#### STCI-S < 30 >

Name (Code):	Age: III	Gender: male O female O
	<u>Instructions</u> :	
The following statements refer to your currer current feelings and state of mind by mark	nt mood and mental state. Please try as much ing an X through one of the four alternatives. Ple	
Ç	(1) strongly disagree	· ·
	(2) moderately disagree	
	(3) moderately agree	
	(4) strongly agree	
For example:	(, 3, 3	
I have an even temper		. (1) (2) (3) (4)
	t is, if you have an even temper at this moment ent do not have an even temper at all, mark a	, mark an X through (4). n X through (1).
If you have difficulty answering a question, p	pick the solution that most applies.	
Please	answer every question, do not omit any.	
1. I am in a bad mood		(1) (2) (3) (4)
3. I feel chipper		(1) (2) (3) (4)
4. I am sad		(1) (2) (3) (4)
5. I have important things on my mi	nd	(1) (2) (3) (4)
6. I am cheerful		(1) (2) (3) (4)
·		. , , , , , , , ,
	and soberly	
25. I am in a crabby mood		(1) (2) (3) (4)
26. I am delighted		(1) (2) (3) (4)
28. I'm prepared to do a task in earn	est	(1) (2) (3) (4)
29. I am ready to have some fun		(1) (2) (3) (4)
30. I am in a sober frame of mind		(1) (2) (3) (4)

## S T C I - S <30> (d)

Name (C	Code):	Age: III	Gender: male O female O
	<u>Ins</u>	structions:	
the feelin	wing statements refer to your mood and mental statings you had and state of mind you were precives. Please use the following scale:	te of today dominantly in today	. Please try as much as possible to describe by marking an X through one of the four
	(1) strongly	disagree	
	(2) moderate	ely disagree	
	(3) moderate	ely agree	
	(4) strongly	agree	
For exam			
I had an	even temper		(1) (2) (3) (4)
If you stro through (4)	ongly agree with this statement, that is, if you point is, if you do not be a strongly disagree that is, if you do not be a strongly disagree that is, if you do not be a strongly disagree that is, if you do not be a strongly agree.		an even temper today, mark an X n temper at all, mark an X through (1)
If you ha	ve difficulty answering a question, pick the solution	on that most applies	S.
	Please answer every	question, do not o	omit any.
	I was in a bad mood		
2.	3		
3.	I felt chipper		
4.	I was sad		
5.	I had important things on my mind		(1) (2) (3) (4)
6.	I was cheerful		(1) (2) (3) (4)
7.	I was in a thoughtful mood		(1) (2) (3) (4)
8.	I could laugh at the drop of a hat		(1) (2) (3) (4)
9.	I felt grouchy		(1) (2) (3) (4)
10.	I had a serious mental attitude		(1) (2) (3) (4)
11.	I felt merry		(1) (2) (3) (4)
	I felt downhearted		
	I was in a pensive frame of mind		
	I was ill-humored		
15.			
16	I felt great		(1) (2) (3) (4)
17.	My mood was spoiled		
18.			
	I was amused.		
	I was peeved.		
21.	·		,,,,,,,
21. 22.	I saw the funny side of things  I regarded my situation objectively and soberly		
22. 23.			
23. 24.	I was walking on air I felt gloomy		
24. 25.	I was in a crabby mood.		
26.	I was delighted.		
27.	I felt dejected.		
28.	I was prepared to do a task in earnest		
29.	•		
30.	I was in a sober frame of mind		(1) (2) (3) (4)

# *S T C I - S <30> (w)*

Name (Code):	Age: III	Gender: male O female O
	<u>Instructions</u> :	
The following statements refer to your mood and mer to describe the feelings—you had and state of mind an X through one of the four alternatives. Please us	you were predominantly in during the	ase try as much as possible last week by marking
(1) str	rongly disagree	
• • • • • • • • • • • • • • • • • • • •	oderately disagree	
• •	oderately agree	
• •	ongly agree	
For example:	ong., ag. 00	
I had an even temper.		(1) (2) (3) (4)
	if you predominantly had an even temper f you did not have an even temper at all, r	
If you have difficulty answering a question, pick the	solution that most applies.	
Please answe	r every question, do not omit any.	
1. I was in a bad mood		(1) (2) (3) (4)
2. I was set for serious things		(1) (2) (3) (4)
3. I felt chipper		(1) (2) (3) (4)
4. I was sad		(1) (2) (3) (4)
5. I had important things on my mind		(1) (2) (3) (4)
6. I was cheerful		(1) (2) (3) (4)
7. I was in a thoughtful mood		
8. I could laugh at the drop of a hat		
9. I felt grouchy.		
10. I had a serious mental attitude		
11. I felt merry.		
12. I felt downhearted.		
13. I was in a pensive frame of mind		
14. I was ill-humored.		
15. My thoughts were profound		(1) (2) (3) (4)
16. I felt great		(1) (2) (3) (4)
17. My mood was spoiled		(1) (2) (3) (4)
18. I was in a serious frame of mind		(1) (2) (3) (4)
19. I was amused		
20. I was peeved		
21. I saw the funny side of things		
22. I regarded my situation objectively and s		
23. I was walking on air		
24. I felt gloomy.		
25. I was in a crabby mood		
26. I was delighted.		
27. I felt dejected.		
28. I was prepared to do a task in earnest		
29. I was ready to have some fun		
30. I was in a sober frame of mind		(1) (2) (3) (4)

### S T C I - S < 30 > (m)

Name (Co	ode): Age: ll_l	Gender: male O female O
	<u>Instructions</u> :	
to describe	ring statements refer to your mood and mental state of the last month e the feelings you had and state of mind you were predominantly in during	. Please try as much as possible the last month by marking
an X throu	igh one of the four alternatives. Please use the following scale:	
	(1) strongly disagree	
	(2) moderately disagree	
	(3) moderately agree	
For examp	(4) strongly agree ple:	
·	even temper	(1) (2) (3) (4)
	ngly agree with this statement, that is, if you predominantly had an even ten	nper last month, mark an X
If you have	e difficulty answering a question, pick the solution that most applies.	
	Please answer every question, do not omit any.	
1.	I was in a bad mood.	(1) (2) (3) (4)
2.	I was set for serious things.	(1) (2) (3) (4)
3.	I felt chipper.	(1) (2) (3) (4)
4.	I was sad.	(1) (2) (3) (4)
5.	I had important things on my mind.	(1) (2) (3) (4)
6.	I was cheerful.	(1) (2) (3) (4)
7.	I was in a thoughtful mood.	(1) (2) (3) (4)
8.	I could laugh at the drop of a hat.	(1) (2) (3) (4)
9.	I felt grouchy.	(1) (2) (3) (4)
10.	I had a serious mental attitude.	(1) (2) (3) (4)
11.	I felt merry.	(1) (2) (3) (4)
	I felt downhearted.	. , . , . , . ,
	I was in a pensive frame of mind.	
	I was ill-humored.	
	My thoughts were profound.	
	I felt great.	
	My mood was spoiled.	
	I was in a serious frame of mind.	
	I was amused.	
20.	I was peeved.	(1) (2) (3) (4)
	I saw the funny side of things.	
22.	I regarded my situation objectively and soberly.	(1) (2) (3) (4)
	I was walking on air.	
24.	I felt gloomy.	(1) (2) (3) (4)
25.	I was in a crabby mood.	(1) (2) (3) (4)
26.	I was delighted.	(1) (2) (3) (4)
	I felt dejected.	
	I was prepared to do a task in earnest.	
	I was ready to have some fun.	
	I was in a sober frame of mind.	

### *S T C I - S <30> (y)*

Name (C	ode): Age: ll_l G	Gender: male O female O
	<u>Instructions</u> :	
describe t	wing statements refer to your mood and mental state of the last year. Pleas the feelings—you had and state of mind—you were predominantly in during the last one of the four alternatives. Please use the following scale:	se try as much as possible to year by marking an X
· ·	(1) strongly disagree	
	(2) moderately disagree	
	(3) moderately agree	
	(4) strongly agree	
For exam		
I have an	even temper	(1) (2) (3) (4)
If you stro through (4)	ngly agree with this statement, that is, if you predominantly had an even temper I ) . If you strongly disagree , that is, if you did not have an even temper at all, m	
If you have	ve difficulty answering a question, pick the solution that most applies.	
	Please answer every question, do not omit any.	-
	I was in a bad mood.	
2.	I was set for serious things.	
3.	I felt chipper.	
4.	I was sad.	
5.	I had important things on my mind.	(1) (2) (3) (4)
6.	I was cheerful.	(1) (2) (3) (4)
7.	I was in a thoughtful mood.	(1) (2) (3) (4)
8.	I could laugh at the drop of a hat.	(1) (2) (3) (4)
9.	I felt grouchy.	
10.	I had a serious mental attitude.	
11	I felt merry.	(1) (2) (3) (4)
	I felt downhearted.	
13.	I was in a pensive frame of mind.	
_	I was ill-humored.	
15.		
	I felt great.	
17.	My mood was spoiled.	
18.	I was in a serious frame of mind.	
	I was amused.	
20.	I was peeved.	(1) (2) (3) (4)
21.	I saw the funny side of things.	(1) (2) (3) (4)
22.	I regarded my situation objectively and soberly.	(1) (2) (3) (4)
23.	I was walking on air.	(1) (2) (3) (4)
24.	I felt gloomy.	(1) (2) (3) (4)
25.	I was in a crabby mood.	(1) (2) (3) (4)
26.	I was delighted.	(1) (2) (3) (4)
27.	I felt dejected.	
28.	I was prepared to do a task in earnest.	
29.	I was ready to have some fun.	
	I was in a sober frame of mind.	

# S T C I - S < 30 > (t)

Name (Code):	Age: III	Gender: male O female O
	<u>Instructions</u> :	
The following statements refer to your mood and ment describe your habitual feelings and state of mind the following scale:	by marking an X through one of the	vas much as possible to four alternatives. Please use
(2) mod (3) mod	ongly disagree derately disagree derately agree	
For example: (4) stro	ongly agree	
I have an even temper.		. (1) (2) (3) (4)
If you strongly agree with this statement, that is, if	you generally have an even temper, do not have an even temper at all, mark a	mark an X through (4) . If
If you have difficulty answering a question, pick the s	solution that most applies.	
Please answer	every question, do not omit any.	
1. I am in a bad mood. 2. I am set for serious things. 3. I feel chipper. 4. I am sad. 5. I have important things on my mind. 6. I am cheerful. 7. I am in a thoughtful mood. 8. I could laugh at the drop of a hat. 9. I feel grouchy. 10. I have a serious mental attitude. 11. I feel merry. 12. I feel downhearted. 13. I am in a pensive frame of mind. 14. I am ill-humored. 15. My thoughts are profound.		. (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4) . (1) (2) (3) (4)
16. I feel great	erly.	(1) (2) (3) (4) (1) (2) (3) (4)
26. I am delighted		. (1) (2) (3) (4) . (1) (2) (3) (4)