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IMPACT

Google Scholar citations 2574, h-index 20, i10-index 30
https://scholar.google.ch/citations?user=fji_8owAAAAJ&hl=en
ORCID ID <https://orcid.org/0000-0002-1963-1123>

EDUCATION

- 2013 Ph.D., Psychology, University of Oregon, USA
Thesis: Personality Attributes in Clinical Presentation, Measurement and Treatment
- 2008 Master of Science, Psychology, University of Oregon, USA
- 2006 Bachelor of Science, Psychology, with minor in German Language and Literature,
Southern Oregon University, USA *summa cum laude*

ACADEMIC CAREER

- 2021 – **University of Zürich**, Department of Psychology
- 2026 Assistant Professor for Personality, Mental Health, and Culture
- 2016 – **University of Lausanne**, Switzerland, Institute of Psychology
- 2021 Research fellow/lecturer (*première assistante*), supervisor Prof. Dr. Jérôme Rossier
- 2013 – **University of California Los Angeles**, School of Medicine and Public Health
- 2016 Postdoctoral Project Manager for National Institute of Drug Abuse study (partnership with Optum, San Francisco), supervisor Professor Dr. Susan Ettner
- 2006 – **University of Oregon**, Eugene, USA
- 2013 Graduate Teaching and Research Fellow, supervisor Professor Dr. Gerard Saucier

OTHER PROFESSIONAL ACTIVITIES

- 2025 **“Namibia Up: Being 18 in Africa Today”** Co-created and led production of documentary film for science communication. Shown at public events, film festivals, academic conferences, and in four-part workshops on successful transition to adulthood at Swiss and Namibian high schools.
Winner Best Short International Documentary, Toronto Nollywood International Film Festival, October 2025
Official Selection, Rhode Island International Film Festival, September 2025

- 2022 – **Research Fellow**, University of the Free State, South Africa
- 2022 – **Associate Editor**, *Personality and Social Psychology Review*, 5-year impact factor 20.55
- 2024
- 2020 – “One World Many Minds: A Global View of Personality and Mental Health”, **Blog**, <https://www.psychologytoday.com/intl/blog/one-world-many-minds>
- 2020 **Universiti Kebangsaan Malaysia**, Bangi, Malaysia, visiting scholar
- 2015 – **Canopy, Inc.** Portland, USA, consultant creating behavioural health assessment
- 2022
- 2014 – **Oregon Research Institute, Community & Evaluation Services**, Eugene, USA
- 2016 Research Associate on a Templeton Foundation grant to study values and virtues
- 2013 – **University of Oregon**, Eugene, USA, Courtesy Postdoctoral Research Fellow Life and Time longitudinal study of personality. PIs: G. Saucier & S. Srivastava
- 2016
- 2010 – **Dr. Steve Pethick**, Licensed Psychologist, Eugene, USA, Neuropsychological Assessment: cognitive evaluations, clinical interviews, and integrated assessments.
- 2013
- 2011 – **Oregon Research Institute**, Group Facilitator for eating disorder and depression prevention. Clinical interviewer with teenagers. Dr. Paul Rhode & Dr. Eric Stice.
- 2013
- 2009 **Decision Research Institute**, Eugene, USA, Data Analyst on a NASA Aviation Safety Program project, supervisor Dr. Robert Mauro.

FUNDING AWARDS AS PRINCIPAL INVESTIGATOR

- 2026 European Research Council Consolidator Grant, 3 million Euros
- 2024 AGORA, science communication grant: *Hopes and Hurdles: Coming of Age in a Globalized World*, Swiss National Science Foundation, CHF 50'000
- 2024 Seed Funding, Philosophisches Fakultät, University of Zürich, CHF 27'500
- 2021– Eccellenza Fellowship: *Universal versus culturally-specific aspects of personality and mental health*, Swiss National Science Foundation, CHF 1'856'934
- 2026
- 2021 *Einrichtungskredit* for Africa Long Life Study, University of Zürich, CHF 80'000
- 2019 Competitive release from non-research duties (*Décharge Tremplin*), Bureau of Equality, University of Lausanne CHF 9'600
- 2018 – Principal Investigator, project grant: *Personality and Mental Health among Khoekhoe-speakers and other groups in Namibia*, Swiss National Science Foundation, CHF 209'600
- 2021
- 2012 Gregores Award, Department of Psychology, University of Oregon, US \$2'500

TOTAL FUNDING AS PRINCIPAL INVESTIGATOR: ~ CHF 5'100'000

OTHER AWARDS AND HONOURS

- 2025 Jenessa Shapiro Award for Contribution to Diversity and Inclusion, Society for Personality and Social Psychology

- 2024 Mission Award to the Africa Long Life Study, Society for the Improvement of Psychological Science
- 2023 Early Career Award, Association for Research in Personality
From announcement: “one of the leading personality psychologists working to make the field more internationally representative. ... her lexical studies of personality in African languages ... have broken new ground in our understanding of cross-cultural differences in personality structure ... Her work is at the forefront of personality psychology’s quest to become a truly representative and global science.”
- 2021–2024 Constructive Advanced Thinking (CAT) Fellowship, Challenges for the development of fair language-based assessments of health, education, behaviour, and beyond Network of European Institutes for Advanced Study (NETIAS).
- 2018 Witkin-Okonji Travel Award, International Assoc. for Cross-Cultural Psychology
- 2014 Early Career Conference Scholarship, European Assoc. of Personality Psychology
- 2013 Distinguished Teaching Award, Department of Psychology, University of Oregon
- 2013 Carolyn Stokes Memorial Scholarship, College of Arts and Sciences, U of O
- 2012 Betty Foster McCue Fellowship for Human Performance and Development, U of O
- 2012 Clarence and Lucille Dunbar Scholarship, College of Arts and Sciences, U of O
- 2011 Carolyn Stokes Memorial Scholarship, College of Arts and Sciences, U of O
- 2011 Norm Sundberg Fellowship, Department of Psychology, University of Oregon
- 2006 Outstanding Graduating Woman in Psychology, American Assoc. University Women

PUBLICATIONS

Manuscripts Submitted for Publication or in Revision at Peer Reviewed Journals

- Haehner, P., Hopwood, C.J., Shirima, C. Kura, M. Naudé, L., & Thalmayer, A.G. Personality Predictors of Health, Well-Being, Relationships, and Employment in Namibia, Kenya, and South Africa: A Three-Year Longitudinal Study. In revision for *European Journal of Personality*. Preprint: https://osf.io/preprints/psyarxiv/apx63_v1
- Killikelly, C. Hofmann, D., Asatsa, S., & Thalmayer, A. G. (Under review) Prolonged Grief in African contexts: Scale validation, prevalence rates and risk factors among young adults in Kenya, Namibia, and South Africa. In revision for *Cambridge Prisms: Global Mental Health*. Preprint: https://osf.io/qsdv7_v1
- Jensen, L. A., Orsi, E., & Thalmayer, A. G.. Autonomy, Community, and Divinity among Emerging Adults in Sub-Saharan Africa: New and Renewed Ethical Values in a Globalizing World. In revision for *Emerging Adulthood*.
- Osei-Tutu A., Salvador C.E., Thalmayer, A.G., Ishii, K., Wang, E., Naudé, L., Suo, T., Shino, E.N., Rossmair, A., Asatsa, S., Thomas, C. & Kitayama, S. Self-Promotive Interdependence: How Emotional Expression in Sub-Saharan Africa Integrates Personal and Collective Success. Under review at *Psychological Science*. Preprint: https://osf.io/preprints/psyarxiv/egn8h_v1

- *Hofmann, D., Driver, C., Bladh, S., Laher, S., Naudé, L., Asatsa, S., Shino, E. N., Florence, M., & Thalmayer, A. G. Religiosity as a stable and dynamic protective factor for mental health over time: A longitudinal study among young adults in Kenya, Namibia, and South Africa. Under review at *Comprehensive Psychiatry*. Preprint: <https://doi.org/10.21203/rs.3.rs-6367036/v1>
- Albath, E., Thalmayer, A. G., Greifeneder, R. Reciprocal Dynamics of Ostracism and Mental Health: Longitudinal Findings from Three African Countries. Submitted to *Communications Psychology*.
- Hopwood, C.J., Son., G., Shino, E., Rahm, M. & Thalmayer, A.G. Life Satisfaction in three Namibian Cultures. Under review at *African Journal of Psychological Assessment*.
- *Rotzinger, J. S., Hopwood, C., Laher, S., Naudé, L., Shino, E. N., Asatsa, S., Adonis, T.-A., & Thalmayer, A. G. (2024). Socio-Economic Status in Africa Scale (SESAS): A new measure for young adults in Namibia, Kenya, and South Africa. Submitted to *Psychological Assessment*. Preprint: <https://osf.io/8eznr>
- Thalmayer, A.G. Hofmann, D., Shino, E., Job, S. Maletsky, M. & Hopwood, C.J., Psychological Symptoms and Syndromes in Namibia: Convergence and Divergence with Western Models. Submitted to *Journal of Psychopathology and Clinical Science*. Preprint: https://osf.io/preprints/psyarxiv/z8v75_v1
- Chopdat, S., Hassem, T., Laher, S., & Thalmayer, A. G. Cross National Insights into Anxiety Symptoms Among Young Adults in South Africa, Namibia and Kenya. Submitted to *Emerging Adulthood*.
- Green, J., Laher, S., Thalmayer, A. G. Evaluating the Mental Health Continuum–Short Form as a Measure of Well-being in Emerging Adults in Kenya, Namibia, and South Africa. Submitted to *Assessment*.
- Articles Published in Peer-Reviewed Journals (with number of citations)**
- 2026 Hassem, T., Thalmayer, A.G. (in press). Mental Health of Young Adults in South Africa: Evidence from the ‘Africa Long Life Study’ (ALLS) *International Journal of Mental Health MIMH* <https://doi.org/10.1080/00207411.2026.2640523>.
- 2025 Haehner, P., Naudé, L., Hopwood, C. J., Shirima, C. M., Laher, S., Shino, E. N., Asatsa, S., Florence, M., Adonis, T.-A., Bleidorn, W., & Thalmayer, A. G. (2025). Personality trait change in three sub-Saharan countries: Normative development and life events. *Journal of Personality and Social Psychology*. <https://dx.doi.org/10.1037/pspp0000582>
- Schwaba, T. & Thalmayer, A. G. (2025). Openness/intellect: A unique trait requires unique consideration. *Personality and Social Psychology Review*.
- Baffour Adjei, S., Nejat, P., Thalmayer, A.G., Adler, J. (2025). Highlighting personality and social psychological theories from Majority World contexts: Introduction to the Special Issue. *Personality and Social Psychology Review*, 29(4), 319-325. <https://doi.org/10.1177/10888683251364486>
- *Hofmann, D., Hopwood, C.J., Laher, S., Shino, E., Asatsa, S., Naude, L., Florence, M., Thalmayer, A.G. (2025). The assessment and structure of psychopathology among

* Indicates a junior scholar under my supervision.

- young adults in southern and eastern Africa *Journal of Psychopathology and Clinical Science*. <https://doi.org/10.1037/abn0001045>
- *Kura, M., Rentsch, K., & Thalmayer, A. G. (2025). Big Six Personality Traits in the Africa Long Life Study. *Journal of Research on Personality*, 117, 104603, <https://doi.org/10.1016/j.jrp.2025.104603>.
- *Rotzinger, J. S., Jensen, L. A., & Thalmayer, A. G. (2025). Ubuntu in Namibia and Kenya: How Emerging Adults Live an Essential African Value Today. *Journal of Cross-Cultural Psychology*, 56(2). <https://doi.org/10.1177/00220221241309863>(2)
- *Uugwanga, S. N., Naudé, L., & Thalmayer, A.G. Becoming an Ovambo Adult: Growing into Agentic Communalism in Sub-Saharan Africa. *Psychological Science*, 36 (1), 55-65. <https://doi.org/10.1177/09567976241311920> (1)
- Thalmayer, A. G., Maher, K. A., Saucier, G., Naudé, L., Shino, E. N., Asatsa, S., Florence, M., Witzlack-Makarevich, A., Bächlin, L. M., & Condon, D. (2025) The Cross-Cultural Big Two: A culturally decentered theoretical and measurement model for personality traits. *Journal of Personality and Social Psychology*, 128(5), 1181–1208. <https://doi.org/10.1037/pspp0000528> (5)
- 2024 Uskul, A. K., Thalmayer, A. G., Bernardo, A. B. I., González, R., Kende, A., Laher, S., Láštíková, B., Saab, R., Salas, G., Singh, P., Zeinoun, P., Norenzayan, A., Chao, M. M., Shoda, Y., & Cooper, M. L. (2024). Challenges and Opportunities for Psychological Research in the Majority World. *Collabra Psychology*, 10 (1): 123703. <https://doi.org/10.1525/collabra.123703> (7)
- Thalmayer, A.G., Asatsa, S., Shino, E. N., Naudé, L., Laher, S., Hassem, T., Florence, M., Adonis, T.A., Uugwanga, S., Rotzinger, J. S., Hofmann, D., Makunda, J., Botha, C., Murangi, A., and Shirima, C. M. (2024). Lifespan Research in Kenya, Namibia, and South Africa: Cohort Profile of the Africa Long Life Study. *Personality Science*. <https://doi.org/10.1177/27000710241264492> (13)
- Adler, J. M., Bogart, K. R., Frantz, C. M., Salter, P. S., & Thalmayer, A. G. (2024). Two Years Into the Next Chapter at PSPR. *Personality and Social Psychology Review*, 28(1), 3-10. <https://doi.org/10.1177/1088868323122241> (1)
- 2023 Thalmayer, A.G., Marshall, J. & Scalise, K. (2023). The International Mental Health Assessment: Creation and Validation of an Efficient Screening Inventory. *Collabra: Psychology*. <https://doi.org/10.1525/collabra.74546> (8)
- Florence, M., Adonis, T.A., Botha, C., Mpisane, N., Thalmayer, A. G., & Naudé, L. (2023). An international longitudinal research project investigating the psychological development of young adults in South Africa: managing attrition. *INTED 2023 Proceedings*, pp. 1986-1992. <https://doi.org/10.21125/inted.2023.0558>(3)
- 2022 *Claudius, M., Shino, E., Job, S., Hofmann, D. & Thalmayer, A.G. (2022) Still standing inside: A local idiom of distress among Namibian speakers of Khoekhoegowab. *International Journal of Environmental Research and Public Health*, 19 (21), 14323. <https://doi.org/10.3390/ijerph192114323> (7)
- *Toscanelli, C., Shino, E., Robinson, S. L. & Thalmayer, A.G. (2022) Religiousness Worldwide: translation of the Duke University Religion Index into 20 languages and validation across 27 nations. *Measurement Instruments for the Social Sciences*, 4(1), 1-24. <https://doi.org/10.1186/s42409-022-00041-2> (18)

- Thalmayer, A. G., Saucier, G., & Rotzinger, J. S. Absolutism, Relativism, and Universalism in Personality Traits Across Cultures: The Case of the Big Five. *Journal of Cross-Cultural Psychology*, 53(7–8), 935-956. <https://doi.org/10.1177/00220221221111813> (31)
- 2021 *Jonauskaite, D., Müller, L., Mohr, C. & Thalmayer, A.G. What does your favourite colour say about your personality? Not much. *Personality Science*, 2:e6297. <https://doi.org/10.5167/uzh-210682> (10)
- Thalmayer, Shino, E., Saucier, G. Job, S. (2021) The Khoekhoegowab Personality Inventory: The Comparative Validity of a Locally Derived Measure of Traits. *Frontiers in Psych.* 12:694205. <https://doi.org/10.3389/fpsyg.2021.694205>. (19)
- Thalmayer, A.G., Toscanelli, C. Arnett, J. (2021). What American Psychology Needs Most Is the Majority World: Reply to Webster et al. (2021). *American Psychologist*. <https://doi.org/10.1037/amp0000795>
- Thalmayer, A.G., Toscanelli, C. Arnett, J. (2021). The Neglected 95% Revisited: Is American psychology becoming any less American? *American Psychologist*. <https://doi.org/10.1037/amp0000622> (624)
- Thalmayer, A.G., Job, S. Shino, E., Robinson, S. L., & Saucier, G. (2021) #Üsigu: A Mixed-Method Lexical Study of Character Description in Khoekhoegowab. *Journal of Personality and Social Psychology*. <http://dx.doi.org/10.1037/pspp0000372> (40)
- 2020 Saucier, G., Iurino, K., & Thalmayer, A.G. (2020). Comparing predictive validity in a community sample: High-dimensionality and traditional domain-and-facet structures of personality variation. *European Journal of Personality*. <https://doi.org/10.1002/per.2235> (19)
- Thalmayer, A.G., Saucier, G., Ole-Kotikash, L., & Payne, D. (2019). Indigenous personality structure in East and West Africa: Lexical studies of personality in Maa and Supyire-Senufo. *Journal of Personality and Social Psychology*, 119(5), 1132–1152. <https://doi.org/10.1037/pspp0000264> (85)
- 2019 Thalmayer, A. G., Saucier, G., Flournoy, J. C., & Srivastava, S. (2019). Ethics-Relevant Values as Antecedents of Personality Change: Longitudinal Findings from the Life & Time Study. *Collabra: Psychology*, 5(1), 52. <https://doi.org/10.1525/collabra.244> (9)
- Thalmayer, A.G., Saucier, G., Srivastava, S., Flournoy, J. & Costello., C. (2019) The development of values: Longitudinal findings from the Life and Time Study. *Journal of Personality* (87), 1119-1135. <https://doi.org/10.1111/jopy.12462> (17)
- 2018 Udayar, S, Fiorini, M., Thalmayer, A.G., & Rossier, J. (2018) Investigating the link between trait emotional intelligence, career indecision, and self-perceived employability: The role of career adaptability. *Personality and Individual Differences*, 135, 7-12. <https://doi.org/10.1016/j.paid.2018.06.046> (141)
- Thalmayer, A.G. (2018) Personality and mental health treatment: Attributes as predictors of presentation, usage, and outcome. *Psychological Assessment*, 30, 967-77. <https://doi.org/10.1037/pas0000551> (38)
- Thalmayer, A.G., Harwood, J., Friedman, S., Azocar, F., Watson, A., Xu, H. & Ettner, S. L. (2018) The Mental Health Parity Act Evaluation Study: Effects of MHPAEA legislation on nonquantitative treatment limits for “carve out” specialty behavioral

- health plans. *Health Services Research*, 53, 4584-4608. <https://doi.org/10.1111/1475-6773.12871> (9)
- Friedman, S., Thalmayer, A.G., Xu, H., Azocar, F. & Ettner, S. L., (2018). The Mental Health Parity and Addiction Equity Act Evaluation Study: Effects of MHPAEA legislation on financial requirements for “carve in” behavioral health plans. *Health Services Research*, 53, 366-388. <https://doi.org/10.1111/1475-6773.12614> (36)
- 2017 Thalmayer, A.G., Friedman, S., Harwood, J., Azocar, F. & Ettner, S. L., (2017). The Mental Health Parity and Addiction Equity Act Evaluation Study: Effects of MHPAEA legislation on quantitative treatment limits for behavioral health plans. *Psychiatric Services*, 68, 435-442. <https://doi.org/10.1176/appi.ps.201600110> (52)
- Harwood, J., Azocar, F. Xu, H. Friedman, S., Ong, M., Wells, K., Thalmayer, A.G., & Ettner, S. L. (2017). The Mental Health Parity and Addiction Equity Act Evaluation Study: Impact on specialty behavioral healthcare utilization and spending among carve-in enrollees. *Medical Care*, 55, 164-172. <https://doi.org/10.1097/MLR.0000000000000635> (39)
- 2016 Ettner, S. L., Harwood, J., Thalmayer, A.G., Ong, M., Xu, H., Besolin, M. ... Azocar, F. (2016). The Mental Health Parity and Addiction Equity Act Evaluation Study: Impact on specialty behavioral health utilization and expenditures among “carve-out” enrollees. *Journal of Health Economics*, 50, 131-143. <https://doi.org/10.1016/j.jhealeco.2016.09.009> (67)
- 2015 Thalmayer, A.G. (2015) Alternative Models of the Outcome Questionnaire-45. *European Journal of Psychological Assessment*, 31, 120-130. [10.1177/0022022114551791](https://doi.org/10.1177/0022022114551791) (12)
- Saucier, G., Kenner, J. S., Iurino, K., Bou Malham, P., Chen, Z., Thalmayer, A. G., ... & Altschul, C. (2015). Cross-cultural differences in a global ‘Survey of World Views’. *Journal of Cross-Cultural Psychology*, 46, 53-70. <https://doi.org/10.1177/0022022114551791> (180)
- 2014 Thalmayer, A. G. & Saucier, G. (2014). The Questionnaire Big Six (QB6) in 26 nations: Developing cross-culturally applicable Big Six, Big Five, and Big Two inventories. *European Journal of Personality*, 28, 482-496. <https://doi.org/10.1002/per.2094> (173)
- Saucier, G., Thalmayer, A.G., & Bel-Bahar, T. (2014) Human attribute concepts: Relative ubiquity across twelve mutually isolated languages. *Journal of Personality and Social Psychology*. 107, 199-216. doi: 1.1037/a0036492 (79)
- Saucier, G., Thalmayer, A. G., Payne, D. L., Carlson, R., Sanogo, L., Ole-Kotikash, L., Church, A.T., Katigbak, M. S., Szarota, P., Szirmák, Z., & Zhou, X. (2014). A basic bivariate structure of personality attributes evident across nine languages. *Journal of Personality*, 82, 1-14. doi: [10.1111/jopy.12028](https://doi.org/10.1111/jopy.12028) (213)
- 2011 Thalmayer, A.G., Saucier, G., & Eigenhuis, A. (2011). The comparative validity of brief to medium-length Big Five and Big Six personality questionnaires. *Psychological Assessment*, 23, 995-1009. doi: 10.1037/a0024165 (370)

Preprint only

- Furrer, A., Hofmann, D., & Thalmayer, A. G. (2024). Talking Mental Health with Kenyan Youth: Cognitive Interviews on the International Mental Health Assessment. *OSF Preprint* <https://doi.org/10.31234/osf.io/kyb3x>

Book Chapters

- Rossier, J., Atitsogbe, K.A., & Thalmayer, A.G. (2020). Évaluation de la personnalité dans un contexte multilingue et multiculturel. In (Rossier, J. Ed.) *Évaluation psychologique dans un contexte multilingue et multiculturel*. Éditions Mardaga
- Thalmayer, A.G. & Rossier, J. (2018) Agreeableness, Antagonism, and Mental Health across Cultures. In Miller, J.D., & Lyman, D.R. (Eds) *The Handbook of Antagonism*, pp 97-107. San Diego, CA: Elsevier. (14)
- Saucier G. & Thalmayer, A. G. (2013). Cultural, contextual, and measurement challenges for the paradigm of personality science. In Christiansen, N. & Tett, R. (Eds) *Handbook of personality at work*. New York: Taylor & Francis Psychology Press. (1)

Datasets

- Thalmayer, A. G., Job, S., Witzlack-Makarevich, A., & Shino, E. N. (2025). Cultural concepts of distress in Khoekhoe: A corpus of interviews on mental health issues and recovery [Data set]. Zenodo. <https://doi.org/10.5281/zenodo.14811958>
- Thalmayer, Amber Gayle, 2024, "Khoekhoegowab Lexical Study of Personality, 2021", <https://doi.org/10.15139/S3/2CK8HO>, UNC Dataverse, V1
- Thalmayer, Amber Gayle, 2024, "Personality and Mental Health in Namibia, 2021", <https://doi.org/10.15139/S3/CYDF5T>, UNC Dataverse, V1

Selected Invited Presentations and Lectures

- Upcoming keynote address: Regional Cultural Differences Conference, St. Gallen, Switzerland 2027
- Film showing and Discussion: Society of Personality and Social Psychology Meeting Chicago, February 28, 2026
- Featured speaker: "Namibia Up: Being 18 in Africa Today" Documentary film and discussion about personal and societal transitions through the lens of fourteen 18-year-old Namibians" at Campus Oerlikon lecture series "Transformations and Transitions" November 19, 2025
- Invited lecture and film showing: University of the Free State – November 6, 2025
- Keynote address: Association for Psychological Science online plenary, Challenges to developing a global psychological science, October 22, 2025
- Keynote address: International Conference On Emerging Trends in Psychosocial Wellbeing, University of Namibia, October 23, 2025
- Keynote address: University of Zurich Healthy Longevity Innovation Days, June 5, 2025
- Featured speaker: Challenges and Opportunities in Global Mental Health, Universitätsspital Basel, June 3, 2025
- Keynote address: 7th Annual meeting of Society for the Cognitive Science of Culture keynote presentation, April 27, 2025 <https://culturalcogsci.org/AnnualMeeting.html>

Featured speaker: Advances in Cultural Psychology Pre-Conference of the Society of Personality and Social Psychology Meeting Denver Colorado, February 19, 2025

Invited online visits on the Africa Long Life Study: Northwestern University, Professorship Dan McAdams, December 6, 2024; University of Virginia, Professorship Jacob Resch, October 2024; University of Namibia Psychology Department, February 2024

Invited roundtable: “African cultural models in psychology” at Psychological Society of South Africa’s Annual Psychology Congress, Johannesburg, South Africa, October, 2024

Invited lecture: “The Africa Long Life Study: Lifespan Research in the Majority World”, at IDEaS (Identity Development and Exploration of aspects of the Self) Research Hub Launch, University of the Free State – Monday 14 October 2024

Umtombo lecture series speaker: “The Africa Long Life Study: Early results from a longitudinal study of personality and mental health among young adults in Namibia, Kenya, and South Africa”, University of the Witwatersrand, Johannesburg, South Africa, October 3, 2024

In Presidential Address: “Personality Research in the Africa Long Life Study” Personality Science Around the World at European Conference on Personality, Berlin, 2024

Invited lecture: “Personality assessment in the Africa Long Life Study: Creating a culturally de-centered inventory” at Max Planck Institute for the Study of Crime, Security and Law, May 22, 2024

Invited address: Thalmayer A.G. & Hofmann, D. “Emic and Etic Approaches to Assess Trauma Related Symptoms in Namibia, South Africa, and Kenya” at Conference on The Role of Culture in the Exploration of Post-Trauma Suffering, Collegium Helveticum, April 23–24, 2024

Keynote address: “Psychological assessment in the majority world” at 17. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik (DPPD) in der Deutschen Gesellschaft für Psychologie. Salzburg, Austria, September 24-27, 2023

Early Career Award Talk: "Including the Majority World in Lifespan Research: The Africa Long Life Study.", Association for Research in Personality annual meeting, United States, July 21, 2023

Keynote address: "Assessing Personality and Mental Health in Sub-Saharan Africa: Etic and epic approaches for comparison and contextualisation" at Evolutionary Psychiatry: From Theory to Therapy', May 15, 2023, University of Zürich

Invited lecture: “Personality traits in Africa: The Africa Long Life Study and the Cross-Cultural Big Two Inventory” Department of Psychology, University of Mannheim, November 21, 2022

Inaugural lecture [*Antrittsvorlesung*]: “Including the Majority World in Lifespan Research: The Africa Long Life Study” University of Zurich, November 7, 2022

Invited symposium and discussion lead: “The Big Five across cultures”, Association for Research in Personality 7th Biennial Meeting (online), July 16, 2021

Invited lecture: “How universal is the Big Five? Lexical studies of personality in African languages complicate the story” Department of Psychology (SED Research Seminar), University of Basel, Switzerland, April 22, 2021

Invited lecture: “Personality psychology without borders: A lexical study in Khoekhoegowab.” Department of Psychology, University of California, Davis, October 12, 2020

Invited lecture: “Personality and mental health across cultures.” Department of Psychology, Universiti Kebangsaan Malaysia, Bangi, Malaysia, January 9, 2020

Invited colloquium: “Personality across cultures.” Department of Psychology, University of British Columbia, Vancouver, Canada, October 27, 2014

Keynote workshop: “A lexical exploration of human personality.” At Anna Craycroft’s “C’mon Language” series, Portland Institute of Contemporary Art, August 2013

Invited talk: “Personality attributes in clinical presentation and treatment.” In European Association for Personality Psychology expert meeting, “Recent developments in personality structure research and important life outcomes,” Dubrovnik, Croatia, 2012

Conference Symposia Organized and Chaired

“Early Results from the Africa Long Life Study: Personality, mental health, and values among young adults in Kenya, Namibia, and South Africa.” European Conference on Personality, Berlin, 2024

“Mental health and mental illness across cultural contexts” chair. Talk: “Psychological disorder symptoms in Namibia: Adaptation of the Cascades Mental Health Assessment”, International Association of Cross-Cultural Psychology, July 2021

“Psychology without borders: What psychologists can learn from testing models across cultures,” Swiss Psychological Society annual meeting, Bern, September 2019

“Culture and personality: New evidence using emic and etic approaches,” European Conference on Personality, Zadar, Croatia, 2018

“Indigenous personality studies from Africa and the Middle East: Emic and etic approaches in South, West, and East Africa, and the Levant,” International Association of Cross-Cultural Psychology, Guelph, Canada, July 2018

“Lifespan development: Personality, values, and cognitive abilities,” Swiss Psychological Society annual meeting, Lausanne, Switzerland, 2017

“The Role of value-priorities across cultures and across the lifespan,” Association for Research on Personality meeting, Sacramento, USA, 2017.

“Strong cross-cultural tests of personality models,” Association for Research on Personality meeting, St. Louis, USA, 2015

RESEARCH INTERESTS

Cultural psychology; culture in psychology

Personality structure and measurement

Personality correlates: health and important life outcomes

Psychometrics; Cross-cultural assessment

Emic and etic approaches
African psychology
Mental health and psychopathology
Lifespan development
Emerging adulthood
Longitudinal methods
Qualitative and Mixed-Methods

TEACHING

Courses designed and taught, University of Zürich 2021 – 2025

Mental Health across Cultures, Bachelor's seminar
Mental Health across Cultures, Master's seminar
Cultural Psychology, Master's seminar
Culture and Personality, Master's seminar

Courses designed and taught as sole instructor, University of Oregon 2009-2013

Statistical Methods, evaluation mean of mean scores: 3.8¹
Cultural Psychology, evaluation mean score: 4.2
Psychopathology, evaluation mean scores: 4.2
Personality, evaluation mean: 4.6

Lab sections taught, University of Oregon 2006-2013

Advanced Data Analysis for undergraduate students, evaluation mean over 2 terms: 4.4
Data Analysis for first year Ph.D. students, evaluation mean 7 terms: 4.5; last term: 4.8
Research Methods for undergraduate students

Course Assistantships

Differential Psychology and Personality (*University of Lausanne* 2016-2021)
Individual and Organisational Assessment (*University of Lausanne* 2017-2020)
Seminar on Trauma across Cultures (*Université de Fribourg: Co-instructor* Spring 2020)
Psychology & Law (*University of Oregon*)
Motivation & Emotion (*University of Oregon*)
Personality (*University of Oregon*)
Human Sexuality (*Southern Oregon University*)

OTHER TEACHING EVENTS

Day-Long Workshop for graduate students on “Cultural Psychology: Emic and Etic Approaches” November 14, 2025, University of Limpopo, South Africa

¹ Students rate instructors on 12 aspects of teaching effectiveness, including clarity, organization, respectfulness, and responsiveness to student needs, on a scale from 1 (unsatisfactory) to 5 (exceptional).

Summer school instructor, Summer School of Personality Science (SSPS), Berlin, Germany,
July 2024

MENTORING

Postdoctoral researchers, primary supervisor

Daniel Hofmann, University of Zurich 2025 - 2026

Ayele Ashenafi Damte, Swiss Excellence Postdoctoral Scholarship, from Ethiopia 2024-2025

Milena Claudius, University of Lausanne, 2020-2021

PhD completed as primary supervisor:

Julia Rotzinger, University of Zürich February, 2025, “Cultural variation and mental health in sub-Saharan Africa”

Daniel Hofmann, University of Zürich, August, 2025, “Mental health assessment among young adults in Southern and Eastern Africa”

PhD in progress as primary supervisor:

Selma Uugwanga, University of Zürich, “Emerging Adulthood in Southern and Eastern Africa”

PhD completed co-supervisor:

Athumani J. Mgaya, University of the Free State 2026, “Being well: Positive youth development towards well-being among African emerging adults”

Etienne Heitz, University of Zürich 2026 “Persönlichkeitsentwicklung in der Schweizer Armee”

PhD in progress, co-supervisor:

Diego Rex, University of the Free State, “Emerging Adulthood in South Africa: Birth order and gender as moderators of the relationship between educational identity and the dimensions of emerging adulthood”

Z. Goge, University of the Free State, “Reimagining personhood: The role of African spirituality and well-being in the formation of personhood among emerging adults.”

Divine Bitalo, University of the Free State, “On Becoming a good person: Notions of virtue and personhood among African Emerging Adults”

PhD Jury Member

Livia Sacchi, University of Lausanne, 2025 “The Role of Cognitive Appraisal and Personality Traits in Emotion”

Anais Aeschlimann, University of Zurich 2024, “Cultural Adaptation of an Internet-Based Self-Help Intervention for Grieving Syrian Refugees in Switzerland”

Celestin Mutuyimana, University of Zurich 2023, “Cultural Scripts of Trauma sequelae in Rwanda and East Africa Trauma Survivors”

Sandra Rossi, University of Zurich 2023, “Aging, Trauma, and Metaphors of Trauma in Older Yenish (Swiss Travelers): An Ethnopsychological Project”

MSc completed as primary supervisor:

Simona Egli (UZH 2025) “Motivations for Alcohol Use in Namibia”

Lena Lüscher (UZH 2025) “Differential Item and Step Functioning in the International Mental Health Assessment in Kenya, Namibia and South Africa”

Dora Jurcevic (UZH 2025) “Prevalence, risk and protective factors of mental health among young adults in Sub-Saharan Africa: A systematic review”

Sofie Kunzle (UZH 2025) “Assessing Negative Emotionality in Sub-Saharan Africa”

Erica Mae Lavilla (UZH 2025) “Idioms of distress in psychological assessment in Sub-Saharan Africa”

Sanaa Bladh (UZH 2024) “Relational Mobility in Sub-Saharan Africa”

Pascale Rouilly (UZH 2024), "Higher Education and Career Plans Among Young Namibian Adults: Exploring the Unique Shape of Emerging Adulthood"

Michelle Rahm (UZH 2024), "Gender Differences in Mental Health in Sub-Saharan Africa: Prevalence and Development among Young Adults in Kenya, Namibia and South Africa"

Lia Jenal (UZH 2024), "Dimensions of Emerging Adulthood in Namibia: Individual Development through Communal Values"

Elena Orsi (UZH 2024), “The Ethics of Autonomy, Community, and Divinity in Namibian Youth: An Examination of Guiding Moral Values and the Impact of Globalization”

William Viella Martins (University of Bern 2023), "A cross-culturally convergent personality model of three dimensions"

Franka Schneider (UZH 2023), “Ubuntu/Harambee: A qualitative exploration in Namibia. Reflection of Ubuntu/Harambee in young adults' lives”

David Schröder (UZH 2023), “Socio-economic status and mental health in Sub-Saharan Africa”

Lilly Schmidt-Tophoff (UZH 2023), “The Role of Religiosity in the Mental Health Among 18-Year-Olds in Sub-Saharan Africa”

Myrjam Suter (UZH 2023), “Markers of Adulthood of Emerging Adults in Namibia: Psychometric Testing, Endorsement, and Attainment of the MoA Scale”

Aleyna Ekinci (UZH 2022), “The experience of ‘pain in the heart’ and its relations to major depressive disorder”

Christoph Flückinger (UZH 2022), “Motivations for alcohol consumption among young adults in Namibia - A comparison across Oshiwambo speakers”

Gayong Son (Universität Basel 2022), “Measurement Invariance of the Satisfaction with Life Scale in Three Languages of Namibia”

Milena Claudius (Universität Bern 2022), “Still Standing Inside: Local Idioms of Trauma among Namibian Speakers of Khoekhoegowab”

MSc completed, co-supervisor:

Kutloano Molumo (University of the Free State, 2026). “Locked-in/Locked-out: The experiences of African emerging adults in facing critical life events.”

Zandile Viti (University of the Free State, 2026). “Balancing risk and resilience: Emerging into adulthood in African contexts.”

Rachel Moffat (University of the Free State, 2026). “The relationship between the dimensions of emerging adulthood and satisfaction with life in Sub-Saharan Africa.”

MSc in progress as primary supervisor:

Basil Maly (Universität Bern, 2026) “Access to resources and mental health in three African Countries”

Janine Likscai (UZH 2026) “Differential Personality Trait Desirability across Cultures”

Lia Chiara Dotta (UZH 2026) “Romantic and Family aspirations among Namibian Emerging Adults”

Anika Stark (UZH 2026) “Religious beliefs in Namibian Emerging Adults”

Sandra Aderhold (UZH 2026) “Risk and Protective Factors of Mental Health among Young Adults in Kenya, Namibia and South Africa”

MSc in progress, co-supervisor, all at University of the Free State, South Africa:

Elam Maso, “Finding autonomy: A self-determination perspective on African emerging adulthood.”

Lerato Sokhaya, “Critical life events and the shaping of African emerging adults’ worldviews: A developmental perspective”

Shabalala, N. L. “Rewriting the self: Narrative identity in African emerging adults facing life transitions.”

Sehlabaka, B. “Defining moments: How life events guide career identity in Africa’s emerging adults.”

Internships

Ronja Livia Schmoll, UZH 2025

Ato Asiedu Akrofi UZH 2025

PROFESSIONAL MEMBERSHIPS

Social and Personality Psychology (SPSP) *International Committee Member 2021-2024*

World Association of Personality Psychology (WAPP) *elected member of executive board*

European Association for Personality Psychology (EAPP) *regional representative*

International Association for Cross-Cultural Psychology (IACCP)

Association of European Qualitative Researchers in Psychology (EQuIP)

Association for Research on Personality (ARP)

European Association for Psychological Assessment (EAPA)

Society for the Improvement of Psychological Science (SIPS)

American Psychological Association (APA): Division 5

Swiss Psychological Association (SPS)

Deutsche Gesellschaft für Psychologie (DPG)

SELECTED PROFESSIONAL SERVICE

2026 Diversity committee, Association for Research in Personality

2025 Steering committee member, editorial fellowship program for European Association for Research in Personality

2025 Editorial Board member, *African Journal of Psychological Assessment*

- 2024 Summer school instructor, Summer School of Personality Science (SSPS)
- 2024 Co-editor Special Issue “Highlighting Personality and Social Psychological Theory from Majority World Contexts”, *Personality and Social Psychology Review*
- 2022 – European Association for Personality Psychology (EAPP), Regional Representative
2024 for Central Europe
- 2023 Task force co-chair, United Nations Consultative Status Committee, SPSP
- 2021 – Co-chair, International Committee, Society for Personality and Social Psychology
2024 (SPSP)
- 2020 – Editorial board member, *European Journal of Personality*
- 2019 – Elected member executive committee, World Association of Personality Psychology