

— PROGRAM —

52nd Annual International Meeting

June 23-26, 2021

Online



President	Martin Grosse Holtforth
Past President	Bruce Wampold
President Elect	Shelley McMMain
General Vice-President	Wolfgang Lutz
Executive Officer	Bernadette Walter
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North America	Kevin McCarthy
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Local Organizing Committee	Henning Schauenburg (Chair Local Organizing Committee), Corina Aguilar Raab, Jana Volkert, Johannes Ehrental, Stephanie Bauer, Ulrike Dinger
Technical/Administrative Team	Oliver Evers, Claudia Dias Martins, Ryan Kavanagh, Lauren Gnat
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PREFACE

Dear Colleagues,

The members of the Conference Program Planning Committee and Local Organizing Committee warmly welcome you to the 52nd International Meeting of the Society for Psychotherapy Research.

At this virtual conference we will celebrate 52 years of sharing our research with colleagues from around the world, representing multiple professions and diverse perspectives. The program of our annual meeting reflects the conference theme, "From Unravelling to Stitching: Tailoring Psychotherapy in the Face of Change."

On behalf of the Conference Program Planning Committee, we would like to thank you all for the submission of Panels, Brief Papers, Structured Discussions, Posters, and Pre-Conference/Conference Workshops. The response to our call for submissions was enthusiastic: we received an impressive number of submissions representing all areas of psychotherapy research, practice, and training. Psychotherapists and researchers from across the globe have displayed tremendous resilience in response to the COVID-19 pandemic, and we are excited for this opportunity to gather together virtually to discuss the significant research contributions advancing our professional field.

Online Conference Platform: In the face of change, this year will mark our very first virtual conference. All pre-recorded and livestreamed sessions will be available to our global audience through the interactive online event platform MyOnvent. The platform is easily accessible, sustainable, and has a host of features to support networking and staying connected even at a distance.

Program Structure

(Sessions reflect time zone in Heidelberg, Germany: CEST)

The program starts on Wednesday, with 9 Pre-Conference workshops in the afternoon from 14.00 to 17.00. The Opening Ceremony begins at 17.15 and includes the Presidential Address, the Awards Ceremony, and a Welcome Reception (Virtual Meet Up).

Thursday, Friday, and Saturday mornings will open at 8.00 for an assortment of panels, brief papers, structured discussions, conference workshops, and plenaries.

Chapter meetings are scheduled for Thursday, from 12.30 to 13.30 (United Kingdom and European Union) and 19.30 to 20.30 (North America and Latin America). The General Membership Meeting is scheduled for Friday from 18.00 to 18:55.

All poster booths will be accessible for drop-in browsing throughout the conference.

Online social events will be held on Wednesday, Friday and Saturday evenings.

Breaks and Lunch: The program includes breaks between conference sessions to allow for networking, through online chat, as well as moments of pause away from the screen. The program also includes 1.5hrs every day for lunch breaks.

We are happy to have you joining us virtually, from the comfort and safety of your own homes and offices!

Shelley McMMain, Chair, Program Planning Committee

Henning Schauenburg, Chair, Local Organizing Committee

PREFACE

Past Presidents

Term	Program Chair	Conference Site
1970-1971	Ken Howard	Chicago, USA
1971-1972	David Orlinsky	Saddle Brook, USA
1972-1973	Hans Strupp	Nashville, USA
1973-1974	Lester Luborsky	Philadelphia, USA
1974-1975	Allen Bergin	Denver, USA
1975-1976	Sol Garfield	Boston, USA/London UK
1976-1977	Aaron T. Beck	San Diego, USA
1977-1978	Morris B. Parloff	Madison, USA
1978-1979	Irene Elkin	Madison, USA
1979-1980	Edward S. Bordin	Oxford, UK
1980-1981	Mardi J. Horowitz	Pacific Grove, USA
1981-1982	Stanley D. Imber	Aspen, USA
1982-1983	Alan S. Gurman	Smugglers' Notch, USA
1983-1984	Arthur H. Auerbach	Sheffield, England
1984-1985	A. John Rush	Lake Louise, Canada
1985-1986	Jim Mintz	Evanston, USA
1986-1987	Larry E. Beutler	Wellesley, USA
1987-1988	Larry E. Beutler	Ulm, Germany
1988-1989	Charles R. Marmar	Santa Fe, USA
1989-1990	Leslie S. Greenberg	Toronto, Canada
1990-1991	Horst Kächele	Wintergreen, USA
1991-1992	Lorna Smith Benjamin	Lyon, France
1992-1993	Leonard M. Horowitz	Berkeley, USA
1993-1994	David A. Shapiro	Pittsburgh, USA
1994-1995	Clara E. Hill	York, England
1995-1996	Klaus Grawe	Vancouver, Canada
1996-1997	Paul Crits-Christoph	Amelia Island, USA
1997-1998	William B. Stiles	Geilo, Norway
1998-1999	Marvin R. Goldfried	Snowbird, USA
1999-2000	William E. Piper	Braga, Portugal
2000-2001	Robert Elliott	Bloomington, USA
2001-2002	Franz Caspar	Montevideo, Uruguay
2002-2003	Karla Moras	Santa Barbara, USA
2003-2004	Mark Aveline	Weimar, Germany
2004-2005	John Clarkin	Rome, Italy
2005-2006	Michael J. Lambert	Montreal, Canada
2006-2007	Erhard Mergenthaler	Edinburgh, Scotland
2007-2008	Jacques P. Barber	Madison, USA
2008-2009	Bernhard Strauss	Barcelona, Spain
2009-2010	Louis Castonguay	Santiago de Chile, Chile
2010-2011	Lynne Angus	Asilomar, USA
2011-2012	Guillermo De la Parra	Bern, Switzerland
2012-2013	George Silberschatz	Virginia Beach, USA
2013-2014	Hadas Wiseman	Brisbane, Australia
2014-2015	Jeanne Watson	Copenhagen, Denmark
2015-2016	J. Christopher Perry	Philadelphia, USA
2016-2017	J. Christopher Muran	Jerusalem, Israel
2017-2018	Paulo Machado	Toronto, Canada
2018-2019	Mariane Krause	Amsterdam, Netherlands
2019-2020	Bruce Wampold	Buenos Aires, Argentina

PREFACE

CE Credit

SPR is pleased to offer Continuing Education credits through the Society for the Advancement of Psychotherapy, APA Division 29. The Society for the Advancement of Psychotherapy, APA Division 29 is approved by the American Psychological Association to sponsor continuing education for psychologists. The Society for the Advancement of Psychotherapy - APA Division 29 maintains responsibility for this program and its content.

CE Credit is granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. **CE credits are offered only for sessions attended live, synchronously.** Attendance is monitored. Credit will not be granted to registrants who are more than 15 minutes late, are absent for more than 15 minutes during a session, or those who depart more than 15 minutes early from a session. All session evaluation forms will be completed online at the end of each session attended. Credit will not be granted to registrants who do not submit a completed evaluation form after the session. It is the responsibility of registrants to comply with these requirements. It is the responsibility of the registrant to determine whether these CE credits are valid in their state of licensure. Registration for CE credits can be done on-line after registering for the conference. The fee is \$40.

Cancellation Policy: Full refund for a cancellation of CE purchase received prior to June 23, 2021. No refunds are given for cancellations received after June 23rd.

Complaint Procedure: Should you wish to file a formal complaint about the CE process, please visit the Society for the Advancement of Psychotherapy's website: <http://societyforpsychotherapy.org/> for complete instructions.

SCHEDULE: JUNE 23

Wednesday, June 23											
Auditorium	1	2	3	4	5	6	7	8	9	10	11
	Pre-Conference Workshops										
14:00-17:00	Traditions and New Beginnings in Psychotherapy Research: The 50-year anniversary edition of the Bergin and Garfield Handbook of Psychotherapy and Behavior Change	Strategies for recognizing, addressing, and repairing ruptures in the alliance	Introduction to Latent Curve Modeling	Using Cross-Lagged Panel Models for Mechanisms of Change Research: An Introduction			Happy Tears: An Adoptee's Development of Identity through Reunification	Conceptual and analytical advances for core outcomes in psychotherapy research	Systemic and family therapy for social anxiety disorder: manual-based disorder-specific interventions and pilot randomized controlled trial	Working with the mind as an extension of online psychotherapy methods	Lighthouse MBT-Parenting Programme
17:00-17:15	Break										
17:15-17:45	Opening Ceremony										
17:45-18:45	Presidential Address—Growing a Psychotherapy Research Project										
18:45-19:15	Awards Ceremony										
19:15-20:15	Welcome Reception (Virtual Meet Up)										
20:30-21:30	Virtual Research Coffee Hour										

SCHEDULE: JUNE 24

Thursday, June 24

Auditorium	1	2	3	4	5	6	7	8	9	10	11	12	13	14	
8:00-9:30	Panels														
	New developments in the personalization of treatments, measurement, and feedback	Individualized psychotherapy treatment for young people with mental disorders (TREATme)	Meaningful Moments in Psychotherapy: What is meaningful in psychotherapy?	New findings on psychotherapists' facilitative interpersonal skills	Enactments, Impasses, and Stalemates in the Psychotherapy Process	Research on Control-Mastery Theory	Clinical utility of countertransference identification	Advances in research on Interpersonal synchrony	Rupture-resolution under the lens: tailoring the specifics of the alliance during the therapeutic process	Factors and process of change in child psychotherapy	Impact of COVID-19 on therapeutic practice	The assimilation of problematic experiences model: new challenges	Psychotherapy During Covid-19: Lessons from the U.S. and India	Physiological correlates of the therapeutic process and their association with outcome	
9:30-12:30	Workshop														
	MBT - General Introduction and Specific Applications														
9:45-10:45	Structured Discussions														
	Brief Paper Sessions														
	The future of process research: What kind of methods for what kind of theories?			Mind the Research-Practice Gap: Researchers, Clinicians, and the Elusive Scientist/Practitioner		Psychotherapy & COVID-19 I		Alliance I		Therapist training and development I		Culture & Identity		Personality	
11:00-12:30	Panels														
	The Impact of therapist effects: Improving patient outcomes and therapists' wellbeing	"Young Outcomes": Why Psychotherapy Outcome Research Requires an Adolescent Perspective	Language use as an unobtrusive marker of mental health and psychotherapy outcome	Negative effects of psychotherapy	Current trends in contemplative and psychotherapy research	Adherence and dropout in psychotherapy with children and adolescents	Going beyond the alliance-outcome association: Advancements in research to further understand alliance effects on psychotherapy outcome	Quarantine, confinement, and social distancing due to COVID-19: meanings, effects, and coping strategies on Chilean and Peruvian populations	From the brain to clinical practice: bridging the gap between psychotherapy research and affective neuroscience	Alliance Ruptures and Repairs in a Group Context	Panels			What can we learn from synchronous body movements?	The Impact of cultural differences and biases on the process and outcome of psychotherapy
12:30-13:30	Meetings														
	UK Chapter Meeting		EU Chapter Meeting												
12:30-14:00	Lunch Break														
14:00-15:20	Panels														
	Therapist Contributions to the Working Alliance in Psychotherapy	Understanding Patient Characteristics, Treatment Processes, and Outcome in a Comparative Effectiveness Study of Cognitive and Dynamic Therapies in a Community Mental Health Clinic	Contextual and clinical approaches to implementing routine outcome monitoring and clinical feedback – bottom up stakeholder perspectives	Using cross-sectional and longitudinal studies to personalize psychotherapy	New CBT Adaptations for Mental Health Services	Three large multinational surveys during the early months of COVID-19: stress, distress, psychiatric status, defenses, coping, and health-protective behaviors	Personalizing Psychotherapy: Aligning with the client	Individualizing treatments for personality disorders: empirical perspectives	From a Symptom-Oriented to a Person-Centered Approach in Treating Eating Disorders: How Identifying New Treatment Targets May Improve Therapy Process and Outcome	Becoming a psychotherapist: First Steps into the profession					
15:20-16:30	Break														
15:30-16:50	Semi-Plenary		Semi-Plenary												
	Bridging the past, the future, and breadth of SPR and psychotherapy research: Lessons and recommendations based on a 50-year legacy		What works for whom? Tailoring the therapy relationship												
16:50-17:00	Break														
17:00-17:55	Structured Discussions														
	Brief Paper Sessions														
	The art of in psychotherapy: from theory to praxis	Memory reconsolidation in psychotherapy research	From individual to societal change: Discussing the response of psychotherapy research and SPR to climate change	The incorporation of telepsychotherapy into routine practice during the pandemic: Challenges for research and training of psychotherapists	Adolescents	Alliance in Teletotherapy	Attachment & development I	Other	Treatment process and outcome I	Anxiety					
17:55-18:00	Break														
18:00-19:20	Plenary														
	Tailoring Psychotherapy to the Person, Context, and Moments														
19:20-19:30	Meetings														
	NA Chapter Meeting		LA Chapter Meeting												

SCHEDULE: JUNE 25

Friday, June 25															
Auditorium	1	2	3	4	5	6	7	8	9	10	11	12	13	14	
		Panels									Panels				
8:00-9:30		Outside the Box and Inside the Therapeutic Relationship: Epistemic Trust and Its Determinants in Psychotherapy.	Factors contributing to change in psychotherapy	In-Session Process in Psychodynamic Psychotherapy	The challenge of training psychologists: Proposals for supervision models to develop therapeutic skills	Treatment failure in psychotherapy: Perspectives on premature termination	Playing Defense – Assessment and Clinical Relevance of Child, Adolescent, and Parental Defenses and Personality Styles	How to Personalise an Internet Intervention?		Therapy's Matchmaking: The congruence in pre-therapy traits, attachment, and emotional regulation between the therapist & patient.	Psychotherapy Trainees' Quality of Life: Demographic and Personal Factors and Implications	Clinical Feedback Systems: Digging Deeper	Using routine outcome measures in practice	What's really going on here? The application of sRS to elucidate negative process	
9:30-9:45	Structured Discussions			Brief Paper Sessions					Break						
9:45-10:45	Principles for Guiding Common Factors Therapy	Honoring Professor Horst Kächele	The Responsive Therapist in Different Therapeutic Approaches	Change process I	Attachment & development II	Psychotherapy - Specific Approaches	Qualitative I	Therapist training and development II							
10:45-11:00	Panels				Panels				Panels						
11:00-12:30	Clinical trials of personalized treatment and adaptation approaches	Emotion Focused Therapy (EFT) in various forms – selection and controlled trials on their effects and more	Exploring effects of the therapeutic relationship and its predictive relationship with treatment outcome		Therapists' emotions and their role in the client-therapist relationship and therapy process	Dyadic collaborative interaction: Contributes to understanding processes of change in cognitive behavior therapy	The Secret Sauce: What Makes Child Psychotherapy Work in Three Treatment Models?		Promoting change through resource activation and ambivalence resolution	Relationships between Contextual Factors and Psychotherapy Outcomes	Pandemic and Mental Health: therapist experience and changes in clinical practice	The Impact of attachment-based interventions on Interpersonal functioning and functioning in therapy for children and adolescents	Exploiting the Public Health Potential of Internet-based Interventions	Nonverbal synchrony in the psychotherapeutic process	
12:30-14:00	Lunch Break														
	Panels														
14:00-15:20	Novel Understandings of the Working Alliance and Ruptures in Psychotherapy	Outcomes and Processes in Psychodynamic Child Therapy Amid a Changing World	Enhancing the treatment of depression with novel technologies	Conflict Analysis: Inpatient, online, and psychoeducational implementations	Adherence, Flexibility, and Technique Diversity in the Implementation of Psychotherapies	Who works for whom? Understanding and harnessing therapist effects in naturalistic mental health care	Synthesizing qualitative research	Monitoring the emotional and relational interplay of the therapeutic dyad	Barriers and gateways to healing: Negative self-associations, emotion regulation, and self-compassion as predictors of psychotherapeutic outcome in depression and anxiety	Genetic and Physiologic Markers in Psychotherapy Research: Integrating Neuroimaging, Physiologic, and Genomic Methods as Measures of Process and Outcome					
15:20-15:30	Break														
	Semi-Plenaries														
15:30-16:50	Attending to Power, Privilege, and Oppression in Psychotherapy Research	Studying Mechanisms and Moderators in Psychotherapy	Recommendations for a Transdiagnostic Clinical Practice Guideline on Emotion Regulation												
16:50-17:00	Break														
	Structured Discussions			Brief Paper Sessions							Meeting				
17:00-17:55	Generating practice-oriented research: Guidelines from the integration of research/practice/training, implementation science, and community based participatory research.	Personalizing Psychotherapy by Using Case Formulation: A Research Challenge	Complementary Research Perspectives on Alliance Ruptures	Child & family	Evidence-based psychotherapies	Depression	Assessment	Practice-training-research networks	Change process II	Therapist training and development III	Interest Section Meeting: SPRISTAD				
17:55-18:00	Break														
18:00-18:55	Meeting General Membership Meeting														
18:55-19:00	Break														
19:00-20:00	Meeting Past Journal Editor's Meeting														
19:00-20:00		Meeting Past President Meeting													
19:00-20:00				Meeting Interest Section Meeting Child, Adolescent and Family Therapy (CAFTR)											
21:00-22:00	Student-Post Doc Virtual Trivia Night														

SCHEDULE: JUNE 26

Saturday, June 26														
Auditorium	1	2	3	4	5	6	7	8	9	10	11	12	13	14
8:00-9:30	Panels													
	Novel methods for bottling old wine: Biological and statistical innovations for studying interpersonal processes in psychotherapy	New Approaches to Better Understand the Process of Couple Therapy	Psychotherapy of depression and anxiety: challenges and solutions for treatment pathways	Going broad and going deep: research on how mentalizing relates to psychotherapy in different psychotherapy modalities and populations	Advances in psychopathology, psychosocial correlates and processes of change in personality difficulties	Trans-diagnostic client variables that impact outcome	Changes in Psychotherapy as a Result of the COVID-19 Pandemic	A new ROM for each country: Can we customize Routine Outcome monitoring (ROM) to National Health Care characteristics?	Ambivalence, Resistance and Engagement: The interplay between intra and interpersonal tensions in psychotherapy	Treatment and Subjectivity of Depression in Public Health and Primary Health Care (PHC)	Impacts of the Covid-19 Pandemic on Mental Health and Mental Health Care in Austria and Italy		International Students and Psychotherapy	
9:30-12:30	Workshop													
	When, why and how do patients change in psychotherapy? - Measuring, Predicting and Tracking Change in Psychotherapy													
9:45-10:45	Structured Discussions					Brief Paper Sessions								
	The role of the body in psychotherapy research - old wisdom and new directions	Systematic Case Studies in the context of COVID-19 Pandemics	Training therapists in These Changing Times	Abusive Science		Process and outcome	Psychotherapy & COVID-19 II	Qualitative II						
11:00-12:30	Panels													
	Examining the Effects of Therapist Attachment-Related Behaviors and Client Perfectionism on the Process and Outcome of Psychotherapy	Tailoring psychotherapy in children and adolescents by focusing on a dynamic network approach, developmental peculiarities and mechanisms of change	Using Event Sampling Methodology in Clinical Psychology and Psychotherapy to Better Understand the Development, Maintenance and Change in Mental Disorders	The Society for Psychotherapy Research Interest Section on Culture and Psychotherapy (SPRISCAP) Collaborative Project: Experiences of Depression Across the World.		Online, Blended, and Face-to-Face Therapy before and during COVID-19	The impact of the collective trauma from the COVID-19 pandemic on processes of affective and symbolic representation.	Research of therapeutic technique from common factor perspective: contemporary research projects	The Development of Responsive Therapists Through Training and Supervision: From Helping Skills to Assimilation of Life Script Themes	Personality Pathology: Findings and Implications for the Process and Outcome of Psychotherapy	Operationalized Psychodynamic Diagnosis (OPD-2) in Latin America: a Practice-Oriented Research Tool	Studies on psychotherapy training	Implementing Routine Outcome Monitoring, International Contributions.	
12:30-14:00	Lunch Break													
14:00-15:20	Panels													
	Common and specific processes in dynamic psychotherapy - advances in the study of alliance, agency and insight	Relevance of family and group processes in psychotherapy with children, adolescents and emerging adults	Bringing clinicians and researchers together: Integrating research on and clinical implementation of principles of change in the treatment of depression	Changes of Reflective Functioning in Psychotherapy	The Challenge of Responsiveness for Research and Practice	Facilitating Access to Psychological Care: Adapting and Developing Remote Treatment and Assessment in the Context of COVID-19	Everything online? What do patients and staff want and need in times of Corona?	Meta-analyses of group treatment efficacy and mechanisms of change	How to personalize psychotherapy? Three distinct approaches	"It's not what you said, but how you said it": Voice characteristics in psychotherapy				
15:20-16:30	Break													
15:30-16:25	Structured Discussion	Structured Discussions		Brief Paper Sessions										
	Meet the Editors of the SPR Journal "Psychotherapy Research"	Generating practice-oriented research: Guidelines from patient focus research, practice evidence, and practice research network	Tailoring or stitching? On the future of psychotherapy training	Alliance II	Change Process III	Alliance III	Psychoanalysis	Treatment process and outcome II	Mentalization					
16:25-16:30	Break													
16:30-17:50	Panels													
	Emotional activation of therapists during the Facilitative Interpersonal Skills performance task	Therapist Courage	Personalizing Psychotherapy for Clients at Risk: Assessment, Client Experience, and Treatment	Using Natural Language Processing and Machine Learning Approaches to Advance Psychotherapy Research	Adaptations of psychotherapy for depressed patients with specific vulnerabilities	Routine clinical assessment and feedback: Innovative approaches to assessments of psychotherapy process and progress	IMPLEMENT 2.0: A Comprehensive Trial of Cognitive-Behavioral Therapy for Generalized Anxiety Disorder	A dyadic framework for understanding and assessing countertransference feelings	Scrutiny in psychotherapy outcome research: Interindividual differences in treatment effects, risk of bias, and intensity of control groups					
17:50-18:00	Break													
18:00-19:00	Past Presidential Address—After all these years...Are we progressing?													
19:00-19:15	Farewell													
20:00-22:00	Online Social Event													

Wednesday, 23 June

(Sessions reflect time zone in Heidelberg, Germany: CEST)

- PRE-CONFERENCE WORKSHOP**

Organizers: *Michael Barkham, University of Sheffield, UK; Wolfgang Lutz, Universität Trier, Germany; Louis Castonguay, Penn State University, University Park, USA*

Wednesday | 14:00-17:00 | Auditorium 01
Traditions and New Beginnings in Psychotherapy Research – The 50-year anniversary edition of the Bergin and Garfield Handbook of Psychotherapy and Behavior Change

Michael Barkham, University of Sheffield, UK; Wolfgang Lutz, Universität Trier, Germany; Louis Castonguay, Penn State University, University Park, USA; Simon Goldberg, University of Wisconsin, Madison, USA; Kim de Jong, Leiden University, Netherlands; Julian Rubel, University of Giessen, Germany; Jaime Delgado, University of Sheffield, UK; Soo Jeong Youn, Massachusetts General Hospital; Jesse Owen, University of Denver; Zachary D. Cohen, University of California, Los Angeles; Sigal Zilcha-Mano, University of Haifa, Israel; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA; Steven Hollon, Vanderbilt University, Nashville, USA; Mei Yi Ng, Florida International University, Miami, USA

CE
- PRE-CONFERENCE WORKSHOP**

Organizer: *Chris Muran, Adelphi University, New York, USA*

Wednesday | 14:00-17:00 | Auditorium 02
Strategies for recognizing, addressing, and repairing ruptures in the alliance

Chris Muran, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University, New York, USA; Lisa Samstag, Long Island University, Brooklyn, NY

CE
- PRE-CONFERENCE WORKSHOP**

Organizers: *Patrick Curran, University of North Carolina, Chapel Hill, USA; Daniel Bauer, University of North Carolina, Chapel Hill, USA*

Wednesday | 14:00-17:00 | Auditorium 03
Introduction to Latent Curve Modeling

CE
- PRE-CONFERENCE WORKSHOP**

Wednesday | 14:00-17:00 | Auditorium 04
Using Cross-Lagged Panel Models for Mechanisms of Change Research: An Introduction

Organizers: *Fredrik Falkenström, Linnaeus University, Sweden; Nili Solomonov, Weill-Cornell Medical College NY*

CE

5.
PRE-CONFERENCE WORKSHOP

Wednesday | 14:00-17:00 | Auditorium 07
Happy Tears: An Adoptee's Development of Identity through Reunification

Organizer: *Jessica Popham, Albizu University*

6.
PRE-CONFERENCE WORKSHOP

Wednesday | 14:00-17:00 | Auditorium 08
Conceptual and analytical advances for core outcomes in psychotherapy research

Organizer: *Jan R. Boehnke, University of Dundee*

7.
PRE-CONFERENCE WORKSHOP

Wednesday | 14:00-17:00 | Auditorium 09
Systemic and family therapy for social anxiety disorder: manual-based disorder-specific interventions and pilot randomized controlled trial

Organizers: *Christina Hunger-Schoppe, Witten/Herdecke University; Jochen Schweitzer, University Hospital, Heidelberg, Germany*

8.
PRE-CONFERENCE WORKSHOP

Wednesday | 14:00-17:00 | Auditorium 10
Working with the mind as an extension of online psychotherapy methods

Organizer: *Milena Karlinska-Nehrebecka, Sigmund Freud University, Vienna, Austria*

9.
PRE-CONFERENCE WORKSHOP

Wednesday | 14:00-17:00 | Auditorium 11
Lighthouse MBT-Parenting Programme

Organizers: *Gerry Byrne, University of Oxford; Clare Mein, Oxford Health NHS Foundation Trust; Jana*

*Volkert, University Hospital,
Heidelberg, Germany; Anna
Georg, Universität Heidelberg*

10. Wednesday | 17:15-17:45 | Auditorium 01
CEREMONY **Opening Ceremony**

11. Wednesday | 17:45-18:45 | Auditorium 01
PLENARY **Presidential Address**

- **Growing a Psychotherapy Research Project.** Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland

12. Wednesday | 18:45-19:15 | Auditorium 01
CEREMONY **Awards Ceremony**

13. Wednesday | 19:15-20:15 | Auditorium 01
SOCIAL **Welcome Reception (Virtual Meet Up)**

14. Wednesday | 20:30-21:30 | Auditorium 01
SOCIAL **Virtual Research Coffee Hour**

Thursday, 24 June

(Sessions reflect time zone in Heidelberg, Germany: CEST)

15.

PANEL

Organizer: *Julian Rubel, University of Giessen, Germany*

Moderator: *Julian Rubel, University of Giessen, Germany*

Thursday | 8:00-9:30 | Auditorium 01

New developments in the personalization of treatments, measurement, and feedback

- **Heterogeneity of treatment effects in trials on psychotherapy of depression.** Eva-Lotta Brakemeier, University Greifswald; Tim Kaiser, University of Greifswald, Germany
- **Multivariate models for routine outcome monitoring: Benefits and challenges.** Andrew McAleavey, Weil Cornell Medical College; Samuel Nordberg, Reliant Medical Group, Massachusetts, US; Christian Moltu, Western Norway University of Applied Sciences
- **Personalized treatment selection: Recommending treatment approach and setting based on machine learning and inferential statistics.** Brian Schwartz, Universität Trier, Germany; Wolfgang Lutz, Universität Trier, Germany
- **Covariate selection for estimating conditional treatment effects in psychotherapy research – a Monte Carlo simulation.** Robin Wester, University of Giessen, Germany; Axel Mayer, Bielefeld University, Germany; Julian Rubel, University of Giessen, Germany

16.

PANEL

Moderators: *Svenja Taubner, University of Heidelberg, Germany; Stig Poulsen, University of Copenhagen, Denmark;*

Thursday | 8:00-9:30 | Auditorium 02

Individualized psychotherapy treatment for young people with mental disorders (TREATme)

- **Impacts of patient and public involvement in mental health research with young people: a systematic review.** Filipa Martins, Universidade do Porto, Portugal; Julian Edbrooke-Childs (on behalf of Treatme WG4), Anna Freud Center, London, UK
- **Dissemination, trialog and stakeholders - how to involve the patient/public into research.** Tamara Prevendar, Sigmund Freud University, Vienna, Austria; Henriette Loeffler-Stastka, Medical University of Vienna, Austria;

Giada Pietrabissa, Catholic University of Sacred Heart, Milan, Italy

- **Predictors and moderators of outcome of psychotherapeutic interventions for mental disorders in young people: a systematic review.** Stig Poulsen, University of Copenhagen, Denmark; Vera Gergov, Finland; Eleni Vousoura, University of Athens, Greece; Henriette Loeffler-Stastka, Medical University of Vienna, Austria; Bogdan Tudor Tulbure, Romania; Treatme consortium WG1, University of Oslo, Norway; Randi Ulberg, University of Oslo, Norway
- **Mediators of Outcome in Youth Psychotherapy.** Yianna Ioannou (on behalf of WG2 of CostAction Treatme), University of Nicosia; Svenja Taubner, University of Heidelberg, Germany; Erkki Heinonen, University of Oslo, Norway; Sonja Protic, Serbia
- **Measurement Instruments for Adolescent Working Alliance: A Systematic Review.** Mariana Veloso Martins (on behalf of TREATme WG3 - <https://www.treatme.eu/working-groups/working-group-3/>), Portugal; Fredrik Falkenström, Linnaeus University, Sweden

Discussant: Stefanie Schmidt, University of Bern, Switzerland

17.

PANEL

Organizers: *Javiera Duarte, Universidad Diego Portales; Martina Fischerworring, Millenium Institute for Research in Depression and Personality; Rebecca Hilzinger, University Hospital, Heidelberg, Germany;*

Moderator: *Javiera Duarte, Universidad Diego Portales*

Thursday | 8:00-9:30 | Auditorium 03

Meaningful Moments in Psychotherapy: What is meaningful in psychotherapy?

- **Client-identified impacts of helpful and hindering events in psychotherapy: An updated qualitative meta-analysis.** Michaela Ladmanová, Masaryk University; Tomáš Řiháček, Masaryk University, Brno, Czech Republic; Ladislav Timufák, Trinity College Dublin
- **Significant Relational Events in Emotion-Focusing and Person-Centred Therapy for Social Anxiety: A Comprehensive Process Analysis Study.** Robert Elliott, University of Strathclyde, Glasgow, UK; Joan Shearer, University of Strathclyde, Glasgow, UK; Kristoffer Gray, University of Strathclyde, Glasgow, UK; Hongze Lu, University of Strathclyde, Glasgow, UK; Taweeporn Srisuwan, University of Strathclyde, Glasgow, UK; Helen

Watkins, University of Strathclyde, Glasgow, UK;
Andrew Whitelaw, University of Strathclyde,
Glasgow, UK

- **The evolution of meaningful moments during the course of therapy in the eyes of a patient and his therapist.** Rebecca Hilzinger, University Hospital, Heidelberg, Germany; Javiera Duarte, Universidad Diego Portales; Martina Fischerworing, Millenium Institute for Research in Depression and Personality; Jochen Schweitzer, University Hospital, Heidelberg, Germany; Christina Hunger-Schoppe, Witten/Herdecke University
- **Client-Therapist interaction in ambivalence and ambivalence resolution moments over a constructivist grief therapy process.** Cátia Braga, Universidade do Minho, Braga, Portugal; Helena Ferreira, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, University of Minho

Discussant: Javiera Duarte, Universidad Diego Portales

18.

PANEL

Organizer: *Antje Gumz,*
Psychologische Hochschule
Berlin

Moderators: *Antje Gumz,*
Psychologische Hochschule
Berlin; Timothy Anderson,
Ohio University, Athens, USA;

Thursday | 8:00-9:30 | Auditorium 04

New findings on psychotherapists' facilitative interpersonal skills

- **The Role of Therapist Facilitative Interpersonal Skills in Predicting Alliance and Outcome in Psychotherapy.** Suzannah J. Stone, Ohio University (Athens, OH USA); Timothy Anderson, Ohio University, Athens, USA; Richelle S. Allen, The New School for Social Research New York, NY USA
- **What makes a good therapist? The association between personal features and interpersonal skills of future psychotherapists.** Antje Gumz, Psychologische Hochschule Berlin; Merle Longley, Department for Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin, Berlin, Germany; Denise Kästner, Department for Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin, Berlin, Germany
- **Correlates of Facilitative interpersonal skills (FIS) in a cross-sectional and longitudinal sample of trainee therapists.** Truls Ryum, department of psychology, Norwegian University of Science and Technology; Patrick Vogel, department of psychology, Norwegian University of Science and Technology; Katrine H.

Holgerson, Tiller Mental Health Center, St. Olavs Hospital; Heidi Brattland, Tiller Mental Health Center, St. Olavs Hospital

- **The self-assessment bias of future psychotherapists – a study on facilitative interpersonal skills.** Denise Kästner, Department for Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin, Berlin, Germany; Constance Hirschmeier, Department for Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin, Berlin, Germany; Merle Longley, Department for Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin, Berlin, Germany; Antje Gumz, Psychologische Hochschule Berlin

19.

PANEL

Organizer: *Andrzej Werbart, Stockholm University, Sweden*

Moderator: *Andrzej Werbart, Stockholm University, Sweden*

Thursday | 8:00-9:30 | Auditorium 05

Enactments, Impasses, and Stalemates in the Psychotherapy Process

- **Patient-Therapist Interpersonal Behaviors in Diagnostic Interviews: Association with the Initial Therapy Process.** Christian Sell, University of Kassel
- **Deadlock in Psychotherapy: A Phenomenological Study of Eight Psychodynamic Therapists' Experiences.** Andrzej Werbart, Stockholm University, Sweden; Emma Gråke, Stockholm University, Sweden; Fanny Klingborg, Stockholm University, Sweden
- **Using Psychodynamic Formulation of Ruptures to Inform Behavioral Interventions and Repair.** Victoria Lemle Beckner, University of California, San Francisco, USA

Discussant: Louis Castonguay, Penn State University, University Park, USA

20.

PANEL

Organizer: *George Silberschatz, University of California, San Francisco, USA*

Thursday | 8:00-9:30 | Auditorium 06

Research on Control-Mastery Theory

- **Research on formulating the patient's problems and goals.** John Curtis, University of California, San Francisco, USA
- **Patient Testing in Psychotherapy on the basis of Control Mastery Theory: Manifestations of Testing & Complexity of**

the Concept. Alexandra Novak, University of Klagenfurt, Austria

- **Tests of the patient and therapist's helping skills in psychotherapy.** Jennifer Kadur, Alpen-Adria-Universität, Klagenfurt, Austria; Dorothea Huber, International Psychoanalytic University, Berlin, Germany; Günter Klug, Technische Universität München; Imke Grimm, International Psychoanalytic University, Berlin, Germany; Sylke Andreas, University of Klagenfurt, Austria
- **Objectively Measuring the Patient's Perspective.** James McCollum, San Francisco Psychotherapy Research Group

21.

PANEL

Organizer: *Attà Negri, University of Bergamo, Italy*

Moderator: *Attà Negri, University of Bergamo, Italy*

Thursday | 8:00-9:30 | Auditorium 07

Clinical utility of countertransference identification

- **A countertransference behavior coding protocol.** Maayan Abargil, Hebrew University, Jerusalem, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel
- **Therapist responses and therapeutic alliance in the psychotherapy of adolescent patients with narcissistic personality disorder: An empirical investigation.** Annalisa Tanzilli, Sapienza University of Rome, Italy; Ivan Gualco, Center for Individual and Couple Therapy, Genoa, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy
- **The impact of countertransference awareness on counselling sessions outcome.** Diego Rocco, University of Padova, Italy; Francesco De Bei, Sapienza University of Rome, Italy; Attà Negri, University of Bergamo, Italy; Luca Filippini, University of Padova, Italy

Discussant: Jeff Hayes, Penn State University, University Park, USA

22.

PANEL

Moderator: *Joana Coutinho, Universidade do Minho, Braga, Portugal*

Thursday | 8:00-9:30 | Auditorium 08

Advances in research on interpersonal synchrony

- **Temporal coupling in psychotherapy session: Analysis of physiological synchrony.** Deborah Meier, University of Bern, Switzerland; Wolfgang Tschacher, University of Bern, Switzerland

- **Should our hearts beat together? Cardiac synchrony as an entry point to understand dyadic co-regulation in couples.** Joana Coutinho, Universidade do Minho, Braga, Portugal; Alfredo Pereira, Universidade do Minho, Braga, Portugal; Patrícia Oliveira-Silva, Universidade Católica, Porto; Deborah Meier, University of Bern, Switzerland; Wolfgang Tschacher, University of Bern, Switzerland
- **Beyond dyadic synchrony.** Wolfgang Tschacher, University of Bern, Switzerland; Deborah Meier, University of Bern, Switzerland

23.

PANEL

Organizer: *Carolina Altimir, Univesidad Alberto Hurtado*

Moderator: *Carolina Altimir, Univesidad Alberto Hurtado*

Thursday | 8:00-9:30 | Auditorium 09

Rupture-resolution under the lens: tailoring the specificities of the alliance during the therapeutic process

- **Therapeutic Alliance in a successful case of online psychodynamic psychotherapy.** Luan Feijo, Universidade do Vale do Rio dos Sinos; Eduarda Barcellos, Universidade do Vale do Rio dos Sinos; Fernanda Serralta, Universidade do Vale do Rio dos Sinos
- **Therapist's subjective experience of ruptures and resolutions of the alliance in a brief psychodynamic psychotherapy: A retrospective account.** Carolina Altimir, Univesidad Alberto Hurtado; Geraldine Farias, Universidad de Las Américas; Camila Varas, Universidad de Las Américas
- **Therapeutic presence during rupture-resolution sequences: A qualitative content analysis of therapist facilitative factors..** Pedro Arévalo, Pontificia Universidad Católica de Chile, Santiago; Mahaira Reinel, Pontificia Universidad Católica de Chile, Santiago; Nina Immel, Pontificia Universidad Católica de Chile, Santiago; Daniel Vásquez, Pontificia Universidad Católica de Chile, Santiago; Carolina Altimir, Univesidad Alberto Hurtado

Discussant: Chris Muran, Adelphi University, New York, USA

24.

PANEL

Thursday | 8:00-9:30 | Auditorium 10

Factors and process of change in child psychotherapy

Organizer: *Vera Regina Ramires, Universidade do Vale do Rio dos Sinos, Brazil*

Moderator: *Vera Regina Ramires, Universidade do Vale do Rio dos Sinos, Brazil*

- **Therapeutic relationship and process of change in child psychotherapy from the perspective of therapists, children and parents.** Lucía Nuñez, Universidad de Chile, Santiago; Sofia Fernández, Pontificia Universidad Católica de Chile, Santiago; Nicolle Alamo Anich, Pontificia Universidad Católica de Chile, Santiago; Claudia Capella, Universidad de Chile, Santiago; Mariane Krause, Catholic University of Chile
- **Change processes in child psychotherapy: a relational qualitative analysis.** Nicolle Alamo Anich, Pontificia Universidad Católica de Chile, Santiago; Lucía Nuñez, Universidad de Chile, Santiago; Claudia Capella, Universidad de Chile, Santiago; Mariane Krause, Catholic University of Chile
- **Common and specific factors in children's psychodynamic psychotherapy and their association with outcomes.** Vera Regina Ramires, Universidade do Vale do Rio dos Sinos, Brazil; Eduardo Brusius Brenner, Universidade do Vale do Rio dos Sinos; Gabriela Ffner, Universidade do Vale do Rio dos Sinos, Brazil; Luísa Bergonsi, Universidade do Vale do Rio dos Sinos

Discussant: Geoff Goodman, Long Island University Post

25.
PANEL

Organizer: *Charlie Duncan, British Association for Counselling and Psychotherapy*

Moderator: *Charlie Duncan, British Association for Counselling and Psychotherapy*

Thursday | 8:00-9:30 | Auditorium 11
Impact of COVID-19 on therapeutic practice

- **Impact of COVID-19 restrictions on the provision of school-based counselling in the UK.** Charlie Duncan, British Association for Counselling and Psychotherapy
- **Impact of the COVID-19 restrictions on UK therapists and increased use of remote counselling methods.** Jennifer O'Donnell, British Association for Counselling and Psychotherapy
- **Therapists' experiences of offering online therapy during COVID-19.** Wayne Full, British Association for Counselling and Psychotherapy; Naomi Moller, The Open University; Andreas Vossler, The Open University; Jo Pybis, British Association for Counselling and Psychotherapy; Jeannette Roddy, University of Salford, United Kingdom

Discussant: Naomi Moller, The Open University

26.

PANEL

Organizers: *Isabel Basto, Instituto Universitário da Maia; Isabel Caro Gabalda, University of Valencia, Spain; John Wilson, University of York, St. John, UK;*

Moderator: *Isabel Basto, Instituto Universitário da Maia*

Thursday | 8:00-9:30 | Auditorium 12

The assimilation of problematic experiences model: new challenges

- **How therapeutic alliance is related with the progress of assimilation of problematic experiences?.** Isabel Basto, Instituto Universitário da Maia; Ricardo Machado, Instituto Universitário da Maia; Cátia Dias, ISMAI; Beatriz Viana, ISMAI; João Salgado, ISMAI
- **Patterns of therapeutic response after assimilation setbacks: Is the therapist being appropriately responsive?.** Isabel Caro Gabalda, University of Valencia, Spain; William Stiles, Miami University, Oxford, USA
- **The Impact of Group Support for Covid-19 Bereavement.** John Wilson, University of York, St. John, UK; Lynne Gabriel, University of York, St. John, UK; Shannon Evans, University of York, St. John, UK

Discussant: William Stiles, Miami University, Oxford, USA

27.

PANEL

Organizer: *Andres Perez-Rojas, New Mexico State University*

Moderator: *Andres Perez-Rojas, New Mexico State University*

Thursday | 8:00-9:30 | Auditorium 13

Psychotherapy During Covid-19: Lessons from the U.S. and India

- **Psychotherapy in the Early Months of COVID-19.** Karen Godinez, New Mexico State University; Andres Perez-Rojas, New Mexico State University; Ted Bartholomew, Scripps College; Allison Lockard, Bucknell University; Gonzalez Jazmin, New Mexico State University; Giovanna Perez, New Mexico State University
- **Therapists' experiences during COVID-19: Perceptions of Loneliness, Post-Traumatic Growth, Therapeutic Relationships and Professional Quality of Life.** Bhatia Avatika, Ashoka University; Shudarshana Gupta, Private Practice; Aradhita Gupta, Public Health Foundation of India; Kriti Jain, BrainSightAI
- **A Qualitative Exploration of Therapist Experiences Providing Video Psychotherapy Pre- and Post-Covid-19.** Earta Norwood, Private Practice; Barbara Thompson, Private

Practice, Maryland; Stephanie Yee, University of Maryland, College Park, USA; Clara Hill, University of Maryland, College Park, USA

Discussants: Sarah Knox, Marquette University, Milwaukee, USA; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan;

28.

PANEL

Thursday | 8:00-9:30 | Auditorium 14

Physiological correlates of the therapeutic process and their association with outcome

Organizer: *Dana Tzur Bitan, Ariel University and Shalvata MHC, Israel*

Moderator: *Dana Tzur Bitan, Ariel University and Shalvata MHC, Israel*

- **Oxytocin as potential facilitator of psychotherapy outcomes in severe mental illness: Preliminary findings from a randomized controlled study.** Ariella Grossman-Giron, Ariel University and Shalvata MHC, Israel; Hagai Maoz, Shalvata MHC; Uriel Nitsan, Shalvata MHC; Shlomo Mendlovic, Shalvata Psychiatric hospital, Israel; Yuval Bloch, Shalvata MHC; Sigal Zilcha-Mano, University of Haifa, Israel; Yogev Kivity, Bar Ilan University; Dana Tzur Bitan, Ariel University and Shalvata MHC, Israel
- **Oxytocin as the Neurobiological Basis of Synchronization: A Research Proposal in Psychotherapy Settings.** Emanuele Pick, FISPPA Department, University of Padova, Italy; Dana Tzur Bitan, Ariel University and Shalvata MHC, Israel; Ariella Grossman-Giron, Ariel University and Shalvata MHC, Israel; Johann Kleinbub, FISPPA Department, University of Padova, Italy; Arianna Palmieri, FISPPA Department and Padova Neuroscience Center, University of Padova, Italy
- **Exploring changes in oxytocin and patient-therapist emotional synchrony: the moderating role of patient's attachment.** Hadar Fisher, Haifa University, Israel; Simone Shamay-Tsoory, University of Haifa, Israel; Dovrat Atias, Haifa University, Israel; Sigal Zilcha-Mano, University of Haifa, Israel
- **Interpersonal physiology and clinical micro-processes: a focus on the Therapeutic Collaboration Coding System's (TCCS) somatic correlates.** Ylenia Cariolato, University of Padova, Italy; Arianna Palmieri, FISPPA Department and Padova Neuroscience Center, University of Padova, Italy; Johann Kleinbub, FISPPA Department, University of Padova, Italy; Emanuele Pick, FISPPA

Discussant: Fredrik Falkenström, Linnaeus University, Sweden

29. Thursday | 9:30-12:30 | Auditorium 01
CONFERENCE WORKSHOP MBT - General Introduction and Specific Applications

Organizers: *Sebastian Euler, University Hospital Zuerich; Svenja Taubner, University of Heidelberg, Germany*



30. Thursday | 9:45-10:45 | Auditorium 03
STRUCTURED DISCUSSION The future of process research: What kind of methods for what kind of theories?

Moderators: *Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland; Antonio Pascual-Leone, University of Windsor, Ontario, Canada;*

Discussants: Catherine Eubanks, Yeshiva University, New York, USA; Mariane Krause, Catholic University of Chile; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA; Yogev Kivity, Bar Ilan University; Christoph Flueckiger, University of Zurich, Switzerland; Rhonda Goldman, The Chicago School of Professional Psychology;

31. Thursday | 9:45-10:45 | Auditorium 04
STRUCTURED DISCUSSION Mind the Research-Practice Gap: Researchers, Clinicians, and the Elusive Scientist/Practitioner

Organizer: *David Erikson, Brigham Young University, Provo, USA*

Moderator: *David Erikson, Brigham Young University, Provo, USA*

Discussants: Clara Hill, University of Maryland, College Park, USA; Charles Gelso, University of Maryland, College Park, USA; Melissa Jones, Brigham Young University, Provo, USA; Russell Bailey, Brigham Young University, Provo, USA;

32. Thursday | 9:45-10:45 | Auditorium 05
BRIEF PAPER SESSION Psychotherapy & COVID-19 I

Moderator: *Marta Mrozowicz-Wrońska, Adam Mickiewicz University in Poznań*

- **Switching to Online Psychotherapy due to COVID: Clients' and Therapists' Experiences.** Alev Cavdar, Istanbul Bilgi University

- **The experience of mandatory isolation after being positively tested for SARS-CoV-2 – counseling recommendations..** Marta Mrozowicz-Wrońska, Adam Mickiewicz University in Poznań; Katarzyna Ślosarczyk, The University Hospital in Krakow; Marta Koczurek, Jagiellonian University, Kraków, Poland
- **Psychological symptoms in a quarantine assistance service.** Martin Etchevers, Universidad de Buenos Aires, Argentina; Natalia Helmich, Universidad de Buenos Aires, Argentina

33.

BRIEF PAPER SESSION

Thursday | 9:45-10:45 | Auditorium 06

Alliance I

Moderator: *Elke Humer, Danube University Krems*

- **The initial phase in outpatient group psychotherapy - a pilot study.** Hannah Bischof, ÖAGG-psychotherapeutische Ambulanz; Aglaja Przyborski, Bertha von Suttner Privatuniversität St. Pölten GmbH
- **Modelling the Emotional Exchange in the Therapeutic Relationship.** Paul Peluso, Florida Atlantic University
- **Process and outcome of psychotherapeutic therapies under practical conditions in Austria.** Elke Humer, Danube University Krems; Yvonne Schaffler, Danube University Krems; Brigitte Schigl, Karl Landsteiner University of Health Sciences; Thomas Probst, Danube University Krems
- **Predicting Psychotherapy Outcome Using Client Characteristics and the Working Alliance.** Kevin David, Ohio University, Athens, USA; Timothy Anderson, Ohio University, Athens, USA

34.

BRIEF PAPER SESSION

Thursday | 9:45-10:45 | Auditorium 07

Therapist training and development I

Moderator: *Armin Hartmann, University of Freiburg, Germany*

- **Psychotherapy Training Programs worldwide: A pre-pandemic survey.** Armin Hartmann, University of Freiburg, Germany; David Orlinsky, University of Chicago, USA; Ulrike Willutzki, Witten/Heddecke University; Erkki Heinonen, University of Oslo, Norway; Henriette Loeffler-Stastka, Medical University of Vienna, Austria; Michael Helge Rønnestad, University of

Oslo, Norway; Irene Messina, Universitas Mercatorum, Rome

- **Trajectory of change of personal and professional relationship abilities in psychotherapy trainees.** Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Omar C.G. Gelo, University of Salento; Salvatore Gullo, University "N. Cusano", Rome; Jutta Fiegl, Sigmund Freud University, Vienna, Austria
- **Towards a multidimensional model of psychotherapy expertise for research and training.** Felipe Concha, Universidad Diego Portales, Santiago, Chile
- **Attachment Anxiety, Reflective Functioning and Well-Being as Longitudinal Predictors of Burn-Out and Psychological Distress among Psychotherapists: An Explorative Study with a Bayesian Approach.** Agostino Brugnera, University of Bergamo, Italy; Andrea Scalabrini, University of Bergamo, Italy; Clara Mucci, University of Bergamo, Italy; Angelo Compare, University of Bergamo, Italy; Andrea Greco, University of Bergamo, Italy; Barbara Poletti, Scuola di Psicoterapia Integrata, Bergamo, Italy; Luca Pievani, Scuola di Psicoterapia Integrata, Bergamo, Italy; Giorgio Tasca, University of Ottawa, Canada; Paul Hewitt, University of British Columbia, Vancouver, Canada; Silvia Carrara, University of Bergamo, Italy; Gianluca Lo Coco, University of Palermo, Italy

35.

BRIEF PAPER SESSION

Thursday | 9:45-10:45 | Auditorium 08

Culture & identity

Moderator: *Martiño Rodríguez-Gonzalez, Universidad de Navarra*

- **Advancing the Understanding of Factors that Influence Client Preferences for Race and Gender Matching in Psychotherapy.** Gabrielle Ilagan, McLean Hospital; Laurie Heatherington, Williams College, Massachusetts, USA
- **The impact of family adjustment on expatriate work performance: A prognosis review.** Rebecca von Oepen, Universität Witten/Herdecke; Nina Immel, Pontificia Universidad Católica de Chile, Santiago; Christina Hunger-Schoppe, Witten/Herdecke University; Hannes Opfermann, Witten/Herdecke University
- **Emotionally Focused Couples Therapy with Latinos: Exploring therapists'**

experience. Martiño Rodriguez-Gonzalez, Universidad de Navarra; Ragan Lybbert, Brigham Young University, Provo, USA; Shayne Anderson, Brigham Young University, Provo, USA; Dania Andrade, Universidad de Navarra; Christian Santana, Private Practice, USA; María Calatrava, Universidad de Navarra

- **Participation in Psychotherapeutic Playback Theatre integrated with life-review therapy enhances the mental health of older adults.** Shoshi Keisari, University of Haifa, Israel

36.

BRIEF PAPER SESSION

Thursday | 9:45-10:45 | Auditorium 09

Personality

Moderator: *Leonie Kampe, Psychologische Hochschule Berlin*

- **In-session Reflective Functioning: relationship with the presence and depth of work on conflict or personality functioning..** Cecilia de la Cerda, Universidad de Playa Ancha, Valparaiso, Chile; Paula Dagnino, Universidad Alberto Hurtado, Chile
- **Preferences for an Idealized Psychotherapist: What Characteristics Do Laypersons Prefer?.** Peter Eric Heinze, University of Potsdam, Germany; Florian Weck, University of Potsdam, Germany; Franziska Kühne, University of Potsdam, Germany
- **When grandiose becomes vulnerable: The central role of defense mechanisms for understanding the two faces of narcissism..** Leonie Kampe, Psychologische Hochschule Berlin; Johannes Bohn, Freie Universität, Berlin, Germany; Carina Remmers, Universität Witten-Herdecke; Susanne Hörz-Sagstetter, Psychologische Hochschule Berlin
- **Defining a coding system to detect the gift of love in Interpersonal Reconstructive Therapy.** Eliza Stucker-Rozovsky, James Madison University; Rebekah Martin, James Madison University; Shreya Namburi, James Madison University; Ken Critchfield, James Madison University

37.

PANEL

Thursday | 11:00-12:30 | Auditorium 02

The impact of therapist effects: Improving patient outcomes and therapists' wellbeing

Organizer: *Michael Barkham, University of Sheffield, UK*

- **Disentangling therapist effects in trials and in routine practice settings.** David Saxon,

Moderator: *Michael Barkham, University of Sheffield, UK*

University of Sheffield; Jaime Delgado, University of Sheffield, UK; Julian Rubel, University of Giessen, Germany; Gillian E Hardy, University of Sheffield, UK; Michael Barkham, University of Sheffield, UK

- **The impact of therapist effects on sudden gains: Are some therapists better at creating sudden symptom improvements than others?.** Anne-Katharina Deisenhofer, Universität Trier, Germany; Björn Bennemann, Universität Trier, Germany; Idan M Aderka, University of Haifa, Israel; Wolfgang Lutz, Universität Trier, Germany
- **The emotionally burdened psychotherapist: Personal and situational factors.** Helene Nissen-Lie, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Michael Helge Rønnestad, University of Oslo, Norway

Discussant: Jeff Hayes, Penn State University, University Park, USA

38.
PANEL

Organizers: *Karolin Krause, Centre for Addiction and Mental Health; Melissa De Smet, Ghent University, Belgium;*

Moderator: *Melissa De Smet, Ghent University, Belgium*

Thursday | 11:00-12:30 | Auditorium 03
"Young Outcomes": Why Psychotherapy Outcome Research Requires an Adolescent Perspective

- **Measuring what Matters: How Youth-Centred is Treatment Outcome Research for Youth Depression?.** Karolin Krause, Centre for Addiction and Mental Health
- **Towards a person-specific paradigm in adolescent psychotherapy research: understanding adolescent depression and psychotherapy outcome from within..** Melissa De Smet, Ghent University, Belgium

Discussant: Christian Moltu, Western Norway University of Applied Sciences

39.
PANEL

Organizer: *Markus Wolf, University of Zurich, Switzerland*

Moderator: *Markus Wolf,*

Thursday | 11:00-12:30 | Auditorium 04
Language use as an unobtrusive marker of mental health and psychotherapy outcome

- **Online Eating Disorder Communities and COVID-19: Shifts in Content and Language Style During the Onset of a Global Pandemic.** Johannes Feldhege, University Hospital, Heidelberg, Germany; Markus

University of Zurich,
Switzerland

Moessner, University Hospital, Heidelberg,
Germany; Markus Wolf, University of Zurich,
Switzerland; Stephanie Bauer, University
Hospital, Heidelberg, Germany

- **Patients' spoken language and its association with change in social anxiety disorder symptoms over the course of psychotherapy.** Christina Hunger-Schoppe, Witten/Herdecke University; Saskia Laue, University of Mannheim, Germany; Eva-Maria Rathner, Ulm University, Germany; Gudrun Salamon, University of Vienna; Georg W. Alpers, University of Mannheim, Germany; Jochen Schweitzer, University Hospital, Heidelberg, Germany; Markus Wolf, University of Zurich, Switzerland
- **Language style matching in telephone-based cognitive behavioral therapy for patients with depressive symptoms in primary care.** Markus Wolf, University of Zurich, Switzerland; Elisa Haller, University of Basel; Alena Boril, University of Zurich, Switzerland; Birgit Watzke, University of Zurich, Switzerland

Discussant: Thomas Berger, University of Bern,
Switzerland

40.
PANEL

Organizer: *Tomáš Řiháček,*
Masaryk University, Brno,
Czech Republic

Moderator: *Tomáš Řiháček,*
Masaryk University, Brno,
Czech Republic

Thursday | 11:00-12:30 | Auditorium 05
Negative effects of psychotherapy

- **No pain, no gain? Adverse and unwanted events among patients undergoing psychological treatment for fibromyalgia or exhaustion disorder.** Alexander Rozentel, Karolinska Institutet; Marie-Louise Henning Ottergård, Stockholm Spine Center; Jakob Clason-Vandeleur, Uppsala University
- **Negative effects of psychotherapy (and psychotherapists) – First results of several surveys.** Bernhard Strauß, University Hospital Jena; Dominique Schwartz, University Hospital Jena; Romina Gawlytta, University Hospital Jena
- **Negative effects in group therapy: Data from a multisite study.** Tomáš Řiháček, Masaryk University, Brno, Czech Republic; Martina Pourová, Masaryk University; Michal Čevlíček, Masaryk University; Jan R. Boehnke, University of Dundee
- **Client's complaints after seeing five psychotherapists: A case study.** Zbyněk

Discussant: Louis Castonguay, Penn State University,
University Park, USA

41.

PANEL

Organizers: *Corina Aguilar-Raab, Heidelberg University, Germany; Friederike Winter, University Hospital, Heidelberg, Germany;*

Moderator: *Friederike Winter, University Hospital, Heidelberg, Germany*

Thursday | 11:00-12:30 | Auditorium 06

Current trends in contemplative and psychotherapy research

- **Acknowledging Vulnerability in Contemplative Research.** Sebastián Medeiros, Pontificia Universidad Católica de Chile - Departamento de Psiquiatría; Alejandra Vásquez-Rosati, Laboratorio de Fenomenología Corporal, Chile; Carla Crempien, Pontificia Universidad Católica de Chile, Santiago; Nicole Kohen, Pontificia Universidad Católica de Chile; Pia Nitsche, Pontificia Universidad Católica de Chile; Millenium Institute for Research in Depression and Personality. Chile; Manuela Pacheco, Millenium Institute for Research in Depression and Personality, Chile. mepacheco/at/uc.cl
- **Actor and partner associations between compassionate love and depression: A compassion-based intervention.** Corina Aguilar-Raab, Heidelberg University, Germany; Friederike Winter, University Hospital, Heidelberg, Germany; Marc N. Jarczok, University Hospital Ulm, Germany; Beate Ditzen, University Hospital, Heidelberg, Germany; Marco Warth, Heidelberg University, Germany
- **The moderating effect of empathy on the effects of a compassion-based group intervention for couples with depression.** Friederike Winter, University Hospital, Heidelberg, Germany; Marco Warth, Heidelberg University, Germany; Marc N. Jarczok, University Hospital Ulm, Germany; Beate Ditzen, University Hospital, Heidelberg, Germany; Corina Aguilar-Raab, Heidelberg University, Germany
- **"Present" in different places: the role of problematic use of the internet on mindfulness, depressive, and anxious symptoms.** Cristóbal Hernández Contreras, Universidad Adolfo Ibáñez. Millennium Institute for Depression and Personality Research

Discussant: Corina Aguilar-Raab, Heidelberg University, Germany

42.

PANEL

Organizer: *Claudia Capella, Universidad de Chile, Santiago*

Moderator: *Claudia Capella, Universidad de Chile, Santiago*

Thursday | 11:00-12:30 | Auditorium 07

Adherence and dropout in psychotherapy with children and adolescents

- **Adherence and dropout of psychoanalytic psychotherapy from the perspective of adolescents.** Gabryellen Fraga Des Essarts, Unisinos University, Brasil; Vera Regina Ramires, Universidade do Vale do Rio dos Sinos
- **Adherence and dropout of adolescents in psychotherapy due to sexual abuse from the perspective of therapists.** Claudia Capella, Universidad de Chile, Santiago; Lucía Nuñez, Universidad de Chile, Santiago; Vania Vasquez, Universidad de Chile, Santiago; Sofía Fuentes, Universidad de Chile, Santiago
- **Attachment, Reflective Function and Initial Symptoms as Predictors of the Child and Adolescent Psychodynamic Psychotherapy Outcome.** Fernanda Driemeier Schmidt, Unisinos, Brasil; Amanda Aquino da Costa, Unisinos, Brasil; Eduardo Brusius Brenner, Universidade do Vale do Rio dos Sinos; Vera Regina Ramires, Universidade do Vale do Rio dos Sinos

Discussant: Marcia Olhaverly, Pontificia Universidad Católica de Chile, Santiago

43.

PANEL

Organizer: *Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina*

Moderator: *Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina*

Thursday | 11:00-12:30 | Auditorium 08

Going beyond the alliance-outcome association: Advancements in research to further understand alliance effects on psychotherapy outcome

- **Mapping the patients alliance across therapy – A dynamic latent-class structural equation modeling approach.** Christoph Flückiger, University of Zurich, Switzerland; Adam Horvath, Simon Fraser University, Vancouver, Canada; Holger Brandt, University of Zurich, Switzerland
- **Interpersonal Agency as Predictor of the Within-Patient Alliance Effect on Depression Severity.** Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Anna Babl, University of Bern, Switzerland; Tobias Krieger, University of Bern, Switzerland; Erkki

Heinonen, University of Oslo, Norway; Christoph Flückiger, University of Zurich, Switzerland; Rocío Manubens, Universidad de Buenos Aires, Argentina; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland

- **Integration of a neuroscience approach to mechanisms of change research: development of a neurobiological paradigm of the quality of the working alliance and processing of social rewards.** Nili Solomonov, Weill-Cornell Medical College NY; Jennifer Bress, Weill Cornell Medicine; Lindsay Victoria, Weill Cornell Medicine; Christoph Flückiger, University of Zurich, Switzerland; Immanuel Elbau, Weill Cornell Medicine; Faith Gunning, Weill Cornell Medicine; George S Alexopoulos, Weill Cornell Medicine
- **Causal inference from observational data? Using Copulas to adjust for unobserved confounding in Psychotherapy Research.** Fredrik Falkenström, Linnaeus University, Sweden; Sungho Park, SNU Business School, Seoul National University, South Korea; Cameron McIntosh, Employment and Social Development Canada

Discussant: Sigal Zilcha-Mano, University of Haifa, Israel

44.

PANEL

Organizer: *Nelson Valdes-Sanchez, Universidad Santo Tomás, Santiago, Chile*

Moderator: *Nelson Valdes-Sanchez, Universidad Santo Tomás, Santiago, Chile*

Thursday | 11:00-12:30 | Auditorium 09

Quarantine, confinement, and social distancing due to COVID-19: meanings, effects, and coping strategies on Chilean and Peruvian populations

- **Emotional drinking during quarantine by COVID-19 in Chile: the role of depressive symptoms on problematic alcohol consumption.** Mahaira Reinell, Pontificia Universidad Católica de Chile, Santiago; Yamil Quevedo, Pontificia Universidad Católica de Chile, Santiago; Cristobal Hernández Contreras, Universidad Adolfo Ibáñez. Millennium Institute for Depression and Personality Research; Viviana Miño, Pontificia Universidad Católica de Chile, Santiago; Andrés Rojas, Servicio de Salud de Talcahuano, Chile.
- **Children's meanings about the COVID 19 pandemic through their graphics and narratives.** Diana Gómez, Universidad Santo Tomás, Santiago, Chile; Marcela García-Huidobro, Universidad Santo Tomás, Santiago, Chile; Verónica Navarrete, Universidad Santo Tomás, Santiago, Chile; Gabriela Capurro,

Universidad Santo Tomás, Santiago, Chile; Thiare Padilla-fernandez, Universidad Santo Tomás, Santiago, Chile; Catalina Cisterna, Universidad Santo Tomás, Santiago, Chile

- **Psychological effects of quarantine and COVID pandemic in Chilean population.** Rubén Díaz, Universidad Católica Santa María la Antigua, Panamá; Nelson Valdes-Sanchez, Universidad Santo Tomás, Santiago, Chile; Valeria Capurro, Universidad Santo Tomás, Talca, Chile; Cristian Bosco, Universidad Santo Tomás, Talca, Chile
- **The experience of confinement in the context of COVID-19: Meanings, effects on mental health and coping strategies in Peruvians.** Doris Argumedo, Universidad Católica del Perú; Carla Mantilla, Pontificia Universidad Católica del Perú; Lourdes Ruda, Universidad Católica del Perú; Paz Lancho, Universidad Católica del Perú

45.
PANEL

Organizer: *Irene Messina, Universitas Mercatorum, Rome*

Moderator: *Irene Messina, Universitas Mercatorum, Rome*

Thursday | 11:00-12:30 | Auditorium 10
From the brain to clinical practice: bridging the gap between psychotherapy research and affective neuroscience

- **Neurobiological models of borderline personality and psychotherapy approaches.** Karin Labek, Institute of Psychology, Innsbruck, Austria; Roberto Viviani, Institute of Psychology, Innsbruck University, Austria.
- **A meta-analysis of fMRI studies of acceptance: implications for psychotherapy models.** Irene Messina, Universitas Mercatorum, Rome; Alessandro Grecucci, University of Trento, Italy; Roberto Viviani, Institute of Psychology, Innsbruck University, Austria.
- **Regulating emotional words and pictures. ERP and time frequency eviden.** Alessandro Grecucci, University of Trento, Italy; Gaia Lapomarda, University of Trento, Italy; Remo Job, University of Trento, Italy
- **Network-Level fMRI Changes Underlying a Combined rTMS/Psychotherapy Treatment for Depression.** Katrin Rattner, Duke University, Durham, USA; Erin Coen, Duke University, Durham, USA; Haley Hedrick, Duke University, Durham, USA; Madeline J. Farber,

Duke University, Durham, USA; Timothy J. Strauman, Duke University, Durham, USA

Discussant: Maria Moneta, Universidad de Chile, Santiago

46.

PANEL

Organizer: *Giorgio Tasca, University of Ottawa, Canada*

Moderator: *Giorgio Tasca, University of Ottawa, Canada*

Thursday | 11:00-12:30 | Auditorium 11

Alliance Ruptures and Repairs in a Group Context

- **Therapeutic Relationship Ruptures in Group Therapy: Using the Group Questionnaire to Define Ruptures and Explore Repair.** Gary Burlingame, Brigham Young University, Provo, USA; Rachel Lundgreen, Brigham Young University, Provo, USA
- **Bond and Work Ruptures in Group Counseling.** Gianluca Lo Coco, University of Palermo, Italy; Dennis Kivlighan, University of Maryland, College Park, USA; Cecilia Giordano, University of Palermo, Italy; Maria Di Blasi, University of Palermo, Italy; Francesca Giannone, University of Palermo, Italy; Salvatore Gullo, University "N. Cusano", Rome
- **Finding the Balance: Alliance, Group Cohesion, and Session Impact in AFT and CBT Group Supervision.** Adelya Urmanche, Adelphi University, New York, USA; Mary Minges, Mount Sinai Beth Isreal; Catherine Eubanks, Yeshiva University, New York, USA; Bernard Gorman, Adelphi University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **Is the Rupture Resolution Rating System (3RS) Useful to Code Group Therapy Interactions? An Empirical Case Study.** Camille Garceau, University of Ottawa, Canada; Livia Chyurlia, University of Ottawa, Canada; Danielle Baldwin, University of Ottawa, Canada; Tali Boritz, University of Toronto, Canada; Paul Hewitt, University of British Columbia, Vancouver, Canada; David Kealy, University of British Columbia, Vancouver, Canada; Ingrid Sochting, University of British Columbia, Vancouver, Canada; Sam Mikail, University of Waterloo; Giorgio Tasca, University of Ottawa, Canada

Discussant: Catherine Eubanks, Yeshiva University, New York, USA

47.
PANEL

Organizer: *Ulrike Dinger, University Hospital, Heidelberg, Germany*

Moderator: *Ulrike Dinger, University Hospital, Heidelberg, Germany*

Thursday | 11:00-12:30 | Auditorium 13
What can we learn from synchronous body movements?

- **How are body responsiveness and embodied intersubjectivity related to depressive symptoms over the course of inpatient psychotherapy?** Frederic Bülow, University Hospital, Heidelberg, Germany; Matthias Volz, University Hospital, Heidelberg, Germany; Christoph Friederich, University Hospital, Heidelberg, Germany; Ulrike Dinger, University Hospital, Heidelberg, Germany
- **Movement Synchrony, Depression Severity, Dependency and Self-Criticism in a Diagnostic Setting with Depressed Patients.** Annna Sandmeir, University Hospital, Heidelberg, Germany; Christoph Nikendei, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Christoph Friederich, University Hospital, Heidelberg, Germany; Ulrike Dinger, University Hospital, Heidelberg, Germany
- **Within- and between-therapist effects of therapeutic alliance and movement synchrony in the treatment of social anxiety disorder.** Uwe Altmann, University Hospital, Heidelberg, Germany; Brian Schwartz, Universität Trier, Germany; Desiree Schönherr, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Julian Rubel, University of Giessen, Germany; Ulrich Stangier, Goethe University Frankfurt; Wolfgang Lutz, Universität Trier, Germany; Bernhard Strauß, University Hospital Jena

Discussant: Fabian Ramseyer, Universität Bern

48.
PANEL

Organizer: *Sarah Bloch-Elkouby, Mount Sinai Beth Israel*

Moderator: *Sarah Bloch-Elkouby, Mount Sinai Beth Israel*

Thursday | 11:00-12:30 | Auditorium 14
The impact of cultural differences and biases on the process and outcome of psychotherapy

- **Toward a better understanding of the interpersonal context of racial microaggressions in early phases of CBT.** Sarah Bloch-Elkouby, Mount Sinai Beth Israel; Catherine Eubanks, Yeshiva University, New York, USA; Liqiaonan Chen, Adelphi University, New York, USA; Andrew Lokai, Adelphi University, New York, USA; Lisa Samstag, Long Island University, Brooklyn, NY; Chris Muran, Adelphi University, New York, USA

- **Negotiating racial differences: the tale of a Black therapist and a White patient..** Wei-Qian Wang, Adelphi University, New York, USA; Naa-Adjeley Ama Kuma, Adelphi University, New York, USA; Sarah Bloch-Elkouby, Mount Sinai Beth Israel; Catherine Eubanks, Yeshiva University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **Sexual orientation microaggressions and the therapeutic alliance..** Joey Sergi, Yeshiva University, New York, USA; Jonathan T. Warren, Yeshiva University, New York, USA; John Pachankis, Aalborg University, Denmark; Catherine Eubanks, Yeshiva University, New York, USA

Discussant: Craig Rodriguez-Seijas, University of Michigan, Michigan, USA

179. Thursday | 12:30-14:00 | Auditorium 01
Lunch

49. Thursday | 12:30-13:30 | Auditorium 02
CHAPTER MEETING United Kingdom Chapter

50. Thursday | 12:30-13:30 | Auditorium 03
CHAPTER MEETING Europe Chapter

52. Thursday | 14:00-15:20 | Auditorium 01
PANEL Therapist Contributions to the Working Alliance in Psychotherapy

Organizer: *Joshua Swift, Idaho State University*

Moderator: *Joshua Swift, Idaho State University*

- **Therapist Differences in Alliance Ruptures and Repairs with Clients.** Joshua Swift, Idaho State University; Elizabeth Penix, Idaho State University; Robbie Babins-Wagner, Calgary Counselling Centre; Amy Bender, Calgary Counselling Centre
- **Therapist and Client Perspectives of Ruptures and Repairs in the Working Alliance: A Micro-process Case Study.** Wilson Trusty, Idaho State University; Joshua Swift, Idaho State University; Elizabeth Penix, Idaho State University
- **The Relationship between the Preferred-Actual Match in Personality Characteristics**

of Therapists and Ratings of the Alliance. Katharine Roth, Idaho State University; Joshua Swift, Idaho State University

- **The Association between Therapist Attachment Orientations and the Working Alliance in Psychotherapy.** Eric Sauer, Western Michigan University; Kenneth Rice, Aalborg University, Denmark

Discussant: Jason Seidel, The Colorado Center for Clinical Excellence

53.

PANEL

Organizers: *Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA; Elena Goldstein, University of Pennsylvania, Philadelphia, USA; Catherine King, University of Pennsylvania, Philadelphia, USA;*

Thursday | 14:00-15:20 | Auditorium 02

Understanding Patient Characteristics, Treatment Processes, and Outcome in a Comparative Effectiveness Study of Cognitive and Dynamic Therapies in a Community Mental Health Clinic

- **Overview of the Comparative Effectiveness Study of Cognitive and Dynamic Therapies in a CMHC Setting.** Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA; Elena Goldstein, University of Pennsylvania, Philadelphia, USA; Catherine King, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA
- **Medical Comorbidity Among Depressed Patients in a CMHC Setting: Prevalence and Impact on Attrition and Outcome.** Catherine King, University of Pennsylvania, Philadelphia, USA; Elena Goldstein, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA
- **The Association of Trauma with Interpersonal Problems among Depressed Patients in a CMHC Setting.** Elena Goldstein, University of Pennsylvania, Philadelphia, USA; Catherine King, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA
- **Repeated Assessments of Depressive Symptoms as Outcome Measures in a Randomized Psychosocial Intervention Trial: How Best to Analyze Trends over Time?.** Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA; Robert Gallop,

West Chester University, West Chester, PA; Catherine King, University of Pennsylvania, Philadelphia, USA; Elena Goldstein, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA

54.

PANEL

Organizer: *Christian Moltu, Western Norway University of Applied Sciences*

Moderator: *Christian Moltu, Western Norway University of Applied Sciences*

Thursday | 14:00-15:20 | Auditorium 03

Contextual and clinical approaches to implementing routine outcome monitoring and clinical feedback – bottom up stakeholder perspectives

- **Cross-cultural leadership perspectives on the use of clinical feedback in mental health.** Susan Douglas, Vanderbilt University, Nashville, USA; Nisha Bala, Vanderbilt University, Nashville, USA; Bram Bovendeerd, University of Groningen, Netherlands; Maartje van Sonsbeek, Pro Persona Research, Netherlands; Runar Hovland, Western Norway University of Applied Science; Christian Moltu, Western Norway University of Applied Sciences
- **Patients' experiences with routine outcome monitoring and clinical feedback systems.** Stig Magne Solstad, District General Hospital of Førde, Førde, Norway; Gøril Kleiven, District General Hospital of Førde, Førde, Norway; Louis Castonguay, Penn State University, University Park, USA; Christian Moltu, Western Norway University of Applied Sciences
- **Feedback in group psychotherapy: experiences of patients and clinicians.** Marjolein M. W. Koementas-de Vos, GGZ Noord-Holland-Noord, Heerhugowaard, The Netherlands; Marjolein van Dijk, GGZ Noord-Holland-Noord, Heerhugowaard, The Netherlands; Bea Tiemens, Radboud University, Nijmegen, Netherlands; Kim de Jong, Leiden University, Netherlands; Cilia Witteman, Radboud University, Nijmegen, Netherlands; Annet Nugter, GGZ Noord-Holland-Noord, Heerhugowaard, The Netherlands
- **Implementation and ROM/CFS training as clinical skills: lessons learned from the Norse Feedback action research program.** Christian Moltu, Western Norway University of Applied Sciences; John Mellor-Clark, District General Hospital of Førde, Førde, Norway; Stig Magne Solstad, District General Hospital of Førde, Førde, Norway; Andrew McAleavey, Weil Cornell Medical College; Runar

Hovland, Western Norway University of Applied Science; Samuel Nordberg, Reliant Medical Group, Massachusetts, US

Discussant: James F Boswell, University at Albany, State University of New York

55.

PANEL

Organizers: *Wolfgang Lutz, Universität Trier, Germany; Julian Rubel, University of Giessen, Germany;*

Moderators: *Wolfgang Lutz, Universität Trier, Germany; Julian Rubel, University of Giessen, Germany;*

Thursday | 14:00-15:20 | Auditorium 04

Using cross-sectional and longitudinal studies to personalize psychotherapy

- **Help me to help myself (optimally): personalization of a modularized guided self-help intervention.** Tim Kaiser, University of Greifswald, Germany; Jan Richter, Universität Greifswald; Eva-Lotta Brakemeier, University Greifswald
- **The use of digitally assessed phenotyping parameters to model change processes in psychological therapy - Development of an EMA feedback tool.** Miriam Hehlmann, Universität Trier, Germany; Brian Schwartz, Universität Trier, Germany; Wolfgang Lutz, Universität Trier, Germany
- **A systematic review of momentary assessment designs for mood & anxiety symptoms.** Mila Hall, University of Giessen, Germany; Paloma Scherner, University of Giessen, Germany; Yannic Kreidel, University of Giessen, Germany; Julian Rubel, University of Giessen, Germany
- **Acute Neural Response to Individualized Personal Goal Priming: Initial Evidence for Therapeutic Benefit.** Katrin Rattner, Duke University, Durham, USA; Erin Choe, Duke University, Durham, USA; Haley Hedrick, Duke University, Durham, USA; Madeline J. Farber, Duke University, Durham, USA; Timothy J. Strauman, Duke University, Durham, USA

56.

PANEL

Organizer: *Nina Reinhold, Research Unit for Psychotherapy and Psychopathology, Psychiatry West Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark*

Thursday | 14:00-15:20 | Auditorium 05

New CBT Adaptations for Mental Health Services

- **Group therapy for depression in the mental health service: Clinical implications of outcomes from a research trial.** Sidse Marie Amfred, Research Unit for Psychotherapy and Psychopathology, Psychiatry West, Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark; David Husdal á Steig,

Moderator: *Nina Reinholt, Research Unit for Psychotherapy and Psychopathology, Psychiatry West Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark*

University of Copenhagen, Denmark; Henriette Mann, University of Copenhagen, Denmark; Anne Bryde Christensen Bryde Christensen, Research Unit for Psychotherapy and Psychopathology, Psychiatry West, Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark; Nina Reinholt, Research Unit for Psychotherapy and Psychopathology, Psychiatry West Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark

- **The Treatment of PTSD In People with Psychosis – A Case-Series and Feasibility Study.** Cæcilie Christine Buhmann, Aalborg University, Denmark; Jens Einar Jansen, Mental Health Services Copenhagen, Denmark; Runhild Arendt, University Hospital Aarhus; Sarah Krarup Larsen, Mental Health Services North Zealand, Denmark; Christina Jørck, Mental Health Services Region Zealand, Denmark; Steven Austin, Mental Health Services, Region Zealand, Denmark
- **Transdiagnostic versus diagnosis-specific cognitive-behavioural therapy for anxiety and depressive disorders: a randomised clinical trial.** Nina Reinholt, Research Unit for Psychotherapy and Psychopathology, Psychiatry West Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark; Morten Hvenegaard, Mental Health Center Copenhagen, Copenhagen University Hospital, Copenhagen, Denmark; Anne Bryde Christensen Bryde Christensen, Research Unit for Psychotherapy and Psychopathology, Psychiatry West, Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark; Anita Eskildsen, Department of Affective Disorders, Aarhus University Hospital, Aarhus, Denmark; Carsten Hjorthøj, Copenhagen Research Center for Mental Health - CORE, Mental Health Center Copenhagen, Copenhagen University Hospital, Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Mikkel Berg Arendt, Aalborg University, Denmark; Nicole Kristjansen Rosenberg, Aalborg University, Denmark; Jasmin Rejaye Gryesten, Research Unit for Psychotherapy and Psychopathology, Psychiatry West, Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark; Ruth Aharoni Nielsen, Mental Health Center Copenhagen, Copenhagen University Hospital, Copenhagen, Denmark; Anja Johnsen Alrø, Department of Affective Disorders, Aarhus University Hospital, Aarhus, Denmark; Clas Winding Christensen, Mental Health Center Copenhagen,

Copenhagen University Hospital, Copenhagen, Denmark; Sidse Marie Arnfred, Research Unit for Psychotherapy and Psychopathology, Psychiatry West, Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark

- **Development of an Intervention for Persistent Not on Track: DIP NOT.** Jasmin Rejaye Gryesten, Research Unit for Psychotherapy and Psychopathology, Psychiatry West, Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Sidse Marie Arnfred, Research Unit for Psychotherapy and Psychopathology, Psychiatry West, Slagelse, Region Zealand Mental Health Services, Slagelse, Denmark

Discussant: Stig Poulsen, University of Copenhagen, Denmark

57.

PANEL

Organizer: *John Christopher Perry, Jewish General Hospital, Montreal, Canada*

Moderator: *John Christopher Perry, Jewish General Hospital, Montreal, Canada*

Thursday | 14:00-15:20 | Auditorium 06

Three large multinational surveys during the early months of COVID-19: stress, distress, psychiatric status, defenses, coping, and health-protective behaviors

- **Defense mechanisms as predictors of psychological adjustment during the first week of lockdown for COVID-19 in Italy.** Mariagrazia Di Giuseppe, University of Pisa, Italy; Ciro Conversano, University of Pisa, Italy
- **Personal characteristics, stress, defenses and symptoms in relationship to protective health behaviors in 4 countries during early COVID-19 Pandemic.** John Christopher Perry, Jewish General Hospital, Montreal, Canada
- **Stress and Covid-fear among older and older-older adults: who needs more mental health support?.** Vera Békés, Yeshiva University, New York, USA
- **Spirituality and Coping during a Global Pandemic in an International Ethnic Minority Sample.** Claire Starrs, SUNY Potsdam, New York, USA

58.

PANEL

Thursday | 14:00-15:20 | Auditorium 07

Personalizing Psychotherapy: Aligning with the client

Organizer: *Arthur Bohart, California State University, Dominguez Hills, USA*

Moderator: *Arthur Bohart, California State University, Dominguez Hills, USA*

- **Centering Client Perspectives in Psychotherapy Outcome Assessment: A Confirmatory Factor Analysis of the Clients' Experiences in Therapy Scale (CETS).** Zenobia Morrill, University of Massachusetts Boston; Heidi Levitt, University of Massachusetts Boston; Takuya Minami, University of Massachusetts Boston; Lauren Grabowski, University of Massachusetts Boston
- **Future orientation in successful therapies. Therapists align with clients' directionality.** Hanne Weie Oddli, University of Oslo, Norway
- **Personal-izing Psychotherapy From the Perspective of the Client as an Active Self Healer..** Arthur Bohart, California State University, Dominguez Hills, USA

Discussant: William Stiles, Miami University, Oxford, USA

59.

PANEL

Organizer: *Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland*

Thursday | 14:00-15:20 | Auditorium 08

Individualizing treatments for personality disorders : empirical perspectives

- **Short-term Versus Long-Term Dialectical Behaviour Therapy for Borderline Personality Disorder: A Randomized Non-inferiority Trial.** Shelley McMain, CAMH; Alexander Chapman, Simon Fraser University, Vancouver, Canada; Janice R. Kuo, ryerson University; Tim Guimond, University of Toronto, Canada; David L. Streiner, CAMH; Katherine L. Dixon-Gordon, University of Massachusetts; Cathy Labrish, CAMH; Wanrudee Isaranuwachai, University of Toronto, Canada
- **Evidence for using core conflictual relationship themes in personalising treatment.** Brin Grenyer, University of Wollongong, Australia; Ely Marceau, University of Wollongong, Australia
- **Treatment selection in borderline personality disorder between dialectical behavior therapy and psychodynamic psychiatric management.** Jack Keefe, Weill Medical College of Cornell University; Thomas T. Kim, University of Pennsylvania, Philadelphia, USA; Robert J. DeRubeis, University of Pennsylvania, Philadelphia, USA; David L. Streiner, CAMH; Paul S. Links, McMaster University; Shelley McMain, CAMH

- **Using case formulation for developing a model of dyadic prediction of the therapeutic alliance in treatment for borderline personality disorder: A dynamic network analysis.** Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland; Mehdi Gholam, University of Lausanne, Switzerland; Franz Caspar, University of Berne

Discussants: Shelley McMain, CAMH; Brin Grenyer, University of Wollongong, Australia; Jack Keefe, Weill Medical College of Cornell University; Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland;

60.

PANEL

Organizers: *Vittorio Lingiardi, Sapienza University of Rome, Italy; Laura Muzi, Sapienza University of Rome, Italy;*

Moderators: *Vittorio Lingiardi, Sapienza University of Rome, Italy; Laura Muzi, Sapienza University of Rome, Italy;*

Thursday | 14:00-15:20 | Auditorium 09

From a Symptom-Oriented to a Person-Centered Approach in Treating Eating Disorders: How Identifying New Treatment Targets May Improve Therapy Process and Outcome

- **Metacognition and emotional regulation as treatment targets in binge eating disorder: a network analysis study.** Matteo Aloï, Department of Health Sciences, University "Magna Graecia" of Catanzaro, Italy; Marianna Rania, Department of Health Sciences, University "Magna Graecia" of Catanzaro, Italy; Elvira Anna Carbone, Department of Health Sciences, University "Magna Graecia" of Catanzaro, Italy; Mariarita Caroleo, Department of Health Sciences, University "Magna Graecia" of Catanzaro, Italy; Giuseppina Calabrò, Department of Health Sciences, University "Magna Graecia" of Catanzaro, Italy; Paolo Zaffino, School of Computer and Biomedical Engineering, Department of Experimental and Clinical Medicine, University "Magna Graecia" of Catanzaro, Italy; Giuseppe Nicolò, Third Centre of Cognitive Psychotherapy – Italian School of Cognitive Psychotherapy (SICC), Rome, Italy; Antonino Carcione, Third Centre of Cognitive Psychotherapy – Italian School of Cognitive Psychotherapy (SICC), Rome, Italy; Gianluca Lo Coco, University of Palermo, Italy; Carlo Cosentino, School of Computer and Biomedical Engineering, Department of Experimental and Clinical Medicine, University "Magna Graecia" of Catanzaro, Italy; Cristina Segura-Garcia, Department of Medical and Surgical Sciences, University "Magna Graecia" of Catanzaro, Italy
- **Personality as a predictor of early therapeutic alliance and therapy outcome in patients with anorexia nervosa and bulimia**

nervosa. Laura Muzi, Sapienza University of Rome, Italy; Laura Tieghi, Eating Disorder Clinic “Residenza Gruber”, Bologna, Italy; Giovanna Cuzzani, Eating Disorder Clinic “Residenza Gruber”, Bologna, Italy; Anna Franco, Eating Disorder Clinic “Residenza Gruber”, Bologna, Italy; Milena Montaguti, Eating Disorder Clinic “Residenza Gruber”, Bologna, Italy; Micaela Riboldi, Eating Disorder Clinic “Residenza Gruber”, Bologna, Italy; Francesca Rossi, Eating Disorder Clinic “Residenza Gruber”, Bologna, Italy; Michele Rugo, Eating Disorder Clinic “Residenza Gruber”, Bologna, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy

- **Innovative moments and the process of change in the treatment of adults with bulimia nervosa.** Iakovina Koutoufa, NHS; Eva Conceição, School of Psychology, University of Minho, Braga, Portugal; Michael Evangeli, Department of Psychology, Royal Holloway University of London, UK; Miguel Gonçalves, University of Minho; Ross Crosby, Sanford Center for Bio-Behavioral Research Sanford Research, Fargo, ND, USA; Stephen Wonderlich, Sanford Center for Bio-Behavioral Research Sanford Research, Fargo, ND, USA; Inês Mendes, Department of Psychology, Royal Holloway University of London, UK
- **The utility of lived experience with an eating disorder as a therapeutic tool to facilitate client self-disclosure: An evaluation of a peer-based community support group.** Jacqueline Patmore, Teachers College, Columbia University; Courtney Sinclair, Teachers College, Columbia University, NY, USA; Erjia Cao, Teachers College, Columbia University, NY, USA; Stephanie Ng, Teachers College, Columbia University, NY, US; Danielle Mayall, Teachers College, Columbia University, NY, US; Palak Agrawal, Teachers College, Columbia University, NY, US; Serena Gu, Teachers College, Columbia University, NY, US; Sarah Chiao, Teachers College, Columbia University, NY, US; Vanessa Kalach, Teachers College, Columbia University, NY, US

Discussant: Giorgio Tasca, University of Ottawa, Canada

61.
PANEL

Organizer: *Ulrike Willutzki,*

Thursday | 14:00-15:20 | Auditorium 10
Becoming a psychotherapist: First Steps into the profession

Witten/Hedecke University

Moderator: *Bernhard Strauß*,
University Hospital Jena

- **Psychotherapist Trainees' Pathways into the Profession.** Ulrike Willutzki, Witten/Hedecke University; Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Erkki Heinonen, University of Oslo, Norway; Armin Hartmann, University of Freiburg, Germany
- **"I am empathic and a good listener...but...don't like conflict, and struggle with boundaries" - Self-acknowledged strengths and limitations of therapists beginning professional training.** Thomas Schröder, University of Nottingham, UK; S. Choudary, University of Nottingham, UK; David Orlinsky, University of Chicago, USA
- **Psychotherapist Trainees' Attachment Styles Influence Perception of Difficulties in Practice and In-Session Feelings.** Marie-Kristin Apel, University Witten/Herdecke; Erkki Heinonen, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Ulrike Willutzki, Witten/Hedecke University
- **Trainees' self-evaluation of their development as psychotherapists: Early results of a longitudinal study.** Irene Messina, Universitas Mercatorum, Rome; David Orlinsky, University of Chicago, USA

210.

Thursday | 15:20-15:30 | Break
Break

63.

SEMI-PLENARY

Thursday | 15:30-16:50 | Auditorium 01
Bridging the past, the future, and breadth of SPR and psychotherapy research: Lessons and recommendations based on a 50-year legacy

- **Bridging the past, the future, and breadth of SPR and psychotherapy research: Lessons and recommendations based on a 50-year legacy.** Michael Barkham, University of Sheffield, UK; Wolfgang Lutz, Universität Trier, Germany; Louis Castonguay, Penn State University, University Park, USA; Heidi Levitt, University of Massachusetts Boston; Alice Coyne, University of Massachusetts Amherst; Myrna Friedlander, University at Albany/SUNY, USA; Steven Hollon, Vanderbilt University,

64.

SEMI-PLENARY

Thursday | 15:30-16:50 | Auditorium 03

What works for whom? Tailoring the therapy relationship

- **What works for whom? Tailoring the therapy relationship.** Catherine Eubanks, Yeshiva University, New York, USA; Doris Chang, New York University, New York, USA; Christoph Flückiger, University of Zurich, Switzerland; Beatriz Gómez, Aiglé Foundation, Argentina; Craig Rodriguez-Seijas, University of Michigan, Michigan, USA; Derek Griner, Brigham Young University, Provo, USA

210.

Thursday | 16:50-17:00 | Break

Break

66.

Thursday | 17:00-17:55 | Auditorium 01

STRUCTURED DISCUSSION The art of and in psychotherapy: from theory to praxis

Organizer: *Rinat Feniger-Schaal, University of Haifa, Israel*

Discussant: Rinat Feniger-Schaal, University of Haifa, Israel

Moderators: *David Orlinsky, University of Chicago, USA; Bernhard Strauß, University Hospital Jena; Jesse Geller, Columbia University, New York, USA; Hod Orkibi, University of Haifa, Israel; Nisha Sajjani, New York University; Shlomo Mendlovic, Shalvata Psychiatric hospital, Israel; Johanna Czamanski-Cohen, Haifa University, Israel;*

67.

Thursday | 17:00-17:55 | Auditorium 02

STRUCTURED DISCUSSION Memory reconsolidation in psychotherapy research

Moderator: *Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland*

Discussants: Richard Lane, University of Arizona; Jessica Payne, University of Notre Dame; Tamara Fischmann, International Psychoanalytic University, Berlin, Germany; Antonio Pascual-Leone, University of Windsor,

Ontario, Canada; Jonathan Huppert, Hebrew University, Jerusalem, Israel;

68.

STRUCTURED DISCUSSION **From individual to societal change: Discussing the response of psychotherapy research and SPR to climate change**

Organizers: *Oliver Evers, Heidelberg University, Germany; Friederike Winter, University Hospital, Heidelberg, Germany; Serena Chen, Adelphi University, New York, USA;*

Moderators: *Oliver Evers, Heidelberg University, Germany; Friederike Winter, University Hospital, Heidelberg, Germany;*

Thursday | 17:00-17:55 | Auditorium 03

- **What footprints do we leave behind? The SPREDUCE-committee and SPR activities to combat climate change.** Oliver Evers, Heidelberg University, Germany; Serena Chen, Adelphi University, New York, USA; Friederike Winter, University Hospital, Heidelberg, Germany
- **More than just taking the temperature: Approaches in psychotherapy research to address climate change.** Serena Chen, Adelphi University, New York, USA; Oliver Evers, Heidelberg University, Germany

Discussants: Serena Chen, Adelphi University, New York, USA; Cristobal Hernández Contreras, Universidad Adolfo Ibáñez. Millennium Institute for Depression and Personality Research; Kim de Jong, Leiden University, Netherlands; Christoph Nikendei, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Svenja Taubner, University of Heidelberg, Germany;

69.

STRUCTURED DISCUSSION **The incorporation of telepsychotherapy into routine practice during the pandemic: Challenges for research and training of psychotherapists**

Organizers: *Javier Fernandez-Alvarez, Fundación Aiglé, Buenos Aires, Argentina; H-Daniel Espinosa, Universidad CES;*

Moderators: *Javier Fernandez-Alvarez, Fundación Aiglé, Buenos Aires, Argentina; H-Daniel Espinosa, Universidad CES;*

Thursday | 17:00-17:55 | Auditorium 04

Discussants: Katie Aafjes-van Doom, Yeshiva University, New York, USA; Martin Kivlighan, University of Iowa; Tom Van Daele, Thomas More University of Applied Sciences, Belgium; Carly McCord, Texas A&M University; Markus Moessner, University Hospital, Heidelberg, Germany; Angelo Compare, University of Bergamo, Italy;

70.

BRIEF PAPER SESSION

Thursday | 17:00-17:55 | Auditorium 05
Adolescents

Moderator: *Yamil Quevedo,*

- **The scientific status of psychodynamic therapy for children and adolescents.** Sven Rabung, University of Klagenfurt, Austria
- **Epigenetic Changes in Psychotherapy of Adolescents Diagnosed with Borderline Personality Disorder.** Yamil Quevedo, Pontificia Universidad Católica de Chile, Santiago; Juan Pablo Jimenez, Universidad de Chile, Santiago; Marcia Olhaberry, Pontificia Universidad Católica de Chile, Santiago; Luisa Herrera, Universidad de Chile, Santiago; Linda Booij, Concordia University
- **The Impact of Two Interventions on Trauma Symptoms and Mental Representations of Self, Parents, and Therapist in Economically Disadvantaged Minority Young Adolescents in Urban Middle School.** Bryan Blum, Long Island University Post; Geoff Goodman, Long Island University Post
- **Depressive Symptoms And Negative Experiences in School: A Network Analysis.** Yi HUANG, Masaryk University, Czech Republic; Jinjin Lu, China University of Geosciences Wuhan, China; Petr Macek, Petr Macek, Masaryk University, Czech

71.

BRIEF PAPER SESSION

Thursday | 17:00-17:55 | Auditorium 06

Alliance in Teletherapy

Moderator: *Claudia Carvalho, Universidad Federal do Rio Grande do Sul, Brasil*

- **Transitioning to Teletherapy and its Impact on the Therapeutic Alliance.** Andrew Lokai, Adelphi University, New York, USA; Liqiaonan Chen, Adelphi University, New York, USA; Kendra Terry, Adelphi University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **Building and Maintaining Therapeutic Alliance in Telepsychotherapy: Reflections from an Indian Perspective.** Mehak Sikand, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Bangalore, India
- **Patients, therapists and supervisors' experiences in the shift from face to face to online psychotherapy during the COVID 19 pandemic: a research protocol.** Claudia Carvalho, Universidad Federal do Rio Grande do Sul, Brasil; Marta Haas Costa, Universidad Federal do Rio Grande do Sul, Brasil; Igor

Londero, universidade federal do rio grande do sul; Josiane Maliuk, universidade federal do rio grande do sul; Neusa Rocha, UFRGS- Universidade Federal do Rio Grande do Sul

- **Working Alliance in Virtual Reality Treatments: A systematic review and meta-analysis.** Juan Cruz Curatti, Universidad Nacional de Mar del Plata, Buenos Aires, Argentina; Joaquín Asiain, Universidad de Belgrano, Buenos Aires, Argentina; Agustina Farah, Universidad de Belgrano, Buenos Aires, Argentina; Andrés Roussos, Universidad de Buenos Aires, Argentina

72.

BRIEF PAPER SESSION

Thursday | 17:00-17:55 | Auditorium 07

Attachment & development I

Moderator: *Alessio Porreca, University of Padova, Italy*

- **The therapeutic alliance among patients diagnosed with anxiety and personality disorders – a clinical study report.** Joanna Mostowik, Jagiellonian University, Kraków, Poland; Michal Mielimaka, Dpt. of Psychotherapy, Jagiellonian University Medical College; Krzysztof Rutkowski, Dpt. of Psychotherapy, Jagiellonian University Medical College; Tadeusz Ostrowski, Andrzej Frycz-Modrzewski Cracow University
- **Effects of a psychodynamic residential intervention program on parenting behaviors and quality of parent-child interactions in mothers with Substance Use Disorder..** Alessio Porreca, University of Padova, Italy; Bianca Filippi, University of Padova, Italy; Francesca De Palo, Comunità di Venezia scs; Nicoletta Capra, Comunità di Venezia scs; Alessandra Simonelli, University of Padova, Italy
- **Attachment predicts changes in the level of personality functioning after psychotherapeutic inpatient treatment.** Eva Flemming, Universitätsmedizin Rostock; Laura Lübke, Universitätsmedizin Rostock; Oliver Masuhr, Asklepios Fachklinikum Tiefenbrunn; Ulrich Jäger, Asklepios Fachklinikum Tiefenbrunn; Katja Brenk-Franz, Universitätsklinikum Jena; Robert Mestel, VAMED Rehaklinik Bad Grönenbach; Carsten Spitzer, Universitätsmedizin Rostock
- **Therapeutic Recovery from Trauma: an Evidence Synthesis.** Andrew Smith, University of Salford

73.

BRIEF PAPER SESSION

Thursday | 17:00-17:55 | Auditorium 08

Other

Moderator: *Zahra Tayer Farahani, University College Dublin*

- **The perceived utility of three selected routine psychological outcome measures in student counselling services (SCSs)..** Zahra Tayer Farahani, University College Dublin; Emma Howard, University College Dublin; Chuck Rashleigh, Trinity College, Dublin, Ireland; Barbara Dooley, University College, Dublin
- **Meta-method analysis of qualitative psychotherapy research on therapists' experiences.** Javier L. Rizo, University of Massachusetts Boston; Heidi Levitt, University of Massachusetts Boston; Zenobia Morrill, University of Massachusetts Boston; Bediha Ipekci, University of Massachusetts Boston
- **Effects of relationally focused treatment in foster care..** Anna-Karin Åkerman, Linköping University, Stockholm, Sweden
- **Building Foundations for Mentalizing: A Case Study of a Pre-School Child and His Therapist.** Susan Walker Kennedy, Toronto, Canada; Susan Elgie, Montreal, Canada

74.

BRIEF PAPER SESSION

Thursday | 17:00-17:55 | Auditorium 09

Treatment process and outcome I

Moderator: *Bethany A Harris, SUNY at Albany, USA*

- **Trajectories of improvement in interpersonal problems following residential eating disorder treatment: exploring the predictive role of primary diagnosis.** Bethany A Harris, SUNY at Albany, USA; Adela Scharff, University at Albany/SUNY, USA; James F Boswell, University at Albany, State University of New York
- **Meta-synthesis of Published Single Case Studies on Premature Termination of Psychotherapy.** Liza Notaerts, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium
- **Relationships between Cognitive Behavioural Therapy skills and Treatment outcomes.** Kathleen Camacho, University of Western Australia, Crawley; Andrew Page, University of Western Australia, Perth; Geoff R.

Hooke, University of Western Australia and
Perth Clinic, Perth

- **Feedback Compliance and Therapy Outcomes of Not-On-Track Clients.** Melissa Jones, Brigham Young University, Provo, USA; Davey Erekson, Brigham Young University, Provo, USA; Scott Baldwin, Brigham Young University, Provo, USA; Sheilagh Fox, Brigham Young University, Provo, USA; Audrey Parker, Brigham Young University, Provo, USA; Russell Bailey, Brigham Young University, Provo, USA; Angie Bledsoe, Brigham Young University, Provo, USA; Matthew McMurray, Brigham Young University, Provo, USA

75.

BRIEF PAPER SESSION

Thursday | 17:00-17:55 | Auditorium 10

Anxiety

Moderator: *Markus Hayden,
Klinik Bad Reichenhall,
Germany*

- **Changes in depression, anxiety, and quality of life during and after inpatient pulmonary rehabilitation following COVID-19.** Markus Hayden, Klinik Bad Reichenhall, Germany; Matthias Limbach, Klinik Bad Reichenhall, Germany; Steffen Merkl, Klinik Bad Reichenhall, Germany; Gabriele Schwarzl, Klinik Bad Reichenhall, Germany; Karsten Botosch, University of Salzburg, Austria; Michael Schuler, Hochschule für Gesundheit Bochum, Germany; Dennis Nowak, Ludwig-Maximilians-Universität, Munich, Germany; Konrad Schultz, Klinik Bad Reichenhall, Germany
- **Panic and personality disorder - an RCT on longterm cognitive behavioral therapy vs. psychodynamic/psychoanalytic therapy (APS study).** Henning Schauenburg, University Hospital, Heidelberg, Germany; Miriam Henkel, Aalborg University, Denmark; Dorothea Huber, International Psychoanalytic University, Berlin, Germany; Hermann Staats, Fachhochschule Potsdam; Silke Wiegand-Greffe, University of >Hamburg, Germany; Cord Benecke, University of Kassel, Germany
- **Including Significant Others: A systematic review comparing dyadic and multi-person interventions.** Nina Immel, Pontificia Universidad Católica de Chile, Santiago; Rebecca von Oepen, Universität Witten/Herdecke; Hannes Opfermann, Witten/Herdecke University; Niels Braus, Witten/Herdecke University; Christina Hunger-Schoppe, Witten/Herdecke University

- **Mentalization, A Protective Factor Against the Feelings of Loneliness and Internalizing Problems During the Quarantine Decreated By COVID-19?**. Andrea Rodriguez Quiroga, Instituto Universitario de Salud Mental (IUSAM), Buenos Aires, Argentina; Saskia Ivana Aufenacker, Instituto Universitario de Salud Mental (IUSAM), Buenos Aires, Argentina; Laura Borensztein, INSTITUTO UNIVERSITARIO DE SALUD MENTAL (IUSAM), BUENOS AIRES, ARGENTINA; Maria Camila Botero, Consejo Nacional de Investigaciones Científicas y Técnicas de Argentina (CONICET); Alan Crawley, Universidad del Salvador, Buenos Aires, Argentina; Kevin Scavone, Pontificia Universidad Católica Argentina (UCA), Argentina; Laura Bongiardino, Instituto Universitario de Salud Mental (IUSAM), Buenos Aires, Argentina

210. Thursday | 17:55-18:00 | Break
Break

77. Thursday | 18:00-19:20 | Auditorium 01
PLENARY Tailoring Psychotherapy to the Person, Context, and Moments

Moderators: *Shelley McMain, CAMH; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland;*

- **Tailoring Psychotherapy to the Person, Context, and Moments.** Shelley McMain, CAMH; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland; Henny Westra, York University, Canada; Fredrik Falkenström, Linnaeus University, Sweden; John Norcross, University of Scranton, USA; Paula Errázuriz, Pontificia Universidad Católica de Chile, Santiago; Zac Imel, University of Utah, Salt Lake City, USA

210. Thursday | 19:20-19:30 | Break
Break

79. Thursday | 19:30-20:30 | Auditorium 01
CHAPTER MEETING North America Chapter

80. Thursday | 19:30-20:30 | Auditorium 02
CHAPTER MEETING Latin America Chapter

Friday, 25 June

(Sessions reflect time zone in Heidelberg, Germany: CEST)

81.

PANEL

Organizer: *Shimrit Fisher, Haifa University, Israel*

Moderator: *Shimrit Fisher, Haifa University, Israel*

Friday | 8:00-9:30 | Auditorium 02

Outside the Box and Inside the Therapeutic Relationship: Epistemic Trust and its' Determinants in Psychotherapy.

- **The Mediational Intervention for Sensitizing Caregivers: The fostering of epistemic trust.** Carla Sharp, The University of Houston
- **Can we enhance mentalization by facilitating epistemic trust? An experimental study on change mechanisms.** Lea Kasper, University Hospital, Heidelberg, Germany; Alessandro Talia, University of Heidelberg, Germany; Anna Georg, Universität Heidelberg; Svenja Taubner, University of Heidelberg, Germany
- **Reconceptualizing organized and disorganized attachment in psychotherapy: From Proximity-seeking to Epistemic Trust.** Alessandro Talia, University of Heidelberg, Germany; Robbie Duschinsky,, Primary Care Unit, University of Cambridge, United Kingdom;; Diana Mazzarella, Cognitive Science Centre of the University of Neuchâtel, Switzerland;; Madeleine Miller-Bottomo, Department of Health Psychology, California Pacific Medical Center, San Francisco (CA), United States;; Svenja Taubner, University of Heidelberg, Germany; Peter Fonagy, University College, London, UK
- **Epistemic Trust Rating System (ETRS) in Psychotherapy: Development and Validation.** Shimrit Fisher, Haifa University, Israel; Sigal Zilcha-Mano, University of Haifa, Israel; Peter Fonagy, University College, London, UK

Discussant: Patrick Luyten, University College London

82.

PANEL

Organizer: *Antje Gumz, Psychologische Hochschule*

Friday | 8:00-9:30 | Auditorium 03

Factors contributing to change in psychotherapy

- **What about the therapist? A systematic review regarding therapist factors and their**

Berlin

Moderators: Antje Gumz,
Psychologische Hochschule
Berlin; Denise Kästner,
Department for
Psychosomatics and
Psychotherapy,
Psychologische Hochschule
Berlin, Berlin, Germany;

association with therapeutic alliance and dropout in the last 20 years.. Merle Longley, Department for Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin, Berlin, Germany; Leonie Derwahl, Department of Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin; Denise Kästner, Department for Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin, Berlin, Germany; Saskia Gries, Department of Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin; Bernhard Strauß, University Hospital Jena; Antje Gumz, Psychologische Hochschule Berlin

- **Cross-sectional correlations of specific and common factors in psychodynamic and cognitive behavioural therapy sessions.** Hannah Marie Biel, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; David Algner-Herzmann, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; Timo Hennig, Universität Hamburg, Fakultät für Erziehungswissenschaft, Hamburg, Deutschland; Nora Rebekka Krott, Universität Bielefeld, Institut für interdisziplinäre Konflikt- und Gewaltforschung, Bielefeld, Deutschland; Bernd Löwe, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; Klaus Michael Reininger, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland
- **How can talking cure? Curative functions of talking in psychotherapy from patients' perspective – a qualitative analysis.** Sabine Wulf, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Laurence Reuter, Professur für Psychosomatik und Psychotherapie,

Psychologische Hochschule Berlin; Lisa Frey, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Anne Nitzsche, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Christina Windisch, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Bernhard Strauß, University Hospital Jena; Antje Gumz, Psychologische Hochschule Berlin

- **Measuring the differential effects of talking in psychotherapy – the development of the WITMER questionnaire.** Laurence Reuter, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Maurice Breier, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Lovis Esswein, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Sabine Wulf, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Felix Klapprott, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Nikola Bergmann, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Jelka Berger, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Antje Gumz, Psychologische Hochschule Berlin

83.

PANEL

Friday | 8:00-9:30 | Auditorium 04

In-Session Process in Psychodynamic Psychotherapy

Organizer: *Clara Hill, University of Maryland, College Park, USA*

Moderators: *Clara Hill, University of Maryland, College Park, USA; Dennis Kivlighan, University of Maryland, College Park, USA;*

- **The Effects of Therapist Advice.** Holly Liposky, University of Maryland, College Park, USA; Clara Hill, University of Maryland, College Park, USA; Dennis Kivlighan, University of Maryland, College Park, USA
- **The Effects of Therapist Challenges: A case study.** Judy Gerstenblith, University of Maryland, College Park, USA; Katie Rim, University of Maryland, College Park, USA; Mira An, University of Maryland, College Park, USA; Priya Bansal, University of Maryland, College Park, USA; Katherine Morales, University of Maryland, College Park, USA; Clara Hill, University of Maryland, College Park, USA

- **The Effects of Therapist Questions.** Eva Freites, University of Maryland, College Park, USA; Allison Seo, University of Maryland, College Park, USA; Clara Hill, University of Maryland, College Park, USA; Dennis Kivlighan, University of Maryland, College Park, USA
- **The Effects of Therapist Interruptions.** Sebastian Preilipper, University of Maryland, College Park, USA; Clara Hill, University of Maryland, College Park, USA; Dennis Kivlighan, University of Maryland, College Park, USA

Discussant: Sarah Knox, Marquette University, Milwaukee, USA

84.

PANEL

Organizers: *Diana Gómez, Universidad Santo Tomás, Santiago, Chile; Diana María Ocampo Lopera, Unviersidad CES;*

Moderator: *Diana Gómez, Universidad Santo Tomás, Santiago, Chile*

Friday | 8:00-9:30 | Auditorium 05

The challenge of training psychologists: Proposals for supervision models to develop therapeutic skills

- **Towards a multidimensional model of psychotherapy expertise for research and training.** Felipe Concha, Universidad Diego Portales, Santiago, Chile
- **Experience in the Development and Implementation of a Model for Strengthening Psychotherapeutic Competences Based on Video-Feedback.** Diana María Ocampo Lopera, Unviersidad CES; H-Daniel Espinosa, Universidad CES; Leandro Murillo-Cuartas, CES University; Felipe Marin-Botero, CES University
- **Generic Therapeutic Competence Model: using videofeedback to supervise simulated sessions.** Nelson Valdes-Sanchez, Universidad Santo Tomás, Santiago, Chile; Diana Gómez, Universidad Santo Tomás, Santiago, Chile; Sandra García, Universidad Santo Tomás, Santiago, Chile; Jade Ortiz, Universidad Santo Tomás, Santiago, Chile

Discussant: Beatriz Gomez, Aigle Foundation

85.

PANEL

Moderator: *George Silberschatz, University of*

Friday | 8:00-9:30 | Auditorium 06

Treatment failure in psychotherapy: Perspectives on premature termination

- **Contextualizing Treatment Failure within the Patient's Plan for Therapy.** James McCollum, San Francisco Psychotherapy Research Group;

California, San Francisco,
USA

George Silberschatz, University of California,
San Francisco, USA; John Curtis, University of
California, San Francisco, USA; David Kealy,
University of British Columbia, Vancouver,
Canada

- **The patient's efforts to prevent treatment failure: An evidence-based case study of coaching and premature termination in psychotherapy.** David Kealy, University of British Columbia, Vancouver, Canada; James McCollum, San Francisco Psychotherapy Research Group; George Silberschatz, University of California, San Francisco, USA; Katie Aafjes-van Doorn, Yeshiva University, New York, USA; Xiaochen Luo, Santa Clara University; John Curtis, University of California, San Francisco, USA
- **Comparing patient's and therapist's efforts in preventing treatment failures using the rupture-repair framework and the coaching framework.** Xiaochen Luo, Santa Clara University; Evan Good, Michigan State University, East Lansing, USA; Joshua Turchan, Michigan State University, East Lansing, USA; Alytia Levendosky, Michigan State University, East Lansing, USA; Katie Aafjes-van Doorn, Yeshiva University, New York, USA; James McCollum, San Francisco Psychotherapy Research Group; David Kealy, University of British Columbia, Vancouver, Canada

Discussant: Shigeru Iwakabe, Ochanomizu University,
Tokyo, Japan

86.

PANEL

Organizer: *Mariagrazia Di
Giuseppe, University of Pisa,
Italy*

Moderator: *Tracy Prout,
Ferkauf Graduate School of
Psychology*

Friday | 8:00-9:30 | Auditorium 07

Playing Defense – Assessment and Clinical Relevance of Child, Adolescent, and Parental Defenses and Personality Styles

- **Defensive functioning of individuals diagnosed with Gender Dysphoria at the beginning of their hormonal treatment.** Guido Giovanardi, Sapienza University of Rome, Italy; Marta Mirabella, Sapienza University of Rome, Italy; Mariagrazia Di Giuseppe, University of Pisa, Italy; Francesco Lombardo, Sapienza University of Rome, Italy; Anna Maria Speranza, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy
- **Defense Mechanisms Among Parents Participating in Psychotherapy for Childhood Oppositional Defiant Disorder.** Thomas Kui,

Ferkauf Graduate School of Psychology,
Yeshiva University

- **CPAP – Q-Sort: An assessment procedure for personality, traits and disorders in childhood.** Alexandro Fortunato, Sapienza University of Rome, Italy; Annalisa Tanzilli, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Anna Maria Speranza, Sapienza University of Rome, Italy
- **Development of the Defense Mechanisms Rating Scale Q-Sort for Children.** Lauren Wildes Ammar, Ferkauf Graduate School of Psychology, Yeshiva University; Carly Teperman, Ferkauf Graduate School of Psychology, Yeshiva University; Ella Storey, Ferkauf Graduate School of Psychology, Yeshiva University

Discussant: Mariagrazia Di Giuseppe, University of Pisa, Italy

87.
PANEL

Organizer: *Jeannette Brodbeck, School of Social Work, University of Applied Sciences and Arts Northwestern Switzerland*

Moderator: *Jeannette Brodbeck, School of Social Work, University of Applied Sciences and Arts Northwestern Switzerland*

Friday | 8:00-9:30 | Auditorium 08
How to Personalise an Internet Intervention?

- **Personalization of online interventions: A brief technical introduction for non-technical people.** Lex van Velsen, Roessingh Research and Development, Enschede, the Netherlands
- **Developing an internet intervention for young adults with a history of adverse childhood experiences: an iterative co-design with users.** Jeannette Brodbeck, School of Social Work, University of Applied Sciences and Arts Northwestern Switzerland; Linda Pergjoka, School of Social Work, University of Applied Sciences and Arts Northwestern Switzerland; Maria Jenny, School of Social Work, University of Applied Sciences and Arts, Northwestern Switzerland; Fabienne Stamm, School of Social Work, University of Applied Sciences and Arts, Northwestern Switzerland; Stefanie Nuozzi, School of Social Work, University of Applied Sciences and Arts, Northwestern Switzerland; Tugce Oezdemir, School of Social Work, University of Applied Sciences and Arts, Northwestern Switzerland; Paul Burkhard, School of Social Work, University of Applied Sciences and Arts, Northwestern Switzerland
- **The use of the Multiphase Optimization Strategy (MOST) and the factorial trials in**

building and tailoring interventions. Rodrigo Lopes, University of Bern, Switzerland; Dajana Šipka, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland

- **A conceptual model for personalising an online grief intervention for older adults who lost their spouse and user parameters for decision making about escalating self-help to more intensive support: A Delphi study.** Lena Brandl, Roessingh Research and Development, Enschede, the Netherlands

Discussant: Stefanie Schmidt, University of Bern, Switzerland

88.
PANEL

Friday | 8:00-9:30 | Auditorium 10
Therapy's Matchmaking: The congruence in pre-therapy traits, attachment, and emotional regulation between the therapist & patient.

89.
PANEL

Friday | 8:00-9:30 | Auditorium 11
Psychotherapy Trainees' Quality of Life: Demographic and Personal Factors and Implications

Organizer: *David Orlinsky, University of Chicago, USA*

Moderator: *Ulrike Willutzki, Witten/Hedecke University*

- **Psychotherapy Trainees of 12 Nations: Their Backgrounds and Current Quality of Life.** Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Ulrike Willutzki, Witten/Hedecke University
- **Correlates of Trainee Life Quality: Life Circumstances, Childhood Experiences, and Personal Therapy.** David Orlinsky, University of Chicago, USA; Michael Helge Rønnestad, University of Oslo, Norway; Ulrike Willutzki, Witten/Hedecke University
- **Trainees' Life Quality in Different Countries: Variations in Happiness and Distress.** Henriette Loeffler-Stastka, Medical University of Vienna, Austria; Irene Messina, Universitas Mercatorum, Rome; David Orlinsky, University of Chicago, USA

Discussant: Helene Nissen-Lie, University of Oslo, Norway

90.
PANEL

Friday | 8:00-9:30 | Auditorium 12
Clinical Feedback Systems: Digging Deeper

Organizer: *Samuel Nordberg, Reliant Medical Group, Massachusetts, US*

Moderator: *Kim de Jong, Leiden University, Netherlands*

- **Challenges in Investigating the Effective Components of Feedback from Routine Outcome Monitoring (ROM) in Youth Mental Health Care.** Maartje van Sonsbeek, Pro Persona Research, Netherlands
- **Enhancing the effect of psychotherapy through systematic client feedback in outpatient mental healthcare: a cluster randomized trial..** Bram Bovendeerd, University of Groningen, Netherlands
- **Therapist responsiveness to patient feedback on needs in psychotherapy: Impact on alliance and treatment outcomes..** Samuel Nordberg, Reliant Medical Group, Massachusetts, US

Discussants: Samuel Nordberg, Reliant Medical Group, Massachusetts, US; Bram Bovendeerd, University of Groningen, Netherlands; Maartje van Sonsbeek, Pro Persona Research, Netherlands;

91.
PANEL

Organizer: *Charlie Duncan, British Association for Counselling and Psychotherapy*

Moderator: *Jo Pybis, British Association for Counselling and Psychotherapy*

Friday | 8:00-9:30 | Auditorium 13
Using routine outcome measures in practice

- **Profiling student mental health and counselling effectiveness: Lessons from four UK University services using different outcome measures.** Emma Broglia, British Association for Counselling and Psychotherapy
- **Uptake and outcomes for older people - Analysis of community-based counselling services' data.** Jo Pybis, British Association for Counselling and Psychotherapy

Discussant: Jo Pybis, British Association for Counselling and Psychotherapy

92.
PANEL

Organizer: *Lauren Lipner, Mount Sinai Beth Israel, New York, USA*

Moderator: *Chris Muran, Adelphi University, New York, USA*

Friday | 8:00-9:30 | Auditorium 14
What's really going on here? The application of 3RS to elucidate negative process

- **Examining pseudoalliance in psychotherapy using rupture-resolution process and self-report measures.** Gregory T. Weil, New School University, New York, USA; Howard Steele, New School University, New York, USA; Catherine Eubanks, Yeshiva University, New York, USA; Chris Muran, Adelphi University, New York, USA

- **What's a V-episode, anyway? 3RS application to a single case study.** Lauren Lipner, Mount Sinai Beth Israel, New York, USA; Di Liu, Mount Sinai Beth Israel; Sophie Cassell, Adelphi University, New York, USA; Elaine Hunter, Yeshiva University, New York, USA; Catherine Eubanks, Yeshiva University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **The beginning of the end: A comparison of treatment completers and early dropouts.** Adelya Urmanche, Adelphi University, New York, USA; Lauren Lipner, Mount Sinai Beth Israel, New York, USA; Sarah Bloch-Elkouby, Mount Sinai Beth Israel; Elaine Hunter, Yeshiva University, New York, USA; Jerzy Kaufmann, New School University, New York, USA; Jonathan T. Warren, Yeshiva University, New York, USA; Gregory T. Weil, New School University, New York, USA; Catherine Eubanks, Yeshiva University, New York, USA; Chris Muran, Adelphi University, New York, USA

Discussant: Adam Horvath, Simon Fraser University, Vancouver, Canada

93. Friday | 9:45-10:45 | Auditorium 01

STRUCTURED DISCUSSION Principles for Guiding Common Factors Therapy

Organizer: *Russell Bailey, Brigham Young University, Provo, USA*

Discussants: Russell Bailey, Brigham Young University, Provo, USA; Ben OGLES, Brigham Young University, Provo, USA; Tomáš Řiháček, Masaryk University, Brno, Czech Republic; Davey Erekson, Brigham Young University, Provo, USA;

94. Friday | 9:45-10:45 | Auditorium 02

STRUCTURED DISCUSSION Honoring Professor Horst Kaechele

Organizer: *Maria Moneta, Universidad de Chile, Santiago*

Discussants: Svenja Taubner, University of Heidelberg, Germany; Vittorio Lingiardi, Sapienza University of Rome, Italy; Guillermo De la Parra, Pontificia Universidad Católica de Chile, Santiago;

95. Friday | 9:45-10:45 | Auditorium 03

STRUCTURED DISCUSSION The Responsive Therapist in Different Therapeutic Approaches

Organizer: *Hadas Wiseman,*

University of Haifa, Israel

Moderators: *Hadas Wiseman, University of Haifa, Israel; Jeanne Watson, University of Toronto, Canada;*

Discussants: Orya Tishby, Hebrew University, Jerusalem, Israel; George Silberschatz, University of California, San Francisco, USA; Brien Goodwin, University of Massachusetts; Eugénia Ribeiro, University of Minho; Miguel Gonçalves, University of Minho; Gary Diamond, Ben Gurion University, Beer Sheva, Israel; Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland; Jamie Bedics, California Lutheran University; James F Boswell, University at Albany, State University of New York;

96.

BRIEF PAPER SESSION

Friday | 9:45-10:45 | Auditorium 04

Change process I

Moderator: *Sylke Andreas, University of Klagenfurt, Austria*

- **Dynamic patterns in personal positions of a patient diagnosed with Borderline Personality Disorder (BPD) and her therapist during a long-term psychotherapy.** Augusto Mellado, Pontificia Universidad Católica de Chile, Santiago; Claudio Martínez, Universidad Diego Portales, Santiago, Chile; Alemka Tomicic, Universidad Diego Portales, Santiago, Chile; Mariane Krause, Catholic University of Chile
- **The relationship between therapist's tests and alliance rupture repair regarding intersession-process, therapeutic relationship and outcome of patients in psychodynamic-oriented psychotherapy.** Sylke Andreas, University of Klagenfurt, Austria; Jennifer Kadur, Alpen-Adria-Universität, Klagenfurt, Austria; Jonas Lüdemann, University of Klagenfurt, Austria; Gabriele Lutz, Gemeinschaftskrankenhaus Witten-Herdecke, Germany; Thorsten-Christian Gablonski, University of Klagenfurt, Austria
- **Making Sense of the Body: A Systematic Study of Therapists' and Clients' Bodily Sensations.** Oya Masaracı, Istanbul Bilgi University; Alev Cavdar, Istanbul Bilgi University; Selcan Kaynak, Bilgi University

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BRIEF PAPER SESSION

Friday | 9:45-10:45 | Auditorium 05

Attachment & development II

Moderator: *Stephanie Wiebe, Saint Paul University, Ottawa, Canada*

- **START Childcare – a mentalization-based and attachment-orientated early prevention program for daycare professionals interacting with children with traumatic refugee background.** Julia Holl, University

Hospital, Heidelberg, Germany; Christine Bark, University Hospital, Heidelberg, Germany; Svenja Taubner, University of Heidelberg, Germany

- **The Effects of Peripartum Maternal Depressive and Anxiety Disorders on Mother-Infant Interaction: The Mediating Role of Antepartum and Postpartum Bonding..** Christian Woll, Ludwig-Maximilians-Universität, Munich, Germany; Verena Labonte, Ludwig-Maximilians-Universität, Munich, Germany; Mitho Müller, Ludwig-Maximilians-Universität, Munich, Germany; Anna-Lena Zietlow, University of Mannheim, Germany; Nora Nonnenmacher, University of Heidelberg, Germany; Corinna Reck, Ludwig-Maximilians-Universität, Munich, Germany
- **Reaching across the void: Reflective function and change in Emotionally Focused Couple Therapy.** Stephanie Wiebe, Saint Paul University, Ottawa, Canada; Sue Johnson, University of Ottawa, Canada

98.

BRIEF PAPER SESSION

Friday | 9:45-10:45 | Auditorium 06

Psychotherapy - Specific Approaches

Moderator: *Emanuela Atzori, MAGMA ODV Association for Applied Scientific Research into Humanities and Social Sciences*

- **Agency and Communion in Narratives in Psychoanalytic, Psychodynamic, and Cognitive Behavioral Psychotherapy Sessions.** Daniel Fesel, Goethe University Frankfurt, Germany; Tilmann Habermas, Aalborg University, Denmark
- **The Psychological and Somatic Effects of Integrative Breathwork Psychotherapy in Breast Cancer Patients..** Alicja Heyda, Maria Skłodowska Curie National Research Institute of Oncology; Marek Jurkowski, Maria Skłodowska-Curie Research Institute of Oncology, Gliwice Branch; Andrzej Czuba, Maria Skłodowska-Curie National Research Institute of Oncology, Gliwice Branch; Magdalena Głowala-Kosińska, Maria Skłodowska Curie National Research Institute of Oncology; Krzysztof Skłodowski, Maria Skłodowska Curie Research Institute of Oncology, Gliwice Branch
- **The impact of the migrant crisis on psychotherapeutic practice and its implications for research.** Emanuela Atzori, MAGMA ODV Association for Applied Scientific Research into Humanities and Social Sciences;

Ilario Ritacco, free professional; Sara Forcella, Sapienza University of Rome, Italy

- **From interview-based data on long-term singlehood to psychotherapeutic work with single individuals..** Marta Mrozowicz-Wrońska, Adam Mickiewicz University in Poznań; Katarzyna Adamczyk, Adam Mickiewicz University in Poznań; Kamil Janowicz, Adam Mickiewicz University in Poznań

99.

BRIEF PAPER SESSION

Friday | 9:45-10:45 | Auditorium 07

Qualitative I

Moderator: *Naomi Moller, The Open University*

- **Improvement in psychodynamic psychotherapy for depression - the patients' experiences.** André Løvgren, Oslo University Hospital, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway; Eivind Engebretsen, University of Oslo, Norway; Randi Ulberg, University of Oslo, Norway
- **The death of a star: mentalizing and meaning making in therapy.** kanika mehrotra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bholra, National Institute of Mental Health and Neuro Sciences, Bangalore, India
- **Between insecurity and over-protection: the effects of the lockdown-measures during the COVID-19 pandemic on the therapeutic work in a psychosomatic clinic..** Inga Lau, University of Freiburg, Germany; Laura Schäfer, University of Freiburg, Germany; Stafanie Brons, University of Freiburg, Germany; Fabian Koch, University of Leipzig, Germany; Franca Utz, University of Freiburg, Germany; Stanislav Metodiev, University of Freiburg, Germany; Anne-Louise Meyer, University of Freiburg, Germany; Nathalie Rapp, University of Freiburg, Germany; Claas Lahmann, University of Freiburg, Germany; Stefan Schmidt, University of Freiburg, Germany; Prisca Bauer, University of Freiburg, Germany
- **Experiences of health care services and relationship with mental health in trans (including nonbinary) adults: Results of a large-scale qualitative study.** Naomi Moller, The Open University; Evelyn Callahan, The Open University, Britain; Jamie Fletcher, The Open University, Britain; Richard Holti, Open University, Britain; Peter Keogh, The Open University, Britain; Michael Petch, LGBT

Foundation, Britain; Ben Vincent, The Open University, Britain; Paul Walley, The Open University, Britain

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BRIEF PAPER SESSION

Moderator: *Chetna Duggal, Tata Institute of Social Sciences*

Friday | 9:45-10:45 | Auditorium 08

Therapist training and development II

- **Psychotherapy Supervision in India: From Supervisee Perspectives to Contextual Models of Practice.** Chetna Duggal, Tata Institute of Social Sciences
- **Supervision for Mental Health Professionals in India during the pandemic: Reflections on the work through Rahbar - a supervision initiative.** Chetna Duggal, Tata Institute of Social Sciences
- **The body in psychotherapy and the dialog among health care professions.** Birgitta Schiller, Sigmund Freud University, Vienna, Austria; Eva Wimmer, Sigmund Freud University, Vienna, Austria; Isabella Wagner, Sigmund Freud University, Vienna, Austria; Manfred Reisinger, Sigmund Freud University, Vienna, Austria; Kathrin Mörtl, Sigmund Freud University, Vienna, Austria; Jutta Fiegl, Sigmund Freud University, Vienna, Austria

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PANEL

Organizer: *Jaime Delgado, University of Sheffield, UK*

Moderator: *Michael Barkham, University of Sheffield, UK*

Friday | 11:00-12:30 | Auditorium 01

Clinical trials of personalized treatment selection and adaptation approaches

- **StratCare: a randomized controlled trial of stratified treatment selection vs. stepped care.** Jaime Delgado, University of Sheffield, UK; Michael Barkham, University of Sheffield, UK; Kieran Fleck, Lancashire Care NHS Trust, United Kingdom; Zachary D. Cohen, University of California, Los Angeles; Robert J. DeRubeis, University of Pennsylvania, Philadelphia, USA; Shehzad Ali, Western University, Canada
- **Enhancing routine feedback to prevent self-harm within inpatient care.** Andrew Page, University of Western Australia, Perth; Geoff R. Hooke, University of Western Australia and Perth Clinic, Perth; Michael Kyron, University of Western Australia, Perth
- **The effect of feedback-informed cognitive behavioural therapies on treatment efficiency and dropout, and exploring therapist characteristics as moderators.** Pauline Janse,

Pro Persona, The Netherlands; Kim de Jong, Leiden University, Netherlands

- **Evidence-based personalized recommendations in clinical practice: A Prospective evaluation of a clinical decision support system.** Wolfgang Lutz, Universität Trier, Germany; Anne-Katharina Deisenhofer, Universität Trier, Germany; Julian Rubel, University of Giessen, Germany; Björn Bennemann, Universität Trier, Germany; Julia Gieseemann, Universität Trier, Germany; Kaitlyn Poster, Universität Trier, Germany; Brian Schwartz, Universität Trier, Germany

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PANEL

Organizer: *Franz Caspar, University of Berne*

Moderator: *Franz Caspar, University of Bern, Switzerland*

Friday | 11:00-12:30 | Auditorium 02

Emotion Focused Therapy (EFT) in various forms – controlled trials on their effects and more

- **A comparison of emotion-focused therapy and cognitive-behavioural therapy in the treatment of generalised anxiety disorder: Post-therapy outcomes.** Ladislav Timulák, Trinity College Dublin
- **Emotion focused skills training for parents: Preliminary findings from an RCT for parents of children with externalizing and internalizing symptoms.** Nadja Ansar, University of Oslo, Norway; Helene Nissen-Lie, University of Oslo, Norway; Stiegler Jan Reidar, Norwegian Institute of Emotion-Focused Therapy; Robert Elliott, University of Strathclyde, Glasgow, UK
- **The integration of EFT elements into Bernese TAU as a valuable enrichment for the use and treatment of emotions.** Franz Caspar, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland

Discussant: Antonio Pascual-Leone, University of Windsor, Ontario, Canada

103.

PANEL

Organizer: *Gary Burlingame, Brigham Young University, Provo, USA*

Friday | 11:00-12:30 | Auditorium 03

Exploring effects of the therapeutic relationship and its predictive relationship with treatment outcome

- **Alliance in Group Therapy: A Meta-Analysis.** Cameron Alldredge, Brigham Young University, Provo, USA; Gary Burlingame,

Moderator: *Gary Burlingame, Brigham Young University, Provo, USA*

Brigham Young University, Provo, USA; Jenny Rosendahl, Friedrich-Schiller-Universität Jena, Germany

- **Does the correlation between the therapeutic relationship and outcome in group change depending upon the source? An analysis of member-member, member-leader and member-group relationships..** Rachel Arnold, Brigham Young University, Provo, USA; Gary Burlingame, Brigham Young University, Provo, USA; Joseph Olsen, Brigham Young University, Provo, USA
- **Does symptom improvement enhance the therapeutic relationship? Or, does improvement in the therapeutic relationship enhance symptom improvement?.** Alee Washburn, Brigham Young University, Provo, USA; Gary Burlingame, Brigham Young University, Provo, USA; Joseph Olsen, Brigham Young University, Provo, USA
- **Achieving Successful Resolution of Alliance Ruptures: for Whom and When?.** Tal Ben David-Sela, Haifa University, Israel; Tohar Dolev-Amit, University of Haifa, Israel; Sigal Zilcha-Mano, University of Haifa, Israel

Discussant: Bernhard Strauß, University Hospital Jena

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PANEL

Organizer: *Orya Tishby, Hebrew University, Jerusalem, Israel*

Moderator: *Orya Tishby, Hebrew University, Jerusalem, Israel*

Friday | 11:00-12:30 | Auditorium 05

Therapists' emotions and their role in the client-therapist relationship and therapy process.

- **Changes in therapist and client emotions in relation to session outcome.** Harold Chui, The Chinese University of Hong Kong, China
- **Therapists' Attitudes Regarding the Communication of Positive Regard** **Therapists' Attitudes Regarding the Communication of Positive Regard.** Barry Farber, Columbia University, New York, USA
- **Therapists' feelings and their relation to rupture and repair, and clients' attachment to the therapist in Supportive Expressive Therapy..** Orya Tishby, Hebrew University, Jerusalem, Israel

Discussant: Jesse Geller, Columbia University, New York, USA

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PANEL

Organizer: *Eugénia Ribeiro,*
University of Minho

Moderator: *Eugénia Ribeiro,*
University of Minho

Friday | 11:00-12:30 | Auditorium 06

Dyadic collaborative interaction: Contributes to understanding processes of change in cognitive behavior therapy

- **Dyadic interaction analysis: A comparative study of a dropout and a good outcome completer..** Ângela Ferreira, Universidade do Minho, Braga, Portugal; Cátia Cardoso, Universidade do Minho, Braga, Portugal; Eugénia Ribeiro, University of Minho; Inês Sousa, Universidade do Minho, Braga, Portugal
- **Therapeutic collaboration as a facilitating process of problematic experiences assimilation: a comparative case study.** Raquel Queiroz, Universidade do Minho, Braga, Portugal; Eugénia Ribeiro, University of Minho; Fernanda Serralta, Universidade do Vale do Rio dos Sinos; Vânia Silva, Universidade do Minho, Braga, Portugal; Cátia Cardoso, Universidade do Minho, Braga, Portugal; Ângela Ferreira, Universidade do Minho, Braga, Portugal; Isabel Basto, Instituto Universitário da Maia; William Stiles, Miami University, Oxford, USA
- **When the therapist's interventions triggered an experience of risk on client within a manualized Cognitive-Behavioral Therapy approach: A multiple case study..** Cátia Cardoso, Universidade do Minho, Braga, Portugal; Ângela Ferreira, Universidade do Minho, Braga, Portugal; Gysele Melo, Universidade do Minho, Braga, Portugal; Eugénia Ribeiro, University of Minho

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PANEL

Organizer: *Geoff Goodman,*
Long Island University Post

Moderator: *Geoff Goodman,*
Long Island University Post

Friday | 11:00-12:30 | Auditorium 07

The Secret Sauce: What Makes Child Psychotherapy Work in Three Treatment Models?

- **DBT for Pre-adolescent Children.** Francheska Pereplechikova, Weil-Cornell Medical College
- **Mentalization Based Treatment for Children (MBT-C): Unravelling and Stitching Together the Therapeutic Process and Mechanisms of Change.** Karin Ensink, Laval University; Jordan Bate, Ferkauf Graduate School of Psychology
- **Why Is It Easier to Get Mad Than It Is To Feel Sad? Key Processes in Regulation-Focused Psychotherapy for Children (RFP-C).** Tracy

Prout, Ferkauf Graduate School of Psychology;
Timothy Rice, Icahn School of Medicine at
Mount Sinai; Leon Hoffman, Icahn School of
Medicine, Mount Sinai Hospital

- **Data Analytic Methods To Assess Change Mechanisms, Moderators and Outcome in Naturalistic Child Psychotherapy.** Selin Kitis, Koc University; Sibel Halfon, Istanbul Bilgi University

Discussant: Geoff Goodman, Long Island University Post

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PANEL

Organizer: *João Batista,*
Universidade do Minho,
Braga, Portugal

Moderator: *João Batista,*
Universidade do Minho,
Braga, Portugal

Friday | 11:00-12:30 | Auditorium 09
Promoting change through resource activation and ambivalence resolution

- **Ambivalence resolution in the UP treatment: an exploratory case study.** Helena Ferreira, Universidade do Minho, Braga, Portugal; Cátia Braga, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, University of Minho
- **Preliminary data from a protocol to elicit resources -Feedback Initiated Narrative Development (FIND).** Carina Magalhães, Universidade do Minho, Braga, Portugal; Robert A. Neimeyer, University of Memphis; Pablo Fernandez-Navarro, Universidade do Minho, Braga, Portugal; Andreia Milhazes, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, University of Minho
- **Write and let go: A writing-based intervention for university students.** João Batista, Universidade do Minho, Braga, Portugal; Janine Marinai, Universidade do Minho, Braga, Portugal; Melissa Gouveia, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, University of Minho

Discussant: Christoph Flückiger, University of Zurich, Switzerland

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PANEL

Moderator: *Dever Carney,*
Penn State University,
University Park, USA

Friday | 11:00-12:30 | Auditorium 10
Relationships between Contextual Factors and Psychotherapy Outcomes

- **Clinical Load Index and clinical treatment model as predictors of collegiate psychotherapy outcomes.** Dever Carney, Penn State University, University Park, USA;

Louis Castonguay, Penn State University, University Park, USA; Rebecca Janis, Penn State University, University Park, USA; Brett Scofield, Penn State University, University Park, USA; Benjamin Locke, Penn State University, University Park, USA

- **Center Effects: The role of external factors on the effectiveness of psychotherapy for racial/ethnic minorities.** Jesse Owen, University of Denver; Jeremy Coleman, University of Denver; Joanna Drinane, University of Utah, Salt Lake City, USA; Karen Tao, University of Utah, Salt Lake City, USA; Zac Imel, University of Utah, Salt Lake City, USA; Bruce E. Wampold, Modum Bad Research Institute, Vikersund, Norway; Mark Kopta, Aalborg University, Denmark
- **The effect of deprivation on neighborhood and clinic effects in psychotherapy outcomes.** Nick Firth, University of Sheffield, UK

Discussant: Fredrik Falkenström, Linnaeus University, Sweden

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PANEL

Organizer: *Olga Fernández, Universidad de Chile, Santiago*

Moderator: *Olga Fernández, Universidad de Chile, Santiago*

Friday | 11:00-12:30 | Auditorium 11

Pandemic and Mental Health: therapist experience and changes in clinical practice

- **Experiencing everyday life in the Context of Pandemia. Resilience, Anxiety and Remoralization in General Population.** Elena Scherb, Universidad de Flores; Bernardo Kerman, Universidad de Flores
- **Impact of COVID – 19 on psychotherapists and embracing the trauma as a necessity for successful psychotherapy process and outcome.** Lea Bernik, Sigmund Freud University, Vienna, Austria
- **Psychotherapy during confinement: How do psychotherapists feel? and How do they perceive their current practice?.** H-Daniel Espinosa, Universidad CES; Javier Fernandez-Alvarez, Fundación Aiglé, Buenos Aires, Argentina
- **Personal experience of therapists from different Latin American countries about their clinical practice during the pandemic..** Olga Fernández, Universidad de Chile, Santiago; Mariane Krause, Catholic

University of Chile; Carolina Altimir, Univesidad Alberto Hurtado; Cecilia de la Cerda, Universidad de Playa Ancha, Valparaiso, Chile; Sofia Fernández, Pontificia Universidad Católica de Chile, Santiago; H-Daniel Espinosa, Universidad CES; Clara Paz, Universidad de Las Américas, Ecuador; Arturo Lozano, Universidad de Guadalajara, México; Carla Mantilla, Universidad Católica del Perú; Doris Argumedo, Universidad Católica del Perú; Paz Lancho, Universidad Católica del Perú; Javier Fernandez-Alvarez, Fundación Aiglé, Buenos Aires, Argentina

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PANEL

Organizer: *Sophie Cassell, Adelphi University, New York, USA*

Friday | 11:00-12:30 | Auditorium 12

The impact of attachment-based interventions on interpersonal functioning and functioning in therapy for children and adolescents

- **Does an Attachment-Based Intervention in Infancy Promote Peer Competence in Middle Childhood?.** Stacia Bourne, University of Delaware; Mary Dozier, University of Delaware
- **Middle Childhood Attachment-focused Therapy: An intervention to stimulate secure base script development in children with emotional and behavioral problems.** Guy Bosmans, Ku Leuven; Leen Van Vlierberghe, Ku Leuven
- **The impact of attachment style on the therapeutic rupture landscape in therapy with suicidal adolescents.** Sophie Cassell, Adelphi University, New York, USA; Guy Diamond, Drexel University; Adelya Urmanche, Adelphi University, New York, USA; Chris Muran, Adelphi University, New York, USA

Discussant: Guy Diamond, Drexel University

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PANEL

Organizer: *Markus Moessner, University Hospital, Heidelberg, Germany*

Moderator: *Markus Moessner, University Hospital, Heidelberg, Germany*

Friday | 11:00-12:30 | Auditorium 13

Exploiting the Public Health Potential of Internet-based Interventions

- **Long Term Depression Management: A Modeling Study.** Maximilian Wilhelm, University Hospital, Heidelberg, Germany; Stephanie Bauer, University Hospital, Heidelberg, Germany; Johannes Feldhege, University Hospital, Heidelberg, Germany; Markus Wolf, University of Zurich, Switzerland;

Markus Moessner, University Hospital,
Heidelberg, Germany

- **Evaluating two Short Video-Interventions for the Promotion of Professional Help-seeking for Bulimia Nervosa in Youth: An online-Experiment.** Diana Lemmer, University Hospital, Heidelberg, Germany; Markus Moessner, University Hospital, Heidelberg, Germany; Stephanie Bauer, University Hospital, Heidelberg, Germany
- **Does Human and Automated Support Improve Outcome and Adherence in an Internet-based Self-Help Intervention for Depressive Symptoms?.** Oliver Bur, University of Bern, Switzerland; Tobias Krieger, University of Bern, Switzerland; Steffen Moritz, Department of Psychiatry and Psychotherapy, University Medical Center Hamburg-Eppendorf; Jan Philipp Klein, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland
- **SOPHIE: Online-Intervention for Prevention and Treatment of Social Anxiety in Adolescents.** Noemi Walder, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland; Stefanie Schmidt, University of Bern, Switzerland

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PANEL

Organizer: *Jessica Prinz,
Universität Trier, Germany*

Moderators: *Fabian
Ramseyer, Universität
Bern; Jessica Prinz,
Universität Trier, Germany;*

Friday | 11:00-12:30 | Auditorium 14
**Nonverbal synchrony in the psychotherapeutic
process**

- **Physiological (Co-)Activation in Imagery-Based Techniques.** Jessica Prinz, Universität Trier, Germany; Eran Bar-Kalifa, Ben Gurion University, Beer Sheva, Israel; Eshkol Rafaeli, Bar-Ilan University; Wolfgang Lutz, Universität Trier, Germany
- **Client-therapist momentary physiological linkage: the contextual role of synchrony patterns and clients' emotional experience.** Eran Bar-Kalifa, Ben Gurion University, Beer Sheva, Israel; Omer Goren, Bar-Ilan University, Israel; Shir Heimann, Bar-Ilan University, Israel; Dana Atzil-Slonim, Bar Ilan University
- **Putting physiological synchronization into practice: introducing Interpersonal Biofeedback.** Johann Kleinbub, FISPPA Department, University of Padova, Italy; Ylenia Cariolato, University of Padova, Italy; Arianna

Palmieri, FISPPA Department and Padova Neuroscience Center, University of Padova, Italy

- **Interpersonal synchrony in vocally encoded emotional arousal and treatment outcome in anorexia nervosa.** Timo Brockmeyer, University Goettingen; Julia Schröter, University Goettingen, Germany; Silke Michalek, Heinrich Heine University Düsseldorf, Germany; Jessica McClelland, King's College London, United Kingdom; Ulrike Schmidt, King's College London, United Kingdom

Discussant: Fabian Ramseyer, Universität Bern

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Friday | 12:30-14:00 | Auditorium 01

Lunch

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PANEL

Organizer: *Joshua Swift, Idaho State University*

Moderator: *Joshua Swift, Idaho State University*

Friday | 14:00-15:20 | Auditorium 01

Novel Understandings of the Working Alliance and Ruptures in Psychotherapy

- **Alliance with an app? Evaluating the Digital Working Alliance Inventory.** Scott Baldwin, Brigham Young University, Provo, USA; Simon Goldberg, University of Wisconsin, Madison, USA; Richard Davidson, University of Wisconsin, Madison, USA; Matthew Hirshberg, University of Wisconsin, Madison, USA
- **Experimental Manipulation of Mood States on Judgements of the Working Alliance and Alliance Ruptures.** Kelly McKnight, University of Minnesota Duluth; Catherine Reich, University of Minnesota Duluth
- **Session-by-Session Link between Alliance Ruptures and Outcomes in Outpatient Psychotherapy.** Elizabeth Penix, Idaho State University; Joshua Swift, Idaho State University; Robbie Babins-Wagner, Calgary Counselling Centre; Amy Bender, Calgary Counselling Centre
- **Developing an Innovative Algorithm to Automatically Detect Ruptures in the Alliance.** Tohar Dolev-Amit, University of Haifa, Israel; Sigal Zilcha-Mano, University of Haifa, Israel

Discussant: Robbie Babins-Wagner, Calgary Counselling Centre

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PANEL

Organizer: *Tracy Prout,*
Ferkauf Graduate School of
Psychology

Moderator: *Tracy Prout,*
Ferkauf Graduate School of
Psychology

Friday | 14:00-15:20 | Auditorium 02

**Outcomes and Processes in Psychodynamic Child
Therapy Amid a Changing World**

- **Mentalization Adherence Predicts Good Outcome in the Psychodynamic Child Teletherapy Sessions during the COVID-19 Pandemic.** Ayşenur Coşkun, Istanbul Bilgi University; Sibel Halfon, Istanbul Bilgi University; Jordan Bate, Ferkauf Graduate School of Psychology; Nick Midgley, University College, London, UK
- **Outcomes from a Randomized Controlled Trial of Regulation Focused Psychotherapy for Children (RFP-C).** Tatianna Kufferath-Lin, Ferkauf Graduate School of Psychology; Tracy Prout, Ferkauf Graduate School of Psychology; Yulia Gorokhovskiy, Ferkauf Graduate School of Psychology; Timothy Rice, Icahn School of Medicine at Mount Sinai
- **Little Girl, Big Feelings: Online Child Psychotherapy Amidst the COVID-19 Pandemic.** Sabrina Udwin, Ferkauf Graduate School of Psychology
- **Trajectories of change in general psychopathology levels among depressed adolescents in short-term psychotherapy.** Guilherme Fiorini, University College, London, UK; Rob Saunders, University College, London, UK; Peter Fonagy, University College, London, UK; IMPACT Consortium, IMPACT Consortium; Nick Midgley, University College, London, UK

Discussant: Leon Hoffman, Icahn School of Medicine, Mount Sinai Hospital

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PANEL

Organizer: *Dana Atzil-Slonim,*
Bar Ilan University

Moderator: *Marcus J.H.*
Huibers, Aalborg University,
Denmark

Friday | 14:00-15:20 | Auditorium 03

Enhancing the treatment of depression with novel technologies

- **Enhancing the treatment of depression with novel technologies: Introduction to the symposium.** Marcus J.H. Huibers, Aalborg University, Denmark
- **Detecting moments of semantic change and examining their ability to predict**

psychotherapy gains. Dana Atzil-Slonim, Bar Ilan University

- **Predicting dropout in outpatient psychotherapy with machine learning algorithms.** Björn Bennemann, Universität Trier, Germany; Wolfgang Lutz, Universität Trier, Germany
- **Can we use social media to monitor vulnerability to depression?.** Lorenzo Lorenzo-Luaces Velncia, Indiana University; Lauren Rutter, Indiana University; Krishna Bathina, Indiana University; Marijn ten Thij, Indiana University; Johan Bollen, Indiana University

Discussant: Jaime Delgadillo, University of Sheffield, UK

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PANEL

Organizer: *Maxwell Levis, VA*

Moderator: *Maxwell Levis, VA*

Friday | 14:00-15:20 | Auditorium 04
Conflict Analysis: Inpatient, online, and psychoeducational implementations

- **Anger, Aggression, and Conflict Resolution: RCT Comparison of Online Conflict Analysis and Mindfulness with Inpatient Veteran Population.** Maxwell Levis, VA
- **Conflict Analysis as a Psychoeducational Intervention with High School Students.** Theodore Canter, Oberlin College; Melissa Levis, Aalborg University, Denmark
- **A Long-Term Therapy Outcome Study Utilizing Formal Theory's Diagnostic Categories and the Conflict Analysis Battery.** Albert Levis, Museum of the Creative Process

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PANEL

Organizer: *Michael Katz, Icahn School of Medicine at Mount Sinai, New York, NY, USA*

Moderator: *Michael Katz, Icahn School of Medicine at Mount Sinai, New York, NY, USA*

Friday | 14:00-15:20 | Auditorium 05
Adherence, Flexibility, and Technique Diversity in the Implementation of Psychotherapies

- **Therapeutic technique diversity as an important and consequential characteristic of the therapeutic technique.** Roei Chen, Bar Ilan University; Sharon Ziv-Beiman, Academic College of Tel-Aviv
- **Cognitive interventions adherence effects on the early stages of a naturalistic cognitive integrative therapy.** Rocío Manubens, Universidad de Buenos Aires, Argentina; Andrés

Roussos, Universidad de Buenos Aires, Argentina; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina

- **Flexible how? Clusters of Technique Flexibility in Dynamic Therapy, and the Specific Cognitive-Behavioral Interventions that Differentiate them.** Michael Katz, Icahn School of Medicine at Mount Sinai, New York, NY, USA; Mark Hilsenroth, Adelphi University, New York, USA; Michael Moore, Adelphi University, New York, USA; Jerold Gold, Adelphi University, New York, USA

Discussant: Sharon Ziv-Beiman, Academic College of Tel-Aviv

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PANEL

Organizer: *Michael Constantino, University of Massachusetts Amherst*

Moderator: *Michael Constantino, University of Massachusetts Amherst*

Friday | 14:00-15:20 | Auditorium 06

Who works for whom? Understanding and harnessing therapist effects in naturalistic mental health care

- **Enhancing mental health care by matching patients to providers' empirically derived strengths: A randomized clinical trial.** Michael Constantino, University of Massachusetts Amherst; James F Boswell, University at Albany, State University of New York; Alice Coyne, University of Massachusetts Amherst; David Kraus, Outcome Referrals, Inc.
- **Patient-level moderators of evidence-based patient-therapist matching in community psychotherapy.** James F Boswell, University at Albany, State University of New York; Michael Constantino, University of Massachusetts Amherst; Alice Coyne, University of Massachusetts Amherst; David Kraus, Outcome Referrals, Inc.
- **Therapist-level moderation of within- and between-therapist alliance-outcome associations.** Alice Coyne, University of Massachusetts Amherst; Michael Constantino, University of Massachusetts Amherst; James F Boswell, University at Albany, State University of New York; David Kraus, Outcome Referrals, Inc.
- **A qualitative analysis of patient attitudes regarding innovative methods for mental healthcare provider decision-making.** Carly Schwartzman, University at Albany/SUNY, USA; Adela Scharff, University at Albany/SUNY, USA; Averi Gaines, University of Massachusetts Amherst; Heather Muir, University of Massachusetts Amherst; Brittany King,

University at Albany/SUNY, USA; James F Boswell, University at Albany, State University of New York; Michael Constantino, University of Massachusetts Amherst

120.

PANEL

Organizers: *Bediha Ipekci, University of Massachusetts Boston; Greta Kaluzeviciute, University of Essex; Heidi Levitt, University of Massachusetts Boston; Zenobia Morrill, University of Massachusetts Boston; Javier L. Rizo, University of Massachusetts Boston; William Stiles, Miami University, Oxford, USA; Jochem Willemsen, Université Catholique de Louvain;*

Moderator: *Jochem Willemsen, Université Catholique de Louvain*

Friday | 14:00-15:20 | Auditorium 07

Synthesizing qualitative research

- **A New Agenda for Research on Personalizing Therapy: Findings from an Omnibus Qualitative Meta-analysis of Therapists' Experience.** Heidi Levitt, University of Massachusetts Boston; Bediha Ipekci, University of Massachusetts Boston; Zenobia Morrill, University of Massachusetts Boston; Javier L. Rizo, University of Massachusetts Boston
- **Theoretical synthesis of qualitative research results.** William Stiles, Miami University, Oxford, USA
- **Generating knowledge from case studies: presentation of the Case Study Evaluation-tool (CaSE) and a worked example.** Greta Kaluzeviciute, University of Essex; Jochem Willemsen, Université Catholique de Louvain

Discussant: Ladislav Timulák, Trinity College Dublin

121.

PANEL

Organizer: *Diego Rocco, University of Padova, Italy*

Moderator: *Diego Rocco, University of Padova, Italy*

Friday | 14:00-15:20 | Auditorium 08

Monitoring the emotional and relational interplay of the therapeutic dyad

- **Mathematically Modelling Emotional Expression and its Impact on the Therapeutic Relationship.** Paul Peluso, Florida Atlantic University
- **Patient Attachment and Therapist Countertransference.** Thomas Westerling, Harvard Medical School; Robert Drinkwater, Therapy Group of DC, Washington, DC, USA; Holly Laws, University of Massachusetts Amherst, USA; Helen Stevens, PsyD., USA; Shelby Ortega, Regis College, USA; David Goodman, Boston College, USA; Jack Beinashowitz, Harvard Medical School, USA; Rebecca L. Drill, Harvard Medical School Cambridge Health Alliance
- **The Hindering Effect of Countertransference on the Psychotherapy Process.** Attà Negri,

University of Bergamo, Italy; Diego Rocco,
University of Padova, Italy; Francesco De Bei,
Sapienza University of Rome, Italy

- **General categories of countertransference.** Johan Berg, Lund University, Sweden

Discussant: João Francisco Barreto, University of Porto

122.

PANEL

Organizer: *Erkki Heinonen,
University of Oslo, Norway*

Moderator: *Erkki Heinonen,
University of Oslo, Norway*

Friday | 14:00-15:20 | Auditorium 09

Barriers and gateways to healing: Negative self-associations, emotion regulation, and self-compassion as predictors of psychotherapeutic outcome in depression and anxiety

- **Discrepant negative self-associations as risk factors for depressive deterioration after outpatient psychotherapy.** Tobias Krieger, University of Bern, Switzerland; Marie Koditek, University of Bern, Switzerland; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland
- **Within- and between-patient effects of emotion regulation on outcome in a naturalistic sample of psychotherapy patients with emotional disorders.** Javier Fernandez-Alvarez, Fundación Aiglé, Buenos Aires, Argentina; Beatriz Gomez, Aigle Foundation; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina
- **Pre-treatment interpersonal problems as moderators of between- and within-patient effects of self-compassion on treatment outcome in depression.** Erkki Heinonen, University of Oslo, Norway; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Jari Lipsanen, University of Helsinki; Tobias Krieger, University of Bern, Switzerland; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland

Discussant: Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland

123.

PANEL

Friday | 14:00-15:20 | Auditorium 10

Genetic and Physiologic Markers in Psychotherapy

Research: Integrating Neuroimaging, Physiologic, and Genomic Methods as Measures of Process and Outcome

Organizers: *Patricia Spangler, Uniformed Services University and Henry Jackson Foundation, Bethesda, MD; Marc N. Jarczok, University Hospital Ulm, Germany; Alessandra Minelli, University of Brescia;*

Moderator: *Patricia Spangler, Uniformed Services University and Henry Jackson Foundation, Bethesda, MD*

- **Trauma-focused Psychotherapy in Treatment-resistant Depression (TRD) Inpatients: Clinical and Biomarkers Efficacy.** Alessandra Minelli, University of Brescia; Elisabetta Maffioletti, University of Brescia, Brescia, Italy; Massimo Gennarelli, Aalborg University, Denmark; Elisa Zampieri, Aalborg University, Denmark; Guilia Perusi, Aalborg University, Denmark
- **24-hour Heart-rate Variability as a Communication Tool for a Personalized Psychosomatic Consultation in Police Officers.** Christine Schillings, University Hospital Ulm; Marc N. Jarczok, University Hospital Ulm, Germany; Elisabeth M. Balint, University Hospital Ulm; Christiane Waller, Klinikum Nuremberg; Harald O. Guendel, University Hospital Ulm
- **Preliminary Results from a Pilot Trial of a Novel Treatment for PTSD Nightmares: Feasibility of Collecting Physiologic and Genetic Data as Indicators of Treatment Process and Outcome.** Patricia Spangler, Uniformed Services University and Henry Jackson Foundation, Bethesda, MD; Alvi Azad, Aalborg University, Denmark; James West, Uniformed Services University; Catherine Dempsey, Uniformed Services University; Ashley Phares, Uniformed Services University; David Benedek, Uniformed Services University

210.

Friday | 15:20-15:30 | Break
Break

125.

SEMI-PLENARY

Friday | 15:30-16:50 | Auditorium 01
Attending to Power, Privilege, and Oppression in Psychotherapy Research

- **Attending to Power, Privilege, and Oppression in Psychotherapy Research.** Stephanie Budge, University of Wisconsin-Madison; Jesse Owen, University of Denver; Daisy Singla, University of Toronto, Canada; Nickolas Frost, University of Wisconsin, Madison, USA; H-Daniel Espinosa, Universidad CES

126.

SEMI-PLENARY

Organizers: *Sigal Zilcha-Mano, University of Haifa, Israel; Julian Rubel, University of Giessen, Germany;*

Friday | 15:30-16:50 | Auditorium 02

Studying Mechanisms and Moderators in Psychotherapy

- **Studying Mechanisms and Moderators in Psychotherapy.** Sigal Zilcha-Mano, University of Haifa, Israel; Julian Rubel, University of Giessen, Germany; Lorenzo Lorenzo-Luaces Velncia, Indiana University; Helena Kraemer, Stanford University, Palo Alto, USA; Clara Hill, University of Maryland, College Park, USA; Claudi Bockting, Amsterdam University Medical Centers, Netherlands; Jacques Barber, Adelphi University, New York, USA

127.

SEMI-PLENARY

Friday | 15:30-16:50 | Auditorium 03

Recommendations for a Transdiagnostic Clinical Practice Guideline on Emotion Regulation

- **Recommendations for a Transdiagnostic Clinical Practice Guideline on Emotion Regulation.** Chris Muran, Adelphi University, New York, USA; Bethany A. Teachman, Aalborg University, Denmark; Peter Fonagy, University College, London, UK; Amelia Aldao, Ohio State University, Columbus, USA; Les Greenberg, York University, Canada; Raquel Halfond, American Psychological Association (APA)

210.

Friday | 16:50-17:00 | Break

Break

129.

STRUCTURED DISCUSSION

Organizers: *Dana Atzil-Slonim, Bar Ilan University; Soo Jeong Youn, Massachusetts General Hospital;*

Moderators: *Dana Atzil-Slonim, Bar Ilan University; Soo Jeong Youn, Massachusetts General Hospital;*

Friday | 17:00-17:55 | Auditorium 01

Generating practice-oriented research: Guidelines from the integration of research/practice/ training, implementation science, and community based participatory research.

Discussants: James F Boswell, University at Albany, State University of New York; Rebecca L. Drill, Harvard Medical School Cambridge Health Alliance; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Guadalupe Molinari, Universidad Internacional de Valencia;

130.

STRUCTURED DISCUSSION

Organizers: *Tracy Eells, University of Louisville, USA; Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland;*

Friday | 17:00-17:55 | Auditorium 02

Personalizing Psychotherapy by Using Case Formulation: A Research Challenge

Discussants: Franz Caspar, University of Bern, Switzerland; Ken Critchfield, James Madison University; Rhonda Goldman, The Chicago School of Professional Psychology; Brin Grenyer, University of Wollongong, Australia; George Silberschatz, University of California, San Francisco, USA;

131.

STRUCTURED DISCUSSION

Organizers: *Peter Muntigl, Ghent University, Belgium; Chris Muran, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University, New York, USA; Adam Horvath, Simon Fraser University, Vancouver, Canada;*

Moderator: *Adam Horvath, Simon Fraser University, Vancouver, Canada*

Friday | 17:00-17:55 | Auditorium 03

Complementary Research Perspectives on Alliance Ruptures

- **Alliance ruptures and repairs: The 3RS perspective.** Jonathan T. Warren, Yeshiva University, New York, USA; Elaine Hunter, Yeshiva University, New York, USA; Hannah Schmitt, Yeshiva University, New York, USA; Catherine Eubanks, Yeshiva University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **A Conversation Analysis Perspective of Alliance Rupture Negotiation.** Peter Muntigl, Ghent University, Belgium; Adam Horvath, Simon Fraser University, Vancouver, Canada

Discussants: Robert Elliott, University of Strathclyde, Glasgow, UK; Hadas Wiseman, University of Haifa, Israel;

132.

BRIEF PAPER SESSION

Moderator: *Tamar Zisenwine, Ben Gurion University, Israel*

Friday | 17:00-17:55 | Auditorium 04

Child & family

- **Parental Self-care – Mediator of Family Psychological Well-being.** Maia Kalandarishvili, St. Andrew Georgian University (SANGU), Tbilisi, Georgia; Magda Machavariani, St. Andrew Georgian University (SANGU), Tbilisi, Georgia
- **Adaptation of child psychotherapy to online settings during COVID-19, experiences from psychotherapists.** Sofia Fernández, Pontificia Universidad Católica de Chile, Santiago; Olga Fernández, Universidad de Chile, Santiago
- **From Global Distress to Resolution: Working with Parents of Sexual and Gender Minority Adult Children.** Tamar Zisenwine, Ben Gurion University, Israel; Yotam Strifler, Ben-Gurion

University; Gary Diamond, Ben Gurion University, Beer Sheva, Israel

- **How are German families feeling during the COVID-19 pandemic? Determination of depression rates and perceived stress in the CoviFam study..** Corinna Reck, Ludwig-Maximilians-Universität, Munich, Germany; Alexandra von Tettenborn, Ludwig-Maximilians-Universität, Munich, Germany; Sarah Ghezih, Ludwig-Maximilians-Universität, Munich, Germany; Christian Woll, Ludwig-Maximilians-Universität, Munich, Germany; Anton Marx, University of Munich, Germany; Nora Nonnenmacher, University of Heidelberg, Germany; Anna-Lena Zietlow, University of Mannheim, Germany

133.
BRIEF PAPER SESSION

Moderator: *Jule Frida Bauckhage, Universität Kassel, Germany*

Friday | 17:00-17:55 | Auditorium 05
Evidence-based psychotherapies

- **When and for Whom do Psychodynamic Therapists Use Guided Affective Imagery? Explicating Tacit Knowledge from Experts.** Jule Frida Bauckhage, Universität Kassel, Germany; Christian Sell, University of Kassel
- **Frequency and reliability of a banter category system in different psychotherapeutic settings – Part I.** Adrian Brooks, University of Klagenfurt, Austria; Andre Baumann, University of Klagenfurt, Austria; Dorothea Huber, International Psychoanalytic University, Berlin, Germany; Günter Klug, Technische Universität München; Imke Grimm, International Psychoanalytic University, Berlin, Germany; Sylke Andreas, University of Klagenfurt, Austria
- **Best practice model for investigating the efficacy of systemic therapy.** Niels Braus, Witten/ Herdecke University; Johanna Wichmann, Witten/Herdecke University; Hannes Opfermann, Witten/ Herdecke University; Rebecca von Oepen, Universität Witten/Herdecke; Nina Immel, Pontificia Universidad Católica de Chile, Santiago; Christina Hunger-Schoppe, Witten/Herdecke University

134.
BRIEF PAPER SESSION

Friday | 17:00-17:55 | Auditorium 06
Depression

Moderator: *Susanne Fischer,*
University of Zurich,
Switzerland

- **Alpha-amylase and cortisol as modulators of treatment response in burnout and major depression.** Susanne Fischer, University of Zurich, Switzerland; Gianandrea Pallich, University of Zurich, Switzerland; Roberto La Marca, Clinica Holistica Engiadina SA, Centre for Stress-Related Disorders, Susch, Switzerland; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland; Barbara Hochstrasser, Private Hospital Meiringen, Center for Psychiatry and Psychotherapy, Meiringen, Switzerland
- **Self-Reflection, Insight and Rumination as Predictors of Symptom Reduction in Cognitive Behavior Therapy for Major Depression Disorder..** Ronit Kishon Ph.D., Columbia University, New York, USA; Yael M. Cycowicz, Ph.D., Columbia University, New York, USA; Maren Westphal, Pace University; Eileen Shea MPH, Columbia University, New York, USA; Lidia Wong MA, Columbia University, New York, USA; Vinushini Arunagiri, MA, Hofstra University; Ori D. Florentin, Stony Brook University, USA; Steven Hollon, Vanderbilt University, Nashville, USA
- **Psychotherapy for depression in a new form of care: the evening clinic.** Ulrike Dinger, University Hospital, Heidelberg, Germany; Christoph Nikendei, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Annna Sandmeir, University Hospital, Heidelberg, Germany; Laura Stangl, University Hospital, Heidelberg, Germany; Christoph Friederich, University Hospital, Heidelberg, Germany; Almut Zeeck, University of Freiburg, Germany; Manfred Beutel, Department of Psychosomatic Medicine and Psychotherapy, University Medical Center Mainz, Germany

135.

BRIEF PAPER SESSION

Friday | 17:00-17:55 | Auditorium 07

Assessment

Moderator: *Nikolas Heim,*
Tavistock Clinic, London, UK

- **Examining response shifts in clinical outcome routine evaluation (CORE-OM) within a psychotherapy quality register.** Tom Rosenström, University of Helsinki, Finland; Suoma Saarni, HUS Helsinki University Hospital
- **Personality subtypes of Pedophilia: A Q-methodological study..** Nikolas Heim,

136.

BRIEF PAPER SESSION

Friday | 17:00-17:55 | Auditorium 08

Practice-training-research networks

Moderator: *Aisling Mc Mahon,
Dublin City University*

- **Ethical Beliefs and Practices among Psychotherapists in India: An Exploratory Study.** Ananya Sinha, Christ university; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Bangalore, India; Ahalya Raguram, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Prabha S. Chandra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India
- **Pre Covid and During Covid - Survey of Therapist Needs.** Barbara Vivino, Private Practice, Berkeley CA.; Patricia Spangler, Uniformed Services University and Henry Jackson Foundation, Bethesda, MD; Barbara Thompson, Private Practice, Maryland; Jake Jackson-Wolf, Private Practice - Baltimore, Maryland; Justin Hillman, University of Maryland, College Park, USA
- **Evaluating, illustrating and guiding supervision competence: A naturalistic multiple case study using the SAGE (Supervision Adherence and Guidance Evaluation) protocol.** Aisling Mc Mahon, Dublin City University; Ciaran Jennings, Dublin City University; Gillian O'Brien, Jigsaw Youth Mental Health Services, Ireland

137.

BRIEF PAPER SESSION

Friday | 17:00-17:55 | Auditorium 09

Change process II

Moderator: *Alev Cavdar,
Istanbul Bilgi University*

- **A machine learning approach for the study of structure and flexibility in the psychotherapeutic process.** Giulio de Felice, Sapienza University of Rome & NC IUL University London; Yuri Antonacci, University of Palermo, Italy; Nicoletta Vegni, NC IUL University, London; Silvia Andreassi, Sapienza University of Rome, Italy; Günter Schiepek, Paracelsus Medical University, Salzburg, Austria
- **Emotional clarity and tolerance of emotional distress as a predictor of week-by-week change in depression in short-term dynamic psychotherapy.** Linne Melsom, Modum Bad

Research Institute, Vikersund, Norway; Pål G. Ulvenes, University of Oslo, Norway; Bruce E. Wampold, Modum Bad Research Institute, Vikersund, Norway

138.

BRIEF PAPER SESSION

Moderator: *Lauren Poulin, York University, Canada*

Friday | 17:00-17:55 | Auditorium 10

Therapist training and development III

- **Therapist accuracy of self-assessment of performance over time: Do they notice erosion of skill?.** David Chafe, York University, Canada; Henny Westra, York University, Canada; Nazanin Shekarak Ghashghaei, York University, Canada; David Olson, York University, Canada
- **Generic Therapeutic Competence Model: using videofeedback to supervise psychology students during simulated sessions.** Nelson Valdes-Sanchez, Universidad Santo Tomás, Santiago, Chile; Diana Gómez, Universidad Santo Tomás, Santiago, Chile; Sandra García, Universidad Santo Tomás, Santiago, Chile; Jade Ortiz, Universidad Santo Tomás, Santiago, Chile
- **Examining the impact of a deliberate practice workshop on therapist reactivity to difficult clients.** Lauren Poulin, York University, Canada; Nikoo Norouzian, York University, Canada; Henny Westra, York University, Canada; Michael Constantino, University of Massachusetts Amherst; Martin Antony, Ryerson University, Canada
- **Does Receiving Deliberate Practice Training Moderate the Relationship between Baseline Empathic Skill and Training Outcomes?.** Nikoo Norouzian, York University, Canada; Lauren Poulin, York University, Canada; Henny Westra, York University, Canada; Kimberley Hara, York University, Canada; Michael Constantino, University of Massachusetts Amherst; Martin Antony, Ryerson University, Canada

139.

MEETING

Organizer: *Armin Hartmann, University of Freiburg, Germany*

Friday | 17:00-17:55 | Auditorium 11

Interest Section Meeting: SPRISTAD

210. Friday | 17:55-18:00 | Break
Break
141. Friday | 18:00-18:55 | Auditorium 01
MEETING
General Membership Meeting
210. Friday | 18:55-19:00 | Break
Break
143. Friday | 19:00-20:00 | Auditorium 01
MEETING
Past Journal Editor's Meeting
144. Friday | 19:00-20:00 | Auditorium 02
MEETING
Past President Meeting
145. Friday | 19:00-20:00 | Auditorium 03
MEETING
Interest Section Meeting: Child, Adolescent and Family Therapy (CAFTR)
Organizer: *Sibel Halfon, Istanbul Bilgi University*
146. Friday | 21:00-22:00 | Auditorium 01
SOCIAL
Student-Post Doc Virtual Trivia Night

Saturday, 26 June

(Sessions reflect time zone in Heidelberg, Germany: CEST)

147.

PANEL

Organizers: *Sigal Zilcha-Mano, University of Haifa, Israel; Fabian Ramseyer, Universität Bern; Simon Goldberg, University of Wisconsin, Madison, USA;*

Moderator: *Simon Goldberg, University of Wisconsin, Madison, USA*

Saturday | 8:00-9:30 | Auditorium 01

Novel methods for bottling old wine: Biological and statistical innovations for studying interpersonal processes in psychotherapy

- **Nonverbal synchrony in borderline personality disorder: Effects of oxytocin and placebo on the coordination of movements in clinical interviews.** Fabian Ramseyer, Universität Bern; Andreas Ebert, University Hospital Bochum; Patrik Roser, University of Zurich, Switzerland; Marc-Andreas Edel, Fliedner Klinik Gevelsberg; Wolfgang Tschacher, University of Bern, Switzerland; Martin Brüne, Ruhr-University Bochum
- **Can a computer detect interpersonal skills? Using machine learning to scale up the Facilitative Interpersonal Skills task.** Simon Goldberg, University of Wisconsin, Madison, USA; Michael Tanana, University of Utah, Salt Lake City, USA; Zac Imel, University of Utah, Salt Lake City, USA; David Atkins, University of Washington; Clara Hill, University of Maryland, College Park, USA; Timothy Anderson, Ohio University, Athens, USA
- **Oxytocin synchrony between patients and therapists as a mechanism underlying effective psychotherapy for depression.** Sigal Zilcha-Mano, University of Haifa, Israel; Pavel Goldstein, University of Haifa, Israel; Tohar Dolev-Amit, University of Haifa, Israel; Simone Shamay-Tsoory, University of Haifa, Israel

Discussant: Wolfgang Lutz, Universität Trier, Germany

148.

PANEL

Organizers: *Shayne Anderson, Brigham Young University, Provo, USA; Myrna Friedlander,*

Saturday | 8:00-9:30 | Auditorium 02

New Approaches to Better Understand the Process of Couple Therapy

- **The Interession Alliance Scales: Brief Measures to Monitor the Expanded Therapeutic Alliance.** Shayne Anderson, Brigham Young University, Provo, USA; Lee

University at Albany/SUNY,
USA;

Johnson, Brigham Young University, Provo,
USA

- **Contribution of Pre-therapy Expectations to the Alliance/Outcome Association in Couple Therapy.** Myrna Friedlander, University at Albany/SUNY, USA; Lee Johnson, Brigham Young University, Provo, USA; Edmund Orlovski, University at Albany/SUNY, USA; Shayne Anderson, Brigham Young University, Provo, USA

149.

PANEL

Organizer: *Birgit Watzke,*
University of Zurich,
Switzerland

Moderator: *Birgit Watzke,*
University of Zurich,
Switzerland

Saturday | 8:00-9:30 | Auditorium 03

Psychotherapy of depression and anxiety: challenges and solutions for treatment pathways

- **Treatment access, utilization and outcome of stepped care for different severity levels of depression.** Birgit Watzke, University of Zurich, Switzerland; Daniela Heddaeus, University Medical Center Hamburg-Eppendorf, Germany; Maya Steinmann, University Medical Center Hamburg-Eppendorf, Germany; Anne Daubmann, University Medical Center Hamburg-Eppendorf, Germany; Karl Wegscheider, University Medical Center Hamburg-Eppendorf, Germany; Martin Haerter, University Medical Center Hamburg-Eppendorf, Germany
- **Predicting Relapse of Depression and Anxiety after Low-Intensity Cognitive Behavioural Therapy using a Machine Learning Approach.** Ben Lorimer, University of Sheffield, UK; Jaime Delgadillo, University of Sheffield, UK; Stephen Kelleth, University of Sheffield, UK; James Lawrence, Behavioural Insights Team
- **Psychotherapeutic strategies to prevent depressive relapse after treatment termination.** Savion Hesse, University of Zurich, Switzerland; Markus Wolf, University of Zurich, Switzerland; Birgit Watzke, University of Zurich, Switzerland

Discussant: Markus Moessner, University Hospital,
Heidelberg, Germany

150.

PANEL

Organizer: *Anna Georg,*
University Hospital,

Saturday | 8:00-9:30 | Auditorium 04

Going broad and going deep: research on how mentalizing relates to psychotherapy in different psychotherapy modalities and populations

Heidelberg, Germany

Moderator: *Anna Georg,*
University Hospital,
Heidelberg, Germany

- **Parent's Reflective Function and Children's Mental State Talk Predict Outcome in Psychodynamic Child Psychotherapy.** Sibel Halfon, Istanbul Bilgi University; Burcu Besioroglu, Istanbul Bilgi University
- **Examining the Process of Change in the Application of Mentalization-Focused Treatment and Research Methods for Families in the Child Welfare System.** Adina Goodman, Ferkauf Graduate School of Psychology; Jordan Bate, Ferkauf Graduate School of Psychology
- **Does this intervention help you mentalize your baby? Exploring the dynamics of in-session reflective functioning in parent-infant psychotherapy.** Anna Georg, University Hospital, Heidelberg, Germany; Lea Kasper, University Hospital, Heidelberg, Germany; Svenja Taubner, University of Heidelberg, Germany
- **Reflective Functioning, Therapeutic Alliance, and Outcome in Two Psychotherapies for Bulimia Nervosa.** Stig Poulsen, University of Copenhagen, Denmark; Hannah Katznelson, University of Copenhagen, Denmark; Fredrik Falkenström, Linnaeus University, Sweden; Signe Holm Pedersen, University of Copenhagen, Denmark; Daniel Sarah I. F., University of Copenhagen, Denmark; Sofie Folke, University of Copenhagen, Denmark; Susanne Lunn, University of Copenhagen, Denmark

Discussant: Kenneth Levy, Penn State University, University Park, USA

151.
PANEL

Moderator: *Ueli Kramer,*
Institute of Psychotherapy,
Lausanne, Switzerland

Saturday | 8:00-9:30 | Auditorium 05
Advances in psychopathology, psychosocial correlates and processes of change in personality difficulties

- **Personality functioning, mentalizing and emotion dysregulation in pandemic times: what can we learn for psychotherapy?.** Jana Volkert, University Hospital, Heidelberg, Germany; Julia Holl, University Hospital, Heidelberg, Germany; Anna Georg, Universität Heidelberg; Svenja Taubner, University of Heidelberg, Germany

- **Changes in expressed self-contempt in borderline personality disorder during a two chair dialogue task.** Hélène Beuchat, Institute of Psychotherapy, Lausanne, Switzerland; Loris Grandjean, Institute of Psychotherapy, Lausanne, Switzerland; Jean-Nicolas Despland, Institute of Psychotherapy, Lausanne, Switzerland; Chantal Martin-Soelch, University of Fribourg, Switzerland; Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland
- **Change in Emotional Arousal in Clients with Borderline Personality Disorder during a Brief Treatment.** Loris Grandjean, Institute of Psychotherapy, Lausanne, Switzerland; Hélène Beuchat, Institute of Psychotherapy, Lausanne, Switzerland; Jean-Nicolas Despland, Institute of Psychotherapy, Lausanne, Switzerland; Thomas Berger, University of Bern, Switzerland; Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland
- **Preliminary Findings on Differential Effects of Psychological Interventions in Online and Face-to-Face Settings on DSM-5 and ICD-11 Maladaptive Trait Domains In Progress.** André Kerber, Freie Universität, Berlin, Germany

Discussant: Brin Grenyer, University of Wollongong, Australia

152.

PANEL

Organizer: *Geoff R. Hooke, University of Western Australia and Perth Clinic, Perth*

Moderator: *Geoff R. Hooke, University of Western Australia and Perth Clinic, Perth*

Saturday | 8:00-9:30 | Auditorium 06

Trans-diagnostic client variables that impact outcome

- **Effectiveness Routine Outcome Monitoring Feedback and Client Moderators.** Rebecca Janis, Penn State University, University Park, USA
- **Client's sleep difficulty: A trans-diagnostic issue to be assessed and treated in clinical routine.** Natalie Pottschmidt, Penn State University, University Park, USA
- **Exploring the interrelationships between patient's level of wellbeing, symptoms, and their level of engagement in CBT.** Kathleen Camacho, University of Western Australia, Crawley
- **Predicting Dropout from Psychological Treatment Using Different Machine Learning Algorithms, Resampling Methods and**

Sample Sizes. Julia Giesemann, Universität Trier, Germany

153.

PANEL

Organizer: *Barry Farber, Columbia University, New York, USA*

Moderator: *Barry Farber, Columbia University, New York, USA*

Saturday | 8:00-9:30 | Auditorium 07

Changes in Psychotherapy as a Result of the COVID-19 Pandemic

- **Teletherapy during COVID-19.** Daisy Ort, Columbia University, New York, USA; Barry Farber, Columbia University, New York, USA
- **Trainees' Supervision Experiences and Needs in the Divisive Political Atmosphere at the Beginning of the COVID-19 Pandemic: A Mixed-Methods Investigation.** Carla Capone, Chestnut Hill College; Kevn McCarthy, Chestnut Hill College, Philadelphia; Jennifer Davidtz, Nova Southeast University; Nili Solomonov, Weill-Cornell Medical College NY
- **Therapists' experiences and attitudes towards remote therapy during the COVID-19 pandemic.** Vera Békés, Yeshiva University, New York, USA; Katie Aafjes-van Doorn, Yeshiva University, New York, USA; Xiaochen Luo, Santa Clara University; Tracey A. Prout, Ferkauf Graduate School of Psychology; Leon Hoffman, Icahn School of Medicine, Mount Sinai Hospital; Karl Stukenberg, Xavier University
- **A Qualitative Investigation of Therapist Self-Disclosure During the Early Transition to Teletherapy.** Mandy Newman, Columbia University, New York, USA; Barry Farber, Columbia University, New York, USA

Discussant: Jesse Geller, Columbia University, New York, USA

154.

PANEL

Organizer: *Felicitas Rost, Tavistock Clinic, London, UK*

Moderator: *Felicitas Rost, Tavistock Clinic, London, UK*

Saturday | 8:00-9:30 | Auditorium 08

A new ROM for each country: Can we customize Routine Outcome monitoring (ROM) to National Health Care characteristics?

- **Implementing ROM in Norwegian Hospital Mental Health Care.** Heidi Brattland, Tiller Mental Health Center, St. Olavs Hospital
- **The routine outcome monitoring and treatment evaluation at the Portman Clinic: A national health psychoanalytic psychotherapy clinic for forensic patients in the UK.** Felicitas Rost, Tavistock Clinic,

London, UK; Nikolas Heim, Tavistock Clinic,
London, UK; Jessica Yakeley, Tavistock Clinic,
London, UK

- **Post-implementation evaluation of routine outcome monitoring (ROM) in public mental healthcare: the effect of health system characteristics in Israel.** Dana Tzur Bitan, Ariel University and Shalvata MHC, Israel; Ariella Grossman-Giron, Ariel University and Shalvata MHC, Israel; Ori Ganor, Shalvata MHC; Liro Biran, Shalvata MHC; Yuval Bloch, Shalvata MHC

Discussant: Susan Douglas, Vanderbilt University,
Nashville, USA

155.

PANEL

Organizer: *João Tiago Oliveira, Universidade do Minho, Braga, Portugal*

Moderator: *João Tiago Oliveira, Universidade do Minho, Braga, Portugal*

Saturday | 8:00-9:30 | Auditorium 09

Ambivalence, Resistance and Engagement: The interplay between intra and interpersonal tensions in psychotherapy

- **Disentangling within- and between-patient effects of ambivalence toward change on psychological distress.** João Tiago Oliveira, Universidade do Minho, Braga, Portugal; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; William Stiles, Miami University, Oxford, USA; Miguel Gonçalves, University of Minho
- **Patient-Therapist Interpersonal Complementarity in dropout and sudden gain cases.** Rui Braga, Universidade do Minho, Braga, Portugal; Pedro Lopes, Universidade do Minho, Braga, Portugal; Maria João Ribeiro, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, University of Minho; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland; João Tiago Oliveira, Universidade do Minho, Braga, Portugal
- **Ambivalence and Alliance Ruptures in Treatment for Addictive Disorders: Comparing Mindfulness and Motivational Interviewing.** Samuel Podell, Adelphi University, New York, USA; João Tiago Oliveira, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, University of Minho; Adelya Urmanche, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University, New

York, USA; Chris Muran, Adelphi University, New York, USA

- **Tailored virtual reality for self-identity exploration: An engaging tool in psychotherapy for young adults with depression?.** Adrian Montesano, Open University of Catalunya; Alejandro García-Gutiérrez, Universitat de Barcelona, Spain; Miquel Alabernia, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain

Discussant: Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland

156.

PANEL

Organizer: *Guillermo de la Parra, Pontificia Universidad Católica de Chile, Santiago*

Moderator: *Guillermo de la Parra, Pontificia Universidad Católica de Chile, Santiago*

Saturday | 8:00-9:30 | Auditorium 10

Treatment and Subjectivity of Depression in Public Health and Primary Health Care (PHC)

- **Collaborative Clinical Practices Derived From Informed Trauma Care In Patients With Complex Depression Who Consult In The Context Of Public Health Services.** Veronica Vitriol, Universidad de Talca, Talca; Alfredo Cancino, Universidad de Talca, Talca; Andres Sciolla, University of California, San Francisco, USA
- **Subjective experience of depression in Japan: Comparing Japanese sample with Chinese young adults in Japan.** Hualing Qiu, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Ayumi Goto, Ochanomizu University, Tokyo, Japan; Yuelin Chen, Ochanomizu University, Tokyo, Japan
- **Competencies for Depression Psychotherapy in PHC: validity of a training program for psychologists based on evidence, common factors model and the opinion of the protagonists (patients, therapists, experts)..** Guillermo de la Parra, Pontificia Universidad Católica de Chile, Santiago; Susana Morales, Pontificia Universidad Católica de Chile, Santiago; Maria Teresa Ferrari, Universidad de Chile, Santiago; Catalina Aravena, Universidad de Chile, Santiago; Ana Karina Zuñiga, Pontificia Universidad Católica de Chile, Santiago; Antonia Errazuriz, Pontificia Universidad Católica de Chile, Santiago; Carla Crempien, Pontificia Universidad Católica de

Chile, Santiago; Pablo Martinez, Universidad de Chile, Santiago

Discussant: Henning Schauenburg, University Hospital, Heidelberg, Germany

157.

PANEL

Organizers: *Hannah Bischof, ÖAGG-psychotherapeutische Ambulanz; Aglaja Przyborski, Bertha von Suttner Privatuniversität St. Pölten GmbH;*

Moderator: *Aglaja Przyborski, Bertha von Suttner Privatuniversität St. Pölten GmbH*

Saturday | 8:00-9:30 | Auditorium 11

Impacts of the Covid-19 Pandemic on Mental Health and Mental Health Care in Austria and Italy

- **Effects of the Covid-19 Crisis on the Experiences of Patients with Mental Illness Undergoing a Combination of Group- and Individual Psychotherapy.** Hannah Bischof, ÖAGG-psychotherapeutische Ambulanz; Günter Dietrich, ÖAGG Österreichischer Arbeitskreis für Gruppentherapie und Gruppendynamik; Aglaja Przyborski, Bertha von Suttner Privatuniversität St. Pölten GmbH; Vanja Poncioni-Rusnov, ÖAGG-Psychotherapeutische Ambulanz
- **Psychotherapy in Austria during COVID-19. Results of three online surveys.** Thomas Probst, Danube University Krems; Barbara Haid, Österreichischer Bundesverband für Psychotherapie; Wolfgang Schimböck, Österreichischer Bundesverband für Psychotherapie; Peter Stippl, Österreichischer Bundesverband für Psychotherapie; Elke Humer, Danube University Krems
- **Psychotherapy in Italy during COVID-19: How the Clinical Practice of Psychotherapists Changed During the Pandemic.** Tommaso Boldrini, University of Padova, Italy; Arianna Schiano Lomoriello, Denmark Technical University; Franco Del Corno, Association for Research in Clinical Psychology (ARP), Milan, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Silvia Salcuni, University of Padova

Discussants: Hannah Bischof, ÖAGG-psychotherapeutische Ambulanz; Thomas Probst, Danube University Krems; Tommaso Boldrini, University of Padova, Italy;

158.

PANEL

Organizer: *Ted Bartholomew, Scripps College*

Saturday | 8:00-9:30 | Auditorium 13

International Students and Psychotherapy

- **Center Effects, Therapist Effects, and International Student Clients' Drop Out from Psychotherapy.** Ted Bartholomew, Scripps

Moderator: *Ted Bartholomew, Scripps College*

College; Krista Robbins, Purdue University; Lizbeth Valdivia-Jauregui, Scripps College; Allison Lockard, Bucknell University; Andres Perez-Rojas, New Mexico State University; Brian Keum, University of California, Los Angeles

- **Therapist and counseling center effects on international students' counseling outcomes: A mixed methods study.** Brian Keum, University of California, Los Angeles; Ted Bartholomew, Scripps College; Krista Robbins, Purdue University; Andres Perez-Rojas, New Mexico State University; Allison Lockard, Bucknell University; Dennis Kivlighan, University of Maryland, College Park, USA; Ellice Kang, Purdue University; Eileen Joy, Purdue University; Sergio Maldonado Aguiñiga, Purdue University
- **Psychotherapy in English and Issues with Native Speakerism: Recommendations for Clinical Supervisors.** Yunkyong Garrison, Bates College
- **The Relationship Between the Working Alliance and Outcome with International Clients in the U.S..** Fanghui Zhao, Penn State University, University Park, USA; Katherine Davis, Penn State University, University Park, USA; Brett Scofield, Penn State University, University Park, USA; Louis Castonguay, Penn State University, University Park, USA; Jeff Hayes, Penn State University, University Park, USA

Discussant: Andres Perez-Rojas, New Mexico State University

159.

CONFERENCE WORKSHOP

Organizer: *Wolfgang Lutz, Universität Trier, Germany*



Saturday | 9:30-12:30 | Auditorium 01

When, why and how do patients change in psychotherapy? - Measuring, Predicting and Tracking Change in Psychotherapy

160.

STRUCTURED DISCUSSION

Organizer: *Ulrike Dinger,*

Saturday | 9:45-10:45 | Auditorium 02

The role of the body in psychotherapy research – old wisdom and new directions

University Hospital,
Heidelberg, Germany

Moderator: *Ulrike Dinger,*
University Hospital,
Heidelberg, Germany

Discussants: Nili Solomonov, Weill-Cornell Medical College NY; Jack Keefe, Weill Medical College of Cornell University; Christoph Friederich, University Hospital, Heidelberg, Germany;

161.

STRUCTURED DISCUSSION **Systematic Case Studies in the context of COVID - 19 Pandemics**

Organizer: *Elena Scherb,*
Universidad de Flores

Saturday | 9:45-10:45 | Auditorium 03

Discussants: Ladislav Timuřák, Trinity College Dublin; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Marian Durao, Universidad de Flores; Bernardo Kerman, Universidad de Flores; Aisling Mc Mahon, Dublin City University; Tamar Axelrad - Levy, Ben Gurion University, Beer Sheva, Israel; Sudharani Basangri, Private Practice; Liza Notaerts, Ghent University, Belgium;

162.

STRUCTURED DISCUSSION **Training Therapists in These Changing Times**

Organizer: *Gaby Shefler,*
ACHVA Academic College

Moderator: *Gaby Shefler,*
ACHVA Academic College

Saturday | 9:45-10:45 | Auditorium 04

Discussants: Gary Diamond, Ben Gurion University, Beer Sheva, Israel; Mariane Krause, Catholic University of Chile; Shelley McMMain, CAMH; Jacques Barber, Adelphi University, New York, USA; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Bangalore, India; Bernhard Strauß, University Hospital Jena; Rotem Boruchovitz-Zamir, Ben Gurion University, Beer Sheva, Israel; Hadas Wiseman, University of Haifa, Israel

163.

STRUCTURED DISCUSSION **Abusive Science**

Organizer: *Wolfgang Wirth,*
Ludwig-Maximilians-
Universität, Munich, Germany

Moderator: *Wolfgang Wirth,*
Ludwig-Maximilians-
Universität, Munich, Germany

Saturday | 9:45-10:45 | Auditorium 05

Discussants: Lotte Hartmann-Kottek, SFU Vienna; Wolfgang Wirth, Ludwig-Maximilians-Universität, Munich, Germany;

164.

BRIEF PAPER SESSION **Process and outcome**

Moderator: *Eric Ghelfi,*

Saturday | 9:45-10:45 | Auditorium 06

- **Client's Merger Ideal and Psychotherapy Process: How does the Dyad Feel?.** Alev

Brigham Young University,
Provo, USA

Cavdar, Istanbul Bilgi University; Selcan Kaynak,
Bilgi University

- **A Qualitative Analysis of OQ-Deteriorators Reporting Improvement In Therapy.** Eric Ghelfi, Brigham Young University, Provo, USA; Melissa Jones, Brigham Young University, Provo, USA; Sheilagh Fox, Brigham Young University, Provo, USA; Davey Erekson, Brigham Young University, Provo, USA; Russell Bailey, Brigham Young University, Provo, USA; Audrey Parker, Brigham Young University, Provo, USA; Angie Bledsoe, Brigham Young University, Provo, USA; Tyrone Johnson, Brigham Young University, Provo, USA; Ashlie Thacker, Brigham Young University, Provo, USA; Wyatt Capener, Brigham Young University, Provo, USA; Rob Dixon, Brigham Young University, Provo, USA; Zachary Lynn, Brigham Young University, Provo, USA

165.

BRIEF PAPER SESSION

Saturday | 9:45-10:45 | Auditorium 07

Psychotherapy & COVID-19 II

Moderator: *Michal Mielimaka, Dpt. of Psychotherapy, Jagiellonian University Medical College*

- **“Digitally yours”: Ethics in online therapy.** Ananya Sinha, Christ university
- **Social support of patients treated with group psychotherapy in the time of COVID-19 pandemic.** Michal Mielimaka, Dpt. of Psychotherapy, Jagiellonian University Medical College; Aleksandra Wolińska, Dpt. of Psychotherapy, Jagiellonian University Medical College; Joanna Mostowik, Dpt. of Psychotherapy, Jagiellonian University Medical College; Krzysztof Rutkowski, Dpt. of Psychotherapy, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University, Kraków, Poland; Jerzy Sobanski, Jagiellonian University, Kraków, Poland; Anna Citkowska-Kisielewska, Jagiellonian University, Kraków, Poland; Katarzyna Klasa, Jagiellonian University, Kraków, Poland
- **Selected aspects of emotional state of patients treated with group psychotherapy in the time of disruptions caused by the COVID-19 pandemic.** Michal Mielimaka, Dpt. of Psychotherapy, Jagiellonian University Medical College; Joanna Mostowik, Dpt. of Psychotherapy, Jagiellonian University Medical College; Aleksandra Wolińska, Dpt. of Psychotherapy, Jagiellonian University Medical College; Krzysztof Rutkowski, Dpt. of Psychotherapy, Jagiellonian University Medical

College; Jerzy Sobanski, Jagiellonian University, Kraków, Poland; Anna Citkowska-Kisielewska, Jagiellonian University, Kraków, Poland; Katarzyna Klasa, Jagiellonian University, Kraków, Poland

- **A research on decision-making processes and ways of adaptation among Hungarian psychotherapists and counselling professionals during the COVID-19 pandemic.** Dénes Szemán, MentalPort Psychoanalyst Psychotherapy Clinic; Felícia András, MentalPort Psychoanalyst Psychotherapy Clinic; Gábor Imre, MentalPort Psychoanalyst Psychotherapy Clinic; Vera Muth, MentalPort Psychoanalyst Psychotherapy Clinic; Boglárka Nyúl, ELTE PPK - Budapest, Hungary

166.

BRIEF PAPER SESSION

Moderator: *Timo Storck, Psychologische Hochschule Berlin*

Saturday | 9:45-10:45 | Auditorium 08

Qualitative II

- **Working models of psychotherapy as a means to assess conceptual skills across therapeutic orientations.** Timo Storck, Psychologische Hochschule Berlin; Jana Volkert, University Hospital, Heidelberg, Germany; Felix Brauner, Psychologische Hochschule Berlin; Christian Sell, University of Kassel
- **Web Platform to Analyse Speech Acts in Discourse.** Elena Stein Sparvieri, Asociación Argentina de Salud Mental (AASM)
- **Impact of digital technologies on intimate relationships and therapeutic practice with couples.** Andreas Vossler, The Open University; Naomi Moller, The Open University
- **Recognising developmental religious trauma when it is present in the therapeutic space..** Gill Harvey, Metanoia Institute

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PANEL

Organizer: *Eric Sauer, Western Michigan University*

Moderator: *Kenneth Rice, Georgia State University*

Saturday | 11:00-12:30 | Auditorium 02

Examining the Effects of Therapist Attachment-Related Behaviors and Client Perfectionism on the Process and Outcome of Psychotherapy

- **How Client Perfectionism and Attachment Dimensions Arrive in Therapy: A Search for Reliable Client Groups.** Kenneth Rice, Georgia State University; Eric Sauer, Western Michigan University; Char Houben, Western Michigan University; Kristin Roberts, Western

Michigan University; Jonathan Hook, western michigan university; Clarissa Richardson, University of Idaho

- **Examining the Relationship Between Therapists' Attachment-Related Characteristics and the Outcome of Psychotherapy.** Char Houben, Western Michigan University
- **The Effects of Therapist Attachment on the Process and Outcome of Psychotherapy.** Kristin Roberts, Western Michigan University

Discussant: Jeff Hayes, Penn State University, University Park, USA

168.

PANEL

Organizers: *Stefanie Schmidt, University of Bern, Switzerland; Sophie Hauschild, University Hospital, Heidelberg, Germany; Randi Ulberg, University of Oslo, Norway; Xenia Häfeli, University of Bern, Switzerland;*

Moderator: *Stefanie Schmidt, University of Bern, Switzerland*

Saturday | 11:00-12:30 | Auditorium 03

Tailoring psychotherapy in children and adolescents by focusing on a dynamic network approach, developmental peculiarities and mechanisms of change

- **Age-dependent effects of the COVID-19 pandemic on mental health of children and adolescents.** Stefanie Schmidt, University of Bern, Switzerland; Lara P Barblan, University of Zurich, Switzerland; Irina Lory, University of Bern, Switzerland; Markus A Landolt, University of Zurich, Switzerland
- **How do adolescents with depression improve in psychodynamic psychotherapy with or without transference work?.** Randi Ulberg, University of Oslo, Norway; Benjamin Hummelen, University Hospital Oslo; Anne Grete Hersoug, University of Oslo; Nick Midgley, University College, London, UK; Per Andreas Høglend, University of Oslo, Norway; Hanne-Sofie Johnsen Dahl, University Hospital Oslo
- **Mentalization-Based Treatment for adolescents with Conduct Disorder (MBT-CD): A feasibility and pilot study**
Mentalization-Based Treatment for adolescents with Conduct Disorder (MBT-CD): A feasibility and pilot study. Sophie Hauschild, University Hospital, Heidelberg, Germany; Lea Kasper, University Hospital, Heidelberg, Germany; Jana Volkert, University Hospital, Heidelberg, Germany; Paul Schröder-Pfeifer, University Hospital, Heidelberg,

Germany; Svenja Taubner, University of Heidelberg, Germany

- **Understanding the transdiagnostic mechanisms of emerging psychopathology in adolescence: 1-year prospective epidemiological study.** Xenia Häfeli, University of Bern, Switzerland; Vera Bächler, University of Bern, Switzerland; Alina Hunkeler, University of Bern, Switzerland; Wenja Käch, University of Bern, Switzerland; Irina Lory, University of Bern, Switzerland; Nadja Mauerhofer, University of Bern, Switzerland; Nika Saxer, University of Bern, Switzerland; Taina Thees, University of Bern, Switzerland; Sarah Wüthrich, University of Bern, Switzerland; Stefanie Schmidt, University of Bern, Switzerland

Discussant: Katharina Weitkamp, University of Zurich, Switzerland

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PANEL

Organizer: *Elisa Haller, University of Basel*

Moderator: *Elisa Haller, University of Basel*

Saturday | 11:00-12:30 | Auditorium 04

Using Event Sampling Methodology in Clinical Psychology and Psychotherapy to Better Understand the Development, Maintenance and Change in Mental Disorders

- **Wellbeing and Movement: Preliminary results of using Experience Sampling Methodology to Examine the Relationship between Movement, Symptoms, and Wellbeing in a clinical sample.** Andrew Gloster, University of Basel; Andrea Meyer, University of Basel; Jens Klotsche, Charité Universitätsmedizin; Victoria Block, university of Basel; Jeanette Villanueva, University of Basel; Elisa Haller, University of Basel
- **How often do we experience embarrassment and what happens then?.** Jürgen Hoyer, Technical University Dresden, Germany; Jasmin Čolić, Technische Universität Dresden; Andrew Gloster, University of Basel
- **Changes in prosocial behavior in patients undergoing Acceptance and Commitment Therapy (ACT): Evidence from a study using Experience Sampling Methodology.** Elisa Haller, University of Basel; Marcia T. B. Rinner, University of Basel; Jeanette Villanueva, University of Basel; Victoria Block, university of Basel; Andrea Meyer, University of Basel; Andrew Gloster, University of Basel

Discussant: Andreea Visla, University of Zurich,
Switzerland

170.

PANEL

Organizer: *Shigeru Iwakabe*,
Ochanomizu University,
Tokyo, Japan

Moderator: *Mariane Krause*,
Catholic University of Chile

Saturday | 11:00-12:30 | Auditorium 05

**The Society for Psychotherapy Research Interest
Section on Culture and Psychotherapy (SPRISCAP)
Collaborative Project: Experiences of Depression
Across the World.**

- **The overall design and goal of the international collaborative project.** Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Mariane Krause, Catholic University of Chile; Robert Schweitzer, Queensland Institute of Technology, Brisbane, Australia; Laurie Heatherington, Williams College, Massachusetts, USA; Eunsun Joo, Duksung Women's University
- **From Discomfort to Depression: Dynamics in Building Personal Meaning from the Depressive Experience.** Daniel Vásquez, Pontificia Universidad Católica de Chile, Santiago; Carolina Altimir, Univesidad Alberto Hurtado; Diana María Ocampo Lopera, Unviersidad CES; Mahaira Reinel, Pontificia Universidad Católica de Chile, Santiago; H-Daniel Espinosa, Universidad CES; Camila Mesa Posada, Universidad CES; Cristian R. Montenegro, Pontificia Universidad Católica de Chile, Santiago; Olga María Fernández González, Universidad de Chile; Javiera Duarte, Universidad Diego Portales; Mariane Krause, Catholic University of Chile
- **A qualitative study on experiences of depression in Japan: A path toward recovery.** Ayumi Goto, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

Discussant: Peitao Zhu, Northern Illinois University

171.

PANEL

Organizer: *Thomas Berger*,
University of Bern,
Switzerland

Moderator: *Thomas Berger*,

Saturday | 11:00-12:30 | Auditorium 06

**Online, Blended, and Face-to-Face Therapy before and
during COVID-19**

- **Ready for eHealth? Acceptance and Use of Psychotherapist-in-Trainings' eHealth Interventions during COVID-19.** Marie Drüge, University of Zurich, Switzerland; Stefan Albisser, University of Zurich, Switzerland;

University of Bern,
Switzerland

Stefan Staeck, University of Zurich, Switzerland;
Birgit Watzke, University of Zurich, Switzerland

- **How do patients feel about blended intervention?**. Laura Bielinski, University of Bern, Switzerland; Jeannine Suter, University of Bern, Switzerland; Tobias Krieger, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland
- **Prognostic sample characteristics in internet-based and face-to-face psychotherapy for depression: A pre-registered meta-analysis.** Mariia Merzhvynska, University of Zurich, Switzerland; Thomas Munder, University of Zurich, Switzerland; Tobias Krieger, University of Bern, Switzerland; Alessia Geissshüsler, University of Zurich, Switzerland; Thomas Berger, University of Bern, Switzerland; Markus Wolf, University of Zurich, Switzerland; Birgit Watzke, University of Zurich, Switzerland

Discussant: Stephanie Bauer, University Hospital,
Heidelberg, Germany

172.

PANEL

Organizer: *rachele mariani*,
Sapienza University of Rome,
Italy

Moderator: *rachele mariani*,
Sapienza University of Rome,
Italy

Saturday | 11:00-12:30 | Auditorium 07

The impact of the collective trauma from the COVID-19 pandemic on processes of affective and symbolic representation.

- **Lockdown dreams: Dreaming during the COVID emergency in Italy, a qualitative research..** Alice Fiorini Bincoletto, Sapienza University of Rome, Italy; Guido Giovanardi, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy
- **Changes in Clinical Process as a Result of Online Therapy: Findings from a Single Case Study.** Christopher Christian, City University of New York, USA; Attà Negri, University of Bergamo, Italy
- **Dreaming in quarantine: emotional elaboration of the traumatic experience COVID-19 pandemic.** rachele mariani, Sapienza University of Rome, Italy; Silvia Monaco, Sapienza University of Rome, Italy; Michela Di Trani, Sapienza University of Rome, Italy

Discussant: Silvia Salcuni, Univeristy of Padova

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PANEL

Organizers: *Sharon Ziv-Beiman, Academic College of Tel-Aviv; Avigail Bar Sella, Haifa University, Israel;*

Moderator: *Sharon Ziv-Beiman, Academic College of Tel-Aviv*

Saturday | 11:00-12:30 | Auditorium 08

Research of therapeutic technique from common factor perspective: contemporary research projects

- **That didn't feel good: Effects of therapist confrontation on client emotional expression.** Christina Soma, University of Utah, Salt Lake City, USA; Shrikanth Narayanan, University of Southern California; David Atkins, University of Washington; Zac Imel, University of Utah, Salt Lake City, USA
- **Understanding Interdependence of Patients' and Therapists' Affect Experiencing: Examination at Universal and Individual Difference Levels.** Avigail Bar Sella, Haifa University, Israel; Ashley Randall, Arizona State University; Sigal Zilcha-Mano, University of Haifa, Israel
- **Diversity of therapeutic technique - inquiring technique from common factors perspective.** Sharon Ziv-Beiman, Academic College of Tel-Aviv; Roei Chen, Bar Ilan University; Asaf Leibovich, Academic collage Tel- Aviv

Discussant: Zac Imel, University of Utah, Salt Lake City, USA

174.

PANEL

Organizer: *Jordan Bate, Ferkauf Graduate School of Psychology*

Moderator: *Jordan Bate, Ferkauf Graduate School of Psychology*

Saturday | 11:00-12:30 | Auditorium 09

The Development of Responsive Therapists Through Training and Supervision: From Helping Skills to Assimilation of Life Script Themes

- **Helping Skills Training: Do Trainers Matter?.** Lydia Ahn, University of Maryland, College Park, USA; Clara Hill, University of Maryland, College Park, USA; Judy Gerstenblith, University of Maryland, College Park, USA; Justin Hillman, University of Maryland, College Park, USA; Timothy Anderson, Ohio University, Athens, USA; Dennis Kivlighan, University of Maryland, College Park, USA
- **Unravelling the Therapists' Internal Processes Using Interpersonal Process Recall Exploring How Therapists Stich Together Multiple Voices from Training and Supervision to Be Responsive to Patients.** Jordan Bate, Ferkauf Graduate School of Psychology; Timothy Anderson, Ohio

University, Athens, USA; William Stiles, Miami University, Oxford, USA

- **Assimilating Problematic Life Script Themes in Supervision.** Biljana van Rijn, Metanoia Institute; Jamie Agar, Private Practice; Charlotte Sills, Metanoia Institute; Peter Pierce, Metanoia Institute; William Stiles, Miami University, Oxford, USA

Discussant: Myrna Friedlander, University at Albany/SUNY, USA

175.
PANEL

Organizer: *Yogev Kivity, Bar Ilan University*

Moderator: *Yogev Kivity, Bar Ilan University*

Saturday | 11:00-12:30 | Auditorium 10
Personality Pathology: Findings and Implications for the Process and Outcome of Psychotherapy

- **Attachment and externalization: Associations with alliance and outcome in integrative group treatment for personality dysfunction.** David Kealy, University of British Columbia, Vancouver, Canada; John Ogrodniczuk, University of British Columbia, Vancouver, Canada; Anthony Joyce, University of Alberta
- **Investigating the interactive effect of avoidant personality disorder symptoms and emotional suppression on the outcome of a psychodynamically-oriented day treatment program.** John Ogrodniczuk, University of British Columbia, Vancouver, Canada; David Kealy, University of British Columbia, Vancouver, Canada; Anthony Joyce, University of Alberta
- **The Role of Comorbid Borderline and Narcissistic Personality Features in the Process and Outcome of Psychotherapy at a University-based Clinic.** Yogev Kivity, Bar Ilan University; Leeav Sheena, Bar Ilan University; Yari Gvion, Bar Ilan University; Dana Atzil-Slonim, Bar Ilan University

Discussant: Kenneth Levy, Penn State University, University Park, USA

176.
PANEL

Organizer: *Santiago Juan, Universidad de Buenos Aires,*

Saturday | 11:00-12:30 | Auditorium 11
Operationalized Psychodynamic Diagnosis (OPD-2) in Latin America: a Practice-Oriented Research Tool

Argentina

Moderator: *Santiago Juan, Universidad de Buenos Aires, Argentina*

- **Profiles of Depression: Using machine learning to grasp heterogeneity.** Paula Dagnino, Universidad Alberto Hurtado, Chile; Ana Calderon, School of Psychology, Universidad Gabriela Mistral, Chile; Rolando De la Cruz, Facultad de Ingenieria y Ciencias, Universidad Adolfo Ibañez, Chile; Sergio Gloger, Millennium Institute for the study of depression and personality (Midap), Chile 6 Center for Psychotherapy Research (Cipsi), Chile
- **Mechanisms of change in focused psychodynamic therapy: a single case's time-series analysis.** Santiago Juan, Universidad de Buenos Aires, Argentina; Rocío Manubens, Universidad de Buenos Aires, Argentina; Roberto Muiñoz, Universidad de Buenos Aires, Argentina; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina
- **Neurobiological Markers and Structural Evaluation by OPD-2-Axis IV in Patients with Severe Mental Disorders who Undergo Psychotherapy.** Neusa Rocha, UFRGS-Universidade Federal do Rio Grande do Sul; Cinthia Danielle Araújo Vasconcelos Rebouças, Universidad Federal Rio Grande do Sul, Brasil; Guilherme Kirsten Barbisan, Universidad Federal do Rio Grande do Sul, Brasil; Leonardo Gonçalves, Universidad Federal do Rio Grande do Sul, Brasil; Marta Haas Costa, Universidad Federal do Rio Grande do Sul, Brasil; Felipe Cesar de Almeida Claudino, Universidad Federal do Rio Grande do Sul, Brasil

Discussant: Guillermo De la Parra, Pontificia Universidad Católica de Chile, Santiago

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PANEL

Organizer: *Antje Gumz, Psychologische Hochschule Berlin*

Moderators: *Antje Gumz, Psychologische Hochschule Berlin; Laurence Reuter, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin;*

Saturday | 11:00-12:30 | Auditorium 12

Studies on psychotherapy training

- **Psychotherapist's Social Identification, Psychotherapy School, and Attitudes Towards the Ongoing Reform of Psychotherapy Training in Germany – a Cross-Sectional, Correlational Study.** Klaus Michael Reininger, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; Holger Zapf, University Medical Center Hamburg-Eppendorf, Child and

Adolescent Psychiatry and Psychotherapy Center for Psychosocial Medicine; David Algner-Herzmann, University Medical Center Hamburg-Eppendorf, Institute of Psychotherapy, Institute and Outpatients Clinic for Psychosomatic Medicine and Psychotherapy,; Hannah Marie Biel, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; Nora Rebekka Krott, Universität Bielefeld, Institut für interdisziplinäre Konflikt- und Gewaltforschung, Bielefeld, Deutschland; Timo Hennig, Universität Hamburg, Fakultät für Erziehungswissenschaft, Hamburg, Deutschland; Bernd Löwe, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; Ingo Jungclaufen, University of Applied Sciences for medium-sized companies (FHM)

- **Psychotherapy trainees' experience of Alliance-Focused Training as a part of psychotherapy training – a qualitative analysis.** Lena Walther, Department of Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin; Laurence Reuter, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Antje Gumz, Psychologische Hochschule Berlin
- **Psychotherapy trainees' experiences with a practice-oriented longitudinal curriculum for the development of psychodynamic intervention competencies (DYNAMIC-curriculum).** Inka Montan, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Ulrike Dinger, University Hospital, Heidelberg, Germany; Julia Dück, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Johannes C. Ehrenthal, University of Cologne, Germany; Timo Storck, Psychologische Hochschule Berlin; Svenja Taubner, University of Heidelberg, Germany; Leoni P. H. Weintz, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Moritz Thake, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Christoph Friederich, University Hospital,

Heidelberg, Germany; Henning Schauenburg, University Hospital, Heidelberg, Germany; Jobst-Hendrik Schultz, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Christoph Nikendei, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital

- **Assessing Psychodynamic Competencies in the Context of Psychotherapy Training.** Holger Zapf, University Medical Center Hamburg-Eppendorf, Child and Adolescent Psychiatry and Psychotherapy Center for Psychosocial Medicine; David Algner-Herzmann, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; Hannah Marie Biel, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; Bernd Löwe, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland; Klaus Michael Reininger, 1 Universitätsklinikum Hamburg-Eppendorf, Institut für Psychotherapie, Hamburg, Deutschland 2 Universitätsklinikum Hamburg-Eppendorf, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Hamburg, Deutschland

178.

PANEL

Organizer: *Beatriz Gomez, Aigle Foundation*

Moderator: *Beatriz Gómez, Aiglé Foundation, Argentina*

Saturday | 11:00-12:30 | Auditorium 14

Implementing Routine Outcome Monitoring. International Contributions.

- **Clinician Perceptions of Nomothetic and Idiographic Approaches to Routine Outcome Monitoring and Feedback.** Matteo Bugatti, Stony Brook University, USA; James F Boswell, University at Albany, State University of New York
- **Screening variables at baseline to predict treatment outcome..** Beatriz Gómez, Aiglé Foundation, Argentina; Javier Fernandez-Alvarez, Fundación Aiglé, Buenos Aires, Argentina; Fernando García, Aalborg University,

Denmark; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Roberto Muiños, Universidad de Buenos Aires, Argentina; Héctor Fernández-Alvarez, Aigle Foundation, Argentina

- **Development of a monitoring and feedback (MyF) system supported by technologies for the improvement of the psychotherapeutic process.** Guadalupe Molinari, Universidad Internacional de Valencia; Ernestina Etchemendy, Instituto de Salud Carlos III, Spain; Paloma Rasal Cantó, Universidad Internacional de Valencia, Valencia, Spain; Javier Fernandez-Alvarez, Fundación Aiglé, Buenos Aires, Argentina; Rosa Baños, Instituto de Salud Carlos III, Spain; Macarena Espinoza Venegas, Universidad Internacional de Valencia, Valencia, Spain

Discussant: Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina

179.

Saturday | 12:30-14:00 | Auditorium 01
Lunch

180.

PANEL

Organizer: *Ulrike Dinger, University Hospital, Heidelberg, Germany*

Moderator: *Ulrike Dinger, University Hospital, Heidelberg, Germany*

Saturday | 14:00-15:20 | Auditorium 01
Common and specific processes in dynamic psychotherapy – advances in the study of alliance, agency and insight.

- **Intraindividual Dynamics between alliance and symptoms: why time matters..** Matthias Volz, University Hospital, Heidelberg, Germany; Christoph Nikendei, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Henning Schauenburg, University Hospital, Heidelberg, Germany; Ulrike Dinger, University Hospital, Heidelberg, Germany
- **Agency and Alliance as Change Factors in Psychotherapy.** Julia Huber, University Hospital, Heidelberg, Germany; Christoph Nikendei, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Henning Schauenburg, University Hospital, Heidelberg, Germany; Ulrike Dinger, University Hospital, Heidelberg, Germany
- **Insight as a Mechanism of Change in Dynamic Therapy for Major Depressive**

Disorder. Simone Jennissen, University Hospital, Heidelberg, Germany

- **Who Gains More Self-Understanding in Psychotherapy? Pretreatment Patient Predictors of Change in Insight.** Maximilian Orth, University Hospital, Heidelberg, Germany

Discussant: Fredrik Falkenström, Linnaeus University, Sweden

181.

PANEL

Organizers: *Stefanie Schmidt, University of Bern, Switzerland; Katharina Weitkamp, University of Zurich, Switzerland; Agnes Von Wyl, University of Applied Sciences Zurich; Aarno Laitila, Jyväskylä; Nina Tejs Jørring, CAMHS Capital Region of Denmark;*

Moderator: *Stefanie Schmidt, University of Bern, Switzerland*

Saturday | 14:00-15:20 | Auditorium 02

Relevance of family and group processes in psychotherapy with children, adolescents and emerging adults

- **Effectiveness of Narrative Family Therapy from child and parent perspective.** Nina Tejs Jørring, CAMHS Capital Region of Denmark
- **“Inclusive”: Group counseling in a non-clinical setting for emerging adults in transition.** Agnes Von Wyl, University of Applied Sciences Zurich; Filomena Sabatella, University of Applied Sciences Zurich; Ran Wehrli, University of Applied Sciences Zurich
- **Adolescent treatment dropouts in psychodynamic and cognitive behavior therapy from the therapist's perspective: A qualitative interview study in Germany and Switzerland.** Katharina Weitkamp, University of Zurich, Switzerland; Saskia Strauch, MSH Medical School Hamburg; Joy Borgovan, MSH Medical School Hamburg; Safira Tissira, University of Applied Sciences Zurich; Agnes Von Wyl, University of Applied Sciences Zurich
- **Child Participation in Family Therapy.** Aarno Laitila, Jyväskylä; Mira Helimäki, University of Jyväskylä; Kirsti Kumpulainen, University of Eastern Finland, Joensuu

Discussant: Henriette Loeffler-Stastka, Medical University of Vienna, Austria

182.

PANEL

Organizers: *Louis Castonguay, Penn State University, University Park,*

Saturday | 14:00-15:20 | Auditorium 03

Bringing clinicians and researchers together: Integrating research on and clinical implementation of principles of change in the treatment of depression

USA; Michael Constantino, University of Massachusetts Amherst; Larry Beutler, Palo Alto University, USA;

- **Revisiting empirically based principles of change.** Louis Castonguay, Penn State University, University Park, USA; Michael Constantino, University of Massachusetts Amherst; Larry Beutler, Palo Alto University, USA
- **Implementing principles of change in clinical routine: A cognitive behavioral perspective.** Benjamin Johnson, RICBT Cognitive Behavioral Therapy and Coaching
- **Implementing principles of change in clinical routine: A cognitive behavioral analysis system of psychotherapy perspective.** Dina Vivian, Stony Brook University, USA

183.

PANEL

Saturday | 14:00-15:20 | Auditorium 04

Changes of Reflective Functioning in Psychotherapy

Moderator: *Svenja Taubner, University of Heidelberg, Germany*

- **Systematic review of the effectiveness of psychological interventions at improving patients' mentalizing.** Svenja Taubner, University of Heidelberg, Germany; Lea Kasper, University Hospital, Heidelberg, Germany; Alessandro Talia, University of Heidelberg, Germany
- **Parental reflective functioning in relationship-focused therapy for sexual and gender minority adults and their non-accepting parents.** Yotam Strifler, Ben-Gurion University; Rotem Boruchovitz-Zamir, Ben Gurion University, Beer Sheva, Israel; Gary Diamond, Ben Gurion University, Beer Sheva, Israel
- **A longitudinal analysis of reflective functioning and its effects on psychotherapy outcome.** Anna Babl, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland; Svenja Taubner, University of Heidelberg, Germany
- **Implementation of MBT in day hospital program for eating disorders – a pilot study.** Almut Zeeck, University of Freiburg, Germany; Katharina Endorf, University of Freiburg, Germany; Sebastian Euler, University Hospital Zuerich; Laura Schäfer, University of Freiburg, Germany; Inga Lau, University of Freiburg, Germany; Claas Lahmann, University of Freiburg, Germany; Armin Hartmann, University of Freiburg, Germany

184.

PANEL

Organizers: *Jeanne Watson, University of Toronto, Canada; Hadas Wiseman, University of Haifa, Israel;*

Moderator: *Jeanne Watson, University of Toronto, Canada*

Saturday | 14:00-15:20 | Auditorium 05

The Challenge of Responsiveness for Research and Practice

- **Attachment theory as framework for responsiveness in psychotherapy.** Hadas Wiseman, University of Haifa, Israel
- **What guides therapist responsiveness?.** Jeanne Watson, University of Toronto, Canada; Hadas Wiseman, University of Haifa, Israel
- **Responsiveness in the alliance: Working with ruptures and repairs in psychotherapy.** Catherine Eubanks, Yeshiva University, New York, USA; Joey Sergi, Yeshiva University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **Responsiveness, the Relationship, and the Working Alliance in Psychotherapy.** Robert Hatcher, Director, Wellness Center

Discussant: William Stiles, Miami University, Oxford, USA

185.

PANEL

Organizer: *Zachary D. Cohen, University of California, Los Angeles*

Moderator: *Zachary D. Cohen, University of California, Los Angeles*

Saturday | 14:00-15:20 | Auditorium 06

Facilitating Access to Psychological Care: Adapting and Developing Remote Treatment and Assessment in the Context of COVID-19

- **What is the impact of switching from face-to-face to video-based psychotherapy during the COVID-19 pandemic?.** Susanne Edelbluth, Universität Trier, Germany; Brian Schwartz, Universität Trier, Germany; Anne-Katharina Deisenhofer, Universität Trier, Germany; Danilo Moggia, Universität Trier, Germany; Jessica Prinz, Universität Trier, Germany; Jaime Delgadillo, University of Sheffield, UK; Wolfgang Lutz, Universität Trier, Germany
- **Developing and Adapting A Peer-Based Virtual Reality Cognitive Behavioral Intervention During COVID-19.** Noah Robinson, Vanderbilt University, Nashville, USA; Steven Hollon, Vanderbilt University, Nashville, USA
- **Developing, Adapting, and Evaluating the Common Elements Toolbox (COMET) during the COVID-19 pandemic.** Akash Wasil, University of Pennsylvania, Philadelphia, USA;

Tarvi Malhotra, Ashoka University; Nivedita Nandakumar, Ashoka University; Nandita Tuteja, Ashoka University; Madison Taylor, University of Pennsylvania, Philadelphia, USA; Joshua Steinberg, University of Pennsylvania, Philadelphia, USA; Rose Franzen, Children's Hospital of Philadelphia; Bhatia Avatika, Ashoka University; Robert J. DeRubeis, University of Pennsylvania, Philadelphia, USA

- **DigiLton: Development and evaluation of an image-based digital measure of the Hamilton rating scale for depression.** Adi Berko, University of Haifa, Israel; Tohar Dolev-Amit, University of Haifa, Israel; Avigail Bar Sella, Haifa University, Israel; Michael Sobolev, Feinstein Institutes for Medical Research, Northwell Health; Cornell Tech, Cornell University; JP Pollak, Cornell Tech, Cornell University; Sigal Zilcha-Mano, University of Haifa, Israel

Discussant: Robert J. DeRubeis, University of Pennsylvania, Philadelphia, USA

186.

PANEL

Organizer: *Antje Gumz, Psychologische Hochschule Berlin*

Moderators: *Antje Gumz, Psychologische Hochschule Berlin; Johanna Böttcher, Psychologische Hochschule Berlin;*

Saturday | 14:00-15:20 | Auditorium 07

Everything online? What do patients and staff want and need in times of Corona?

- **Employee Assistance Program for the German University Medical Centers Hospitals - UMC-EAP.** Manfred Beutel, Department of Psychosomatic Medicine and Psychotherapy, University Medical Center Mainz, Germany; Dirk Rose, Institute for Work Social and Environmental Medicine, University Medical Center Mainz, Germany; Marian Tolksdorf, Institute for Work Social and Environmental Medicine, University Medical Center Mainz, Germany; Peter Kegel, Institute for Work Social and Environmental Medicine, University Medical Center Mainz, Germany; Tina Müller, Department of Psychosomatic Medicine and Psychotherapy, University Medical Center Mainz, Germany
- **Video treatments in psychodynamic psychotherapy - A qualitative interview study with patients and therapists.** Alena Leukhardt, Sigmund Freud University Berlin; Alla Kirsha, Sigmund Freud University Vienna; Maximilian Heider, Sigmund Freud University Berlin; Christiane Eichenberg, Sigmund Freud University Vienna

- **Psychotherapy in times of COVID-19: Satisfaction with online vs. face-to-face therapy.** Franziska Marie Lea Beck-Hiestermann, Professur für Psychosomatik und Psychotherapie, Psychologische Hochschule Berlin; Denise Kästner, Department for Psychosomatics and Psychotherapy, Psychologische Hochschule Berlin, Berlin, Germany; Antje Gumz, Psychologische Hochschule Berlin
- **Unified Protocol as an Internet-based Intervention for Emotional Disorders.** Carmen Schaeuffele, Freie Universitaet Berlin; Christine Knaevelsrud, Freie Universität, Berlin, Germany; Babette Renneberg, Freie Universitaet Berlin; Johanna Böttcher, Psychologische Hochschule Berlin

187.

PANEL

Organizer: *Jenny Rosendahl, Friedrich-Schiller-Universität Jena, Germany*

Moderator: *Bernhard Strauß, University Hospital Jena*

Saturday | 14:00-15:20 | Auditorium 08

Meta-analyses of group treatment efficacy and mechanisms of change

- **Cognitive-behavioral group therapy for psychosis: A follow-up meta-analysis of counter-intuitive findings.** Gary Burlingame, Brigham Young University, Provo, USA; Jonah Nicoll, Brigham Young University, Provo, USA; Zach Clement, Brigham Young University, Provo, USA; Cameron Alldredge, Brigham Young University, Provo, USA
- **Group Therapy for Pain: A Meta-Analysis.** Cameron Alldredge, Brigham Young University, Provo, USA; Jenny Rosendahl, Friedrich-Schiller-Universität Jena, Germany; Gary Burlingame, Brigham Young University, Provo, USA
- **A systematic review on group alliance and outcome: perils and possibilities.** Gianluca Lo Coco, University of Palermo, Italy; Salvatore Gullo, University "N. Cusano", Rome; Christoph Flückiger, University of Zurich, Switzerland; Gaia Albano, University of Palermo, Italy; Agostino Brugnera, University of Bergamo, Italy; Giorgio Tasca, University of Ottawa, Canada
- **Meta-analyses of group psychotherapy outcome studies - exercises in megasilliness?.** Jenny Rosendahl, Friedrich-Schiller-Universität Jena, Germany; Gary Burlingame, Brigham Young University, Provo, USA; Bernhard Strauß, University Hospital Jena

Discussant: John Ogrodniczuk, University of British Columbia, Vancouver, Canada

188.

PANEL

Organizer: *George Silberschatz, University of California, San Francisco, USA*

Moderator: *George Silberschatz, University of California, San Francisco, USA*

Saturday | 14:00-15:20 | Auditorium 09

How to personalize psychotherapy? Three distinct approaches

- **A New Psychotherapy for Each Patient: Personalizing to Reactance Level, Stage of Change, and Treatment Preferences.** John Norcross, University of Scranton, USA
- **Training Therapists to Personalize Therapy on a Moment-by-Moment Basis.** Henny Westra, York University, Canada
- **The Patient Plan Formulation as a guide for personalizing therapist interventions.** George Silberschatz, University of California, San Francisco, USA

Discussant: Franz Caspar, University of Berne

189.

PANEL

Moderator: *Timothy Anderson, Ohio University, Athens, USA*

Saturday | 14:00-15:20 | Auditorium 10

“It’s not what you said, but how you said it”: Voice characteristics in psychotherapy

- **Verbal Fluency: An Ignored but Critical Therapeutic Factor.** Bruce E. Wampold, Modum Bad Research Institute, Vikersund, Norway
- **In a Therapist’s Voice: Vocal Quality as a Common Characteristic of Therapist Interpersonal Abilities.** Timothy Anderson, Ohio University, Athens, USA
- **Vocal arousal: a window into co-regulation as a mechanism of change in psychotherapy for depression.** Adar Paz, Bar-Ilan; Eran Bar-Kalifa, Ben Gurion University, Beer Sheva, Israel; Dana Atzil-Slonim, Bar Ilan University
- **Loud, but not clear: A quantitative analysis of therapist’s voices during therapy.** Christina Soma, University of Utah, Salt Lake City, USA; Dillon Knox, University of Southern California; Timothy Greer, University of Southern Calif; Alexander Young, University of Southern California; Kieth Gunnerson, University of Utah, Salt Lake City, USA; Shrikanth Narayanan, University of Southern California;

Discussant: Dana Atzil-Slonim, Bar Ilan University

210. Saturday | 15:20-15:30 | Break
Break

191. Saturday | 15:30-16:25 | Auditorium 01
STRUCTURED DISCUSSION Meet the Editors of the SPR journal "Psychotherapy Research"

Organizers: *Christoph Flückiger, University of Zurich, Switzerland; Jeff Hayes, Penn State University, University Park, USA;*

Discussants: Dana Atzil-Slonim, Bar Ilan University; Jaime Delgado, University of Sheffield, UK; Fredrik Falkenström, Linnaeus University, Sweden; Andrew McAleavey, Weil Cornell Medical College; Hanne Weie Oddli, University of Oslo, Norway; Eugénia Ribeiro, University of Minho;

192. Saturday | 15:30-16:25 | Auditorium 03
STRUCTURED DISCUSSION Generating practice-oriented research: Guidelines from patient focus research, practice evidence, and practice research network

Organizers: *Louis Castonguay, Penn State University, University Park, USA; Kim de Jong, Leiden University, Netherlands;*

Discussants: Michael Barkham, University of Sheffield, UK; Susan Douglas, Vanderbilt University, Nashville, USA; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Ryan Kilcullen, Penn State University, University Park, USA; Wolfgang Lutz, Universität Trier, Germany; Helene Nissen-Lie, University of Oslo, Norway; Andrew Page, University of Western Australia, Perth;

Moderators: *Louis Castonguay, Penn State University, University Park, USA; Kim de Jong, Leiden University, Netherlands;*

193. Saturday | 15:30-16:25 | Auditorium 04
STRUCTURED DISCUSSION Tailoring or stitching? On the future of psychotherapy training

Organizers: *Johannes C. Ehrenthal, University of Cologne, Germany; Ulrike Dinger, University Hospital, Heidelberg, Germany;*

Discussants: Yogev Kivity, Bar Ilan University; Paula Dagnino, Universidad Alberto Hurtado, Chile; Julian Rubel, University of Giessen, Germany; Tali Boritz, University of Toronto, Canada; David Kealy, University of British Columbia, Vancouver, Canada; Erkki Heinonen, University of Oslo, Norway;

Moderators: *Johannes C. Ehrenthal, University of Cologne, Germany; Ulrike*

194.
BRIEF PAPER SESSION

Saturday | 15:30-16:25 | Auditorium 05
Alliance II

Moderator: *Kendra Terry,*
Adelphi University, New York,
USA

- **Language in the Therapeutic Alliance: A Computational Text Analysis Study of Rupture and Non-Rupture Therapy Sessions.** Kendra Terry, Adelphi University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **Changes in Clients and Therapists Experiences of Therapeutic Distance during Psychodynamic Therapy.** Sharon Egozi, Haifa University, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel; Hadas Wiseman, University of Haifa, Israel

195.
BRIEF PAPER SESSION

Saturday | 15:30-16:25 | Auditorium 06
Change process III

Moderator: *Anna Robinson,*
University of Strathclyde,
Glasgow, UK

- **What remains in memory from clients' psychotherapeutic experiences?.** Angelika Böhm, Österreichische Arbeitsgemeinschaft für Gestalttheoretische Psychotherapie (ÖAGP).; Ursula Grillmeier-Rehder, Institut für Integrative Gestalttherapie Wien IGWien; Ingeborg Netzer, Österreichischer Arbeitskreis für Gruppentherapie und Gruppendynamik ÖAGG Fachsektion Integrative Gestalttherapie
- **Emotion-Focused Therapy for Clients on the Autism Spectrum: A Preliminary Study.** Anna Robinson, University of Strathclyde, Glasgow, UK; Robert Elliott, University of Strathclyde, Glasgow, UK
- **The Assimilation of Problematic Experiences and Quality of Life in cancer patients.** Ricardo Machado, Instituto Universitário da Maia; Isabel Basto, Instituto Universitário da Maia; Patrícia Pinheiro, Instituto Universitário da Maia; Nicole Silva, Instituto Universitário da Maia; William Stiles, Miami University, Oxford, USA; Beatriz Viana, Instituto Universitário da Maia
- **The crucial role of exposure to trauma in therapeutic change - Clinical and fMRI results from a single infusion of ketamine or midazolam followed by intense one week**

imaginal and in-vivo exposure. Ilan Harpaz-Rotem, Yale University, USA

196.

BRIEF PAPER SESSION

Saturday | 15:30-16:25 | Auditorium 07
Alliance III

Moderator: *Andrew Snell, University of Memphis*

- **Clients' Perceptions of the Working Alliance as a Predictor of Increases in Positive Affect.** Ted Bartholomew, Scripps College; Ellice Kang, Purdue University; Eileen Joy, Purdue University; Krista Robbins, Purdue University; Sergio Maldonado Aguiñiga, Purdue University
- **Client and therapist match on gender, age, and income: Does match within the therapeutic dyad predict early growth in the therapeutic alliance?.** Antonella Davanzo, Pontificia Universidad Católica de Chile, Santiago; Alex Behn, Pontificia Universidad Católica de Chile, Santiago; Paula Errázuriz, Pontificia Universidad Católica de Chile, Santiago
- **The Influence of Synchronized Joint Painting Activity on Therapeutic-like Interaction as Perceived by Children.** Rotem Abraham, Haifa University, Israel; Tal-Chen Rabinowitch, Haifa University, Israel
- **The Influence of Therapist Paraphrases on Perceptions of the Therapeutic Alliance and Therapist Empathy, Congruence, and Credibility.** Andrew Snell, University of Memphis; Jeffrey Berman, University of Memphis; Rivian Lewin, University of Memphis

197.

BRIEF PAPER SESSION

Saturday | 15:30-16:25 | Auditorium 08
Psychoanalysis

Moderator: *Niccolò Fiorentino Polipo, Université Catholique de Louvain*

- **Towards an Empirically Grounded Model of Psychoanalytic Reflective Practice: A Qualitative Study.** Niccolò Fiorentino Polipo, Université Catholique de Louvain; Jochem Willemsen, Université Catholique de Louvain
- **Therapists' Use of Defenses During Covid-19.** Jessica Silverman, Ferkauf Graduate School of Psychology, Yeshiva University; Katie Aafjes-van Doorn, Yeshiva University, New York, USA; Vera Békés, Yeshiva University, New York, USA; Xiaochen Luo, Santa Clara University; Tracy Prout, Ferkauf Graduate

School of Psychology; Leon Hoffman, Icahn
School of Medicine, Mount Sinai Hospital

- **Focused Group-Analytic Psychotherapy. An integration of clinical experience and research.** Steinar Lorentzen, University of Oslo, Norway
- **Treatment adherence and –differentiation for psychodynamic group psychotherapy in a day clinic: Interventions and group processes.** Johannes Pries, University of Witten-Herdecke; Annekatrin Vetter, University of Witten-Herdecke; Katja Petrowski, University of Mainz, Germany; Ulrich Schultz-Venrath, University of Witten-Herdecke

198.
BRIEF PAPER SESSION

Saturday | 15:30-16:25 | Auditorium 09
Treatment process and outcome II

Moderator: *Tao Lin, Ohio
University, Athens, USA*

- **The Roles of Early Symptom Change and Early Working Alliance in Predicting Treatment Outcome.** Tao Lin, Ohio University, Athens, USA; Timothy Anderson, Ohio University, Athens, USA
- **The effect of a rapid transition to online delivery of counselling services.** Robbie Babins-Wagner, Calgary Counselling Centre; Amy Bender, Calgary Counselling Centre; Angela Laughton, Calgary Counselling Centre
- **Psychological Distress, Treatment Utilization, and Recovery Rates Among College Students in Different Majors.** Dominic Schmuck, Brigham Young University, Provo, USA; Davey Erekson, Brigham Young University, Provo, USA; Brett Merrill, Brigham Young University, Provo, USA
- **How can talking cure? Curative functions of talking in psychotherapy from patients' perspective – a qualitative analysis.** Sabine Wulf, University of Psychology Berlin, Germany

199.
BRIEF PAPER SESSION

Saturday | 15:30-16:25 | Auditorium 10
Mentalization

Moderator: *Caroline Von
Korff, University of Klagenfurt,
Austria*

- **Challenges for therapists from a mentalizing perspective in groups for drug addicted.** Giovanna Esposito, University of Naples Federico II; Silvia Formentin, Dependence Department ULSS of Padua; Raffaella Passeggia, University of Naples

Federico II; Cristina Marogna, University of Padova, Italy; Sigmund Karterud, The Norwegian Institute for Mentalizing

- **Observer-based or computerized measures of the patient's mentalization in psychotherapy: a scoping review.** Lotta Hüwe, University of Klagenfurt, Austria; Levin Laser, University of Klagenfurt, Austria; Sylke Andreas, University of Klagenfurt, Austria
- **Relationship between therapeutic alliance, reflective functioning, transference processes and outcome in Dynamic Interpersonal Therapy: A single case study.** Caroline Von Korff, University of Klagenfurt, Austria; Deborah Abrahams, Anna Freud Center, London, UK; Sylke Andreas, University of Klagenfurt, Austria
- **Pre-therapy Mentalization as a Predictor of Initial Alliance and Perceived Effectiveness of Psychodynamic Psychotherapy throughout the Process.** Asli Uzel, Istanbul Bilgi University; Alev Cavdar, Istanbul Bilgi University

210.

Saturday | 16:25-16:30 | Break
Break

201.

PANEL

Organizer: *Kim de Jong,*
Leiden University,
Netherlands

Saturday | 16:30-17:50 | Auditorium 01

Emotional activation of therapists during the Facilitative Interpersonal Skills performance task

- **Do Helpers' Emotion and Responses Differ for Difficult versus Benign Simulated Clients?.** Hillary Benanzer, Ohio University, Athens, USA; Tao Lin, Ohio University, Athens, USA; Suzannah J. Stone, Ohio University (Athens, OH USA); Kim de Jong, Leiden University, Netherlands; Timothy Anderson, Ohio University, Athens, USA
- **The relationship between nonverbal skills and interpersonal effectiveness, and the effects of therapist training.** Yocheved Ferstenberg, Yeshiva University, New York, USA; Katie Aafjes-van Doorn, Yeshiva University, New York, USA; Jordan Bate, Ferkauf Graduate School of Psychology
- **What are the nonverbal physiological and emotional features of a therapist's internal experience that are associated with high**

facilitative interpersonal skills?. Lyles Swift-Farley, New School University, New York, USA; Joshua Maserow, New School University, New York, USA; Evan Henritze, New School University, New York, USA; Timothy Anderson, Ohio University, Athens, USA; Jordan Bate, Ferkauf Graduate School of Psychology

- **Physiological Response of Therapists During the FIS Performance Task.** Kim de Jong, Leiden University, Netherlands; Noha Yassen, Leiden University, Netherlands; Kane Steggles, Leiden University, Netherlands; Tom Seinen, Erasmus University Medical Center, Rotterdam, Netherlands

202.

PANEL

Organizer: *Barry Farber, Columbia University, New York, USA*

Moderator: *Jesse Geller, Columbia University, New York, USA*

Saturday | 16:30-17:50 | Auditorium 02

Therapist Courage

- **The Nature and Dimensions of Therapists' Courage.** Jesse Geller, Columbia University, New York, USA
- **Courage in Therapists, a Japanese Perspective.** Yuka Kimura, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan
- **Therapist Ghosting.** Lauren McMullen, Teachers College, Columbia; Daisy Ort, Columbia University, New York, USA

Discussant: David Orlinsky, University of Chicago, USA

203.

PANEL

Organizer: *Andrew Page, University of Western Australia, Perth*

Moderator: *Andrew Page, University of Western Australia, Perth*

Saturday | 16:30-17:50 | Auditorium 03

Personalizing Psychotherapy for Clients at Risk: Assessment, Client Experience, and Treatment

- **The effects of baseline suicidality on alliance through client moderators: a petition for predictive utility.** Katherine Davis, Penn State University, University Park, USA; Louis Castonguay, Penn State University, University Park, USA; Rebecca Janis, Penn State University, University Park, USA; Dever Carney, Penn State University, University Park, USA; Jeff Hayes, Penn State University, University Park, USA
- **A vicious cycle between perceived burdensomeness and self-harm: Implications for psychotherapy.** Priyanjali Mithal, University of Western Australia, Australia; Andrew Page,

University of Western Australia, Perth; Geoff R. Hooke, University of Western Australia and Perth Clinic, Perth; Michael Kyron, University of Western Australia, Perth

- **Addressing the science-practice gap in high-risk criminal justice system involved youth through implementation science and community based participatory research.** Soo Jeong Youn, Massachusetts General Hospital; David Zepeda, Boston University
- **Relative effectiveness of a brief transdiagnostic Dialectical Behavior Therapy.** Lillian Seow, University of Western Australia, Australia; Geoff R. Hooke, University of Western Australia and Perth Clinic, Perth; Andrew Page, University of Western Australia, Perth

204.

PANEL

Organizer: *Natalie Shapira, Bar Ilan University, Israel*

Moderators: *Natalie Shapira, Bar Ilan University, Israel; Katie Aafjes-van Doorn, Yeshiva University, New York, USA;*

Saturday | 16:30-17:50 | Auditorium 04

Using Natural Language Processing and Machine Learning Approaches to Advance Psychotherapy Research

- **ML in psychotherapy on the future directions in the field with regards to multi-modal analyses of data.** Katie Aafjes-van Doorn, Yeshiva University, New York, USA
- **Some things machine learning and natural language process can and cannot do for psychotherapy research.** Michael Tanana, University of Utah, Salt Lake City, USA; Simon Goldberg, University of Wisconsin, Madison, USA; David Atkins, University of Washington; Zac Imel, University of Utah, Salt Lake City, USA
- **Using Computerized Text Analytic Methods to Examine Linguistic Congruence Between Clients and Therapists and its Association with Treatment Process and Outcome.** Natalie Shapira, Bar Ilan University, Israel; Dana Atzil-Slonim, Bar Ilan University; Yoav Goldberg, Bar Ilan University, Israel

Discussant: Zac Imel, University of Utah, Salt Lake City, USA

205.
PANEL

Organizer: *Helene Nissen-Lie, University of Oslo, Norway*

Moderator: *Helene Nissen-Lie, University of Oslo, Norway*

Saturday | 16:30-17:50 | Auditorium 05
Adaptations of psychotherapy for depressed patients with specific vulnerabilities

- **Trajectories of change in psychotherapy for chronically depressed patients: Differences in self-criticism and somatic symptoms between users and non-users of antidepressant medication.** Andreas Høstmælingen, University of Oslo, Norway; Pål G. Ulvenes, University of Oslo, Norway; Helene Nissen-Lie, University of Oslo, Norway; Mikkel Eielsen, University of Oslo, Norway; Bruce E. Wampold, Modum Bad Research Institute, Vikersund, Norway
- **Adaptation and Implementation of Self-System Therapy for Depression in Older Adults with Advanced Lung Cancer.** Katherine Ramos, Duke University, Durham, USA; Timothy J. Strauman, Duke University, Durham, USA
- **Exploring counselling outcomes in depression with vulnerable populations.** Robbie Babins-Wagner, Calgary Counselling Centre
- **Psychopathology of anorexia nervosa: The schizoid defence from depression. Report of a single case..** Ludovica Costantino, Sapienza University of Rome, Italy; Il sogno della farfalla - Journal of psychiatry and psychotherapy

Discussant: Jaime Delgado, University of Sheffield, UK

206.
PANEL

Organizer: *Brittany King, University at Albany/SUNY, USA*

Moderator: *Brittany King, University at Albany/SUNY, USA*

Saturday | 16:30-17:50 | Auditorium 06
Routine clinical assessment and feedback: Innovative approaches to assessments of psychotherapy process and progress

- **Patterns of Change and Change Mechanisms in Psychotherapy for Depression: Which comes first, resource or problem activation?.** Danilo Moggia, Universität Trier, Germany; Jessica Prinz, Universität Trier, Germany; Susanne Edelbluth, Universität Trier, Germany; Brian Schwartz, Universität Trier, Germany; Wolfgang Lutz, Universität Trier, Germany
- **Development and Validation of a Clinician Self-Report Fidelity Measure for Implementation in an Intensive Eating Disorder Treatment Setting.** Jennifer Oswald,

Brown University, Providence, USA; James F Boswell, University at Albany, State University of New York; Melanie Smith, The Renfrew Center; Gayle Brooks, The Renfrew Center

- **Therapist and client attitudes toward client independent review of recorded psychotherapy sessions.** Brittany King, University at Albany/SUNY, USA; James F Boswell, University at Albany, State University of New York
- **The role of therapists' awareness of patients' functioning for the effects of ROM and feedback.** Julian Rubel, University of Giessen, Germany; Frederik Rapp, University of Giessen, Germany; Brian Schwartz, Universität Trier, Germany; Mila Hall, University of Giessen, Germany; Robin Wester, University of Giessen, Germany; Christopher Lalk, University of Giessen, Germany; Wolfgang Lutz, Universität Trier, Germany

207.
PANEL

Organizer: *Christoph Flückiger, University of Zurich, Switzerland*

Moderator: *Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina*

Saturday | 16:30-17:50 | Auditorium 07

IMPLEMENT 2.0: A Comprehensive Trial of Cognitive-Behavioral Therapy for Generalized Anxiety Disorder

- **Predictors of change in patient treatment outcome expectation during cognitive-behavioral psychotherapy for generalized anxiety disorder.** Andreea Visla, University of Zurich, Switzerland; Michael Constantino, University of Massachusetts Amherst; Christoph Flückiger, University of Zurich, Switzerland
- **Interpersonal cognitions as a mechanism of change in Cognitive Behavioral Therapy for Generalized Anxiety Disorder.** Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Peter Hilpert, University of Lausanne; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland; Christoph Flückiger, University of Zurich, Switzerland
- **Do strength-oriented predictors at intake predict the course of therapy-outcome after completion of a CBT for patients with GAD beyond problem-oriented predictors at intake? A multi-predictor analysis.** Greta Helene Probst, University of Zurich, Switzerland; Andreea Visla, University of Zurich, Switzerland; Christoph Flückiger, University of Zurich, Switzerland

- **Exploring change in cognitive-behavioral therapy for generalized anxiety disorder - A two-arms ABAB crossed-therapist randomized clinical implementation trial.** Christoph Flückiger, University of Zurich, Switzerland; Andreea Visla, University of Zurich, Switzerland; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland; Wolfgang Lutz, Universität Trier, Germany; Mathias Allemand, Aalborg University, Denmark

208.
PANEL

Saturday | 16:30-17:50 | Auditorium 08
A dyadic framework for understanding and assessing countertransference feelings

Moderator: *George Silberschatz, University of California, San Francisco, USA*

- **How do patients experience their therapist's countertransference feelings?.** Denise Lew, San Francisco Psychotherapy Research Group
- **The psychometric properties of the patient's and therapist's experience of attunement and responsiveness scale.** Xiaochen Luo, Santa Clara University
- **Within and between effects of in-session countertransference feelings on felt attunement in psychotherapy dyads over time.** Olivia Tabaczyk, Palo Alto University, USA; James McCollum, San Francisco Psychotherapy Research Group; George Silberschatz, University of California, San Francisco, USA; Denise Lew, San Francisco Psychotherapy Research Group; Robert Wickham, Palo Alto University, USA

Discussant: James McCollum, San Francisco Psychotherapy Research Group

209.
PANEL

Saturday | 16:30-17:50 | Auditorium 09
Scrutiny in psychotherapy outcome research: Interindividual differences in treatment effects, risk of bias, and intensity of control groups

Organizer: *Thomas Munder, University of Zurich, Switzerland*

Moderator: *Thomas Munder, University of Zurich, Switzerland*

- **Mentalization-based treatment for borderline personality disorder and other disorders – a systematic review and meta-analysis of MBT treatments in BPD and other disorders.** Tobias Nolte, University College, London, UK; Chloe Campbell, University College, London, UK; Thomas Munder, University of Zurich, Switzerland; Anthony

Bateman, University College, London, UK;
Patrick Luyten, University College London; Peter
Fonagy, University College, London, UK

- **Intensity of treatment as usual in randomized trials of psychotherapy for depression: A pre-registered meta-analysis..** Thomas Munder, University of Zurich, Switzerland; Alessia Geisshüsler, University of Zurich, Switzerland; Tobias Krieger, University of Bern, Switzerland; Johannes Zimmermann, Universität Kassel, Germany; Markus Wolf, University of Zurich, Switzerland; Thomas Berger, University of Bern, Switzerland; Birgit Watzke, University of Zurich, Switzerland
- **Interindividual Differences in Treatment Effects Based on Structural Equation Models with Latent Variables: An EffectLiteR Tutorial.** Johannes Zimmermann, Universität Kassel, Germany; Axel Mayer, Bielefeld University, Germany; Jürgen Hoyer, Technical University Dresden, Germany; Simone Salzer, International Psychoanalytic University Berlin, Germany; Jörg Wiltink, Johannes Gutenberg-Universität Mainz, Germany; Eric Leibling, Aalborg University, Denmark; Falk Leichsenring, Justus Liebig University Giessen

Discussant: Jack Keefe, Weill Medical College of Cornell University

210. Saturday | 17:50-18:00 | Break
Break

211. Saturday | 18:00-19:00 | Auditorium 01
PLENARY
Past Presidential Address

- **After all these years.... Are we progressing?.** Bruce E. Wampold, Modum Bad Research Institute, Vikersund, Norway

212. Saturday | 19:00-19:15 | Auditorium 01
CEREMONY
Farewell

213. Saturday | 20:00-22:00 | Auditorium 01
SOCIAL
Online Social Event

Drop-In Poster Sessions

(Poster booths are accessible for drop-in browsing throughout the conference)

214.
POSTERS

Wednesday June 23 through Saturday June 26 | Poster Hall

Drop-In Poster Sessions

- **A Qualitative Single Case Study about Testing in the Therapeutic Relationship according to the Control-Mastery-Theory.** Pauline Herrmann, University of Klagenfurt, Austria; Jennifer Kadur, Alpen-Adria-Universität, Klagenfurt, Austria; Dorothea Huber, International Psychoanalytic University, Berlin, Germany; Günter Klug, Technische Universität München; Imke Grimm, International Psychoanalytic University, Berlin, Germany; Sylke Andreas, University of Klagenfurt, Austria
- **The Voice of the Parents in a Therapeutic Process with their Trans* Teenagers: Approaching to a Culturally Competent Model of Psychotherapy.** Christian Spuler, Universidad Diego Portales, Santiago, Chile
- **The adaptation of the Innovative Moments Coding System to the group intervention: a preliminary study.** Giovanna Esposito, University of Naples Federico II; Anna Sara Cutolo, University of Naples Federico II; Raffaella Passeggia, University of Naples Federico II; Miguel Gonçalves, University of Minho; Maria Francesca Freda, University of Naples Federico II
- **A text analysis of therapist emotional experiencing as a result of alliance-focused training (AFT).** Stephanie Soutanian, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **Evidence of Fidedignity and Validity of Operationalized Psychodynamic Diagnosis in Childhood and Adolescence (OPD-CA-2) into Brazilian Portuguese.** Gabriela Quadros de Lima Stenzel, Universidade do Vale do Rio dos Sinos / UNISINOS; Eduardo Brusius Brenner, Universidade do Vale do Rio dos Sinos; Vera Regina Ramires, Universidade do Vale do Rio dos Sinos

- **Personalized interventions for chronic pain management: preliminary feasibility and effectiveness of an Ecological Momentary Intervention for Fibromyalgia management to improve patient's quality of life.** Guadalupe Molinari, Universidad Internacional de Valencia; Mónica Navarro Sánchez, Universitat Jaume I; Carlos Suso Ribera, Universitat Jaume I; Rosa Baños, Instituto de Salud Carlos III, Spain; Azucena García Palacios, CIBER of Physiopathology of Obesity and Nutrition
- **Mature defensive style is positively and depressive symptoms and negative affectivity are negatively associated to resilience in psychotherapy patients.** Leonardo Gonçalves, Universidad Federal do Rio Grande do Sul, Brasil; Eric Marques Januário, Universidade Federal do Rio Grande do Sul; Neusa Rocha, UFRGS- Universidade Federal do Rio Grande do Sul
- **A Systematic Review of Empirical Studies on Psychotherapists' Emotions.** Anton Marx, University of Munich, Germany; Eva Reim, Ludwig-Maximilians-Universität, Munich, Germany; Christian Woll, Ludwig-Maximilians-Universität, Munich, Germany; Corinna Reck, Ludwig-Maximilians-Universität, Munich, Germany
- **Text mining diaries from internet-delivered psychotherapy for generalized anxiety disorder: A proof of concept.** Sanna Mylläri, University of Helsinki, Finland; Suoma Saarni, HUS Helsinki University Hospital; Ville Ritola, HUS Helsinki University Hospital, Finland; Jan-Henry Stenberg, HUS Helsinki University Hospital, Finland; Grigori Joffe, HUS Helsinki University Hospital, Finland; Tom Rosenström, University of Helsinki, Finland
- **Research on Interpersonal group for survivors of sexual violence.** Milena Alincova, Kings College NHS Trust, London
- **Humor in Psychotherapy - Checking the Validity of a Banter Category System in Different Psychotherapeutic Settings.** Andre Baumann, University of Klagenfurt, Austria; Sylke Andreas, University of Klagenfurt, Austria; Dorothea Huber, International Psychoanalytic University, Berlin, Germany; Günter Klug, Technische Universität München; Imke Grimm, International Psychoanalytic University, Berlin,

Germany; Adrian Brooks, University of
Klagenfurt, Austria

- **The Finnish Psychotherapy Quality Registry – A Standardized follow-up-system of psychotherapy.** Suoma Saarni, HUS Helsinki University Hospital; Tom Rosenström, University of Helsinki, Finland
- **A Qualitative Investigation of the Safe and Effective Use of Humour in Psychotherapy.** Geoffrey Stone, University of Ottawa, Canada; Nicola Gazzola, University of Ottawa, Canada
- **The role of culture regarding change processes in multi-person psychotherapy.** Sina Baader, Universität zu Köln; Ali Al-Hasani, Witten/Herdecke University; Nina Immel, Pontificia Universidad Católica de Chile, Santiago; Christina Hunger-Schoppe, Witten/Herdecke University
- **The impact of life events on symptom burden – Within- and between-patient associations.** Christopher Lalk, University of Giessen, Germany; Julian Rubel, University of Giessen, Germany; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Tobias Krieger, University of Bern, Switzerland; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland
- **Testing a Simple Warning System for Community-Based Parent Child Interaction Therapy.** Christie Karpiak, University of Scranton, USA; Jack Golden, University of Scranton, USA; Jessica Goldschlager, University of Scranton, USA; Laura Rebolledo, University of Scranton, USA
- **Functional Magnetic Resonance Imaging of Patients with Major Depressive Disorder Undergoing Psychotherapy: a Systematic Review.** Gianfranco Rizzotto de Souza, Universidade Federal de Ciências da Saúde de Porto Alegre; Felipe Cesar de Almeida Claudino, Universidad Federal do Rio Grande do Sul, Brasil; Reebeca Menegol, Universidade Federal do Rio Grande do Sul; Augusto Mádke Brenner, Universidade Federal de Ciências da Saúde de Porto Alegre; Victória Machado Scheibe, Universidade Luterana do Brasil; Josiane Maliuk, universidade federal do rio grande do sul; Neusa Rocha, UFRGS-Universidade Federal do Rio Grande do Sul

- **BDNF levels and association with depressive symptoms in patients undergoing individual psychotherapy: a naturalistic study.** Felipe Cesar de Almeida Claudino, Universidad Federal do Rio Grande do Sul, Brasil; Leonardo Gonçalves, Universidad Federal do Rio Grande do Sul, Brasil; Neusa Rocha, UFRGS-Universidade Federal do Rio Grande do Sul
- **The Experiences with Gay, Lesbian and Bisexual Patients: Approaching to a Culturally Competent Model of Psychotherapy.** Catalina Rosenbaum, Universidad Diego Portales, Santiago, Chile; Jesús Vidal, Universidad Diego Portales, Santiago, Chile; Alemka Tomicic, Universidad Diego Portales, Santiago, Chile; Constanza Galvez, Universidad Diego Portales, Santiago, Chile; Juliana Rodriguez, Universidad Diego Portales, Santiago, Chile
- **Advancing the Understanding of Factors that Influence Client Preferences for Race and Gender Matching in Psychotherapy.** Gabrielle Ilagan, McLean Hospital; Laurie Heatherington, Williams College, Massachusetts, USA
- **A Phenomenological Analysis of Couple and Family Therapists' Experiences Forming and Maintaining Therapeutic Alliances in Telehealth Settings.** Edmund Orłowski, University at Albany/SUNY, USA; Myrna Friedlander, University at Albany/SUNY, USA; Shayne Anderson, Brigham Young University, Provo, USA
- **System Contextual Integrated Model for Affective-Cognitive Processing and Behavioral Health.** Raymond Hawkins, University of Texas at Austin; Catherine Hawkins, Texas State University
- **Slow Rhythmic Breathing as Effective Method Supporting Psychotherapy Process of Trauma and Claustrophobia in Head and Neck Cancer Patients..** Alicja Heyda, Maria Skłodowska Curie National Research Institute of Oncology; Agata Bieleń, Maria Skłodowska-Curie National Research Institute of Oncology, Gliwice Branch; Krzysztof Skłodowski, Maria Skłodowska Curie Research Institute of Oncology, Gliwice Branch
- **Perception of Mental Health Professionals to the Emotional Impact of the COVID-19 Pandemic and the Provision of Psychotherapy Services in Mexico.** Beatriz

Adriana Corona-Figueroa, Universidad Gabriela Mistral, Santiago, Chile; Cielo Cristina Mejía-Montoya, Clinical Psychology Chilean Society, Santiago; Ana Paulina Campos Tapia, Clinical Psychology Chilean Society, Santiago

- **How Graduate-student or Recent Graduate Psychotherapists Experience and Manage Errors in Psychotherapy.** Sarah Knox, Marquette University, Milwaukee, USA; Kariße Callender, Marquette University, Milwaukee, USA; Tin Weng (Angel) Mak, Marquette University, Milwaukee, USA; Shannon Skaistis, Marquette University, Milwaukee, USA; Graham Knowlton, Milwaukee VA
- **The Effectiveness of Different Strategies for Coping During the COVID-19 Pandemic: A Randomized Clinical Trial.** Rivian Lewin, University of Memphis; Jeffrey Berman, University of Memphis; Rachel Pace, University of Memphis; Andrew Snell, University of Memphis; Olivia Glasgow, University of Memphis; Audrey Garrett, University of Memphis
- **A Telehealth Adaptation of CARE: Navigating Pandemic-Related Stress and Anxiety in a Group Parenting Intervention.** Kristen Gardiner, Montefiore Medical Center; Anne Pang, Montefiore Medical Center; Anna Kilbride, Albert Einstein College of Medicine / Montefiore Medical Center; Adella Nikitiades, Montefiore Medical Center; Amanda Zayde, Albert Einstein College of Medicine / Montefiore Medical Center
- **The Trier Treatment Navigator (TTN) in action: Clinical case study on the benefits and challenges of Routine Outcome Measurement (ROM).** Jana Wasserheiß, Universität Trier, Germany; Wolfgang Lutz, Universität Trier, Germany
- **COVID-19 Lockdown Experience of Elderly Female as Reflected in Their Artwork.** Liat Shamri-Zeevi, Haifa University, Israel; Neta Ram-Vlasov, Beit-Berel, Israel
- **Predicting Defensive Functioning Rating Scale (DMRS) Repression Scores from Adult Attachment Interviews (AAs) using an Artificial Neural Network.** Samantha Carlucci, University of Ottawa, Canada; James Wiley, Carleton University; Livia Chyurlia, University of Ottawa, Canada; Michelle Presniak, Ottawa Neurofeedback Centre; Nancy Mcquaid, University of Ottawa, Canada; Robert Hill, University of Ottawa, Canada; Stephanie Wiebe,

Saint Paul University, Ottawa, Canada; Camille Garceau, University of Ottawa, Canada; Danielle Baldwin, University of Ottawa, Canada; Chloe Slowikowski, University of Ottawa, Canada; Iryna Ivanova, Dr. Ivanova Psychology & Associates; Renee Grenon, University of Ottawa, Canada; Louise Balfour, Ottawa Hospital/University of Ottawa, Canada; Giorgio Tasca, University of Ottawa, Canada

- **Memory Lane: Successful Resolutions as a Potential Path Towards Corrective Emotional Experiences.** Yara Khoury, University of Haifa, Israel; Tal Ben David-Sela, Haifa University, Israel; Liat Leibovich, University of Haifa, Israel; Sigal Zilcha-Mano, University of Haifa, Israel
- **Coercion and Control: Understanding Safety in Couple Therapy.** AnnaLisa Carr, Brigham Young University, Provo, USA; Lee Johnson, Brigham Young University, Provo, USA
- **Assessing the Western Components of Psychotherapy.** Jessica Ahn, University of British Columbia, Vancouver, Canada; Robinder Bedi, University of British Columbia, Vancouver, Canada; Rajneesh Choubisa, Birla Institute of Technology and Science; Namita Ruparel, School of Business, Woxsen University
- **The Ability of Nonverbal Synchrony to Serve as a Marker of Alliance Ruptures.** Galit Peysachov, University of Haifa, Israel; Keren Cohen, University of Haifa, Israel; Tohar Dolev-Amit, University of Haifa, Israel; Fabian Ramseyer, Universität Bern; Sigal Zilcha-Mano, University of Haifa, Israel
- **The Alliance-Outcome Relationship: An Examination of Therapeutic Outcome Knowledge for its Impact on Alliance Ratings.** Susan Lokhorst, University of Minnesota Duluth; Catherine Reich, University of Minnesota Duluth
- **Therapist effects in CBT: Do treatment adherence and therapist competence predict outcome?.** Jana Wasserheß, Universität Trier, Germany; Jessica Prinz, Universität Trier, Germany; Wolfgang Lutz, Universität Trier, Germany
- **Do you feel the same? An examination of the relationship between emotional synchrony and the therapeutic relationship using AI-assisted assessments..** Patrick Terhüme,

Universität Trier, Germany; Wolfgang Lutz,
Universität Trier, Germany

- **A Randomized Controlled Trial to Evaluate the Efficacy of Two Internet-based Self-help Interventions for Loneliness: A study protocol.** Noëmi Seewer, University of Bern, Switzerland; Anton Käll, Linköping University, Stockholm, Sweden; Gerhard Andersson, Linköping University, Stockholm, Sweden; Andrej Skoko, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland; Tobias Krieger, University of Bern, Switzerland
- **Deliberate practice in the initial counseling skills training of Japanese graduate students: A pilot study.** Kaori Nakamura, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan
- **Therapeutic Mechanisms of Change in Multicomponent Treatment: Dynamic Panel Network Model.** Adam Klocek, Masaryk university, Czech Republic; Tomáš Řiháček, Masaryk University, Brno, Czech Republic; Hynek Cígler, Masaryk university, Czech Republic
- **The Swiss Practitioner-Researcher Network Study on Emotion-Focused Therapy (EFT): Design and first results.** Ines Culina, University of Fribourg, Switzerland; Catalina Woldarsky Meneses, York University, Canada; Marielle Sutter, University of Bern, Switzerland; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland; Ueli Kramer, Institute of Psychotherapy, Lausanne, Switzerland
- **Reliability and validity of the evaluation questionnaire for concentrative movement therapy.** Klaus-Peter Seidler, Hannover Medical School, Germany; Swantje Grützmaker, GRC Clinics | Wiegmann Clinic, Berlin, Germany; Alexandra Epner, Helios Dr. Horst Schmidt Kliniken, Wiesbaden, Germany; Karin Schreiber-Willnow, Köln, Germany
- **Personal Style of the Therapist: Semantic validation of the questionnaire in Colombian population.** Nubia Apolinar, El Bosque University, Colombia; Nicolas Lozano Hernández, El Bosque University, Colombia; Manuel Paez Bozon, El Bosque University, Colombia; Adriana Trujillo, El Bosque University, Colombia

- **Show me the Motives of Feeling Lonely: Findings on the Relationship between Motives, Incongruence and Loneliness in an Outpatient Sample.** Andrej Skoko, University of Bern, Switzerland; Martin Grosse Holtforth, University of Bern, Switzerland; Inselehospital Bern, Switzerland; Noëmi Seewer, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland; Tobias Krieger, University of Bern, Switzerland
- **Development and pilot investigation of a questionnaire for the assessment of generic intercession processes in psychotherapy.** Leonie Kollmar, Aalborg University, Denmark; Thomas Munder, University of Zurich, Switzerland; Birgit Watzke, University of Zurich, Switzerland
- **[OPTIMIZE] Optimizing cognitive-behavioral therapy for social anxiety disorder using the factorial design: what works best and how does it work?.** Dajana Šipka, University of Bern, Switzerland; Rodrigo Lopes, University of Bern, Switzerland; Tobias Krieger, University of Bern, Switzerland; Jan Philipp Klein, University of Bern, Switzerland; Thomas Berger, University of Bern, Switzerland
- **Sharing is caring? Higher expectations of alliance predict less sharing in real life.** Timur Guralnik, Haifa University, Israel; Shimrit Fisher, Haifa University, Israel; Sigal Zilcha-Mano, University of Haifa, Israel
- **Hypnotizability in patients with psychosomatic pain disorders.** Anna Kaczmarek, Jagiellonian University, Kraków, Poland; Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland; Michał Mielimaka, Dpt. of Psychotherapy, Jagiellonian University Medical College
- **Predicting Romantic Partners' Treatment Preferences Prior to Beginning Couple Therapy.** Edmund Orłowski, University at Albany/SUNY, USA; Lee Johnson, Brigham Young University, Provo, USA; Shayne Anderson, Brigham Young University, Provo, USA; Myrna Friedlander, University at Albany/SUNY, USA
- **How Do You Define 'Expert Psychotherapist'? A Systematic Review.** Felipe Concha, Universidad Diego Portales, Santiago, Chile

- **Navigating ambivalence and resistance well: Validating a simplified therapist behavior monitoring system..** David Olson, York University, Canada; Henny Westra, York University, Canada; Nazanin Shekarak Ghashghaei, York University, Canada; Serena Shukla, York University, Canada; Alyssa Di Bartolomeo, York University, Canada
- **The Open Studio Therapeutic Process in a Psychiatric Setting for Adolescents from the Point of View of Clients and Therapists and its Reflection in the Artwork: A Qualitative Analysis.** Daniela Finkel, Haifa University, Israel; Michal Bat Or, Haifa University, Israel
- **Routine outcome monitoring and personalized clinical feedback for people in treatment for substance use disorders: A mixed-method adaption study..** Øyvind Grindheim, Norwegian University of Science and Technology, Tordheim, Norway; Heidi Brattland, Tiller Mental Health Center, St. Olavs Hospital; Andrew McAleavey, Weil Cornell Medical College; Christian Moltu, Western Norway University of Applied Sciences; Kristin Tømmervik, St.Olavs hospital HF; Valentina Iversen, Norwegian University of Science and Technology, Tordheim, Norway
- **Mentalization-enhancing therapeutic interventions in the psychotherapy of anorexia nervosa: An analysis of use and influence on patients' mentalizing capacity..** Alexander Ferdinand Meier, University of Freiburg, Germany; Almut Zeeck, University of Freiburg, Germany; Svenja Taubner, University of Heidelberg, Germany; Thorsten-Christian Gablonski, University of Klagenfurt, Austria; Inga Lau, University of Freiburg, Germany; Romi Preiter, University of Freiburg, Germany; Hannes Gläser, University of Freiburg, Germany; Christoph Friederich, University Hospital, Heidelberg, Germany; Wolfgang Herzog, University Hospital, Heidelberg, Germany; Stephan Zipfel, University Hospital, Tuebingen, Germany; Beate Wild, University Hospital, Heidelberg, Germany; Gaby Resmark, University Hospital, Tuebingen, Germany; Armin Hartmann, University of Freiburg, Germany
- **The relationship between epistemic trust and personality disorders in the treatment of MDD.** Ariel Donskoy, Haifa University, Israel;

Shimrit Fisher, Haifa University, Israel; Sigal Zilcha-Mano, University of Haifa, Israel

- **A Qualitative Exploration of Counselling Interns' Management of Feelings of Incompetence.** Brad Daly, Western University, London, Canada; Lydie Masengo, University of Ottawa, Canada; Nicola Gazzola, University of Ottawa, Canada
- **The Ability of Trait-like and State-like Attachment to predicting Alliance Ruptures.** Rahil Tareef, Haifa University, Israel; Tohar Dolev-Amit, University of Haifa, Israel; Sigal Zilcha-Mano, University of Haifa, Israel
- **The Development and Initial Validation of the Cultural Humility and Enactment Scale in Counseling.** Peitao Zhu, Northern Illinois University; Yanhong Liu, Aalborg University, Denmark; Melissa Luke, Aalborg University, Denmark; Qiu Wang, Aalborg University, Denmark
- **A trial qualitative meta-analysis of three qualitative studies on therapists' self-disclosure and professional development of novice therapists.** Akihiro Kusaoka, Hokkaido University, Japan
- **There's no hope, is there? A qualitative analysis of change expectations in long-term depressed patients in day clinic treatment.** Catherine Imiger, University of Zurich, Switzerland; University of Bern, Switzerland; Martin Grosse Holtforth, University of Bern, Switzerland; Inselspital Bern, Switzerland; Rainer Krähenmann, University of Zurich, Switzerland; Psychiatric Hospital Münsterlingen, Switzerland
- **Evaluating Patient and Clinician Perceptions of Touch Within the Context of the Therapeutic Alliance.** Rachel Keitelman, Ferkauf Graduate School of Psychology; Melissa Wasserman, Ferkauf Graduate School of Psychology; Catherine Eubanks, Yeshiva University, New York, USA
- **Play Profiles of Children with Different Psychopathologies: Adaptation of the Children's Play Therapy Instrument (CPTI) into Brazilian Portuguese.** Eduardo Brusius Brenner, Universidade do Vale do Rio dos Sinos; Vera Regina Ramires, Universidade do Vale do Rio dos Sinos

- **Agreement in Patient-Therapist Alliance Ratings and Its Relation to Dropout and Outcome in a Large Sample of Cognitive Behavioral Therapy for Panic Disorder.** Rotem Moshe-Cohen, Hebrew University, Jerusalem, Israel; Yogev Kivity, Bar Ilan University; Jonathan Huppert, Hebrew University, Jerusalem, Israel; David Barlow, Boston University, USA; Jack Gorman, Franklin Behavioral Health Care Consultants and Critica LLC, Bronx, NY, USA; Katherine Shear, Columbia University, USA; Scott Woods, Yale University, USA
- **Functions of non-verbal communication in psychotherapy: A systematic review of the last decade (2009-2019).** Jesús Vidal, Universidad Diego Portales, Santiago, Chile; Claudio Martínez, Universidad Diego Portales, Santiago, Chile; Sebastián Rubilar, Universidad Diego Portales, Santiago, Chile
- **Young adults' vulnerability, parental responsiveness and treatment outcome in relationship-focused therapy for sexual and gender minority adults and their non-accepting parents.** Shira Katz, Ben Gurion University, Beer Sheva, Israel; Gary Diamond, Ben Gurion University, Beer Sheva, Israel
- **Uncovering the hidden assumptions that guide sexual communication in romantic relationships.** Monica Bridge, Saint Paul University, Ottawa, Canada; Stephanie Wiebe, Saint Paul University, Ottawa, Canada; Sara Kriplani, Saint Paul University, Ottawa, Canada
- **Mindfulness and mindfulness practice predict interleukin-6 responses to a mindfulness-based alcohol relapse prevention intervention.** Andrew McClintock, University of Wisconsin, Madison, USA; Shannon McCarrick, Access Community Health Centers
- **Creating a Model of a Client Process in the First Session of Psychotherapy - an Analysis of AEDP Sessions -.** Marina Yabuki, Ochanomizu University, Tokyo, Japan
- **What did I do? what am I doing? what could I do? using videofeedback to develop psychologists' skills during their training.** Pedro Fuentes, Universidad Santo Tomás, Santiago, Chile; Elizabeth Aranda, Universidad Santo Tomás, Talca, Chile; María Carolina Pardo, Universidad Santo Tomás,

Santiago; Alejandro Gajardo, Universidad Santo Tomás, Santiago; Nelson Valdes-Sanchez, Universidad Santo Tomás, Santiago, Chile

- **Patients' experience of alliance rupture and repair: A qualitative analysis of patients' written responses on a direct report measure.** Meital Bendet, The Wright Institute; Jessica DeNero, New School University, New York, USA; Lauren Lipner, Mount Sinai Beth Israel, New York, USA; Catherine Eubanks, Yeshiva University, New York, USA; Chris Muran, Adelphi University, New York, USA
- **E(f)FACTS (Emotionally FocusEd Couples Therapy in Spanish): A step forward in improving couple therapy among Latinos..** Ragan Lybbert, Brigham Young University, Provo, USA; Martiño Rodriguez-Gonzalez, Universidad de Navarra; Shayne Anderson, Brigham Young University, Provo, USA; María Calatrava, Universidad de Navarra; Marie-France Lafontaine, University of Ottawa, Canada; Paul S. Greenman, Université du Québec en Outaouais; Alfonso Osorio, Universidad de Navarra
- **Living in Pandemia: beliefs, attitudes, and psychological distress and wellbeing.** Gabriel Mortara, universidad de flores; Flavio Calvo, Universidad de Flores; Edgardo Etchezahar, Universidad de Flores; Elena Scherb, Universidad de Flores; Bernardo Kerman, Universidad de Flores
- **User Experiences of laypeople, patients, and experts testing a virtual reality intervention for claustrophobia.** Gwendolyn Mayer, Heidelberg University, Germany; Nadine Gronewold, Heidelberg University, Germany; Svenja Hummel, Heidelberg University, Germany; Neele Oetjen, Heidelberg University, Germany; Kirsten Polte, Heidelberg University, Germany; Jakob Korbel, Technical University Berlin, Germany; Jobst-Hendrik Schultz, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital
- **Psychophysiological synchrony between therapists and clients in helpful events in psychotherapy.** Vânia Silva, Universidade do Minho, Braga, Portugal; Patrícia Oliveira-Silva, Universidade Católica, Porto; Adriana Sampaio, Universidade do Minho, Braga, Portugal; Ângela Ferreira, Universidade do Minho, Braga, Portugal; Eugénia Ribeiro, University of Minho

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- **The Relationship Between Therapist Interventions and Couples' Emotional Injury Resolution in Emotion Focused Couples Therapy.** Ofra Kula, Ben Gurion University, Beer Sheva, Israel; Eran Bar-Kalifa, Ben Gurion University, Beer Sheva, Israel; Reut Machluf, Ben Gurion University, Beer Sheva, Israel; Ben Shahar, Hebrew University, Jerusalem, Israel
- **Psychotherapists' Perceptions of their Clinical Skills and In-Session Feelings in Live Therapy vs. Online Therapy: A Pilot Study on COVID-19 Pandemic Experience.** Irene Messina, Universitas Mercatorum, Rome; Henriette Loeffler-Stastka, Medical University of Vienna, Austria; David Orlinsky, University of Chicago, USA
- **Refining the Relational Cognitions and Affects Questionnaire (RCA-Q).** Ken Critchfield, James Madison University; Tiffany Pempek-Rahl, James Madison University; Eliza Stucker-Rozovsky, James Madison University; Julia Dobner-Pereira, James Madison University; Priyata Thapa, James Madison University
- **Comorbid health problems in a psychiatric sample linked to interpersonal histories and personality disorder diagnosis.** Priyata Thapa, James Madison University; Mona Al-Bizri, James Madison University; Ashley Woods, James Madison University; Ken Critchfield, James Madison University
- **Using Natural Language Processing to investigate the Therapeutic Dialogue in Psychodynamic Therapy.** Amir Eliassaf, Bar-

Ilan University, Ramat Gan, Israel; Dana Atzil-Slonim, Bar Ilan University

- **Development of a trans-diagnostic mobile app to support inter-session processes in psychotherapy.** Gvantsa Jinashvili, University of Zurich, Switzerland; Catherine Imiger, University of Zurich, Switzerland; University of Bern, Switzerland; Markus Wolf, University of Zurich, Switzerland; Mateusz Dolata, University of Zurich, Switzerland; Dario Stähelin, University of Zurich, Switzerland; Gerhard Schwabe, University of Zurich, Switzerland; Birgit Watzke, University of Zurich, Switzerland
- **Understanding the subjective experience of psychologists in the Program of mistreatment and serious abuse in relation to the rupture of the therapeutic alliance: A qualitative study..** Alexandra Soto, Universidad de Playa Ancha; Valdés Michelle, Universidad de Playa Ancha; Danae Zuleta, Universidad de Playa Ancha; Cecilia de la Cerda, Universidad de Playa Ancha, Valparaiso, Chile
- **Chilean Students and Psychotherapists' Beliefs and Prejudices Regarding Sexual and Gender Diversity.** Claudio Martínez, Universidad Diego Portales, Santiago, Chile; Alemka Tomacic, Universidad Diego Portales, Santiago, Chile; Angelo Brandelli Costa, Pontificia Universidad Católica Rio Grande do Sul
- **LGBQA identity reconciliation in therapy: Sexual minorities at a Christian university.** Angie Bledsoe, Brigham Young University, Provo, USA; Audrey Parker, Brigham Young University, Provo, USA; Melissa Jones, Brigham Young University, Provo, USA; David Erikson, Brigham Young University, Provo, USA
- **Structural evaluation by OPD-2-Axis IV, Neurobiological markers and Depressive symptoms in patients with severe mental disorders in psychotherapy.** Marta Haas Costa, Universidad Federal do Rio Grande do Sul, Brasil; Leonardo Gonçalves, Universidad Federal do Rio Grande do Sul, Brasil; Felipe Cesar de Almeida Claudino, Universidad Federal do Rio Grande do Sul, Brasil; Cinthia Danielle Araújo Vasconcelos Rebouças, Universidad Federal Rio Grande do Sul, Brasil; Guilherme Kirsten Barbisan, Universidad Federal do Rio Grande do Sul, Brasil; Neusa

- **Association between insight, alliance, agency and the depth of the session in psychodynamic psychotherapy.** Laura Stangl, University Hospital, Heidelberg, Germany; Simone Jennissen, University Hospital, Heidelberg, Germany; Ulrike Dinger, University Hospital, Heidelberg, Germany; Christoph Nikendei, Department of General Internal Medicine and Psychosomatics, Heidelberg University Hospital; Henning Schauenburg, University Hospital, Heidelberg, Germany
- **Reconectando: A Clinical Social Supervision Model for Practitioners during a Health Crisis.** Nicolle Alamo Anich, Pontificia Universidad Católica de Chile, Santiago; Valentina Garrido, Pontificia Universidad Católica de Chile, Santiago; Karla Gonzalez, Pontificia Universidad Católica de Chile, Santiago; María Elvira Cárdenas, Pontificia Universidad Católica de Chile, Santiago; M. Olaya Grau, Pontificia Universidad Católica de Chile, Santiago; Carolina Muñoz, Pontificia Universidad Católica de Chile, Santiago
- **Experiences of suicidality from sexual minority students at a highly religious university: a QCR study.** Matthew McMurray, Brigham Young University, Provo, USA; Brad Davis, Brigham Young University, Provo, USA; Melissa Jones, Brigham Young University, Provo, USA; Davey Erekson, Brigham Young University, Provo, USA
- **From Dropout to Departure: a Qualitative Study of Premature termination in Psychotherapy.** Liza Notaerts, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium
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- **Do I like me now? Analysis of sudden shifts and early warning signals in self-esteem and**

personality ratings. Theresa Eckes, University of Münster, Germany; Steffen Nestler, University of Münster, Germany

- **Using Dyadic Network Analysis to Examine the Role of Couples' Facial Expression in Treatment Outcome.** Reut Machluf, Ben Gurion University, Beer Sheva, Israel; Ben Shahr, Hebrew University, Jerusalem, Israel; Eran Bar-Kalifa, Ben Gurion University, Beer Sheva, Israel

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