

Curriculum Vitae

Manuel Pascal Stadtmann, PhD

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CONTACT INFORMATION

University of Zurich

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Psychopathology and Clinical Intervention

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EDUCATION

Graduate

2015 - 2019 **PhD study program (*summa cum laude*)**

University Witten Herdecke (DE) in Cooperation with the University of Zürich (CH), Doctoral thesis: *Symptom management in complex post-traumatic stress disorder (ICD-11), view and experience of patients and their relatives: A mixed methods approach*

Advisors: Prof. Dr. W. Schnepf and Prof. Dr. A. Maercker

2011 - 2014 **Master of Science (MSc)**

INS, Medical faculty, University of Basel, Switzerland. Title of master thesis: Patient outcomes after consultations with psychiatric professionals in a psychiatric Swiss outpatient clinic: PEKSA - A prospective observational study

2011 - 2014 **Minor in Sociology**

University of Zürich, Switzerland

Undergraduate

2008 – 2011 **Bachelor of Science (BSc)**

Zürich University of Applied Sciences, Winterthur, Switzerland, Title of bachelor thesis: Effects of sports and movement interventions on adult inpatients suffering from depression

Other relevant Trainings

2010 - 2012 Specialist adviser for psychotraumatology (SIPT)

2004 - 2008 School of Psychiatric Care Rheinau, DNII

2001 - 2004 Canton school Urdorf

PROFESSIONAL AND ACADEMIC POSITIONS

2020 - **Postdoctoral research fellow**

Department of Psychology, Division of Psychopathology and Clinical Intervention, University of Zurich, Switzerland

2019 - **Lecturer**

Master`s Programme, Department of Health, St. Gallen University of Applied Sciences, Switzerland

2014 - 2019 **Mental health scientist and field work for PhD**

University of Witten Herdecke, Faculty of Health, Germany

Center for Psychotraumatology, Integrierte Psychiatrie Winterthur, Switzerland

2011 - 2014 **Responsibility for mental health care**

Center for Psychotraumatology, Integrierte Psychiatrie Winterthur, Switzerland

2008 - 2011 **Mental health nurse**

Ward for psychotherapy P 5-2, Psychiatrie Hard, Embrach, Switzerland

PUBLICATIONS

Stadtmann, M. P., Maercker, A., Binder, J., & Schnepf, W. (2017b). Symptom management in complex post-traumatic stress disorder (ICD-11), view and experience of patients and their relatives: a mixed methods approach (Research Proposal). *BMC Research Notes*, 10(1), 461. doi:10.1186/s13104-017-2790-7

Stadtmann, M. P., Maercker, A., Binder, J., & Schnepf, W. (2018a). Proposed ICD-11 complex posttraumatic stress disorder, characteristics and symptoms of adults in an inpatient psychiatric setting: A descriptive study. *Journal of Clinical Investigation and Studies*, 1(2). doi:10.15761/JCIS.1000111

Stadtmann, M. P., Maercker, A., Binder, J., & Schnepf, W. (2018b). Why do I have to suffer? Symptom management, views and experiences of persons with a CPTSD: A Grounded Theory approach. *BMC psychiatry*, 18(1), 392, doi: 10.1186/s12888-018-1971-9

Stadtmann, M. P., Maercker, A., Binder, J., & Schnepf, W. (2018c). Mastering life together-symptom management, views, and experiences of relatives of persons with CPTSD: a grounded theory study. *Journal of Patient-Reported Outcomes*, 2(1), 50.

Stadtmann, M. P., Maercker, A., Binder, J., & Schnepf, W. (2018d). An explorative study of associated characteristics of adults with complex posttraumatic stress disorder (ICD-11) in an inpatient psychiatric setting. Manuscript submitted for publication.

Stadtmann, M. P., Maercker, A., Binder, J., & Schnepf, W. (2018e). Symptom management in complex post-traumatic stress disorder (ICD-11), strategies and experiences of adult inpatients and their relatives: A mixed methods study. Manuscript submitted for publication.

PRESENTATIONS

Symptommanagement bei Patienten mit einer komplexen posttraumatischen Belastungsstörung, Angehörige als entlastender oder belastender Faktor? Eine Mixed Methods Studie
Conference: 18. Jahrestagung der deutschen Gesellschaft für Psychotraumatologie
Affiliation: Universität Witten Herdecke, March 2016

ICD-11 komplexe posttraumatische Belastungsstörung, Charakteristika und Symptome von erwachsenen Patienten in einem stationären psychiatrischen Setting
Conference: 19. Jahrestagung der deutschen Gesellschaft für Psychotraumatologie
Affiliation: Universität Witten Herdecke, February 2017

Why do I have to suffer? Symptom management, views and experiences of patients with a cPTSD: a grounded theory
Conference: The 15th European Conference on Traumatic Stress: Odense, Denmark
Volume: Child Maltreatment Across the Lifespan, June 2017

Symptom management in complex post-traumatic stress disorder (ICD-11), strategies and experiences of adult inpatients and their relatives: A mixed methods study.
Conference: The 2017 European Conference in Nursing and Nursing Research, Malmö July 2017

Das Leben gemeinsam meistern – Sichtweise und Erleben von Angehörigen von Patienten mit einer komplexen posttraumatischen Belastungsstörung (ICD-11): Eine Grounded Theory

Conference: 20. Jahrestagung der deutschen Gesellschaft für Psychotraumatologie

Affiliation: Universität Witten Herdecke, March 2018

Assoziierte Merkmale zwischen stationären psychiatrischen Patienten und der Diagnose einer komplexen posttraumatischen Belastungsstörung (ICD-11): Eine explorative Studie

Conference: 21. Jahrestagung der deutschen Gesellschaft für Psychotraumatologie

Affiliation: Universität Witten Herdecke, March 2019

AWARDS

German Association for Psychiatry, Psychotherapy and Psychosomatics

(DGPPN): Prize for health care professionals in psychiatry, psychotherapy and psychosomatic medicine, 2016 (for Research Proposal)

LECTURES ACADEMIC

2019 - Supervision of Masterthesis, ZHAW, Zürcher University of Applied Sciences

FS 2019 Affective disorders in acute care settings, St. Gallen University of Applied Sciences

HS 2018 Psychopathology - Manual for the Assessment and Documentation of Psychopathology (AMDP), St. Gallen University of Applied Sciences

FS 2017 Psychoeducation, St. Gallen University of Applied Sciences

FS 2016 Psychoeducation, St. Gallen University of Applied Sciences

FS 2015 Psychoeducation, St. Gallen University of Applied Sciences

LECTURES NON-ACADEMIC

FS 2019 Clinical Assessment in Psychiatry

HS 2018 Clinical Assessment in Psychiatry

HS 2017 Clinical Assessment in Psychiatry

HS 2016 Clinical Assessment in Psychiatry

HS 2016 ANP role development in Switzerland

MEMBERSHIPS

- Since 2019 German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN)
- Since 2015 The European Academy of Nursing Science (EANS)
- Since 2015 REFLECTION Research Network Europe
- Since 2014 Swiss Association for Nursing Science (VFP) Switzerland
- Since 2014 Interdisciplinary association for psychotraumatology in Switzerland (INPS)
- Since 2013 European Society for Traumatic Stress Studies (ESTSS)
- Since 2013 German-speaking Society for psychotraumatology (DeGPT)