiroshy Ogishima, Waseda University, Japan

57 Development of a Short Psychosocial Intervention Program Focusing on Distraction and Reappraisal Megumi Oikawa, Tokyo Gakugei University, Japan

58 The Relationship between Cognitive Distortion, Depressive Symptoms, and Social Adaptation: A Survey in Japan
Maki Ota, Tohto Medical Center, Japan

59 Neuropsychological Evaluation of Depressive Patients
Alexandra Pagaiits, Fundación Fobia Club and Sanatorio Franchini, Argentina

60 Accessibility and Using Challenges: Health Equity of Chinese Depression Related Clinical Guidelines/Consensus in 2010-2018
Yuanqian Pan, Tianjin Medical College, China

61 Interpersonal Counselling in the Treatment of Adolescent Depression. A Randomized Controlled Effectiveness and Feasibility Study in School Health and Welfare Services in Finland
Paulina Pahkan, Helsinki University Hospital, Finland

62 Inflexibility in Assigning Causal Explanations: Effects on Mood and State Rumination
Baruch Perlman, Hebrew University of Jerusalem, Israel

63 Self-Stigma, Hope, Dissociation, and Personality Features in Treatment of Depressive Inpatients Resistant to Pharmacotherapy
Jan Praško, University Hospital Olomouc, Czech Republic

64 Cognitive Behavioral Therapy Group in Dysphoric Patients: Changes in Coping Strategies
Mireia Primé-Tous, University of Barcelona, Spain

65 Discrepancies Between Observed and Self-Reported Severity in Depression: The Role of Personality Traits
Irene Ramos-Girle, Consorci Sanitari de Terrassa and Universitat Autònoma de Barcelona, Spain

66 The Role of Coaches’ Online Written Feedback in an Acceptance and Commitment-Based Intervention for Enhancing University Students’ Well-Being and Reducing Psychological Distress: Results from an Randomized Controlled Trial Study that Employed A. I. Text Analysis
Panajota Rasamen, University of Ayskyla, Finland

67 Long-Term Effects of Expectations on Mood: An Experimental Investigation
Lea Rebstock, Philips-University of Marburg, Germany

68 Is It Us or the Fellow Patients? Therapeutic Alliance Within Cognitive Behavioral Analysis System of Psychotherapy Group Therapy and Its Effect on Treatment Outcome
Matthias Alexander Reinhard, Ludwig Maximilian University Munich, Germany

69 Do We Have the Guts to Try this Nauseogenic Stimulus as Interoceptive Exposure?
Amon Röhrick, Private Practice, Israel

70 Psychomotor Retardation and Factors Related to it in Recurrent Depression
Katarzyna Romanowicz, Institute Psychiatry and Neurology, Poland

71 Rumination, Metacognitions and Experiential Avoidance in Depression: Differential Associations with Symptomatology, Emotional Quality of Life and Life Satisfaction
Beatriz Rueda, National University of Distance Education, Spain

Aristide Saggino, G. d’Annunzio University of Chieti-Pescara, Italy

73 The Development and Evaluation of a Cognitive Behavioral Therapy Program via Telephone on the Stress Reactions of Dementia Caregivers
Yoshirho Saito, International University of Health and Welfare School of Nursing at Fukuoaka, Japan

74 Pathway to Depression in Institutionalized Adolescents: The Role of Memories of Warmth and Safeness, Shame and Self-Criticism
Maria do Céu Salvador, University of Coimbra, Portugal

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Maria do Céu Salvador, University of Coimbra, Portugal

97 Videoconferencing-Delivered Cognitive Behavioral Therapy for Patients with Major Depression Disorder: A Feasibility Study
Yukie Satozaki, Keio University School of Medicine, Japan

98 Passive Aggression in Major Depression: Impact on Treatment Outcome in Outpatient Psychotherapy
Carolina Montejo-Santos, Babes-Bolyai University Cluj-Napoca, Romania

99 Resting-State Functional Connectivity Predicts Response to Mobile-App Delivered Cognitive Behavioral Therapy in Major Depression Disorder
Hyemin Shin, Department of Psychology, Chung-Ang University, South Korea

100 Improving Outcomes in Group Behavioural Activation for Depression
Mel Simmons-Buckley, University of Sheffield, UK

101 Neurocognitive Correlates of Treatment with Cognitive Behavioral Therapy in Depression with Comorbid Anxiety
Lisa Sindic, Universität von Münster, Germany

102 A Qualitative Exploration of the Developmental Pathway to Experiential Knowledge in Depressive Disorders
Ceren Simit, Mental Health Care Pro-Persona, the Netherlands

103 The Influence of Ruminative Processing Mode on the Trajectory of Intrusive Memories
Adèle Stavropoulos, University of Technology Sydney, Australia

104 What Are Factors That Affect the Sustainable Effect of Behavioral Activation: One Year Follow-up Survey
Koki Takagaki, Hiroshima University, Japan

105 Interceptive Awareness Mediates the Relationship Between Mindfulness Group Therapy and Decrease in Depression: The Interim Analyses of Randomized Controlled Trial
Toru Takahashi, Waseda University, Japan

106 Work-Related Intrusive Memories and Linked Beliefs in Japanese Employees on Sick Leave Due to Depressive Disorders
Reiko Takamatsu, Chiba University and Koeieioron Kaze Clinic, Japan

107 Mediation Effect of Anxiety on Relationship Between Self-Compassion and Depression: Controlling the Effects of Narcissism and Self-Esteem
Keiko Takemori, Kwansei Gakuin University, Japan

108 Long-Term Effectiveness of Work-Focused Cognitive-Behavioral Group Therapy for Employees on Sick Leave Due to Depression: The Interim Analyses of Randomized Controlled Trial
Asuka Watanabe, Hyogo University of Teacher Education, Japan

109 The Effectiveness of Mindfulness-Based Cognitive Therapy for Japanese Human Service Professionals: Focusing on Work Stress and Self-Compassion
Nanami Tomori, Ryukyus University, Japan

110 The Effect of Mindfulness-Based Cognitive Therapy for Japanese Human Service Professionals: Focusing on Work Stress and Self-Compassion
Ayumi Umeda, Waseda University, Japan

111 Early Maladaptive Schemas and Its Association with Comorbidity of Major Depressive Disorder and Anxiety Symptoms
Catalina Uribe Castro, Universidad de Los Andes, Colombia

112 The UvAcare Project: The Effectiveness of Online Health Support in University Students
Mariska van der Hoff, University of Amsterdam, the Netherlands

113 The Impact of Stress Coping and Organizational Climate on Work Engagement and Depression Among Managers
Miki Waksberg, Waseda University, Japan

114 Treatment Outcome in Chronically Depressed Patients with Comorbid Borderline Personality Disorder in a 10-Week Inpatient Program with the Cognitive Behavioral Analysis System of Psychotherapy (CBASP)
Franziska Weltler, Ludwig Maximilians-University Munich, Germany

115 What Makes One Student Lonely and the Other Not?
Asuka Watanabe, Hyogo University of Teacher Education, Japan

116 Feasibility Study
Nina Wolters, University of Amsterdam, the Netherlands

117 Mobile Delivered Cognitive Behavioral Therapy Enhances Coupling Between Higher Self-Esteem and Lower Perceived Stress in Major Depressive Disorder
Gyungyoon Kim, Department of Psychology, Chung-Ang University, South Korea
Thursday 18th July

101 The Mechanism of Improvement of Depressive Symptoms in the Treatments for the School Refusal
Tatsuo Yamada, Graduate School of Medicine, Japan
102 The Mechanism and Application of Emotional Contagion: The Possibility of Improvement in Depressive Moods
Yuko Yamashita, Tokushima University, Japan
103 Negative Childhood Environment and Depression: The Mediator Role of Repetitive Negative Thinking
Victor Yekyek, Koc University, Turkey
104 A Transdiagnostic Group Cognitive Behavior Therapy to Reduce Symptoms Disturbance and the Change of Psychological Feature in Emotional Disorder: A Pilot Study
Pancho Wang, Capital Medical University, China

(15:30 - 17:00)

Symposium 61
Level 1 - Room A1
Obsessive-Compulsive Disorder: Cognitive Processes and Mechanisms of Change During Behavioral and Metacognitive Therapies
Convenors and Chairs: Andrea Ertle and Benedikt Reuter, Humboldt-Universität zu Berlin, Germany
15:30 Does Adherence to Exposure and Response Prevention Related Homework Predict Short and Long Term Therapy Outcome from Manualized Cognitive Behavioral Therapy for OCD?
Tania Jacob, Humboldt-Universität zu Berlin, Germany
15:45 Exposure-Based CBT for OCD: Effects of Habituation and Expectancy Violation
Göran Eriksson, Humboldt-Universität zu Berlin, Germany
16:00 The Changeability of Metacognitions by (Metacognitive) Treatment and its Relevance for Treatment Outcome of Harassing Obsessions
Jana Hornstein, Universität Leipzig, Germany
16:15 Development and Preliminary Psychometric Properties of the Obsessive-Compulsive-Rumination Inventory
Katharina Walti, University of Basel, Switzerland
16:30 Metacognitive Group Training for Patients with Obsessive-Compulsive Disorder
Franziska Meget, Universitätsklinikum Hamburg-Eppendorf, Germany
16:45 Discussant
Benedikt Reuter, Humboldt-Universität zu Berlin, Germany

Symposium 62
Level 1 - Room A2
Racial Issues in the Assessment of Mental Health and Delivery of Cognitive Behavioral Therapies
Convenor & Chair: Monnica Williams, University of Connecticut, USA
15:30 Implicit Racial Bias Across Ethnic Groups and Cross-Nationally: Mental Health Implications
Sonja Faber, Synexus Health, Germany
15:45 The Impact of Sexual Racism on Gay and Bisexual Men of Color
Matthew Grinta, American Board of Professional Psychology, USA
16:00 New Tools for the Assessment of Trauma Due to Racism
Jahant R. George, George University of Connecticut, USA
16:15 Hormones and Mood Symptomology Across Black and White Women: Implications for Assessment and Treatment
Kristen Courney, Michigan State University, USA
16:30 The Race-Based Stress and Trauma Group Intervention for Veterans
Maurice Endsley, Edward Hines Junior Veterans Administration Hospital, USA
16:45 Discussant
Nicole Buchanan, Michigan State University, USA

Panel Discussion 3
Level 1 - Room A3
Treating Scrupulosity in Different Religious Populations
Convenor & Chair: Jonathan Huppert, Hebrew University of Jerusalem, Israel
Discussants:
Paul Ajaber, University of Oxford, UK
Christine Purdon, University of Waterloo, Canada
Jonathan Huppert, The Hebrew University of Jerusalem, Israel

Thursday 18th July

Symposium 63
Level 1 - Room A4
New Methods for Developing and Improving Psychological Therapies
Convenor & Chair: Simon Blackwell, Ruhr-Universität Bochum, Germany
15:30 The Leapfrog Design: A Simple Bayesian Adaptive Rolling Trial Design for Treatment Development and Optimization
Simon Blackwell, Ruhr-Universität Bochum, Germany
15:45 Combining Single-Case Experimental Designs with Experience Sampling to Assess Treatment Effects at the Individual Level
Evelien Snippe, Universiteit Groningen, the Netherlands
16:00 The STEP Trial: A Sequential Multiple Assignment Randomised Trial (SMART) of Interventions for Ultra-High Risk of Psychosis Patients
Andreas Fokian, Oregon Youth Health and The National Centre for Excellence in Youth Mental Health, Australia
16:15 Using Factorial Designs to Dismantle Active Ingredients of Therapy: The IMPROVE-2 Trial
Ed Watkins, University of Exeter, UK
16:30 Discussant
Shirley Reynolds, University of Reading, UK

Roundtable 1
Level 1 - Room A5
What Works for Whom? A Comparison of Modern Psychotherapies Regarding a Difficult Situation
Convenor: Eva-Lotta Brakemeier, Philipps-University of Marburg, Germany
Chair: Stefan Hofmann, Boston University, USA
Discussant/Patient Actor: Christian Banz, Charité University Medicine Berlin, Germany
Discussants:
Stefan Hofmann, Boston University, USA: Modern Cognitive Behaviour Therapy (CBT)
Eva-Lotta Brakemeier, Philipps-University of Marburg, Germany: Cognitive Behavioral Analysis System of Psychotherapy (CBASP)
Eckhard Roediger, Schematherapy Institute Frankfurt, Germany: Schema Therapy (ST)
Andrew Gloster, University of Basel, Switzerland: Acceptance and Commitment Therapy (ACT)

Symposium 64
Level 1 - Room A6
Using Behavioural Experiments in the Treatment of Mental Disorders – Recent Developments and Future Directions
Convenor: Tobias Kube, Harvard Medical School, USA
Chair: Winfried Rief, Philipps-University Marburg, Germany
15:30 Behavioural Experiments in CT-PTSD - Why, When and How?
Hannah Murray, University of Oxford, UK
15:45 Behavioural Experiments in Obsessive-Compulsive Disorders
Paul Salkovskis, University of Oxford, UK
16:00 Behavioural Experiments in Chronic Pain
Julia Glombiewski, Universität Koblenz-Landau, Germany
16:15 Behavioural Experiments in Depression – How to Prevent Patients from Disregarding Positive Information?
Tobias Kube, Harvard Medical School, USA
16:30 Discussant
Winfried Rief, Philipps-University Marburg, Germany

Symposium 65
Level 1 - Room A7
Why We Need Psychological Theory for Innovation in Clinical Practice: A Tribute to Brewin’s Work on Memory for Trauma
Convenor: Victor Kovales, University College London and University of Southampton, UK
Chair: Emily Holmes, University of Stockholm, Sweden
15:30 Exploring the Use of a Novel Visuospatial Navigating Task to Reduce Intrusive Memories - Validating the Dual Representation Theory of Chris Brewin with a New Task
Victor Kovales, University College London and University of Southampton, UK
15:45 Brewin’s Dual-Representation Theory of PTSD: A View from Experimental Psychopathology
Alex Lau Zhu, King’s College London, UK
16:00 Preventing the Consolidation of Intrusive Trauma Memories Using a Simple Cognitive Task Intervention: A Proof-of-Concept Randomised Controlled Trial in an Emergency Department
Lalitha Iyadurai, University of Oxford, UK
16:15 Development of an Early Intervention to Reduce Intrusive Traumatic Memories after Traumatic Childbirth
Amé Horsch, Université de Lausanne, Switzerland
16:30 Intrusive Thoughts and Memories in Adolescents: Relationships with Depression and PTSD
Shirley Reynolds, University of Reading, UK
16:45 Discussant
Chris Brewin, University College London, UK
Thursday 18th July

Symposium 66
Level 3 – Room M4
New Developments of Approach Bias Modification (AppBM) in Addiction
Convenor & Chair: Charlotte Wittekind, Ludwig-Maximilians-Universität, Germany
15:30
Exploring the Hybrid Latent Structure Models of Anxiety Sensitivity in Serbian and Croatian Samples
Marija Volarov, University of Novi Sad, Serbia
15:45
A Multi-Method Investigation of the Impact of Attentional Control on a Brief Intervention for Anxiety and Depression
Nicholas Allan, Ohio University, USA
16:00
The Moderating Role of Attentional Control on the Relations Between Anxiety Sensitivity and Daily Fluctuations in Anxiety
Nicholas Allan, Ohio University, USA
16:15
Does Anxiety Sensitivity Predict Prescription Drug Misuse in Adolescents? A One-Year Prospective Study
Sherry Stewart, Dalhousie University, Canada
16:30
Discussant
Michelle Craske, University of California, USA

Symposium 67
Level 3 – Room M3
Anxiety Sensitivity as a Transdiagnostic Risk Factor: Its Nature, Moderators, and Mediators
Convenor: Liljana Mihic, University of Novi Sad, Serbia
Chair: Sherry Stewart, Dalhouse University, Canada
15:30
Exploring the Hybrid Latent Structure Models of Anxiety Sensitivity in Serbian and Croatian Samples
Marija Volarov, University of Novi Sad, Serbia
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Sherry Stewart, Dalhousie University, Canada
16:30
Discussant
Michelle Craske, University of California, USA

Panel Discussion 4
Level 3– Room M5
Addressing Loneliness in the 21st Century: How to Intervene with Evidence-Based Solutions
Convenor & Chair: Michelle Lim, Swinburne University of Technology, Australia
Discussants:
Ric Shafman, University College London, UK
Lisa Brophy, La Trobe University, Australia
Karra Harrington, Swinburne University of Technology, Australia
Robert Eres, Swinburne University of Technology, Australia

Thursday 18th July

Symposium 69
Level 3 – Room M8
Unequal Life Chances Within the Same Family: Need for Intervention?
Convenor & Chair: Martin Diedwald, Bielefeld University, Germany
15:30
Interdisciplinary Perspectives on Unequal Life Chances Within the Same Family: The Relevance of the Within-Family Perspective
Martin Diedwald, Bielefeld University, Germany
15:50
Consequences of Mobbing Among Siblings
Jörg Fegerst, University Clinic Ulm, Germany
16:10
Prevention of Discrimination by Association – Equal Participation Through Social Assistance
Katala Netre, Martin-Luther-Universität Halle-Wittenberg, Germany
16:30
Discordant Siblings and Twins: The Role of Family Events and Unequal Treatment of Children
Lena Wegel, Bielefeld University, Germany

Symposium 70
Level 3 – Room M7
Body Dysmorphic Disorder – Innovative Methodological Approaches to Refining Classification, Assessment, and Mechanisms of Pathology
Convenor: Ines Kolle, University of Bamberg, Germany
Chair: Berta J. Summers, Massachusetts General Hospital, USA
15:30
Body Dysmorphic Disorder and Depression: A Network Analytic Perspective
Berta J. Summers, Massachusetts General Hospital and Harvard Medical School, USA
15:45
Mechanisms of Exposure-Based CBT in Panic Disorder Under Special Consideration of Comorbidity: A Prospective-Longitudinal Multicenter MRI Study
Ulrike Lüken, Humboldt-Universität zu Berlin, Germany
16:00
Efficacy and Implementation in Routine Cancer Care of a Stepped Care Approach to Offer Cognitive-Behavioral Intervention to Cancer Patients: What Can We Learn from Passive Smartphone Data?
Hilary M. Weingarden, Massachusetts General Hospital and Harvard Medical School, USA
16:15
Optimizing Exposure Treatments for Anxiety Disorders and Understanding Their Mechanisms of Change: The German Psychotherapy Research Initiative on Anxiety Disorders (PANIC-NET, PROTECT-AD)
Jan Richter, University of Grefswald, Germany
16:30
Optimizing Exposure Treatments for Anxiety Disorders and Understanding Their Mechanisms of Change: The German Psychotherapy Research Initiative on Anxiety Disorders (PANIC-NET, PROTECT-AD)

Skills Class 8 (German Language)
Level 3 – Room R2
Kognitive Therapie für PTBS: Traumaverarbeitungen aktualisieren
Arke Ehlers, University of Oxford, UK

Skills Class 9
Level 3 – Room R3
Regret: A Cognitive Behavior Therapy Approach
Robert Leahy, American Institute for Cognitive Therapy, USA
Symposium 72 (German Language)
Level 3 – Room R5
Nueve Desentwicklungen in der Kognitiven Verhaltenstherapie bei Angststörungen
Convenor and Chair: Christina Totzeck, Ruhr-Universität Bochum, Deutschland
15:30 Extinktionslernen in der Praxis: Was sagen uns Modelle des inhibitorischen Lernens für die Expositionstherapie? Ingrid Haag, Technische Universität Dresden, Deutschland
15:45 Besonderheiten bei der Expositionsbehandlung von Kindern und Jugendlichen mit Angststörungen: Verena Plugh, Ruhr-Universität Bochum, Deutschland
16:00 Dysfunktionen der Emotionsregulation bei Angststörungen sowie deren Veränderungen durch Expositionstherapien Christina Totzeck, Ruhr-Universität Bochum, Deutschland
16:15 Klinisch und wissenschaftlicher Nutzen von expositionsorientierten Ein-Sitzungsprogrammen bei situativen Ängsten Andre Wannenmüller, Ruhr-Universität Bochum, Deutschland
16:30 Discussant Ruth von Brachel, Ruhr-Universität Bochum, Deutschland

Open Papers 9
Level 3 – Room R5
Risk and Resilience Factors in Youth
Chair: Ron Rapee, Macquarie University, Australia
15:30 Resilience Factor Changes between Early and Late Adolescence Jessica Fritz, University of Cambridge, UK
15:45 Parental Psychological Distress Interacting to Influence Child Internalizing Behaviors Emily Bailey, Mercer University, USA
16:00 Because You Had a Bad Day: A More Thorough Investigation into the General and Daily Relations between Reactive Temperament, Emotion Regulation, and Depressive Symptoms in Youth. Marie-Lotte Van Beveren, Ghent University, Belgium
16:15 A Tailored, Web-Based Parenting Intervention to Reduce Risk for Adolescent Internalising Disorders: 12-month Follow-up Outcomes Mairéad Cardamone-Breen, Monash University, Australia
16:30 An Online Program to Improve Parenting Risk and Protective Factors for the Prevention of Child Anxiety and Depression: Results of a Randomised Controlled Trial Wan Hua Sim, Monash University, Australia

Skills Class 10
Level 3 – Room R5
Cognitive Behavioural Anger Treatment for Clients with Intellectual and Developmental Disabilities John Taylor, Northumbria University, UK

Skills Class 11
Level 3 – Room R7
The Initial Phase in ACT: Setting the Grounds for a Valued Change Iftah Yovel, Hebrew University of Jerusalem, Israel

Symposium 73
Level 3 – Room R12
Improving Mental Health Treatment for Older Adults: Age-Specific Considerations and New Interventions
Convenor: Brooke Schneider, Friedrich Schiller University Jena, Germany
Chair: Franziska Meichsner, Goethe-Universität Frankfurt, Germany
15:30 How Does a Patient’s Age Influence Treatment Attitudes of Psychotherapists? Eva-Marie Kessler, Medical School Berlin, Germany
15:45 Age-Appropriate Cognitive Behavioral Therapy: Exploring the Use of ‘Lifekits’ with the Oldest-Old to Enhance Outcome Ken Laidlaw, University of Exeter, UK
16:00 Meta-cognitive Training for Late Life Depression (MCT-Silver): Results of a Pilot Study and Further Development
16:15 Exploring Potential Mechanisms of Change in Complicated Grief Treatment for Older Adults Franziska Meichsner, Goethe University Frankfurt, Germany
16:30 Initial Evaluation of Mobile Application-Based Intervention for Depression in Middle Aged and Older Adults Christine E. Gould, Department of Veterans Affairs Palo Alto Healthcare System and Stanford University, USA

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Open Papers 10
Level 3 – Room S2
Mechanisms and Treatment of Eating Disorders
Chair: David Moscovitch, University of Waterloo and Centre for Mental Health Research, Canada
15:30 The Social Consequences of Negative Beliefs in Social Anxiety Disorder Corine Dik, University of Amsterdam, the Netherlands
15:45 Mechanisms of Change in Cognitive Behavior Therapy for Social Anxiety Disorder: The Role of Negative Self-Imagery, Judgment Bias, Self-Focused Attention, and Safety Behaviors Jung-Kwang Ahn, Korea University, South Korea
16:00 Where to Look? Self-Focused Attention Instead of Negative Attentional Bias during a Public Speech Task in Socially Anxious Individuals Myyu Lin, Ruhr University Bochum, Germany
16:15 The Impact of Exclusion and Over-Inclusion on Self-Descriptions: The Role of Interpersonal Motivations Roy Azoulay, Bar-Ilan University, Israel
16:30 Negative Self-Imagery in Social Anxiety Disorder: A Mixed Methods Investigation Katherine Dobinson, University of Sydney, Australia

Open Papers 11
Level 3 – Room S3
Mechanisms and Treatment of Eating Disorders
Chair: Glenn Waller, University of Sheffield, UK
15:30 The Myth of ‘Severe and Enduring Anorexia Nervosa’: Evidence from Cognitive-Behavioural Therapy Outcomes Glenn Waller, University of Sheffield, UK
15:45 Social Functioning in Eating Disorders: an Evaluation of Theory of Mind, Empathy, Self-Other Distinction and Pro-Social Behaviour Elsa Corsi, King’s College London, UK
16:00 Eating Disorder Symptoms in People with Bipolar Disorder: An International Investigation Claire McAuley, University of Sydney, Australia
16:15 How do Adolescents in Treatment for Their Eating Disorder Differ from Those Not Seeking Treatment? Nora Trompeter, Macquarie University, Australia
16:30 Adapting Selective Eating Disorder Prevention for a Universal Audience: Results from a School-Based Cluster Randomised Controlled Pilot Study Melissa Atkinson, University of Bath, UK
Invited Address 9
Level 1– Room A1
Beyond Cognitive Behavior Therapy: Primacy of Emotional Change
Merel Kindt, University of Amsterdam, the Netherlands
Chair: Peter de Jong, University of Groningen, The Netherlands

Invited Address 10
Level 1– Room A2
The Early Emergence of Mental Health Inequalities in Children with Intellectual Disabilities: Implications for Intervention and Family Support
Richard Hastings, University of Warwick, UK
Chair: John Taylor, Northumbria University, UK

Invited Address 11 (German Language)
Level 1– Room A3
Posttraumatische Belastungsstörungen effektiv und effizient behandeln
Anke Ehlers, University of Oxford, UK
Chair: Heike Winter, Universität Frankfurt, Germany

Invited Address 12
Level 1– Room A4
Couple-Based Interventions for Adult Psychopathology: Broadening the Cognitive Behavior Therapy Paradigm While Remaining True to Its Roots
Donald H. Baucom, University of North Carolina at Chapel Hill, USA
Chair: Kurt Hahlweg, University of Braunschweig, Germany

Invited Address 13
Level 1– Room A5
Cognitive Behavior Therapy for Body Dysmorphic Disorder: An Update on the State of the Art
Katharine Phillips, Weill Cornell Medical College, USA
Chair: Sabine Wilhelm, Massachusetts General Hospital/ Harvard Medical School, USA

Invited Address 14
Level 1– Room A8
The Scientific and Practical Implications of Process-based Cognitive Behavior Therapy
Steven C. Hayes, University of Nevada, USA
Chair: Stefan Hofmann, Boston University, USA

Invited Address 15
Level 1– Room A7
Identifying Psychotherapy Processes and Mechanisms Using the Tools of Precision Medicine
Robert J. DeRubeis, University of Pennsylvania, USA
Chair: Steve Hollon, Vanderbilt University, USA

Level 3– Room M1
17.00 – 18.30
European Association of Behavioural and Cognitive Therapies General Meeting
EABCT Members Only
Symposium 74
Level 1 – Room A1
Treating Borderline Personality Disorder: An International Multicentre Randomized Controlled Trial Comparing Group and Individual Formats of Schema Therapy with Treatment-As-Usual
Convenor & Chair: Christopher Lee, University of Western Australia, Australia
08:30 Comparing Treatment Outcomes of Two Formats of Group Schema Therapy and Treatment as Usual for Borderline Personality Disorder: Should we Deliver Group or Combine Individual and Group Scheme Therapy?
Arnoud Amits, University of Amsterdam, the Netherlands
08:45 Schema Therapy for Borderline Personality Disorder: Patients’ Perceptions of What Helped and What Didn’t
Christopher Lee, University of Western Australia, Australia
09:00 The Experience of Schema Therapists Who Provided the Treatment: What We Learned
Desiree Hols, University of Amsterdam, the Netherlands
09:15 Providing Therapist Supervision Across Different Countries and Cultures: The Work of Joan Farrell and Ida Shaw
Heather Fetterell, Indiana University School of Medicine, USA
09:30 Discussant
Christopher Lee, University of Western Australia, Australia

Symposium 75
Level 1 – Room A2
Dissemination of Couple Relationship Distress Prevention and Intervention Programs
Convenor & Chair: Douglas Snyder, Texas A&M University, USA
08:30 Evidence-Based Couple Relationship Enhancement (CREE) Programs in Germany: Progress in Dissemination and Implementation
Kurt Hahlweg, University of Bremen, Germany
08:45 Dissemination of the Prevention and Relationship Education Program (PREP) Across the Globe and Online
Howard Markman, University of Denver, USA
09:00 Dissemination of Integrative Behavioral Couple Therapy Through the U.S. Department of Veterans Affairs and Online
Andrew Christensen, University of California, USA
09:15 Discussant
Donald Baucom, University of North Carolina at Chapel Hill, USA

Symposium 76
Level 1 – Room A3
Recent Advances in Predicting and Treating Suicidality
Convenor: Birgit Klein, University of Zurich, Switzerland
Chair: Anja Gysin-Maillart, University of Bern, Switzerland
08:30 Testing the Main Prediction of the Interpersonal-Psychological Theory of Suicidal Behavior in an Inpatient Sample Admitted due to Severe Suicidality
Tobias Tostmann, Ruhr University Bochum, Germany
08:45 Attempted Suicide Short Intervention Program: Results Over and Above Initial Effectiveness Studies
Anja Gysin-Maillart, University of Bern, Switzerland
09:00 Sleep is Neglected in Evidence-Based Psychological Interventions for Suicidality: A Systematic Review
Dominique Recher, University of Zürich, Switzerland
09:15 Group Intervention After Suicide Bereavement Through the Use of Webinars: A Randomized Controlled Trial
Britt Wagner, Medical School Berlin, Germany
09:30 Discussant

Symposium 77
Level 1 – Room A4
Self-Practice/Self-Reflection (SP/SR) at 18: An Experiential Training Strategy Maturing Into Adulthood?
Convenor & Chair: Richard Thwaites, Cumbria Partnership NHS Foundation Trust, UK
08:30 Self-Practice/Self-Reflection (SP/SR) After 18 years of Research: Where Are We Now?
Richard Thwaites, Cumbria Partnership NHS Foundation Trust, UK
08:45 SP/SR and Autoethnography: A Marriage Made in Heaven!
Craig Chudzinski, St Patrick’s Hospital, Ireland
09:00 The Self-Reflective Writing Scale (SRWS): A New Measure to Assess Self-Reflection Following Self- Experiential Cognitive Behaviour Therapy Training
Suzanne Ho-Wai So, University of Hong Kong, Hong Kong
09:15 Self-Practice/Self-Reflection in Post-Graduate Cognitive Behaviour Therapy Training: Two Pilot Studies
Keong Yap, University of New South Wales Sydney, Australia
09:30 Discussant
James Bennett-Levy, University of Sydney, Australia

Symposium 78
Level 1 – Room A5
I Am What I Fear: A Multimethod Examination of the Role of Feared Possible Selves in Obsessive- Compulsive Disorder
Convenor: Shiu Wong, Concordia University, Canada
08:30 Prediction of Dropout in Outpatient CBT with Machine Learning Algorithms
Bjoern Bensmann, University of Trier, Germany
08:45 An Investigation of CBT Treatment Processes in a Smartphone App (MoodMission) for Anxiety and Depression Symptoms
Kazem Kazantzis, Monash University, Australia
09:00 Gaze-Contingent Music Reward Therapy for Clinically Anxious 7-10-Year-Olds: An Open Multiple Baseline Feasibility Study
Garret Vieze, University of California, USA
09:15 To Increase Homework Compliance, Make Assignments That Are Congruent with the Patient’s Feedback About What Was Helpful in the Session
Jacqueline Peters, Concordia CBT and Center University of California, Berkeley, USA
09:30 Discussant
Wolfgang Lutz, University of Trier, Germany

Symposium 79
Level 1 – Room A6
Beyond the Horse Race: Researching Internet Interventions for Mental Disorders
Convenor: Jan Philipp Klein, University of Lübeck, Germany
08:30 Ready for Clinical Practice? Experiences From a Large RCT of an Intervention for Mild to Moderate Depression
Jan Philipp Klein, University of Lübeck, Germany
08:45 Symptom-specific Effectiveness of an Internet-based Intervention for Mild to Moderate Depressive Symptomatology: The Potential of Network Analyses
Lynn Boschloo, Vrije University, Amsterdam, The Netherlands
09:00 The Therapeutic Relationship in a Large RCT of an Intervention for Mild to Moderate Depression.
Thomas Berger, Bern University, Switzerland
09:15 Long-term Effectiveness of Adding an Internet intervention (Deprexis) for Depression to Routine Outpatient Psychotherapy: Subgroup Analysis of the Evident Trial
Raphael Schuster, University of Salzburg, Austria

Symposium 80
Level 3 – Room M1
Translational Research on Hoarding: A Focus on Cognitive and Emotional Vulnerabilities
Convenor: Kiara Timpano, University of Miami, USA
08:30 Neurocognitive Functioning in Hoarding Disorder
Sheila Woody, University of British Columbia, Canada
08:45 Cognitive Bias Modification for Hoarding: Evaluating the Role of Beliefs
Kiara Timpano, University of Miami, USA
09:00 Cognitive and Neurological Markers in Hoarding Disorder: An fMRI Investigation
Manuela Sienk, University of Technology Australia
09:15 Does Response Inhibition Training Reduce Compulsive Acquiring?
Helena Drury, South London and Maudsley NHS Trust, UK
09:30 Cognitive Bias Modification for Hoarding: Evaluating the Role of Beliefs
Jessica Grisham, University of New South Wales, Australia
**Symposium 82**
Level 3 – Room M2
Adapting Evidence-Based Transdiagnostic Cognitive Behavioral Therapy Across Mental Health Settings: Recent and Ongoing Innovations

Convenor: Nina Reinholt, Mental Health Centre of Copenhagen and University of Copenhagen, Denmark
Chair: Sissel Aamodt, University of Copenhagen, Denmark

08:30 Extending the Unified Protocol Beyond Traditional Outpatient Settings: Balance of Flexibility and Fidelity
Katie Bentley, Massachusetts General Hospital, USA

08:45 Trans-Diagnostic Versus Diagnosis-Specific Group Cognitive Behavior Therapy for Depression and Anxiety Disorders: A Two-Armed, Non-Inferiority, Randomized Controlled Trial
Nina Reinholt, University of Copenhagen, Denmark

09:00 Adapting the Unified Protocol to an Online Setting: Preliminary Results of an Ongoing RCT
Carmen Schmidt, Free University Berlin, Germany

09:15 Group Cohesion in Mixed-Diagnoses Groups: A Qualitative Enquiry
Ann Bryde Christensen, University of Copenhagen, Denmark

09:30 Discussant
Jill Newby, University of New South Wales, Australia

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**Symposium 83**
Level 3 – Room M3
Recent Developments in Approach-Avoidance Assessment and Training Across Disorders

Convenor & Chair: Naomi Kakoschke, Monash University, Australia

08:30 Automatic Approach Tendencies Towards Task-Relevant and Task-Irrelevant Food Pictures in Anorexia Nervosa- Relationships with Treatment Outcome
Renate Neimeijer, University of Groningen, the Netherlands

08:45 Approach Bias Modification During Alcohol and Methamphetamine Withdrawal Treatment: Learnings from Australian Pilot Research and Future Directions
Victoria Manning, Monash University, Australia

09:00 Activating Alternative Activities for Smoking in Approach Bias Modification Under Craving: A Proof-Of-Principle Study
Helé Larsen, University of Amsterdam, the Netherlands

09:15 The Approach-Promoting Training in Depression
Eri Becker, Radboud University, the Netherlands

09:30 Discussant
Naomi Kakoschke, Monash University, Australia

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**Symposium 84**
Level 3 – Room M4
Hair-Pulling Disorder and Skin-Picking Disorder: Emotion Regulation and Treatment Enhancement

Convenor: Ger Keijsers, Behaviour Science Institute and Radboud University, the Netherlands
Chair: Douglas Woods, Marquette University, USA

08:30 Exploring the Role of Emotion Regulation in Body-Focused Repetitive Behaviour Disorder
Douglas Woods, Marquette University, USA

08:45 Cognitive Emotional Regulation in Hair-Pulling and Skin-Picking: the Role of Self-Criticism and Shame
Kieron O’Connor, University Institute of Mental Health and University of Montreal, Canada

09:00 Predicting Treatment Outcomes in Patients Treated for Hair-Pulling Disorder or Skin Picking Disorder
Ger Keijsers, Maastricht University and Radboud University, the Netherlands

09:15 Cue-Exposure and Relapse Prevention Strategies in the Treatment of Hair-Pulling Disorder and Skin-Picking Disorder
Leda van Heijningen, Radboud University Nijmegen, the Netherlands

09:30 Discussant
Douglas W. Woods, Marquette University, USA

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**Symposium 85**
Level 3 – Room M5
Tackling Adolescent Depression: Basic Bio-Psycho-Social Mechanisms and Novel Interventions

Convenor & Chair: Stella Chan, University of Edinburgh, UK

08:30 In Search of Vulnerability Mechanisms for Adolescent Depression
Stella Chan, University of Edinburgh, UK

08:45 Consequence or Risk Factor? The Role of Interpretation Biases in Youth Depression
Anca Sfărlea, Ludwig Maximilian University of Munich, Germany

09:00 Differences in Cognitive Deficits in Anxious and Depressed Adolescents
Jeni Fisk, University of Reading, UK

09:15 My Memory Forest: Increasing the Specificity of Future Images and Past Memories Using Storybook Narratives and Character Illustrations
Victoria Pile, King’s College London, UK

09:30 Does Working Memory Updating Training Reduce Repetitive Negative Thought?
Henrietta Roberts, University of Exeter, UK

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**Symposium 86**
Level 3 – Room M6
Understanding and Treating the Anhedonic Symptoms of Depression: A Translational Research Agenda

Convenor & Chair: Barney Dunn, University of Exeter, UK

08:30 Do Psychological and Pharmacological Treatments of Depression do a Better Job at Repairing Negative Affect than Positive Affect? Evaluating Evidence from Randomised Controlled Trials and Routine Outcome Data
Laura Wehrnick, University of Exeter, UK

08:45 Research Challenges and Implications Resulting from Different Conceptualizations of Anhedonia
Samuel Winer, Mississippi State University, USA

09:00 Assessing Anhedonia via Questionnaire Instruments - the Importance of Imagery Use
Julie Ji, University of Western Australia, Australia

09:15 Impact of Mindfulness-Based Interventions on Positive Affect
Merete Kock, Maschardg University, the Netherlands

09:30 The Positive Affect Regulation in an Online Transdiagnostic Protocol for Emotional Disorders: A Randomized Controlled Trial
Javier Fernández-Alvarez, Università Cattolica Sacro Cuore, Milan, Italy & Universitat Jaume I, Castellón de la Plana, Spain

09:45 Discussant
Nicole Geschwind, University of Maastricht, the Netherlands

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**Symposium 87**
Level 3 – Room M7
Perceptual Distortions in Body Image Disorders

Convenor & Chair: Fugen Neziroglu, Bio Behavioral Institute, USA

08:30 Assessment of Misperceptions in Body Dysmorphic Disorder
Fugen Neziroglu, Bio-Behavioral Institute, USA

08:50 Perceptual Distortions in Body Dysmorphic Disorder and Relationships to Underlying Aberrant Neural Systems
James Feurer, University of California, USA

09:10 A Visual Training Program for Body Dysmorphic Disorder: Protocol and Initial Feasibility Findings
Francisco Cañizares, Cervantes University of Technology, Australia

09:30 Usage of Cognitive Remediation to Enhance Executive Functioning and Global Perception
Tania Borda, Bio-Behavioral Institute and Argentinean Catholic University, Argentina

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**Symposium 88**
Level 3 – Room M8
Challenges of Cognitive Behavioral Therapy Interventions in Different Countries of Latin America

Convenor: Carmem Beatriz Neufeld, University of São Paulo, Brazil

08:30 Cultural Adaptations of Dialectical Behavioral Therapy in Brazil
Wilson Mello, Brazilian Federation of Cognitive Therapies, Brazil

08:45 The Impact of a School-Based Eating Disorders Prevention Program in Adolescent Girls from Buenos Aires, Argentina
Guillermia Rutstein, University of Buenos Aires, Argentina

09:00 Adapting Cognitive Behavioral Therapy/ Rational Emotive Behavior Therapy in Developing Countries: The Example of Paraguay
Maria Celeste Airaldi, Catolic University Nuestra Señora de la Asunción, Paraguay

09:15 Cognitive Behavioral Therapy in Uruguay: History, New Developments and Contributions to Alcohol Public Policies
Paul Ruiz Santos, Universidad de la República, Uruguay

09:30 Discussant
Carmen Beatriz Neufeld, University of São Paulo, Brazil

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**Symposium 89**
Level 3 – Room M9
Global Dissemination: Delivering Internet Cognitive Therapy for Social Anxiety Disorder

Convenor & Chair: Graham Thew, University of Oxford, UK

08:30 Incorporating Face-To-Face and Internet-Based Cognitive Therapy for Social Anxiety Disorder into Japan
Nadie Yoshinaga, University of Miyazaki, Japan

08:45 Internet-Based Cognitive Therapy for Social Anxiety Disorder in Hong Kong: A Randomised Controlled Trial
Graham Thew, University of Oxford, UK

09:00 Seeing is Believing: The Efficacy of Internet-Delivered Video Feedback for Social Anxiety Disorder
Jennifer Wild, University of Oxford, UK

09:15 Patient Experience of Internet-Based Cognitive Therapy for Social Anxiety Disorder in Hong Kong
Amy Keck, Hospital Authority and Patrick Leung, Chinese University of Hong Kong, Hong Kong

09:30 Discussant
Patrick Leung, Chinese University of Hong Kong, Hong Kong
Friday 19th July

Symposium 90
Level 3 - Room R9
Cognitions and Behaviours in Paediatric Chronic Illness
Convenor & Chair: Maria Loades, University of Bath, UK
08:30 How do the Cognitions and Behaviours of Adolescents with Chronic Fatigue Syndrome (CFS) with Co-Morbid Depression Compare to Those Who Are Not Depressed? Implications for Cognitive Behaviour Therapy
Maria Loades, University of Bath, UK
08:45 How Does the Development of Chronic Fatigue Impact Cognitive Function? Results from an Acute Epstein-Barr Virus Infected Adolescent Cohort
Maria Pfeifer, Akershus University, Norway
09:00 Multi-time-point Assessment of Development of Anxiety and Depressive Symptoms in Youth Newly Diagnosed with Inflammatory Bowel Disease
Tommy Reed, Emory University, USA
09:15 Anxiety, Worry and Posttraumatic Stress in Parents of Children with Food Allergy
Kate Roberts and Judith Young, University of East Anglia, UK
09:30 Discussant
Shirley Reynolds, University of Reading, UK

Symposium 91 (German Language)
Level 3 - Room R4
Digitale Werkzeuge und computergestützte Technologien zur Prävention und Behandlung psychischer Störungen
Convenor & Chair: Stefan Lüttke, Universität Tübingen, Deutschland
08:30 Prävention von Depressionen in der orthopädischen Nachsorge: Finale Ergebnisse der bundesweiten PRoD-BP-Studie
Tanja Legenbauer, Universitätsklinik Hamm, Deutschland
08:45 Emotionale Kompetenz bei Jugendlichen und jungen Erwachsenen – Ein App-basierter, personalisierter Ansatz zur Prävention psychischer Störungen und Verbesserung des allgemeinen Wohlbefindens
Johanna Löscher, Ludwig Maximilian Universität München, Deutschland
09:00 Expositionstherapie in virtueller Realität bei Angststörungen
Julia Dörrer, kbo-Inn-Salzach-Klinik, Deutschland
09:15 Was ist es? Ein automatisiertes, Smartphone basiertes Frühwarnsystem für Kinder und Jugendliche mit Depressionen
Stefan Lüttke, Universität Tübingen, Deutschland

Skills Class 12
Level 3 - Room R6
Understanding and Treating a Specific Phobia of Vomiting
David Veale, King’s College London and South London and Maudsley Trust, UK

Skills Class 13
Level 3 - Room R9
Cultural Adaptation of Cognitive Behavior Therapy with South Asian Clients with Generalised Anxiety Disorder
Malika Sharma & Nov Rizwan Sharma, Maharshi Dayanand University, India

Skills Class 14
Level 3 - Room R8
Individualized Metacognitive Therapy for Psychosis (MCT+): Treating Psychotic Symptoms with a One-on-One Metacognitive Approach
Francesca Bohr-Vitzthum, Universitätsklinikum Hamburg-Eppendorf, Germany

Skills Class 15
Level 3 - Room R9
Assessing and Treating Prolonged Grief Disorder
Rita Rosner, Catholic University Eichstätt-Ingolstadt, Germany

Open Papers 12
Level 3 - Room R10
Reducing Barriers to Treatment
Chair: Jürgen Margraf, Ruhr-Universität Bochum, Germany
08:30 What Stops Young People from Seeking Professional Help for the Effects of Trauma? A Qualitative Analysis of Internet Forums
Sarah Bendall, Oxygen: The National Centre of Excellence in Youth Mental Health, Australia

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Symposium 92
Level 3 - Room R12
Child Maltreatment: Prevalence, Consequences and Interventions for Victims and Professionals
Convenor: Andreas Witt and Jörg Feget, University of Ulm, Germany
Chair: Jörg Feget, University of Ulm, Germany
08:30 Child Maltreatment Exposure: Prevalence, Consequences and interventions for Victims and Professionals
Andreas Witt, University of Ulm, Germany
08:45 A Short Term Attachment-Based Intervention to Promote Parental Sensitivity
Thorsten Sököl, University of Ulm, Germany
09:10 Effectiveness of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for Children and Adolescents with PTSD: A Randomized Controlled Trial
Cédric Sachser, University of Ulm, Germany
09:30 The German Child Protection Hotline for Medical Professions
Oliver Berthold, University of Ulm, Germany

Symposium 93
Level 3 - Room R13
New Developments in Transcultural Clinical Psychology and Psychotherapy
Convenor & Chair: Ulrike von Lenser, Humboldt-Universität Berlin, Germany
08:30 Prevalence of Posttraumatic Stress Disorder, Depression, and Somatization in Recently Arrived Refugees in Germany: An Epidemiological Study
Yuji Nesterko, University of Leipzig, Germany
08:45 Personality and Psychological Well-Being: Cross-Cultural Commonalities Between Iran and Germany
Marie-Christin Atzor, Philipps-University Marburg, Germany
09:00 Beliefs About Mental Illness and Their Influence on Mental Health Care Use - A Cultural Comparison
Laura Nader, University of Münster, Germany
09:15 Affective Arrangements in Psychotherapeutic Settings for Vietnamese Migrants in Germany
Eric Hahn, Charité University Medicine, Germany
09:30 Discussant
Ulrike von Lenser, Humboldt-Universität Berlin, Germany

Skills Class 16 (German Language)
Level 3 - Room S1
Steigerung des Expositionserfolgs bei der Behandlung von Angststörungen über die Lebensspanne
Verena Pflug & Christina Totsche, Ruhr-Universität Bochum, Deutschland

Open Papers 13
Level 3 - Room R11
New Approaches in Obsessive-Compulsive Disorders
Chair: Barbara Cludius, Ludwig Maximilian University of Munich, Germany
08:30 First, Do No Harm: Exploring the Relationship between Health Practitioner Metacognitive Beliefs and Their Responses to Postpartum Obsessions of Infant Harm
Melissa McIlrath, Curtin University, Australia
08:45 Disgust Sensitivity and Contamination Sensitivity in Urae to Wash after Being Exposed to Contamination Provoking Virtual Environment: A Moderated Mediation Model
Ezgi Tüki, Hacettepe University, Turkey
09:00 Best Not to Look: Attention to Threat Cues During a Checking Task
Olivia Merritt, University of Waterloo, Canada
09:15 Is Glutamate Associated with Fear Extinction and Cognitive Behavior Therapy Outcome in OCD? (A Pilot Study)
Miquel A. Fullana, Hospital Clinic, Barcelona, Spain
09:30 Exposure Therapy in a Virtual Environment
Alison Cullen, Monash University, Australia
Basic Processes/Experimental Psychopathology

1 Emotion Reactivity in Women with Perinatal Anxiety and/or Depression and Healthy Controls
   Arela Agako, McMaster University, Canada

2 Interpersonal Emotion Regulation Strategies and Negative Mood Regulation Expectancies: Modulating Effect of Adaptive Cognitive Emotion Regulation
   Ayse Altan-Atalay, Koc University, Turkey

3 Self-Compassionate Cognitions as Mediators in the Relationship Between Aging and Well-Being
   Kohei Armitage, Kwansei Gakuin University, Japan

4 Just Smile and Breathe! You Will Feel…Better? Comparing the Impacts of Expressive Suppression and Expressive Dissonance on Indicators of Sympathetic Nervous System Arousal
   Nancy Sahli, University of Ottawa, Canada

5 Behavioral Response to Social Exclusion: A Transdiagnostic Study in Patients with Chronic Depression, Patients with Borderline Personality Disorder and Healthy Controls
   Barbara B. Barton, Ludwig Maximilian University of Munich, Germany

6 Fear-Linked Differences in the Appraisal of the Speed of Moving Spider Stimuli
   Julian Bachorowski, University of Western Australia, Australia

7 Validity and Reliability of Antisaccade Measures of Attentional Control
   Julian Bachorowski, University of Western Australia, Australia

8 Does Comorbidity with Autism Spectrum Disorder Affect the Depressotypic Bias in Depressed Psychiatric Patients? An Eye-Tracking Study
   Anniemiek Bergman, Radboudumc, the Netherlands

9 The Importance of Considering Age when Designing Interventions: Differential Effects of the Pharmacological Adjunct Win55212-2 on Fear Extinction Across Development
   Madelyne Biswas, UNSW Sydney, Australia

10 Attentional Bias to Threat and Dysphoria at Automatic and Strategic Stages of Processing
    Andreas Blicher, University of Copenhagen, Denmark

11 Intolerance of Uncertainty and Substance Use Disorders: A Structural Equation Modeling Study
    Gius Bottesi, University of Padua, Italy

12 Intolerance of Uncertainty and Emotional Processing in a Mixed Psychiatric Sample: Distinct but Related Transdiagnostic Factors
    Gius Bottesi, University of Padua, Italy

13 Combined Treatment with Transcranial Direct Current Stimulation and Working Memory Training in Women with Fibromyalgia: Randomized Clinical Trial
    Priska Calvetti, Federal University of Health Sciences of Porto Alegre, Brazil

14 Sleep Deprivation Reduces Inhibitory Control and Increases Fear of Losing Control in Bing Eating
    Silke Cerdeli, Université libre de Bruxelles, Belgium

15 Retractions of Negative Misinformation are Effective in Depressive Rumination
    Erin Chin, University of Western Australia, Australia

16 What is the Process of Self-Criticism: A Phenomenological Study
    Hyunju Cho, Youngnam University, South Korea

17 Does Change in Attention Control Mediate the Impact of tDCS on Attentional Bias for Threat? Limited Evidence from a Double-Blind Sham-Controlled Experiment in an Unselected Sample
    Charlotte Crouse, Catholic University of Louvain, Belgium

18 Altering Attachment Security Using Cognitive Bias Modification
    Emma Doolan, University of New South Wales Sydney, Australia
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47 Investigating Pre-Sleep Processes and How they Influence Sleep
Thomas Minter, University of Zürich, Switzerland

48 Working Memory and Anxiety Perservation: Is Anxiety-Linked Working Memory Decline Linked to Slow Recovery From Stress?
Georgina Mann, University of Western Australia, Australia

49 Attachment, Emotional Processing, and Appraisal of Adolescent Life Events
Luca Marchegiani, University of Rome, Italy

50 Testing the Internal Pathway of Cognitive Control in Depression with Adopting Dual Mechanism of Control Framework
Akira Masayuma, Waseda University, Japan

51 Attentional Bias, Attentional Control and pre-Event Worry in Social Anxiety: Discriminating the Validity of Alternative Hypotheses Concerning Their Functional Relationship
Mohd Mazid, The University of Western Australia, Australia

52 How we Compare: Appearance-Related Comparison Standards Associated with Depression and Anxiety
Peter McCarthy, University of Münster, Germany

53 The Relationship Between Death Anxiety and Severity of Mental illnesses
Rachel Menzies, University of Sydney, Australia

54 The Effect of Mortality Salience on Body Checking in Anxiety Disorders
Rachel Menzies, University of Sydney, Australia

55 The Role of Participants’ Experiences in a Laboratory Analogue of EMDR Therapy
Gai Tan, University of New South Wales Sydney, Australia

56 "We are what we Remember" - Effects of Recalling Personal Self-Efficacy Memories on Adaptive Associations, Spider Fear, and Spider Approach Behaviour
Allison Ouimet, University of Ottawa, Canada

57 Yes and No: Understanding the Impact of Repeated Negation and Repeated Reappraisal on Automatic Measurement & Retraining
Sandersan Onie, University of New South Wales Sydney, Australia

58 Attentional Bias, Attentional Control and pre-Event Worry in Social Anxiety: Discriminating the Validity of Alternative Hypotheses Concerning Their Functional Relationship
Mohd Mazid, The University of Western Australia, Australia

59 Differential Effects of Working Memory Updating and Attentional Control on Rumination
Haruki Nishikawa, National Institute of Radiological Sciences, Japan

60 Context Matters: The Role of State Anxiety in the Effectiveness of Attentional Bias Modification
Maaike Nuijs, University of Amsterdam, the Netherlands

61 The Application of Memory Consolidation/Reconsolidation with CB: A Systematic Review
Riku Ohshima, Hiroshima University, Japan

62 Measuring Habits: Psychometric Properties of the Habit Index of Negative Thinking (HINT) and Creation of Habit Stimulation (COHS) in an Icelandic Sample
Ragnar Olafsson, University of Iceland, Iceland

63 Emotion-Induced Blindness: A Novel, Reliable Mechanism of Attentional Bias (Implications for Measurement & Retraining)
Sanderson Ome, University of New South Wales Sydney, Australia

64 Yes and No: Understanding the Impact of Repeated Negation and Repeated Reappraisal on Automatic Associations, Spider Fear, and Spider Approach Behaviour
Allison Ouimet, University of Ottawa, Canada

65 "We are what we Remember" - Effects of Recalling Personal Self-Efficacy Memories on Adaptive Responses to Negative Emotional Memories
Christina Paechs, University of Zürich, Switzerland

66 Can Experiential Avoidance Be Assessed by Measuring Emotional Reactions?
Georgia Panayiotou, University of Cyprus, Cyprus

67 Does Interceptive Sensitivity Relate to Affective Misattribution in Fibromyalgia Syndrome?
Anna Pohl, Cologne University, Germany

68 The Relationship of Memory Reconsolidation and Return of Fear: Clinical and Methodological Implications of a Novel MultICS Conditioning Paradigm
Kati Roesmann, University of Münster, Germany

69 Cognitive Pathways to Depression: A Network Approach to Determine Unique Associations of Attentional Disengagement Impairments with Factors of Vulnerability to Depression
Alvaro Sanchez-Cespedes, Complutense University of Madrid, Spain

70 The Validation of the Emotional Processing Scale 25 Items (EPS-25) in Italy and Contribution to the English Version
Mariella Santonastaso, Bournemouth University, UK

71 Predictive Factors of Mental Health Deterioration Among Japanese and International Students Studying in Japan: A One-Year Follow-up Study
Megumi Sasaki, Japan Advanced Institute of Science and Technology, Japan

72 Mechanisms of Voice Processing in Autism Spectrum Disorder
Stefanie Schelinski, Technische Universität Dresden and Max Planck Institute for Human Cognitive and Brain Sciences Leipzig, Germany

Friday 19th July

73 Early Parental Loss Predicts Late Life Sleep Problems: Evidence from the Longitudinal Survey of Health, Aging, and Retirement in Europe (SHARE)
Ralph Ench Schmidt, University of Geneva, Switzerland

74 Math-Failure Associations, Attentional Biases, and Avoidance Bias Predicting Math Anxiety and Performance in Adolescents
Eva Schmitz, University of Amsterdam, the Netherlands

75 Emotional Reactivity, Emotion Regulation, and Regulatory Choice in Somatic Symptom Disorder
Katharina Schnabel, Johannes Gutenberg University of Mainz, Germany

76 The Impact of Future Person Image on Affect: Systematic Review and Meta-Analysis
Torben Schubert, University Münster, Germany

77 Reproductive Status Alters the Effectiveness of Estradiol in Enhancing Exploration Therapy
Sang Tan, University of New South Wales Sydney, Australia

78 Interpretation Bias Flexibility in Worry
Jemma Todd, University of Western Australia, Australia

79 A New Virtual Reality Paradigm to Examine Fear Renewal Following Exposure for Public Speaking Fear
Eva A.M. van Dis, Utrecht University, the Netherlands

80 What’s Your Story? Narrative Coherence Has a Positive Impact on Socio-Emotional Responses of the Listener
Laurel Arnalle, Catholic University of Leuven, Belgium

81 The Influence of an Induced Negative Emotional State on Autobiographical Memory Coherence
Elen Vandervenne, Catholic University of Leuven, Belgium

82 The Impact of Emotion Regulation Strategies on Affect States in Young Adolescents
Laura Wante, Ghent University, Belgium

83 A Feasibility RCT of Computerized Positive Mental Imagery Training in Inpatient Mental Health Settings
Katharina Westermann, Mental Health Research and Treatment Centre Bochum, Germany

84 Inhibition of Personality-Relevant Sad Faces Predicts Six-Month Cortisol Awakening Response
Shui Wong, Concordia University, Canada

85 Ruminative, Automatic Thoughts, Dysfunctional Attitudes and Thought Suppression as Predictors of Depression and Anxiety Symptoms
Saadat Yapan, Hasan Kalyoncu University, Turkey

86 Impulsivity and Poor Inhibitory Control in Emotional Contexts in Suicide Ideators and Attempters: Evidence from an Emotional Stop-Signal Task and Self-Report Measures
Sunggeun Yoo, Chungbuk National University, South Korea

87 A Meta-Analytic Structural Equation Model of the Relationships Between Depression, Anxiety and Reinforcement Sensitivity
Kath Yovel, The Hebrew University of Jerusalem, Israel

88 A Cognitive Coping Model of Reinforcement Sensitivity and Affective Pathology
Iftah Yovel, The Hebrew University of Jerusalem, Israel

89 Certificate: Recent Sensitivity Theory and Bipolar Disorder: A Meta-Analysis
Yael Yovel, The Hebrew University of Jerusalem, Israel

90 A Structural Equation Modeling Meta-Analysis of Coping, Locus of Control, Self-Efficacy and Mental Health
Stefanie Schmidt, University of Bern, Switzerland

Personality Disorders

91 Tailored CBT to Treat Experiential Avoidance in an Adult with Offending Behaviours
Lucy Armstrong, University of Bath, UK

92 Clinical Implications of the Relation Between Family Characteristics and Patient’s Functionality in a Personality Disorders and Adolescents Program
Andrea Astolfi, Red Uititas, Argentina

93 Posttraumatic Stress Symptoms Do not Negatively Impact the Effectiveness of Dialectical Behaviour Therapy for Borderline Personality Disorder
Jenna Boyd, McMaster University, Canada

94 Moderator Effect of Self-Compassion Between Experiences of Subordination in Childhood and Borderline Traits
Rafaela Lopez, Complutense University of Madrid, Portugal

95 The Art of Prophecy Remains Difficult: Predicting Treatment Outcomes in Inpatients with Borderline Personality Disorder
Matthew Feldmann, Philipps-University Marburg, Germany

96 Dialectical Behaviour Therapy (DBT) for Emotion Regulation (ER) Difficulties: A Systematic Review
Hanna Hearing, University of Sydney, Australia

97 Factors Predicting Dropout From Dialectical Behaviour Therapy Skills Training in Japan
Makiko Igo, Teikyo Heisei University, Japan

98 Dialectical Behavioural Therapy Dosage and its Consequences on Impulsivity and Suicide Risk in a French Sample: A Preliminary Study
Sylvia Martin, Aix Marseille University, France
Friday 19th July

100 Borderline Personality Disorder and Suicidal Risk Regarding Impulsivity and Metacognition Dimensions
Sylvia Martin, Ak Manzeller University, France

101 Dissociative Experiences as a Predictor of DBT Outcomes in Individuals with Borderline Personality Disorder
Lynn McFar, Harbor – University of California at Los Angeles, USA

102 Distinct Adverse Childhood Experiences (ACEs) Are Associated with Self-Criticism and Self-Compassion
Iona Nasmith, University of the Andes, Colombia

103 Dissociation and Therapy of Depressive and Anxiety Disorders With or Without Personality Disorders
Jan Pisko, University Hospital Olomouc, Czech Republic

104 Mindfulness and Self-Compassion - Final Results of Changes Induced by Group Schema Therapy for Borderline Personality Disorder
Florian Ruths, South London and Maudsley NHS Foundation Trust, UK

105 Treating Borderline Personality Disorder with CBT in Private Practice in Low Resourced Settings: An Individual Clinical Case Report
Mariana Sale, Stellenbosch University, South Africa

106 Feasibility of 16-Week Dialectical Behavior Therapy for Adolescents (DBT-A) Multifamily Program for Suicidal and Self-Harming Adolescents in Finnish Public Mental Health Services
Saara Sarpantaja, Helsinki University Hospital, Finland

107 Parenting and its Relationship with Psychopathology, Affect Regulation, Interpersonal Functioning in Youth With Cluster B Personality Disorders and Their Parents
Apoorva Shrivastava, National Institute of Mental Health and Neuro, India

108 Application of Imagery Rescripting in the Treatment of Emotional Dysregulation in Borderline Personality Disorder: Feasibility of a New Short Intervention
Zinka Sosic-Vasic, University Hospital of Ulm, Germany

109 Altered Social Cognitions Among Patients with Borderline Personality Disorder: Is There a Neural Signature?
Zinka Sosic-Vasic, University Hospital of Ulm, Germany

110 Childhood Adversity and Borderline Personality Disorder: A Meta-Analysis
Filippo Varese, University of Manchester, UK

111 Metacognitive Awareness is Associated with Non-Suicidal Self-Injury: A Preliminary Study
Daniel Vega Moreno, Consorci Sanitari de l’Anoia, Spain

112 Exploring the Case for Incorporating Psychedelics Within Psychotherapeutic Interventions for Borderline Personality Disorder
Richard Zeifman, Ryerson University, Canada

113 Metacognition Moderates the Relationship Between Interpersonal Functioning and Emotion Dysregulation in Personality Disorders
Altaa Jeelani, National Institute of Mental Health and Neuro Sciences, India

Morning In-Congress Workshops (10.15 -13.45)

In-Congress Workshop 12
Level 3 – Room M1
An Introduction to Process-Based Acceptance and Commitment Therapy
Steven C. Hayes, University of Nevada, USA

In-Congress Workshop 13
Level 3 – Room R7
Exposure Therapy Applied to Eating Disorders: Terrified Patients and Anxious Clinicians
Carolyn Becker, Trinity University, USA & Glenn Waller, University of Sheffield, UK

In-Congress Workshop 14
Level 3 – Room P8
Facilitating Emotion Regulation in Cognitive Therapy for Persistent Depression
Richard Moore, Private Practice, UK

In-Congress Workshop 15
Level 3 – Room P9
Cognitively Focused Treatment for Obsessive Compulsive Disorders in the Context of Comorbid Mood and Anxiety Disorders
Maureen Whittal, Vancouver CBT Centre and University of British Columbia, Canada

In-Congress Workshop 16
Level 3 – Room R10
Recovery Oriented Cognitive Therapy for Individuals Without Insight
Aaron Breen, Drexel University School of Medicine, USA

In-Congress Workshop 17
Level 3 – Room R11
Cognitive-Behavioral Couple-Based Treatment of Depression
Donald Baucom, University of North Carolina at Chapel Hill, USA & Melanie Fischer, Heidelberg University Hospital, Germany

In-Congress Workshop 18
Level 3 – Room R12
Mindful Parenting in Mental Health Care
Susan Bogies, University of Amsterdam, the Netherlands

In-Congress Workshop 19
Level 3 – Room M2
Cognitive Behaviour Therapy for Decision Making: Helping Clients Avoid Problematic Choices
Robert L. Leahy, American Institute for Cognitive Therapy, USA

In-Congress Workshop 20 (German Language)
Level 3 – Room S1
Prozessbasierte kognitive Therapie bei körperdysmorpher Störung.
Viktoria Ritter & Ulrich Stangier, Goethe-Universität Frankfurt, Deutschland

(In 10.30 -12.00)

Panel Discussion 5
Level 1 – Room A1
Improving Resilience to the Tough Stuff: From Theory to Practice and from the Lab to the Field
Convenor & Chair: Jennifer Wild, University of Oxford, UK
Discussants:
Birgit Klein, University of Zurich, Switzerland
Thomas Ehring, Ludwig Maximilikan University of Munich, Germany
Jennifer Wild, University of Oxford, UK
Vincent Walsh, University College London, UK

Symposium 94
Level 1 – Room A2
Repetitive Negative Thinking in Psychopathology: Psycho(physio)logical Causes, Correlates and Consequences
Convenor & Chair: Philip Spinhowen, Leiden University, the Netherlands
10:30 Does Repetitive Negative Thinking Mediate the Effect of Treatment for Depression or Anxiety? 
Philip Spinhowen, Leiden University, the Netherlands
10:45 Repetitive Thinking and Perinatal Psychological Adjustment
Michelle Moulds, University of New South Wales Sydney, Australia
11:00 Can’t Get It off my Brain: Brain Signatures of Worry in Generalized Anxiety Disorder
Cristina Ottaviani, Sapienza University of Rome, Italy
11:15 Negative Correlates and Consequences of Rumination: Evidence from Clinical Trials
Eli Watkins, University of Exeter, UK
11:30 Effects of Noninvasive Vagus Nerve Stimulation on Perseveration Cognition in Chronic Worriers
Andreas Burger, Catholic University of Leuven, Belgium

Symposium 95
Level 1 – Room A3
Efficacy of Imagery Rescripting as a Transdiagnostic Intervention
Convenor: Fortesa Kadriu, Katholieke Universiteit Leuven, Belgium
Chair: Julie Krans, Radboud University, the Netherlands
10:30 Imagery Rescripting Versus STAIR/Imagery Rescripting for PTSD Related to Childhood Abuse: A Randomized Controlled Trial
Sandra Raabe, University of Amsterdam, the Netherlands
10:45 The Effect of Using Imagery Rescripting of Autobiographical Memories Versus Imagery Rescripting of Intrusive Images in Core Beliefs and Eating Disorder Symptoms
Fortessa Kadriu, Katholieke Universiteit Leuven, Belgium
11:00 Imagery Rescripting for the Treatment of Trauma in Voice Hearers: A Case Series
Craig Steel, University of Oxford, UK and Georgie Paulik, Murdoch University, Australia
11:15 The Effects of Imagery Rescripting Versus Extinction on Return of Fear
Mandy Woelk, University of Utrecht, the Netherlands
11:30 Discussant
Arnoud Arntz, University of Amsterdam, the Netherlands
Friday 19th July

Skills Class 17 (Meet the Expert) Level 3 – Room R13
Predictors and Moderators of Response to Psychosocial Treatment for Bipolar Disorder
Convenor & Chair: Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA

Preventive Approaches to Enhance Cognitive Behavior Therapy and Its Delivery
Convenor & Chair: Roz Shafir, University College London, UK
10:30 Enriching Cognitive Behaviour Therapy with Emotion Regulation Training for Patients with Medically Unexplained Symptom: Findings of the Multicentre Randomized Controlled TRANSCEND Trial
Winfred Hof, University of Marburg, Germany
10:50 Preliminary Efficacy of Telephone Guided Self-Help for Emotional and Behavioural Difficulties in Children and Young People with Neurodevelopmental Conditions: A Pilot Study
Suzie Bennett, University College London, UK
11:10 Implementing Evidence Based Practices in Children’s Community Mental Health
Daniel Cheon, Judge Baker Children’s Centre, USA
11:30 Low Intensity Psychological Treatments in a Paediatric Hospital: Is There a Need and Does it Help?
Matteo Catanzano, Great Ormond Street Children’s Hospital, UK

Symposium 96 Level 1 – Room A5
10:30 Convenor & Chair: Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA

Converors and Moderators of Response to Psychosocial Treatment for Depression in Bipolar Disorder:
11:30 Thomas Meyer, McGovern Medical School, USA
10:45 Richard Bryant, University of New South Wales, Australia
Discussant: Kristi Pruiksma, University of Texas Health Science Center at San Antonio, USA

Convenors and Moderators of Response to Psychosocial Treatment for Depression in Bipolar Disorder:
11:30 Thomas Meyer, McGovern Medical School, USA
10:45 Richard Bryant, University of New South Wales, Australia
Discussant: Kristi Pruiksma, University of Texas Health Science Center at San Antonio, USA

Symposium 97 Level 1 – Room A8
10:30 Rapid Symptom Improvement in Therapy: Why Does it Happen and What Does it Mean?
Convenor: Asha Ladwa, University of Exeter, UK
Chair: Kim Wright, University of Exeter, UK
10:40 Cognitive Processes of Sudden Gains in Cognitive Therapy for PTSD in Routine Clinical Care
Marian Westemeyer, University of Oxford, UK
10:40 The Analysis of Discontinuities and Patterns of Symptom Change in Cognitive Behavioral Therapy for Chronic Depression
Leigh Andrews, University of Delaware, USA
11:00 Sudden Gains and Depression Spikes in Cognitive Behavioural Therapy and Behavioural Activation
Heather O’Mahen, University of Oxford, UK
11:15 Why Do Rapid Improvements Happen? Client and Therapist Processes in Cognitive Behavioural Therapy and Behavioural Activation
Asha Ladwa, University of Oxford, UK
11:30 Discussant
Steve Holdon, Vanderbilt University, USA

Symposium 98 Level 1 – Room A8
10:30 Assessment and Treatment of Combat-Related Posttraumatic Stress Disorder and Comorbid Disorders: Results from the STRONG STAR Consortium
Convenor: Alan Peterson, University of Texas Health Science Center at San Antonio, USA
Chair: Stacey Young-McCaughan, University of Texas Health Science Center at San Antonio, USA
10:30 Challenges and Strategies in the Assessment of Combat-Related PTSD
Meghan McDavitt-Murphy, University of Memphis, USA
10:45 Cognitive Processing for Treatment of Combat-Related PTSD in Active Duty Military Personnel
Patricia Resick, Duke University Medical Center, USA
11:00 Prolonged Exposure Therapy for the Treatment of Combat-Related PTSD in Active Duty Military Personnel
Alan Peterson, University of Texas Health Science Center at San Antonio, USA
11:15 Assessment and Treatment of Sleep Disorders in Active Duty Military Personnel
Krisi Puiukima, University of Texas Health Science Center at San Antonio, USA
11:30 Discussant
Richard Bryant, University of New South Wales, Australia

Symposium 99 Level 3 – Room R13
10:30 Predictors and Moderators of Response to Psychosocial Treatment for Bipolar Disorder
Convenor & Chair: Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA
10:30 Are Cognitive and Motivational Variables Interacting with Psychotherapy and Affecting Outcome in Bipolar Disorder?
Thomas Meyer, McGovern Medical School, USA
10:45 Predictors and Moderators of Response to Psychosocial Treatment for Bipolar Disorder: The Role of Age of Onset, Course of Illness, Medical and Psychiatric Comorbidity and Attributional Style
Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA

Symposium 100 (German Language) Level 3 – Room M4
10:30 Positive Perspektiven in der Psychotherapie
Convenors & Chairs: Ulike Willutzki, Universität Witten/Herdecke, Deutschland and Anton-Rupert Laires, Universität Wien und Salzburg, Österreich
10:50 Positive-Psychologische Interventionen in Psychotherapie und Coaching – Konzepte und Effekte
Almut Feld, Universität Salzburg, Österreich
11:10 Positive orientierte Gruppentherapie für Patient*innen mit chronifizierten affektiven Störungen: Ergebnisse einer Pilotstudie
Anne Tröskien, Freie Universität Berlin, Deutschland
11:30 Positive mentale Gesundheit als Resilienzfaktor gegenüber Suizidgedanken und Suizidversuchen
Tobias Leisemann, Ruhr-Universität Bochum, Deutschland

Panel Discussion 6 Level 3 – Room M4
At the Crossroads of Cognitive Behavior Therapy and Existential Thinking – International Perspectives
Convenor: Thomas Heidenreich, University of Applied Sciences Esslingen, Germany
Chair: Ross Menzies, University of Technology Sydney, Australia
Discussants: Ross Menzies, University of Technology Sydney, Australia
Michael Worrell, Central and North West London NHS Foundation Trust and Royal Holloway University, UK
Alexander Noyon, University of Applied Sciences Mannheim, Germany
Thomas Heidenreich, University of Applied Sciences Esslingen, Germany

Symposium 101 Level 3 – Room M5
10:30 The Self in Social Anxiety Disorder: New Directions in Targeted Intervention
Convenor & Chair: David Moscovitch, University of Waterloo, Canada
10:30 Can Imagery-Based Techniques Enhance Outcomes from Cognitive Behaviour Group Therapy for Social Anxiety Disorder? An Update on a Randomised Controlled Trial
Peter McGorry, Curtin University and Centre for Clinical Interventions, Australia
10:45 Dismantling the Unique Effects of “Rescripting” on Memory Representations and Core Beliefs During Imagery Rescripting for Social Anxiety Disorder
David Moscovitch, University of Waterloo and Centre for Mental Health Research, Canada
11:00 The Self in Social Anxiety: Implicit Theories and Self-Criticism as Outcomes in a Trial of CBT vs. ABM
Jonathan Huppert, Hebrew University of Jerusalem, Israel
11:15 Social Developmental Experiences, Self-Concealment, and Social Belonging
Lynn Alden, University of British Columbia, Canada
11:30 Discussant
Ahlene Hessnichi, University of Bremen, Germany

Skills Class 18 (German Language) Level 3 – Room M6
10:30 Die Interpersonelle Perspektive in der Schematherapie in der Arbeit mit Einzelpatienten,Paaren und in der Supervision.
Eckhard Roediger, Institut für Schematherapie-Frankfurt, Deutschland

Symposium 102 Level 3 – Room M7
10:30 Developmental Outcomes of Children in Prevention Trials: Long-term Effects
Convenor: Nina Heinrichs, University of Bremen, Germany
Chair: Robert McMahon, Simon Fraser University and B.C. Children’s Hospital, Canada
10:30 Prevention of Child Mental Health Problems in Southeastern Europe: Results from Phase One of a Multiphase Optimization Strategy Study (RISE)
Heather Foran, University of Klagenfurt, Austria
Partial text of the document:

Friday 19th July

10:50 Universal Prevention of Child Behavioral Disorders by Parent Training: 10-Year Effectiveness From Mothers', Fathers', and Adolescents' Perspectives
Kurt Hahlweg, University of Braunschweig, Germany

11:10 Young Adult Outcomes from the Fast Track Project: Long-term Prevention of Conduct Disorder
Robert McMahon, Simon Fraser University and British Columbia Children's Hospital, Canada

11:30 The Role of Callous Unemotional Traits in Young Foster Children
Daniela Ehrenberg, University of Braunschweig, Germany

Panel Discussion 7 and Invited Plenary Address
Level 3 – Room R2

Tri-Cognitive Behavior Therapies in Latin America: Cultural Aspects in Training and Clinical Practice
Chair: Carmen Beatriz Neufeld, University of São Paolo, Brazil

Discussants:
11:00 Research and Training in CBT in Argentina: The Distinctive Impact of Cultural and Professional Factors in the Dissemination of CBT
Eduardo Keegan, University of Buenos Aires, Argentina

11:20 CBT Impact in Public Policy and Training in Colombia: Current Status and Future Directions
Leonidas Castro-Camacho, Universidad de los Andes, Colombia

11:40 Status of CBT in Peru: Where We Are and Where Can We Go in Professional Training and Clinical Practice
Natalia Ferrero, Psicotrec Institute Lima, Peru

Open Papers 15
Level 3 – Room R2

Augmenting Cognitive Behavior Therapy for Appetitive Disorders with Brain-Based Technological Developments
Convener: Reinout Wiers, University of Amsterdam, the Netherlands
Chair: Murat Yücel, Monash University, Australia

10:30 The Potential of Using Virtual-Reality (VR) to Detect, Overcome and Avoid Addictive and Compulsive Conditions
Munat Yücel, Monash University, Australia

10:45 Virtual Reality-Based and Theoretical Neuroscience Grounded Approaches to Diagnostics in Addiction: Two Case Studies
Paul Verschure, Institute for Bioengineering of Catalonia, Spain

11:00 Participatory Design of a Virtual Reality Approach-Avoidance Training Intervention for Obesity
Naomi Kakoschke, Monash University, Australia

11:15 The Addiction Beater, a Gamified Cognitive Bias Modification Program for Alcohol Addiction: Feasibility, Clinical Effects and User Experience
Reinout Wiers, University of Amsterdam, the Netherlands

11:30 Discussant
Sherry Stewart, Dalhousie University, Canada

Symposium 103
Level 3 – Room R4

Open Papers 16
Level 3 – Room R3

Enhancing Extinction and Exposure Therapy
Chair: Marcela Woud, Ruhr-Universität Bochum, Germany

10:30 Factors Influencing the Success of Exposure Therapy for Specific Phobias: A Systematic Review
Joscha Böhrlein, University of Münster, Germany

10:45 Mechanisms, Genes and Treatment: Experimental Fear Conditioning, Genetic and Epigenetic Variation of SLC6A4 and the Outcome of Highly Standardized Exposure-Based One-Session Fear Treatments
Andre Wammesmiller, Ruhr-Universität Bochum, Germany

11:00 Examining the Impact of Spider Fear on the Reconsolidation of Fear Memories Using Reactivation plus Extinction
Andrea Ashbaugh, University of Ottawa, Canada

11:15 Influence of Vpaioic Acid in Combination with Reassessment of Fear Memory on the Outcome of Extinction-Based Therapy in Patients with Fear of Spiders
Dorothee Bentz, University of Basel, Switzerland

11:30 No Time for Exposure? Duration of Exposure Exercises in Inhibitory Learning-Oriented Therapy
Ingmar Herig, Technische Universität Dresden, Germany

Skills Class 19
Level 3 – Room R3

Using Online Programmes and Apps to Enhance Clinical Practice for Child and Adolescent Anxiety and Depression
Susan Spence, Griffith University, Australia

Saturday 20th July

Treatment of Depression
Convener: Ernst Koster, Ghent University, Belgium
10:30 Early Maladaptive Schemas as Predictors for Depression Severity and Treatment Response to a Cognitive Behavioural Therapy-Based Outpatient Psychiatric Rehabilitation Programme
Alessandra Schossler, Medical University Vienna, Austria

10:45 Predictors of Depression Symptom Improvement After Cognitive Behavioral Therapy for Insomnia
Aleksandra Ušajtoka, Ryerson University, Canada

11:00 Impaired Cognitive Behavioral Analysis System of Psychotherapy for Chronically Depressed Patients: A Naturalistic Feasibility Trial on a General Acute Psychiatric Unit
Anne Guhn, Charité – University Medicine Berlin, Germany

11:15 Mindfulness-Based Cognitive Therapy (MBCT) for Current Depression Study. Outcomes and Mediators of Change.
Paweł Holcis, University of Warsaw, Poland

11:30 Using the Personalized Advantage Index for Individual Treatment allocation to cognitive behavioral therapy (CBT) or a CBT with Integrated Exposure and Emotion Focused elements (CBT-EE+)
Nadine Fried, University of Bern, Switzerland

Symposium 104
Level 3 – Room R6

Intergenerational Factors in Parent and Child Obsessive-Compulsive Disorder
Convener & Chair: Fiona Challacombe, King's College London, UK
10:30 My Child's Thoughts Frighten Me: Maladaptive Effects Associated with Parents’ Interpretation and Management of Children's Intrusive Thoughts
Noah Barman, College of the Holy Cross, USA

10:45 Parental Rearing Associated with Pediatric OCD: Associations with Age, OCD Symptomatology and Inflated Responsibility Beliefs
Shams Matnouz, Griffith University, Australia

11:00 Perceptions of the Mother-Infant Relationship in Postpartum OCD
Fiona Challacombe, King's College London, UK

11:15 Relationship Obsessive Compulsive Disorder (ROCD) Symptoms Within the Parent-Child Dyad: The Role of Child Value Self Contingencies and Cognitive Load
Guy Doron, Baruch Iczer School of Psychology, Israel

11:30 The Role of Paternal Accommodation of Paediatric OCD Symptoms: Patterns and Implications for Treatment Outcomes
Benedetta Monzani, South London and Maudsley NHS Foundation Trust, UK

Open Papers 17
Level 3 – Room S2

New Approaches to Assessing and Predicting Outcomes
Chair: Simon Blackwell, Ruhr-Universität Bochum, Germany
10:30 A Multi-Methodological Approach to Explore the Nature of Change over the Course of Psychotherapy: An Idiographic Case Study
Alien Giarmatz Altman, University of California, USA

10:45 Exploring the Relapse Signature: A Network Analysis of Residual Depression and Anxiety Symptoms after Cognitive Behavioural Therapy
Ben Lombrozo, University of Sheffield, UK

11:00 Predicting Optimal Intervention for Clinical Depression Applying the Personalized Advantage Index Approach: Differential Predictions for PPI and Cognitive Behavioural Therapy
Carmelo Vazquez, Complutense University of Madrid, Spain & Lorenzo Lorenzo-Luances, Indiana University, USA

11:15 The Effects of Intense Pre-Post Assessment (IPA) on Statistical Power in Randomized Controlled Trials
Raphael Schuster, University of Salzburg, Austria

11:30 Estimation of Depression Tests Performance with Bayes’ Theorem
Marco Tonmasi, University of Chieti and Pescara, Italy

Open Papers 18
Level 3 – Room S3

Mechanisms of Psychotic Symptoms and Experiences
Chair: Tanja Lincoln, University of Hamburg, Germany
10:30 The Contribution of Childhood Trauma to Emotional Reaction and Emotion Regulation in Trait Schizotypy, A Randomized Controlled Trial
Kristina Kocaç-Bogar, Donaus-Universität Krems, Austria

10:45 The Effect of Racial Socialization on Subclinical Symptoms of Psychosis
Olivia Altimano, University of Miami, USA

11:00 The Relationship Between Voice Hearing and Posttraumatic Stress Disorder Symptoms in Daily Life: An Ecological Momentary Assessment Study
Rachel Brand, Swinburne University of Technology, Australia

Friday 19th July

Open Papers 16
Level 3 – Room R5

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Nadine Fried, University of Bern, Switzerland

Symposium 104
Level 3 – Room R6

Intergenerational Factors in Parent and Child Obsessive-Compulsive Disorder
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10:30 My Child's Thoughts Frighten Me: Maladaptive Effects Associated with Parents’ Interpretation and Management of Children's Intrusive Thoughts
Noah Barman, College of the Holy Cross, USA

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Guy Doron, Baruch Iczer School of Psychology, Israel

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Benedetta Monzani, South London and Maudsley NHS Foundation Trust, UK

Open Papers 17
Level 3 – Room S2

New Approaches to Assessing and Predicting Outcomes
Chair: Simon Blackwell, Ruhr-Universität Bochum, Germany
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Marco Tonmasi, University of Chieti and Pescara, Italy

Open Papers 18
Level 3 – Room S3

Mechanisms of Psychotic Symptoms and Experiences
Chair: Tanja Lincoln, University of Hamburg, Germany
10:30 The Contribution of Childhood Trauma to Emotional Reaction and Emotion Regulation in Trait Schizotypy, A Randomized Controlled Trial
Kristina Kocaç-Bogar, Donaus-Universität Krems, Austria

10:45 The Effect of Racial Socialization on Subclinical Symptoms of Psychosis
Olivia Altimano, University of Miami, USA

11:00 The Relationship Between Voice Hearing and Posttraumatic Stress Disorder Symptoms in Daily Life: An Ecological Momentary Assessment Study
Rachel Brand, Swinburne University of Technology, Australia
11:15 Investigating the Impact of Presenter and Content Effects on Positive Emotion and Self-efficacy for Personal Recovery in Psychosis
Brooke McLeod, Swinburne University of Technology, Australia

11:30 Negative Symptoms as a Mediator Between Neurocognition, Social Cognition and Social Functioning in Individuals at Clinical High Risk for Psychosis
Stefanie Schmidt, University of Bern, Switzerland

Invited Addresses 3 (12.00 -13.00)
Invited Address 16
Level 1– Room A1
Cognitive Behavioural Therapy for Irritable Bowel Syndrome: The 18-year Journey from Theory to Implementation
Rona Moss-Morris, King’s College London, UK
Chair: Omer van den Bergh, University of Leuven, Belgium

Invited Address 17
Level 1– Room A2
Transcultural Aspects of Cognitive and Behavioural Therapy: a Moroccan Example
Nadia Kadri, Institut Marocain de Thérapie Cognitive et Comportementale, Morocco
Chair: Pierre Philippi, Catholic University of Louvain, Belgium

Invited Address 18
Level 1– Room A3
Personal Practice: Why Therapists Should Walk the Talk
James Bennett-Levy, University of Sydney, Australia
Chair: Sarah Corne, Central and North West London NHS Foundation Trust, UK

Invited Address 19 (German Language)
Level 1– Room A4
Verhaltenstherapie mit Kindern und Jugendlichen im Jahr 2019: Inspiration und Innovation
Silvia Schneider, Universität Bochum, Deutschland
Chair: Babette Renneberg, Freie Universität Berlin, Deutschland

Invited Address 20
Level 1– Room A5
Addictions: Cognition and Behaviour Within a Social Context
Alex Copello, University of Birmingham, UK
Chair: David Kavanagh, Queensland University of Technology, Australia

Invited Address 21
Level 1– Room A6
New Developments in Schema Therapy for Personality Disorders
Arnold Arntz, University of Amsterdam, the Netherlands
Chair: Eckhart Roediger, Institut für Schematherapie, Germany

Invited Address 22
Level 1– Room A7
Neuroscience Driven Approaches to Cognitive and Behavioural Therapy for Anxiety and Depression
Michelle Consoli, University of California, USA
Chair: Roz Shafan, University College London, UK

Friday 19th July
Poster Session 5 (12.00 -14.30)

German Language
1. Deutschsprachige Übersetzung und psychometrische Evaluation der Feedback on Physical Appearance Scale (FOPAS) an einer Stichprobe jugendlicher PatientInnen mit Essstörungen
Hannu L. Quittkat, Universität Osnabrück, Deutschland

2. Agilität in der Kognitiven Verhaltenstherapie
Wolf-Ulrich Scholz, Goethe-Universität, Deutschland

3. Biofeedback und Neurofeedback bei depressiven Störungen – ein Update
Gormen Uhmann, Zentrum für Psychiatrie Wessentau und Universitätsklinik Ulm, Deutschland

Ilka Vasterling, Technische Universität Braunschweig, Deutschland

5. Stationäre Intensivtherapie bei Zwangsstörungen: Vorstellung eines Behandlungskonzeptes und dessen Effektivität
Thorstien Zeidler, Christoph-Dornier-Klinik für Psychotherapie, Deutschland

6. Schützt die islamische Körperbedeckung muslimische Frauen vor dem negativen Effekt von Schlankheitsbetonenden Bildern auf das Körperbild?
Leone Wilhelm, Osnabrück University, Germany

Intellectual & Developmental Disabilities
1. Cognitive Flexibility and Perfectionism
Justine Bonge du Quebec a Trois-Rivières, Canada

Masahiko Inoue, Tottori University, Japan

3. Metacognitive Training for Students with High Autistic Tendencies in a Vocational College: A Preliminary Study
Yukiko Maeda, Kansai Gakuen University, Japan

Aida Malovic, Canterbury Christ Church University, UK

5. Efficacy of Group Cognitive Behavior Therapy Targeting Time Management for Adult with Attention Deficit / Hyperactivity Disorder: A Randomized Control Trial
Misuzu Nakashima, National Hospital Organization Hizen Psychiatric Center, Japan

6. The Effect of Behavioral Activation and Power-Assisted Wheelchair on Wheelchair-Using Children with Limited Mobility: A Randomized Comparative Trial
Jong-Woo Suh, Korea University, South Korea

Therapeutic Processes
13. Effects of Self-Instructional Training Focused Anger Arousal
Tomoaki Abe, University of Tsukuba, Japan

14. Knowledge of and Barriers to the Use of Cognitive Behavioral Therapy in Treating Depression in Primary Care Centers and Family Medicine Clinics in Saudi Arabia
Ahmad Alhadi, King Saud University, Saudi Arabia

15. The Effect of Stress Relief Programs on Occupational Stress Using non-Work Factors
Satoshi Araki, J. F. Oberlin University, Japan

16. Improvement of Sleep-Wake Rhythm in Patients with Schizophrenia with Long and Irregular Sleep Through Cognitive Behavioral Therapy: A Case Study
Masahiko Inoue, Tottori University, Japan

17. Mindfulness as a Moderator Between Self-Criticism and External Shame
Juliette Azevedo, Center for Research in Neuropsychology and Cognitive and Behavioral Intervention, Portugal

18. Effects of Positive Psychology Intervention on the Personal and Work Wellbeing of Psychotherapists in CBT Training
Mari Barakis, Shari, Muncia University, Spain

19. Rogues, Villains and Eccentrics – Constellation of Schizotypy Indicators
Radomir Belopavlovic, University of Novi Sad, Serbia

20. Characterization of the Therapeutic Process and Population Demands that Attended the School Service at the Cognitive Behavioral Institute of Psychotherapy (IPG), Brazil – SP
Luciana Bernardes da Rosa, Cognitive Behavioral Institute of Psychotherapy, Brazil

Simon Bollmann, Philips University of Marburg, Germany

22. Maintaining Treatment Integrity in Personalized CBT: The Inventory of Therapeutic Interventions and Skills
Kaylyn Boyle, University of Trier, Germany

23. Maintenance (vs. Change) of Negative Expectations Towards Psychotherapy
Kristina Braun-Koch, Universität Marburg, Germany

24. Process Cognitive Change in Group CBT for OCD
Elena Cabedo, Clinical-University Hospital of Valencia, Spain

25. Personality Characteristics and Psychological and Psychiatric Therapeutic Adherence in Patients with Mental Disorder
Angela Cabestany-Monató, Consorcio Sanitari de Terrassa, Spain
Petra Lohan, Babe
Overcoming Academic Procrastination in Teenagers Through CBT vs REBT Group Interventions:
Michael Linden, Charité University Medicine Berlin, Germany

Sociomedical Interventions and Support of Work Participation in CBT
Suicidal and Aggressive Ideation Associated with Feelings of Embitterment. Psychopathology
Zhanjiang Li, Beijing Anding Hospital, China

The Biological Mechanism of Cognitive Behavioral Therapy
Raimo Lappalainen, University of Jyväskylä, Finland

Hiroko Kunikata, Kagawa Prefectural University of Health Sciences, Japan

Tomomi Kanetsuki, Tokyo Denki University, Japan

Effectiveness of Role Lettering for Anger Considering the Differences in the Imaginary Other
Damla Isik, Private Practice, Ankara, Turkey

Overuse of Analgesic Medications, Substance Abuse and Somatic Symptom Disorder
Worry About Social and Interpersonal Problems Associated with Motivation for Psychotherapy Among Cancer Patients
Kanako Irikura, Kitasato University, Japan

Overture of Anxiogenic Medications, Substance Abuse and Somatic Symptom Disorder
Damla Isik, Private Practice, Ankara, Turkey

Application of Continuum Technique to Modify Core Beliefs
Damla Isik, Private Practice, Ankara, Turkey

Effectiveness of Role Lettering for Anger Considering the Differences in the Imaginary Other
Tomomi Kanetsuki, Tokyo Denki University, Japan

The Relationship Between Disconnection and Reaction Schemas and Loneliness
Youngkeun Kim, Inje University, South Korea

Clinical and Medico-Economic Assessment of Cognitive Behavioral Group Therapy for Recovery of Self-Esteem
Hiroko Kunikata, Kagawa Prefectural University of Health Sciences, Japan

A Mobile Game for Improving Psychological Flexibility in Elementary School Children
Ramo Lappalainen, University of Jyväskylä, Finland

The Biological Mechanism of Cognitive Behavioral Therapy
Zhanjiang Li, Beijing Anding Hospital, China

Suicidal and Aggressive Ideation Associated with Feelings of Embitterment. Psychopathology
Michael Linden, Charité University Medicine Berlin, Germany

Sociomedical Interventions and Support of Work Participation in CBT
Michael Linden, Charité University Medicine Berlin, Germany

Overcoming Academic Procrastination in Teenagers Through CBT vs REBT Group Interventions:
A Pilot Study
Peter Lohan, Babe - Boyal University, Romania

A Meta-Analysis to Investigate the Effectiveness of Cognitive-Behavioral Coaching
Cristina Lonir, Babes-Boyal University, Romania

Values in Cognitive-Behavioural Therapy
Katarzyna Marchewka, Jagiellonian University, Poland

A New Data Analysis for Cognitive Behavioral Therapy Intervention for Social Phobia
Andrew Andry, National University of Toscana, Italy

Prevention of Mental Disorders at the Workplace: A Meta-Analysis of Mindfulness-Based Interventions on Health Related Outcomes at the Work
Ruben Vondrak, Central Institute of Mental Health, Germany

Examining Changes in Cognitions as an Integrated Cognitive Behaviour Therapy (CBT) Treatment Program for Co-Occurring Depression and Substance Misuse in Young People
Zoe Walter, The University of Queensland, Australia

Cognitive-Behavioural Therapy for Cancer-related Fatigue in Cancer Survivors: A Case-Report
Em-Seung Yu, National Cancer Center, South Korea

Do Ruptures in Alliance Occur Within Therapy Sessions? An Investigation of Between Session Process
Elad Zlotnick, The Hebrew University, Israel
Friday 19th July

81 The Efficiency of Cognitive Behavioural Therapy and Mindfulness Exercises in a Four-Week Interdisciplinary Rehabilitation Programme for Chronic Pain: A Pilot Study
Katja Zupancič, The University Rehabilitation Institute, Republic of Slovenia

82 Bipolar Disorder Type I and CBT
Marhiela Fister, University of the Aegean, Greece

83 What Does Existing Evidence Tell Us About Patient Perceptions of Primary Care Psychological Therapy Services in the UK and Is There Any Evidence that Perceptions Affect Treatment Outcome?
Louise Crouch-Read, University of East Anglia, UK

84 Pakistani Psychotraumatisations’ Experiences with Cognitive Behavior Therapy: CBT at Checkpoint Charlie Berlin
Nadia Ihsan, Government College University Lahore, Pakistan

85 Measuring Treatment Engagement in Mindfulness Based Stress Reduction Using Smartphone-Based Monitoring
Christine Parsons, Aarhus University, Denmark

Training & Supervision

86 How do Therapists from Different Countries and with Different Therapeutic Orientations Feel About Using Technologies in Their Work?
Branka Bagarić, Croatian Association for Behavioral-Cognitive Therapies, Croatia

87 Skilling up Support Workers: Providing Supervision and Training to Non-Qualified Staff to Deliver Psychological Interventions
Stephanie Casey, Cambridge and Peterborough NHS Foundation Trust, UK

88 GROW or PRACTICE in Coaching. Is that the question?
Joana Cortés, Babes Bolyai University, Romania

89 What About Quality Research on Psychotherapist Training? Pilot Study on Quality of Results of Outpatient Psychotherapy in Training Institutes of the German Association of Behavior Therapy
Anja Desensank, Ausbildungskademie DQVFi e. V., Germany

90 Effects of specialized training on psychiatry residents’ beliefs about CBT
Rodrigo de Almeida Ferreira, University of São Paulo, Brazil

91 Clinical Hypothesis and Treatment Decision Making in Clinical Psychologist Trained in Process Based Transdiagnostic Clinical Formulation
Nicolas Garcia, Universidad de los Andes, Colombia

Daisuke Ino, Hiroyo University of Teacher Education, Japan

93 The Integration of CBT and MI in the Context of Clinical Supervision
Iga Jaraczewska, Academy of Mind and Emotions, Poland

94 Effectiveness of a Cognitive Behavioral Therapy Training Program for Nurses - Toward the Development of a Training Program
Sayaka Kato, University of Miyazaki, Japan

95 Communication Skills Training with the Interactive Self- and Peer Observation Tool (i-Spot): A Webcam Instrument for Standard and Personalized Feedback
Jeroen Kuntze, Open University, the Netherlands

96 Unwanted Events and Side Effects in Cognitive Behavior Therapy
Michael Linden, Charité University Medicine Berlin, Germany

97 Pictorial Representation of Early Maladaptive Schemas and Modes
Christof Loose, Psychotherapy Practice and Centre for Schema Therapy Düsseldorf, Germany

98 Skilling Up Support Workers: Interviews with Non-Qualified Staff on Supervision and Training of CBT-Based Interventions
Rachel Macag, Cambridge and Peterborough NHS Foundation Trust, UK

99 Reliability and Validity of the Group Cognitive Therapy Scale
Misuzu Nakashima, National Hospital Organization Hizen Psychiatric Center, Japan

100 Group Cognitive Behavior Group Therapy: The Perception of Supervisors in Training
Carmen Beatrix Neufeld, University of São Paulo, Brazil

101 Effectiveness of Group Supervision in Nurse-Administered Cognitive Behavioral Therapy
Yoshie Okada, University of the Aegean, Greece

102 Relation Between Beliefs and Attitudes Toward Supervision in Cognitive Behavioral Therapy and Competencies of the Trainees in Cognitive Behavioral Training
Jan Prasko, University Palacky and University Hospital, Czech Republic

103 Examination of the Effects of Cognitive-Behavioral Therapy Supervision Toward Psychiatric Visiting Nurses
Yuki Shiraishi, University of Miyazaki, Japan

104 Supervisors’ Nondisclosure in South Korea and the United States: A Cross-Cultural Comparison
Eunjung Son, Keimyung University, South Korea

105 Face to Face Online - Using Immersive VR and Cyberspaces in CBT Training
Bronwyn Tarrant, University of Melbourne, Australia

106 The Effect of the Preventive Group Setting Parent Training Program for Mothers of Toddlers. A Randomized Controlled Trial (RCT)
Shin Tatsumoto, University of Miyazaki, Japan

107 Feeding Two Birds with One Scone? The Effects of Training Junior Mental Health Staff to Deliver Brief CBT
Emma Travers-HJ, Kent and Medway NHS and Social Care Partnership Trust, UK

108 Mindfulness Based Cognitive Skill Training for Health Professionals in Training (MBCT-HT): Manual Development and a Pilot Study on the Feasibility of a Mindfulness-Based Program for Enhancing Resilience and Self-Compassion for Health Professionals in Francesca Turner, South London and Maudsley NHS Foundation Trust, UK

109 The Relation Between Level of Psychological Symptoms and Success in Distinguishing Components in Thought Record Form and Self Evaluation in Turkish Psychotherapy Trainees
Curcu Uysal, Ibn Haldun University, Turkey

110 Increasing Quality of Care in Norwegian Child Welfare Institutions: A Quantitative Analysis of Factors from the High Performance Cycle and a Test of Job Engagement
Per Jostein Matre, Psychological Health and Addictions: Drammen Municipality, Norway

Friday 19th July

Technical Demonstration 4
Level 3 – Room M3
MindLAB Set: Integrating Applied Neuroscience and Biofeedback into Cognitive and Behavioural Therapies
Tullio Scrimali, University of Catania, Italy

Technical Demonstration 5
Level 3 – Room M5
The Resonator 6, A Personalized Internet-Based System Designed to Support and Augment Psychotherapy
Amin Rofnick, The Bach Institute for Psychotherapy, Israel & Arie Gronich, Private Clinic, Israel

World Confederation of Cognitive and Behavioral Therapies: General Meeting
(14.00 -15.00)
Level 3 – Room M8

Symposium 105
Level 1 – Room A1
Using Imagery When Working with Psychosis: Recent Developments and Case Examples
Convenor & Chair: Christopher Taylor, Pennine Care NHS Foundation Trust and University of Manchester, UK

14:00 Imagery Rescripting and Psychiatry
Craig Steel, University of Oxford, UK and Georgie Paulik, Murdoch University, Australia

14:20 IMAGery Focused Therapy for Persecutory Delusions in PSychosis (IMAPs): A Case Series
Christopher Taylor, Pennine Care NHS Foundation Trust and The University of Manchester, UK

14:40 Attachment Imagery as a Means of Facilitating CBT and IR in Psychosis: An Illustrative Case Example
Katherine Newman-Taylor, University of Southampton & Southern Health NHS Foundation Trust, UK

Roundtable 2
Level 1 – Room A2
Formulation and Treatment Planning for Trauma-Focused Cognitive Behavior Therapy for Complex Post Traumatic Stress Disorder: When & How to Adapt Treatment?
Convenor: Martina Mueller and Alison Croft, Oxford Cognitive Therapy Centre, UK
Chair: Melanie Fennell, University of Oxford, UK
Discussants:
Patricia Resick, Duke University Medical Centre, USA
Arie Gronich, Private Clinic, Israel
Regina Stel, Goethe University Frankfurt, Germany

Symposium 106
Level 1 – Room A3
Mechanisms and New Formats for Teaching Mindfulness
Convenor & Chair: Arnold van Emmerik, University of Amsterdam, the Netherlands

14:00 Mindfulness Apps as a Tool to Maintain Practice and Gains from Mindfulness-Based Stress Reduction (MBSP) Courses: A Randomized Controlled Trial
Arnold van Emmerik, University of Amsterdam, the Netherlands

14:15 An Acceptance-Based and Emotion-Focussed Somatic Treatment for Complex Grief
Tim Schoenmakers, University of Amsterdam, the Netherlands

14:30 The Process-Outcome Mindfulness Effects in Trainees (PROMET) Study: Results of a Randomized Controlled Component Trial
Thomas Heidenreich, University of Applied Sciences Esslingen, Germany
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<tr>
<th>Time</th>
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<tr>
<td>14:45</td>
<td>Symposium 107</td>
<td>Laboratory Research: Development and Impact of Novel Psychotherapy Interventions for youth and families</td>
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<tr>
<td>14:15</td>
<td>Family Cognitive Behavioral Prevention of Depression: A Cross-National Comparison and Replication</td>
<td>Kathlen Priebe, Université de Liège, Belgium, and Regina Steil, Goethe University, Germany</td>
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<td>14:30</td>
<td>Translation and Adaptation of the American Family Cognitive Behavioral Prevention Program for German Offspring of Parents with Depression</td>
<td>Johanna Lichten, Ludwig-Maximilians Universität, Munich, Germany</td>
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<td>14:45</td>
<td>Importing the Blues Indicated Depression Prevention Program for Use in French-Canadian Secondary Schools</td>
<td>Frederic Briers, University of Montreal, Canada</td>
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<td><strong>Symposium 109</strong></td>
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<td>14:00</td>
<td>Perfectionism: Where Do the Paths at the Crossroads Lead?</td>
<td>Chair: David Saxon, University of Sheffield, UK, and Convenor: Jaime Delgadillo, University of Sheffield, UK</td>
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<td>14:15</td>
<td>Common and Differential Mechanisms of Change in Cognitive-Behavioral Therapy and Exposure-Based Cognitive Therapy for Depression</td>
<td>Juan Martín Gómez Penedo, University of Bern, Switzerland</td>
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<td>14:30</td>
<td>Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health Disorders Using a Complexity Approach</td>
<td>Claudi Bockting, University of Amsterdam, the Netherlands</td>
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<td>14:45</td>
<td>Discussant</td>
<td>Stefan G. Hofmann, Boston University, USA</td>
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<td><strong>Symposium 110</strong></td>
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<td>14:00</td>
<td>New Developments in the Treatment of Patients with Posttraumatic Stress Disorder After Childhood Abuse</td>
<td>Kathlen Priebe, Charité University Medicine Berlin, Germany, and Regina Steil, Goethe University, Germany</td>
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<td>14:15</td>
<td>Developmentally Adapted Cognitive Processing Therapy for Adolescents and Young Adults with PTSD Symptoms After Physical and Sexual Abuse</td>
<td>Rita Römer, Catholic University Eichstätt-Ingolstadt, Germany</td>
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<td>14:30</td>
<td>Dialectical Behavior Therapy for Posttraumatic Stress Disorder Related to Child Abduction as Compared to Cognitive Processing Therapy – A Randomized Controlled Trial (the RELEASE Study)</td>
<td>Kathlen Priebe, Charité University Medicine, Germany</td>
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<td><strong>Friday 19th July</strong></td>
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<td>14:45</td>
<td>Symposium 111 (German Language)</td>
<td>Level 3 – Room M3, (Self-)Disgust in Eating Disorders</td>
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<td>14:15</td>
<td>The Role of Self-Disturb and Emotion Regulation Within Recovering From an Eating Disorder: A Mixed Methods, Longitudinal Perspective</td>
<td>Katie Bell, De Montfort University, UK</td>
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<td>14:30</td>
<td>Averting Repulsion – The Role of Body-Directed Self-Disturb in autobiographical Memory Retrieval</td>
<td>Paula von Spreckelsen, University of Groningen, the Netherlands</td>
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<td>14:45</td>
<td>Eating Disorders, Multi-Level Models of Emotion and Disturb</td>
<td>Julie E. Fox, Cardiff University, UK</td>
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<td><strong>Symposium 112</strong></td>
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<td>14:00</td>
<td>Why Are Some Therapists More Effective than Others?</td>
<td>Chair: Michael Barkham, University of Sheffield, UK, and Convenor: Jaime Delgadillo, University of Sheffield, UK</td>
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<td>14:15</td>
<td>Treatment Parameters as a Therapist Factor</td>
<td>Anne-Katharina Detersenhofer, University of Trier, Germany</td>
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<td>14:30</td>
<td>Therapist Effects: Examining the Roles of Clinical Experience, Reflective Ability and Personality</td>
<td>Claire El initiatives, University of Sheffield, UK, and Convenor: Claire El initiatives, University of Sheffield, UK</td>
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<td>14:45</td>
<td>Discussants</td>
<td>David Saxon, University of Sheffield, UK</td>
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Friday 19th July

Symposium 114
Level 3 – Room M8
Implementing Digital Health Interventions in Mental Health Services: Pitfalls to Avoid and Practical Tips for Success
Convenor & Chair: Naomi Fisher, University of Lancaster, UK
14:00 Design and Development of a Digital Health Intervention for Psychosis / Bipolar–Relatives Education and Coping Toolkit
Fiona Lobban, Lancashire Care Foundation Trust, UK
14:15 Peer Support in a Carer Context: Lessons Learned from REACT
Steve Jones and Sue Flowers, University of Lancaster, UK
14:30 The REACT Randomised Controlled Trial – Design, Delivery and Findings
Fiona Lobban, Lancashire Care Foundation NHS Trust, UK
14:45 The Transition from Research to Service Delivery: Pitfalls to Avoid and Practical Tips for Success
Naomi Fisher, University of Lancaster, UK

Symposium 115
Level 3 – Room M8
Cognitive Behavioral Therapy at the Crossroads with Neuroscience: New Perspectives for Precision Psychotherapy?
Convenor and Chair: Ulrike Lüken, Humboldt-Universität zu Berlin, Germany
14:00 One (of Many Ways) We Can Advance Psychological Treatment Research Will Be Through Mental Health Science
Emily Holmes, Uppsala University, Sweden
14:15 Mechanisms Underlying Pathological Fear and Avoidance and their Exposure-Based Treatment
Andre Pittig, University of Würzburg, Germany
14:30 Predicting CBT Response for Generalized Anxiety Disorder and Major Depressive Disorder: A Neuroimaging Approach
Robin Aupperle, Laureate Institute for Brain Research and University of Tulsa, USA
14:45 From Neuroscience to Ultra-Brief Treatments for Anxiety Disorders?
Andrea Remens, University of Oxford, UK

Roundtable 3
Level 3 – Room R2
Cognitive Biases and Pain
Convenor: Emma Jones, University of Sydney, Australia
Chair: Louise Sharpe, University of Sydney, Australia
14:00 Investigating the Content Specificity of Interpretation Biases in Community Adolescents with Impairing Pain
Jennifer Lai, King’s College London, UK
14:15 Exploring Attentional Biases, Interpretive Biases and Attentional Control in Pain
Emma Jones, University of Sydney, Australia
14:30 Does Attention Bias Modification Work for Pain and Under what Conditions?
Louise Sharpe, University of Sydney, Australia
14:45 Discussant
Dimitri Van Ryckeghem, Maastricht University, the Netherlands and Ghent University, Belgium

Symposium 117 (German Language)
Level 3 – Room R4
Psychotherapieaus- und Weiterbildung: Wie sollte sie gestaltet werden, und was bedeutet therapeutische Kompetenz?
Convenor & Chair: Ulrike Willutzki, Universität Witten/Herdecke, Deutschland
14:00 Psychotherapeutische Kompetenz im Verlauf der Psychotherapieausbildung: Trainee- und Ausbilderneinschätzung und ihr Zusammenhang zum Ausbildungsvergleich
Anton-Rupert Laisrter, University of Vienna, Österreich
14:15 Novizen- und Experteneinschätzungen zur interpersonellen Kompetenz als Basis für Auswahlentscheidungen zur Psychotherapieausbildung
Anne Möllmann, Universität Osnabrück, Deutschland
Friday 19th July

**Symposium 122**  
Level 3 – Room R13  
Cognitive Behavioral Therapy in Global Mental Health: Adaptation, Evaluation and Dissemination Plan for Implementing the Unified Protocol for Victims of Armed Conflict in Colombia  
Convenor & Chair: Leonidas Castro-Camacho, Universidad de los Andes, Colombia  
14:00 Adaptation of the Unified Protocol to the Contextual, Cultural and Living Conditions of Internally Displaced Victims of Armed Conflict in Colombia  
Julian Moreno, Universidad de los Andes, Colombia  
14:15 A Randomized Controlled Trial Evaluating the Effects of the Contextual Adaptation of the Unified Protocol in Victims of Armed Conflict in Colombia: Procedure and Primary Outcomes  
Leonidas Castro-Camacho, Universidad de los Andes, Colombia  
14:30 Predictors of Dropout in a Randomized Controlled Trial for Victims of Armed Conflict in Colombia  
Nicolas Garcia, Universidad de los Andes, Colombia  
14:45 Scaling Up Psychotherapy Interventions in Low and Middle-Income Countries: What We Know and What We Need to Find Out  
Iona Naitosmith, Universidad de los Andes, Colombia

**Symposium 123**  
Level 3 – Room R13  
Staging in Bipolar Disorders: New Concepts for Psychotherapy  
Convenor & Chair: Thomas Stamm, Charité University Medicine Berlin, Germany  
14:00 Staging in Bipolar Disorders  
Thomas Stamm, Charité University Medicine Berlin, Germany  
14:15 Psychological Characteristics of Individuals at High Risk for Bipolar Disorders  
Thomas Meyer, University of Texas, USA  
14:30 Early Stage Psychological Intervention for Relapse Prevention in Bipolar Disorder  
Martin Hautzinger, University of Tübingen, Germany  
14:45 Functional Remediation as a Later Stage Intervention for Bipolar Disorder  
Carla Torrent, University of Barcelona, Spain

**Symposium 124**  
Level 3 – Room S2  
Characterizing Embitterment by Examining Its Occurrence, Potential Determinants and Consequences  
Convenor: Ger Keijsers, Radboud University, the Netherlands  
Chair: Aydan Tasdemir-Bolk, Radboud University, Netherlands  
14:00 Suicidal and Aggressive Ideation Associated with Feelings of Embitterment  
Michael Linden, Charité University Hospital, Germany  
14:20 Understanding Embitterment and its Potential Determinants  
Ger Keijsers, Radboud University, the Netherlands  
14:50 Injustice and Embitterment: Crucial Stressors in Psychosomatic Patients  
Michael Linden, Charité University Hospital, Germany

**Symposium 125**  
Level 3 – Room S3  
Brief Interventions for Adolescent Mental Health  
Convenor & Chair: Laura Pass, University of Reading, UK  
14:00 A Randomised Controlled Feasibility Study Examining the Efficacy of Brief Cognitive Therapy for the Treatment of Anxiety Disorders in Adolescents  
Polly Watts, University of Reading, UK  
14:15 Low Intensity Sleep Intervention with Adolescents in a Secondary Mental Health Service: A Case Series Analysis  
Rebecca Rollinson, Norfolk and Suffolk NHS Foundation Trust, UK  
14:30 Brief Behavioural Activation for Adolescent Depression: The Challenges and Opportunities of Delivery in Schools  
Laura Pass, University of Reading, UK  
14:45 Internet-Delivered Cognitive Behavior Therapy for Children and Adolescents with Social Anxiety Disorder – A Randomized Controlled Trial  
Jens Högström, Karolinska Institutet, Sweden

**In-Congress Workshops (14.00 – 17.00)**

**In-Congress Workshop 21**  
Level 3 – Room M1  
A Cognitive-Behavioral Approach to Weight Loss and Maintenance  
Judith S. Beck, Beck Institute for Cognitive Behavior Therapy, USA

**Friday 19th July**

**In-Congress Workshop 22**  
Level 3 – Room R9  
A Practical Guide to Adapting Cognitive and Behavioural Therapies for Muslim Service Users  
Andrew Beck, University of Manchester, UK

**In-Congress Workshop 23**  
Level 3 – Room R12  
Integrating and Optimising Imagery Rescripting in PTSD – From Practice to Research to Practice  
Shefli B-L Rai, Traumatic Stress Service & Hannah Murray, University of Oxford, UK

**In-Congress Workshop 24**  
Level 3 – Room R11  
Crisis Response Planning for Preventing Suicidal Behavior  
David Pock, University of Utah, USA

**In-Congress Workshop 25 (German Language)**  
Level 3 – Room S1  
Zwischenmenschliche Baustellen im Therapiezimmer: Die Behandlung interpersoneller Probleme in der Einzel- und Gruppentherapie  
Arne Guhn, Charité Universitätsmedizin Berlin, Deutschland

(15.30 - 17.00)

**Panel Discussion 10**  
Level 1 – Room A1  
What Is Insight? Can it Be Used as a Multidimensional Construct Across Disorders?  
Convenor & Chair: Asala Halaj, Hebrew University of Jerusalem, Israel  
Discussants:  
Richard Bentall, University of Sheffield, UK  
Katharine Phillips, Well Cornell Medical College, USA  
David Veale, King’s College London and South London and Maudsley Trust, UK  
Jonathan Huppert, Hebrew University of Jerusalem, Israel

**Symposium 126**  
Level 1 – Room A2  
Primary Prevention of Depression Program for At-Risk Adolescents  
Convenor: Eiríkur Örn Arnarson, Landspítali - National University Hospital of Iceland, Iceland  
Chairs: Eiríkur Örn Arnarson, Landspítali - National University Hospital of Iceland, Iceland and Edward Craighead, Emory University, USA  
15:30 Prevention of Depression Among Icelandic at-risk Adolescents  
Eiríkur Örn Arnarson, Landspítali - National University Hospital of Iceland, Iceland  
15:45 Prevention of Initial Depressive Disorders Among at-risk Portuguese Adolescents  
Ana Paula Soares de Matos , University of Coimbra, Portugal  
16:00 Prevention of Adolescent Depression in Greece: CBT vs DBT  
Christina Tikight, University of Macedonia, Greece  
16:15 Prevention of Depression of Initial Depressive Disorder Among at-risk Swedish Adolescents  
Gudmy Svendsdotter, Närhälsan, Sweden  
16:30 Polygenic Risk: Predicting Depression Outcomes in Clinical and Epidemiological Cohorts of Youths  
Thomblud Haroldssdotr, Max Planck Institute of Psychiatry, Germany  
16:45 Discussant  
Edward Craighead, Emory University School of Medicine, USA

**Symposium 127**  
Level 1 – Room A3  
How Can We Develop More Effective Therapists? Implications of the Effective Therapists’ Literature for Training, Supervision, and Professional Development  
Convenor & Chair: James Bennett-Ley, University of Sydney, Australia  
15:30 Towards more Effective Therapists: What Are Their Qualities and in What Situations Are They Most Apparent?  
Michael Barkham, University of Sheffield, UK  
15:50 Personal Practice and Self-Reflection are Important in Developing More Effective Therapists but Sometimes There are Problems: How Can These be Addressed?  
James Bennett-Ley, University of Sydney, Australia  
16:10 How Can We Best Develop Our Personal and Professional Qualities to Maximize Client Outcomes?  
Helene Nissen-Le, University of Oslo, Norway  
16:30 Can New Technologies Help to Develop More Effective Therapists?  
David Murphy, University of Nottingham, UK  
16:45 Discussant  
Christoph Rüücker, Zürich University, Switzerland
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<th>Symposium</th>
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<td>128</td>
<td>Friday 19th July</td>
<td>15:30</td>
<td>Room A4</td>
<td>Advances in Cognitive Behavioral Therapy for Refugees with Posttraumatic Stress Disorder: From Research to Clinical Work</td>
<td>Tutlo Scrima, University of Catania and ALETEIA Institute for Complex Cognitive Therapy, Italy</td>
<td>Culturally adapted CBT plus Problem-Solving Therapy with Afghan Refugees: a Randomized Controlled Trial</td>
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<td>129</td>
<td>Friday 19th July</td>
<td>16:00</td>
<td>Room A5</td>
<td>Schematherapie bei Paaren mit Persönlichkeitsstörungen</td>
<td>Eckhard Roediger, Institut für Schematherapie-Frankfurt, Deutschland</td>
<td>Imagination wirkt! Ergebnisse einer randomisiert-kontrollierten Paarstudie</td>
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<td>Room A6</td>
<td>Metacognitive Interventions for Psychological Disorders</td>
<td>Jennifer Wild, University of Oxford, UK</td>
<td>The Lifetime Achievements of Professor Steve Hollon</td>
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<td>Friday 19th July</td>
<td>15:30</td>
<td>Room A7</td>
<td>Spotlight Focus on Cognitive Therapy for Depression from Lab to Clinic to Applied Settings: The Lifetime Achievements of Professor Steve Hollon</td>
<td>Jennifer Wild, University of Oxford, UK</td>
<td>Fearless: Steve Hollon’s Quest to Change the Culture of American Psychology</td>
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<td>Friday 19th July</td>
<td>15:30</td>
<td>Room M2</td>
<td>Physical Exercise as an Add-On Strategy for Cognitive Behavioral Therapy in Anxiety and Depression Disorders</td>
<td>Andreas Ströhle, Charité University Medicine Berlin, Germany</td>
<td>Combining CBT and Exercise Training in Anxiety Disorders</td>
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<td>133</td>
<td>Friday 19th July</td>
<td>15:30</td>
<td>Room M3</td>
<td>Testing Adult Cognitive Models in Socially Anxious Youth</td>
<td>Lynn Mobach, Macquarie University, Australia</td>
<td>Facial Emotion Processing: A Social Skills Deficit or Negative Interpretation Bias?</td>
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<td>134</td>
<td>Friday 19th July</td>
<td>15:30</td>
<td>Room M4</td>
<td>Interpersonal Functioning and Hoarding Disorder</td>
<td>Melissa Norberg, Macquarie University, Australia</td>
<td>Multi-Informant Evaluation of Autism Characteristics in Adults with Hoarding Disorder: Implications for Interpersonal Functioning</td>
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**Friday 19th July**

**Symposium 128**

Level 1 – Room A4

Advances in Cognitive Behavioral Therapy for Refugees with Posttraumatic Stress Disorder: From Research to Clinical Work

Convenor & Chair: Tutlo Scrima, University of Catania and ALETEIA Institute for Complex Cognitive Therapy, Italy

15:30 Culturally adapted CBT plus Problem-Solving Therapy with Afghan Refugees: a Randomized Controlled Trial

16:00 Syrian Refugees in Turkey: Symptoms of Mental Health Disorders and Effectiveness of Pilot Group Problem Management Plus (pPM+) in Reducing Psychological Distress

16:15 Post Traumatic Stress Disorder and Bulimia Nervosa

16:30 Discussant

**Symposium 129**

Level 1 – Room A5

Schematherapie bei Paaren mit Persönlichkeitsstörungen

Convenor: Eckhard Roediger, Institut für Schematherapie-Frankfurt, Deutschland

Chair: Cornelia Exner, University of Leipzig & Steffen Moritz, University Medical Center Hamburg, Germany

15:30 Neuroscience-Based Cognitive Therapy for Treating Refugees Affected by a Post-Traumatic Stress Disorder

16:00 Syrian Refugees in Turkey: Symptoms of Mental Health Disorders and Effectiveness of Pilot Group Problem Management Plus (pPM+) in Reducing Psychological Distress

16:15 Post Traumatic Stress Disorder and Bulimia Nervosa

16:30 Discussant

**Symposium 130**

Level 1 – Room A6

Metacognitive Interventions for Psychological Disorders

Convenor: Steffen Moritz, University Medical Center Hamburg, Germany

Chair: Cornelia Exner, University of Leipzig & Steffen Moritz, University Medical Center Hamburg, Germany

15:30 Metacognitive Training in Psychosis (MCT): New Meta-Analyses and Developments

15:45 Metacognitive Therapy Versus Exposure and Response Prevention for Obsessive-Compulsive Disorder: Defining the Active Ingredients of Treatment Success

16:00 Metacognitive Reflection and Insight Therapy and Recovery from Psychosis

16:15 Metacognitive Therapy for Depression

16:30 Metacognition Reflection and Insight Therapy: Intersubjective View and Psychotherapy Integration Considerations

**Symposium 131 (German Language)**

Level 1 – Room A7

When the Going Gets Tough: Schematherapie bei Paaren mit Persönlichkeitsstörungen

Convenor & Chair: Eckhard Roediger, Institut für Schematherapie-Frankfurt, Deutschland

15:30 Das Schematherapie-Paarmodell: Settingbedingungen, Module und Fallkonzeption

15:50 „Lassen Sie uns das einmal auseinandersetzen!“ Stuhldialoge zur motivationalen Klärung

16:10 Das Feuer wieder anfachen: Gemeinsame Imaginationsübungen mit Paaren

16:30 Imagination wirkt! Ergebnisse einer randomisiert-kontrollierten Paarstudie

**Symposium 132**

Level 3 – Room M2

Physical Exercise as an Add-On Strategy for Cognitive Behavioral Therapy in Anxiety and Depression Disorders

Convenor: Andreas Ströhle, Charité University Medicine Berlin, Germany

15:30 Combining CBT and Exercise Training in Anxiety Disorders

15:45 Physical Exercise Augmented Cognitive Behaviour Therapy for Older Adults with Generalised Anxiety Disorder – Scientific Rationale, Study Protocol, and Preliminary Findings for the Pexacog Trial

16:00 Neurobiological Mechanisms of Physical Exercise and CBT in Depression Disorders – Preliminary Results from the SfPET Project

16:15 Exercise for Depression in Health Care Services: The STEP.De Project

**Symposium 133**

Level 3 – Room M3

Testing Adult Cognitive Models in Socially Anxious Youth

Convenor & Chair: Lynn Mobach, Macquarie University, Australia

15:30 Facial Emotion Processing: A Social Skills Deficit or Negative Interpretation Bias?

15:45 Does a Compliment Make you Anxious? Fear of Positive Evaluation and Self-Related Cognitive Processes After Positive Feedback

16:00 Information Processing Biases in Socially Anxious Youth

16:15 “They are All Staring at Me”: Qualitative Study Exploring ‘in the Moment’ Experiences of Children with Social Anxiety Disorder

**Symposium 134**

Level 3 – Room M4

At the Crossroad of the Past and the Future: Sense of Self and Psychopathology

Convenor & Chair: Raffaele Huntjens, University of Groningen, the Netherlands

15:30 A Narrative Approach to Disorders of the Self

15:45 A Self Grounded on Abnormal Autobiographical Memory in Schizophrenia?

16:00 A Disturbed Narrative Understanding of the Self and of Close Others in People with Borderline Personality Disorder

16:15 Who Am I? Sense of Self in Dissociative Identity Disorder

**Symposium 135**

Level 3 – Room M5

Interpersonal Functioning and Hoarding Disorder

Convenor & Chair: Melissa Norberg, Macquarie University, Australia

15:30 Multi-Informant Evaluation of Autism Characteristics in Adults with Hoarding Disorder: Implications for Interpersonal Functioning

15:45 Sensitivity to Criticism and Praise in Individuals with Hoarding, Collectors, and Healthy Controls

16:00 Object Attachment Mediates the Relationship between Loneliness and Hoarding

16:15 A Multi-Method Investigation of Attachment and Saving Behaviors

**Friday 19th July**

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**Friday 19th July**

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Friday 19th July

Panel Discussion 11
Level 3 – Room M8
Is Buying-Shopping Disorder a Real Disorder?
Convenor & Chair: Michael Kyrios, Flinders University, Australia
Discussants:
Astrid Müller, Hannover Medical School, Germany
Laurence Claes, University of Leuven, Belgium
Susana Jimenez-Murcia, University Hospital Bellvitge-IDIBELL, Spain
Daniel King, Adelaide University, Australia

Skills Class 20
Level 3 – Room M7
Culturally-Informated Clinical Research: Assessment, Recruitment, Interventions & Ethics
Monica Williams, University of Connecticut, USA and Sonya Failer, Synexis Health, Germany

Symposium 136
Level 3 – Room M8
Cognitive Behavioral Therapy for Improving Primary Mental Health Care
Convenor & Chair: Birgit Watke, Universitat Zürich, Switzerland
15:30 The BLENdEd Care for Depressive Symptoms IN General Practice (BLENDING) – Study: First Results from ‘Ecological Momentary Assessment’
Hubert Burger, University of Zürich, Switzerland
15:50 Telephone-Based Cognitive Behavioural Therapy (tel-CBT) for Mild to Moderate Depression – Results of the Randomised-Controlled TIDE-Study
Elba Haller, University of Zurich, Switzerland
16:10 Does Symptom Severity Matter in Stepped and Collaborative Care for Depression
Daniela Hedde, University Medical Center Hamburg-Eppendorf, Germany
16:30 Discussant
Claudi Bocking, Amsterdam University Medical Center, the Netherlands

Panel Discussion 12
Level 3 – Room R2
Cognitive Behavioural Supervision Around the World: Core Competencies and Cross-Cultural Considerations
Convenor & Chair: Sarah Corrie, Central and North West London NHS Trust, UK
Discussants:
Fredrik Barnek, Private Practice, the Netherlands
Eduardo Keegan, University of Buenos Aires, Argentina
David A. Lane, Professional Development Foundation & Canterbury Christchurch University, UK
Chee Wing Wong, The Chinese University of Hong Kong, China

Open Papers 19
Level 3 – Room R3
Advances in Mechanisms and Treatment of Post-Traumatic Stress Disorder
Chair: Marcela Woud, Ruhr-Universität Bochum, Germany
15:30 A Test of Theory-derived Mediators of Clinical Improvement in Cognitive Therapy for Post-Traumatic Stress Disorder
Milan Wedemeier, University of Oxford, UK
15:45 The Role of Lifetime Adversity on the Relationship Between Peritraumatic Neural Processing and Post-Traumatic Stress Disorder-like Symptoms
Julia A. Rattel, University of Salzburg, Austria
16:00 The Role of Childhood Trauma in Effects of Hydrocortisone on Autobiographical Memory Retrieval in Patients with Post-traumatic Stress Disorder and Borderline Personality Disorder
Sophie Metz, Charité University Medicine Berlin, Germany
16:15 Extinction Learning as a Predictor of PTSD Symptoms in a Sample of Firefighters
Miream J.J. Lommen, University of Groningen, the Netherlands
16:30 Re-examining the Role of Extinction in Prolonged Exposure for Post-Traumatic Stress Disorder: Disaggregating Within-Patient and Between-Patient Effects of Session-to-Session Change
Alison Bate, Case Western Reserve University, USA

Skills Class 21 (German Language)
Level 3 – Room R4
Durchführung der "Liste prägender Bezugspersonen mit Übertragungshypothesen" für Patienten mit Misshandlungserfahrungen während des Kindesalters
Eva-Lotta Brakemeier, Philipps-Universität Marburg, Deutschland

Friday 19th July

Skills Class 22
Level 3 – Room R5
“The Obstacle is the Path” – Flexibility and Form in Cognitive Behavior Therapy Supervision
Rita Vocks, Osnabrück University, Germany
Chair: Silja Vocks, Osnabrück University, Germany
15:30 Men, But Not Women, Show Self-Serving Double Standards in Body Evaluation
Mona Voges, Osnabrück University, Germany
15:45 Gender Effects in the Neural Bases of Body Aesthetic Appreciation
Cosimo Urgesi, University of Udine, Italy
16:00 Do Women and Men Differ in their Emotional Reactions to Body Checking? An Experimental Mirror Exposure Study
Julia Tarric, Osnabrück University, Germany
16:15 Eating Disorder Symptoms and Proneness in Gay Men, Lesbian Women, and Transgender and Nonconforming Adults: Comparative Levels and a Proposed Mediational Model
Elizabeth Rieger, Australian National University, Australia
16:30 Differences in the Interaction of Body and Sexual Satisfaction Among Heterosexual, Bisexual and Lesbian Women
Silvia Moreno, University of Jaen, Spain

Open Papers 20
Level 3 – Room R7
Pregnancy, Family, and Relationships
Chair: Antje Horsch, University of Lausanne, Switzerland
15:30 Imagining and Remembering Childbirth: A Prospective Study of Psychological Distress in First-Time Mothers
Lynn Ann Watson, Aarhus University, Denmark
15:45 Couple-Based Interventions during Pregnancy: Can they Prevent Depressive Symptoms across the Transition to Parenthood by Promoting Fair Dyadic Coping?
Fabienn H. Meier, University of Zürich, Switzerland
16:00 The Role of Acceptance in Psychological Well-Being of Parents whose Children Suffer from Cancer
Javier Lopez, University San Pablo CEU, Spain
16:15 Delivering Cognitive Behavioral Therapy via the Internet (Internet-Based Cognitive Behavioral Therapy) for Perinatal Anxiety and Depression: A Randomized Controlled Trial in Practice
Aileen Chen, University of New South Wales, Australia
16:30 Dysfunctional Beliefs, Caregiver Burden, Anxiety and Depression in Family Caregivers of Cancer Patients in Mexico
Ivonne Nalití Pérez-Sánchez, National Council of Science and Technology, Mexico

Open Papers 21
Level 3 – Room R8
Information Processing Biases and Psychopathology
Chair: Charlotte Wittekind, Ludwig Maximilian University of Munich, Germany
15:30 Is Disruptive Worry Characterised by Misalignment of Attentional Bias to Variation in Controllability of Danger?
Jessie Georgiadis, University of Western Australia, Australia
15:45 Trait Anxiety-Linked Impairment in Attentional Bias Alignment: An Eye-tracking Study
Matthew Herbert, University of Western Australia, Australia
16:00 Attentional Bias and its Temporal Dynamics among War Veterans Suffering from Chronic Pain: Investigating the Contribution of Post-traumatic Stress Symptoms
Mahdi Mazidi, Centre for the Advancement of Research on Emotion, Australia
16:15 Cognitive Biases in Depression: A Systematic Review and Meta-Analysis Based on Self-Report Questionnaires
Ines Nieto, Complutense University of Madrid (UCM), Spain
16:30 Does Memory Bias Predict Generic Psychiatric Symptoms and Dysfunction in Psychiatric Patients? Results of a Four-Year Longitudinal Naturalistic Cohort Study
Pascal Fleheins, Radboud University, the Netherlands
Friday 19th July

Symposium 138
Level 3 – Room R10
Risk Factors and Mechanisms for Psychopathology in the Offspring of Parents with Affective Disorders
Convenor & Chair: Johanna Löchner, Ludwig-Maximilians Universität, Munich, Germany
15:30 Infant Risks for Childhood Social Anxiety Disorder
Peter Lawrence, University of Southampton, UK
15:45 Maternal Anxiety as a Predictor of Child and Adolescent Anxiety
Jennifer Hudson, Macquarie University, Australia
16:00 Risk of Depression in the Offspring of Parents with Depression: the Role of Emotion Regulation, Cognitive Style, Parenting and Life Events
Johanna Löchner, Ludwig-Maximilians Universität, Germany
16:15 Cognitive and Learning Mechanisms in Offspring of Mothers with and Without Emotional Disorders of Anxiety and Depression
Allison Waters, Griffith University, Australia
16:30 Discussant
Bruce Comas, Vanderbilt University, USA

Skills Class 23
Level 3 – Room R13
Brief Cognitive Behavior Therapy for Eating Disorders (CBT-T): How to Adapt our Skills to Get Good outcomes in Half the Time
Glenn Water, University of Sheffield, UK & Tracey Wade, Flinders University, Australia

Symposium 139
Level 3 – Room S2
Metacognitive Interpersonal Therapy for Personality Disorders: Empirical Evidence So Far
Convenor & Chair: Giancarlo Dimaggio, Centro di Terapia Metacognitiva Interpersonale, Italy
15:30 Promoting Metacognition in Patients with Over-Regulated and Bizarre Features
Simone Cheli, University of Florence and Tages Charity, Italy
15:50 MTT Inducubal to Increase Adherence to Medications in Persons with HIV, Personality Disorders and Alexithymia
Sonia A. Sofia, Hospital Carrizzato, Italy
16:10 Metacognitive Interpersonal Therapy-Group (MIT-G): Description of the Protocol and Review of the Evidence
Raffaiele Popolo, Centro di Terapia Metacognitiva Interpersonale, Italy
16:30 The Metacognitive Interpersonal Mindfulness-Based Training: Protocol and Evidence from a Pilot Study
Tiziana Passarella, Centro di Terapia Metacognitiva Interpersonale, Italy

Open Papers 22
Level 3 – Room S3
Gaming, Smartphone, and Internet-based Addictions
Chair: Frank Ryan, Imperial College London, UK
15:30 Conditional Direct and Indirect Effects of Social Anxiety, Depression and Self-Efficacy on Social Attachment Among Japanese University Students
Catherine So-Rum Tang, National University of Singapore, Singapore
15:45 The Effect of Parent-Child Conflict and Negative Affectivity on Internet-Related Addictions Among Singaporean Adolescents
Yvai-Hen Woon Koh, National University of Singapore, Singapore
16:00 The Effectiveness of Two Weekly Sessions of Motivational Enhancement Program, Overuse Prevention Coping Skills Training in Preventing Smartphone Overuse
Huei-chen Ko, Asia University, Taiwan
16:15 A Comparison of Online Gaming Addiction Among Adolescent and Young Adults
Jamaica Per Ying Tan, National University of Singapore, Singapore
16:30 Risk factors for Internet Gaming Disorder Among Spanish Adolescents and Youths: Implications for Prevention and Treatment
Mónica Bernaldo-de-Quirós, Complutense University of Madrid, Spain

Friday 19th July

Poster Session 6 (15.00 - 17.30)

Children and Adolescents
1 Competence and Adherence Scale for Cognitive Behavioural Therapy (CAS-CBT) for Pediatric Anxiety Disorders: Psychometric Properties in Group and Individual Therapy
Marianne Aalberg Villabø, Akershus University Hospital, Norway
2 Differential Psychosocial Characteristics of Male and Female Young Offenders in a Juvenile Court in Spain
Alfonso Arteaga, Universidad Publica de Navarra, Spain
3 Childhood Social Anxiety and (Perceptions of) Likeability and Friendship Within Their Class
Jennifer Schmitt, University of Amsterdam, the Netherlands
4 The iLogical Program - Social Skills Training Program for Children and Adolescents
Patricia Barros, University of Minho, Portugal
5 GAMER TEST: An Online Tool to Detect Internet Gaming Problems in Adolescents and Youths
Mónica Bernaldo de-Quirós, Universidad Complutense de Madrid, Spain
6 Associations of Emotion Regulation Skills and Psychopathology in Adolescents from the General Population – Results from the BeMIND-Study
Johanna Benranger, Technische Universität Dresden, Germany
7 Beck Youth Inventory Reports and Treatment Outcomes Across Internalizing and Externalizing Contexts
Jordan Booker, University of Missouri, USA
8 Consequence or Risk Factor? Attention Biases in Children and Adolescents with Major Depression and At-Risk Youths
Christina Buhl, Ludwig Maximilian University of Munich, Germany
9 Internet Gaming Disorder: Internalising and Externalising Profile and Its Response to Cognitive Behaviour Therapy
Sampurna Chakraborty, Central Institute of Psychiatry, India
10 Adolescents' Co-Rumination and Memory Specificity Predict Level of Perceived Social Support from Friends
Christine H. M. Chu, The University of Hong Kong, Hong Kong
11 The Feasibility of a Video-Based Transdiagnostic Universal Prevention Program for Internalizing Problems in Youths
Padaretu Costina, Babes-Bolyai University, Romania
12 The Differential Role of Cognitive and Affective Empathy in Antisocial Behavior: An Investigation Among Adolescents With and Without Conduct Problems
Raffaeira Di Schiena, Centre Hospitalier Jean Tiec, Belgium
Wai-Eng Ding, Universiti Putra Malaysia, Malaysia
14 Effects of Family Involvement in Psychotherapeutic Treatment of Depressed Children and Adolescents: A Systematic Review
Nele Uppelt, Philipps-Universität Marburg, Germany
15 Development and Evaluation of a Program to the Prevention of Emotional Problems and Behavior in Children in the Cognitive-Behavioral Perspective: Training for Teachers
Débora C. Fava, ELO Psicologia e Desenvolvimento, Brazil
16 Cognitive Behavioral Therapy for Children with Comorbid Anxiety Disorders and Medically Unexplained Symptoms
Guillaume Fodose-Busque, Université Laval, Canada
17 Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder in Children and Adolescents: A Systematic Review with Meta-analysis
Camilla Funch Uhre, The Child and Adolescent Mental Health Centre, Denmark
18 Effects of Phosphatidylserine-Omega-3 (Mayzarin) Supplementation for Children Diagnosed with Autism Spectrum Disorder (ASD) and Comorbid Attention Deficit Hyperactivity Disorder (ADHD)
Tze Jui Goh, Institute of Mental Health Singapore, Singapore
19 Does Attachment Influence Desire for Thinness in 9- to 14-Year-Old Children After Exposure to Images Representing the Beauty Ideal?
Len Gocsoski, Ghent University, Belgium
20 Dealing with Emotions: Using a Service-Learning Approach to Enhance Emotional Competences in Children and Adolescents
Raphael Gutzweter, University of Koblenz-Landau, Germany
21 Children with Academic Difficulties with Emotional Problems: Implication of CBT
Sumita Halder, Amity University, India
22 Anxious School Refusal in Adolescents: Efficiency of a Cognitive and Behavioral Therapy (CBT)
Outpatient Program
Helena Denis, University Hospital of Montpellier, France
23 Effect of Mental Health Prevention Program for Deaf and Hard of Hearing Children
Norko Hida, Doshisha University, Japan
24 Improvement in Assessment Ability of Elementary and Junior High School Teachers Influences Adaptation of Japanese Students
Yui Horikawa, Gakushuin University, Japan
25 The Effects of Teachers’ Praise on Students’ Psychological School Adaptation
Yuya Iijima, Waseda University, Japan
26 Children with Learning Disabilities: Identification and Intervention
Mónica Bernaldo de-Quirós, Universidad Complutense de Madrid, Spain
27 Social Skills Training Program for Children and Adolescents
Patricia Barros, University of Minho, Portugal
28 The Effect of Family Involvement in Psychotherapeutic Treatment of Depressed Children and Adolescents: A Systematic Review
Nele Uppelt, Philipps-Universität Marburg, Germany
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38 Improvement in Assessment Ability of Elementary and Junior High School Teachers Influences Adaptation of Japanese Students
Yui Horikawa, Gakushuin University, Japan
39 The Effects of Teachers’ Praise on Students’ Psychological School Adaptation
Yuya Iijima, Waseda University, Japan

26 Telehealth Parent Training for Children with Neurodevelopmental Disorder: Home-based Assessment for Behavior of Everyday Life
Natsumi Irikiawa, University of Tokyo Hospital, Japan

27 Telehealth Consultation and Parent-Implemented Social Skill Training in Children with Neurodevelopmental Disorder
Yuka Ishizuka, University of Tsukuba, Japan

28 The Bullying Phenomenon: Lack of Empathy or Cold Manipulation? 
Stefania Ruini, Università degli Studi di Genova, Italy

29 How are Intercorrelation and Psychopathology Related in Childhood and Adolescence? 
A Systematic Literature Review and Transdiagnostic Approach
Stefania Ruini, Università degli Studi di Genova, Italy

30 The Effect of Intervention for Families of Individuals with Hikikomori (Prolonged Social Withdrawal) According to Cognitive Behavioral Characteristics
Kotaro Kuroki, University of California, San Diego, USA

31 Pilot Evaluation of the Child and Parent Emotion Regulation (CAPER) Program for At-Risk Children with Symptoms of Disturbance Mood Disorder (DMDD)
Karin Kangas, Macquarie University, Australia

32 Cognitive Behavioural Therapy for Anxiety Disorders in Children with Autism Spectrum Disorder: A Randomized Controlled Trial
Karin Kangas, Macquarie University, Australia

33 Mechanisms of Behavioral Activation for Depressive Symptoms in Children: Comparison of Non- and Sub-Clinical Group in a Community Sample
Kohei Kishida, Doshisha University, Japan

34 The Degree of Parental Influence on the Degree of Clarification of Children’s Value
Nao Komiyama, Waseda University, Japan

Shunsuke Kosugi, J. F. Oberlin University, Japan

36 Severity of Nonsuicidal Self-Injury, Emotion Regulation, and Suicidality: A Mediation Analysis
Laura Kraus, University of Koblenz-Landau, Germany

37 A Preventive School-Based Pilot-Intervention for Youth with Disruptive Behavior and Mild Intellectual Disabilities: A Small Sample Size Solution for a Challenging Population
Eva Kuhl, Utrecht University, the Netherlands

38 Alterations of Functional Brain Network After Group Cognitive-Behavioral Therapy for Adults with Attention-Deficit / Hyperactivity Disorder
Yutaka Kiyaghi, National Hospital Organization Hygienic Psychiatric Center, Japan

39 Therapist-Assisted Online Parenting Strategies (TOPS) Program for Parents of Adolescents Experiencing Clinical Anxiety or Depression
Katherine Lawrence, Monash University, Australia

40 Robot-Enhanced Interventions for Children with Autism Spectrum Disorders: The Results of an Effectiveness and Accommodability Study Across Eleven Special Education Settings
Shiho Matu, Babeș-Bolyai University, Romania

41 Cognitive Behavioral Characteristics Influencing Diet Behavior in Child Students
Kato Misa, Waseda University, Japan

42 Keep it Brief – Innovative Approaches in Anxiety Prevention for Disadvantaged South African Contexts
Naomi Myburgh, Stellenbosch University, South Africa

43 Development of Autism Social Skills Assessment for Parents, and a Test of its Reliability and Validity
Yo Nakahashi, Doshisha University, Japan

44 Development and Initial Evaluation of ReBEEtTAOD: A Transdiagnostic Program for Anxiety and Depression Disorders in Youth
Cosima Ruicando Pisarelu, Babeș-Bolyai University, Romania

45 Adverse Effects of Psychotherapy in Children and Adolescents: A Systematic Review and Meta-Analysis
Linea Pretzmann, Child and Adolescent Mental Health Centre, Denmark

46 Improving Access to Evidence-Based Treatment for Anxiety and Depression in Adolescents: Development of a Brief Identification Tool
Jenica Padz. University of Reading, UK

47 Implementing CBT in Public Mental Health Services for Adolescents: Results from a Comprehensive Service Development Program in the Capital Area of Finland
Klaus Ranta, Helsinki University Hospital, Finland

48 The Moderating Role of Sleep in the Relationship Between Social Isolation and Internalising Problems in Early Adolescence
Chiara Ruini, University of Bologna, Italy

49 Attention Deficit/ Hyperactivity Disorder and Task-Related Heart Rate Variability: A Systematic Review and Meta-Analysis
Andreea Puşte, Babeş-Bolyai University, Romania

50 Case Series Analysis: Effectiveness and Feasibility of a Low Intensity Sleep Intervention with Adolescents in a Secondary Mental Health Service
Rebecca Rollinson, Norfolk and Suffolk NHS Trust, UK

51 Efficacy of Cognitive-Behavioral Therapy (CBT) for Children with ADHD and with Emotion Dysregulation
Mireia Vila Font, Universitat Autònoma de Barcelona, Spain

52 Investigating the Effectiveness of Disciplinary Strategies on Non-Compliance, Parent-Child Relationship and Individual Factors Involved
Emanuela Marcheschi, University of Bologna, Italy

53 Treating a Child With an Unspecified Eating Disorder: The Integration Between CBT and Positive Narrative Strategies
Chara Runi, University of Bologna, Italy

54 Acceptability and Usefulness of Providing Feedback on Parenting in Web-Based Interventions
Wan Hua Sim, Monash University, Australia

55 Pathways to Perceived Stress in Caregivers of Individuals with Autism Spectrum Disorder: The Role of Behavioural Problems and Parental Mental Health Symptoms
We Jie Soh, Institute of Mental Health, Singapore

56 Development and Validation of the Korean Classroom Problem Behavior Scale – Elementary School Version (CPBS-E)
Won Young Song, Konkuk University, South Korea

57 Impact on Stress Response and Resilience of Cognitive Behavioral Technique in Adolescence
Takahito Takashiki, University of Miyazaki, Japan

58 The Relationship Between Foster Behavior and Job Satisfaction and Burnout of Workers in Japanese Social Care Institutions for Children
Ayako Takii, Hyogo University of Teacher Education, Japan

59 Effects of a Teacher’s Behavior-Specific Praise on the Academic Engagement of a Child with Autism Spectrum Disorder in a General Education Classroom
Masako Tanabe, Kwansei Gakuin University, Japan

60 Applying a Transdiagnostic Modular Approach to Treating Comorbid Posttraumatic Stress Disorder and Depression in Children’s Community Mental Health
Emile H. Turner, University of Hawai’i at Manoa, USA

61 On how the Heart Speaks, Emotion Dysregulation, Temporoparietal Vulnerability, and Parental Depression in Adolescents: Correspondence Between Physiological and Informant-Report Measures
Manolette V. Beveren, Ghent University, Belgium

62 A Meta-Analysis of the Worldwide Prevalence of Mental Disorders in Preschool Children
Mira Vasić, University of Bremen, Germany

63 The Role of Parenting Practices in the Development of Internalizing Problems in Preterm Born Infants
Leonie Wreeke, University of Reading, the Netherlands

64 Business as Usual? A Case Series to Illustrate Hypothesised In Which the Treatment of Emetophobia in Young People Should Differ from Standard CBT for OCD
Sasha Walters, University of Reading and Berkshire CAMHS Anxiety and Depression Team, UK

65 Applying the Metacognitive Model to Children with Generalised Anxiety Disorder: Evidence from a Clinical Sample
Jula White, The University of Sydney, Australia

66 The Development and Validation of the Korean Implementation Fidelity Checklist of Tier 3 School-Wide Positive Behavior Support (IFC-T3) Sung Do Won, Kyung Medical Foundation Keyo Hospital, South Korea

67 Telehealth Parent Training for Children with Neurodevelopmental Disorder: Intervention for Parent-Child Verbal Interaction
Yuki Yamamoto, Keio University, Japan

68 The Effect of Emotional Regulation Skills Intervention for Adolescents’ Relationship
Noriko Xue, University of Exeter, UK

69 The Association Between Parenting, Self-Compassion, Friendship and Depression in Chinese Adolescents
Mengya Zhao, University of Exeter, UK

70 Adverse Childhood Experiences and Family Resilience Among Children with Autism Spectrum Disorder and Attention Deficit/Hyperactivity Disorder
Ayako Takii, Hyogo University of Teacher Education, Japan

71 Clinical Dissemination and Implementation of EBIs from the Ground Up: How to Develop a Multi-Disciplinary, Multi-Site CBT “Clinical Dissemination Practice”. The Case Example of The Child & Family Institute
Adam Wessman, The Child & Family Institute, NY, USA

72 Component Parents – Satisfied Children?. Short- and Long-Term Effects of the Positive Parenting Program (Triple P) on the Health-Related Quality of Life
Maria Kangas, Macquarie University, Australia

73 Pakistani Chapter to CBT at Crossroad: A Randomized Trial of a Group Self System Integrated Cognitive Behavioral Intervention and Mechanisms in Prevention of Major Depressive Disorder in an At-Risk Sample of High School Adolescents
Naiza Ishaq, Government College University Lahore, Pakistan
74 Coaching in Parent-Child Interaction Therapy: Sequential Analysis of Interaction Between a Mother of Child with Autism Spectrum Disorder and a Therapist in Child-Directed Interaction Coaching
Yumi Kanayama, Kwansei Gakuin University, Japan

75 A Randomized-Controlled Trial of UTalk: An Innovative Approach to Preventing Adolescent Peer Victimization and Reducing Social Anxiety and Depression
Annette La Greca, University of Miami, USA

76 The Mindful Parenting Program Initiative in Budapest, Hungary: Preliminary Findings from the First Group of Parents
Marina Szabo, University of Sydney, Australia

Family, Relationship & Sexual Issues

78 Marital Happiness Through “ifs” and “Buts”: Is the Divorce Probability after 5 and 25 years Predictable on the Basis of Conjunction Usage in Marital Conflicts?
Max Supke, Technische Universität Carolo-Wilhelmina zu Braunschweig, Germany

79 Third Wave of CBT in Couple Therapy - An Overview
Katerina Bartoslova, Masaryk University, Czech Republic

80 Dysfunctional Cognitive Beliefs as a Sustaining Factor of Involuntary Celibacy
Katerina Bartoslova, Masaryk University, Czech Republic

81 Psychological Adjustment of Women who Gave Birth to Infants Adopted by Other Families: The Role of Openness of Adoption and Perceived Social Support
Scott Smith, Mercer University College of Health Professions, USA

82 Relationships and Couples Dynamics Within the Stages of Change model: Theoretical Considerations and Application of the Stages of Change Model Within Relationship Dyads. 1
Vandana Deshmukh, Holistic Clinical Psychology Services, Australia

83 The Mediator Role of Interpersonal Emotion Regulation Between Couple Satisfaction and Intrapersonal Emotion Regulation, Attachment Style, and Cognitive Empathy
Inori Sullanlou, Babes Bolyai University, Romania

84 Value of Sexuality and Intimacy in Later Life: A Qualitative Pilot Study
Gabriela Gore-Gonzewka, Jagiellonian University, Poland

85 “Yuck, they Are Kissing!”: Disgust Towards Sex-Relevant and Sex-Irrelevant Stimuli Across Different Stages of Adolescence and Its Implications for Sexual Dysfunctioning
Jessica Heinzmann, University of Groningen, the Netherlands

86 Would I Stay, or Would I Go? The Impact of Context, Bodily Sensations, and Sex on Approach and Avoidance Tendencies
Leanne Kane, University of Ottawa, Canada

87 The Association Between Ambiguous Loss on Positive Parenting Behavior in North Korean Defector Mothers: Sequential Mediating Effects of Depression and Parenting Stress
KyongHun Kim, Sungshin Women’s University, South Korea

88 Elements of Mindful Parenting Related to Mothers’ Stress Response and Childcare Happiness
Yuki Matsuki, Kwansei Gakuin University, Japan

89 What Happens When You Throw Cognition in the Mix? A Bigger Picture for Female Orgasm
Cátia Oliveira, Universidade Lusofona do Porto and Cuf Porto Hospital, Portugal

90 What Makes the Difference Between Female Orgasmic Experiences? Analyzing the Differences Between Multi-Orgasmic, Single-Orgasmic and Anorgasmic Women
Cátia Oliveira, Universidade Lusofona do Porto and Cuf Porto Hospital, Portugal

91 Sociodemographic and Biopsychosocial Factors in Women with Sexual Pain
Cátia Oliveira, Universidade Lusofona do Porto and Cuf Porto Hospital, Portugal

92 Validation of the Significant Other Response to Sexual Pain Scale in Portugal
Cátia Oliveira, Universidade Lusofona do Porto and Cuf Porto Hospital, Portugal

93 Association Between Sexual Beliefs and Sexual Functioning
Patricia M. Pascoal, CICPSI, University of Lisbon and Universidade De Lusofona de Humanidades e Tecnologias, Portugal

94 Cost orBenefit? The Relation of Helping and Well-Being
Marica Pinner, University of Basel, Switzerland

95 A Schema-Based Model of Factitious Child-Parent Attachment Suppression (‘Parental Alienation Syndrome’) in Parents with Cluster B Personality Traits: A Theoretical Model Based on Case Studies from Clinical Practice and the Literature
Florian Ruths, South London and Maudsley NHS Trust, UK

96 CBT-Based Online Self-Help Program for People who Have Sexual Interest in Children
Nina Väranen-Valkonen, Save the Children, Finland

97 Psychosocial Support for Male Partners of Women Admitted to Mother and Baby Units
Anja Wilkowicki, University of Manchester, UK

98 The Influence of Parental Cognitive Features on Child-Rearing Behavior
Haruna Yoshida, Waseda University, Japan

99 The Effect of Mindfulness Interventions on the Parenting Stress of Mothers of Children with Developmental Disabilities
Mayu Yoshida, University of Pittsburgh, USA
Chair: Shirley Reynolds, University of Reading, UK

Invited Address 24 (German Language)
Level 1–Room A2
Achtsamkeit, Mitgefühl & Co: Psychopathologie und Training des sozialen Gehirns
Philipp Kanske, Technische Universität Dresden, Deutschland
Chair: Jürgen Hoyer, Technische Universität Dresden, Deutschland

Invited Address 25
Level 1–Room A3
Bipolar Disorder in Youth: An Early Intervention Approach
David Miklowitz, University of California, USA
Chair: Steve Jones, University of Lancaster, UK

Invited Address 26
Level 1–Room A4
Adapting CBT to Help Millions in Low and Middle Income Countries
Richard Bryant, University of New South Wales, Australia
Chair: Emily Holmes, Uppsala University, Sweden

Invited Address 27
Level 1–Room A5
Cognitive-Behavioral Approaches to Social Anxiety: Our Growing Edges
Debra A. Hope, University of Nebraska-Lincoln, USA
Chair: Jung-Hye Kwon, Korea University, South Korea

Invited Address 28
Level 1–Room A8
Evolution, Attachment and Compassion Focused Therapy
Paul Gilbert, University of Derby, UK
Chair: Susan Bögels, University of Amsterdam, the Netherlands

Invited Address 29
Level 1–Room A7
Developing Transdiagnostic CBT Treatments for Better Practice
Allison Harvey, University of California, USA
Chair: Ed Watkins, University of Exeter, UK
Saturday 20th July

(8.30 - 10.00)

**Symposium 140**
Level 1 – Room A1
Studying Processes of Change in Transdiagnostic Treatments – Current Evidence and Future Directions
Convenor: Johanna Boettcher, Freie Universität Berlin, Germany
Chair: Babette Renneberg, Freie Universität Berlin, Germany
08:30 Process-Based CBT: Theory and Implications for Treatment
Stefan Hofmann, Boston University, USA
08:45 Personalized Psychotherapy. Prediction and Moderation of Improvement in Standard CBT versus Transdiagnostic CBT for Emotional Disorders
Antia Eskildsen, Aarhus University Hospital, Denmark
09:00 Mechanisms of Change in Transdiagnostic Treatment
Morten Hvenegaard, University of Copenhagen, Denmark
09:15 About Dealing with Difficult Emotions: Mediators of Change in a Transdiagnostic, Internet-Based Treatment
Johanna Boettcher, Free Universität Berlin, Germany
09:30 The HARMONIC Trial: A Transdiagnostic Modular Approach to Mood and Anxiety Disorders
Melissa Black, Cambridge University, UK
09:45 Discussant
Babette Renneberg, Freie Universität Berlin, Germany

**Symposium 141**
Level 1 – Room A2
Implementing Dialectical Behavior Therapy in Routine Clinical Practice: Outcomes and Sustainability
Convenor & Chair: Michaela Swales, Bangor University, UK
08:30 Predicting Implementation Outcomes in NHS Mental Health Systems: A Case-Study
Michaela Swales, Bangor University, UK
08:45 Patient Variables at Baseline as Predictors of Outcomes of Dialectical Behaviour Therapy for Adults with a Diagnosis of Borderline Personality Disorder
Jim Lyng, Trinity College, Ireland
09:00 DBT on the DBT Therapist: Researching DBT Consultation Team
Amy Gaglia, Bangor University, UK
09:15 Targeted Implementation of DBT Steps A (DBT-SA) in Schools: Challenges and Outcomes of Working with Peripatetic Counselling Services Across Different Sites
Graeme Ramage, Bangor University, UK
09:30 Sustainability of DBT in Routine Clinical Practice: What Do we Know?
Michaela Swales, Bangor University, UK

**Panel Discussion 13**
Level 1– Room A3
(In)Appropriate Approaches to Cognitive Behavior Therapy for Obsessive Compulsive Disorders
Convenor: Adam Radomsky, Concordia University of Montreal, Canada
Chair: Christine Purdon, University of Waterloo, Canada
Discussants:
Christine Purdon, University of Waterloo, Canada
Adam Radomsky, Concordia University of Montreal, Canada
Roz Shafran, University College London, UK
Philip Tata, British Association for Behavioural and Cognitive Psychotherapies, UK

**Symposium 142**
Level 1 – Room A8
Cross-Cultural Issues in Applying Cognitive Behavioral Therapy in Asian Countries I
Convenor: Younghee Choi, Metta Institute and Inje University, South Korea
Chairs: Younghee Choi, Metta Institute and Inje University & Jung-Hye Kwon, Korea University, South Korea
08:30 Implementing Cognitive Behavior Therapy in Japanese Clinical Practice: Bridging the Gap Between Research and Practice
Atsuo Nakagawa, Keio University School of Medicine, Japan
08:50 Introduction of Cognitive Behavior Therapy in China
Ning Zhang, The Affiliated Brain Hospital of Nanjing Medical University, China
09:10 Cross-Cultural Features in Applying Cognitive Behavior Therapy in Korea
Younghee Choi, Metta Institute and Inje University, South Korea
09:30 Cognitive Behavior Therapy in Singapore
Catherine So-Kum Tang, National University of Singapore, Singapore
Symposium 143
Level 3 – Room M4
New Directions in the Alliance Literature - Perspectives in Cognitive Behavioral Therapy
Convenor & Chair: Christoph Florück, University of Zürich, Switzerland
08:30 Predicting Personalized Process-Outcome Associations in Psychotherapy Using Machine Learning Approaches – A Demonstration
Julian Rubel, University of Trier, Germany
08:45 Alliance, Ruptures and Repairs in CBT: Empirical Support and Reconsideration of Theory
Eliat Zlotnick, Hebrew University, Israel
09:00 Is the Therapeutic Alliance Distinct from Therapist Competence in Predicting Outcomes in Cognitive Behavior Therapy for Depression?
Nikolaos Kazantzis, Monash University, Australia
09:15 The Alliance in Adult Psychotherapy: Meta-Analytic Synthesis
Christoph Florück, University of Zürich, Switzerland
09:30 Discussant
Robert De Ruiter, University of Pennsylvania, USA

Symposium 144
Level 3 – Room M1
Cognitive Behavioral Therapy and Childhood Anxiety: Innovative Directions
Convenor & Chair: Bonny van Steensel, University of Amsterdam, the Netherlands
08:30 Does Comorbid Depression Play an Important Role in the Effectiveness of Cognitive Behavioral Therapy for Childhood Social Anxiety?
Jeanine Baartmans, University of Amsterdam, the Netherlands
08:50 The Association of Safety Learning Deficits and Fear Extinction in Children with Anxiety Disorders – A Classical Fear Conditioning Study
Dirk Adolph, Ruhr-University Bochum, Germany
09:10 Anger in Anxious Children: Fighting Threat or Reacting to Non-Reward: Possible Implications for Treatment of Comorbid Children
Leanne Kreuz, University of Groningen, the Netherlands
09:30 Therapists’ Characteristics and Beliefs About the Use of Exposure in the Treatment of Anxiety Disorders in Youth: A Survey Among Mental Health Practitioners
Rachel de Jong, University of Groningen, the Netherlands
09:50 Feedback and Mindfulness: New Elements to Add to Cognitive Behavioral Therapy for Treating Childhood Anxiety Disorders?
Bonny van Steensel, University of Amsterdam, the Netherlands

Symposium 145
Level 3 – Room M8
Implementing and Evaluating Strength-Based Processes and Change Mechanisms in Research and Practice of Positive Cognitive Behavioral Therapy
Convenor & Chair: Nils F. Töpfer, Friedrich-Schiller-University Jena, Germany
08:30 Positive CBT: Fourth Generation CBT
Freddie Barrick, Clinical Psychologist and Lawyer in Private Practice, Amsterdam, the Netherlands
08:45 The Relation Between Transdiagnostic Worry and Working Memory Performance in a Randomized Controlled Implementation Trial (IMPLEMENT 2.0): Integrating Psychotherapy Research and Transdiagnostic Research
Jordi Helft, University of Zürich, Switzerland
09:00 How Can Patients be Successfully Supported During the Waiting Time for Psychotherapy? Evaluation of the Effects of the Resource Diary
Anne Katrin Fisch, Friedrich-Schiller-University Jena, Germany
09:15 A Week in the Life of Generalized Anxiety Disorder Patients: An Ecological Momentary Assessment of Worry and Strength Episodes
Andreas Völl, University of Zürich, Switzerland
09:30 Resource Activation as a General Change Mechanism in CBT for Family Caregivers of People with Dementia: Findings from Process-Outcome Analyses
Nils F. Töpfer, Friedrich-Schiller-University Jena, Germany

Symposium 146
Level 3 – Room M2
Depression in Couples: New Developments in Research and Treatment
Convenor & Chair: Melanie Fischer, Heidelberg University Hospital, Germany
08:30 Perceived Fairness of Dyadic Coping in Adolescent Couples and its Links to Depression and Relationship Satisfaction
Anne Milt, Wilhelms-Universität Münster, Germany
08:50 Yours, Mine, and Ours: Depression and Moment-By-Moment Emotion Dysregulation in Couples
Melanie Fischer, Heidelberg University Hospital, Germany

Symposium 147
Level 3 – Room M4
Latest Advances in Technology-Based Cognitive Behavior Therapy Research
Convenor & Chair: Hilary Weinlager, Massachusetts General Hospital and Harvard Medical School, USA
08:30 Effects of a Neurofeedback Video Game to Prevent Childhood Anxiety: Two Randomized Controlled Trials
Isabella Granic, Randbouz University, the Netherlands
08:45 Development and Pilot Testing of a Cognitive Behavioral Therapy Digital Service for Body Dysmorphic Disorder
Sabine Wilhelm, Massachusetts General Hospital and Harvard Medical School, USA
09:00 The Next Generation of Virtual Reality Interventions for Mental Health
Philip Lindner, Stockholm University, Sweden
09:15 Effects of Web-Based Interpretation Bias Retraining (CBM-I) on Body Dysmorphic Symptoms - A Randomized-Controlled Trial
Fanny Dietel, University of Münster, Germany
09:30 Discussant
Oliver Harrison, Telefonica Innovación Alpha, Spain

Symposium 148
Level 3 – Room M6
Cognitive Control and Anxiety Vulnerability
Convenor & Chair: Gemma Healey, University of Western Australia, Australia
08:30 Relating Trait Anxiety to Cognitive Flexibility in Young Adults: An Investigation Using Emotional Stimuli
CanaMarcus, University of Sofia, Romania
08:45 Rapidly Formed Attentional Biases to Threat-Associated Visual Features: The Roles of Anxiety and Top-Down Control
Niek Bergers, Birkbeck University of London, UK
09:00 Anxious Attention: The Relative Effects of State and Trait Anxiety on Inhibitory Attentional Control Using the Anti-Saccade Task
Owen Myles, University of Western Australia, Australia
09:15 Spatial Working Memory and Recovery from Stress: Is Poor Working Memory Under Stress Linked to Anxiety Perservation?
Georgia Mann, University of Western Australia, Australia
09:30 Discussant
Naazian Derakhshan, Birkbeck University of London, UK

Symposium 149
Level 3 – Room M3
Poisons for Emotions and Food for Mood: The Interplay Between Emotion, Cognition and Problematic Consumption Behaviours
Convenor: Henry Austin, University of Western Australia, Australia, and University of Amsterdam, the Netherlands
Chair: Gemma Healey, University of Western Australia, Australia
08:30 Predicting Emotional Drinking in the Laboratory and Investigating the Mediating Role of Impaired Response Inhibition
Henry Austin, University of Western Australia, Australia, and University of Amsterdam, the Netherlands
08:45 Do Drinking Motives and Drinking Contexts Mediate the Relationship Between Social Anxiety and Alcohol Problems?
Sherry Stewart, Dalhouse University, Canada
09:00 Cognitive Mechanisms underlying Individual Differences in Negative Emotional Consumption of Junk Food
Gemma Healey, University of Western Australia, Australia
09:15 Major Depressive Episodes in Young Alcohol Misusers: The Role of Compensatory Processes
Rebekka Schneppe, University of Salzburg, Austria
09:30 Discussant
Rencut Wiers, University of Amsterdam, the Netherlands

Symposium 150
Level 3 – Room M5
Enhancing Effectiveness of Cognitive Behavioral Treatment for Children and Adolescents with Externalizing Behavior Problems: New Developments
Convenor & Chair: Juliette Liber, Utrecht University, the Netherlands
08:30 Using Interactive Virtual Reality to Treat Aggressive Behavior Problems in Children
Sophia Ablom, Utrecht University, the Netherlands
**Saturday 20th July**

**Symposium 151**
Level 3 – Room R7

08:30 | Look at Food to Lose your Fear: Does Attention Modification Towards Food Lead to Decreased Food-Avoidance and Symptom Improvement in Anorexia Nervosa Patients?
Jessica Werthmann, Albert-Ludwigs-Universität Freiburg, Germany

09:00 | Persistent Maladaptive Learning and Decision Making in Anorexia Nervosa: The Role of Fronto-Striatal Circuits
Anke Holetschek, New York State Psychiatric Institute, USA

09:30 | The Promise and Problems of Positive Emotion in Emerging Adults at Risk for Mania
June Gruber, University of Colorado Boulder, USA

09:45 | The Role of Negative Automatic Thoughts in Bipolar Disorder – What Works and What Goes Wrong?
Manja Koenders, University of Leiden, the Netherlands

09:00 | Time to Make a Change: a Plea for Experimental Research on Key Processes in Anorexia Nervosa
Chair: Slawomir Komorowski, Albert-Ludwigs-Universität Freiburg, Germany

08:30 | Reviewing the Emotion Regulation Process in Bipolar Disorder – What Works and What Goes Wrong?
Manja Koenders, University of Leiden, the Netherlands

09:00 | From Theory to Intervention: Results of Two Feasibility Studies of Emotion Regulation Approaches with People with Bipolar Disorder
Kim Wright, University of Exeter, UK

**Symposium 152**
Level 3 – Room R8

08:30 | Pathways to Mania Risk in Young Adults: Investigating Concurrent and Prospective Associations with Affective Liability and Emotion Regulation
Alyson Dodd, University of Leiden, the Netherlands

09:00 | Imagery in Bipolar Disorder: Comparing Imagery Aspects in Bipolar, Unipolar, Creative Imagery Prone and Healthy Participants
Karin van den Berg, Maastricht University, the Netherlands

09:15 | Reviewing the Emotion Regulation Process in Bipolar Disorder – What Works and What Goes Wrong?
Manja Koenders, University of Leiden, the Netherlands

09:30 | From Theory to Intervention: Results of Two Feasibility Studies of Emotion Regulation Approaches with People with Bipolar Disorder
Kim Wright, University of Exeter, UK

**Open Papers 24**
Level 3 – Room R9

08:30 | Internet-Enhanced Cognitive-Behavioral Intervention for Aggressive Children
John Lochman, University of Alabama at Birmingham, USA

09:00 | Daily Routines as an Antecedent Intervention for Behavior Problems in Children with Attention Deficit Hyperactivity Disorder: A Randomized Controlled Pilot Study
Ulrik Nørvig, University of Iceland, Iceland

09:15 | A Cognitive Versus Behavioral Approach to Emotion Regulation Training for Externalizing Behavior Problems in Adolescents
Lysanne te Brinke, University of Münster, Germany

09:30 | Discussant
Robert Freedberg, Palo Alto University, USA

**Open Papers 25**
Level 3 – Room R10

08:30 | (Meta)Cognitive Mechanisms and Treatment
Chair: Nexmedin Morina, University of Münster, Germany

08:45 | Targeting Negative Metacognitions as Maintaining Factors in Excessive Worry: Results from a Randomized Controlled Trial Testing a Novel Online Intervention
Tove Wahlund, Karolinska Institutet, Sweden

09:00 | Long-Term Prediction of Suicidal Ideation with Implicit and Explicit Measures
Jakob Schene, University Medical Center Hamburg-Eppendorf, Germany

09:15 | Psychopathological and Well-Being Changes after a Mindfulness Program: A Network Theory Approach
Pablo Roa, Complutense University of Madrid, Spain

09:30 | Schema Therapy versus Cognitive Behavioural Psychotherapy in an Outpatient Rehabilitation Setting
Alicja Schroeder, Medical University Vienna, Austria

**Open Papers 26**
Level 3 – Room R11

08:30 | Assessment and Treatment of Cognitive Processes in Anxiety
Chair: Andre Wagnermüller, Ruhr-Universität Bochum, Germany

08:30 | Short-Term Efficacy of a Worry Postponement Intervention for Generalized Anxiety Disorder
Kathleen Talton, Ryerson University, Canada

08:45 | Impact of the Attention Training Technique on Attention Control and Worry in Excessive Worriers
Kathleen Stewart, Ryerson University, Canada

09:00 | Assessing Repetitive Negative Thinking in Real Time to Determine Risk for Affective Disorders
Fabia Rosenkrantz, Ludwig Maximilians-University Munich, Germany

09:15 | Effectiveness of Internet-delivered Cognitive Behavioral Therapy (ICBT) for Generalized Anxiety Disorder (GAD) in a Naturalistic Nationwide Study
Nexhmedin Morina, University of Münster, Germany

09:30 | Internet-Delivered Cognitive Behavioural Therapy for Anxiety Disorders: A Randomized Controlled Trial
Sahara Kaly, Emory University, USA

**Open Papers 27**
Level 3 – Room R12

08:30 | Understanding and Treating Anxiety in Children
Chair: Verena Pfaff, Ruhr-Universität Bochum, Germany

08:30 | The Effectiveness of Psychological Therapies for Anxiety Disorders in Adolescents: A Systematic Review and Meta-Analysis
Holly Baker, University of Reading, UK

08:45 | Predicting Outcome of Internet-Delivered Cognitive Behavioural Therapy for Paediatric Anxiety Disorders
Kathleen Jankow, Karolinska Institutet, Sweden

09:00 | The Influence of State and Trait Empathy on Children’s Fear Learning from Others
Chris Askew, University of Surrey, UK

09:15 | Integrating Cognitive Behaviour Therapy Skills for Anxiety into Reading Lessons for Young Struggling Students
Anne Grills, Boston University, USA

09:30 | Is Social Anxiety Associated with Theory of Mind Ability in Clinically Anxious and Non-anxious Children?
Samantha Pearcey, University of Reading, UK
## Saturday 20th July

### Skills Class 25
**Level 3 – Room R9**
How to Get Up and Running with Cognitive Behavior Therapy Training and Supervision: The CTP Model
Sanjay Rao, Purdue University, USA
Kristine Postma, Ottawa Institute of Cognitive Behavioural Therapy, Canada

### Skills Class 26
**Level 3 – Room R10**
Introduction to the Coping Long Term with Active Suicide Program (CLASP)
Ivan Miller, Lauren Weinstock & Brandon Gaudiano, Brown University, USA

### Skills Class 27
**Level 3 – Room R11**
Symposium 153
Convenor: Elisabeth Schramm, Universität Freiburg, Deutschland

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<tr>
<th>Time</th>
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<tr>
<td>08:30</td>
<td>Convenor &amp; Chair: Elisabeth Schramm, Universität Freiburg, Deutschland</td>
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<tr>
<td>09:00</td>
<td>Cognitive-Behavioral Aspects in the Treatment of Obesity – Innovative Approaches to Current Research</td>
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<td>09:15</td>
<td>Convenors: Stefanie Schröder, University of Bamberg, Germany and Anita Jansen, Maastricht University, the Netherlands</td>
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<td>09:30</td>
<td>Carlos University, Spain</td>
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<td>09:45</td>
<td>Emotional and Physical Health Risk Factors</td>
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<td>10:00</td>
<td>Recent Developments in Dementia Family Caregiving Research: Understanding and Targeting Emotional and Physical Health Risk Factors</td>
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<td>10:15</td>
<td>Convenors and Chairs: Isabel Cabrera, Universidad Autónoma de Madrid and Rosa Romero-Moreno, King Juan Carlos University, Spain</td>
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<tr>
<td>10:30</td>
<td>The Health and Psychosocial Problems Spousal Carers of People with Dementia Present to Their General Practitioner During the Dementia Care Trajectory: A Longitudinal Analysis of General Practice Records</td>
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<td>10:45</td>
<td>Karin Joling, Amsterdam University Medical Center, the Netherlands</td>
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<td>11:00</td>
<td>Internalized Weight Stigma: Consequences for the Individual and Therapeutic Approaches</td>
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<td>Claudia Luck-Szmek, University of Applied Health Sciences Gera, Germany</td>
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<td>Food Image-Influenced Decision-Making Under Ambiguity in Morbid Obesity</td>
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<td>Astrid Müller, Hannover Medical School, Germany</td>
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<td>11:30</td>
<td>From Lab to Clinic: Exposure to Reduce Overeating and Binge Eating</td>
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<td>Anita Jansen, Maastricht University, the Netherlands</td>
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### Symposium 154
**Level 3 – Room R13**
Recent Developments in Dementia Family Caregiving Research: Understanding and Targeting Emotional and Physical Health Risk Factors

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<tr>
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<tr>
<td>08:30</td>
<td>Convenors and Chairs: Isabel Cabrera, Universidad Autónoma de Madrid and Rosa Romero-Moreno, King Juan Carlos University, Spain</td>
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<tr>
<td>09:00</td>
<td>Attentional Bias Related to Emotional Distress in Dementia Family Caregivers</td>
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<td>09:15</td>
<td>Isabel Cabrera, Universidad Autónoma de Madrid, Spain</td>
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<td>09:30</td>
<td>Effectiveness of a Telephone-Based Cognitive-Behavioral Therapy for Family Caregivers of People with Dementia: A Three-Year Follow-Up</td>
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<td>09:45</td>
<td>Franziska Meischner, Goethe University Frankfurt and Friedrich Schiller University Jena, Germany</td>
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### Skills Class 25 (German Language)
**Level 3 – Room S1**
Cognitive Behavioral Analysis System of Psychotherapy bei chronischer Depression: Bei womit wirkt es auf welche Weise und wie lange? |
Convenor & Chair: Elisabeth Schramm, Universität Freiburg, Deutschland |

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<tr>
<td>08:30</td>
<td>Kurz- und langfristige Wirksamkeit von Cognitive Behavioral Analysis System of Psychotherapy (CBASP) bei chronischer Depression mit frühem Beginn</td>
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<td>08:45</td>
<td>Moritz Eisalfer, Universitätshospital Freiburg, Deutschland</td>
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<td>09:00</td>
<td>Differentielle Effekte von Cognitive Behavioral Analysis System of Psychotherapy (CBASP) im Vergleich zu supportive Psychotherapie (SPP) auf die psychopathologische Entwicklung im Kindesalter</td>
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<td>09:15</td>
<td>Hannah Eich, Universität zu Lübeck, Deutschland</td>
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<tr>
<td>09:30</td>
<td>Unerwünschte Ergebnisse bei einer stärker-praktischer Behandlung mit Cognitive Behavioral Analysis System of Psychotherapy (CBASP) im Vergleich zu einer unspezifischen Psychotherapie</td>
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<td>09:45</td>
<td>Ramona Meister, Psychotherapeutin in Hamburg, Deutschland</td>
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<tr>
<td>11:15</td>
<td>Einfluss von Kindheitserscheinungen und Komorbiditäten auf den Behandlungserfolg von CBASP</td>
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<td>12:00</td>
<td>Jan Philipp Klein, Universität zu Lübeck, Deutschland</td>
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### Symposium 156
**Level 3 – Room S2**
Uncovering Effective Components of Psychosocial Training Programs for Youth Using a Micro-Trial Approach
Convenor: Brechtje de Mooy, University of Amsterdam, the Netherlands |

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<th>Time</th>
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<tr>
<td>08:30</td>
<td>Meta-Analysis of Components of Behavioral Parent and Teacher Training Interventions for Children with Attention Deficit Hyperactivity Disorder</td>
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<td>08:45</td>
<td>Preliminary Results of a Randomized Controlled Microtrial into the Effectiveness of Behavioral Teacher Training Techniques for Childhood Attention Deficit Hyperactivity Disorder</td>
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<td>09:00</td>
<td>Core Components of Cognitive Behavioral Therapy in Preventing Depression in Youth: Does the Type and Sequence of Components Matter?</td>
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<td>09:15</td>
<td>Exposure or Cognitive Restructuring? Training Components Aimed at Decreasing Social Anxiety</td>
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### Poster Session 7
**Saturday 20th July (9.00 – 11.30)**

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<td>New Developments</td>
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<tr>
<td>Olga Isabel Alfaro, Universidad Iberoamericana A.C., Mexico</td>
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<td>Yuko Ihara, University of Tokyo, Japan</td>
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<td>Yuka Iwata, University of Tokyo, Japan</td>
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<td>Rachel Elliott, Cambridge Adult Locality Team, UK</td>
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**Saturday 20th July**

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<td>Does Dysfunctional Pride Lead to Impaired Performance on Analytic Task and Increase Risky Behaviour?</td>
<td>Valeria David, Babes-Bolyai University, Romania</td>
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<td>A Systematic Review of the Psychometric Properties of Death Anxiety Self-Report Measures</td>
<td>Matteo Zucca, University of Sydney, Australia</td>
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<td>Detecting Distress in Adolescents and Young Adults Using Big Data Analysis of Social Media</td>
<td>Stefanie Schmidt, University of Berne, Switzerland</td>
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<td>Rita Isabelle Eckhardt, Deutsches Resilienz Zentrum (DZG), Germany</td>
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<td>51</td>
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<td>Madeleine Ferrant, University of Sydney and Australian Catholic University, Australia</td>
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<td>Digital Assessment in Dance Movement Therapy as Part of a Creative Arts Therapies Participatory Assessment Approach</td>
<td>Lily Martin, Alanus University, Germany</td>
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**Trauma**

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<td>Sandra Antón, University Hospital Osijek, Croatia</td>
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<td>Andrea Ashbaugh, University of Ottawa, Canada</td>
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<td>Niki Atas, Istanbul Kultur University, Turkey</td>
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<td>Sleep as Predictor of Intrusive Symptoms?</td>
<td>Yasmine Azza, University of Zürich, Switzerland</td>
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<td>Changes in Incidence of Uncertainty During Inpatient Treatment for Posttraumatic Stress Disorder</td>
<td>David Berde, University of Technology Sydney, Australia</td>
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<td>Vera Bekes, Yeshiva University, USA and Laval University, Canada</td>
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<td>Perceived Injustice Mediates the Relationship Between Trauma Type and PTSD Symptoms</td>
<td>David Berde, University of Technology Sydney, Australia</td>
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<td>Developing Integrated Treatment Platforms for At-Risk Sexual Minority Men</td>
<td>Michael Boroohns, University of Windsor, Canada</td>
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<td>Treating Adults with Childhood Trauma: Patients Talk About Their Treatment Experience when Receiving Trauma Focused Therapy Without Stabilization</td>
<td>Katrina Boetheroven de Haan, University of Western Australia, Australia</td>
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<td>62</td>
<td>The Effectiveness of Cognitive Behavioral Therapy on the Treatment of Post-Traumatic Stress Disorder</td>
<td>David Berde, University of Technology Sydney, Australia</td>
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<td>63</td>
<td>An Overview of Reviews on Resilience and Protective Factors in Post-Traumatic Stress Disorder</td>
<td>Carolina Campodonico, University of Manchester, UK</td>
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<td>64</td>
<td>Investigating Trauma Processing; the Development of Data-Driven Processing and its Impact on Cognition, John-Paul Corrigan, Northern Health and Social Care Trust, UK</td>
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<td>Reducing Gray Matter Volume in the Left Prefrontal, Occipital, and Temporal Regions as Predictors for Posttraumatic Stress Disorder: A Voxel-Based Morphometric Study</td>
<td>Jan Christopher Cwik, Universität zu Köln, Germany</td>
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<td>Is Written Trauma Exposure Effective in Reducing Symptoms of Posttraumatic Stress in Adults? A Systematic Review</td>
<td>Rachel Dawson, Australian National University, Australia</td>
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<td>Marta Egberts, Association of Dutch Burn Centers and Utrecht University, the Netherlands</td>
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<td>Fear Conditioning Generates Intrusive Memories - A Study on the Impact of Social Support Interactions on Conditioned Threat</td>
<td>Lisa Esposano, Karolinska Institutet, Sweden</td>
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<td>Is it Possible to Introduce Effective PTSD Prevention Program for Firefighters?</td>
<td>Patrycia Goja, University of Warsaw, Poland</td>
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<td>Perfectionism and Worry as Moderators for the Relationship Between Obsessive-Compulsive and Posttraumatic Stress Symptoms</td>
<td>Sydney Hirst, Vancouver Island University, Canada</td>
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<td>71</td>
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<td>Sydney Hirst, Vancouver Island University, Canada</td>
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74 The Effects of Gender and Anxiety Sensitivity in the Relationship Between Obsessive Compulsive Symptoms and Posttraumatic Stress.
Sydney Hirst, Vancouver Island University, Canada

75 Have We Underestimated the Prevalence of PTSD and Major Depression in Countries with a Recent History of War? Discrepancies Between Epidemiological Surveys and Global Health Estimates of the WHO
Thode Hoppen, Westfälische Wilhelms-Universität Münster, Germany

76 Neural Correlates of Psychotherapy in PTSD Related to Child Maltreatment: Study Design and Experimental Procedures
Stefanie Jammicke-Reissig, University of Giessen, Germany

77 The Network Structure of Post-Traumatic Stress Disorder Across the Lifespan and the Role of the Youth- Reported and Parent-Reported Symptoms
David Johnstone, University of Cambridge, UK

78 Self-Perceptions of Women in the Aftermath of Sexual Trauma
Hadar Keshet, Bar-Ilan University, Israel

79 A Pilot Study of a Single-Session Psychoeducational Intervention for Acute Trauma Survivors in South Korea: Follow-Up After Six Months.
Daeho Kim, Hanyang University, South Korea

80 Who Receive Trauma-Focused Psychotherapy, Medication, or Both?: Findings from Outpatients with Posttraumatic Stress Disorder in South Korea
Daeho Kim, Hanyang University, South Korea

81 Victimization Myths and the Victims of Sexual Violence in Korea
Sunyoung Kim, University of Hawaii, USA

82 Mindfulness and Compassion: A Comparison of PTSD Patients, Depressive Patients and Healthy Controls
Using a Multi-Method Approach
Stella Kunimerko, Goethe University, Germany

83 The Impact of Recent Kerala Floods: The Post-Traumatic Psychological Distress and Recovery Among Adolescents
Frothin John Kunnel, University of Basel, Switzerland

84 A Comparison of Self-Reported and Expert-Assessed Clinician Adherence to Cognitive Processing Therapy for Posttraumatic Stress Disorder
Jeanine Lane, Ryerson University, Canada

85 RESILIENT – An Online Multidimensional Treatment to Promote Resilience After a Disaster: Who Participated?
Jessica Lebel, Lakehead University, Canada

86 Development and Validation of a New Measure of Early Adversity Among Children and Adults: The Adverse Life Experiences Scale (ALES)
Meyn Lehoczky, University of Sydney, Australia

87 Imagery Rescripting and Eye Movement Desensitisation and Reprocessing (REMD) for Treatment of Adults with Childhood PTSD: An International Randomized Clinical Trial
Christopher Lee, University of Western Australia, Australia

88 Irrational and Rational Beliefs and Posttraumatic Stress Disorder: A Rational Emotive Behaviour Therapy Perspective
Lenee Mileeva, Goce Delcev University, North Macedonia

89 Study Quality and Treatment Efficacy of Psychological Interventions for PTSD: A Meta-Analysis
Neuhrin Morina, University of Münster, Germany

90 Posttraumatic Cognitions, Pain, and Injury as Predictor of Trauma Symptoms in Motor Vehicle Accident Survivors
Marcia Müssler, Vancouver Island University, Canada

91 Autobiographical Memory Specificity and Dissociative Processes: A Systematic Review
Ayten Uyan, Koc University, Turkey

92 Effectiveness of Universal Psycho-Educational Program About Traumatic Memory Recall: A 1-Month and 12-Month Follow-Up
Kazii Otsawa, Konan University, Japan

93 New Trauma Changes Clinical Picture of Panic Attacks
Cristina Patru, Hôpitaux Universitaires de Genève, Switzerland

94 Effects of Mindfulness Training on Posttraumatic Stress Reactions in Japanese Undergraduates
Kozi Sato, Tokushima University, Japan

95 The Role of Mindfulness and Emotional Regulation in the Development of PTSD Symptomatology
Judith Schäfer, Technische Universität Dresden, Germany

96 Capturing the Time-Dependent Component of Intrusive Memories in Daily Life
Laura Sels, University of Zürich, Switzerland

97 The Role of Thought-Action Fusion and Anxiety Sensitivity in Obsessive-Compulsive and Depressive Symptoms
Danielle Sherebins, Vancouver Island University, Canada

98 Linguistic Correlates of Depression and PTSD Symptoms in Medical Stressor Narratives: Implications for Clinical Practice
Scott Smith, Mercer University, USA

99 Behavioral and Characterological Attributions of Blame and Psychological Sequelae in Motor Vehicle Accident Survivors
Lindsay Shynochuk, Vancouver Island University, Canada

100 Technology-Facilitated Sexual Violence: A Qualitative Approach
Lindsay Shynochuk, Vancouver Island University, Canada

101 Explaining the Heterogeneity in PTSD Symptoms with Individual Differences: The Role of Temperament and Early Maladaptive Schemas
Ksenia Staničak, University of Warsaw, Poland

102 Childhood Maltreatment and Adult Mental Disorders – Frequency of Maltreatment, the Association with Course and Severity of Symptoms, and the Mediating Role of Attachment
Nate Struck, Philipps-Universität Marburg, Germany

103 Bereavement Rumination and Bereavement Adjustment: Test of the Mediating Effects of Metacognition and Reaction
Susan Tang, Shenzhen University, China

104 Childbirth-Induced Posttraumatic Stress – An Investigation of DSM-5 Symptom Clusters and the Role of Traumatic Childbirth Memories
Freya Thiel, Massachusetts General Hospital, USA

105 Long-Term Outcomes of Psychotherapy for Posttraumatic Stress Disorder: A Meta-Analysis
Maxi Welter, Freie Universität Berlin, Germany

106 Fear of Sleep as Perpetuating Factor of Trauma-Related Sleep Disturbances
Gabriela Werner, Ludwig-Maximilians-Universität Munich, Germany

107 Examination of a Model of Factors Affecting Grief After Bereavement
Wataru Ishida, Meiji Gakuin University and Tokyo University, Japan

Saturday 20th July
In-Congress Workshop 26
Level 3 – Room P6
Compassion-Focused and Vulnerability Training for Gender and Sexual Minority Clients
Matthew Skirida, Independent Practice, USA

In-Congress Workshop 27
Level 3 – Room P6
The Willpower Workshop: Seven Steps to Sustaining Therapeutic Change
Frank Ryan, Imperial College London, UK

In-Congress Workshop 28
Level 3 – Room R7
Brief Behavioural Activation (Brief BA) for Adolescent Depression
Laura Pass & Shirley Reynolds, University of Reading, UK

In-Congress Workshop 29
Level 3 – Room P6
Comprehensive Behavioral Intervention for Tics
Douglas Woods, Marquette University, USA & Matthew Caprorti, San Jose State University, USA

In-Congress Workshop 30
Level 3 – Room R10
Schema Therapy for Chronic Depression
Kieran O’Connor, University of Montreal, Institute of Mental Health, Canada & Henny Visser, Marina de Wolf Centre, the Netherlands

In-Congress Workshop 31
Level 3 – Room R10
Inference-Based Therapy for Obsessive Compulsive Disorders
Alexandra Schossler, BBZC-Med and Medical University Vienna, Austria

In-Congress Workshop 32
Level 3 – Room R11
iMAp ery Focused Therapy for Psychosis (iMAPS)
Christopher Taylor, Pennine Care NHS Foundation Trust and University of Manchester, UK

In-Congress Workshop 33
Level 3 – Room R13
From Critical Self to Compassionate Self: A Self-Practice/Self-Reflection Workshop for Therapists
James Bennett-Levy, University of Sydney, Australia

In-Congress Workshop 34 (German Language)
Level 3 – Room S1
Lebensrückblickinterventionen mit Älteren
Barbara Rabaikl-Fischer, Psychotherapeutische Praxis, Deutschland

Symposium 157
10:30 - 12:00
Level 1 – Room A4
What Works Under which Circumstances: Personalizing Treatments from a Differential Prediction and Network Perspective
Convenor & Chair: Wolfgang Lutz, University of Trier, Germany
Co-Chair: Zachary Cohen, University of California, USA
10:30 The Stratified Medicine Approaches for Treatment Selection (SMART) Mental Health Prediction Tournament: How Advances in Statistical Approaches to Predictive Modeling can Improve Mental Health Outcomes
Zachary Cohen, University of California, USA
10:50 Network Models for Clinical Practice?
Lara Bringmann, University of Groningen, the Netherlands
11:10 Individual Treatment Selection in Routine Care: Development of a Machine-learning-based Algorithm
Brian Schwartz, University of Trier, Germany
11:30 Discussant
Stefan Hofmann, Boston University, USA

Symposium 158
Level 1 – Room A2
Pharmacological Enhancement of Psychological Treatments
Convenor & Chair: Marcel van den Hout, Utrecht University, the Netherlands
10:30 Pharmacological Manipulation of Reconsolidation in Humans: Promises and Pitfalls
James Elsey, University of Amsterdam, the Netherlands
10:45 The Effects of Yohimbine on the Degrading Effects of Eye Movements on Autobiographical Memories
Marjanne Littel, Erasmus University, the Netherlands
11:00 Boosting Memories: The Effects of Yohimbine on the Saliency of Positive Autobiographical Memories
Suzanne van Veen, Utrecht University, the Netherlands
11:15 The Effect of Cortisol Administration on Exposure Treatment Generalization in Spider Phobia
Armin Zlomuzica, Ruhr-University Bochum, Germany
11:30 Discussant
Mehrdi Kindt, University of Amsterdam, the Netherlands

Symposium 159
Level 1 – Room A3
No Pain, No Gain? Are Negative Effects an Inevitable Part of Psychotherapy?
Convenor: Jan Philipp Klein, University of Lübeck, Germany
Chair: Ger Keijzers, Radboud University Nijmegen, the Netherlands
10:30 Assessing the Unwanted: Detecting and Monitoring Negative Effects of Psychological Interventions
Philip Herzog, Maastricht University, Germany
10:50 The Negative Effects Questionnaire: Psychometric Properties of an Instrument for Assessing Negative Effects in Psychological Treatments
Alexander Rosental, Karolinska Institutet, Sweden
11:10 Care Dependency in Psychotherapy: Results of a Longitudinal Study of Patients with Personality Disorders
Naline Geurten, Radboud University Nijmegen, the Netherlands
11:30 The iCARE*MDD-Study: Investigating Care Dependency and Its Relation to Outcome in Patients with Depressive Disorders
Sarah Granit, University of Lübeck, Germany

Symposium 160 and Plenary Address
Level 1 – Room A4
Cross-Cultural Issues in Applying Cognitive Behavioral Therapy in Asian Countries II
Convenor: Younghee Choi, Mettaa Institute and Inje University, South Korea
Chair: Younghee Choi, Mettaa Institute and Inje University, South Korea and Jung-Hye Kwon, Korea University, South Korea
10:30 Invited Plenary Address
Integrating CBT, Schema Therapy and Mindfulness into a Trans-Diagnostic Self-Healing Programme: An Asian Perspective
Younghee Choi, Mettaa Institute and Inje University, South Korea
Chair: Jamal Chiboub, Moroccan Association for Behavioural and Cognitive Therapies
11:00 Cognitive Behaviour Therapy in Malaysia: Current Trends (2015-2019) and Future Pathways
Firdaus Mukhtar, Universiti Putra Malaysia, Malaysia
11:15 Current Status of Cognitive Behavior Therapy Practice, Training and Research in Bangladesh
Shahnaz Hossain, University of Dhaka, Bangladesh
11:30 Adapting Cognitive Behavior Therapy Within a Multidimensional Indian Context: Issues & Challenges in Practice, Research and Training
Namisha Kumar, Shree Guru Golabd Singh Tercenary University Gunugram, India
11:45 Cross-Cultural Issues in Applying Cognitive Behavior Therapy in Pakistan
Muhammad Irfan, Riphah International University, Pakistan

Symposium 161
Level 1 – Room A1
When the Experts are Stretched: What Can be Learned from Challenging Obsessive-Compulsive Disorder Presentations
Convenor & Chair: Maureen Whittal, Vancouver CBT Centre and University of British Columbia, Canada
10:30 “Do I love him? I don’t trust him!": Treating Relationship Obsessive Disorder (ROCD) with Obsessive Disttrust
Guy Doron, Baruch Ivor School of Psychology, Israel
10:45 Interventions with Sexual Imagery in Obsessive Compulsive Disorder
David Veale, King’s College London and South London and Maudsley Trust, UK
11:00 The Intersection of Contact and Mental Contamination in OCD: A Cognitive Construal and Therapy
Adam Radomsky, Concordia University of Montreal, Canada
11:15 Why the Diagnosis of OCD is Best Considered a Final Common Pathway: Convergence in Topography Can be Understood in terms of Psychological Processes
Paul Salkovskis, University of Oxford, UK
11:30 Discussant
Roz Shattar, University College London, UK
**Symposium 162**
Level 3 – Room M1

**Exposure-Based Treatments for Youth Psychopathology: Enhancing Outcomes and Broadening Reach Through Basic and Applied Clinical Research**

Convenor & Chair: Alison Waters, Griffith University, Australia

10:30 Optimising Exposure for Children and Adolescent Anxiety: A Systematic Review and Empirical Study Examining Affect Labelling for Public Speaking Anxiety
- Polly Watts, University of Reading, UK

10:45 A Randomized Controlled Trial of D-Cycloserine Augmented Intensive Exposure Therapy for Paediatric Obsessive Compulsive Disorder Outcomes and Moderators of Response
- Lara Farrell, Griffith University, Australia

11:00 Enhancing Exposure-Based Treatments for Anxious Youth: Strengthening Attention Regulation During Fear Extinction Experiments and Exposure Therapy
- Alison Waters, Griffith University, Australia

11:30 Discussant
- Michelle Craigie, University of California, USA

**Symposium 163**
Level 3 – Room M2

**New Ways to Improve and Understand the Effectiveness of Contemporary Cognitive Behavioral Therapy and Interpersonal Psychotherapy for Depression: Results from Two Large-Scale Randomized Trials**

Convenor: Lotte Lermans, Maastricht University, the Netherlands

Chair: Frank Peeters, Maastricht University Medical Centre, the Netherlands

10:30 [Long-term] Outcomes of Acute Treatment with Cognitive Therapy vs. Interpersonal Therapy for Adult Depression: Results of a Randomized Controlled Trial
- Lotte Lermans, Maastricht University, the Netherlands

10:45 Versus Once-Weekly Sessions of Cognitive Therapy and Interpersonal Therapy for Depression: Results from a Randomized Multicenter Trial
- Saan Bruijns, Vrije Universiteit Amsterdam, the Netherlands

11:00 A Prognostic Index for Long-Term Outcome After Successful Acute Phase Cognitive Therapy and Interpersonal Psychotherapy for Major Depressive Disorder
- Suzanne van Bronekevijl, Maastricht University, the Netherlands

11:15 Does Psychological Process Change During Psychotherapy Predict Long-Term Depression Outcome After Successful CT or IPT? Results from a Randomized Trial
- Marcus Hubers, Vrije Universiteit Amsterdam, the Netherlands, and University of Pennsylvania, USA

11:30 Discussant
- Robert De Rubeis, University of Pennsylvania, USA

**Symposium 164**
Level 3 – Room M3

**Parenting and Translational Approaches to Child Conduct Problems: A Focus on Emotion**

Convenor & Chair: David Hawes, University of Sydney, Australia

10:30 Gene and Temperament-Based Moderators of Parenting Interventions for Child Disruptive Behavior: Evidence from a Randomized Trial of the Incredible Years Program
- Geertjan Overbeek, University of Amsterdam, the Netherlands

10:45 What Do We Know About the Children Whose Callous and Unemotional Traits Respond Well to Parenting Intervention?
- David Hawes, University of Sydney, Australia

11:00 Callous-Unemotional Traits and Parental Mind-Mindedness Among Families of Young Children with Conduct Problems: An Observational Study
- Cam Fisher, University of Sydney, Australia

11:15 Do Childhood Conduct Problems Disrupt Parental Emotion Socialisation Processes?
- Jamie Norham, University of Sydney, Australia

11:30 Discussant
- Mark Oddie, University of Sydney, Australia

**Symposium 165**
Level 3 – Room M4

**Recent Developments in the Study of the Vulnerability to and Prevention of Depression**

Convenor & Chair: Ragnar Ölfsson, University of Iceland, Iceland

10:30 The Habit-Goal Framework of Depressive Rumination: Results from a Student Sample
- Ragnar Ölfsson, University of Iceland, Iceland

10:45 Habit-Goal Framework of Rumination and their Relationship with Fluctuations of Mood and Cognitions in Daily Life
- Kristian Hartlarsen, University of Iceland, Iceland

11:00 Temperament in Remitted Depression: The Role of Effortful Control and Attentional Mechanisms
- Igor Marchetti, University of Trieste, Italy

11:15 Cognitive Control Training and Relapse Prevention in Depression
- Nathan Van den Bergh, Ghent University, Belgium

11:30 Discussant
- Ed Watkins, University of Exeter, UK

**Symposium 166**
Level 3 – Room M5

**The Effects of Neurostimulation on the Extinction of Fear**

Convenor & Chair: Andreas Burger, Catholic University Leuven, Belgium

10:30 Vagus Nerve Stimulation Enhances Extinction and Reduces Anxiety in Animal Models
- Christa McIntyre, University of Texas, USA

- Christoph Szeszka, University of Greifswald, Germany

11:00 Effects of Non-Invasive Vagus Nerve Stimulation on Generalization and Extinction of Fear
- Suzanne van Bronswijk, Maastricht University, the Netherlands

11:15 Testing the Effects of Transcutaneous Vagus Nerve Stimulation on Reversal Learning and its Underlying Working Mechanism
- Martin D’Agostini, Catholic University Leuven, Belgium

11:30 Modulation of Fear Extinction by Non-Invasive Brain Stimulation
- Martin Herrmann, Universitätsklinikum Würzburg, Germany

**Panel Discussion 14**
Level 3 – Room M6
Where in the World Are We in the Treatment of Youth Anxiety Disorders?

Convenor & Chair: Sandra Pimentel, Montefiore Medical Center and Albert Einstein College of Medicine, USA

Discussants:
- Anne Marie Albano, Columbia University Medical Center, USA
- Anne C Miers, Leiden University, the Netherlands
- Jennifer van der Maas, Macquarie University, Australia

**Symposium 167**
Level 3 – Room M7
In Search for Self-Care: Non-Suicidal Self-Injury in Eating Disorders and Obesity

Convenor & Chair: Laurence Glass, University of Leuven, Belgium

10:30 Non-Suicidal Self-Injury Along the Eating Disorder Spectrum in Community Adolescents: Prevalence, Functionality, and Symptomatology
- Emie Suetens, University of Leuven, Belgium

10:45 Non-Suicidal Self-Injury in Female Patients with an Eating Disorder: Prevalence, Functionality, and Symptomatology
- Laurence Claes, Catholic University Leuven and University Antwerp, Belgium

11:00 Eating Disorder Males and Non-suicidal Self Injury: Associated Clinical Traits and Therapy Response
- Fernando Fernández-Aráiz, Bellvitge University Hospital and Spanish Biomedical Research Centre in Physiopathology of Obesity and Nutrition, Spain

11:15 Life-Time Non-Suicidal Self-Injury in Bariatric Surgery Candidates
- Astrid Müller, Hannover Medical School, Germany

11:30 Discussant
- Astrid Müller, Hannover Medical School, Germany

**Symposium 168**
Level 3 – Room M8
Memory Therapeutics: Disruptions in Autobiographical Memory Associated with Emotional Disorders and Their Improvement Through Intervention

Convenor: Tom Barry, The University of Hong Kong, Hong Kong, and King’s College London, UK

Chair: Karen Salmon, Victoria University of Wellington, New Zealand

10:30 An Individual Patient Data Meta-Analysis of the Role of Autobiographical Memory in Treatment Response to Cognitive Behavioural Therapies
- Catlin Hitchcock, University of Cambridge, UK

10:45 The Transportability of Memory Specificity Training (MeST): Adapting an Intervention Derived from Experimental Psychology to Routine Clinical Practices
- Tom Barry, The University of Hong Kong and King’s College London, UK
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11:00 Results from an RCT of Automated, Computerised Memory Specificity Training for Major Depressive Disorder (C-MeST)
David Halford, Deakin University, Australia

11:15 Harnessing Mental Imagery and Enhancing Memory Specificity: Developing a Brief Early Intervention for Adolescent Depression
Victoria Pile, King’s College London, UK

11:30 Discussant
Karen Watson, Victoria University of Wellington, New Zealand

**Symposium 169**

**Level 3 – Room R2**

**Transdiagnostic Applications of Mental Imagery Based Interventions Targeting Motivation, Decision Making and Behaviour**

**Chair:** Fritz Renner, University of Freiburg, Germany

10:30 Reward vs. Effort Information Processing: The Impact of Presentation Order on Memory, Judgment and Behaviour
Julie Lin J, The University of Western Australia, Australia

10:45 Mental Imagery as a “Motivational Amplifier” for Planned Activities
Fritz Renner, University of Freiburg, Germany

11:00 Enhancing Motivation Through Imagery: Functional Imagery Training
David Kavanagh, Queensland University of Technology, Australia

11:15 Imaginor: Results from a Treatment Development Study of an Imagery-Based Intervention Supporting Young People Who Self-Harm
Linda Solberg, University of Plymouth, UK

11:30 Functional Imagery Training for Weight Loss, Quantitative and Qualitative Findings from a Randomized Controlled Trial
David Kavanagh, Queensland University of Technology, Australia

11:45 Discussant

**Skills Class 28**

**Level 3 – Room R3**

**Learning How to Feel Good: An Introduction to Augmented Depression Therapy**
Barney Dunn, University of Exeter, UK

**Open Papers 28**

**Level 3 – Room R2**

**Positive Emotions and Interventions**
Chair: Simon Blackwell, Ruhr-Universität Bochum, Germany

10:30 Making the Worst of a Good Job: Dampening Appraisals Blunt Positive Affect in Adolescents During Positive Mood Induction
Merve Yilmaz, University of Exeter, UK

10:45 Cultivating Well-Being Beyond Symptomatology in Paranoia
Carmen Valente, Universidade Complutense de Madrid, Spain

11:00 A Randomized Controlled Trial of Self-Compassion versus Cognitive Therapy with Behaviour Therapy for Depression and Post-Traumatic Stress Disorder (PTSD)
Zhiha Jastl, Flinders University, Australia

11:15 Efficacy of an Internet and App-Based Gratitude Intervention in Reducing Repetitive Negative Thinking and Mechanisms of Change in the Intervention’s Effect on Anxiety and Depression: Results from a Randomized Controlled Trial
Hanna Heckendorn, Leuphana University of Lueneburg, Germany

11:30 Imagery Focused Cognitive Behavioral Therapy: An Exploration of the Cultural Adaptation of Cognitive Behavioral Therapy in China
Keith Dobson, University of Calgary, Canada

**Skills Class 29 (German Language)**

**Level 3 – Room R2**

**Persönliche Werte klären**
Jürgen Höyer, Technische Universität Dresden, Deutschland

**Skills Class 30**

**Level 3 – Room S2**

**Incorporating Cognitive Behavior and Dialectical Behavior Therapy for the Treatment of Eating Disorders.**
Fragiskos Gonidakis & Diana Charila, National and Kapodistrian University of Athens, Greece

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**Saturday 20th July**

**Open Papers 29**

**Level 3 – Room S3**

**Transdiagnostic Perspectives**
Chair: Dirk Adolph, Ruhr-Universität Bochum, Germany

10:30 Differentiating Healthy from Stressed and Depressed from Anxious – A Symptom Based Transdiagnostic Research Domain Criteria (RDoC) Approach Towards the Internalizing Disorders
Dirk Adolph, Ruhr-Universität Bochum, Germany

10:45 New Developments in ICD-11 and DSM-5: Personality Functioning and Maladaptive Traits as Transdiagnostic Moderators of Psychopathology and Targets for Clinical Intervention
André Kerber, Freie Universität Berlin, Germany

11:00 A Brief Transdiagnostic Group (the Take Control Course) Compared to Individual Low-Intensity Cognitive Behavior Therapy for Depression and Anxiety: A Randomized Non-Inferiority Trial
Lutie Morris, University of Salford, UK

11:15 A Locally Adapted Variant of Group Unified Protocol (UP) for Chinese Adults: A Randomized Controlled Trial
Canide Powell, The Chinese University of Hong Kong, China

11:30 Effects of Specific Modules of the Unified Protocol in Transdiagnostic Processes of Patients with Emotional Disorders
Santiago Sarate-Guerrero, Universidad de los Andes, Colombia

**Invited Addresses 5 (12.00 - 13.00)**

**Invited Address 30**

**Level 1 – Room A4**

**Improving Cognitive Behavior Therapy Interventions for Young People with Anxiety Disorders**
Jennie Hudson, Macquarie University, Australia
Chair: Silvia Schneider, Ruhr-Universität Bochum, Germany

**Invited Address 31 (German Language)**

**Level 1 – Room A2**

**Moderne Kognitive Verhaltenstherapie**
Stefan G. Hofmann, Boston University, USA
Chair: Ulrich Stangier, Goethe Universität, Deutschland

**Invited Address 32**

**Level 1 – Room A3**

**Personalizing Cognitive and Behavioural Treatments for Depression: The Crossroads of Basic and Applied Research**
Kate Harkness, Queen’s University, Canada
Chair: Keith Dobson, University of Calgary, Canada

**Invited Address 33**

**Level 1 – Room A8**

**Realising the Mass Public Benefit of Evidence-Based Psychological Therapies**
David M. Clark, University of Oxford, UK
Chair: Michelle Model, University of New South Wales Sydney, Australia

**Invited Address 34**

**Level 1 – Room A1**

**Pros and Cons of Transdiagnostic Thinking: Examples from the Eating Disorder Field**
Kelly Demis Vitossek, University of Hawaii, USA
Chair: Carolyn Becker, Trinity University, USA
**Saturday 20th July**

**Poster Session 8 (12.00 - 14.30)**

**Behavioural Medicine**

1. Investigating of Group Behavioral Activation for Chronic Low Back Pain (GBA-P) - Shih-Yu Kuo, Waseda University, Japan
2. Will this Patient Become Non-Adherent? Predicting Non-Adherence in Chronic Diseases with the Adherence Risk Profile (AdRisk) - Antje Aitr, Philips University of Marburg, Germany
3. Improving Quality of Life in Cardiovascular Patients: The Moderating Roles of Illness Perception and Coping Strategies in Reducing Anxiety - Sail R. Ash, Universitas Indonesia, Indonesia
4. Sleep Difficulties as a Mediator Between Negative Affect and Antenatal Anxiety in Pregnant Women - Jutika Ayalew, University of Copenhagen, Denmark
5. A Psychological Intervention for Total Knee Replacements: Preliminary Data - Samartna Bay, University of Western Australia, Australia
6. Medically Unexplained Symptoms in Children: An Experience of Internet Searching - Sophie Bennett, University College London Institute of Child Health, UK
7. Dr. Google vs. Medical Diagnostic App: What Are the Emotional, Body-Related and Behavioral Effects of a Search for Symptom Causes? - Sebastian Brand, Johannes Gutenberg-Universität Mainz, Germany
8. Psychological Implications of Transitioning to Self-Management: Understanding the Experiences of Young Adults with Type 1 Diabetes and Their Parents or Caregivers - Vanessa Cribb, University of Queensland, Australia
9. Development of a Brief Transdiagnostic Group Treatment for Cancer-Related Emotional Distress - Scott Smith, Mercer University College of Health Professions, USA
10. Health Anxiety in CFS/ME: Establishing Prevalence and Examining Association with CFS/ME Symptom Severity - Jo Daniels, University of Bath, UK
11. A Systematic Review and Meta-Regression of the Prevalence and Effects of Anxiety and Depression on Chronic Fatigue Syndrome Treatment Outcomes - Jo Daniels, University of Bath, UK
12. Literature Review- Are Safety-Seeking Behaviours Relevant to Medical Conditions? A Systematic Review of Typology, Function and Impact - Jo Daniels, University of Bath, UK
13. The Role of Self-Efficacy and Competitive Anxiety on Sport Performance - Dusanka Djurovic, Edukons University, Serbia
14. Attachment and End-of-Life Communication with Young People - Holly Evans, University of New South Wales Sydney, Australia
15. Community Implementation of an Online Cognitive-Behavioural Therapy Group Program for Adolescent and Young Adult Cancer Survivors - Holly Evans, Sydney Children's Hospital and University of New South Wales Sydney, Australia
16. Benefits of Cognitive Restructuring, Acceptance and Distraction for Pain Intensity and Pain Tolerance - Falka Georgescu, Babes-Bolyai University, Romania
17. Chronic Stress and Sleep Efficiency Among Individuals with an Insomnia Disorder - Jean-Philippe Gouin, Concordia University, Canada
18. Does Mindfulness Practice Reduce Suffering in People with Chronic Pain? - A Mindfulness-Based Group Intervention - Julia Grau, Concorso Sanitari de Tarrasa, Spain
19. Development and Validation of the Activity Restriction Scale for Cancer Patients (Sickness Impact Profile for Cancer Patients: SIP-C) - Kotone Hata, Waseda University, Japan
20. Stress and the Mind-body Connection - Yazz Headley, Saybrook University, USA
21. Multiple Psychological Factors Predict Pain and Disability in a Five-Year Follow-Up Study of Knee Osteoarthritis Patients - Enir-Erka Helminen, City of Helsinki, Finland
22. Improving the Assessment of Functional Impairment in Tinnitus Patients: Validation of the German Version of the Tinnitus Functional Index Using a Confirmatory Factor Analysis - Eva Hüttenrauch, Philipps-University Marburg, Germany
25. Pilot Review: Assessing the Effectiveness of CBT for Depression, Anxiety and Long-Term Conditions for Adults over 65 Years of Age - Idyl Kamaterou, Surrey and Borders NHS Trust, UK

26. Interventions Based on Rumination in Patients with Medical Disease and Chronic Pain - Eduardo Keegan, Universidad de Buenos Aires, Argentina
27. Role of Cultural Beliefs in Caregiving: An Exploratory Study Based in New Delhi, India - Rati Khurana, Shree Guru Gobind Singh Tricity University, India
28. Beliefs About Cancer, Early Maladaptive Schemas and Level of Depressive and Anxiety Symptoms in Oncological Patients - Agata Kołodziejczyk, Wroclaw Medical University, Poland
29. Relationship Between Personality Factors, Early Maladaptive Schemas, Coping Styles and Autonomic Nervous System Measurements - Antonina Kotanova, Constantine the Philosopher University in Nitra, Slovakia
30. Generalized Worrisomeness as a Mediator in the Relationship Between the Cognitive Representation of the Illness and Depression Symptoms Among Patients with Type 1 Diabetes - Julia Kraczek, Poznan University of Medical Science, Poland
31. Subjective Well-Being in Face of Chronic Disease: The Impact of Psychological Resources - Johanna Menterle, Psychologische Hochschule Berlin, Germany
32. Group Acceptance and Commitment Therapy (ACT) for Patients with Chronic Pain Maria Cristina Miyazaki, Faculdade de Medicina de São José do Rio Preto, Brazil
33. A Pilot Study to Evaluate the Effectiveness of a Cognitive-Behavioral Intervention on Chronic Pain Patients from Cordoba (Argentina) - Luciana Morrel, Universidad de Cuyo 21, Argentina
34. Self-Rating of Capacity Limitations in Mental Disorders: The Mini-ICF-APP-S - Beate Muschalla, Technische Universität Braunschweig, Germany
35. Emotional State and Quality of Life in Breast Cancer Patients: Examining the Moderation Effect of Psychological Inflexibility - Ivana Novakovic, Oncology Institute of Vojvodina, Serbia
36. Health Professionals’ Understanding of and Attitudes Towards Treating Non-Epileptic Attack Disorder - Keira O’Dee, Salford Royal Hospital, UK
37. The Experience and Expression of Anger in Patients with Somatic Syndrome Disorders and Their Partners - Zeyneb Emine Okur-Güney, Johannes Gutenberg University of Mainz, Germany
38. Self-Help Cognitive Behavioral Therapy for Insomnia (CBTI) for Adults: Mapping the Therapeutic Structure of Available CBTI Programs - Alissa Pence, Dalhousie University, Canada
39. The Perceived Causes of Illness, Anxiety, and Depression in Cardiac Patients - Alessandra Poljakic-Bukan, University of Rijeka, Croatia
40. Well-Being in Persons with Severe Mental Disorders: Is There Room for Interventions? - Natalia Poyato, Complutense University, Spain
41. Treating Chronic Conditions in Public Health Facilities with Disadvantaged Patients: Challenges and Success Stories in Mexico - Juan Jose Sanchez-Sosa, National University of Mexico (UNAM), Mexico
42. A Qualitative Examination and Theoretical Model of Anxiety in Adults with Epilepsy - Amelia Scott, University of Sydney, Australia
43. Relationship Between Personality Factors, Dissociation, and Body Anthropometric Measures - Simona Stefan, Babes-Bolyai University, Romania
44. Cognitive-Behavioural Group Therapy for Chronic Pain Patients: Issues and Challenges - Alain Souche, Geneva University, Switzerland
45. General Threat and Health-Related Attention Biases in Illness Anxiety Disorder - A Systematic Review - Rati Khurana, Shree Guru Gobind Singh Tricity University, India
46. Availability and Efficacy of Psychological Interventions for Patients with Rheumatic Conditions: - Johanna Merleker, Psychologische Hochschule Berlin, Germany
47. Health Distress in Women with Pelvic Floor Disorders: Integrating CBT with Urogynecology - Jesse Terpstra, Leiden University, the Netherlands
48. Well-Being in Persons with Severe Mental Disorders: Is There Room for Interventions? - Natalia Poyato, Complutense University, Spain
49. Availability and Efficacy of Psychological Interventions for Patients with Rheumatic Conditions: - Johanna Merleker, Psychologische Hochschule Berlin, Germany
50. Mother-Infant Interaction and Dyadic Synchrony Following Diagnosis and Treatment of Complex Congenital Heart Disease - Stephanie Tesson, Sydney Children’s Hospitals Network and University of Sydney, Australia
51. Risk Factors for Development of Post Donation Fear of Kidney Failure in Living Kidney Donors: A Ten-Year Study - Xavier Torres, Hospital Clinic de Barcelona, Spain
52 Long-Term Effects of Munchhausen by Proxy on Victim’s Health: A Case Report
Christina Totzeck, Ruhr University Bochum, Germany

53 Blended Treatment for Health Anxiety: A Pre-Post Intervention Pilot study
Sako Visser, University of Amsterdam, the Netherlands

54 Cognitive Behavioral Stress Management (CBSM) Applied to Patients with Brain Injury
Vera Waltman, Warrior Resiliency Program, USA

55 Tele-Behavioral Health Delivery of CBT-I with and Without CBT-I Coach for the Treatment of Insomnia in Military Service Members: Preliminary Results
Scott Waltman, Warrior Resiliency Program, USA

56 Do Children Suffering from Functional Abdominal Pain Benefit More from a Specific Cognitive-Behavioral Intervention than from an Unspecific Attention Control Intervention? Results of a Randomized Controlled Trial
Petra Warschburger, Institute Catholique de Lorraine, France

57 Stress as a Warning Sign for Tinnitus Patients? Results of an Ambulatory Assessment Study
Emma Jones, University of Basel, Switzerland

58 Women’s Psychological and Emotional Response to a Prenatal Diagnosis of Fatal Growth Restriction: A Qualitative Investigation
Anna Witzkowski, University of Manchester, UK

59 Children with Single Ventricle Congenital Heart Defects: Considering the Parent Experience
Anja Wiltkowski, University of Manchester, UK

60 Sham WiFi Exposure Leads to Stronger Somatosensory Bias in Healthy Participants
Carolin Wolters, Cologne University, Germany

61 Psychological Expertise Required for Disaster Relief: A Qualitative Analysis of the Great East Japan Earthquake
Miki Yamano-Ikeeda, J.F. Oberlin University, Japan

62 The Impact of Cancer-Related Fatigue on Perceived Ability to Work and Quality of Life in Early Breast Cancer Survivors
Eun-Seung Yu, National Cancer Center, South Korea

63 The Experience of Mental Health Difficulties in Children with Epilepsy: A Qualitative Study
Alice Zacharia, University College London Institute of Child Health, UK

64 Therapy Adherence, Emotional Awareness and Cardiovascular Risk in HIV Simone Chechi, University of Florence, Italy

65 One-Year Follow-Up of Internet-Based Cognitive Behavioral Therapy Via Videoconferencing for Patients with Obsessive-Compulsive Disorder, Panic Disorder, and Social Anxiety Disorder
Kazuki Matsumoto, Chiba University, Japan

66 Effect of Early Maladaptive Schemas on Insomnia in College Students: A Cross-Sectional Study
Devin Shaub, National Center for Cognitive Behavior Therapy and Research, Japan

67 Effects of Pulmonary Rehabilitation on Quality of Life and Exercise Capacity in Patients with IPF Compared to Patients with COPD
Nina Piet, Psychologische Hochschule Berlin, Germany

Cross-Cultural Issues

68 Cultural Reflections in Practicing Cognitive Behavior Therapy in the Arab World
Farhan Alj, Ministry of Health, Egypt

69 Self-Reference and Emotion Regulation Through In introspective Training
Anne Iris Miriam Anders, Ludwig-Maximilians-University Munich, Germany

70 Dysfunctional Thinking in Major Depressive Disorder: A Culture-Moderated Meta-Analysis
Monica Bartucz, Babel Research Institute, Romania

71 The Psychometric Properties of the Turkish Version of the Self-Disguise Scale Revised
Seyfi Bektaş, Hacettepe University, Turkey

72 Mental Health Literacy in University Students: A Cross-Cultural Comparison of the U.S. and Russian Samples
Olga Bogolyubova, University of Mafia, Malta

73 Versatility of Integrative Cognitive Behavioral Therapy in Different Social Contexts
Claudia Bregman, Aigle Foundation, Argentina

74 Racial Incivility in Acceptance and Commitment Therapy (ACT) Randomized Control Trials (RCTs)
Naomi Faber, University of Connecticut, USA

75 Some Thoughts on Implementing CBT in Latin America: The Case of Argentina
Alicia Facio, Asociacion de Terapia Cognitiva y Conductual del Litoral, Argentina

76 Psychometric Properties of the Mood and Feeling Questionnaire (MFQ) in Thai Adolescents
Nanthana Fuseeli, University of Reading, UK

77 Sociocultural Adjustment and Well-Being in Third Culture Kids and Their Families: A Longitudinal Study
Emma Jones, University of East Anglia, UK

78 Effect of Pet Interaction on Stress Reduction and Positive Mood Enhancement Among Pet-Owners and Non-Owners
Aliya Khalid, Government College University, Pakistan

79 Automatic and Elaborative Cognitive Processes Involved in Emotion Regulation: Psychometric Analysis of CERQ in Argentinian Population
Leonardo Miotto, Universidad Siglo 21, Argentina

80 The Contribution of Rumination and Worry in the Development of Emotional Disorders and Work-Related Stress in Argentinean Workers
Rita Thomadaki, The American College of Greece, Deree College, Greece

81 Mediating Effects of Self-Compassion and Experiential Avoidance on the Relationship Between Psychological Stress and Hikikomori (Prolonged Social Withdrawal)
Shunsuke Nomaka, Tokyo Future University, Japan

82 Mental Health Care in Africa: Training Mental Health and Para-Professionals in Evidence-Based Mental Health Treatment
Shane Pienaar-Du Bruyn, Denmar Psychiatric Hospital, South Africa

83 Suppression Emotion Regulation and Negative Affects in Thai Undergraduates: The Moderating Role of Interdependent Self-Construct
Kuliyaa Putthungklang, Chulalongkorn University, Thailand

84 Psychometric Evaluation of a Serbian Version of Unconditional Self-Acceptance Questionnaire
Ranez Popovic, Faculty of Sport and Tourism, Belgrade, Serbia

85 Mental Health Literacy and Evidence-Based Practice in Mental Health Care Among Indonesian Health Practitioners
Nurul Praharso, University of Sydney, Australia

86 The Impact of Rejected Asylum Application on the Mental Health of Farsi-Dari Speaking Asylum Seekers in Australia
Reza Rostami, University of New South Wales, Australia

87 Factors Influencing Social and Occupational Functioning in Individuals with Prolonged Social Withdrawal (Hikikomori) and Their Families
Motoshi Saito, University of Miyazaki, Japan

88 Methodological Issues Conducting Cross Cultural Research on Emotions
Manuela Santonastasso, Bournemouth University, UK

89 The Effect of Negative Experience Related to Work-Family Multiple Roles on Depression of Employed Mothers with Preschool Children in Korea: The Mediating Effect of Sociotropy
Jin Hee Sul, Yonsi University, South Korea

90 Cross-Cultural Issues in the Cognitive Behavioral Treatment of a Refugee College Student Suffering from PTSD: A Case Study
Olga Thomadaki, The American College of Greece, Deree College, Greece

91 The Role of the Cognitive Individual “Social Capital” in The Psychological Dysfunction of University Students
Lorena Isabel Tinajero Chavez, National University of Mexico, Mexico

92 New CBT-Based Online Self-Help Program for People Who Have Sexual Interest in Children
Nina Vaarman-Valkonen, Save the Children, Finland

93 Feasibility Study of Unified Protocol of Transdiagnostic Group Treatment for Emotional Disorders Among Japanese Population with Depressive and Anxiety Disorders
Nurkko Kato, National Center for Cognitive Behavior Therapy and Research, Japan

94 Development, Reliability, and Validity of the Japanese Version of Employee Silence Scale
Aya Nakai, Saitama Prefectural Board of Education, Japan

Old Age and Neurobehavioural Disorders

95 Stress, Cognitive Fusion and the Simultaneous Presence of Anxious and Depressive Symptomatology in Caregivers of People with Dementia
Samara Barrera-Caballero, Universidad Rey Juan Carlos, Spain

96 Adaptations of CBT for Severe Depression with Cognitive Impairment – A Case Report
Rodrigo de Almeida Ferrera, Rede Mater Dei, Brazil

97 An Association of Acceptance of Aging and Self-Reliance with the Mental Health of the Elderly
Yuko Fukase, Kitasato University, Japan

98 Efficacy of an Intervention Program Based on a Brief Cognitive-Behavioral Psychoeducation with Balneotherapy in Informal Caregivers of Older People
Javier López Martínez, CEU San Pablo University, Spain

99 Communication Empowerment Framework: An Integrative Framework to Support Effective Communication and Interaction Between Carers and People Living with Dementia
Lydia Morris, University of Salford, UK

100 Development and Preliminary Validation of the Scale Guilt Associated with Self Perception as a Burden (G-SPEBS)
Maria del Sequeiros Pedroso-Chaparro, Universidad Rey Juan Carlos, Spain

101 Functional Independence, Subjective Perception of Aging, and Guilt for Perceiving Oneself as a Burden: Effects on Personal Control and Depressive Symptomatology
Maria del Sequeiros Pedroso-Chaparro, Universidad Rey Juan Carlos, Spain

102 A New Group Intervention to Promote Mental Health in Older Adults with Cognitive Decline
Chara Rumi, University of Bologna, Italy

103 Are Dementia Caregivers’ Dysfunctional Thoughts that Dysfunctional? Different Patterns of Associations Depending on Gender
Beatriz Simón-Orta, Universidad Autónoma de Madrid, Spain
**Technical Demonstration 6**
Level 3 – Room M4
Virtual Reality Treatment of Aviophobia (Fear of Flying)
Michele Barton & Adam Wassmann, Psychology Life Well and The Child & Family Institute, USA

**Technical Demonstration 7**
Level 3 – Room M4
ConVRself: Using Self-Conversation in Virtual Reality to Modify Dysfunctional Thinking
Tania Johnston, Event Lab, Spain

**Technical Demonstration 8**
Level 3 – Room M7
dCBT: Demystifying the Challenges of Diversity and Cultural Gap of Disseminating Evidence-Based Practice Through Hybridization of Cognitive Behavior Therapy and Design Thinking
Sirirat Ularntinon, Queen Sirikit National Institute of Child Health & Prospannarai Mallikamarl, Artipania Co. Ltd, Thailand

(14:00 - 14:30)

**Panel Discussion 15**
Level 1 – Room A4
Sustaining “Authentic” Cognitive Behavior Therapy in Community Settings: Getting More Practitioners to Join
Convenor & Chair: Robert Friedberg, Palo Alto University, USA
Discussants:
Nicolaos Kazantzis, Monash University, Australia
Wilson Vieira Melo, Instituto de Terapia Cognitiva de Rio Grande de Sul, Brazil
Rebecca Friedberg, Palo Alto University, USA
Steinunn Sigurjónsdóttir, Lilla Kvidamedferdarstodin, Anxiety Disorders Treatment Center for Children and Youth, Reykjavik, Iceland

**Symposium 170**
Level 1 – Room A2
Depression-Linked Disturbances in Emotional Memory - New Directions in Assessment and Modulation
Convenor & Chair: Julie J. Wouters, University of Amsterdam, the Netherlands
14:00 Remembering or Knowing how We Felt: Role of Depressive Symptoms and Affective Valence
Eugenia Gorlin, Yeshiva University, USA
14:15 A Randomised Controlled Trial of Memory Flexibility Training (MemFlex) to Enhance Memory Flexibility and Reduce Depressive Symptomatology in Individuals with Major Depressive Disorder
Carolin Hitchcock, University of Cambridge and Cambridgeshire and Peterborough NHS Foundation Trust, UK
14:30 Task Unrelated Past and Future-Thinking During Mindwandering: Dysphoria-Linked Reductions in Positive Bias
Julie J. Wouters, University of Western Australia, Australia
14:45 Inducing Positive Involuntary Imagery in Everyday Life: An Experimental Investigation
Simon Blackwell, Ruhr-Universität Bochum, Germany
15:00 Discussant
Bethany Teachman, University of Virginia, USA

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**Saturday 20th July**
## Symposium 175
### Level 3 – Room M3
### Symposium 175
#### Convenor: Jeong-Ho Kim, The Catholic University of Korea, South Korea
#### Convenor: Kee-Hong Choi, Korea University, South Korea
#### Title: Recent Advances in Cognitive Behavioral Therapy for Underserved Populations in Asia

- **Chair:** Jeong-Ho Kim, The Catholic University of Korea, South Korea
- **Time:** 14:00 - 15:00
- **Location:** Level 3 – Room M3

#### Title: Traumatic Stress Condition: Psychological and Physical Consequences
- **Speaker:** Antonella Montano, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy
- **Time:** 14:15 - 14:30
- **Location:** Level 3 – Room M3

#### Title: Possible Relationship Between Sexual Orientation, Adverse Childhood Experiences (ACE) and Post-Traumatic Stress Condition: Psychological and Physical Consequences
- **Convenor:** Antonio Scardino, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy, Italy
- **Time:** 14:45 - 15:00
- **Location:** Level 3 – Room M3

#### Title: Effectiveness of Cognitive Behavioral Therapy in Treating Youth Anxiety: A Meta-Regression Analysis
- **Speaker:** Matthew Sanders, University of Queensland, Australia
- **Time:** 14:15 - 14:30
- **Location:** Level 3 – Room M3

#### Title: Does Triple P Promote Positive Parenting?
- **Speaker:** Alan Ralph, University of Queensland, Australia
- **Time:** 14:45 - 15:00
- **Location:** Level 3 – Room M3

#### Title: Disturbed Grief, Posttraumatic Stress, and Depression Symptoms in Disaster-Bereaved People: Symptom-Profiles, Temporal Associations, and Treatment
- **Speaker:** Anna August, University of Leiden, the Netherlands
- **Time:** 14:15 - 14:30
- **Location:** Level 3 – Room M3

#### Title: Multiple Loss and Persistent Complex Bereavement Disorder (PCBD): Interdisciplinary Models and Their Treatment
- **Convenor:** Marcella Woud, Ruhr-Universität Bochum, Germany
- **Time:** 14:45 - 15:00
- **Location:** Level 3 – Room M8

### Symposium 176
### Level 3 – Room M2
### Symposium 176
#### Convenor & Chair: Antonella Montano, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy, Italy
#### Title: Recent Advances in Cognitive Behavioral Therapy for Underserved Populations in Asia

- **Chair:** Jeong-Ho Kim, The Catholic University of Korea, South Korea
- **Time:** 14:00 - 15:00
- **Location:** Level 3 – Room M2

#### Title: Traumatic Stress Condition: Psychological and Physical Consequences
- **Speaker:** Antonella Montano, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy, Italy
- **Time:** 14:15 - 14:30
- **Location:** Level 3 – Room M2

#### Title: Possible Relationship Between Sexual Orientation, Adverse Childhood Experiences (ACE) and Post-Traumatic Stress Condition: Psychological and Physical Consequences
- **Convenor:** Antonio Scardino, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy, Italy
- **Time:** 14:45 - 15:00
- **Location:** Level 3 – Room M2

#### Title: Effectiveness of Cognitive Behavioral Therapy in Treating Youth Anxiety: A Meta-Regression Analysis
- **Speaker:** Matthew Sanders, University of Queensland, Australia
- **Time:** 14:15 - 14:30
- **Location:** Level 3 – Room M2

#### Title: Does Triple P Promote Positive Parenting?
- **Speaker:** Alan Ralph, University of Queensland, Australia
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- **Speaker:** Anna August, University of Leiden, the Netherlands
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- **Location:** Level 3 – Room M2

#### Title: Multiple Loss and Persistent Complex Bereavement Disorder (PCBD): Interdisciplinary Models and Their Treatment
- **Convenor:** Marcella Woud, Ruhr-Universität Bochum, Germany
- **Time:** 14:45 - 15:00
- **Location:** Level 3 – Room M8

### Symposium 177
### Level 3 – Room M4
### Symposium 177
#### Title: New Developments in Parenting Interventions for Parents of Adolescents
- **Convenor:** Alan Ralph, University of Queensland, Australia
- **Chair:** Carine Kielstra, Triple P Netherlands, Families Foundation, the Netherlands
- **Time:** 14:00 - 15:00
- **Location:** Level 3 – Room M4

#### Title: Does Triple P Promote Positive Parenting?
- **Speaker:** Alan Ralph, University of Queensland, Australia
- **Time:** 14:15 - 14:30
- **Location:** Level 3 – Room M4

#### Title: The Efficacy and Acceptability of the Teen Triple P - Positive Parenting Program with Turkish Parents
- **Speaker:** Carine Kielstra, Triple P Netherlands, Families Foundation, the Netherlands
- **Time:** 14:45 - 15:00
- **Location:** Level 3 – Room M4

#### Title: The Effectiveness of an Adaptation of Teen Triple P for Parents of Teenagers with Developmental Disabilities
- **Speaker:** Alan Ralph, University of Queensland, Australia
- **Time:** 15:15 - 15:30
- **Location:** Level 3 – Room M4

### Symposium 178
### Level 3 – Room M5
### Symposium 178
#### Title: Developments in Cognitive Behavioral Therapy for Children and Adolescents – Examining Effects of Contextual and Structural Characteristics
- **Convenor:** Bente Storm Mowatt Haugland, University of Bergen, Norway
- **Chair:** Krister Fjermestad, University of Oslo, Norway
- **Time:** 14:00 - 15:00
- **Location:** Level 3 – Room M5

#### Title: Effectiveness of Cognitive Behavioral Therapy in Treating Youth Anxiety: A Meta-Regression Analysis of Treatment Components, Modalities and Mode of Delivery
- **Speaker:** Maaike Nauta, University of Groningen, the Netherlands
- **Time:** 14:15 - 14:30
- **Location:** Level 3 – Room M5

#### Title: Memory Centrality of a Distressing Event and its Relation with Posttraumatic Stress Symptoms: Correlation, Mediation or Causation?
- **Speaker:** Mirjam Vermeulen, University of Leuven, Belgium
- **Time:** 14:45 - 14:55
- **Location:** Level 3 – Room M5
Symposium 182
Level 3 – Room R6
Neurobiological and Personality Underpinnings of Buying-Shopping Disorder
Convenor & Chair: Astrid Müller, Hannover Medical School, Germany

14:00 Cue-Induced Craving and Inhibitory Control in Patients with Buying-Shopping Disorder
Astrid Müller, Hannover Medical School, Germany

14:15 Buying-Shopping Disorder and Comorbid Psychiatric Disorders: Shared and Differential Personality Traits
Fernando Fernández-Aranza, University Hospital Bellvitge and the Spanish Biomedical Research Centre in Physiopathology of Obesity and Nutrition, Spain

14:30 Compulsive Buying and Hoarding as Identity Substitutes: The Role of Materialistic Value Endorsement and Depression
Laurence Claes, University of Antwerp, Belgium

14:45 Psychological Factors in Buying-Shopping Disorder
Michael Kyrios, Flinders University, Australia

15:00 Cognitive Behavioral Therapy for Buying-Shopping Disorder: Predictors for Treatment Outcome
Susana Jimenez-Murcia, University Hospital Bellvitge and the Spanish Biomedical Research Centre, Spain

15:15 Discussant
Michael Kyrios, Flinders University, Australia

Symposium 183
Level 3 – Room R5
Cognitive Bias Training in Anxiety: Translating Experimental Research to Clinical Applications in Youth
Convenor & Chair: Elske Salenmik, Utrecht University, the Netherlands

14:00 A School-Based Comparison of Positive Search Training to Enhance Adaptive Attention Regulation with a Cognitive-Behavioural Intervention for Reducing Anxiety Symptoms in Children
Alison Waters, Griffith University, Australia

14:15 Cognitive Bias Modification Reduces Social Anxiety Symptoms in Socially Anxious Adolescents with Mild Intellectual Disabilities
Gale Salenmik, Utrecht University, the Netherlands

14:30 Effectiveness of an Online Interpretation Training as a Pre-Treatment for Cognitive Behavior Therapy for Obsessive Compulsive Disorder in Youth: A Randomized Controlled Trial
Aneleike Hagen, Utrecht University, the Netherlands

14:45 Acceptability and feasibility of a Brief Training Programme Targeting Attention and Interpretation Biases for Threat in Youth with a History of Maltreatment
Jennifer Lau, King’s College London, UK

15:00 Discussant
Eri Becker, Radboud University Nijmegen, the Netherlands

Open Papers 30
Level 3 – Room R6
Training and Supervision
Chair: Franziska Kühne, University of Potsdam, Germany

14:00 Guided Assignment of Patients to Trainee Therapists in a University Outpatient Clinic: A Validation of Predictors for More Complex Therapy Courses
Anne-Kathrin Bräschner, Johannes Gutenberg University Mainz, Germany

14:15 A New Way to Quantitatively Evaluate Continuing Professional Development Tutorials with Augmentation from Qualitative Data
Joanne Adams, Ieso Digital Health, UK

14:30 Experimental Studies of Cognitive Behaviour Therapy Clinical Supervision
Sven Alfonsson, Karolinska Institute, Sweden

14:45 The Mind My Mind Study: The Development of a Measurement of Treatment Fidelity
Louise Berg Puggaard, Child and Adolescent Mental Health Centre, Denmark

15:00 Assessing the Authenticity of Patient Demonstrations: Development and Validation of a Rating Scale
Destina Sevde Ay, University of Potsdam, Germany

Open Papers 31
Level 3 – Room R6
Emotion Regulation and Psychopathology
Chair: Alvaro Sanchez-Lopez, Complutense University of Madrid, Spain

14:00 Healthy and Disordered Dynamics in Emotion Regulation Strategies: A Systematic Review and Meta-Analysis of Studies Using Daily Diary and Experience Sampling Methods (ESM)
Teresa Boemo, Complutense University of Madrid, Spain

14:15 Everyday Emotional Dynamics in Major Depression
Janna Nelson, Westfälische Wilhelms-Universität Münster, Germany

14:30 How Does One Prepare for Emotional Information? An Eye-Tracker Study
Natalia Poyato, Complutense University of Madrid, Spain

14:45 Is Impaired Inhibition Responsible for High Level of Daily Ruminations and Negative Mood?
Monika Kornacka, SWPS University of Social Sciences and Humanities, Poland

15:00 Ruminations as a Dysfunctional Coping Style in Women with Premenstrual Dysphoric Disorder in Daily Life
Theresa Beddig, Central Institute of Mental Health Mannheim, Germany

Skills Class 31
Level 3 – Room R4
Treatment-Induced Rituals: How to Undo Treatment when Cognitive Behavior Therapy Becomes Ritualized in Obsessive Compulsive Disorders
Lata McGinn, Yeshiva University, USA

Skills Class 32
Level 3 – Room R7
Family-Based Healthy Weight Coaching
Linda Craighead, Emory University, USA

Symposium 184 (German Language)
Level 3 – Room R10
Aktuelle Kognitive Verhaltenstherapie: Konzeptuelle und praktische Integration fehlender Elemente
Convenor & Chair: Franz Caspar, Universität Bern, Schweiz

14:00 Einführung in die Studie und Überblick über die bisherigen Ergebnisse
Franz Caspar, Universität Bern, Schweiz

14:15 Was passiert in den Therapieprozessen vor einem plötzlichen Veränderungssprung? – Ein Vergleich zwischen bewältigungs- und klärungsorientierter Psychotherapie
Sara Heer, Universität Bern, Schweiz

14:30 Führen unterschiedliche Wege nach Rom? Analyse von Sequenzen der emotionalen Verarbeitung im Berner Ansatz, einer integrativen Form der kognitiven Verhaltenstherapie
Anna barbaraa Stähli, Universität Bern, Schweiz

14:45 Empathische Reaktionen der TherapeutInnen: Quellen oder Einleitung zur motivationalen Klärung und zum Selbstmitgefühl der PatientInnen?
Mu Lin, Universität Bern, Schweiz

15:00 Wie finden kompetente TherapeutInnen das Gleichgewicht zwischen Herausforderung und Unterstützung?
Laura Mösinger, Universität Bern, Schweiz

Skills Class 33 (German Language)
Level 3 – Room R8
Bindungsorientierte Verhaltenstherapeutische Elternberatung
Michael Borg-Lauls, Hochschule Niederrhein, Deutschland

Afternoon In-Congress Workshops (14.00 – 17.00)
In-Congress Workshop 35
Level 3 – Room R9
Culturally Adapting Cognitive Behavior Therapy for Diverse Populations: An Evidence-Based Approach
Wei-Chen Hwang, Claremont McKenna College and Independent Practice, USA

In-Congress Workshop 36
Level 3 – Room R10
Emotion Regulation Skill Development: A Transdiagnostic Approach for Young Adults with Co-Occurring Substance Use and Mental Health Disorders.
Kate Hall, Deakin University, Australia

In-Congress Workshop 37
Level 3 – Room R11
Repairing Attachment-Related Ruptures as a Tool to Treat Depressed and Suicidal Children and Adolescents
Guy Boms, Catholic University of Leuven, Belgium

In-Congress Workshop 38
Level 3 – Room R13
Conceptualising and Treating High-Risk and Complexity: What Does Dialectical Behaviour Therapy Have to Offer?
Michaella Swales, Bangor University, UK
1. Validation of the German Version of the Muscle Dysmorphia Inventory
Felix Arekenu, Osnabrück University, Germany

2. Feared Self-Perception Interacts with Dysfunctional Reasoning in the Prediction of Obsessive-Compulsive Symptoms
Louis-Philippe Baraby, Centre de Recherche de l’Institut Universitaire en Santé Mentale de Montréal, Canada

3. Counterconditioning and Moral Disgust: A Pilot Study in a Non-Clinical Sample
Barbara Basile, Scuola di Psicoterapia Cognitiva e Associazione di Psicologia Clinica, Italy

4. Body Perception in BDD: An Eye-Tracking Study
Francesca Béharz, Swinburne University of Technology, Australia

5. Predicting Exposure Response in OCD: Role of Emotion Regulation
Nacht Berman, College of the Holy Cross, USA

6. Therapeutic Alliance and Group Cohesion in Group CBT for OCD
Elena Cabrito, Clinical-University Hospital of Valencia, Spain

7. Subtypes of Obsessive-Compulsive Disorder: Implication of Modification in Cognitive Behaviour Therapy
Sampurba Chauvrey, Central Institute of Psychiatry, India

8. Parenting Styles and Adolescent Obsessive Compulsive Disorder
Poojirmi Chandrashekar, National Institute of Mental Health and Neurosciences (NIMHANS), India

9. The Relationship Between Body Dysmorphic Disorder and Bullying in a Sample of Greek Adolescents: The Cognitive Profile of BDD in Adolescents
Maria Chatzikonsantoglou, Hellenic Center of Mental Health and Researches, Greece

10. Do Cognitive and Behavioural Maintenance Mechanisms Identified in Adult Models of OCD Apply to Childhood OCD?
Chloe Cheddell, University of Reading, UK

Matthew Collings, University of New South Wales, Australia

12. Knowledge and Treatments of Gynoclinics of BDD and BDD of the Female Genitalia: A Qualitative Study
Marie Dugas, University of Zurich, Switzerland

Marie Hannoun, L. Quinquet, Osnabrück University, Germany

14. Motivation-Centered Confrontation with Disgusting Stimuli - A Feasibility Study
Jakob Ried, University of Bonn, Germany

15. Attention Bias in Obsessive Compulsive Disorder: The Development of a New Questionnaire
Martha Giraldo-O'Meara, Concordia University, Canada

16. The Fearful Self: A Multidimensional Construct
Martha Giraldo-O’Meara, Concordia University, Canada

17. Does Sweat Play a Role in Olfactory Reference Disorder?
Anja Grochodévé, Braunschweig University, Germany

18. Tackle your Tics: Feasibility of a Brief, Intensive Group-Based Exposure Therapy Programme for Children with Tic Disorders
Arend Homan, Dutch Knowledge Centre for Child and Adolescent Psychiatry and Dutch Tourette Association, the Netherlands

19. Ruminaton, but not Worry, Uniquely Predicts Distress Associated with Obsessive-Compulsive Symptoms in Individuals with Obsessive-Compulsive Disorder
Carolina V. Hensel, University of Basel, Switzerland

20. Volitional Modification of Brain Activity in Adolescents with Autism Spectrum Disorder
Lilian Koniar, Medical University of Vienna, Austria

21. I Might Be Disgusting: An Investigation of Fear of Self, Disgust Sensitivity and Mental Contamination
Sandra Krause, Concordia University, Canada

Nora Kuck, Westfälische Wilhelms-Universität Münster, Germany

23. Experiences of Patients Diagnosed with Chronic OCD with Their Previous Psychotherapy
Franziska Kühne, University of Potsdam, Germany

24. Interpersonal Deficits Associated with Acquiring and Discarding Difficulties
Cathy Kovak, Macquarie University, Australia

25. Efficacy of Manual-Based CBT for the Drug-Naive Obsessive-Compulsive Disorder Patients in China
Juan Li, Beijing Anding Hospital and Capital Medical University, China

26. Development and Validation of the Deontological and Altruistic Guilt Scale (DAGS)
Alessandra Mancini, Praxis for Psychotherapy, Berlin, Germany

27. Preliminary Data About the Validation of the Deontological and Altruistic Guilt Scale (DAGS)
Alessandra Mancini, Praxis for Psychotherapy, Berlin, Germany

28. The Impact of Appearance-Based Rejection Sensitivity and of Dysmorphic Concerns on the Relationship Between Teasing and Mental Health: Are There Gender Specific Effects?
Alexandra Martin, University of Wuppertal, Germany

29. The Inference Based Approach: Does it Offer an Alternative to Exposure and Response Prevention for the Treatment of Obsessive Compulsive Disorder
Karen O’Connor, Institut Universitaire en Santé Mentale de Montréal Research Center, Canada

30. Effects of Ruminating on Unwanted Intrusive Thoughts: A Replication and Extension
Matthew McKenzie, Griffith University, Australia

31. Deficits in Emotional Control in Paediatric Obsessive-Compulsive Disorder: Associations with Symptom Presentation and Response to Treatment
Matthew McKenzie, Griffith University, Australia

32. Examining Parents’ Perception of Children’s Emotion Regulation in Paediatric OCD: Associations with Family Accommodation and Parental Distress
Karen O’Connor, Institut Universitaire en Santé Mentale de Montréal Research Center, Canada

33. Treatment Format Preference for OCD
Joanne Miller, University of Bath, UK

34. OCD Symptoms in a Non-Clinical Sample: What About a Non-Good-Enough Father?
Anna Nysarou, University of Macedonia, Greece

35. Technology-Based Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder: A Meta-Analysis
Laura Marie Nystrom-Horstmann, Westfälische Wilhelms-Universität Münster, Germany

36. Hoarding Disorder and Emotion Regulation in a Non-Clinical Sample
Caterina Novara, University of Padua, Italy

37. A Young Woman with Comorbid Insomnia and Trichotillomania
Mary Nafoossi, University Hospital Bern, Switzerland

38. Research Goals as Defined by OCD Patients: An Online Survey for More Involvement into Research
Mara Jasmin Otterbeck, University of Potsdam, Germany

Jolande van de Griendt, TicXperts, the Netherlands

40. Effectiveness of Group Cognitive Behavioral Treatment (G-CBT) in the Treatment of Anger in Patients with Compulsive Obsessive Personality Disorder (OCPD)
Cecile Schulz-Issakson, Aarhus University Hospital Psychiay, Denmark

41. Do Men and Women of Various Ages Differ in Their Body Image? An Online Survey on Gender Differences Concerning Body Dissatisfaction, Body Appreciation and Importance of One’s Appearance
Hannah L. Quittkat, Osnabrück University, Germany

42. Psychiatric Comorbidities of Obsessive-Compulsive Disorder: A Series of Meta-Analyses
Laurel_files, Université de Nantes, France

43. Acceptance of Internet-Based Versus Face-to-Face Treatment of Body Dysmorphic Disorder.
Katrin Schoenemburg, University of Wuppertal, Germany

44. Cognitive and Metacognitive Biases in Pediatric Obsessive-Compulsive Disorder: Associations with Symptom Dimensions and Predictors of Cognitive-Behavioral Therapy Outcome
Charlotte Rowe, Université de Nantes, France

45. When to Augment SSRI with CBT in OCD? A Comparative Study
Zubaida Sultana Shujaat Ali, Tees, Esk and Wear Valleys NHS Foundation Trust, UK

46. Verbal Overshadowing Disrupts Memory for Faces Within Low OC but not Within High OC Participants
Assaf Sorell, Tel Aviv University, Israel

47. Anxiety-Linked Attentional Bias to Threat in the Broadest Autism Phenotype.
Jordi South, The University of Western Australia, Australia

Jordan Stidico, Marquette University, USA

49. Formal vs. Intuitive Categorization and Obsessive-Compulsive Characteristics
Asher Y. Strauss, The Hebrew University of Jerusalem, Israel

50. Can Smells Make the “Dirty Kids” Less Dirty or More Disgusting? – An Experimental Study to Investigate the Modulating Effect of Olfactory Stimuli on Disgust and Mental Contamination
Olivier Sundermann, National University of Singapore, Singapore

51. An Integrated Model for Religious OCD
Taha Toprak, Istanbul University, Turkey

52. BT-Coach: A Training App to Support Behavioural Therapy in Tic Disorders
Jolande van de Griendt, TicXperts, the Netherlands

53. Self as an Aesthetic Object
Lori Reveley, King’s College London, UK

54. Relationship Between Cognitive and Behavioural Processes and Symptoms of BDD
David Velea, King’s College London, UK

55. Perceived Stress Predicts Outcome in Obsessive-Compulsive Disorder Patients Undergoing Treatment with Exposure and Response Prevention
Yuan Wang, Shanghai Mental Health Center, Shanghai Jiao Tong University, and Zhongshan Hospital, Fudan University, China

56. Dialectical Behavior Therapy in a High-Functioning Adult with Autism Spectrum Disorder
Luisa Weener, University Hospital of Strasbourg and INSERM 1114, France
Saturday 20th July

57 Body Focused Repetitive Behaviors: Emotion Regulation Deficits and Different Strategies to Cope with Stress
Donna Winter, University of Koblenz-Landau, Germany

58 The Effectiveness of Mindfulness-Based Cognitive Therapy for Obsessive Compulsive Disorder in Chinese Population
Tianshan Zhang, Shanghai Mental Health Center, Shanghai Jiao Tong University, China

59 Application of Group Mindfulness-Based Cognitive Therapy for Obsessive-Compulsive Disorder in China: A Pilot Study
Qing Fan, Shanghai Mental Health Center and Shanghai Jiao Tong University, China

60 Correlations Between the Clinical Profiles and the Profile of the Wechsler Adult Intelligence Scale-III in Obsessive Compulsive Disorder
Sayo Hamatani, Chiba University, Japan

Psychosis and Bipolar Disorders

62 A Pilot Study of Modified DBT Skills Training Groups Among Patients with Psychotic Disorders
Anna Arminen, Helsinki University Hospital, Finland

63 How Well Do Voice-Hearing Assessment Measures Capture the Positive Experiences of Individuals? A Systematic Review of Published Assessment Measures to Date
Lucy Armstrong, University of Bath, UK

64 Self-Guided Use of a Psychosocial Online Intervention for Individuals with Psychosis: Qualitative Examination of Barriers to Engagement
Chelsea Arnold, Swinburne University of Technology, Australia

65 Predicting Engagement with Online Interventions for Psychosis: Findings from the Self-Management and Recovery Technology (SMART) Project
Chelsea Arnold, Swinburne University of Technology, Australia

66 Challenges and Facilitators in the Integration of a Mobile Health Solution for Cognitive Behavioural Interventions for Psychosis. IMPACHS Study: A Multi Site Feasibility Trial
Katherine Berry, University of Manchester, UK

67 Examining the Effectiveness of Recovery-Oriented Group Cognitive Behavioural Therapy for People who Experience Psychosis (CBTP).
Nancy Bahl, University of Ottawa, Canada

68 Structure of First-Episode Psychosis Symptoms
Radoslav Bespalov, University of Novi Sad, Serbia

69 Barriers and Facilitators to Accessing Psychological Therapies for Severe Mental Health Problems in Later Life
Katherine Berry, University of Manchester, UK

70 Individuals' Subjective Experience of the Negative Symptoms of Schizophrenia
Isabelle Butcher, University of Manchester, UK

71 Implication of CBT in Patients with Treatment Resistant Delusional Disorder- An Indian Study
Megha Choudhury, Central Institute of Psychiatry, India

72 Improving Well-Being and Self-Esteem in People with Paranoid Tendencies; A Study of the Effectiveness of a Group Intervention with ESM Data
Alba Contreas, University Complutense de Madrid, Spain

73 An Exploration of Fear of Death and Psychosis Proneness: Positive Schizotypy as a Function of Death Anxiety and Maladaptive Coping
Dane Easden, Australian National University, Australia

74 Brief CBT Model for Psychotic Like Experiences in Adolescent Years: A Model Description with a Clinical Case-example in Helsinki University Hospital
Niklas Granö, Helsinki University Hospital, Finland

75 The Phenomenology and Antecedents of Verbal Auditory Hallucinations in Everyday Life in Psychosis: A Diary Study
Emily Hickson, Harrow and Hillingdon Early Intervention in Psychosis Service, UK

76 Short-Term Intervention of Self-Monitoring Mood and Activities for Bipolar II Disorder Comorbid Anxiety Disorder: A Case Report
Yasuhito Kimura, Fukushima College, Japan

77 The Effectiveness of Metacognitive Training Program for Early Psychosis in a Korean Community Sample.
Kanguk Lee, Kangwon National University Hospital, South Korea

78 The Effect of Using First Acquired Versus Later Acquired Language and Effortful Control on the Expression of Psychopathology in Bilingual (Spanish-English) Individuals with Schizophrenia
Daisy Lopez, University of Miami, USA

79 Modeling the Effects of Family Factors on Suicidal Ideation among Individuals with Schizophrenia
Daisy Lopez, University of Miami, USA

80 Schizophrenia and the Disembodiment Thesis - An Experimental Validation
Naomi Lyons, University Witten/Herdecke, Germany

Anton Martinez, University of Sheffield, UK

82 OASIS: Moderated Online Social Therapy Utilising Therapeutic Comics to Treat Social Anxiety in First-episode Psychosis
Carla McEnery, Swinburne University of Technology, Australia

83 Effortful Control in Proficient Bilinguals with Schizophrenia
Merranda McLaughlin, University of Miami, USA

84 Effects of Metacognitive Training Plus Conducted by Psychiatric Department Home-Visit Nurses—Analysis of Interviews with Subjects
Sayaka Sato, National Institute of Mental Health (NINP), Japan

85 Combined Schema-Therapy and CBT in Treatment of Delusional Disorder – Example of Practice
Kazuho Tomimoto, Tohoku University, Japan

86 Are Childhood Trauma and Negative-Self-Schema Specific Psychological Mechanisms of Psychosis?
Shielen Octavia, Universitas Indonesia, Indonesia

87 e-PROBAD - Internet Psychoeducation for People with Bipolar Affective Disorder
Jan Praska, University of Palacký Ostrava and University Hospital, Czech Republic

88 Effects and Costs of Cognitive Behavioral Therapy Provided by Assertive Community Treatment Teams in Japan: A Cluster Randomized Controlled Trial
Hiroki Tanoue, Miyazaki University, Japan

89 Prevalence, Severity and Predictors of Depression and Anxiety in Informal Carers After First-Episode Psychosis
Stephan Austin, Region Zealand Psychiatry, Denmark

90 Metacognitive training (MCT) in a Routine Open Group Setting in Japan: A Preliminary, Multi-Center, Single-Group Study
Megha Choudhury, Central Institute of Psychiatry, India

91 Group Cognitive Behavioural Therapy for Psychosis and Social Anxiety: Using an Acceptance-Based Approach to Foster Meaningful Connections and a Reduction in Symptoms
Jessica S. Tuton, University of Ottawa, Canada

92 Virtual Reality Based Theory of Mind Intervention in Schizophrenia (VR-ToMIS) for Improving Theory of Mind Skills and Functional Outcome in Schizophrenia
Sherlen Vass, Sammelwes University, Hungary

93 The Effect of Cognitive Behavioral Therapy for At-Risk Mental State on Schenmata
Kazuho Tomimoto, Tohoku University, Japan
Invited Address 35
Level 1– Room A4
Mental Imagery and Mental Health: Cognitive Behavior Therapy and Reflecting on Psychological Treatments Research
Emily A. Holmes, Uppsala University, Sweden
Chair: Kristoffer Månsson, Karolinska Institute, Sweden

Invited Address 36
Level 1– Room A2
What We Don’t Know about Compulsions May Be Hurting Us
Christine Purdon, University of Waterloo, Canada
Chair: Adam Radomsky, Concordia University of Montreal, Canada

Invited Address 37
Level 1– Room A3
YOU are Not Supposed to Feel that Way: Making Room for Difficult Emotions
Robert L. Leahy, American Institute for Cognitive Therapy, USA
Chair: Lata McGinn, Yeshiva University, USA

Invited Address 38
Level 1– Room A8
The Therapeutic Relationship in Cognitive Behavior Therapy
Judith S. Beck, Beck Institute for Cognitive Behavior Therapy, USA
Chair: Cory Newman, University of Pennsylvania, USA

Invited Address 39
Level 3– Room A1
The State of the Art of Cognitive and Behavioural Therapy for Sexual Problems: New Developments from Basic Science and Clinical Implications
Pedro Nobre, University of Porto, Portugal
Chair: Mehmet Sungur, Istanbul Kent University, Turkey

Closing Ceremony
(17.15 - 17.45)
Level 1– Room A8