

S T C I – T <c30>

Name / Code: _____ date: ____ . ____ . ____ time: ____ : ____

your birthday: ____ . ____ . ____ age: ____ years your gender: male
 female

The following clauses describe, what you feel, think and do in general.

- This is how you can answer:
- 1 strongly disagree
 - 2 moderately disagree
 - 3 moderately agree
 - 4 strongly agree

Choose the answer that fits best with you.

Example: I often paint. 1 2 3 4

If you often paint, please fill in the circle below 4: ●

If you almost never paint, please fill in the circle below 1: ●

If you have difficulty answering a question, pick the solution that *most* applies. Please answer *every* question, do not skip any!

Please note:

Please use a **black felt pen** (not a pencil). Please do not tick the answer, but fill in the circles. If you want to correct one answer, mark the wrong circle with a cross and fill in the right one.

	strongly disagree	moderately disagree	moderately agree	strongly agree
	1	2	3	4
1 My mood is often not the greatest.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 I am a serious person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 Every day there is something that makes me laugh.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4 Most of my friends are rather serious and thoughtful.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5 I often feel more like crying than laughing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6 The good mood of other people is catching for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7 My life does not give me much occasion to laugh.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8 I am living my life merrily and light-heartedly and easy-going.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9 No matter what other people think, I do not appreciate childish things that other people find funny.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10 I have a happy personality.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11 Some not very nice circumstances can spoil my mood for a longer time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12 Before I do something, I consider for long and hard what the consequences will be.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13 It is easy for me to spread good cheer.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14 One of the things I say is "work before play".	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15 I am more of a sad person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16 I know what can happen when I do something, so I first think about it very well, before I do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17 I like to laugh and do it a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18 There are many days where this proverb holds for me: I got up on the wrong side of the bed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19 When other people are joking around, I do not join in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20 I often think: "Man, just leave me alone today!"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	strongly disagree	moderately disagree	moderately agree	strongly agree
	1	2	3	4
21 I know the saying "laughter is the best medicine" is true.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22 I am often in a gloomy mood.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23 It is easy to make me laugh.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24 I only do things that make a certain amount of sense; everything else is a useless waste of time and meaningless.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25 I am often upbeat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26 Sometimes I am very sad without a reason.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27 I like people who are confident and straight-talking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28 I often think it's funny when someone acts stupid or clumsy even when it is myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29 When I am in the company of others, I want to talk normally with them, not joke around.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30 I am often gloomy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please check to see that you have answered every statement.

Finally, please answer the following questions:

How well did you understand the clauses:

- well
- so-so
- badly

Which clauses didn't you understand? Number: _____

What languages do you speak? _____

Which language do you speak best? _____

How many older brothers and sisters do you have? _____ older brothers
 _____ older sisters

How many younger brothers and sisters do you have? _____ younger brothers
 _____ younger sisters

How many people live in the town you live?

- less than 2000
- up to 20'000
- up to 100'000
- more than 100'000

If you don't know the number of people living in the town you live, please write down the post-code of your hometown. post-code: _____

What are your leisure activities and hobbies? How many hours do you spend on them per week?

Hobby: _____ hours/week
 _____ hours/week
 _____ hours/week
 _____ hours/week

Thank you!

