

S T C I - T <60> p e e r

Name/Code: _____

your age: |_|_|

your gender: O male O female

Instructions:

In this questionnaire, you are asked to give a **description of a familiar person**. The following statements refer to his or her feelings, moods, and attitudes. Please try as much as possible to describe the **habitual behavior patterns and attitudes** of the person who gave you this paper by marking an X through one of the four alternatives. Please use the following scale:

- (1) strongly disagree
- (2) moderately disagree
- (3) moderately agree
- (4) strongly agree

For example:

____ is an active person. (1) (2) (3) (4)

First, insert the person's name in the blank line (____) as you think about the statement. If this statement describes the person who gave you this questionnaire very much, that is, *if this person is in general an active person, mark an X through (4). If the description does not fit the person at all, that is, if he or she is not active at all, mark an X through (1).*

If you have difficulty answering a question, pick the response that *most* applies. In some cases, you are asked for the impression the person has made on you because we cannot always know the feelings, thoughts and attitudes of other people. Please answer every question; do not omit any.

Please give your estimate based on your immediate impression; do not think too long on any question. In order for your reply to remain *confidential*, place this questionnaire in the *envelope* that has been provided and *seal it tightly*.

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- 1 People often have reason to ask ____ if something is eating him/her. (1) (2) (3) (4)
 - 2 ____'s way of life can be described as positive and carefree. (1) (2) (3) (4)
 - 3 ____ very seldom acts without a proper reason. (1) (2) (3) (4)
 - 4 ____ is a cheerful person. (1) (2) (3) (4)
 - 5 Most of ____'s friends are more likely to be serious and reflective. (1) (2) (3) (4)
 - 6 Some annoying circumstances are capable of spoiling ____'s mood for quite a while. (1) (2) (3) (4)
 - 7 ____ prefers conversations that deal with important things and are very profound. (1) (2) (3) (4)
 - 8 Sometimes ____ seems to have the feeling of an inner emptiness. (1) (2) (3) (4)
 - 9 ____ can be made to laugh easily. (1) (2) (3) (4)
 - 10 ____ finds it unnecessary when people exaggerate in talking to him/her. (1) (2) (3) (4)
 - 11 Compared to others, ____ really can be grumpy and grouchy. (1) (2) (3) (4)
 - 12 ____ plans his/her actions and makes his/her decisions so that they are useful to him/her in the long run. (1) (2) (3) (4)
 - 13 ____ often feels despondent. (1) (2) (3) (4)

- 14 ___ can easily unwind and enjoy the moment. (1) (2) (3) (4)
- 15 ___ is a serious person. (1) (2) (3) (4)
- 16 Everyday life often gives ___ the occasion to laugh. (1) (2) (3) (4)
- 17 ___ often seems to think: "For heaven's sake, don't bother me today." (1) (2) (3) (4)
- 18 In ___'s life, he/she likes to have everything correct. (1) (2) (3) (4)
- 19 ___ has a "sunny" nature. (1) (2) (3) (4)
- 20 When ___ watches TV, he/she prefers informative reports to "shallow" programs. (1) (2) (3) (4)
- 21 When ___ is distressed, even a very funny thing fails to cheer him/her up. (1) (2) (3) (4)
- 22 ___ often smiles. (1) (2) (3) (4)
- 23 In everything ___ does, he/she always considers every possible effect and compares all pros and cons carefully. (1) (2) (3) (4)
- 24 When friends try to cheer ___ up by joking or fooling around, he/she sometimes becomes more morose and grumpy. (1) (2) (3) (4)
- 25 Laughing has a contagious effect on _____. (1) (2) (3) (4)
- 26 ___ often finds that the small things in everyday life are really funny and amusing. (1) (2) (3) (4)
- 27 There are many days on which ___ seems to think:
"I got up on the wrong side of the bed." (1) (2) (3) (4)
- 28 In most situations, ___ initially sees the serious aspect. (1) (2) (3) (4)
- 29 Sometimes ___ is sad without any reason. (1) (2) (3) (4)
- 30 ___ likes to laugh and does it often. (1) (2) (3) (4)
- 31 ___'s mood is often not the best one. (1) (2) (3) (4)
- 32 ___ is a merry person. (1) (2) (3) (4)
- 33 When ___ is in contact with others, he/she often seems to find that he/she thought many things through more thoroughly than they. (1) (2) (3) (4)
- 34 Even if there is no reason, ___ often feels ill-humored. (1) (2) (3) (4)
- 35 ___ seems to think: "Many adversities of everyday life actually do have a positive side." (1) (2) (3) (4)
- 36 In conversation, ___ always avoids exaggerations, embellishments, and ambiguities, all of which ___ thinks do not contribute to the meaning of his/her statements. (1) (2) (3) (4)
- 37 ___ is often in a bad mood. (1) (2) (3) (4)
- 38 ___ seems to be completely contented being with cheerful people. (1) (2) (3) (4)
- 39 ___'s everyday life is filled mainly with important things and matters. (1) (2) (3) (4)
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- 40 Sometimes ___ is distressed for a very long time. (1) (2) (3) (4)
- 41 The good mood of others has a contagious effect on ____. (1) (2) (3) (4)
- 42 ___ understands how others can waste their time on senseless matters. (1) (2) (3) (4)
- 43 ___ is often sullen. (1) (2) (3) (4)
- 44 ___ often finds the slight mishaps of everyday life amusing, even if they happen to him/her. (1) (2) (3) (4)
- 45 ___'s acquaintances often seem to get on his/her nerves. (1) (2) (3) (4)
- 46 ___ is often in a good mood, even without a specific reason. (1) (2) (3) (4)
- 47 ___ tends to plan far in advance and to set long-term goals for himself/herself. (1) (2) (3) (4)
- 48 ___ often seems to feel so gloomy that nothing can make him/her laugh. (1) (2) (3) (4)
- 49 ___ is of the opinion that even seemingly trivial things have to be treated seriously and responsibly. (1) (2) (3) (4)
- 50 ___ is often in a joyous mood. (1) (2) (3) (4)
- 51 If ___ is in a bad mood, he/she can't stand the presence of cheerful people. (1) (2) (3) (4)
- 52 ___ tries to spend his/her free time doing things as useful as possible. (1) (2) (3) (4)
- 53 Experience seems to have shown ___ that the proverb "Laughter is the best medicine" is really true. (1) (2) (3) (4)
- 54 ___ is a rather sad person. (1) (2) (3) (4)
- 55 ___ prefers people who communicate with deliberation and objectivity. (1) (2) (3) (4)
- 56 ___ often seems to feel so weary that he/she cannot rouse himself/herself to do anything. (1) (2) (3) (4)
- 57 ___ likes to kid around with others. (1) (2) (3) (4)
- 58 When ___ communicates with other people, he/she always tries to have an objective and sober exchange of ideas. (1) (2) (3) (4)
- 59 It is easy for ___ to spread good cheer. (1) (2) (3) (4)
- 60 One of ___'s principles is: "First work, then play." (1) (2) (3) (4)
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Please check to see that you have answered **every** statement.

Finally, please indicate how **familiar** the person you described is to you:

I have known this person for about _____ years.

I am with this person for an average of about _____ hours per week.

Please estimate how familiar you are with this person:

(1) (2) (3) (4) (5) (6) (7)

very slightly
familiar

partly
familiar

very
familiar

Thank you for your cooperation.