Universität Zürich[UZH]

Psychologisches Institut
Angewandte Sozial- und
Gesundheitspsychologie

Masterprüfung, Herbstsemester 2026, Prof. Dr. Urte Scholz

Informationen zum Prüfungsablauf

Für eine erfolgreiche Prüfung müssen die Prüfungskandidatinnen und –kandidaten in der Lage sein, die angegebene Prüfungsliteratur in Hinblick auf die Theorien und Methoden kritisch zu diskutieren und mit Wissen aus dem Studium in Verbindung zu setzen. Ebenso sollen weiterführende Forschungsfragen und -designs und ggf. praktische Implikationen abgeleitet werden können.

Einige Leitfragen zum Umgang mit den Artikeln sind:

- Was ist der Beitrag des Artikels für das entsprechende Forschungsfeld?
- Was sind offene Fragen? Und wie könnten diese Fragen im Rahmen einer Studie bearbeitet werden?
- Was sind besondere Stärken der Arbeit?
- Was sind die Hauptkritikpunkte an den theoretischen Konzepten und / oder dem methodischen Vorgehen? Und wie könnte man diese Kritikpunkte auflösen?
- Welche theoretischen / methodischen / praktischen Implikationen haben die Ergebnisse des Artikels?
- Wo sehen Sie Verbindungen zwischen den verschiedenen Ansätzen, die in den einzelnen Artikeln dargestellt werden?

Ablauf: Die Studierenden können einen Artikel aus der Liste der Prüfungsliteratur als Einstiegsthema wählen und diesen in den ersten 5 Minuten vorstellen. In den restlichen 25 Minuten werden Fragen zu Artikeln der Prüfungsliteratur gestellt.

Prüfungsliteratur

Die Prüfungsliteratur besteht aus ausgewählten Artikeln verschiedener aktueller Gebiete und Debatten in der Sozial- und Gesundheitspsychologie.

Social Relationships and Health

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Cacioppo, J. T., & Cacioppo, S. (2014). Social relationships and health: The toxic effects of perceived social isolation. *Social and Personality Psychology Compass, 8(2)*, 58–72. https://doi.org/10.1111/spc3.12087

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Feeney, B. C., & Collins, N. L. (2015). A new look at social support: A theoretical perspective on thriving through relationships. *Personality and Social Psychology Review, 19*(2), 113-147. doi: 10.1177/1088868314544222

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Huelsnitz, C. O., Jones, R. E., Simpson, J. A., Joyal-Desmarais, K., Standen, E. C., Auster-Gussman, L. A., & Rothman, A. J. (2021). The Dyadic Health Influence Model. *Personality and Social Psychology Review*, *26*(1), 3–34. https://doi.org/10.1177/10888683211054897

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Mata, J. (2026). The psychology of eating requires social context. *Nature Reviews Psychology.* Advance online publication. https://doi.org/10.1038/s44159-026-00581-y

Pietromonaco, P. R., & Collins, N. L. (2017). Interpersonal mechanisms linking close relationships to health. *American Psychologist*, *72*(6), 531–542. https://doi.org/10.1037/amp0000129

Rafaeli, E., & Gleason, M. E. J. (2009). Skilled Support Within Intimate Relationships. *Journal of Family Theory & Review*, *1*, 20–37. https://doi.org/10.1111/j.1756-2589.2009.00003.x

Theories of Health Behaviour Change and Health Behaviour Change Interventions

Ajzen, I. (2015). The theory of planned behaviour is alive and well, and not ready to retire: A commentary on Sniehotta, Presseau, and Araujo-Soares. *Health Psychology Review, 9*(2), 131–137. doi:10.1080/17437199.2014.883474

Alcántara, C., Diaz, S. V., Cosenzo, L. G., Loucks, E. B., Penedo, F. J., & Williams, N. J. (2020). Social determinants as moderators of the effectiveness of health behavior change interventions: Scientific gaps and opportunities. *Health Psychology Review*, *14*(1), 132–144. https://doi.org/10.1080/17437199.2020.1718527

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Jekauc, D., Voelkle, M. C., Sniehotta, F. F., & Nigg, C. R. (2026). Beyond the cross-section: Rethinking the intention–behaviour gap through a conceptual and methodological lens. *British Journal of Health Psychology*, *31*(1), e70046. https://doi.org/10.1111/bjhp.70046

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Rothman, A. J., & Sheeran, P. (2020). The operating conditions framework: Integrating mechanisms and moderators in health behavior interventions. *Health Psychology.* Advance online publication. https://doi.org/10.1037/hea0001026

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Sniehotta, F. F., Presseau, J., & Araujo Soares, V. (2014). Time to retire the theory of planned behaviour. *Health Psychology Review, 8*(1), 1–7. doi:10.1080/17437199.2013.869710

Time

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