

Journal articles (with peer-review)

- Gander, F., Hofmann, J., & Ruch, W. (2020). Character strengths: Person-environment fit and relationships with job and life satisfaction. *Frontiers in Psychology, 11*.
<https://doi.org/10.3389/fpsyg.2020.01582>
- Giuliani, F., Ruch, W., & Gander, F. (2020). Does the excellent enactment of highest strengths reveal virtues? *Frontiers in Psychology, 11*. <https://doi.org/10.3389/fpsyg.2020.01545>
- Gander, F., Proyer, R. T., Hentz, E., & Ruch, W. (2020). Working mechanisms in positive interventions: A study using daily assessment of positive emotions. *The Journal of Positive Psychology*. Manuscript accepted for publication.
- Ruch, W., Niemiec, R. M., McGrath, Robert E, Gander, F., & Proyer, R. T. (2020). Character strengths-based interventions: Open questions and ideas for future research. *The Journal of Positive Psychology*. Manuscript accepted for publication.
- Ruch, W., Heintz, S., Gander, F., Hofmann, J., Platt, T. & Proyer, R. T. (2020). The long and winding road: A comprehensive analysis of 50 years of Eysenck instruments for the assessment of personality. *Personality and Individual Differences, Special Issue "PAID 40 years"*. Advance online publication.
<https://doi.org/10.1016/j.paid.2020.110070>
- Gander, F., Hofmann, J., & Ruch, W. (2019). From Unemployment to Employment and Back: Professional Trajectories and Well-Being. *Applied Research in Quality of Life*.
<https://doi.org/10.1007/s11482-019-09797-y>
- Platt, T., Gander, F., & Giuliani, F. (2019). Relationships of retrospectively assessed class clown behavior with current humor and well-being. *Current Psychology*. <https://doi.org/10.1007/s12144-019-00571-9>
- Ruch, W., Gander, F., Wagner, L., & Giuliani, F. (2019). The structure of character: On the relationships between character strengths and virtues. *The Journal of Positive Psychology*.
<https://doi.org/10.1080/17439760.2019.1689418>
- Vylobkova, V., Heintz, S., & Gander, F. (2019). Stärkenbasierte Interventionen in der Positiven Psychologie. [Strength-based interventions in Positive Psychology.] *Report Psychologie, 44(11)*, 14–21.
- Baumann, D., Ruch, W., Margelisch, K., Gander, F., & Wagner, L. (2019). Character strengths and life satisfaction in later life: an analysis of different living conditions. *Applied Research in Quality of Life*.
<https://doi.org/10.1007/s11482-018-9689-x>.
- Gander, F., Hofmann, J., Proyer, R. T., & Ruch, W. (2019). Character strengths – Stability, change, and relationships with well-being changes. *Applied Research in Quality of Life*.
<https://doi.org/10.1007/s11482-018-9690-4>
- Höfer, S., Gander, F., Höge, T., & Ruch, W. (2019). Special Issue: Character Strengths, Well-Being, and Health in Educational and Vocational Settings. *Applied Research in Quality of Life*.
<https://doi.org/10.1007/s11482-018-9688-y>
- Wagner, L., Gander, F., Proyer, R. T., & Ruch, W. (2019). Character strengths and PERMA: Investigating the relationships of character strengths with a multidimensional framework of well-being. *Applied Research in Quality of Life*. <https://doi.org/10.1007/s11482-018-9695-z>

Gander, F., Proyer, R. T., & Ruch, W. (2018). A placebo-controlled online study on potential mediators of a pleasure-based positive psychology intervention: The role of emotional and cognitive components. *Journal of Happiness Studies*, *19*, 2035–2048. <https://doi.org/10.1007/s10902-017-9909-3>

Gander, F., Ruch, W., Platt, T., Hofmann, J., & Elmer, T. (2018). Current and ideal team roles: Relationships to job satisfaction and calling. *Translational Issues in Psychological Science*, *4*, 277–289. <https://doi.org/10.1037/tps0000165>

Hofmann, J., Gander, F., & Ruch, W. (2018). Exploring differences in well-being across occupation type and skill. *Translational Issues in Psychological Science*, *4*, 290–303. <https://doi.org/10.1037/tps0000167>

Proyer, R. T., Gander, F., Bertenshaw, E. J., & Brauer, K. (2018). The Positive Relationships of Playfulness with Indicators of Health, Activity, and Physical Fitness. *Frontiers in Psychology*, *9*. <https://doi.org/10.3389/fpsyg.2018.01440>

Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2018). The Authentic Happiness Inventory Revisited: Addressing its Psychometric Properties, Validity, and Role in Intervention Studies. *Journal of Well-Being Assessment*, *1*, 77-96. <https://doi.org/10.1007/s41543-018-0006-0>

Ruch, W., Gander, F., Platt, T., & Hofmann, J. (2018). Team roles: Their relationships to character strengths and job satisfaction. *The Journal of Positive Psychology*, *13*, 190-199. <https://doi.org/10.1080/17439760.2016.1257051>

Gander, F., Proyer, R., & Ruch, W. (2017). The subjective assessment of accomplishment and positive relationships: Initial validation and correlative and experimental evidence for their association with well-being. *Journal of Happiness Studies*, *18*, 743-764. <http://doi.org/10.1007/s10902-016-9751-z>

Hofmann, J., Ruch, W., Proyer, R. T., Platt, T., & Gander, F. (2017). Assessing Dispositions Toward Ridicule and Laughter in the Workplace: Adapting and Validating the PhoPhiKat-9 Questionnaire. *Frontiers in Psychology*, *8*. <https://doi.org/10.3389/fpsyg.2017.00714>

Proyer, R. T., Gander, F., & Tandler, N. (2017). Strength-based interventions Their importance in application to the gifted. *Gifted Education International*, *33*, 118-130. <http://doi.org/10.1177/0261429416640334>

Gander, F., Proyer, R. T., & Ruch, W. (2016). Positive Psychology Interventions Addressing Pleasure, Engagement, Meaning, Positive Relationships, and Accomplishment Increase Well-Being and Ameliorate Depressive Symptoms: A Randomized, Placebo-Controlled Online Study. *Frontiers in Psychology*. <http://doi.org/10.3389/fpsyg.2016.00686>

Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2016). Addressing the role of personality, ability, and positive and negative affect in positive psychology interventions: Findings from a randomized intervention based on the authentic happiness theory and extensions. *The Journal of Positive Psychology*. <http://doi.org/10.1080/17439760.2015.1137622>

Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2016). Nine beautiful things: A self-administered online positive psychology intervention on the beauty in nature, arts, and behaviors increases happiness and ameliorates depressive symptoms. *Personality and Individual Differences*, *94*, 189–193. <http://doi.org/10.1016/j.paid.2016.01.028>

Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2015). Strengths-based positive psychology interventions: A randomized placebo controlled online trial on long-term effects for a signature strengths- vs. a lesser strengths-intervention. *Frontiers in Psychology*. doi:10.3389/fpsyg.2015.00456

Proyer, R. T., Wellenzohn, S., Gander, F., & Ruch, W. (2015). Toward a Better Understanding of What Makes Positive Interventions Work: Predicting Happiness and Depression From the Person ×

Intervention-fit in a Follow-Up After 3.5 Years. *Applied Psychology: Health and Well Being*, 7, 108-128. doi:10.1111/aphw.12039

Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2014). Positive psychology interventions in people aged 50-79 years: Long-term effects of placebo-controlled online-interventions on well-being and depression. *Aging and Mental Health*, 18, 997-1005. doi:10.1080/13607863.2014.899978

Gander, F., Proyer, R. T., Ruch, W., & Wyss, T. (2013). Strength-based positive interventions: Further evidence on their potential for enhancing well-being and alleviating depression. *Journal of Happiness Studies*, 14, 1241-1259. doi:10.1007/s10902-012-9380-0

Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2013). What good are character strengths beyond subjective well-being? The contribution of the good character on self-reported health-oriented behavior, physical fitness, and the subjective health status. *The Journal of Positive Psychology*, 8, 222-232. doi:10.1080/17439760.2013.77776

Gander, F., Proyer, R. T., Ruch, W., & Wyss, T. (2012). The good character at work: An initial study on the contribution of character strengths in identifying healthy and unhealthy work-related behavior and experience patterns. *International Archives of Occupational and Environmental Health*, 85, 895-904. doi:10.1007/s00420-012-0736-x

Proyer, R. T., Gander, W., Wyss, T., & Ruch, W. (2011). The relation of character strengths to past, present, and future life satisfaction among German-speaking females. *Applied Psychology: Health and Well Being*, 3, 370-384. doi:10.1111/j.1758-0854.2011.01060.x

Journal articles (without peer-review)

Ruch, W., & Gander, F. (2016). Charakterstärken und Wohlbefinden bei der Arbeit: Wann der Job zur Berufung wird [Character strengths and well-being at work: When a job becomes a calling]. *Wirtschaftspsychologie aktuell*, 3.

Book chapters

Ruch, W., & Gander, F. (in press). Character and virtues in the arts and humanities. In L. Tay & J. O. Pawelski (Eds.) *Oxford Handbook of Positive Psychology on the Arts and Humanities*. Oxford, UK: Oxford University Press.

Massoudi, K., Urbanaviciute, I., Hofmann, J. & Gander, F. (2019). Des vulnérabilités aux vertus : une approche positive du bien-être au travail [From vulnerabilities to virtues: A positive approach to well-being at work]. In J. Masdonati, K. Massoudi, and J. Rossier, (Eds.), *Repères pour l'orientation*. Lausanne, Switzerland: Antipodes.

Ruch, W., & Gander, F. (2018). Positive Psychologie [Positive Psychology]. In C.-W. Kohlmann, C. Salewski, M. A. Wirtz (Eds.), *Psychologie in der Gesundheitsförderung [Psychology in health promotion]* (pp. 227-239). Göttingen, Germany: Hogrefe.

Proyer, R. T., Gander, F., Tschirpke, V., & Brauer, K. (2018). Prävention psychischer Störungen im Kontext der Positiven Psychologie [Prevention of psychological disorders in the context of positive psychology]. In B. Röhrle, J. Anding, & H. Christiansen (Eds.), *Prävention und Gesundheitsförderung* (Bd. VI. Zur Verbesserung der Wirksamkeit; pp. 75-102). Tübingen, Germany: DGVT.

Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2014). The European Football Championship as a positive festivity: Changes in strengths of character before, during, and after the EURO 2008

in Switzerland. In H. Águeda Marujo & L. M. Neto (Eds.), *Positive nations and communities* (Vol. 6; Cross-cultural advancements in positive psychology; pp. 119-134). Dordrecht, NL: Springer.

Conference proceedings

- Gander, F. (2017). Positive Psychology interventions: Are they effective for increasing well-being? In Jenny Marcionetti, Luciana Castelli, & Alberto Crescentini (Eds.), *Well-being in education systems conference abstract book, Locarno 2017* (pp. 8-12). Florence, Italy: Hogrefe.
- Beermann, U., Gander, F., Hildebrand, D., Wyss, T., and Ruch, W. (2009). Laughing at oneself. In Doris Peham, & Eva Bänninger-Huber (Eds.), *Proceedings of the FACS-Workshop 2007*. Innsbruck, Austria: Innsbruck University Press.

Invited Talks

- Gander, F. (2019, November). Online positive psychology interventions: Effectiveness, moderators, and working mechanisms. Talk at the Swiss Internet Intervention Day. Lausanne, Switzerland.
- Gander, F. (2017, September). *Arbeitsleben, berufliche Übergänge und Wohlbefinden [Working life, professional trajectories, and well-being]*. Talk at the "Festival Werdegänge". Winterthur, Switzerland. <http://www.museumschafften.ch>
- Gander, F. (2017, June). *Glücklich bis ins hohe Alter [Happy in the old age]*. Talk at the general assembly of the Spitex Zürich Sihl. Zürich, Switzerland.
- Gander, F. (2017, April). *Einführung in die Positive Psychologie [An introduction to Positive Psychology]*. Talk at a meeting of the Schweizer Regionalgruppe der Stiftung der deutschen Wirtschaft. St. Gallen, Switzerland.
- Gander, F. (2016, November). *Interventionen der Positiven Psychologie zur Förderung der Gesundheit [Positive Psychology interventions for fostering health]*. Talk at a meeting of the Swiss Society for Health Psychology. Bern, Switzerland.
- Gander, F. (2016, September). *Positive Psychologie*. Talk at a meeting of the Rotary Club. Boswil, Switzerland.

Workshops

- Ruch, W., & Gander, F. (2018, June). *Positive Psychologie, Charakterstärken und positive Interventionen [Positive Psychology, Character Strengths, and Positive Institutions]*. Workshop at the Weiterbildungsinstitut für lösungsorientierte Therapie und Beratung. Lenzburg, Switzerland.
- Gander, F. (2017, October). *Positive Interventionen in der Schule [Positive Interventions in Schools]*. Talk and Workshop at the University College of Teacher Education Styria, Graz, Austria.
- Gander, F., & Heintz, S. (2016, November). *Messinstrumente in der Positiven Psychologie [Measurement Instruments in Positive Psychology]*. Workshop at the Congress of the Swiss Association for Positive Psychology (SWIPPA), Zurich, Switzerland.
- Hurni, L., Wellenzohn, S., & Gander, F. (2015, November). *Coaching und Positive Psychologie – Hand in Hand? [Coaching and Positive Psychology – hand in hand?]*. Workshop at the Congress of the Swiss Association for Positive Psychology (SWIPPA), Zurich, Switzerland.

- Gander, F. (2015, September). *Positive Psychologie und Nachhaltigkeit [Positive Psychology and sustainability]*. Workshop at the IPU- Sommerseminar (Initiative Psychologie im Umweltschutz). Rämismühle, Switzerland.
- Gander, F., & Wellenzohn, S. (2012, March). *Charakterstärken in der Praxis [Character strengths: A practical application]*. Workshop für BeraterInnen des Arbeitsmarktcenters der SBB Olten, Switzerland.

CONGRESS CONTRIBUTIONS

Talks

- Gander, F. (2019, September). *Character strengths: Person-environment fit and relationships with job and life satisfaction*. Paper presented at the 16th SGS SGP SSP Conference, Bern, Switzerland. (Presentation held at the Symposium: Is character necessary in psychology? Current findings from basic, applied, and intervention research).
- Gander, F. (2019, July). *A Closer Examination of Signature Strengths-Based Interventions*. Paper presented at the 6th World Congress of Positive Psychology, Melbourne, Australia. (Presentation held at the Symposium: Character Strengths-based Interventions: Recent Theoretical and Empirical Advancements).
- Gander, F., Proyer, R. T., & Ruch, W. (2019, July). *Working Mechanisms in Positive Interventions: A Study Using Daily Assessment Of Positive Emotions*. Paper presented at the 6th World Congress of Positive Psychology, Melbourne, Australien.
- Vylobkova, V., Heintz, S., & Gander, F. (2019, August). *Strengths-based interventions: An overview and implications for interventions addressing character strengths and other personality traits*. Paper presented at the ISSID (International Society for the Study of Individual Differences) Conference 2019, Florence, Italy. (Presentation held at the Symposium: Rediscovering "Character" in Personality Psychology).
- Baumann, D., Ruch, W., Margelisch, K., Gander, F., & Wagner, L. (2019, July). *Character Strengths and Life Satisfaction in The Second Half of Life: Examining Differential Effects of Sociodemographic Characteristics*. Paper presented at the 6th World Congress of Positive Psychology, Melbourne, Australia. (Presentation held at the Symposium: Character Strengths, Life Satisfaction, and Work-Related Outcomes).
- Vylobkova, V., Heintz, S., & Gander, F. (2019, July). *Strengths-based interventions: An overview and implications for interventions addressing character strengths and other personality traits*. Paper presented at the ISSID Conference 2019, Florence, Italy. (Presentation held at the Symposium: Rediscovering "Character" in Personality Psychology).
- Gander, F. (2018, November). *Stärkenbasierte Interventionen: Was steckt drin und wie wirken sie? [Strengths-based interventions: What do they consist of and how do they work?]*. Paper presented at the Congress of the Swiss Association for Positive Psychology (SWIPPA), Zurich, Switzerland.
- Gander, F., & Ruch, W. (2018, October). *Character and virtue from a personality perspective*. Paper presented at the 3rd Annual Conference of the Aretai Center on Virtues. Rome, Italy.
- Gander, F., Hofmann, J., Proyer, R. T., & Ruch, W. (2018, September). *Charakterstärken – Stabilität, Veränderbarkeit und Zusammenhänge mit Wohlbefinden [Character strengths – stability, amenability*

- to change, and relationships to well-being*]. Paper presented at the 51th Congress of the German Psychological Society (DGPs), Frankfurt a. M., Germany. (Presentation held at the Symposium: Aktuelle Befunde der Positiven Psychologie: Zur Rolle von Charakterstärken in unterschiedlichen Lebensbereichen [Current findings in Positive Psychology: On the role of character strengths in different life areas]).
- Gander, F., & Ruch, W. (2018, June). *A study of paragons of character*. Paper presented at the 9th European Conference on Positive Psychology, Budapest, Hungary. (Presentation held at the Symposium: VIA Gathering).
- Gander, F., Proyer, R. T., & Ruch, W. (2018, June). *Well-Being Assessment: Re-examining the reliability, validity, and usefulness for intervention studies of the Authentic Happiness Inventory*. Paper presented at the 9th European Conference on Positive Psychology, Budapest, Hungary.
- Gander, F. (2017, November). *Positive Psychology Interventions: Are they effective for increasing well-being?* Invited Keynote lecture at the International Conference on Well-being in Education Systems, Locarno, Switzerland.
- Gander, F. (2017, November). *Stärkenbasierte Interventionen [Strengths-based interventions]*. Paper presented at the Congress of the Swiss Association for Positive Psychology (SWIPPA), Zurich, Switzerland.
- Gander, F., Wagner, L., & Proyer, R. T., & Ruch, W. (2017, September). *An investigation on the relationships of character strengths with a multidimensional framework of well-being*. Paper presented at the 15th Annual meeting of the International Society for Quality-of-Life Studies, Innsbruck, Austria.
- Gander, F., Hofmann, J., Proyer, R. T., & Ruch, W. (2017, September). *A Longitudinal Study on Character and Well-Being*. Paper presented at the 15th Annual meeting of the International Society for Quality-of-Life Studies, Innsbruck, Austria.
- Gander, F., Ruch, W., Platt, T., & Hofmann, J. (2017, July). *The Relationships of Team Roles with Character Strengths, Job Satisfaction and Calling*. Paper presented at the 5th World Congress of Positive Psychology, Montréal, Canada. (Presentation held at the Symposium: Character Strengths at Work – What We Know, and What We Have Yet to Learn).
- Gander, F., Proyer, R. T., Wellenzohn, S., & Ruch, W. (2017, July). *Character strengths in positive psychology interventions – Their role in predicting intervention effectiveness and for tailoring interventions to the individual*. Paper presented at the 5th World Congress of Positive Psychology, Montréal, Canada. (Presentation held at the Symposium: VIA Gathering: 10 Leaders Share Character Strengths Research and Practices).
- Wagner, L., Larson, C., Ward, C., Gander, F., & Ruch, W. (2017, July). *Organizing a Jungle of Measures: A Review of Measures on Students' Well-being at School*. Paper presented at the 5th World Congress of Positive Psychology, Montréal, Canada.
- Wagner, L., Gander, F., & Ruch, W. (2017, July). *Good Character in Adolescents' Friendships: The Relationship of Character Strengths with Positive Friendship Functions and Friendship Satisfaction*. Paper presented at the 5th World Congress of Positive Psychology, Montréal, Canada.
- Wagner, L., Gander, F., & Ruch, W. (2017, July). *Flow Experience and Teacher-rated Achievement in Different Teaching Situations Are Related to Students' Character Strengths above the Influence of Intelligence*. Paper presented at the 5th World Congress of Positive Psychology, Montréal, Canada.

- Proyer, R. T., Gander, F., & Ruch, W. (2016, July). *Personality, psychometric and self-estimated ability, and positive and negative affect in positive psychology interventions: Findings from a randomized intervention based on the Authentic Happiness theory and extension*. Paper presented at the 18th European Conference on Personality, Timisoara, Romania.
- Gander, F., Proyer, R. T., & Ruch, W. (2016, June). *Meaning, its amenability to change, and positive psychology interventions*. Paper presented at the 8th European Conference on Positive Psychology, Angers, France. (Presentation held at the Invited Symposium: Meaning, strengths, values, and spiritual accomplishments)
- Gander, F., Proyer, R. T., & Ruch, W. (2015, July). *Short Scales for the Assessment of Accomplishment and Positive Relationships: Initial Validation, and Correlative and Experimental Evidence for Their Association with Well-Being*. Paper presented at the 13th European Conference on Psychological Assessment, Zurich, Switzerland.
- Wellenzohn, S., Proyer, R. T., Gander, F., & Ruch, W. (2015, July). *Assessing happiness with the Authentic Happiness Inventory: Evaluation of its psychometric properties, initial validation, and its use in intervention studies*. Paper presented at the 13th European Conference on Psychological Assessment, Zurich, Switzerland.
- Gander, F., & Wellenzohn, S. (2014, July). *Strengths-based online positive psychology interventions and the role of personality*. Paper presented at the 17th European Conference on Personality, Lausanne, Switzerland. (Presentation held at the Symposium: Positive psychology and the study of positive traits: Recent research from adult playfulness to strengths of character)
- Gander, F., Proyer, R. T., & Ruch, W. (2014, July). *An online study comparing the effects of interventions for the components of Seligman's Authentic Happiness Theory plus positive relationships, and accomplishment*. Paper presented at the 7th European Conference on Positive Psychology, Amsterdam, Netherlands. (Presentation held at the Symposium: Can well-being be trained online? Studies on the effectiveness of self-administered positive interventions)
- Gander, F., Proyer, R. T., & Ruch, W. (2013, June). *Further evidence on the potential of strengths-based online interventions: Increasing happiness and reducing depression*. Paper presented at the 3rd World Congress on Positive Psychology, Los Angeles, USA.
- Gander, F., Proyer, R. T., Wellenzohn, S., & Ruch, W. (2012, June). *The development of a research-instrument to assess the components of Seligman's (2011) PERMA-theory of well-being*. Paper presented at the 6th European Conference on Positive Psychology (ECP), Moscow, Russia.
- Gander, F., Proyer, R. T., Wellenzohn, S., & Ruch, W. (2012, June). *Further evidence on the effects of online Positive Psychology interventions*. Paper presented at the 6th European Conference on Positive Psychology (ECP), Moscow, Russia.

Posters

- Gander, F., Wagner, L., Proyer, R. T., & Ruch, W. (2019, July). *How Do Character Strengths Relate To PERMA? Investigating The Relationships Of Character Strengths With A Multidimensional Framework Of Well-Being*. Poster presented at the 6th World Congress of Positive Psychology, Melbourne, Australia.
- Gander, F., Hofmann, J., & Ruch, W. (2019, July). *Character Strengths and Work: Are Employees More Satisfied When Their Strengths Fit Their Occupational Type*. Poster presented at the 6th World Congress of Positive Psychology, Melbourne, Australia.

- Ruch, W., Gander, F., & Wagner, L. (May, 2019). Character Strengths and Their Functions. Poster presented at the 31st APS (Association for Psychological Science) Annual Conference, Washington, DC, USA.
- Gander, F., Hofmann, J., Ruch, W., & Proyer, R. T. (2018, June). Character Strengths – Stability, Amenability to Change, and Associations With Well-being. Poster presented at the 9th European Conference on Positive Psychology, Budapest, Hungary.
- Gander, F., Hofmann, J., & Ruch, W. (2017, July). The Effects of Professional Trajectories on the Orientations to Happiness and Life Satisfaction. Poster presented at the 5th World Congress of Positive Psychology, Montréal, Canada.
- Gander, F., Proyer, R. T., & Ruch, W. (2016, June). *Team Roles: Relationships to Character Strengths, Job Satisfaction, and Calling* . Poster presented at the 8th European Conference on Positive Psychology, Angers, France.
- Gander, F., Proyer, R. T., & Ruch, W. (2015, September). *Accomplishment and Positive Relationships: Scale Development, Validation, and Use in Intervention Studies*. Poster presented at the 14th Congress of the Swiss Society of Psychology (SSP), Geneva, Switzerland.
- Gander, F., Proyer, R. T., Wellenzohn, S., & Ruch, W. (2015, July). *The subjective quality of environmental conditions in different life domains and satisfaction with these domains: Assessment and Malleability*. Poster presented at the 13th European Conference on Psychological Assessment, Zurich, Switzerland.
- Wellenzohn, S., Proyer, R. T., Gander, F., & Ruch, W. (2015, July). *Measuring the propensity to perceive good things and testing it as a mediator in interventions: The case of the three “good things”-intervention*. Poster presented at the 13th European Conference on Psychological Assessment, Zurich, Switzerland.
- Gander, F., Proyer, R. T., Wagner, L., & Ruch, W. (2015, June). *Comparing the effects of online interventions based on pleasure, engagement, meaning, positive relationships, and accomplishment – A randomized placebo-controlled study*. Poster presented at the 4th World Congress on Positive Psychology, Lake Buena Vista, Florida, USA.
- Gander, F., Proyer, R. T., Wellenzohn, S., & Ruch, W. (2014, July). *Moderating effects of personality on the effectiveness of positive psychology interventions*. Poster presented at the 17th European Conference on Personality, Lausanne, Switzerland.
- Gander, F., Proyer, R. T., Wellenzohn, S., & Ruch, W. (2014, July). *Positive psychology interventions in older adults: Effects of a six-months placebo-controlled online intervention*. Poster presented at the 7th European Conference on Positive Psychology, Amsterdam, Netherlands.
- Wellenzohn, S., Proyer, R. T., Gander, F., Hentz, E., & Ruch, W. (2014, July). *The role of positive emotions in positive interventions: A study using daily assessment of positive emotions*. Poster presented at the 7th European Conference on Positive Psychology, Amsterdam, Netherlands.
- Wellenzohn, S., Proyer, R. T., Gander, F., & Ruch, W. (2014, July). *What intervention-specific characteristics predict happiness and depression in those that participate in positive interventions? A four-year follow-up*. Poster presented at the 7th European Conference on Positive Psychology, Amsterdam, Netherlands.
- Gander, F., Proyer, R. T., & Ruch, W. (2013, September). *Contributions of positive relationships and accomplishment in online interventions*. Poster presented at the 13th Congress of the Swiss Society of Psychology (SSP), Basel, Switzerland.

- Wellenzohn, S., Hentz, E., Proyer, R. T., Gander, F., & Ruch, W. (2013, September). *The role of positive emotions in positive interventions*. Poster presented at the 13th Congress of the Swiss Society of Psychology (SSP), Zurich, Switzerland.
- Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2013, June). *Character strengths and football: Can a nationwide positive event influence character strengths?* Poster presented at the 3rd World Congress on Positive Psychology, Los Angeles, USA.
- Wellenzohn, S., Proyer, R. T., Gander, F., & Ruch, W. (2013, June). *Character strengths and health behaviors*. Poster presented at the 3rd World Congress on Positive Psychology, Los Angeles, USA.
- Gander, F., Proyer, R. T., & Ruch, W. (2013, June). *Character strengths and patterns of work-related attitude and coping behaviors*. Poster presented at the 3rd World Congress on Positive Psychology, Los Angeles, USA.
- Gander, F., Proyer, R. T., Wellenzohn, S., & Ruch, W. (2012, April). „*What’s funny today?*“ – *A humor-based intervention*. Poster presented at the 25th Annual Conference of the Association for Applied and Therapeutic Humor (AATH), Chicago, Illinois, USA.
- Proyer, R. T., Gander, F., Wellenzohn, S., & Ruch, W. (2012, June). *The good character and football: First evidence on the possible impact of a nationwide positive event on character strengths*. Poster presented at the 6th European Conference on Positive Psychology (ECP), Moscow, Russia.
- Wellenzohn, S., Proyer, R.T., Gander, F., & Ruch, W. (2012, June). *Character strengths and life goals*. Poster presented at the 6th European Conference on Positive Psychology (ECP), Moscow, Russia.
- Wellenzohn, S., Proyer, R.T., Gander, F., & Ruch, W. (2012, June). *Underestimating gelotophobes, overestimating gelotophiles, and realistic katagelasticists? Testing self- and peer-rated character strengths in their relation with dispositions towards ridicule and being laughed at*. Poster presented at the 6th European Conference on Positive Psychology (ECP), Moscow, Russia.
- Gander, F., Proyer, R. T., Wyss, T., & Ruch, W. (2011, July). *Three funny things - A humor intervention*. Poster presented at the Second World Congress on Positive Psychology, Philadelphia, USA.
- Wyss, T., Gander, F., Proyer, R. T., & Ruch, W. (2009, August). *On the relation among Psychoticism, Extraversion, Neuroticism and retrospective, current, and prospective satisfaction with life*. Poster presented at the 11th Congress of the Swiss Psychological Society, Neuchâtel, Switzerland.
- Beermann, U., Hildebrand, D., Gander, F., Wyss, T. & Ruch, W. (2007, September). *If you were a joke - would you find yourself funny? Or: Measuring „Laughing at oneself“*. Paper presented at the International Meeting "Current and future perspectives in facial expression research: Topics and methodical questions", Innsbruck, Austria.
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