

STCI - S <18>

Name (Code): _____

Age: |_|_|

Gender: male O female O

Instructions:

The following statements refer to your current mood and mental state. Please try as much as possible to describe your current feelings and state of mind by marking an X through one of the four alternatives. Please use the following scale:

- (1) strongly disagree
- (2) moderately disagree
- (3) moderately agree
- (4) strongly agree

For example:

I have an even temper. (1) (2) (3) (4)

If you strongly agree with this statement, that is, if you have an even temper at this moment, mark an X through (4). If you strongly disagree, that is, if you at present do not have an even temper at all, mark an X through (1).

If you have difficulty answering a question, pick the solution that most applies.

Please answer every question, do not omit any.

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1. I feel gloomy. (1) (2) (3) (4)
 2. I am set for serious things. (1) (2) (3) (4)
 3. I am cheerful. (1) (2) (3) (4)
 4. I have important things on my mind. (1) (2) (3) (4)
 5. I am in a crabby mood. (1) (2) (3) (4)

 6. I am sad. (1) (2) (3) (4)
 7. I am ready to have some fun. (1) (2) (3) (4)
 8. I have a serious mental attitude. (1) (2) (3) (4)
 9. I could laugh at the drop of a hat. (1) (2) (3) (4)
 10. I am peeved. (1) (2) (3) (4)

 11. I'm walking on air. (1) (2) (3) (4)
 12. I regard my situation objectively and soberly. (1) (2) (3) (4)
 13. I am amused. (1) (2) (3) (4)
 14. I am in a serious frame of mind. (1) (2) (3) (4)
 15. I am in a thoughtful mood. (1) (2) (3) (4)

 16. I feel dejected. (1) (2) (3) (4)
 17. I am delighted. (1) (2) (3) (4)
 18. I feel grouchy. (1) (2) (3) (4)
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Please check to see that you have answered every statement.

STCI - S <18> (d)

Name (Code): _____

Age: |__|__|

Gender: male O female O

Instructions:

The following statements refer to your mood and mental state of today . Please try as much as possible to describe the feelings you had and state of mind you were predominantly in today by marking an X through one of the four alternatives. Please use the following scale:

- (1) strongly disagree
- (2) moderately disagree
- (3) moderately agree
- (4) strongly agree

For example:

I had an even temper. (1) (2) (3) (4)

If you strongly agree with this statement, that is, if you predominantly had an even temper today, mark an X through (4) . If you strongly disagree , that is, if you did not have an even temper at all, mark an X through (1) .

If you have difficulty answering a question, pick the solution that most applies.

Please answer every question, do not omit any.

-
1. I felt gloomy. (1) (2) (3) (4)
 2. I was set for serious things. (1) (2) (3) (4)
 3. I was cheerful. (1) (2) (3) (4)
 4. I had important things on my mind. (1) (2) (3) (4)
 5. I was in a crabby mood. (1) (2) (3) (4)

 6. I was sad. (1) (2) (3) (4)
 7. I was ready to have some fun. (1) (2) (3) (4)
 8. I had a serious mental attitude. (1) (2) (3) (4)
 9. I could laugh at the drop of a hat. (1) (2) (3) (4)
 10. I was peeved. (1) (2) (3) (4)

 11. I was walking on air. (1) (2) (3) (4)
 12. I regarded my situation objectively and soberly. (1) (2) (3) (4)
 13. I was amused. (1) (2) (3) (4)
 14. I was in a serious frame of mind. (1) (2) (3) (4)
 15. I was in a thoughtful mood. (1) (2) (3) (4)

 16. I felt dejected. (1) (2) (3) (4)
 17. I was delighted. (1) (2) (3) (4)
 18. I felt grouchy. (1) (2) (3) (4)
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Please check to see that you have answered every statement.

STCI - S <18> (w)

Name (Code): _____

Age: |_|_|

Gender: male O female O

Instructions:

The following statements refer to your mood and mental state of the last week . Please try as much as possible to describe the feelings you had and state of mind you were predominantly in during the last week by marking an X through one of the four alternatives. Please use the following scale:

- (1) strongly disagree
- (2) moderately disagree
- (3) moderately agree
- (4) strongly agree

For example:

I had an even temper. (1) (2) (3) (4)

If you strongly agree with this statement, that is, if you predominantly had an even temper last week, mark an X through (4) . If you strongly disagree , that is, if you did not have an even temper at all, mark an X through (1) .

If you have difficulty answering a question, pick the solution that most applies.

Please answer every question, do not omit any.

-
1. I felt gloomy. (1) (2) (3) (4)
 2. I was set for serious things. (1) (2) (3) (4)
 3. I was cheerful. (1) (2) (3) (4)
 4. I had important things on my mind. (1) (2) (3) (4)
 5. I was in a crabby mood. (1) (2) (3) (4)

 6. I was sad. (1) (2) (3) (4)
 7. I was ready to have some fun. (1) (2) (3) (4)
 8. I had a serious mental attitude. (1) (2) (3) (4)
 9. I could laugh at the drop of a hat. (1) (2) (3) (4)
 10. I was peeved. (1) (2) (3) (4)

 11. I was walking on air. (1) (2) (3) (4)
 12. I regarded my situation objectively and soberly. (1) (2) (3) (4)
 13. I was amused. (1) (2) (3) (4)
 14. I was in a serious frame of mind. (1) (2) (3) (4)
 15. I was in a thoughtful mood. (1) (2) (3) (4)

 16. I felt dejected. (1) (2) (3) (4)
 17. I was delighted. (1) (2) (3) (4)
 18. I felt grouchy. (1) (2) (3) (4)
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Please check to see that you have answered every statement.

STCI - S <18> (m)

Name (Code): _____

Age: |_|_|

Gender: male O female O

Instructions:

The following statements refer to your mood and mental state of the last month . Please try as much as possible to describe the feelings you had and state of mind you were predominantly in during the last month by marking an X through one of the four alternatives. Please use the following scale:

- (1) strongly disagree
- (2) moderately disagree
- (3) moderately agree
- (4) strongly agree

For example:

I had an even temper. (1) (2) (3) (4)

If you strongly agree with this statement, that is, if you predominantly had an even temper last month, mark an X through (4) . If you strongly disagree , that is, if you did not have an even temper at all, mark an X through (1) .

If you have difficulty answering a question, pick the solution that most applies.

Please answer every question, do not omit any.

-
- 1. I felt gloomy. (1) (2) (3) (4)
 - 2. I was set for serious things. (1) (2) (3) (4)
 - 3. I was cheerful. (1) (2) (3) (4)
 - 4. I had important things on my mind. (1) (2) (3) (4)
 - 5. I was in a crabby mood. (1) (2) (3) (4)

 - 6. I was sad. (1) (2) (3) (4)
 - 7. I was ready to have some fun. (1) (2) (3) (4)
 - 8. I had a serious mental attitude. (1) (2) (3) (4)
 - 9. I could laugh at the drop of a hat. (1) (2) (3) (4)
 - 10. I was peeved. (1) (2) (3) (4)

 - 11. I was walking on air. (1) (2) (3) (4)
 - 12. I regarded my situation objectively and soberly. (1) (2) (3) (4)
 - 13. I was amused. (1) (2) (3) (4)
 - 14. I was in a serious frame of mind. (1) (2) (3) (4)
 - 15. I was in a thoughtful mood. (1) (2) (3) (4)

 - 16. I felt dejected. (1) (2) (3) (4)
 - 17. I was delighted. (1) (2) (3) (4)
 - 18. I felt grouchy. (1) (2) (3) (4)
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Please check to see that you have answered every statement.

STCI - S <18> (y)

Name (Code): _____

Age: |__|__|

Gender: male O female O

Instructions:

The following statements refer to your mood and mental state of the last year . Please try as much as possible to describe the feelings you had and state of mind you were predominantly in during the last year by marking an X through one of the four alternatives. Please use the following scale:

- (1) strongly disagree
- (2) moderately disagree
- (3) moderately agree
- (4) strongly agree

For example:

I had an even temper. (1) (2) (3) (4)

If you strongly agree with this statement, that is, if you predominantly had an even temper last year, mark an X through (4) . If you strongly disagree , that is, if you did not have an even temper at all, mark an X through (1) .

If you have difficulty answering a question, pick the solution that most applies.

Please answer every question, do not omit any.

-
- 1. I felt gloomy. (1) (2) (3) (4)
 - 2. I was set for serious things. (1) (2) (3) (4)
 - 3. I was cheerful. (1) (2) (3) (4)
 - 4. I had important things on my mind. (1) (2) (3) (4)
 - 5. I was in a crabby mood. (1) (2) (3) (4)

 - 6. I was sad. (1) (2) (3) (4)
 - 7. I was ready to have some fun. (1) (2) (3) (4)
 - 8. I had a serious mental attitude. (1) (2) (3) (4)
 - 9. I could laugh at the drop of a hat. (1) (2) (3) (4)
 - 10. I was peeved. (1) (2) (3) (4)

 - 11. I was walking on air. (1) (2) (3) (4)
 - 12. I regarded my situation objectively and soberly. (1) (2) (3) (4)
 - 13. I was amused. (1) (2) (3) (4)
 - 14. I was in a serious frame of mind. (1) (2) (3) (4)
 - 15. I was in a thoughtful mood. (1) (2) (3) (4)

 - 16. I felt dejected. (1) (2) (3) (4)
 - 17. I was delighted. (1) (2) (3) (4)
 - 18. I felt grouchy. (1) (2) (3) (4)
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Please check to see that you have answered every statement.

STCI - S <18> (t)

Name (Code): _____

Age: |__|__|

Gender: male O female O

Instructions:

The following statements refer to your mood and mental state in general . Please try as much as possible to describe your habitual feelings and state of mind by marking an X through one of the four alternatives. Please use the following scale:

- (1) strongly disagree
- (2) moderately disagree
- (3) moderately agree
- (4) strongly agree

For example:

I have an even temper. (1) (2) (3) (4)

If you strongly agree with this statement, that is, if you generally have an even temper, mark an X through (4) . If you strongly disagree , that is, if you generally do not have an even temper at all, mark an X through (1) .

If you have difficulty answering a question, pick the solution that most applies.

Please answer every question, do not omit any.

-
1. I feel gloomy. (1) (2) (3) (4)
 2. I am set for serious things. (1) (2) (3) (4)
 3. I am cheerful. (1) (2) (3) (4)
 4. I have important things on my mind. (1) (2) (3) (4)
 5. I am in a crabby mood. (1) (2) (3) (4)

 6. I am sad. (1) (2) (3) (4)
 7. I am ready to have some fun. (1) (2) (3) (4)
 8. I have a serious mental attitude. (1) (2) (3) (4)
 9. I could laugh at the drop of a hat. (1) (2) (3) (4)
 10. I am peeved. (1) (2) (3) (4)

 11. I'm walking on air. (1) (2) (3) (4)
 12. I regard my situation objectively and soberly. (1) (2) (3) (4)
 13. I am amused. (1) (2) (3) (4)
 14. I am in a serious frame of mind. (1) (2) (3) (4)
 15. I am in a thoughtful mood. (1) (2) (3) (4)

 16. I feel dejected. (1) (2) (3) (4)
 17. I am delighted. (1) (2) (3) (4)
 18. I feel grouchy. (1) (2) (3) (4)
-

Please check to see that you have answered every statement.