

## PUBLICATIONS WILLIBALD RUCH (March 2019)

### Books

- Ruch, W., Bakker, A. B., Tay, L. & Gander, F. (in preparation). *Handbook of Positive Psychology Assessment*. Göttingen, Germany: Hogrefe.
- Suru, A., Vlăduțescu, G., Dima, T., Friedmann, J. R., Henschke, J. A., Ruch, W., Sandu, D., Siekmann, R. C. R., Swann, J., Botez, A., Jurcău, N., & Dorbresc, E. M. (Eds.). (2010). *Anuarul Institutului de Istorie "George Barițiu" din Cluj-Napoca* [Yearbook of "G. Barițiu" History Institute from Cluj-Napoca], *Series Humanistica* (Vol. VIII). Bucharest, RO: Academy Publishing House.
- Carretero-Dios, H., & Ruch, W. (2009) (Eds). *Program Book. 9th International Summer School and Symposium on Humour and Laughter: Theory, research and applications. 29 June-4 July, 2009. Granada (Spain)*. Granada, Spain: Ediciones Sider.
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- Hehl, F.-J., Ebel, V., & Ruch, W. (1985) (Eds.). *Diagnostik und Evaluation bei betrieblichen, politischen und juristischen Entscheidungen* [The Diagnostics and Evaluation of Corporate, Political, and Legal Decisions]. Bonn, Germany: Deutscher Psychologen Verlag.
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### Manuals

- Jungo, D., Ruch, W., & Zihlmann, R. (with Harzer, C., & Albrecht, E.) (2008). *Das VIA-IS ("Values in Action Inventory of Strengths"), ein Instrument zur Erfassung von Charakterstärken. Informationen und Interpretationshilfen für die Berufs-, Studien- und Laufbahnberatung*. Bern, Switzerland: SDBB Verlag.
- Ruch, W. (in prep.). *Eysenck Personality Questionnaire-revised-EPQ-R (Deutsche Fassung) und Deutsche Kurzfassung EPQ-RK. (Paper & Pencil - version). Handanweisung*.

### Journal Articles and Chapters in Edited Books

- Magallares, A., Martínez-Martí, M. L., Fuster Ruiz de Apodaca, M. J., & Ruch, W. (in press). Character strengths and subjective well-being in Spain: Structure and correlates. *Personality and Individual Differences*.
- Ruch, W., & Heintz, S. (in press). On the dimensionality of humorous conduct and their association with humor traits and behaviors. *Humor: International Journal of Humor Research*.
- Hofmann, J., Heintz, S., Pang, D., & Ruch, W. (2019). Differential relationships of light and darker forms of humor with mindfulness. *Applied Research in Quality of Life, Special Issue "Character strengths, well-being, and health in educational and vocational settings"*. Advance online publication. doi:10.1007/s11482-018-9698-9
- Pang, D. & Ruch, W. (2019). Fusing character strengths and mindfulness interventions: Benefits for job satisfaction and performance. *Journal of Occupational Health Psychology, 24*(1), 150–162. doi:10.1037/ocp0000144
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### Invited Lectures and Papers delivered at professional Meetings

About 100 invited plenary talks at scientific conferences in Europe, USA and Asia;

> 350 talks at conferences, meetings, research colloquia in Europe, USA and Asia.

Selected talks 2000-2005

- Ruch, W. (2005). Four talks/podium discussions/workshops at conference of the Chilean society of psychology. *Psycoterapia y Emotions*. Renaca, Chile, 4-6 August, 2005.  
<http://www.sonepsyn.cl/encuentropsicoterapia/>  
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- Ruch, W. (2005). Fünf Dekaden Eysenck-Inventare im Zeitraffer: Eine psychometrische Analyse von Fragebogenmarkern des PEN-Modells. 8. Arbeitstagung der Fachgruppe für Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik an der Philipps-Universität Marburg am 26. und 27. September 2, 2005 <http://www.uni-marburg.de/dppd2005/>
- Ruch, W. (2005). The Positive Psychology of Humor. Positive Psychology Summit 2005, Washington, DC, September 29 to October 2, 2005. <http://www.gallupippi.com/>
- Ruch, W. (with Hempelmann, Ch) (2005). 3 WD Meets GTVH: Breaking the Ground for Interdisciplinary Humor Research. ISHS 2005, June 13-17, 2005, Youngstown, OH, USA.  
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- Ruch, W. (2004). Ästhetik, das Komische und die Person. VII. internationaler Kongress der Gesellschaft für Theaterwissenschaft veranstaltet vom Institut für Theater-, Film- und Medienwissenschaft an der Universität Wien. KOMIK. Ästhetik, Theorien, Vermittlungsstrategien, Renaissancetheater/ Theater der Jugend Wien, 4.-7. November 2004.  
<http://www.univie.ac.at/theaterwissenschaft/theaterkongress/tagungsprogramm.htm>
- Ruch, W. (2003). Humor research issues: passed milestones and fruitless shortcuts. *Invited Key note lecture* at the ISHS 15th Humor Conference, Northeastern Illinois University, Chicago, Illinois, USA, 8.-12. Juli 2003.
- Ruch, W. (2003). Sense of humor as a personality characteristic. *Invited Keynote lecture* at the 11th Biennial Meeting of the International Society for the Study of Individual Differences, Graz, Austria, 13.-17. July, 2003.
- Ruch, W. (2003). Will the real primaries of Psychoticism please stand up: The factor space covered by various P-scales, the EPP, and trait adjectives. 8. Kongress der Schweizer Gesellschaft für Psychologie, Bern, 14. - 15. Oktober 2003.
- Ruch, W. (2002). Computers with a personality? Lessons to be learned from studies of the psychology of humor. *Invited lecture* at: The April Fools' Day Workshop on Computational Humour. Challenging issues for natural communication systems, April 15-16, 2002, ITC-irst, Trento, ITALY.



Ruch, W. (2002). State of the art in humour research. (Presidential address). 21th International Humor Conference and the 14th Conference of the International Society for Humor Studies, Forli, July 3-7, 2002

Ruch,W. Positive psychology and humor. Positive Psychology Summit 2002--first international. Washington, D.C., USA, Oct. 6-9, 2002.

### Contributions to books

- Hofmann, J., & Ruch, W. (in press). Moving forward in fostering humor: Towards training lighter forms of humour in multicultural contexts. In L. van Zyl and S. Rothmann (Eds.), *Positive psychological intervention design and protocols for multi-cultural contexts*. Dordrecht, NL: Springer International.
- Ruch, W., & Wagner, L. (in press). Character building and adolescent development. In S. Hupp, & J. Jewell (Eds.), *The Encyclopedia of Child and Adolescent Development*. New Jersey: Wiley.
- Ruch, W. (in press). Domains of humor. In S. Attardo (Ed.), *Script-based semantics: Foundations and applications. A Festschrift for Victor Raskin*. Berlin: Mouton De Gruyter.
- Platt, T., Hofmann, J., Ruch, W., & Proyer, R. T. (in press). Duchenne display responses towards sixteen enjoyable emotions: Individual differences between no and high fear of being laughed at. In P. Ekman, & E. L. Rosenberg (Eds.), *What the face reveals: Basic and applied studies of spontaneous expression using the Facial Action Coding System*. Oxford, UK: Oxford University Press.
- Hofmann, J., & Ruch, W. (in press). Cheerfulness. In S. Lopez (Ed.) *Encyclopedia of Positive Psychology, 2<sup>nd</sup> edition*. Hoboken, NJ: Wiley.
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- Ruch, W., & Gander, F. (2018). Positive Psychologie. In C.-W. Kohlmann, C. Salewski, & M. Wirtz (Eds.), *Psychologie in der Gesundheitsförderung* (pp. 227-239). Bern, Switzerland: Hogrefe.
- Ruch, W., & Proyer, R. T. (2017). Stärkenorientierte Interventionen. In R. Frank (Ed.), *Therapieziel Wohlbefinden: Ressourcen aktivieren in der Psychotherapie* (3. Aufl., S. 109-119). Berlin, Deutschland: Springer. doi:10.1007/978-3-662-53471-7\_8
- Ruch, W., & Hofmann, J. (2017). Psychologie, Medizin, Hirnforschung. In U. Wirth (Ed.), *Handbuch der Komik*. Stuttgart: J. B. Metzler.
- Ruch, W., & Hofmann, J. (2017). Fostering humour. In C. Proctor (Ed.), *Positive psychology interventions in practice* (pp. 65–80). New York: Springer. doi:10.1007/978-3-319-51787-2\_5
- Dupont, S. Cakmak, H., Curran, W., Dutoit, Th., Hofmann, J., McKeown, G., Pietiquin, O., Platt, T., Ruch, W., & Urbain, J. (2016). Laughter Research: A review of the ILHAIRE Project. In A. Esposito & L. C. Jain (Eds.), *Toward robotic socially believable behaving systems - volume I* (pp. 147–181). Springer International Publishing. doi:10.1007/978-3-319-31056-5\_9

### Oral contributions to international conferences

Several invited plenary talks at scientific conferences, and talks at conferences, meetings, and research colloquia in Europe, USA and Asia.

### Outreach activities (e.g. public engagement in science, technology and knowledge transfer activities, scientific art performances, etc.)

- 50 appearances in the media (newspapers, radio, television) in the last five years

### General contributions to science (e.g. spokesperson for international experiments, leader of international expeditions, founder of international networks and training programmes, etc.)

- Foundation of the Swiss Positive Psychology Association (SWIPPA) in 2014 for the dissemination of research findings and collaboration within and between research and practice
- Design of a post-graduate program on Positive Psychology (Certificate of Advanced Studies in Positive Psychology) at the University Zurich in 2015