

## Curriculum Vitae

### Education

2014/03      Habilitation, Psychology, University of Bern, Switzerland  
2008/07      Ph.D., Psychology, University of Bern, Switzerland  
2003/11      Licentiate, Psychology, University of Bern, Switzerland

### Academic Positions

Since 2026      Full professor, University of Zurich  
2020 - 2026      Full professor, University of Neuchâtel  
2016 - 2021      Courtesy Professor, University of South Florida, Tampa, USA  
2016 - 2020      Assistant professor, University of Neuchâtel  
2013 - 2016      Postdoctoral researcher, University of Fribourg  
2011 - 2013      Postdoctoral researcher, University of South Florida, Tampa, USA  
2010 - 2011      Postdoctoral researcher, University of Basel  
2009 - 2010      Postdoctoral researcher, University of Neuchâtel  
2008 - 2010      Postdoctoral researcher, University of Bern  
2004 - 2008      PhD student and lecturer, University of Bern

### Editorial Positions

#### Associate Editor

2019 - 2020      European Journal of Work and Organizational Psychology  
2015 - 2019      Journal of Personnel Psychology

#### Editorial Boards

Since 2018      Journal of Applied Psychology  
Since 2016      Journal of Occupational and Organizational Psychology  
Since 2014      Journal of Business and Psychology  
2014 - 2017      Burnout Research  
2014 - 2019      Group & Organization

#### Ad hoc Reviews für Journals (Selection)

Academy of Management Review, Anxiety, Stress, & Coping, Applied Psychology: An International Review, Behaviour Research and Therapy, BMC Public Health, Canadian Journal of Administrative Sciences, Canadian Journal on Aging, Cross-Cultural Research, European Journal of Personality, Human Relations, Journal of Business Ethics, Journal of Experimental Psychology: Applied, Journal of Family Studies, Journal of Occupational and Environmental Medicine, Journal of Organizational Behavior, Journal of Personality, Journal of Personality and Social Psychology, Journal of Social and Clinical Psychology, Journal of Vocational Behavior, Motivation and Emotion, Organizational Behavior and Human Decision

Processes, Psychiatry Research, Psychoneuroendocrinology, Scandinavian Journal of Work, Environment, & Health, Self and Identity, Small Business Economics, Social Science & Medicine, Stress and Health, Swiss Journal of Psychology, Work & Stress

**Panel Member of Grant Agencies**

- 2024 Swiss National Science Foundation – Social Science & Humanities Panel
- Seit 2021 Swiss National Science Foundation – Postdoc.Mobility
- 2021 – 2025 Swiss National Science Foundation – Doc.CH

**Ad hoc Reviews für Grant Agencies**

Dutch Research Council (NWO), Social Sciences and Humanities Research Council of Canada (SSHRC), Swiss National Science Foundation

**Grants**

- 2023 – 2027 The New Normal - How to Design and Implement New Work Arrangements That Are Fair and Satisfy Employees' Needs  
Swiss National Science Foundation, National Research Project 80, (with Michaela Knecht, FHNW Olten; CHF 487,336)
- 2021 – 2022 Cross-Cultural Study of Threat Appraisal and Behavioral Reactions to Illegitimate Tasks  
SIOP International Research and Collaboration Small Grant (with Zhiqing Zhou, Baruch College; \$5,000)
- 2020 – 2024 Information and Communication Technology and Boundary Management – A Multilevel Intervention Program to Promote Work-Nonwork Balance, Well-Being, and Performance  
Swiss National Science Foundation, National Research Project 80, (with Michaela Knecht, FHNW Olten; CHF 718,261)
- 2017 – 2022 The Intersection of Work and Family Life: The Role of Guilt and Shame  
Swiss National Science Foundation, Research Grant (CHF 409,777)
- 2013 – 2016 Examining the Effect of Well-being on Work Stressors  
Swiss National Science Foundation, Ambizione Grant (CHF 498,979)
- 2012 – 2013 An Intervention Study of Positive Work-Related Thoughts and Recovery  
National Institute for Occupational Safety and Health (NIOSH) Sunshine ERC Pilot Grant (\$13,662)
- 2011 – 2013 Work Characteristics and Personality as Antecedents of Workplace Incivility  
Swiss National Science Foundation, Research Fellowship for Advanced Researchers (CHF 169,790)