

Curriculum Vitae

Eva Maria Heim, PhD

ORCID ID: 0000-0001-7434-7451

ResearchGate Profile: [Eva Heim – ResearchGate](#) (Index: 19.35, h-index: 5)

Google Scholar ID: [Eva Heim – GoogleScholar ID](#) (h-index: 5)

Web of Science Researcher ID: U-6773-2018 (h-index: 4)

CONTACT INFORMATION

University of Zurich,

Department of Psychology

8050 Zurich, Switzerland

phone: +41 44 635 73 26

e-mail: e.heim@psychologie.uzh.ch

Date of birth: 29 May 1977

Nationality: Swiss

EDUCATION

- June 2019 **Habilitation (*venia legendi*) in Clinical Psychology**
Title of habilitation thesis: *Global mental health from the perspective of cultural clinical psychology*
University of Zurich, Switzerland
- Jun 2018 **Certificate of Advanced Studies in Clinical Trial Management**
University Hospital Zurich, Switzerland
- Feb 2016 **Cognitive-Behavioural Psychotherapist**
Academy for Behavioural Psychotherapy, Bern, Switzerland
- Mar 2009 **PhD in Clinical Psychology (*summa cum laude*)**
Department of Psychology, University of Bern, Switzerland
Title of doctoral thesis: *Stay-leave decisions of battered women in Cochabamba, Bolivia*
Advisors: Prof. Dr. H. J. Znoj, Institute of Psychology, University of Bern &
Prof. Dr. W. De Jong, Ethnological Seminar, University of Zurich
- Jun 2008 **Master (distance learning): Contemporary Issues in Human Rights**
Universidad Pablo de Olavide, Sevilla, Spain
- Jun 2004 **Master's Degree in Clinical Psychology & Psychotherapy**
Department of Psychology, University of Berne, Switzerland (2000-2004)
Department of Psychology, University of Fribourg, Switzerland (1997-2000)

PROFESSIONAL AND ACADEMIC POSITIONS

- Since **Trial coordinator (80%): Effectiveness and cost-effectiveness of guided e-mental health care for Syrian refugees and other people residing in Lebanon**
Apr 2018 World Health Organization, Geneva, Switzerland
Ministry of Public Health, National Mental Health Programme, Beirut, Lebanon

Since **Senior research and teaching assistant (100%)**
Jan 2015 (April 2018 – August 2019: 20%)
Department of Psychology, Division of Psychopathology & Clinical Intervention
University of Zurich, Switzerland

Jul 2012 – **Clinical psychologist (100%)**
Dec 2014 Psychiatric services (inpatient and outpatient clinic), Solothurn, Switzerland

Mar 2009 – **Scientific collaborator: research management & coordination (80-100%)**
Jun 2012 National Centre of Competence in Research (NCCR) North-South,
Centre for Development and Environment, University of Bern, Switzerland

Nov 2008 – **Research Assistant (20-40%)**
Apr 2010 Institute of Social and Preventive Medicine, University of Bern, Switzerland

Jan 2005 – **Psychologist & field work for PhD (100%)**
Oct 2008 Oficina Jurídica para la Mujer, Cochabamba, Bolivia
Universidad Mayor de San Simón, Cochabamba, Bolivia

Jan 2003 – **Nursing auxiliary (30%)**
Aug 2004 Domicil für Senioren [Nursing home], Bern, Switzerland

Nov 2001 – **Nursing auxiliary (50%)**
Jun 2002 Domicil für Senioren [Nursing home], Bern, Switzerland

Dec 1998 – **Research associate (25%)**
Mai 2000 Department of Psychology, Centre for Test Development and Diagnostics
University of Fribourg, Switzerland

INSTITUTIONAL RESPONSIBILITIES

Since **World Health Organization:** Research protocol for local and WHO ethical review
Apr 2018 committee, Standard Operating Procedures, participant recruitment strategy, training
and supervision of local team (including lay helpers), quality assurance, overall
organization and timeline, weekly (Skype) meetings with WHO HQ, donor reports

Since **University of Zurich:** Research, teaching, supervision of Bachelor, Master and PhD
Jan 2015 theses, clinical work in University of Zurich's outpatient clinic

APPROVED RESEARCH PROJECTS

Jan – Dec **Co-applicant:** *Reducing mental health-related stigma among primary health care*
2019 *workers in Lebanon*. Project funded by Médecins du Monde and Humanity & Inclusion

Jan 2018 – **Main applicant:** *Kulturelle Anpassung einer internetbasierten Intervention zur*
Mar 2019 *Behandlung von Depression bei Albanisch sprechenden Personen in der Schweiz.*
[Cultural adaptation of an Internet-based intervention for depression for Albanian
speaking immigrants in Switzerland]. Project funded by Stiftung zur Förderung von
Psychiatrie & Psychotherapie [Swiss Foundation for the Promotion of Psychiatry and
Psychotherapy]

Jan 2017 – **Main applicant:** *Cultural adaptation of an Internet-based intervention for Albanian*
Jun 2020 *speaking immigrants in Switzerland*. Project Funding: Swiss National Science Foundation

Apr 2016 – **Co-applicant:** *Development of an e-mental health intervention for people suffering from*
Jun 2018 *mild to moderate symptoms of depression.* Project funded by World Health Organization

Jan 2005 – **Main applicant:** *Stay-leave decisions of battered women in Cochabamba, Bolivia.*
Dec 2007 Commission for Research Partnerships with Developing Countries (KFPE), Swiss
Agency for Development and Cooperation, Bern, Switzerland

SUPERVISION OF MASTER'S AND PHD THESES

PhD

Since Apr 2017 Mirëlinda Shala

June 2015 – June 2018 Iara Meili (co-supervised with Prof. Andreas Maercker)

Master

Since HS 18 Albulena Musa (co-supervised with Prof. Simone Munsch, University of Fribourg)

Since HS 18 Anaïs Aeschlimann

Since FS 17 Johanna Lang (co-supervised with Prof. Simone Munsch, University of Fribourg)

FS 2017 – HS 2018 Emilia Vasella

FS 2017 – FS 2018 Lea Muri

HS 2016 – FS 2017 Alicia Keller

FS 2016 – HS 2016 Iris Wegmann

FS 2015 – FS 2016 Noah Lorenz, Alexander Rötger

TEACHING

HS 2018 Cultural adaptation of internet-based interventions, Master's level course, one hour a week, University of Fribourg

HS 2017 Cultural adaptation of internet-based interventions, Master's level course, one hour a week, University of Fribourg

Global Mental Health, Master's level course, two-hours a week, University of Zurich

FS 2017 Manual for the Assessment and Documentation of Psychopathology (AMDP) and Structured Clinical Interview (SCID), Master's level course, two-hours a week, University of Zurich

HS 2016 Global Mental Health, Master's level course, two-hours a week, University of Zurich

Manual for the Assessment and Documentation of Psychopathology (AMDP) and Structured Clinical Interview (SCID), Master's level course, two-hours a week, University of Zurich (shared with Dr Myriam Thoma)

FS 2016 Global Mental Health, Master's level course, two-hours a week, University of Zurich

HS 2015 E-mental health, Master's level course, two-hours a week, University of Zurich

FS 2015 Global Mental Health, Master's level course, two-hours a week, University of Zurich

MEMBERSHIPS IN PANELS AND BOARDS

- Since Jan 2017 **Steering group member of INDIGO-PRIMARY:** Programme to implement interventions addressing knowledge, attitudes and behaviour of primary care providers towards people with mental illness.
- 2017 **Working group “online interventions”**, Federation of Swiss Psychologists. Development of quality standards for psychotherapy practitioners.
- 2017 **Review Board:** Selection of poster presentations for the second symposium of the Competence Center for Mental Health (CCMH), Zurich, Switzerland

SCIENTIFIC REVIEWING ACTIVITIES

- Since 2018 Stigma and Health, Transcultural Psychiatry
- Since 2017 Women & Health, Global Mental Health, Violence Against Women, Internet Interventions
- Since 2016 American Journal of Geriatric Psychiatry, BMC Psychiatry
- Since 2009 International Journal of Public Health

ORGANISATION OF CONFERENCES

- 2017 Second symposium of the Competence Center for Mental Health (CCMH), Zurich, Switzerland
- 2017 Annual conference of the Federation of Swiss Psychologists, Bern, Switzerland

MEMBERSHIPS

- Since 2018 Swiss Psychological Society
European Association of Clinical Psychology and Psychological Treatment
- Since 2017 European Society for Research on Internet Interventions

AWARDS, FELLOWSHIPS & GRANTS

- Sep 2018 Project grant, Médecins du Monde
(Co-applicant with Dr. Rabih El Chammay, Ministry of Public Health, Lebanon)
\$ 23'000
- Nov 2017 Research grant, Swiss Foundation for the Promotion of Psychiatry and Psychotherapy
CHF 50'000
- Aug 2016 Project Funding, Swiss National Science Foundation
CHF 150'126
- Oct 2015 Agreement for Performance of Work, World Health Organization
(Co-applicant with Prof. Dr. Dr. Andreas Maercker)
CHF 97'995
- Jun 2009 Advancement Award, Swiss Association of Female Academics
CHF 500

Dec 2004 Research grant, Commission for Research Partnerships with Developing Countries
(KFPE), Swiss Agency for Development and Cooperation, Bern, Switzerland
CHF 40'000