

Scientific CV – Alexander G. Stahlmann – Dec 2019

Publications

Journal articles (peer-reviewed)

Moeller, B. M., & Stahlmann, A. G. (2019). Which character strengths are focused on the well-being of others? Development and initial validation of the environmental self-efficacy scale: Assessing confidence in overcoming barriers to pro-environmental behavior. *Journal of Well-Being Assessment* 3(2), 123–135. <https://doi.org/10.1007/s41543-019-00023-y>

Book chapters

Hofmann, J., & Stahlmann, A. G. (2019). Humor und Umgebungsgestaltung: Wo kann Erheiterung gelingen? [Humor and the design of physical environments: Where does exhilaration start?] In C. Müller (Ed.), *HumorCare: Das Heiterkeitsbuch für Pflege und Gesundheitsberufe* (pp. 225–240). Hogrefe.

Ruch, W., & Stahlmann, A. G. (2019). 15 years after Peterson and Seligman (2004): A brief narrative review of the research on the 12 criteria for character strengths – the forgotten treasure of the VIA classification. In M. Brohm-Badry, C. Peifer, J. M. Greve, & B. Berend (Eds.), *Zusammen wachsen – Förderung der positiv-psychologischen Entwicklung von Individuen, Organisationen und Gesellschaft* (pp. 142–172). Pabst Science Publishers.

Stahlmann, A. G., & Schmitz, B. (2016). Measurement of art-of-living in daily life by diaries. In B. Schmitz (Ed.), *Art-of-living: A concept to enhance happiness* (pp. 93–108). Springer. <http://doi.org/10.1007/978-3-319-45324-8>

Presentations

Paper presentations

Stahlmann, A. G., & Moeller, B. M. (2019, September). *What traits lead individuals to behave environmentally? Character's contribution to building confidence in overcoming barriers to climate change adaptation and mitigation*. Presentation at the 16th SPS SGP SSP Conference, Bern, Switzerland, September 9-September 11, 2019.

Stahlmann, A. G. (2018, July). *Seven years a gelotophobe – An aggregate-nomothetic study*. Presentation at the 15th International

Summer School and Symposium on Humor and Laughter: Theory, Research and Applications, Telford, England, July 2-July 7, 2018.

Poster presentations

Ruch, W., & Stahlmann, A. G. (2019, September). *Vulnerability and resilience among gelotophobes: Exploring life and career paths in Switzerland*. Poster presented at the 15th biannual Conference on Personality and Psychological Assessment (DPPD), Dresden, Germany.

Stahlmann, A. G. (2018, November). *Idiografie und Nomothetik in positiv-psychologischem Coaching – Die Qualia der Wahl?* [Idiographic and nomothetic positive-psychological coaching – The qualia of choice?]. Poster presented at the 4th annual conference of the Swiss Association of Positive Psychology (SWIPPA), Lucerne, Switzerland.

Stahlmann, A. G. (2017, November). *Bayesianische Statistik in der positiv-psychologischen Forschung. Ja, Nein, Vielleicht?* [Bayesian Statistics in positive-psychological research. Yes, no, maybe?]. Poster presented at the 3th annual conference of the Swiss Association of Positive Psychology (SWIPPA), Zurich, Switzerland.

Stahlmann, A. G. (2017, November). *Messmethoden der Positiven Psychologie – Wohlbefinden* [Established instruments in positive-psychological research – Well-being]. Poster presented at the 3th annual conference of the Swiss Association of Positive Psychology (SWIPPA), Zurich, Switzerland.