



Universität Zürich

Psychologisches Institut, Persönlichkeitspsychologie und Diagnostik

Einladung zum Vortrag von



Dr. Hugo Carretero-Dios
Faculty of Psychology, University of Granada, Spain

Thema: Humor appreciation and basic personality dimensions:
External Validity evidences of EAHU scale

Tag: 26. Januar 2006

Zeit: 10 – 12 h

Ort: Treichlerstrasse 10, DOL F14

E-Mail: hugocd@ugr.es

Summary of talk

To obtain external validity evidences of EAHU scale is the aim of this study. Relationships between EAHU scale scores and basic personality dimensions provided by Eysenck's PEN model and Costa and McRae's NEO model was analyzed with 323 participants aged from 18 to 76 (177 males and 146 females). Results indicated that while emotional components of humor appreciation (funniness and aversiveness answers) were related to extraversion and neuroticism, cognitive components (incongruity-resolution humor and nonsense humor) were specially related to openness to experience. Finally, motivational aspects of humor appreciation (black humor, sexual humor, and men and women disparagement humor) were related to agreeableness and conscientiousness factors, being extraversion predictor of sexual humor. Data were on line with predictions, but correlations and regression coefficients were low.

Relevant publications

- Carretero-Dios, H., Pérez, C., y Buela-Casal, G. (2005). Apreciación del humor y dimensiones básicas de personalidad: evidencias externas de validez de la *Escala de Apreciación del Humor*, EAHU [Humor appreciation and basic personality dimensions: External Validity evidences of EAHU scale]. *Análisis y Modificación de Conducta*, in press.
- Higuera, A., Carretero-Dios, H., Muñoz, J.P., Idini, E., Ortiz, A., Rincón, F., Prieto-Merino, D., and Rodríguez del Águila, M. (2006). Effects of a Humor-Centered Activity on Disruptive Behavior in Patients in a General Hospital Psychiatric Ward. *International Journal of Clinical and Health Psychology*, in press.
- Spielberger, Ch.D., Carretero-Dios, H., De los Santos-Roig, M. and Buela-Casal, G. (2001). Spanish experimental version of State-Trait Depression Questionnaire (ST-DEP): The Trait Subscale. *International Journal of Clinical and Health Psychology*, 2(1), 51-69.
- Buela-Casal, G., Carretero-Dios, H., De los Santos Roig, M. and Bermúdez, M.P. (2003). Psychometric Properties of a Spanish Adaptation of the Matching Familiar Figures Test, MFFT20. *European Journal of Psychological Assessment*, 19(2), 151-159.

Short bio

- Professor of Research Methods in Psychology at the Department of Social Psychology and Research Methods in Psychology at Granada University, Spain.
- Master in Clinical and Health Psychology.
- PhD in 2005 from the University of Granada, Spain. Doctoral Research: "Sense of humor: Construction of EAHU scale (In Spanish *Escala de Apreciación del Humor*)"
- Topics of research: assessment of humor appreciation and analysis of the relationship between humor appreciation and other dimensions (Personality, Sensation Seeking or Personal Values).
- President of the association Titiritas Clown (www.titiritas.org). We carry out yearly training sessions for professional clowns for children's hospitals, nursing homes, and psychiatric clinics.
- In addition to humor, I am working on measurement of the child impulsivity and depression.