

## Dr Sonja Heintz – Publications and presentations (02/2020)

### General information

Google Scholar: *h*-index 11, 381 citations (<https://scholar.google.ch/citations?user=6eKfURgAAAAJ>)

Scopus: *h*-index 6, 143 citations ([www.scopus.com/authid/detail.uri?authorId=56419783700](http://www.scopus.com/authid/detail.uri?authorId=56419783700))

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### Publications

**Peer-reviewed** [\* denotes shared first authorship, + denotes supervised students]

#### In press and advance online

**Heintz, S.**, Ruch, W., Aykan, S., Brdar, I., Brzozowska, D., Carretero-Dios, H., Chen, H.-C., Chłopicki, W., Choi, I., Dionigi, A., Ďurka, R., Ford, T. E., Güsewell, A., Isler, R. B., Ivanova, A., Laineste, L., Lajčiková, P., Lau, C., Lee, M., Măda, S., Martin-Krumm, C., Mendiburo-Seguel, A., Migiwa, I., Mustafi, N., Oshio, A., Platt, T., Proyer, R. T., Quiroga-Garza, A., Ramis, T., Săftoiu, R., Saklofske, D. H., Shcherbakova, O. V., Slezackova, A., Stalikas, A., Stokenberga, I., Torres-Marín, J., & Wong, P. S. O. (2019). Benevolent and corrective humor, life satisfaction, and broad humor dimensions: Extending the nomological network of the BenCor across 25 countries. *Journal of Happiness Studies*. Advance online publication.

<https://doi.org/10.1007/s10902-019-00185-9>

Mendiburo-Seguel, A. & **Heintz, S.** (2019). Comic styles and their relation to the sense of humor, humor appreciation, acceptability of prejudice, humorous self-image and happiness. *Humor: International Journal of Humor Research*. Advance online publication. <https://doi.org/10.1515/humor-2018-0151>

**Heintz, S.** (2019). Locating eight comic styles in basic and broad concepts of humor: Findings from self-reports and behavior tests. *Current Psychology, Special Issue "Humor and Laughter: Current and Future Directions, Application, and Technology Innovations"*. Advance online publication.

<https://doi.org/10.1007/s12144-019-00179-z>

**Heintz, S.**, & Ruch, W. (2019). Character strengths and job satisfaction: Differential relationships across occupational groups and adulthood. *Applied Research in Quality of Life, Special Issue "Character strengths, well-being, and health in educational and vocational settings"*. Advance online publication.

<https://doi.org/10.1007/s11482-018-9691-3>

Hofmann, J., **Heintz, S.**, Pang, D., & Ruch, W. (2019). Differential relationships of light and darker forms of humor with mindfulness. *Applied Research in Quality of Life, Special Issue "Character strengths, well-being, and health in educational and vocational settings"*. Advance online publication.

<https://doi.org/10.1007/s11482-018-9698-9>

#### 2020

24) **Heintz, S.** (2020). Separating content and structure in humor appreciation: A bimodal structural equation modeling approach. *Journal of Individual Differences*, 41, 37-44. <https://doi.org/10.1027/1614-0001/a000301>

23) Forabosco, G., Dionigi, A., Cioni, F., & **Heintz, S.** (2020). Umore e intelligenza: Uno studio sperimentale. [Humor and intelligence. An experimental study.] *Rivista Italiana di Studi sull'Umore*, 3(1), 24–35. Retrieved from <https://www.risu.biz/wp-content/uploads/2020/01/Forabosco-et-al.-RISU-31-2020-pp.24-35.pdf>

#### 2019

22) Vylobkova, V., **Heintz, S.**, & Gander, F. (2019). Stärkenbasierte Interventionen in der Positiven Psychologie. [Strengths-based interventions in Positive Psychology.] *Report Psychologie*, 44(11), 14–21. Retrieved from <http://www.report-psychologie.de/nc/heft/archiv/>

- 21) Ruch, W., & Heintz, S. (2019). On the dimensionality of humorous conduct and associations with humor traits and behaviors. *Humor: International Journal of Humor Research*, 32, 643–666. <https://doi.org/10.1515/humor-2018-0119>
- 20) Heintz, S. (2019). Do others judge my humor style as I do? Self-other agreement and construct validity of the Humor Styles Questionnaire. *European Journal of Psychological Assessment*, 35, 625–632. <https://doi.org/10.1027/1015-5759/a000440>
- 19) Forabosco, G., Dionigi, A., Cioni, F., & Heintz, S. (2019). Barzellette: comprensione e divertimento. Uno studio preliminare. [Jokes: Comprehension and funniness. A preliminary study.] *Rivista Italiana di Studi sull'Umore*, 2(2), 90–100. Retrieved from [www.risu.biz/wp-content/uploads/2019/06/5-Forabosco-et-al.-RISU-22-2019-pp.-90-100.pdf](http://www.risu.biz/wp-content/uploads/2019/06/5-Forabosco-et-al.-RISU-22-2019-pp.-90-100.pdf)
- 18) Heintz, S., & Ruch, W. (2019). From four to nine styles: An update on individual differences in humor. *Personality and Individual Differences*, 141, 7–12. <https://doi.org/10.1016/j.paid.2018.12.008>
- 17) Heintz, S., Kramm, C., & Ruch, W. (2019). A meta-analysis of gender differences in character strengths and age, nation, and measure as moderators. *The Journal of Positive Psychology*, 14, 103–112. <https://doi.org/10.1080/17439760.2017.1414297>

## 2018

- 16) Linge-Dahl, L., Heintz, S., Ruch, W., & Radbruch, L. (2018). Humor assessment and interventions in Palliative Care: A systematic review. *Frontiers in Psychology: Personality and Social Psychology, Research topic "Humor and Laughter, Playfulness and Cheerfulness: Upsides and Downsides to a Life of Lightness"*, 9: 890. <https://doi.org/10.3389/fpsyg.2018.00890>
- 15) Heintz, S., & Ruch, W. (2018). Can self-defeating humor make you happy? Cognitive interviews reveal the adaptive side of the self-defeating humor style. *Humor: International Journal of Humor Research*, 31, 451–472. <https://doi.org/10.1515/humor-2017-0089>
- 14) Ruch, W., & Heintz, S. (2018). Psychometric evaluation of the revised Sense of Humor Scale and the construction of a parallel form. *Humor: International Journal of Humor Research, Special Issue "Festschrift for Paul McGhee – Humor Across the Lifespan, Theory, Measurement, and Applications"*, 31, 235–257. <https://doi.org/10.1515/humor-2016-0085>
- 13) Heintz, S., Ruch, W., Platt, T., Pang, D., Carretero-Dios, H., Dionigi, A., Argüello Gutiérrez, C., Brdar, I., Brzozowska, D., Chen, H.-C., Chłopicki, W., Collins, M., Ďurka, R., El Yahfoufi, N. Y., Quiroga-Garza, A., Isler, R. B., Mendiburo-Seguel, A., Ramis, T., Saglam, B., Shcherbakova, O. V., Singh, K., Stokenberga, I., Wong, P. S. O., & Torres-Marín, J. (2018). Psychometric comparisons of benevolent and corrective humor across 22 countries: The virtue gap in humor goes international. *Frontiers in Psychology: Personality and Social Psychology, Research topic "Humor and Laughter, Playfulness and Cheerfulness: Upsides and Downsides to a Life of Lightness"*, 9: 92. <https://doi.org/10.3389/fpsyg.2018.00092>
- 12) Ruch, W., Heintz, S., Platt, T., Wagner, L., & Proyer, R. T. (2018). Broadening humor: Comic styles differentially tap into temperament, character, and ability. *Frontiers in Psychology: Personality and Social Psychology, Research topic "Humor and Laughter, Playfulness and Cheerfulness: Upsides and Downsides to a Life of Lightness"*, 9: 6. <https://doi.org/10.3389/fpsyg.2018.00006>
- 11) Ruch, W., Wagner, L., & Heintz, S. (2018). Humor, the PEN model of personality, and subjective well-being: Support for differential relationships with eight comic styles. *Rivista Italiana di Studi sull'Umore*, 1(1), 31–43. Retrieved from [www.risu.biz/wp-content/uploads/2018/01/Ruch\\_et\\_al.-RISU-11-2018-31-44-1.pdf](http://www.risu.biz/wp-content/uploads/2018/01/Ruch_et_al.-RISU-11-2018-31-44-1.pdf)

## 2012–2017

- 10) Ruch, W.,\* & Heintz, S.\* (2017). Experimentally manipulating items informs on the (limited) construct and criterion validity of the Humor Styles Questionnaire. *Frontiers in Psychology: Personality and Social Psychology, Research topic "Humor and Laughter, Playfulness and Cheerfulness: Upsides and Downsides to a Life of Lightness"*, 8: 616. <https://doi.org/10.3389/fpsyg.2017.00616>

- 9) Heintz, S. (2017). Putting a spotlight on daily humor behaviors: Dimensionality and relationships with personality, subjective well-being, and humor styles. *Personality and Individual Differences*, 104, 407–412. <https://doi.org/10.1016/j.paid.2016.08.042>
- 8) Ruch, W.\*, & Heintz, S.\* (2016). The German version of the Humor Styles Questionnaire: Psychometric properties and overlap with other styles of humor. *Europe's Journal of Psychology: Special Issue "Psychological Investigations of Humor and Laughter. Honoring the Research Contributions of Professor Rod Martin"*, 12, 434–455. <https://doi.org/10.5964/ejop.v12i3.1116>
- 7) Ruch, W., & Heintz, S. (2016). The virtue gap in humor: Exploring benevolent and corrective humor. *Translational Issues in Psychological Science: Special Issue "The Psychology of Humor"*, 2, 35–45. <https://doi.org/10.1037/tps0000063>
- 6) Heintz, S., & Ruch, W. (2016). Reply to Martin (2015): Why our conclusions hold. *Humor: International Journal of Humor Research*, 29, 125–129. <https://doi.org/10.1515/humor-2015-0132>
- 5) Heintz, S. & Ruch, W. (2015). An examination of the convergence between the conceptualization and the measurement of humor styles: A study of the construct validity of the Humor Styles Questionnaire. *Humor: International Journal of Humor Research*, 28, 611–633. <https://doi.org/10.1515/humor-2015-0095>
- 4) Kray, J., Schmitt, H., Heintz, S., & Blaye, A. (2015). Does verbal labeling influence age differences in proactive and reactive cognitive control? *Developmental Psychology*, 51, 378–391. <https://doi.org/10.1037/a0038795>
- 3) Ruch, W., Martínez-Martí, M. L., Heintz, S., & Brouwers, S. A. (2014). Short form of the Orientations to Happiness Questionnaire for the German-speaking countries: Development and analysis of the psychometric properties. *Swiss Journal of Psychology*, 73, 225–234. <https://doi.org/10.1024/1421-0185/a000141>
- 2) Ruch, W., & Heintz, S. (2013). Humour styles, personality, and psychological well-being: What's humour got to do with it? *European Journal of Humour Research*, 1(4), 1–24. <https://doi.org/10.7592/EJHR2013.1.4.ruch>
- 1) Unger, K., Heintz, S., & Kray, J. (2012). Punishment sensitivity modulates the processing of negative feedback but not error-induced learning. *Frontiers in Human Neuroscience*, 6: 186. <https://doi.org/10.3389/fnhum.2012.00186>

## Book chapters

- Heintz, S., & Hofmann, J. (forthcoming). Humour. In V. P. Glaveanu (Ed.), *The Palgrave Encyclopedia of the Possible*. London, UK: Palgrave Macmillan.
- Heintz, S., Măda, S., & Săftoiu, R. (forthcoming). An overview on individual differences in humour-related traits in Romania. In M. Constantinescu, S. Măda, & R. Săftoiu (Eds.), *Romanian Humour (Humour and Culture Series)*. Krakow, Poland: Tertium.
- Ruch, W., & Heintz, S. (2019). Humor production and creativity: Overview and recommendations. In S. R. Luria, J. Baer, & J. C. Kaufman (Eds.), *Creativity and humor* (pp. 1–42). San Diego, CA: Academic Press.
- Ruch, W., & Heintz, S. (2014). Factor analysis of humor scales. In S. Attardo (Ed.), *Encyclopedia of humor studies* (Vol. 1, pp. 228–231). Thousand Oaks, CA: Sage.
- Ruch, W., & Heintz, S. (2014). Test measurements of humor. In S. Attardo (Ed.), *Encyclopedia of humor studies* (Vol. 2, pp. 759–761). Thousand Oaks, CA: Sage.

## Other publications (e.g., theses, popular science, abstracts)

- Heintz, S. (2019). Humor wirkt: Ein Einblick in die psychologische Humorforschung [Humour works: An insight into psychological humour research]. *BSO Journal (Berufsverband für Coaching, Supervision und Organisationsberatung)*, 1, 11–13.
- Linge-Dahl, L., Heintz, S., Ruch, W., & Radbruch, L. (2018). Humorinterventionen in der Palliativmedizin: Eine Literaturübersicht [Humour interventions in Palliative Care: A literature review] [abstract]. *Palliativmedizin*, 19, e20. <https://doi.org/10.1055/s-0038-1669267>
- Linge-Dahl, L., Heintz, S., Ruch, W., von Hirschhausen, E., & Radbruch, L. (2018). Humor interventions in Palliative Care: A systematic literature review [abstract]. *Palliative Medicine*, 32, 145. <https://doi.org/10.1177/0269216318769196>
- Heintz, S. (2017). *Humor styles and beyond: The role of individual differences in humor for psychosocial well-being and the importance of construct validity*. Doctoral dissertation, University of Zurich, Zurich, Switzerland. <https://opac.nebis.ch/ediss/20183406.pdf>
- Heintz, S. & Hofmann, J. (2017). War es nur Spass oder war es Spott? Beiträge aus der psychologischen Forschung zu Humor und Lachen. [Was it only a joke or was it mockery? Contributions of the psychological research on humour and laughter.] *Sticheleien im Müsigricht (anthology)* (pp. 94–105). Steinen, Switzerland: Verein Kulturplatz Müsigricht.
- Greuel, A., Lewis, C. J., Maier, F. Dano, R., Heintz, S., Ruch, W., & Eggers, C. (2017). Assessment of humor in Parkinson's disease and the effect of deep brain stimulation [abstract]. *Basal Ganglia*, 8, 5. <https://doi.org/10.1016/j.baga.2017.02.014>
- Greuel, A., Lewis, C. J., Maier, F. Dano, R., Heintz, S., Ruch, W., & Eggers, C. (2016). Assessment of humor in Parkinson's disease and the effect of deep brain stimulation [abstract]. *Movement Disorders*, 31, Supplement 2, S459–S460. Retrieved from [www.mdabstracts.org/abstract/assessment-of-humor-in-parkinsons-disease-and-the-effect-of-deep-brain-stimulation/](http://www.mdabstracts.org/abstract/assessment-of-humor-in-parkinsons-disease-and-the-effect-of-deep-brain-stimulation/)
- Heintz, S. (2013). Durch dick und dünn – Essstörungen im WWW [Through thick and thin – Eating disorders in the WWW]. *Psychotherapie im Dialog*, 14, 98–100. <https://doi.org/10.1055/s-0033-1363024>
- Heintz, S. (2013). Depression – Informationen und Hilfe aus dem Internet [Depression – Information and support on the internet]. *Psychotherapie im Dialog*, 14, 94–96. <https://doi.org/10.1055/s-0033-1353830>
- Heintz, S. (2013). Die Qual der Wahl: Ressourcen, Resilienz und Positive Psychologie im WWW [Spoilt for choice: Resources, resilience, and positive psychology in the WWW]. *Psychotherapie im Dialog*, 14, 84–88. <https://doi.org/10.1055/s-0033-1337102>
- Heintz, S., & Wunder, N. (2012). Mit der Lizenz zum Testen: Testverfahren aus dem Internet [With the license to testing: Test procedures on the internet]. *Psychotherapie im Dialog*, 13, 81–85. <https://doi.org/10.1055/s-0031-1298939>
- Heintz, S. (2011). *Fehlerverarbeitung beim Verstärkungslernen: Elektrophysiologische Korrelate und deren affektiv-motivationale Modulation* [Error-processing in reinforcement learning: Electrophysiological correlates and their affective-motivational modulation]. Unpublished Diplom thesis, Saarland University, Saarbrücken, Germany.

## Organized symposia

- Heintz, S. (2019, July). *Rediscovering "character" in personality psychology*. Invited symposium at the 2019 conference of the International Society for the Study of Individual Differences (ISSID) Florence, Italy, July 29–August 2, 2019.
- Heintz, S. (2019, July). *Character strengths, life satisfaction, and work-related outcomes*. Symposium at the 6<sup>th</sup> World Congress on Positive Psychology, Melbourne, Australia, July 18–21, 2019.

**Heintz, S.** (2019, May). *Humor as a temperament, intervention, stimulus, and trait: An interdisciplinary perspective on the psychology of humor*. Symposium at the 31<sup>th</sup> Association for Psychological Science (APS) Annual Convention, Washington, DC, USA, May 23–26, 2019.

**Heintz, S.** (2018, June). *Current topics in the psychology of humor*. Symposium at the 30<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Tallinn, Estonia, June 25–29, 2018.

## **Presentations**

### **Invited talks and workshops**

**Heintz, S.** (2019, October). *Why should we care about humour? Current research and interventions in health, education, and at the workplace*. Invited talk at the *Ecole de Psychologues Praticiens Institut Catholique de Paris*, October 14, 2019.

**Heintz, S.** (2019, September). *Comic styles and personality*. Invited talk in the class "Psychology of humor – An international approach", Western Carolina University and Universidad Andrés Bello, September 30, 2019.

**Heintz, S.** (2019, July). *An update on individual differences and measurement of humour*. Invited talk at the Australasian Humour Studies Network (AHSN) seminar on Humour and Positive Psychology, Melbourne, July 22, 2019.

**Heintz, S.** (2019, June). *Humour, virtue, and wellbeing: An overview of current research and applications*. Invited talk at the Ethics and Wellbeing Hub of the University of Melbourne, Melbourne, Australia, June 28, 2019.

**Heintz, S.** (2019, February). *An introduction to humor and laughter*. Invited talk at the Faculty Retreat of the EPFL School of Life Sciences, Villars-sur-Ollon, Switzerland, February 7, 2019.

**Heintz, S.** (2019, January). *Was ist Humor und wie kann er uns helfen? [What is humour and how can it help us?]*. Invited talk at the 7<sup>th</sup> Network Meeting on Mental Health of the Canton of Zug, Zug, Switzerland, January 24, 2019.

**Heintz, S.** (2018, December). *Humor in der klinisch-psychologischen Beratung und Therapie [Humour in clinical-psychological counseling and therapy]*. Invited talk at the Psychology Update Refresher, Forum for Medical Training, Zurich, Switzerland, December 5, 2018.

Revelle, W., Condon, D. M., & **Heintz, S.** (2018, September). *Assessing personality with massively missing completely at random data: An information theoretic approach*. Part of an Experts Meeting on Personality Measurement, Edinburgh, U.K., September 6–8. Slides available at <https://personality-project.org/revelle/presentations/rch.experts.18.pdf>

**Heintz, S.** (2017, December). *Humor und psychische Gesundheit [Humour and mental health]*. Invited talk at the Psychology Update Refresher, Forum for Medical Training, Zurich, Switzerland, December 6, 2017.

Platt, T., & **Heintz, S.** (2017, July). *The Facial Action Coding System (FACS): Some basics and its applications*. Invited workshop at the 17<sup>th</sup> International Summer School and Symposium on Humor and Laughter: Theory, Research and Applications, West Lafayette, IN, USA, July 17–22, 2017.

**Heintz, S.** (2017, July). *Validity studies of the Humor Styles Questionnaire*. Invited talk at the 17<sup>th</sup> International Summer School and Symposium on Humor and Laughter: Theory, Research and Applications, West Lafayette, IN, USA, July 17–22, 2017.

Gander, F. & **Heintz, S.** (2016, November). *Messinstrumente in der Positiven Psychologie [Measures in Positive Psychology]*. Invited workshop at the Swiss Positive Psychology Association (SWIPPA) Congress 2016, Zurich, Switzerland, November 25, 2016.

**Heintz, S.**, & Pang, D. (2016, July). *The Facial Action Coding System (FACS): Some basics and its applications*. Invited workshop at the 16<sup>th</sup> International Summer School and Symposium on Humor and Laughter: Theory, Research and Applications, Brasov, Romania, July 4–9, 2016.

**Heintz, S.**, & Ruch, W. (2016, July). *What humor tells about a person*. Invited talk at the 16<sup>th</sup> International Summer School and Symposium on Humor and Laughter: Theory, Research and Applications, Brasov, Romania, July 4–9, 2016.

- Heintz, S.** & Ruch, W. (2016, July). *Measurement of humor*. Invited talk at the 16<sup>th</sup> International Summer School and Symposium on Humor and Laughter: Theory, Research and Applications, Brasov, Romania, July 4–9, 2016.
- Heintz, S.** (2016, June). *Psychologische Forschung zum Nonsens [Psychological research on nonsense]*. Invited talk at the Symposium on Silliness, Nonsense, and Absurdity, Zurich, Switzerland, June 17–18, 2016.
- Heintz, S.** (2016, June). *Sinn für Humor: Jeder will ihn! Aber wer hat ihn, und wozu ist er gut? [Sense of humour: Everyone wants it! But who has it, and what is its use?]*. Invited talk at the Rotary Club Chur, Chur, Switzerland, June 14, 2016
- Heintz, S.** (2016, January). *Macht Humor uns glücklich? Aktuelle Ergebnisse der Forschung zu Humor und Wohlbefinden [Does humour make us happy? Current findings from research on humour and well-being]*. Invited talk at the Rotary Club Zurich Turicum, Zurich, Switzerland, January 27, 2016.
- Heintz, S.** (2016, January). *Was erheitert wen und warum? [What amuses whom and why?]*. Invited talk and plenary discussion at the Café scientifique, University of Basel, Basel, Switzerland, January 10, 2016.
- Heintz, S.** (2013, May). *An inquiry into humor styles*. Presentation at the colloquium of the mid-level faculty of Psychology, University of Zurich, Switzerland, May 22, 2013.

#### **Paper presentations and symposium contributions** [+ denotes supervised students]

- Heintz, S.** (2019, November). *Vorhersage von Wohlbefinden durch Charakter und Persönlichkeit [Predicting well-being with character and personality]*. Presentation at the Swiss Positive Psychology Association (SWIPPA) Congress 2019, Bern, Switzerland, November 29, 2019.
- Vylobkova, V.+, **Heintz, S.**, & Ruch, W. (2019, November). *Wie ähnlich sind Persönlichkeit und Charakter? Vergleich von Selbst- und Fremdeinschätzungen [How similar are personality and character? A comparison of self- and peer-reports]*. Presentation at the Swiss Positive Psychology Association (SWIPPA) Congress 2019, Bern, Switzerland, November 29, 2019.
- Vylobkova, V.+, **Heintz, S.**, & Gander, F. (2019, September). *Strengths-based interventions in Positive Psychology: Open questions and new directions*. Symposium contribution at the 16<sup>th</sup> Congress of the Swiss Psychological Society, Bern, Switzerland, September 9–11, 2019.
- Heintz, S.** (2019, August). *Separating affect, behavior, cognition, desire, and content in humor: Factor structure and relations to humor-eliciting situations*. Presentation at the 2019 conference of the International Society for the Study of Individual Differences (ISSID), Florence, Italy, July 29–August 2, 2019.
- Vylobkova, V.+, **Heintz, S.**, & Gander, F. (2019, July). *Strengths-based interventions: An overview and implications for interventions addressing character and other personality traits*. Symposium contribution at the 2019 conference of the International Society for the Study of Individual Differences (ISSID), Florence, Italy, July 29–August 2, 2019.
- Heintz, S.** (2019, July). *Predicting flourishing from the Big Five personality traits and 24 character strengths: On the incremental validity of positive traits*. Symposium contribution at the 2019 conference of the International Society for the Study of Individual Differences (ISSID), Florence, Italy, July 29–August 2, 2019.
- Heintz, S.** (2019, July). *Character strengths and job satisfaction: A comparison of eight occupational groups*. Symposium contribution at the 6<sup>th</sup> World Congress on Positive Psychology, Melbourne, Australia, July 18–21, 2019.
- Vylobkova, V.+, **Heintz, S.**, & Gander, F. (2019, May). *Stärkenbasierte Interventionen und deren Anwendung im klinischen Kontext [Strength-based interventions and their application in the clinical context]*. Symposium contribution at the 11<sup>th</sup> Workshop Congress for Clinical Psychology and Psychotherapy and the 37<sup>th</sup> Symposium of the Expert Section on Clinical Psychology and Psychotherapy of the German Psychological Society, Erlangen, Germany, May 29–June 1, 2019.

- Heintz, S.** (2019, May). *The ABCD of humor: Which aspects of humor traits matter the most for the Big Five and subjective well-being?* Symposium contribution at the 31<sup>th</sup> Association for Psychological Science (APS) Annual Convention, Washington, DC, USA, May 23–26, 2019.
- Vylobkova, V., **Heintz, S.**, & Gander, F. (2018, November). *Stärkenbasierte Interventionen in der Positiven Psychologie [Strength-based interventions in positive psychology]*. Symposium contribution at the Swiss Positive Psychology Association (SWIPPA) Congress 2018, Lucerne, Switzerland, November 30, 2018.
- Heintz, S.** (2018, November). *Charakterstärken und Arbeitszufriedenheit [Character strengths and job satisfaction]*. Symposium contribution at the Swiss Positive Psychology Association (SWIPPA) Congress 2018, Lucerne, Switzerland, November 30, 2018.
- Heintz, S.**, & Ruch, W. (2018, June). *Six humor skills and their overlaps with humor-related traits and life satisfaction*. Presentation at the 30<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Tallinn, Estonia, June 25–29, 2018.
- Heintz, S.** (2018, June). *Benevolent and corrective humor: A cross-cultural study with the BenCor*. Presentation at the 30<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Tallinn, Estonia, June 25–29, 2018.
- Hofmann, J., **Heintz, S.**, Pang, D., & Ruch, W. (2018, June). *Humor and mindfulness: Siblings at heart?* Symposium contribution at the 30<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Tallinn, Estonia, June 25–29, 2018.
- Heintz, S.** (2017, November). *Personen mit hohen Werten im selbstherabsetzenden Humorstil erleben mehr positive als negative Gefühle – Eine multimethodale Studie [High scorers in the self-defeating humor style experience more positive than negative feelings – A multi-method study]*. Presentation at the Swiss Positive Psychology Association (SWIPPA) Congress 2017, Zurich, Switzerland, November 24, 2017.
- Heintz, S.**, & Ruch, W. (2017, July). *Which role does humor play in the Humor Styles Questionnaire?* Presentation at the 29<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Montreal, Canada, July 10–14, 2017.
- Heintz, S.** (2017, July). *What are high scorers in the self-defeating humor style like? They make fun of themselves, they improve their relationships with others, and they see themselves positively*. Presentation at the 29<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Montreal, Canada, July 10–14, 2017.
- Heintz, S.**, & Ruch, W. (2017, July). *On the overlap between humor styles and comic styles*. Presentation at the 29<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Montreal, Canada, July 10–14, 2017.
- Heintz, S.**, & Ruch, W., Platt, T., Proyer, R. T., & Wagner, L. (2017, July). *Psychometric properties of a newly developed questionnaire assessing individual differences in eight comic styles*. Presentation at the 14<sup>th</sup> European Conference on Psychological Assessment, Lisbon, Portugal, July 6–8, 2017.
- Heintz, S.**, & Ruch, W. (2017, July). *What can cognitive interviewing tell us about the construct validity of a scale? An exemplification with the self-defeating humor style*. Presentation at the 14<sup>th</sup> European Conference on Psychological Assessment, Lisbon, Portugal, July 6–8, 2017.
- Rawlings, M., Findlay, B. & **Heintz, S.** (2017, February). *Australians think they are humorously self-deprecating, but do Germans laugh at themselves?* Presentation at the 23<sup>rd</sup> Australasian Humour Studies Network (AHSN) Conference, Federation University Australia, Ballarat, Australia, February 1-3, 2017.
- Heintz, S.**, & Ruch, W. (2016, November). *Self-defeating humor style: (Not) A measure for humor as a character strength*. Presentation at the Swiss Positive Psychology Association (SWIPPA) Congress 2016, Zurich, Switzerland, November 25, 2016.

- Heintz, S.** (2016, June). *Seven dimensions of everyday humor behaviors and their relationships with personality, humor styles, and subjective well-being*. Presentation at the 28<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Dublin, Ireland, June 27–July 1, 2016.
- Heintz, S.** (2015, September). *Vier Ansätze zur Testung der Konstruktvalidität: Eine kritische Analyse des Humor Styles Questionnaire (HSQ) [Four approaches to test construct validity: A critical analysis of the Humor Styles Questionnaire (HSQ)]*. Presentation at the 13<sup>th</sup> Expert Conference of the Section on Personality Psychology and Psychological Assessment (DPPD), Mainz, Germany, September 21–23, 2015.
- Heintz, S.** (2015, September). *Is your humor social, mocking, inept, or cognitive? On the dimensionality of the sense of humor*. Presentation at the 14<sup>th</sup> Congress of the Swiss Psychological Society (SGP), Geneva, Switzerland, September 8–9, 2015.
- Heintz, S., & Ruch, W.** (2015, July). *Do others know my sense of humor? The self-peer convergence of comic and humor styles*. Presentation at the 13<sup>th</sup> European Conference on Psychological Assessment (ECPA), Zurich, Switzerland, July 22–25, 2015.
- Heintz, S.** (2015, June). *The relationship between subjective well-being, humor styles, and humor behaviors: Maladaptive styles, adaptive behaviors?* Presentation at the 27<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Oakland, CA, USA, June 29–July 3, 2015.
- Heintz, S., & Ruch, W.** (2015, June). *An investigation of the construct validity of humor styles and virtue-related humor with three methods*. Presentation at the 27<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Oakland, CA, USA, June 29–July 3, 2015.
- Argüello Gutiérrez, C., **Heintz, S.**, Carretero Dios, H., & Ruch, W (2014, November). *El contexto social importa: Diferencias culturales en la apreciación del humor Político en España y Suiza [The social context is important: Cultural differences in the appreciation of political humor in Spain and Switzerland]*. Presentation at the XII Congreso Nacional de Psicología Social, Seville, Spain, November 20–22, 2014.
- Heintz, S.** (2014, July). *Individual differences in comic styles and their relation to personality: On witty extraverts and humorless neurotics*. Presentation at the 17<sup>th</sup> European Conference on Personality (ECP17), Lausanne, Switzerland, July 15–19, 2014.
- Heintz, S.** (2014, July). *Predicting everyday humor behaviors with questionnaires: Evidence for convergent and discriminant validity?* Symposium contribution at the 26<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Utrecht, the Netherlands, July 7–11, 2014.
- Heintz, S.** (2014, July). *Separating content and structure in the appreciation of jokes and cartoons: A pilot study*. Presentation at the 26<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Utrecht, the Netherlands, July 7–11, 2014.
- Heintz, S.** (2014, July). *Humor and subjective well-being: A comparative analysis of humor styles and daily humor behaviors*. Symposium contribution at the 7th European Conference on Positive Psychology (ECP17), Amsterdam, the Netherlands, July 1–4, 2014.
- Heintz, S.** (2013, July). *Is self-defeating humor actually self-defeating? Relations to personality and well-being reconsidered*. Presentation at the 13<sup>th</sup> International Summer School and Symposium on Humour and Laughter: Theory, Research and Applications, Magdeburg, Germany, July 22–27, 2013.
- Heintz, S., & Ruch, W.** (2013, July). *Examination of the construct validity of the Humor Styles Questionnaire*. Symposium contribution at the 12<sup>th</sup> European Conference on Psychological Assessment (ECPA12), Donostia-San Sebastian, Spain, July 17–20, 2013.
- Heintz, S., & Ruch, W.** (2013, July). *Personality correlates of benevolent and corrective humor and its relation to subjective well-being*. Presentation at the 25<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Williamsburg, VA, USA, July 2–5, 2013.

- Heintz, S.** (2013, July). *What is a humor style? Convergence of different sources*. Presentation at the 25<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Williamsburg, VA, USA, July 2–5, 2013.
- Heintz, S.** (2013, July). *Humor styles, depression, self-esteem, and optimism – Unraveling the effects of humor and personality*. Presentation at the 25<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Williamsburg, VA, USA, July 2–5, 2013.
- Kray, J., Lehner, S., **Heintz, S.**, Schmitt, H. Lucenet, J., & Blaye, A. (2011, September). *Altersunterschiede in der Modulierung kognitiver Kontrolle durch verbale Selbstinstruktionen* [Age differences in the modulation of cognitive control by verbal self-instructions]. Presentation at the 20<sup>th</sup> Expert Conference on Developmental Psychology of the German Psychological Society (DGP), Erfurt, Germany, September 12–14, 2011.

#### **Poster presentations** [+ denotes supervised students]

- Heintz, S.** (2019, July). *Benevolent and corrective humor: The relationship of virtue-related humor with character strengths and subjective well-being*. Poster presented at the 6<sup>th</sup> World Congress on Positive Psychology, Melbourne, Australia, July 18–21, 2019.
- Vylobkova, V.+, **Heintz, S.**, & Ruch, W. (2019, May). *Relationships between character strengths and (psychological) flexibility in the workplace and their relevance for adaptive performance and life-domain-balance*. Poster presented at the Master and Doctorate Congress (MaDoKo) 2019 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 28, 2019.
- Hulik, M.+, & **Heintz, S.** (2019, May). *Connecting creativity, intelligence and personality to typical and maximal humor behavior*. Poster presented at the Master and Doctorate Congress (MaDoKo) 2019 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 28, 2019.
- Martini, A.+, **Heintz, S.**, & Ruch, W. (2019, May). *Die Rolle von Charakterstärken bei Auslandserfahrungen* [The role of character strengths in sojourning experiences]. Poster presented at the Master and Doctorate Congress (MaDoKo) 2019 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 28, 2019.
- Heintz, S.** (2019, May). *Character strengths and job satisfaction: Differential relationships across the adult life span*. Poster presented at the 31<sup>th</sup> Association for Psychological Science (APS) Annual Convention, Washington, DC, USA, May 23–26, 2019.
- Lagattolla, M.+, & **Heintz, S.** (2018, November). *Zum Zusammenhang zwischen Charakterstärken und Flourishing* [On the relationship between character strengths and flourishing]. Poster presented at the Swiss Positive Psychology Association (SWIPPA) Congress 2018, Lucerne, Switzerland, November 30, 2018.
- Linge-Dahl, L., **Heintz, S.**, Ruch, W., & Radbruch, L. (2018, September). *Humorinterventionen in der Palliativmedizin: Eine Literaturübersicht* [Humor interventions in Palliative Care: A literature review]. Poster presented at the 12<sup>th</sup> Congress of the German Association for Palliative Care (DGP), Bremen, Germany, September 5–8, 2018.
- Heintz, S.**, & Ruch, W. (2018, June). *Research on humor production and creativity: An overview*. Poster presented at the 30<sup>th</sup> International Society for Humor Studies (ISHS) Conference, Tallinn, Estonia, June 25–29, 2018.
- Linge-Dahl, L., **Heintz, S.**, Ruch, W., von Hirschhausen, E., & Radbruch, L. (2018, May). *Humor interventions in Palliative Care: A systematic literature review*. Poster presented at the 10<sup>th</sup> World Research Congress of the European Association for Palliative Care (EAPC), Bern, Switzerland, May 23–26, 2018.
- Heintz, S.**, Ruch, W., & Wagner, L. (2018, April). *Humor and happiness: Differential relationships of eight comic styles with subjective well-being and satisfaction with different life domains*. 28<sup>th</sup> Poster presented at the Annual Conference of the Association for Applied and Therapeutic Humor, San Diego, CA, USA, April 12–15, 2018.

- Sağlam, B., & Heintz, S. (2017, July). *Two virtue-related facets of humor for humor-based interventions: The adaptation of the BenCor questionnaire in Turkish*. Poster presented at the 15<sup>th</sup> European Congress of Psychology, Amsterdam, the Netherlands, July 11–14, 2017.
- Heintz, S. (2017, May). *Which emotions are associated with experiences of the self-defeating humor style? Evidence from self-reports and facial displays of emotion*. Poster presented at the Master and Doctorate Congress (MaDoKo) 2017 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 31, 2017.
- Kramm, C., Heintz, S., & Ruch, W. (2017, May). *Warum Frauen gut zuhören: Eine Metaanalyse zu Geschlechtsunterschieden in Charakterstärken [Why women are good listeners: A meta-analysis of gender differences in character strengths]*. Poster presented at the Master and Doctorate Congress (MaDoKo) 2017 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 31, 2017.
- Linge-Dahl, L., Ruch, W., Heintz, S., von Hirschhausen, E., & Radbruch, L. (2017, May). *Putting a smile on their face – Effects of humour interventions on palliative care patients*. Poster presented at the 9<sup>th</sup> World Congress of the European Association for Palliative Care (EAPC), Madrid, Spain, May 18–20, 2017.
- Greuel, A., Lewis, C. J., Maier, F. Dano, R., Heintz, S., Ruch, W., & Eggers, C. (May, 2017). *Erfassung der Humorwahrnehmung bei Parkinson Patienten mit und ohne tiefer Hirnstimulation [Assessment of humor perception in Parkinson's patients with and without deep brain stimulation.]* Poster presented at the 10<sup>th</sup> German Congress for Parkinson's Disease and Other Movement Disorders, Baden-Baden, Germany, May 4–6, 2017.
- Kramm, C., Heintz, S., & Ruch, W. (2016, November). *Haben Frauen einen anderen Charakter als Männer? Eine Metaanalyse zu Geschlechtsunterschieden in Charakterstärken. [Do women and men have a different character? A meta-analysis of gender differences in character strengths.]* Poster presented at the Swiss Positive Psychology Association (SWIPPA) Congress 2016, Zurich, Switzerland, November 25, 2016.
- Greuel, A., Lewis, C. J., Maier, F. Dano, R., Heintz, S., Ruch, W., & Eggers, C. (2016, June). *Assessment of humor in Parkinson's disease and the effect of deep brain stimulation*. Poster presented at the 20<sup>th</sup> International Congress of Parkinson's Disease and Movement Disorders, Berlin, Germany, June 19–23, 2016.
- Steiner, J., & Heintz, S. (2016, May). *Übereinstimmung verschiedener Arten von Humor im Selbstbericht und in Verhaltensmassen [Convergence of different kinds of humor in self-reports and behavior measures]*. Poster presented at the Master and Doctorate Congress (MaDoKo) 2016 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 25, 2016.
- Diemer, L., & Heintz, S. (2016, May). *Leistungs- und persönlichkeitsbezogene Korrelate verschiedener Arten des Sinnes für Humor [Ability and personality correlations of different kinds of the sense of humor]*. Poster presented at the Master and Doctorate Congress (MaDoKo) 2016 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 25, 2016.
- Heintz, S. (2016, May). *Self- and peer-reports of the Humor Styles Questionnaire: Construct validity in a 4 × 4 multitrait-multimethod analysis*. Poster presented at the Master and Doctorate Congress (MaDoKo) 2016 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 25, 2016.
- Heintz, S., & Ruch, W. (2015, November). *Moral humor and character strengths: Distinctive strengths related to two types of humor aiming at the good*. Poster presented at the Swiss Positive Psychology Association (SWIPPA) Congress 2015, Zurich, Switzerland, November 27, 2015.
- Hürzeler, C., Heintz, S., & Ruch, W. (2015). *Welche Dimensionen hat Sinn für Humor? Evidenz aus Selbst- und Fremdbereichten [Which dimensions does the sense of humor have? Evidence from self- and other-reports]*. Poster presented at the Licentiate, Master, and Doctorate Congress (LiMaDoKo) 2015 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 26, 2015.

- Heintz, S., & Ruch, W.** (2014, May). *Are aggressive contents relevant in the appreciation of humor? Evidence from structural equation modeling.* Poster presented at the Licentiate, Master, and Doctorate Congress (LiMaDoKo) 2014 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 22, 2014.
- Heintz, S., & Ruch, W.** (2013, September). *Understanding the difference between laughing at yourself and self-defeating humor: A personality analysis.* Poster presented at the 13<sup>th</sup> Congress of the Swiss Psychological Society (SGP), Basel, Switzerland, September 11–12, 2013.
- Heintz, S., & Ruch, W.** (2013, July). *Separating content and context in questionnaire items: How much substance, how much noise?* Poster presented at the 12<sup>th</sup> European Conference on Psychological Assessment (ECPA12), Donostia-San Sebastian, Spain, July 17–20, 2013.
- Heintz, S., & Ruch, W.** (2013, May). *A multitrait-multimethod analysis of four humor styles.* Poster presented at the Licentiate, Master, and Doctorate Congress (LiMaDoKo) 2013 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 30, 2013.
- Heintz, S., Unger, K., & Kray, J.** (2012, May). *What role does the Error Positivity play? A test of the behavioral adaptation vs. affective processing account.* Poster presented at the Licentiate, Master, and Doctorate Congress (LiMaDoKo) 2012 of the Department of Psychology, University of Zurich, Zurich, Switzerland, May 31, 2012.
- Kray, J., Schmitt, H., **Heintz, S.**, & Blaye, A. (2012, April). *Can verbalizations modulate cognitive control strategies during context updating? A life span study.* Poster presented at the 14<sup>th</sup> Cognitive Aging Conference (CAC), Atlanta, GA, USA, April 19-22, 2012.
- Speidel, V., **Heintz, S.**, Willms, L., Hayer, L., Greß, H., & Köllner, V. (2012, March). *Einstellung von Studierenden zum Erlernen kommunikativer Fertigkeiten – Validierung der deutschsprachigen Version der Communication Skills Attitude Scale (CSAS-D)* [Students' attitudes to the learning of communication skills – Validation of the German version of the Communication Skills Attitude Scale (CSAS-D)]. Poster presented at the German Congress on Psychosomatic Medicine and Psychotherapy, Munich, Germany, March 28–31, 2012.

## Media appearances

- 2016: Interview for *Radio SRF 1* (“Treffpunkt“) on “Das älteste Kind – ein Leben lang” (The oldest child—for a lifetime.) Available at [www.srf.ch/sendungen/treffpunkt/das-aelteste-kind-ein-leben-lang](http://www.srf.ch/sendungen/treffpunkt/das-aelteste-kind-ein-leben-lang)
- 2019: Interview for the *Hessian Broadcasting Corporation* („hr2-Kultur der Tag“) on “Humor ist, wenn man trotzdem lacht! Wie witzig ist die Fassenacht?” (Having a sense of humor means looking on the bright side! How funny is carnival?) Available at [www.hr2.de/gespraech/der-tag/podcast-der-tag/index.html](http://www.hr2.de/gespraech/der-tag/podcast-der-tag/index.html)
- 2019: Interview for the *UZHmagazin* (no. 1/2019, pp. 26–42), cover story on “Gut lachen: Was Humor kann” (Laughing well: What humour can do.) Available at [www.magazin.uzh.ch/de/issues/magazin-19-1/gutlachen.html](http://www.magazin.uzh.ch/de/issues/magazin-19-1/gutlachen.html)
- 2019: Interview for the magazine “Schweizer Bauer” (*Swiss farmer*; issue from May 11<sup>th</sup> 2019, pp. 15–17), documentation on humour. Available at [www.schweizerbauer.ch/artikel\\_23197.html](http://www.schweizerbauer.ch/artikel_23197.html)